

# TRADESCANTIA ZEBRINA

BY NATALIA VASILIEVA



**SKILL LEVEL: EXPERIENCED.**

**TECHNIQUES USED: MAGIC LOOP, FOLLOWING CHARTS, KIHNU TROI (ESTONIAN BRAIDED) CAST-ON, LATVIAN BRAIDS, STRANDED KNITTING, WEAVING FLOATS (OPTIONAL), SINGLE/DOUBLE/QUADRUPLE INCREASES IN PATTERN, SINGLE/DOUBLE DECREASES IN PATTERN, MODIFIED STRONG HEEL IN PINSTRIPE PATTERN, ARCH-SHAPING, 3-NEEDLE BIND-OFF, GRAFTING (OPTIONAL).**

## **USEFUL LINKS**

Kihnu Troi cast-on (by vermontfelter): <http://www.youtube.com/watch?v=K8VS7wJkgzU>

Reversed Kihnu Troi cast-on: <http://www.ravelry.com/projects/skeincharmer/reversed-kihnu-troi-cast-on>

Latvian Braids (by WEBS): <http://www.youtube.com/watch?v=Mr9lWsalYJc>

Two-color increases: <http://www.ravelry.com/projects/skeincharmer/two-color-increases>

Heel turn in pinstripe pattern (by Suzanne Bryan): <http://www.youtube.com/watch?v=b2A-aZWpArY>

Stranded knitting in the round holding the work inside out (by KnittyMelissa):  
<http://www.youtube.com/watch?v=KgU-1QiEWts>

## FINISHED MEASUREMENTS

Sock length: 9 in. (23 cm), to fit foot length 10 in. (25.5 cm).

Sock circumference: 7½ in. (19 cm), to fit foot circumference 8¾ in. (22 cm).

Leg circumference: 8¾ in. (22 cm), to fit ankle circumference 8¾ in. (22 cm).

Leg length (from cuff edge to heel turn): 8¾ in. (22 cm).

## TOOLS AND MATERIALS

- **Lana Grossa Meilenweit Soja** (60% wool, 20% soy, 20% polyamide (nylon); 218 yd. (200 m) per 50 g):
  - for both socks in the same color scheme: 1 skein MC (for leaf contours) and 2 skeins CC (for leaves and background);
  - for socks in opposing color schemes: 2 skeins MC and 2 skeins CC.

Only a small amount of the second skein(s) is required.

For the sample sock, 23 g (103 yd. (94 m)) of #17 (green) was used as MC, and 26 g (120 yd. (110 m)) of #26 (apple) were used as CC.

- **Circular needles US 1 (2.25 mm)** or size to get the gauge; at least 32 in. (80 cm) long
- **Larger needles** (for cast-on and Latvian braid, optional)
- Stitch markers (optional)
- Blunt sewing needle (for grafting, optional)

## GAUGE

Stranded leaves pattern (1 repeat of *Cuff&Leg Chart*):

18 sts x 14 rows = 2½ x 1½ in. (5.5 x 4 cm).

Pinstripe pattern: 19 sts x 13 rows = 2 x 1¾ in. (5 x 3.5 cm).

## PATTERN NOTES

These socks are worked in Magic Loop (ML) technique with the beginning of the round (BOR) at the back of leg and at the middle of the heel, and then before the sole (i.e. at the side of foot) after completing of heel turn. You may utilize any other technique of your choice preserving BOR position.

Socks are worked cuff-down. They start with Kihnu Troi (Estonian braided) cast-on followed by a half of Latvian braid (i.e. the first round of the braid only), and have an arc-expansion area with triangular “heel flap” in pinstripe pattern. The V-shaped heel turn is complemented with a sole arch-shaping. Instep toe narrows because of patterning. The very tip of the toe is bound-off on 3 needles from the inside. The latter can be replaced with grafting using MC, but will result in a more or less noticeable half-stitch jog.

All charts are presented in two versions: light CC leaves with dark MC contours and dark CC leaves with light MC contours. You may knit both socks the same or reverse colors for the second one.

## STITCH PATTERN NOTES

Stranded leaves pattern involves a number of unorthodox increases; you may find the supplementary overview here: <http://www.ravelry.com/projects/skeincharmer/two-color-increases>

Please note, two-color single and lifted increases address 2 stitches, as explained in the written directions and key to charts of a chosen color scheme. If you prefer, increased stitches of these (inside leaves, arc-expansion area, and arch-shaping) can be replaced with M1 left and M1 right of a corresponding color, but this may affect the resulting appearance.

It is not recommended to substitute centered double decrease in purl with p3tog as this distorts the resulting stitch.

You may also weave in 5-sts floats on *Rows 20/34* of *Cuff&Leg/Right/Left Charts* and *Row 48 of Instep Toe Chart*, if you wish.

If you experience tension troubles when stranding, it is possible to work the sock inside out: <http://www.youtube.com/watch?v=KgU-1QiEWts> (by KnittyMelissa).

## DIRECTIONS

Decide which yarn will be MC and CC. For the sake of this pattern, MC is the yarn used for leaf contours; when stranding, you hold it lower than CC (or to the left of it), for instance, if stranding two-handed, MC should be in the left hand.

For the best effect it is recommended MC yarn to be the same thickness as CC yarn or thicker a bit; MC thinner than CC is undesirable.

### CUFF:

*Note: Because of the stranded nature of the cast-on, it may be a good idea to use bigger needles for it and the following Latvian braid to keep the edge reasonably stretchy.*

Cast on 73 sts using Kihnu Troi (Estonian braided) method<sup>1</sup> starting with MC loop (i.e. placing MC slipknot to the left of CC slipknot) and ending with two CC loops. **DO NOT UNTWIST YARNS NOW!** Make sure both yarns are in front and join in the round, being careful not to twist the stitches, by sliding the last CC loop to the beginning of the round and passing it over the first MC loop = 36+36 sts.

To untwist the yarns work the first round (only) of left-slanting Latvian braid<sup>2</sup> (where you rotate your wrist away from you to bring the working yarn always in front of previously used yarn; follow the direction your yarns are twisted in already); this also results in a double braid along the edge. If your yarns haven't untwisted and you don't have a double braid along the edge, then you probably have worked Latvian braid in the opposite direction.

*Note: If you want to employ reversed Kihnu Troi cast-on, it then should be followed by the first round of right-slanting Latvian braid, as instructed for Left Sock (see p.11).*

Start corrugated ribbing as follows: (\*) k1 MC, p1 CC, repeat from (\*) across, and work for 10 rounds.

