

Ruusujuuri

Pattern and photos: Tiina Kuu

Ruusujuuri ('roseroot' in English) grows from the cushy Eye of Partridge toe through the reversed strong heel towards the cuff to bloom with shiny beads.

YARN AND YARDAGE

Main colour (MC): iKKe BFL Sock (75 % wool, 25 % nylon; 425 m / 100 g), 40-50 grams of green (Drake colourway)

Contrast colour 1 (CC1): Regia Premium Cashmere (65 % wool, 25 % nylon, 10 % cashmere; 400 m / 100 g), 40-50 grams of pale grey

Contrast colour 2 (CC2): Ruskanlehti Merino Sock (75 % merino, 25 % nylon; 425 m / 100 g), 2-3 grams of red (Tulipunahuulet colourway)

Any fingering weight sock yarns can be used.

GAUGE

36 sts and 36 rows in stranded colourwork with larger needles = 10 cm / 4 inches

36 sts and 48 rows in stockinette with smaller needles = 10 cm / 4 inches

NEEDLES

Sizes 2 mm / US0 and 2.5 mm / US1½ (or suitable to obtain gauge) circular needles, at least 80 cm / 32 inches long.

Socks can be knitted with dpns, two shorter circulars or a mini circular but the instructions have been written for magic loop.



OTHER SUPPLIES

60 seed beads, size 6/0
a small crochet hook, superfloss or any other device preferred for beading
two stitch markers

SIZE

There is only one stitch count (72 sts). With the given gauge the socks will fit foot circumference of approximately 21 cm / 8¼ inches with a little negative ease.

The circumference of the sock can be adjusted by changing the gauge. However, the length of the foot and the leg are adjustable as per pattern.

BEFORE YOU START

Please read the instructions carefully. The instep and front of the leg are worked on needle 1. The sole and back of the leg are worked on needle 2. The BOR is shifted a couple of times to minimize the BOR jog in stranded colourwork.

Please note that in these instructions left leaning increase (LLinc) is worked immediately underneath the stitch worked last on the right hand needle (i.e., do NOT knit or purl another stitch when LLinc is instructed).

Should you prefer not to use beads at all, you can use third contrast colour instead. In that case, omit chart A, row 12, and knit stitches marked with bead symbol with CC3.



INSTRUCTIONS

Toe and foot

With MC and smaller needles, cast on a total of 24 sts with Turkish or any other toe-up cast-on method of your choice. *There are 12 sts on each needle.*

rnd 1: Knit.

rnd 2: On needle 1, k1, kfb, *k1, sl1*, repeat * - * until 2 sts remain, kfb, k1. Work the sts on needle 2 in the same way.

Repeat rnds 1 and 2 until there are 36 sts on each needle. *There are 72 sts in total.*

next rnd: Knit.

next rnd: On needle 1, *k1, sl1*, repeat * - * until 2 sts remain, k2. Work the sts on needle 2 in the same way.

next rnd: Knit.

next rnd: On needle 1, k2, *sl1, k1*, repeat * - * to the end of the needle. Work the sts on needle 2 in the same way.

next rnd: Knit until 1 st remains in the rnd. Slip the last (unworked) st of the rnd onto needle 1. **This is the new BOR.** Slip the last st from needle 1 onto needle 2. *There are 36 sts on each needle.*

Switch to larger needles if preferred and attach CC1.

needle 1 (i.e., the instep): Work chart A, row 1, once and then, repeat rows 2-7.

needle 2 (i.e., the sole): Work chart B, repeating rows 1-6.

Work as described above until foot measures approximately 5 cm / 2 inches less than the desired final length.

Heel turn

Please note that in these instructions the left leaning increase (LLinc) is worked immediately underneath the stitch worked last on the right hand needle (i.e., do NOT knit or purl another stitch when LLinc is instructed). You can use any other increase technique if preferred. There will be one unwrapped stitch between each consecutive wrapped stitch.

First, redistribute sts as follows: K1 with CC, k1 with MC and slip the two stitches just worked onto needle 2. Slip the first stitch from needle 2 onto needle 1. *There are now 35 sts on needle 1 (i.e., the instep) and 37 sts on needle 2 (i.e., the sole).*

The heel turn is worked back and forth across the 37 sts on needle 2 with smaller needles and MC. The 35 instep sts are kept on hold on the larger needles.

Turn work and start working the heel turn on the WS on needle 2 as follows:

row 1 (WS): Sl1, p36, turn.

row 2 (RS): Sl1, k2, *sl1, k1*, repeat * - * until 4 sts remain, k2, LLinc, k1, w&t.

row 3 (WS): Purl until 2 sts remain, LLinc purlwise, p1, w&t.

row 4 (RS): K4, *sl1, k1*, repeat * - * until 5 sts remain before the previous RS wrapped stitch, k2, LLinc, k1, w&t.

row 5 (WS): Purl until 3 sts remain before the previous WS wrapped stitch, LLinc purlwise, p1, w&t.

Repeat rows 4 and 5 until there are 14 wrapped sts on each side of the heel turn, an unwrapped st between each wrapped st and 11 sts in the centre. Finally, on the RS, k2 and cut MC. *There are now 65 sts in the heel turn.*

Slip the sts from the right hand needle onto the left hand needle and re-attach MC. Knit all the 65 heel turn stitches on needle 2, working the wraps together with the wrapped stitches

if preferred. You are now at the BOR where CC was left on hold before starting the heel turn.

