



Sheena

by Yucca

NOTES

Sheena is a sock featuring cables, bobbles, and lace patterns. The sole has ribbing from toe to heel. They are worked from the toe up with a heel flap and gusset. Directions are written for the magic loop method with circular needles. Video tutorial links are included. Please watch the video with subtitle commentary turned on.

YARN

Heavy fingering weight yarn: approx. 70-80 g
mominoki yarn Sock Happy (366 m / 355 yds per 100g, 80% Merino Wool - non superwash, 20% polyamide - biodegradable), 1 skein, shown in Couverture

Note: The amount of yarn used will vary depending on the length of the leg and foot.

GAUGE

32 sts & 43 rds = 10 cm / 4" in ribbing (sole)

27 sts = 7 cm / 3" in Chart A

30 sts & 43 rds = 10 cm / 4" in stockinette st

NEEDLE

US 1 / 2.25 mm circular needle

Adjust needle size to obtain gauge. Sample used 80 cm / 32" circular needle.

NOTIONS

Tapestry needle, stitch markers, cable needle

SIZES

Size 1 [2] / 58 [66] sts in the foot

Finished foot circumference: 17 [19] cm / 6¾ [7½]"

Foot and leg length: adjustable

Recommended fit for foot circumference: approx. 5-6 cm / 2-2½" of negative ease. Sample is shown in size 1 with 5.5 cm / 2¼" of negative ease. This sock is designed for heavy fingering weight yarn. If you are using fingering weight yarn, keep in mind that it may result in a smaller foot circumference.