### LEG:

*Note: Photo-tutorial on all two-color increases mentioned in the pattern can be found here:*

<http://www.ravelry.com/projects/skeincharmer/two-color-increases>

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<sup>1</sup> Kihnu Troi cast-on is described in "Cast-on, Bind-off: 211 Ways to Begin and End Your Knitting" by Cap Sease, p.59; see also video by vermontfelter: <http://www.youtube.com/watch?v=K8VS7wJkgzU>

<sup>2</sup> WEBS video for Latvian braids: <http://www.youtube.com/watch?v=Mr9lWsalyJc>

Proceed to ***Cuff&Leg Chart*** (starting from Row 11) as follows:

**Round 11:** (\*) lift the right leg of the stitch one row below the first stitch and knit it with MC, insert right needle below MC strand and make CC yarnover, k1 tbl MC, insert right needle below MC strand and make another CC yarnover, lift the left leg of the stitch two rows below the stitch just worked and knit it with MC (= quadruple lifted increase MC-CC-MC-CC-MC); [p1 CC, k1 MC] x8 times, p1 CC, repeat from (\*) across = 88 sts, 4 repeats of ***Cuff&Leg Chart*** around the leg.

**Round 12:** ML Needle 1: remove BOR marker if you use one, k1 MC, p1 CC, slip these 2 stitches onto the cable thus effectively moving them onto ML Needle 2, replace BOR marker (= bordered stitches at the beginning of Row 12/26 of ***Cuff&Leg Chart***); work in corrugated ribbing as established till the end of needle. ML Needle 2: as ML Needle 1 (except for BOR marker). Note you'll be working 2 slipped stitches from the beginning of the round at the end of this round again.

Continue according to ***Cuff&Leg Chart*** and work Rows 13-20 once, then repeat Rows 21-34 twice or as many times as you wish; most likely 3 times would be enough for those who like it high. Before proceeding to Rows 15/29 of ***Cuff&Leg Chart*** make sure the central (3rd) stitch of quadruple increase is the first stitch of the round.

### **ARC-EXPANSION AREA:**

*Note: Lifted increases used in arc-expansion area and arch-shaping address two stitches!*

Make sure the beginning of the round is at the back of leg and introduce arc-expansion triangle in pinstripe pattern aka "heel flap" as follows (see also diagram on p.7 and ***Arc-Expansion Area Chart*** for your chosen color scheme):

**Set-up round 1** (aligned with Row 21 of involved charts): lift the right leg of the stitch one row below the first stitch and knit it with MC, k1 tbl CC, lift the left leg of the stitch two rows below the stitch just worked and knit it with MC (= double lifted increase in MC-CC-MC), and then continue in patterns as established to the end of round (i.e. starting the first repeat of ***Cuff&Leg Chart*** from the 2nd stitch) = 2 sts added in arc-expansion area.

**Next round (22):** k1 MC, k1 CC, k1 MC; continue in patterns as established.



**Set-up round 2 (23):** k1 MC, make double lifted increase in CC-MC-CC on the next stitch, k1 MC; continue in patterns as established = 2 sts added in arc-expansion area.

**Next round (24):** remove BOR marker if you use one, k1 MC, k1 CC, slip these 2 stitches onto the cable thus effectively moving them onto ML Needle 2, replace BOR marker; k1 MC, k1 CC, place marker, k1 MC; continue in patterns as established to last 2 stitches (= slipped stitches from the beginning of the round); k1 MC, place marker, k1 CC.

**Increase round 1 (25):** ML Needle 1: k1 MC; k1 CC, then lift the left leg of CC stitch two rows below the stitch just worked and knit it with CC (= Left-leaning lifted increase in CC, LLinc CC); slip marker; work next row of **Right Chart** once (starting from Row 25), and then next row of **Cuff&Leg Chart** once. ML Needle 2: work the same row of **Cuff&Leg Chart** once, and then next row of **Left Chart** once (starting from Row 25); slip marker; lift the right leg

of CC stitch one row below and knit it with CC, then k1 CC (= Right-leaning lifted increase in CC, RLinc CC) = 2 sts added in arc-expansion area.

**Next round (26):** ML Needle 1: k1 MC, k2 CC, slip marker; work in patterns as established.

ML Needle 2: work in patterns as established to the marker; slip marker, k2 CC.

**Increase round (27):** ML Needle 1: k1 MC, k1 CC; lift the right leg of CC stitch one row below and knit it with MC, then k1 CC (= RLinc MC-CC); slip marker; work in patterns as established. ML Needle 2: work in patterns as established to the marker; slip marker; k1 CC, then lift the left leg of CC stitch two rows below the stitch just worked and knit it with MC (= LLinc CC-MC); k1 CC = 2 sts added in arc-expansion area.

**Next round (28):** ML Needle 1: [k1 MC, k1 CC] x2 times, slip marker; work in patterns as established. ML Needle 2: work in patterns as established to the marker; slip marker, k1 CC, k1 MC, k1 CC.

Repeat last 4 rounds 6 more times, implementing lifted increases in CC and MC on CC stitch before marker on ML Needle 1 and right after marker on ML Needle 2, slipping markers as you pass them and maintaining added stitches of arc-expansion area in pinstripe pattern = Row 24 of **Right/Cuff&Leg/Left Chart**, Row 52 of **Arc-Expansion Area Chart**, 16+36 on ML Needle 1, 37+15 sts on ML Needle 2.

Slide 37 instep stitches (2 repeats of **Cuff&Leg Chart** +1st stitch of **Left Chart**) onto the cable leaving 18+31+18 stitches (remaining **Left Chart** +**Arc-Expansion Area Chart** +**Right Chart**) for heel turn on the needles with beginning of the round between needle tips. Make sure the central MC stitch of “heel flap” is the first stitch of the round.

## **HEEL TURN:**

Maintaining pinstripe pattern, continue as follows (see also **Heel Turn Chart**):

**Short row 1 (RS):** k1 MC, k1 CC, ssk MC, k1 MC, turn.

**Short row 2 (WS):** p1 MC anchoring CC float at the turning point on WS<sup>3</sup>, [p1 MC, p1 CC] x2 times, p2tog MC, p1 MC, turn.

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<sup>3</sup> Suzanne Bryan's video on working heel turn in pinstripe pattern in this manner:  
<http://www.youtube.com/watch?v=b2A-aZWpArY>

**Short row 3 (RS):** k1 MC anchoring CC float at the turning point on WS, (\*) k1 MC, k1 CC, repeat from (\*) to one stitch before gap of previous row ending with k1 MC, ssk MC closing gap, k1 MC, turn.

**Short row 4 (WS):** p1 MC anchoring CC float at the turning point on WS, (\*) p1 CC, p1 MC, repeat from (\*) to one stitch before gap of previous row, p2tog MC closing gap, p1 MC, turn.

**Short row 5 (RS):** k1 MC anchoring CC float at the turning point on WS, (\*) k1 CC, k1 MC, repeat from (\*) to one stitch before gap of previous row ending with k1 CC, ssk MC closing gap, k1 MC, turn.

**Short row 6 (WS):** p1 MC anchoring CC float at the turning point on WS, (\*) p1 MC, p1 CC, repeat from (\*) to one stitch before gap of previous row, p2tog MC closing gap, p1 MC, turn.

Repeat *Short rows 3-6* 6 more times, expanding heel turn area 1 stitch each row, for 30 rows in total, until 1+35+1 sts left on the needles. Remove all markers as you pass them.

