

e s k



KDD & Co



ESK

These simple slippers feature a stitch pattern called “lizard” in Norah Gaughan’s Twisted Stitch Sourcebook. Esk or ask are common names in Scots and northern English dialects for newts and lizards

YARN

Kate Davies Designs Ooskit (100% British Wool; 240yds / 220m per 100g skein)
1 x 100g skein in shade Domra

NEEDLES AND NOTIONS

Gauge-size needle(s) of your preferred type for working small circumferences
Spare gauge-size needle for working i-cord bind off
Two below gauge-size circular needle(s) for working toe and holding stitches
Waste yarn
Stitch markers
Tapestry needle

GAUGE

26 sts and 32 rounds to 10cm / 4in over stockinette on gauge-size needle(s).
Use 3.25mm needle as a starting point for swatching.

SIZE

To fit adult foot with 20.5-25.5cm / 8-10in circumference, worn with a little positive ease. Foot length is fully adjustable within the pattern.

If you are knitting as a gift and don’t know the recipient’s foot length, this table may be helpful:
<https://kddandco.com/tutorials/shoe-size-tables-for-sock-sizing-guidance/>

SPECIAL TECHNIQUES

Right Twist (RT): K2tog, leaving stitches on left-hand needle. Knit first stitch only. Slip both stitches from needle.

Left Twist (LT): Slip first stitch knitwise, then slip next stitch knitwise and return stitches to left-hand needle. Knit into the back of the second stitch, then knit into the back of both stitches together. Slip both stitches from needle.

Winding cast on

This cast on is described in step 1 of the instructions. You may also wish to consult this tutorial:
<https://asatricosa.com/winding-cast-on/>

i-cord bind off

Described in step 6 of the instructions.

PATTERN NOTES

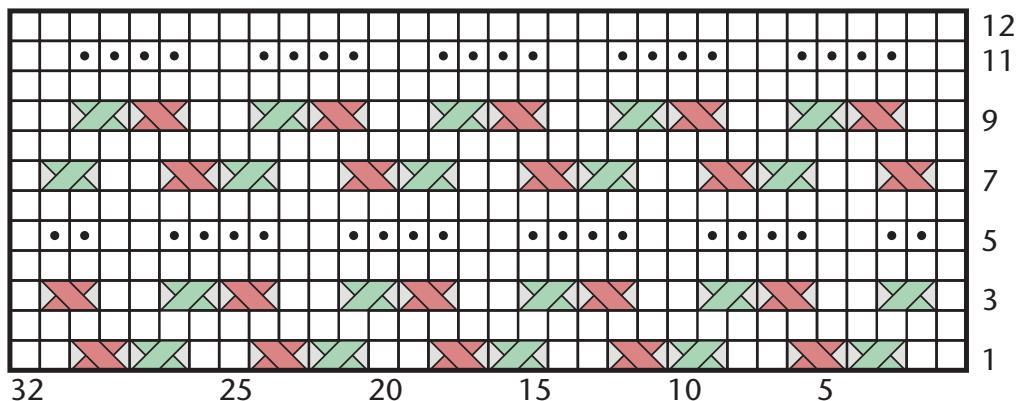
These simple slippers are worked toe-up. Stitches are cast on using the winding cast on method, then the instep is worked from a chart and the sole in stockinette. Once the slipper reaches the desired length, instep stitches are set aside and the heel stitches are divided and worked back and forth in garter stitch. After the back of the heel is joined with a three needle bind off, an i-cord bind off is worked around the foot opening for a neat finish.

ABBREVIATIONS

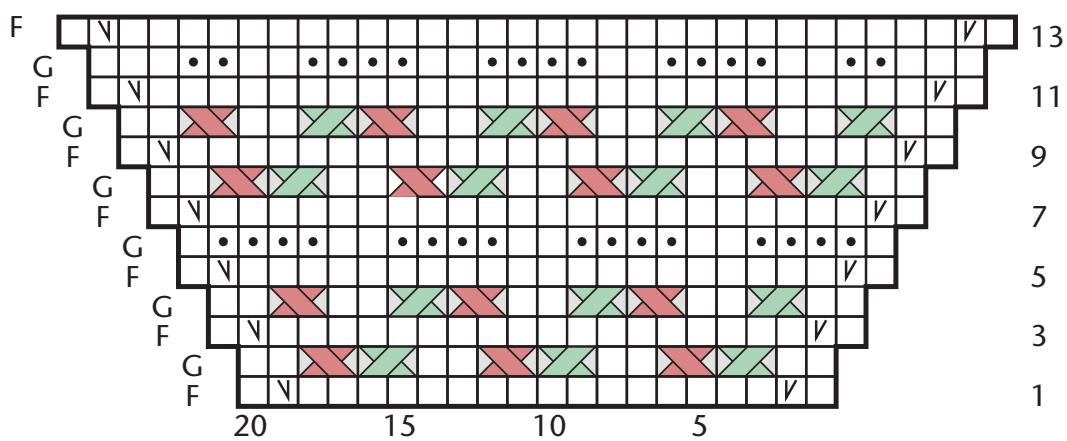
cm	Centimetre(s)
est	Established
foll	Follow(s)(ing)
in	Inch(es)
inc	Increase(d)
k	Knit
k2tog	Knit the next two stitches together
lh	Left hand
LT	Left Twist (see Special Techniques)
m	Metre(s)
m1l	Make 1 (left leaning): Bring the tip of the left-hand needle under the strand between stitches from front to back. Knit through the back of this loop
m1r	Make 1 (right leaning): Bring the tip of the left-hand needle under the strand between stitches from back to front. Knit this loop.
mm	Millimetre(s)
pm	Place marker
puk	Pick up and knit
rem	Remain(s)(ing)
rh	Right hand
RS	Right side
RT	Right Twist (see Special Techniques)
sl	Slip
st(s)	Stitch(es)
tbl	Through the back loops
WS	Wrong side
yds	Yards