TAG & LINK

- Tag: #SheenaSocks #YuccaKnit

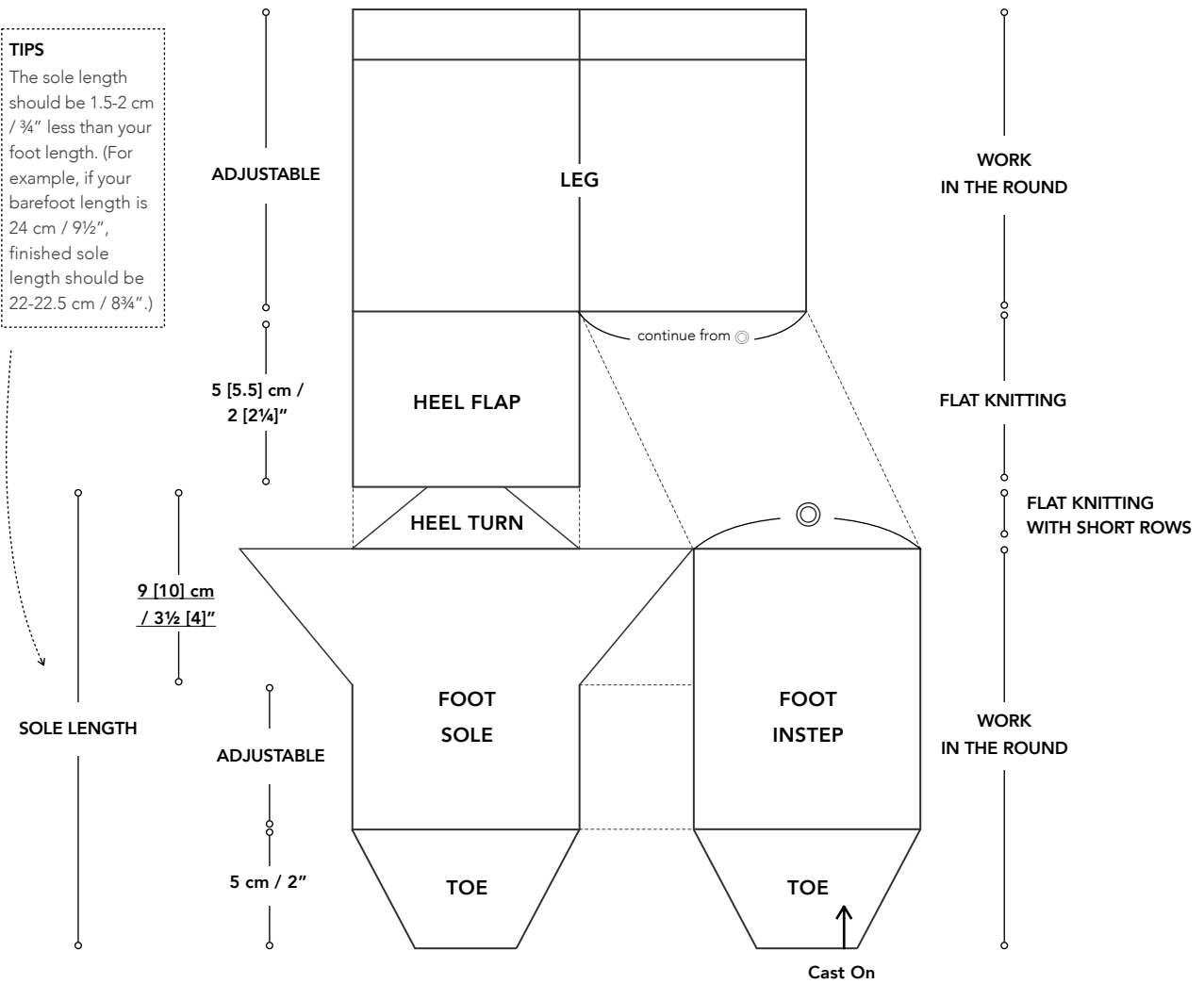
- Web: www.yuccaknit.com



SCHEMATIC

TIPS

The sole length should be 1.5-2 cm / ¾" less than your foot length. (For example, if your barefoot length is 24 cm / 9½", finished sole length should be 22-22.5 cm / 8¾".)



ABBREVIATIONS

CN cable needle

dec('d) decrease(d)

DS double stitch

inc('d) increase(d)

k knit

k2tog knit 2 stitches together

LC left cross

m marker

m1l make 1 left

m1r make 1 right

MDS make a DS *

N needle

p purl

p2tog purl 2 stitches together

pfb purl into front and back of stitch

pm place marker

RC right cross

rnd(s) round(s)

RS right side

sl slip stitch (purlwise)

sm slip marker

ssk slip slip knit

st(s) stitch(es)

WS wrong side

wyib with yarn in back

wyif with yarn in front

yo yarn over

VIDEO

Basic Knitting Stitches
<https://bit.ly/3gV4Gp6>



* MDS: make a DS using German Short Rows. Slip one st purlwise with yarn in front, pull the yarn over to back of the work. The stitch becomes to look like two sts.



CHART A

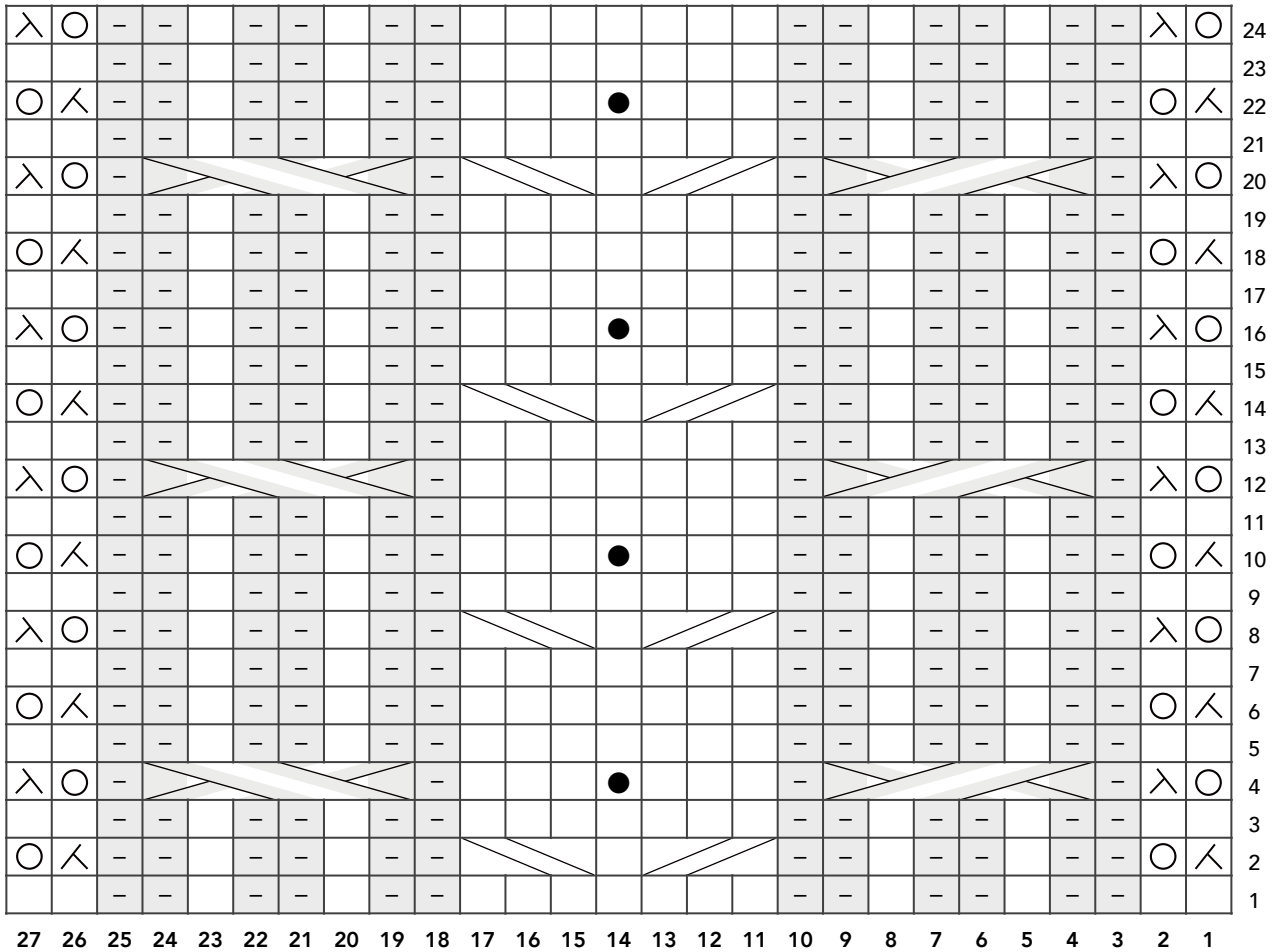
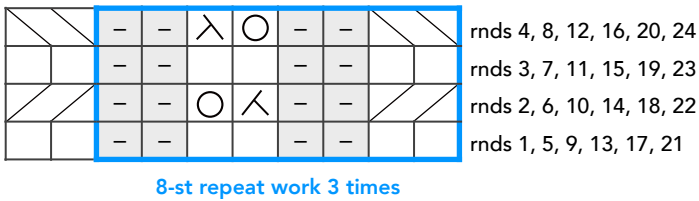


