

Sunflower Socks



SOCK 1 BE A FLOWER**SOCK 2 STRETCH IN THE SUN**

One of the mindfulness magazines I admired had a full-page photo of a field of sunflowers with the following caption.

"When you are busy, it is calming to remember that somewhere out there is a vast field of flowers just stretching in the sun."

Knitting these socks is my tribute to that bit of advice and working with such luscious yarn makes it easier to be mindful. – Lorraine

skill level Advanced

finished size women's medium

finished weight 136g

materials*yarn*

Universal Yarn Bella Cash and Donnina yarns

- 2 balls Bella Cash Main Colour (MC) – oat
- 1 ball Donnina (CC1) – amber
- 1 ball Donnina (CC2) – daffodil
- 1 ball Bella Cash (CC3) – coffee
- 1 ball Bella Cash (CC4) – emerald
- small amounts of black for French knots

needles

- a set of US 1 [2.5mm] 5 dpns or in size required to meet gauge

notions

- large-eyed sewing needle
- scissors
- stitch marker
- ruler

gauge

18 sts = 2" [5cm] in stocking stitch

Thoughtful Soles Series

Foot

Set up for the gusset.

Needle 1: K22 sts, pick up and knit 18 sts upside of flap.

Needles 2 and 3: Knit across instep stitches decreasing to 36 sts by ktog at the center.

Needle 4: Pick up k18 sts downside of heel flap. K11 from Needle 1.

Cut MC.

Join contrast colours 1 and 2.

The gusset decrease and foot are knit in a 10-round stripe pattern.

ROUNDS 1 and 2 CC1

ROUNDS 3 to 10 CC2

Resume knitting in the round and work the gusset decrease every other round to 72 sts as follows.

ROUND 1

Needle 1: K to last 3 sts, k2tog, k1.

Needles 2 and 3: K36 instep sts.

Needle 4: K1, ssk, k to end.

ROUND 2

Knit all sts.

Continue the stripe pattern on 72 sts as set until the foot measures 5½" from pick ups. I knit six repeats of the stripe pattern plus two more rounds of CC1. Cut CC.

Using CC3 and following Charts B and C work the words into the soles on rounds 20 to 47 using a duplicate stitch.

Toe

Join MC.

ROUND 1

Needles 1 and 3: K to last 3 sts, k2tog, k1.

Needles 2 and 4: K1, ssk, k to end.

ROUND 2

Knit all sts.

Repeat rounds 1 and 2 decreasing 4 sts every other round to 32 sts.

Repeat rounds 1 decreasing 4 sts every round to 16 sts.

finishing

Graft toe stitches.

Weave in ends.

Wet block after making second sock.