E S K

INSTEP CHART



TOE CHART



KEY

	knit
	purl
	m1l
	m1r
	RT
	LT



INSTRUCTIONS

1

CAST ON

Using the winding cast on method and two sets of below gauge-size needles (any length) cast on 28 sts as foll:

Step A: Hold both needles parallel in your left hand. Place a slip knot on the front needle. Take yarn under the back needle, then up and over both needle tips, wrapping the yarn towards you. **Step B:** Continue to wrap the yarn around both needle tips until you have 14 wraps.

Step C: Holding the yarn at the back (beneath both needles), slip the wraps on the front needle off the tip onto the cable. Leave both ends of this front needle dangling.

Step D: Pick up the free needle tip of the back needle and k across 14 wraps from the back needle. Slip these sts to the cable and return the front wraps to the front needle tip.

Step E: Slide the slip knot off the front needle tip and k across 14 wraps.

First round complete. Pm for start of round.

2

SHAPE TOE, COMMENCE TOE CHART AND SOLE

Continue working with the pair of circular needles to complete the toe increases as foll:

Step F: *K1, m1r, k to 1 st from end of needle, m1l, k1; repeat from * for second needle. 4 sts inc

Step G: K to end.

Repeat steps F and G once more. 4 sts inc; 36 sts
Reading toe chart from right to left, working
instep sts (on first needle) from chart, and sole
sts (on second needle) in stockinette, begin
working from chart, while *at the same time*
completing toe increases as est across the sole
sts by working steps F and G 6 more times, then
working step F once more. *Note that the instep*
increases are included on the toe chart while the
sole increases are indicated by the step letters on
the left edge of the toe chart. 28 sts inc; 64 sts

3

WORK INSTEP CHART AND SOLE

Change to gauge-size needle(s) of your preferred type for working small circumferences and, working first 32 sts of round from instep chart and next 32 sts in stockinette, work until slipper reaches the front of the ankle bone on the outside of the foot (approximately between 2 and 3 chart repeats, 30-36 rounds), ending after an even chart round and keeping a note of the round on which you ended.

4

WORK HEEL

Break yarn.

Moving sts around needle(s) without knitting, sl next 5 sts from lh to rh needle; sl next 22 sts to waste yarn for instep. 42 sts rem on needle(s) for heel

From the RS, rejoin yarn to working sts, and work heel back and forth in garter stitch as foll:

Step H (RS): Sl1, k41.

Step I (WS): Sl1, k41.

Repeat steps H and I another 22 times. 24 rows / 12 ridges worked

Try on the slipper, over socks.

If slipper fabric stretches comfortably to back of heel, move to section 4.

If not, work another 2-8 rows (1-4 ridges), keeping a note of the number of ridges worked in total.



5

JOIN HEEL

Slip 21 heel sts onto a spare gauge-size needle and with RS together and WS outermost, work three needle bind off across the 2 sets of 21 sts. Weave in ends to the back of the work.

6

WORK I-CORD EDGING

Slip 22 held instep sts from waste yarn onto spare gauge-size needle. With second gauge-size needle, from the RS, beginning at point at centre back of heel, puk 1 st in each garter ridge along top of heel; puk 2 sts in gap between heel and instep; k across 22 instep sts from spare needle; puk 2 sts in gap between instep and heel; puk 1 st in each garter ridge along top of heel. *50-58 sts (depending on length of heel)*

Next row (RS): Work i-cord bind off across all sts as foll:

Cast on 3 sts to lh needle using cable cast on, *k2, k2togtbl, return 3 sts to lh needle; repeat from * to last 3 sts, k3togtbl and fasten off.

Join cord to start of round and weave in final ends.

7

MAKE ANOTHER

Make a second slipper, ensuring chart rounds and number of ridges match the first.

8

FINISHING

Weave in all ends to the back of the work. Soak slippers in warm water for 20-30 minutes, to allow the stitches to relax and bloom. Rinse, remove excess water, and shape over sock blockers, or pin out flat. Leave to fully dry.

Enjoy your Eks!





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