CHART B



VIDEO How to make a bobble

<https://youtu.be/flb9cFSRQaY>

1. (k1, yo, k1) into the same stitch
2. Insert left needle to sts on right needle, ssk
3. sl1, k1 tbl
4. Insert left needle from back to front underneath the stitch two row below, place this st on the left needle, k1, pass last st over.

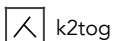
* The video also shows how to make with a crochet hook.



k



p



k2tog



ssk



yo



make bobble



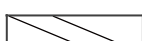
repeat



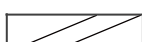
Slip 3 sts to cn, hold to back, p1, k1, p1, (p1, k1, p1) from cn.



Slip 3 sts to cn, hold to front, p1, k1, p1, (p1, k1, p1) from cn.



1/2 LC: Slip 1 sts to cn hold to front, k2, k1 from cn.



1/2 RC: Slip 2 sts to cn hold to back, k1, k2 from cn.



Left Twist: Knit the second sts on left needle through the back of the loop, knit first st, slip both sts from left needle together.



Right Twist: K2tog, but do not drop sts from left needle, insert right needle between 2 sts just worked and knit first st again, slip both sts from left needle together.

VIDEO

Left Twist & Right Twist

<https://youtu.be/VLeaCEhwPSE>

VLeaCEhwPSE



DIRECTIONS

TOE

Cast on 22 [26] sts using Turkish Cast On, by winding working yarn 11 [13] times. Join for working in the rnd. The first needle is called N1, and the second needle N2. 11 [13] sts on each needle.

Rnd 1 (inc rnd):

- N1: K1, m1r, k to last st, m1l, k1. 2 sts inc'd.
- N2: Work rnd 1 of Sole Chart. 2 sts inc'd.

Rnd 2:

- N1: K all sts.
- N2: Work next rnd of Sole Chart.

Rnd 3 (inc rnd):

- N1: K1, m1r, k to last st, m1l, k1. 2 sts inc'd.
- N2: Work next rnd of Sole Chart. 2 sts inc'd.

Repeat **rnds 2-3** 6 [7] more times. 27 [31] sts on each needle.

Rnd 16 [18]:

- N1: K all sts.
- N2: Work ribbing as established.