## **FOOT:**

Keeping sole stitches in pinstripe pattern, resume working in the round as follows (see also *Arch-Shaping Chart* from *Row 25*):

**Next round** (aligned with *Row 25* of involved charts): *Sole* (ML Needle 1): k1 MC anchoring CC float at the turning point on WS, [k1 MC, k1 CC] x5 times, k1 MC; k2tog MC, place marker; k1 CC, k1 MC, k1 CC, place marker, [k1 MC, k1 CC] x2 times; place marker, ssk MC; [k1 MC, k1 CC] x5 times, k1 MC, ssk MC = 1+33 sts. *Instep* (ML Needle 2): starting from *Row 25*, work next row of *Right Chart* once and next row of *Left Chart* once = 45 sts.

**Next round (26):** *Sole*: place BOR marker if you use one, k2tog MC, [k1 MC, k1 CC] x5 times, k1 MC, [k1 MC, k1 CC] x4 times, k1 MC, [k1 MC, k1 CC] x6 times, slipping markers as you pass them = 33 sts. *Instep*: work in patterns as established. Beginning of the round is now at the side of foot.

## **ARCH-SHAPING:**

Start arch-shaping on the sole needle as follows (see also *Arch-Shaping Chart* from *Row 27*):

**Shaping round 1** (starting from *Row 27* of involved charts): *Sole*: starting with k1 CC, work in pinstripe pattern to 2 sts before 1st marker, k2tog MC, slip marker; work in pinstripe pattern to CC stitch before 2nd marker, LLinc CC, slip marker, k1 MC, RLinc CC, work in pinstripe

pattern to 3rd marker; slip marker, ssk MC, work in pinstripe pattern to end of sole = 33 sts.

*Instep*: work in patterns as established.

**Next round (28)**: work in patterns as established.

**Shaping round 2 (29)**: *Sole*: work in pinstripe pattern to 2 sts before 1st marker, k2tog MC, slip marker; work in pinstripe pattern to CC stitch before 2nd marker, RLinc MC-CC, slip marker, k1 MC, LLinc CC-MC, work in pinstripe pattern to 3rd marker; slip marker, ssk MC, work in pinstripe pattern to end of sole. *Instep*: work in patterns as established.

**Next round (30)**: work in patterns as established.

Repeat last 4 rounds 5 more times = Row 22 of *Right/Left Chart*, Row 50 of *Arc-Shaping Chart*.

**Next round (51)**: *Sole*: remove BOR marker if you use one, k1 MC and slip this stitch onto the cable, replace BOR marker, work sole in pinstripe pattern as established removing markers as you pass them, to the last stitch and slip it onto the cable thus effectively moving it to the *Instep* needle = 31 sts. *Instep*: ssk MC, continue in patterns as established to last 2 sts, k2tog MC using slipped stitch from the beginning of the round = 37 sts.

Continue in patterns as established for 11 more rounds and stop after Row 34 of *Right/Left Chart*.

## **TOE:**

**Note:** If you're going to use 3-needle bind-off, it may be a good idea to turn your sock inside out now. This will call for working stranded pattern inside out<sup>4</sup> as well.

Place marker after 15th stitch on the Sole needle.

**Decrease round**: *Sole*: work in pinstripe pattern to 2 sts before marker, k2tog CC, slip marker, k1 MC, ssk CC, work in pinstripe pattern to end of sole (see also *Sole Toe Chart* from Row 35). *Instep*: starting from Row 35, work next row of *Instep Toe Chart*.

**Next round**: work in patterns as established.

Repeat these 2 rounds 5 more times = Row 46 of *Sole/Instep Toe Chart*, 19+29 sts.

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<sup>4</sup> KnittyMelissa's video for stranded knitting with the work turned inside out:  
<http://www.youtube.com/watch?v=KgU-1QiEWts>

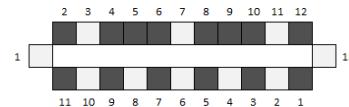
Then repeat only *Decrease round* on the sole side for 4 times, continuing on instep stitches according to **Instep Toe Chart** = Row 50 of *Sole/Instep Toe Chart*, 11+13 sts.

Turn the work inside out if required and align both halves as shown below depending on your chosen color scheme:

**Dark MC, light CC**



**Light MC, dark CC**



Bind off in MC using 3-needle method, removing markers as you pass them.

If you prefer Kitchener, cut the tail of MC about 6" (15 cm) long and graft the remaining stitches from outside.

## LEFT SOCK

is worked the same as Right Sock, but you may also start with reversed Kihnu Troi cast-on (photo-tutorial can be found here: <http://www.ravelry.com/projects/skeincharmer/reversed-kihnu-troi-cast-on>) and the first round (only) of right-slanting Latvian braid (where you rotate your wrist towards you to bring the working yarn from behind the previously used yarn); and/or switch MC and CC.

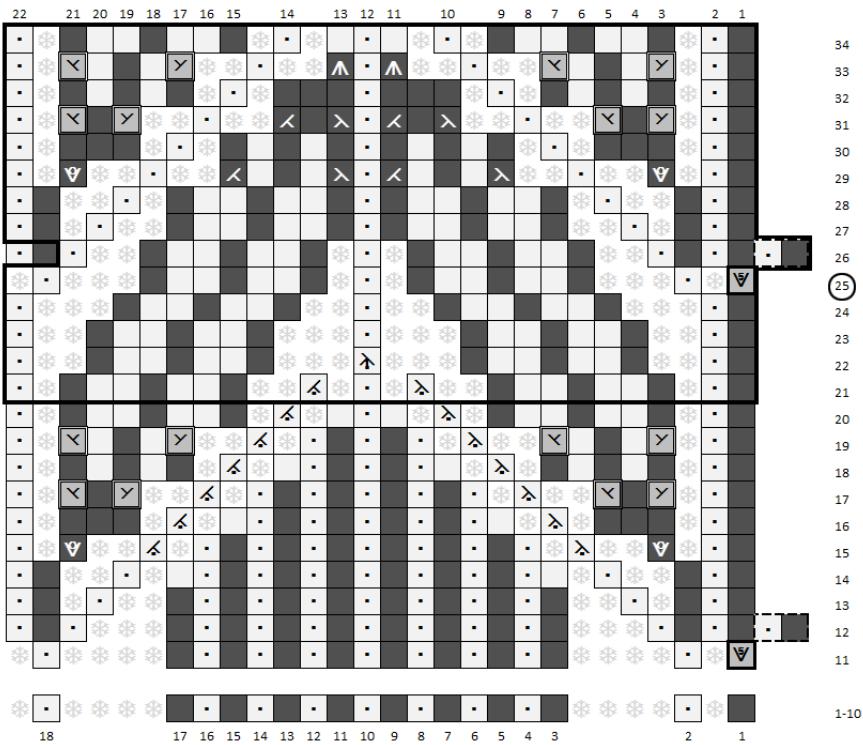
# CHARTS WITH DARK MC AND LIGHT CC

Photo-tutorial for all the two-color increases mentioned in the written directions and in the key below can be found here: <http://www.ravelry.com/projects/skeincharmer/two-color-increases>