Sunflower Socks CHARTS

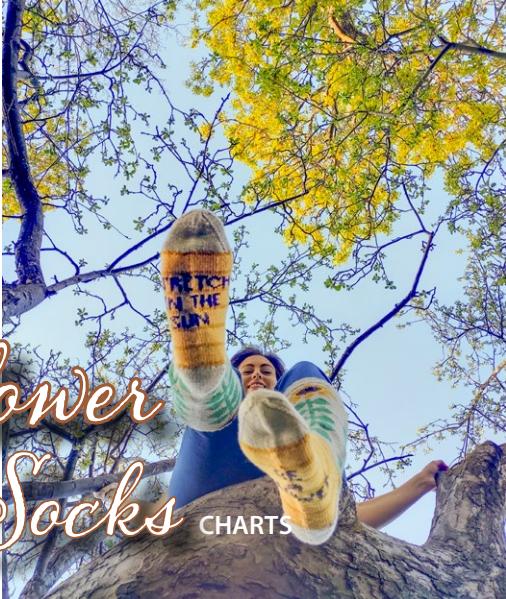


Chart B

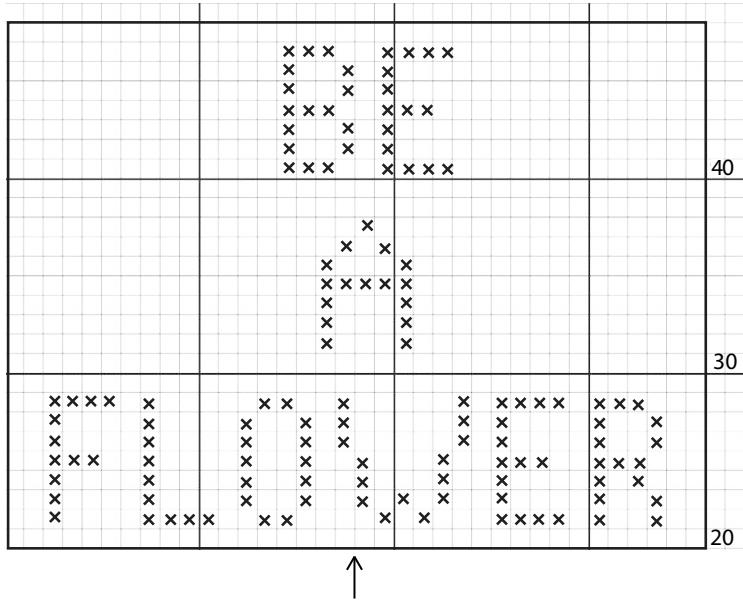


Chart C

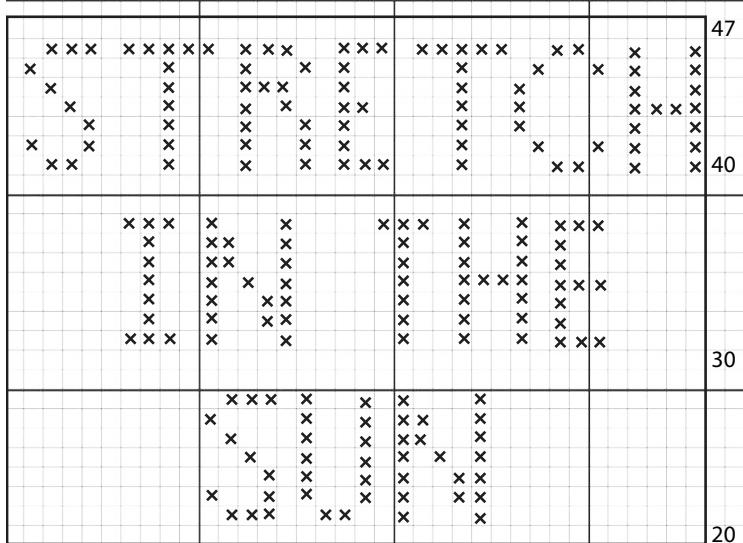
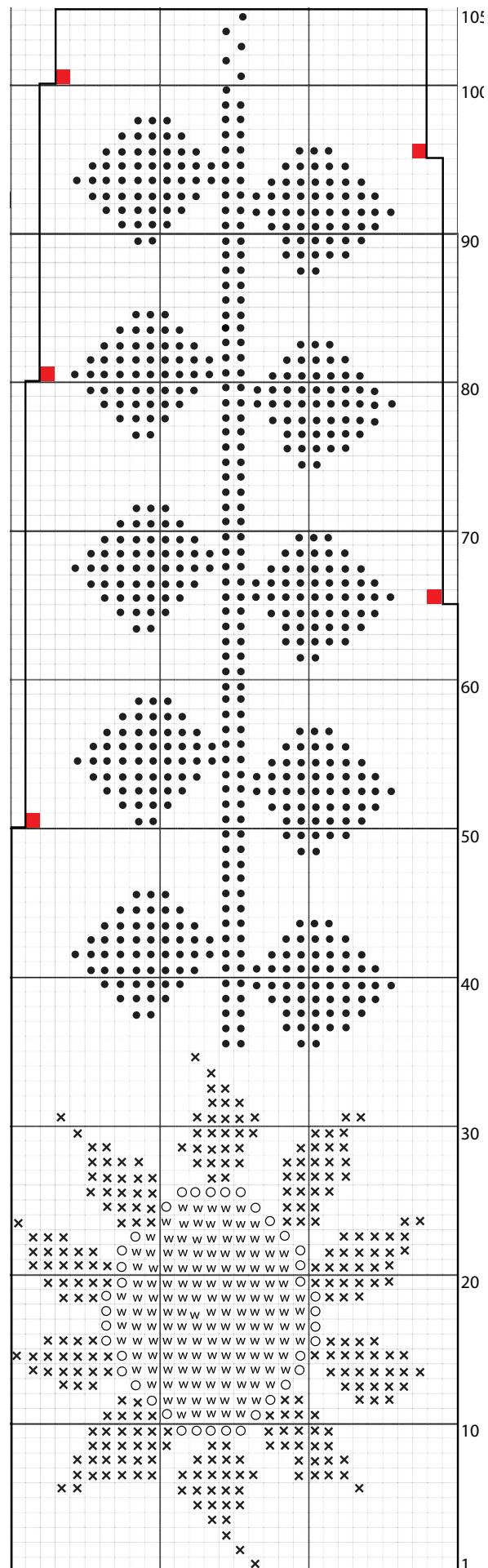


Chart A - Rounds 1-105
30 sts reduced to 25



↑ Charts B and C do not show colours of background stripe pattern

- MC
- CC1
- CC2
- CC3
- CC4
- k2tog mc
- CC3 in duplicate stitch

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