Rnd 17 [19] (inc rnd):

- N1: K1, m1r, k to last st, m1l, k1. 2 sts inc'd.
- N2: Work ribbing as established.

Next rnd:

- N1: K all sts.
- N2: Work ribbing as established.

29 [33] sts on N1, 27 [31] sts on N2. 56 [64] sts in total.

Repeat **last rnd** until piece measures 5 cm / 2".

VIDEO TIPS for avoiding ladders
(warped stitch) in magic loop

<https://www.instagram.com/p/B44Y8rFpkx4/>



VIDEO

Turkish Cast On for Toe-up Socks
<https://youtu.be/cRzOc6-KrjY>



k

p

m1r at right end / m1l at left end

FOOT

Begin Chart A on N1. See page 3 for Charts.

Set-up rnd:

- N1: P2 [4], yo, ssk, p2, k1, pfb, k1, p2, k7, p2, k1, pfb, k1, p2, yo, ssk, p2 [4]. 2 sts inc'd, 31 [35] sts.
- N2: Work ribbing as established.

Rnd 1:

- N1: P2 [4], work rnd 1 of Chart A, p2 [4].
- N2: Work ribbing as established.

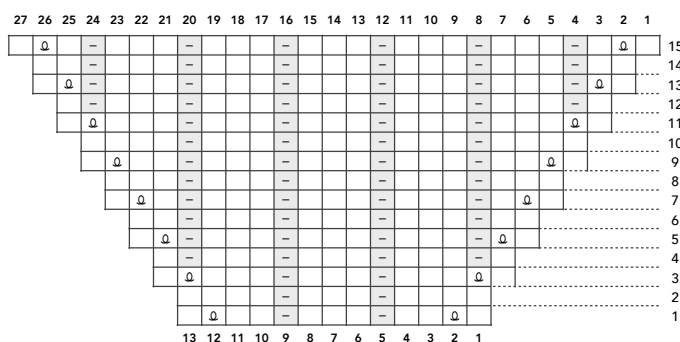
Rnd 2:

- N1: P2 [4], work next rnd of Chart A, p2 [4].
- N2: Work ribbing as established.

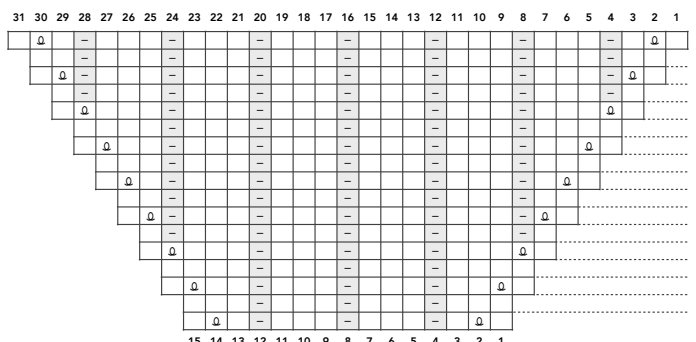
Repeat **rnd 2** until piece measures 9 [10] cm / 3½ [4]" less than desired foot length.

NOTE: The underlined part is the length of the gusset and heel turn. The gusset and heel turn will be 38 [42] rnds. Adjust the length according to the actual gauge. See also page 2 for the schematic.

SOLE CHART / SIZE 1




SOLE CHART / SIZE 2



GUSSET


Rnd 1 (inc rnd):

- N1: P2 [4], work next rnd of Chart A, p2 [4]
- N2: K1, m1r, pm, work ribbing as established to last st, pm, m1l, k1.  2 sts inc'd.

Rnd 2:

- N1: P2 [4], work next rnd of Chart A, p2 [4]
- N2: K to m, sm, work ribbing as established to m, sm, k to end.

Rnd 3 (inc rnd):

- N1: P2 [4], work next rnd of Chart A, p2 [4]
- N2: K1, m1r, k to m, sm, work ribbing as established to m, sm, k to last st, m1l, k1.  2 sts inc'd.

Rnd 4: Repeat rnd 2.

Repeat **rnds 3-4** 12 [14] more times. 28 [32] sts inc'd, 55 [63] sts on N2.

Next half-rnd:

N1: P2 [4], work next rnd of Chart A, p2 [4]

Make a note of the row number of Chart A you've finished. Place sts from N1 onto the cable of the working circular needle.

HEEL TURN

VIDEO

German Short Rows

<https://youtu.be/h5ZClI02oTc>



Heel turn is worked flat with short rows on N2. You have the following number of sts on N2. 25 [29] sts between markers, 15 [17] sts each side.