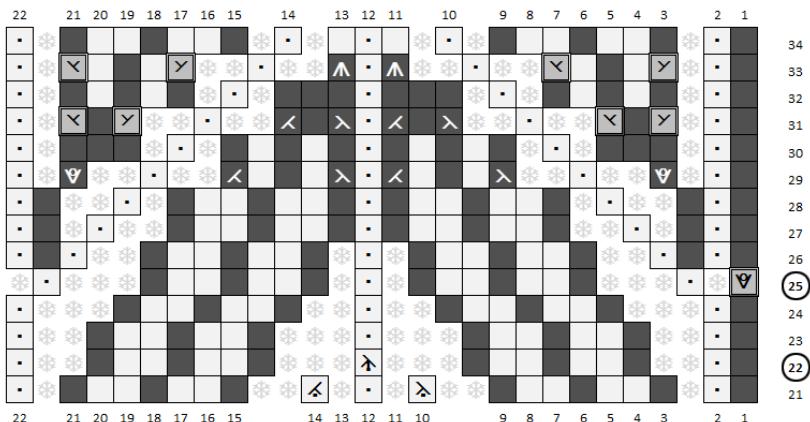
-  k1 MC on RS, p1 MC on WS
-  p1 CC
-  k1 CC on RS, p1 CC on WS
-  no stitch
-  work these stitches as indicated and slip them to the previous needle if applicable; they will be considered a part of preceding chart on the following round  
**NB: Those from the beginning of the round will be worked at the end of the same round again!**
-  **quadruple lifted increase MC-CC-MC-CC-MC:**  
lift the right leg of the stitch one row below and knit it with MC,  
insert right needle below MC strand and make a yo CC,  
k1 tbl MC,  
insert right needle below MC strand and make a yo CC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with MC = 4 sts inc'd
-  **double lifted increase MC:** lift the right leg of the stitch one row below and knit it with MC,  
k1 tbl MC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with MC = 2 sts inc'd
-  **double lifted increase MC-CC-MC:**  
lift the right leg of the stitch one row below and knit it with MC,  
k1 tbl CC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with MC = 2 sts inc'd
-  **double lifted increase CC-MC-CC:**  
lift the right leg of the stitch one row below and knit it with CC,  
k1 tbl MC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with CC = 2 sts inc'd
-  **single increase MC-CC:** k1 MC, then k1 CC the same stitch
-  **single increase CC-MC:** k1 CC, then k1 MC the same stitch
-  **LLinc CC:** k1 CC, lift the left leg of CC stitch two rows below the stitch just worked and knit it with CC
-  **RLinc CC:** lift the right leg of CC stitch one row below and knit it with CC, then k1 CC
-  **LLinc CC-MC:** k1 CC, lift the left leg of CC stitch two rows below the stitch just worked and knit it with MC
-  **RLinc MC-CC:** lift the right leg of CC stitch one row below and knit it with MC, then k1 CC
-  p2tog CC
-  ssp CC
-  **purl centered double decrease CC:** slip 1 purlwise wyif, ssp, pass slipped stitch over = 2 sts dec'd
-  ssk MC
-  k2tog MC on RS, p2tog MC on WS
-  **knit centered double decrease MC:** slip 2 together as if to knit, k1, pass 2 slipped stitches over = 2 sts dec'd
-  ssk CC
-  k2tog CC

# CHARTS WITH DARK MC AND LIGHT CC

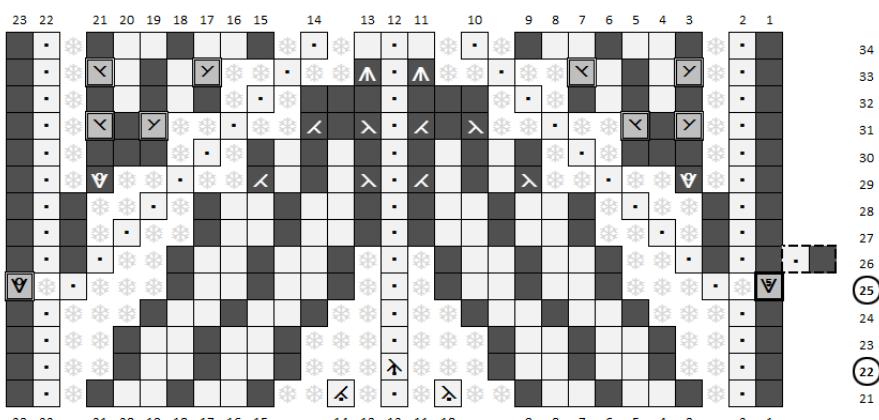
## Cuff&Leg Chart (18-22-18 sts)



