

Broken Seed Stitch Socks

Please note that this is a sock recipe rather than a sock pattern. You need to know how to knit the toe and the heel. On the other hand, you can choose your favourite variations, as anything goes here!



You'll need

- 50 g of single-color fingering weight sock yarn
- 50 g of variegated / contrasting color fingering weight sock yarn
- Needles to give you a nice tight gauge. If you're a loose knitter, go for small needles. The fabric will look better when the gauge is rather tight.

Broken Seed Stitch Pattern

(over an even number of stitches)

R1: (single-color yarn): knit

R2: (variegated yarn): k1, p1

R3: (single-color yarn): knit

R4: (variegated yarn): p1, k1

Sock Recipe

(written from top to bottom, but toe-up will do just as well):

Cast on an even number of stitches using the single-color yarn. With fingering weight yarn, this could be something between 56 – 64 stitches depending on your gauge (which shouldn't be too loose, remember? But the stitch pattern will also give in a little, so what you estimate to be your "normal" number of stitches will do just nicely.)

Knit ribbing (k1, p1 or k2, p2) for about 1 inch (2.5 cm). Start knitting the seed stitch pattern, starting on row 1. Change yarns at the end of the round (this will not show as clearly as in stockinette stitch). It may be a good idea to place a marker there.

After knitting the leg for desired length, knit the heel using single-color yarn and half of the stitches. The heel construction is up to you – a flap heel and a short row heel both work just as fine, or any other heel of your choice.

After finishing the heel, continue with two yarns. Divide (at least mentally, or with stitch markers) the stitches in two sections: the top of the foot and the sole. If you need to do any decreases after the heel, the stitches to be decreased will belong to the sole stitches. Continue knitting the seed stitch pattern on the top of the foot but knit the sole stitches in stockinette stitch. Change yarns in the beginning of the seed stitch section.



Once you think it's time to start knitting the toe, do so (end the seed stitch pattern either with row 2 or row 4), using the single color yarn and stockinette stitch. Finish the toe and block. Wear and enjoy!