Note: A DS should be counted as one stitch.

Row 1 (RS): K to m, sm, work ribbing as established to m, turn.

Row 2 (WS): MDS, work ribbing as established to m, turn.


Rows 3-4: MDS, work ribbing as established to 2 sts before m, turn.


Rows 5-6: MDS, work ribbing as established to 4 sts before m, turn.

Rows 7-8: MDS, work ribbing as established to 6 sts before m, turn.


Rows 9-10: MDS, work ribbing as established to 8 sts before m, turn.


9 [13] normal sts remain between the last double sts. K or p the DS as one st as you encounter them.


Next row (RS): MDS, k to m, sm, ssk, turn.  1 st dec'd.


Next row (WS): Sl1 wyif, sm, p to m, sm, p2tog, turn.  1 st dec'd.

HEEL FLAP

Row 1 (RS): Sl1 wyib, sm, (k1, sl1 wyib) to 1 st before m, k1, sm, ssk, turn.  1 st dec'd.


Row 2 (WS): Sl1 wyif, sm, p to m, sm, p2tog, turn.  1 st dec'd.

Row 3 (RS): Sl1 wyib, sm, (sl1 wyib, k1) to 1 st before m, k1, sm, ssk, turn.  1 st dec'd.


Row 4 (WS): Sl1 wyif, sm, p to m, sm, p2tog, turn.  1 st dec'd.

Repeat **rows 1-4** until 27 [31] sts remain on N2, ending with row 2.

Size 1 Only

Next row - N2: Sl1 wyib, rm, k13, m1l, k to m, rm, k1. (Do not turn.)  1 st inc'd, 28 sts.

Size 2 Only

Next row - N2: Sl1 wyib, rm, k14, k2tog, k to m, rm, k1. (Do not turn.)  1 st dec'd, 30 sts.

LEG

Place N1 sts from cable onto the working N, resume working in the rnd. 59 [65] sts in total. Continue the Chart A from the following row number that you noted at the end of the gusset section. Begin Chart B on N2.

NOTE: In the set-up round, I recommend working as follows to close the gap. At each end of N1, pick up one stitch from an adjacent column and knit the stitch and the first/end stitch on N1 together.

VIDEO

Closing the Heel Gap in Toe-Up Socks

<https://youtu.be/fuE5dHS8uEI>



Set-up rnd:

- N1: P1 with closing the heel gap, p1 [3], work next rnd of Chart A, p1 [3], p1 with closing the heel gap.
- N2: P1 [2], work Chart B starting at the same rnd as Chart A, p1 [2].

Next rnd:

- N1: P2 [4], work next rnd of Chart A, p2 [4].
- N2: P1 [2], work next rnd of Chart B, p1 [2].

Repeat **last rnd** until leg measures 8 cm / 3 1/4", ending with odd number rnd of Charts. The sample is end with rnd 23 of Charts.

CUFF

Size 1 Only

Rnd 1:

- N1: P2tog, p to last 2 sts, p2tog. 2 sts dec'd.
- N2: P all sts.

Size 2 Only

Rnd 1:

- N1: P to last 2 sts, p2tog. 1 st dec'd.
- N2: P all sts.

29 [34] sts on N1, 28 [30] sts on N2, 57 [64] sts in total.

All Sizes

Rnd 2: K all sts.

Rnd 3: P all sts.

Rnd 4: K all sts.

Size 1 Only

Next rnd: 1 st dec'd, 27 sts on N2, 56 sts in total.

- N1: (K1, p1) to last st, k1.
- N2: (P1, k1) 6 times, p2tog, (k1, p1) to end.

All Sizes

Work k1, p1 ribbing for 3.5 cm/1½". Bind off all sts using a stretchy bind off method. Cut yarn.

VIDEO

Yucca's Favorite Stretchy Bind Off

<https://bit.ly/3wUnueY>



FINISHING

Weave in ends with a tapestry needle. Wet blocking is recommended for a beautiful finish.

TIPS for Blocking

- Wet blocking with a wool-wash. I like a lanolin formula. Soak for about 15-20 minutes.
- Roll the socks in a towel and allow the towel to absorb the moisture OR spin in the washing machine on the spin cycle for 30 seconds or less. Towel drying will leave no wrinkles and make them more beautiful.
- Lay flat to dry.

Sheena

Design, edition: Yucca

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