## Right Chart (22-18-22 sts)

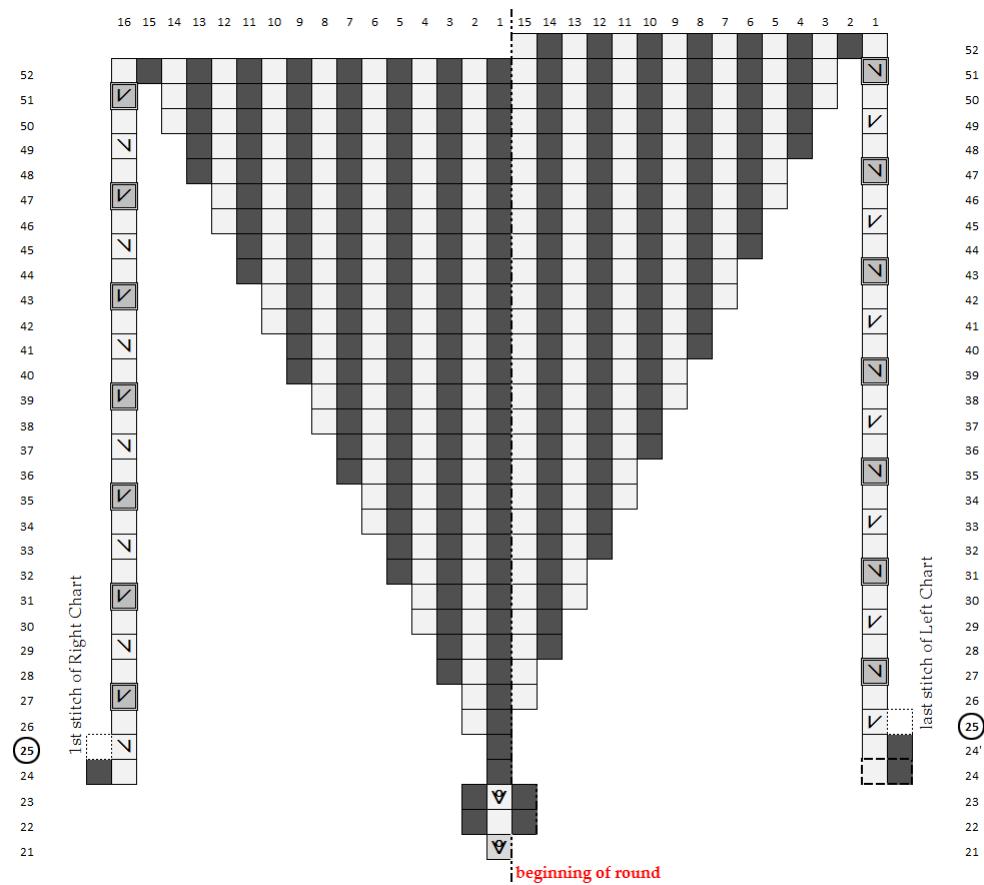


## Left Chart (23-19-23 sts)

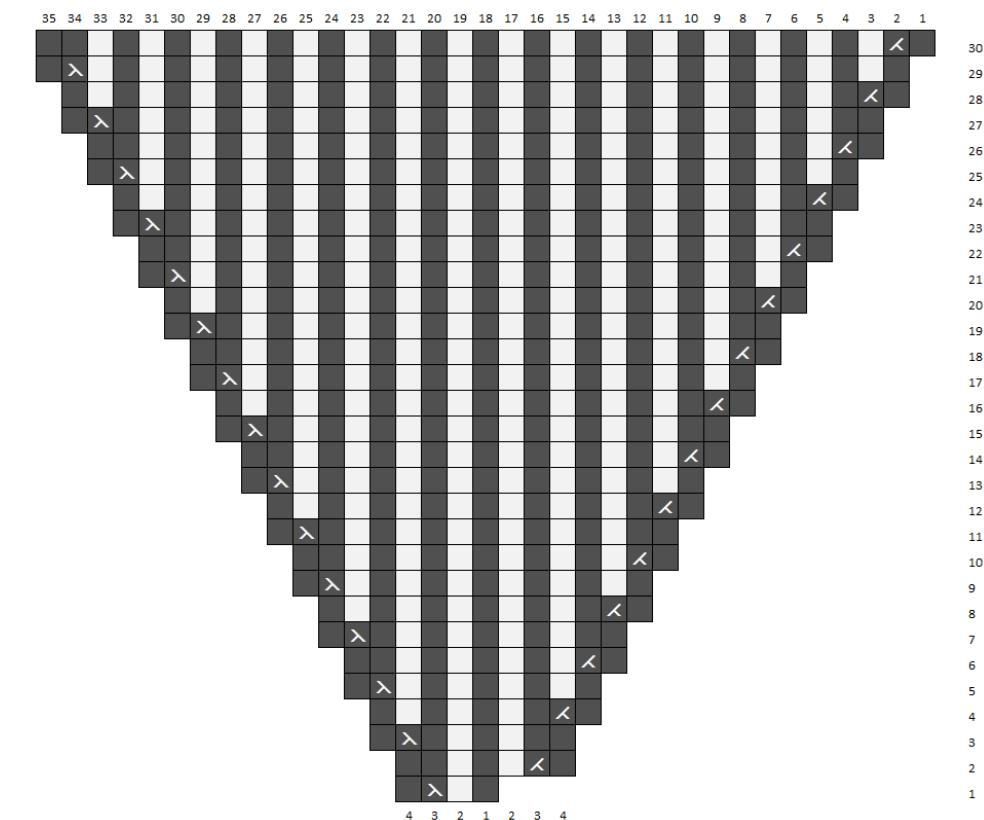


# CHARTS WITH DARK MC AND LIGHT CC

## Arc-Expansion Area Chart (1-31 sts)

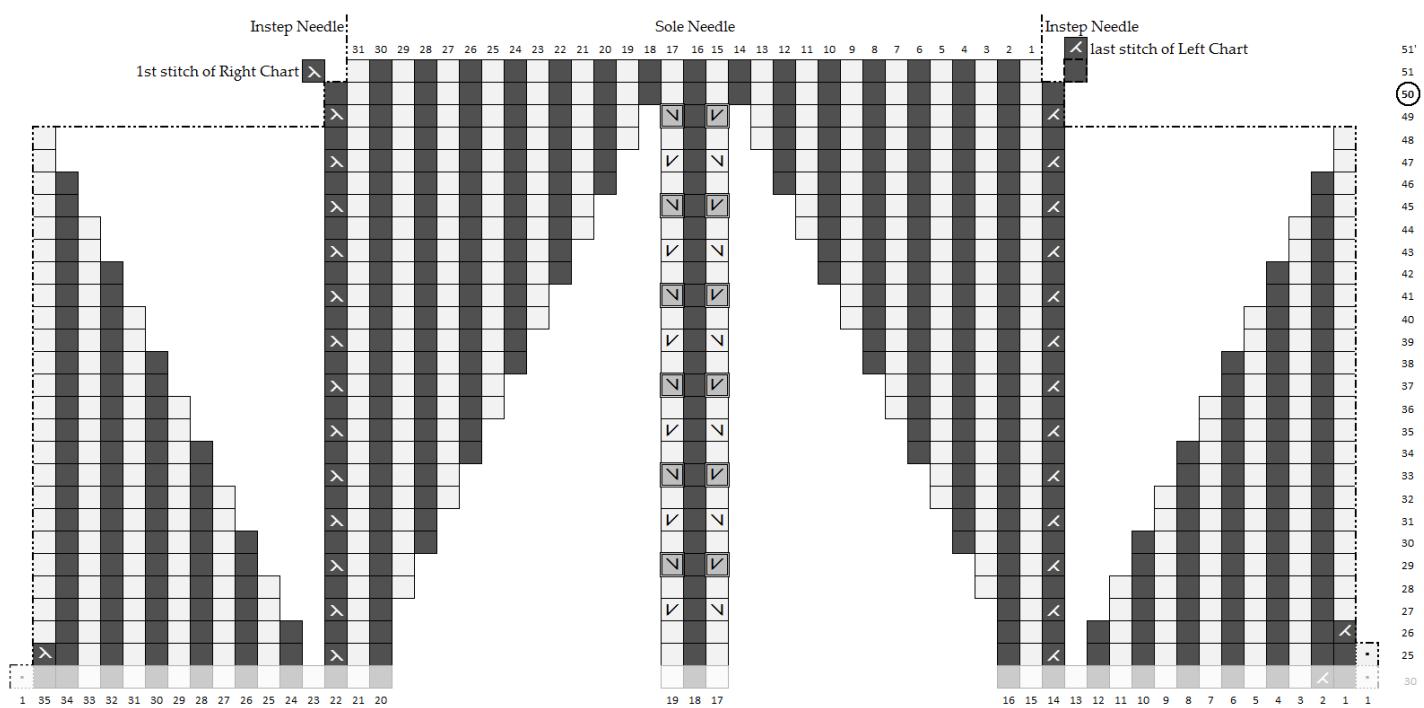


## Heel Turn Chart (7-35 sts)

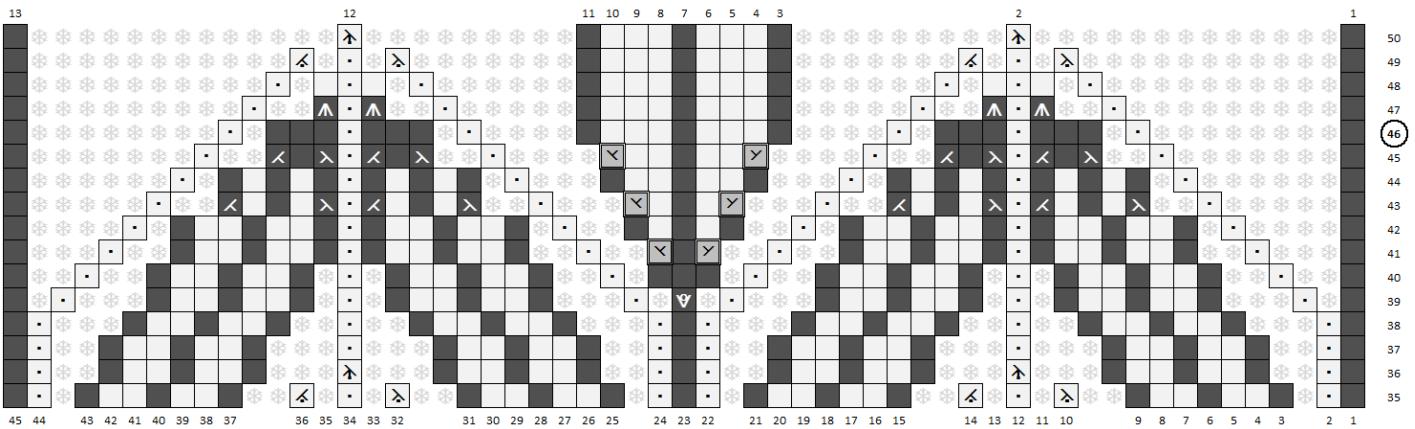


# CHARTS WITH DARK MC AND LIGHT CC

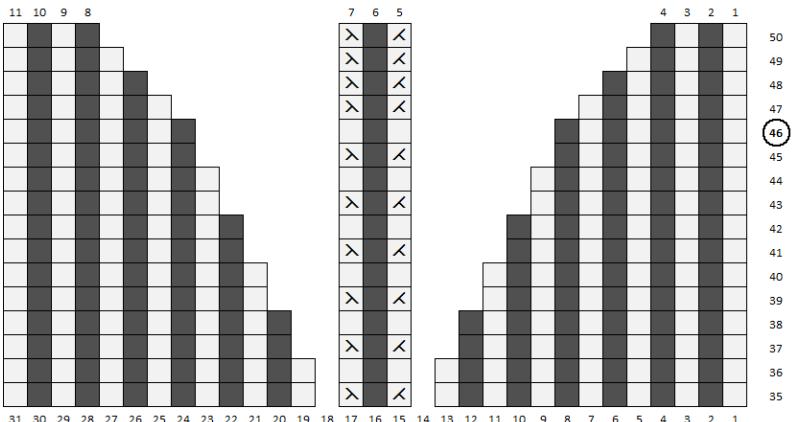
## Arch-Shaping Chart (35-31 sts)



## Instep Toe Chart (45-13 sts)



## Sole Toe Chart (31-11 sts)



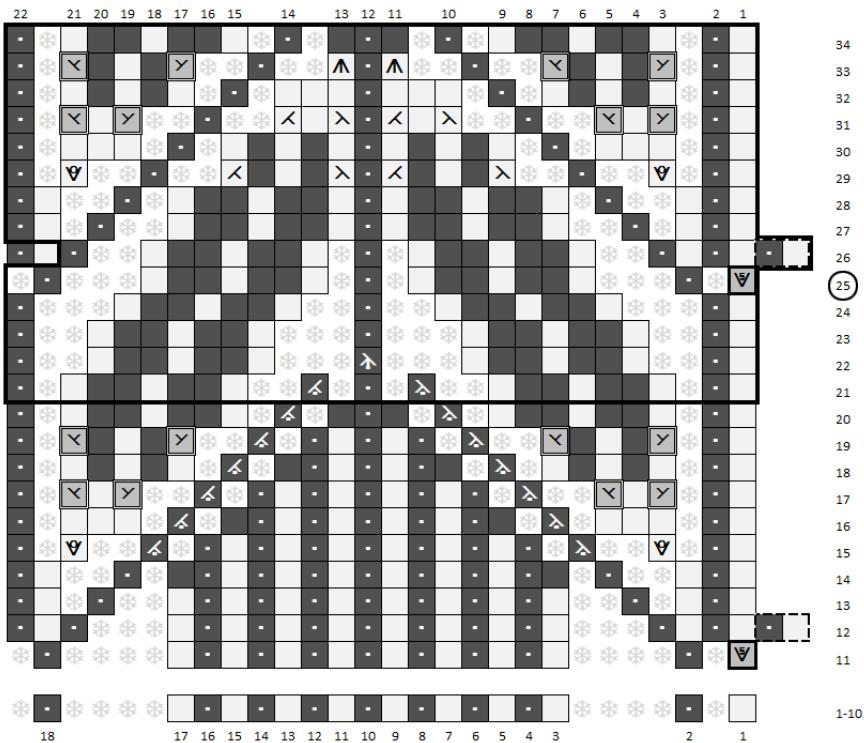
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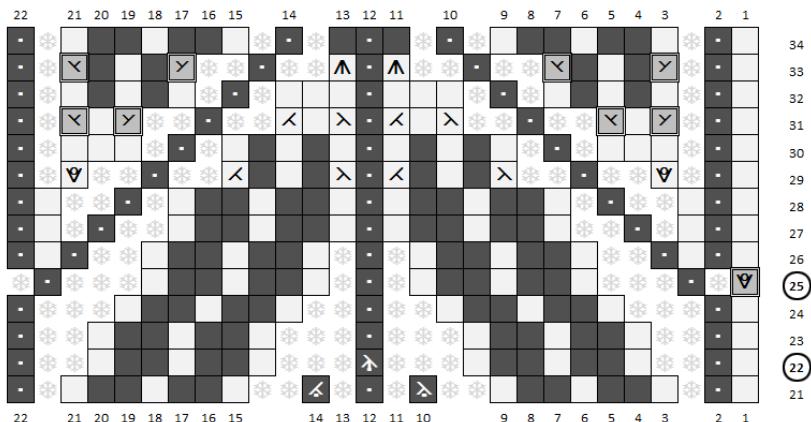
- k1 MC on RS, p1 MC on WS
- p1 CC
- k1 CC on RS, p1 CC on WS
- no stitch
- work these stitches as indicated and slip them to the previous needle if applicable; they will be considered a part of preceding chart on the following round  
**NB: Those from the beginning of the round will be worked at the end of the same round again!**
- quadruple lifted increase MC-CC-MC-CC-MC:**  
lift the right leg of the stitch one row below and knit it with MC,  
insert right needle below MC strand and make a yo CC,  
k1 tbl MC,  
insert right needle below MC strand and make a yo CC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with MC = 4 sts inc'd
- double lifted increase MC:** lift the right leg of the stitch one row below and knit it with MC,  
k1 tbl MC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with MC = 2 sts inc'd
- double lifted increase MC-CC-MC:**  
lift the right leg of the stitch one row below and knit it with MC,  
k1 tbl CC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with MC = 2 sts inc'd
- double lifted increase CC-MC-CC:**  
lift the right leg of the stitch one row below and knit it with CC,  
k1 tbl MC,  
lift the left leg of the stitch two rows below the stitch just worked and knit it with CC = 2 sts inc'd
- single increase MC-CC:** k1 MC, then k1 CC the same stitch
- single increase CC-MC:** k1 CC, then k1 MC the same stitch
- LLinc CC:** k1 CC, lift the left leg of CC stitch two rows below the stitch just worked and knit it with CC
- RLinc CC:** lift the right leg of CC stitch one row below and knit it with CC, then k1 CC
- LLinc CC-MC:** k1 CC, lift the left leg of CC stitch two rows below the stitch just worked and knit it with MC
- RLinc MC-CC:** lift the right leg of CC stitch one row below and knit it with MC, then k1 CC
- p2tog CC
- ssp CC
- purl centered double decrease CC:** slip 1 purlwise wyif, ssp, pass slipped stitch over = 2 sts dec'd
- ssk MC
- k2tog MC on RS, p2tog MC on WS
- knit centered double decrease MC:** slip 2 together as if to knit, k1, pass 2 slipped stitches over = 2 sts dec'd
- ssk CC
- k2tog CC

# CHARTS WITH LIGHT MC AND DARK CC

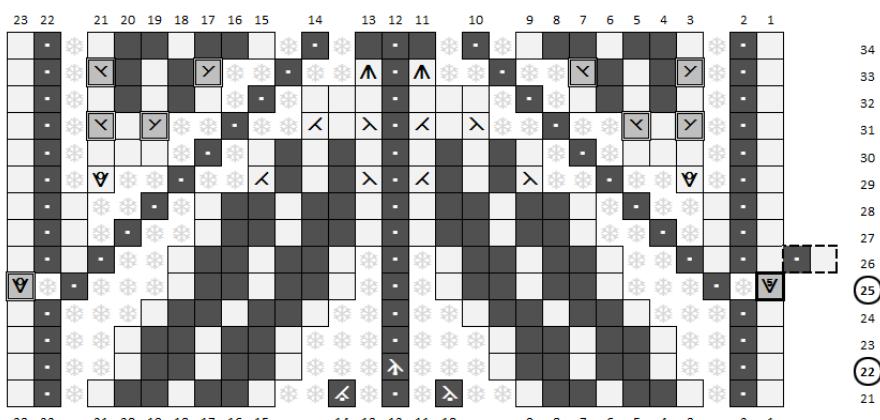
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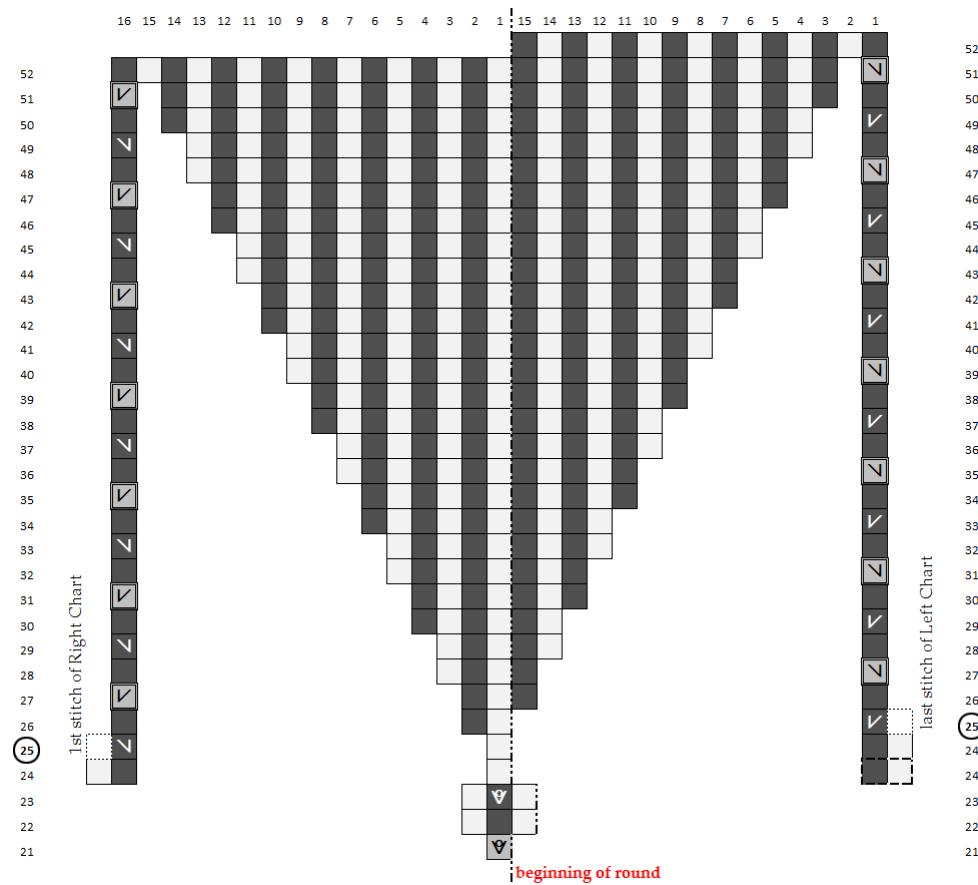


## Left Chart (23-19-23 sts)

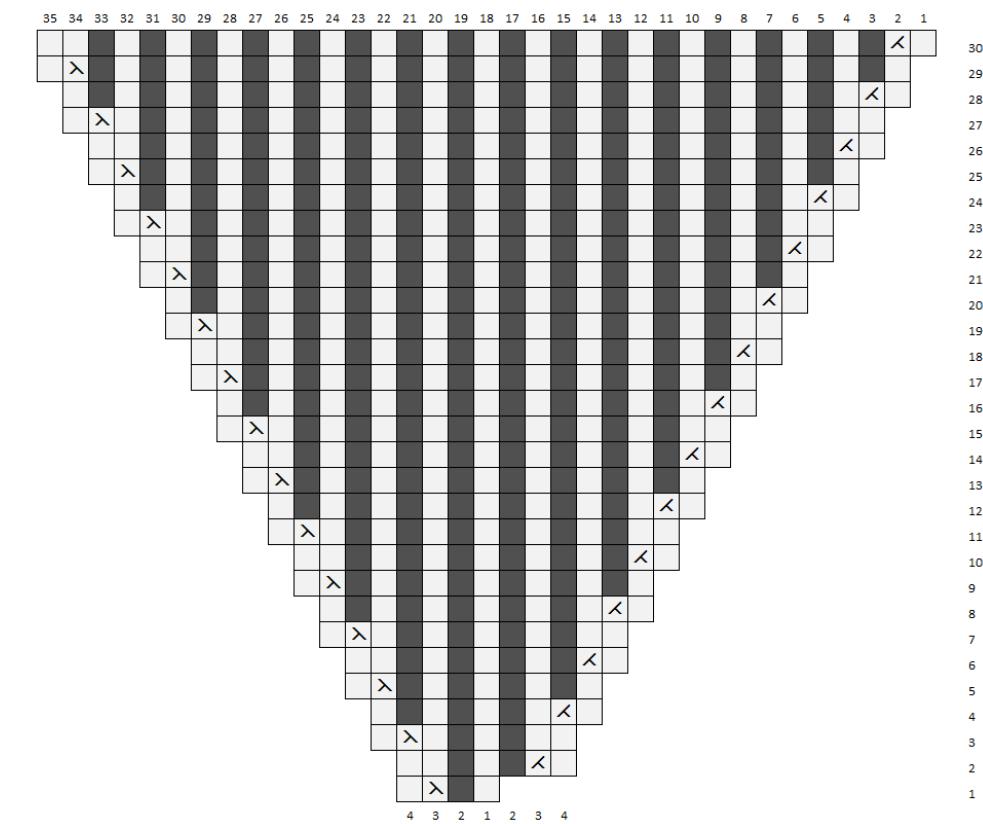


# CHARTS WITH LIGHT MC AND DARK CC

## Arc-Expansion Area Chart (1-31 sts)

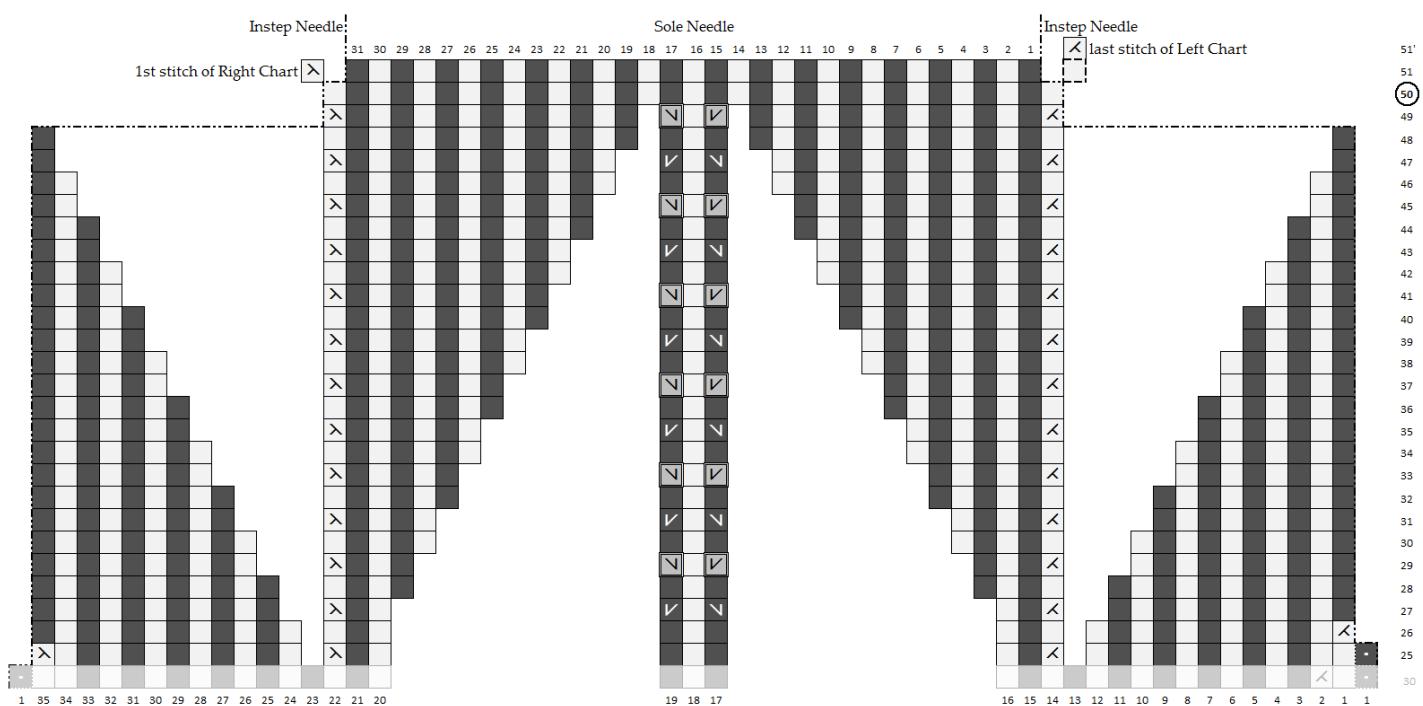


## Heel Turn Chart (7-35 sts)

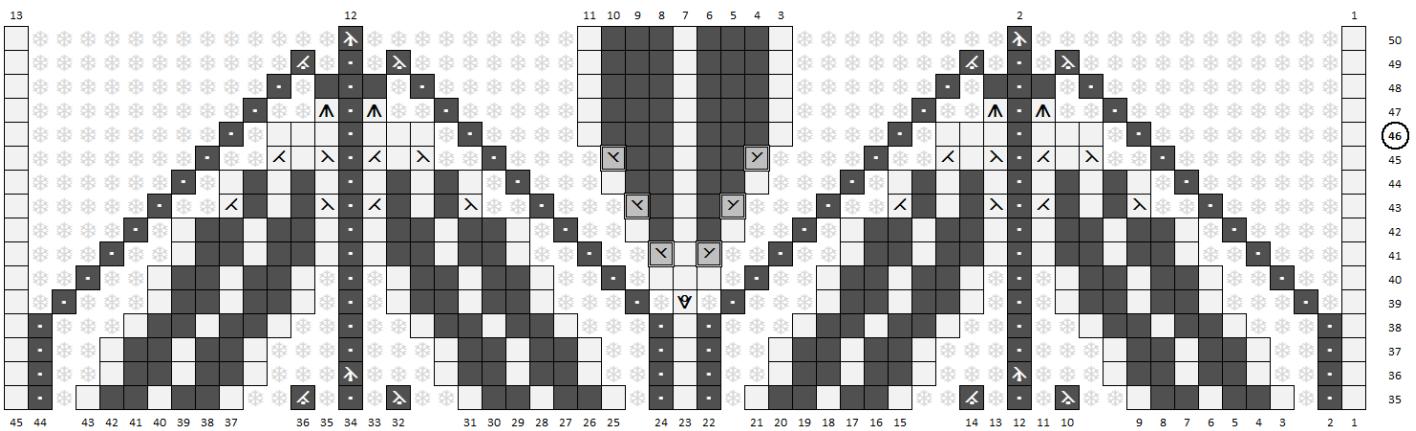


# CHARTS WITH LIGHT MC AND DARK CC

## Arch-Shaping Chart (35-31 sts)



## Instep Toe Chart (45-13 sts)



## Sole Toe Chart (31-11 sts)