Please note that there will inevitably be a hole between the end of needle 1 and the beginning of needle 2. Please use the MC yarn end to close the hole when weaving in the ends.

Set-up for the heel back shaping

Switch to larger needles. Slip the last stitch from needle 1 onto needle 2 and work the 34 sts on needle 1 according to chart A, sts 3-36 for appropriate row.

Work the first 19 sts on needle 2 according to chart A, sts 1-19, for the same row as just worked on needle 1. Place m1. Work chart C, row 1, and place m2. Work the next 16 sts according to chart A, sts 21-36, for the same row as at the beginning of the needle. Slip the last 2 unworked sts from needle 2 onto needle 1. **This is the new BOR.** *There are now 36 sts on needle 1 and 64 sts on needle 2.*



Heel back shaping

Work the sts on **needle 1** (*i.e., the instep*) according to chart A, sts 1-36, repeating rows 2-7.

Work the sts on **needle 2** as follows: Work chart A, sts 1-19 (*repeating rows 2-7*), sm1, work chart C for appropriate row, sm2, work chart A, sts 21-36 (*repeating rows 2-7*). Work as described until you have finished chart C. Remove markers on the last row of chart C.

Leg and cuff

Work sts on each needle according to chart A, repeating rows 2-7, until you have at least 4 full repeats of rows 2-7, or the number of repeats preferred, finishing with row 7.

Cut MC and attach CC2. Work chart A, rows 8-11 on each needle.

Cut CC2 and switch to smaller needles. Work chart A, rows 12-14 on each needle and then, work at least 4 rounds in stockinette stitch. Finally, work *k1tbl, p1* ribbing for 12 rounds or to desired ribbing length.

Bind off using any elastic bind-off technique of your choice. The sample socks have been bound off by sewn bind-off method.

Finishing

Soak the socks in lukewarm water, gently stretching the colourwork. Remove excess water by rolling the socks in a towel. Let dry flat or on sock blockers. Weave in ends.

TECHNICAL TIPS

LLinc:

<https://www.youtube.com/watch?v=fFcJG7MEzh0>

LLinc purlwise:

<https://www.youtube.com/watch?v=grbyxKc3pvc>

Beading with a crochet hook or superfloss:

<https://www.youtube.com/watch?v=Okpiwvu8svo>

Sewn bind-off:

<https://www.youtube.com/watch?v=3V-Sqpz8rNk>

ABBREVIATIONS

BOR – beginning of round

CC 1 (2, 3) – contrast colour 1 (2, 3)

k – knit

kfb – knit front and back loop (1 st increased)

k2tog – knit 2 sts together

LLinc – left leaning increase on the RS (*see Technical tips for video tutorial*)

LLinc purlwise – left leaning increase on the WS (*see Technical tips for video tutorial*)

MC – main colour

p – purl

RS – right side

sk2p – slip 1 as if to knit, k2tog, pass the slipped stitch over (2 sts decreased)

sl – slip

ssk – slip, slip, knit (1 st decreased)

s(ts) – stitch(es)

WS – wrong side

w&t – wrap and turn

Chart A

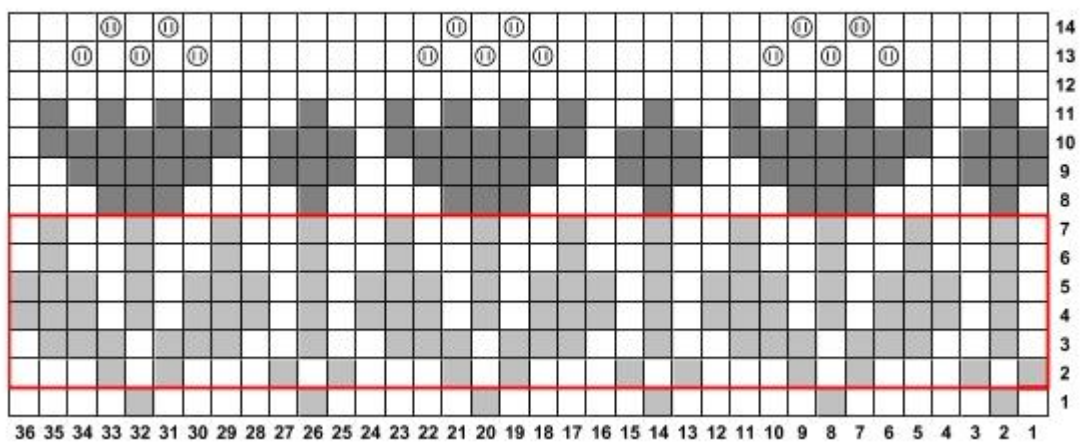


Chart B

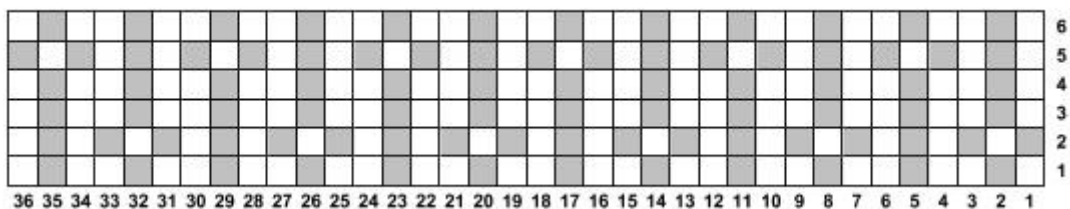


Chart C

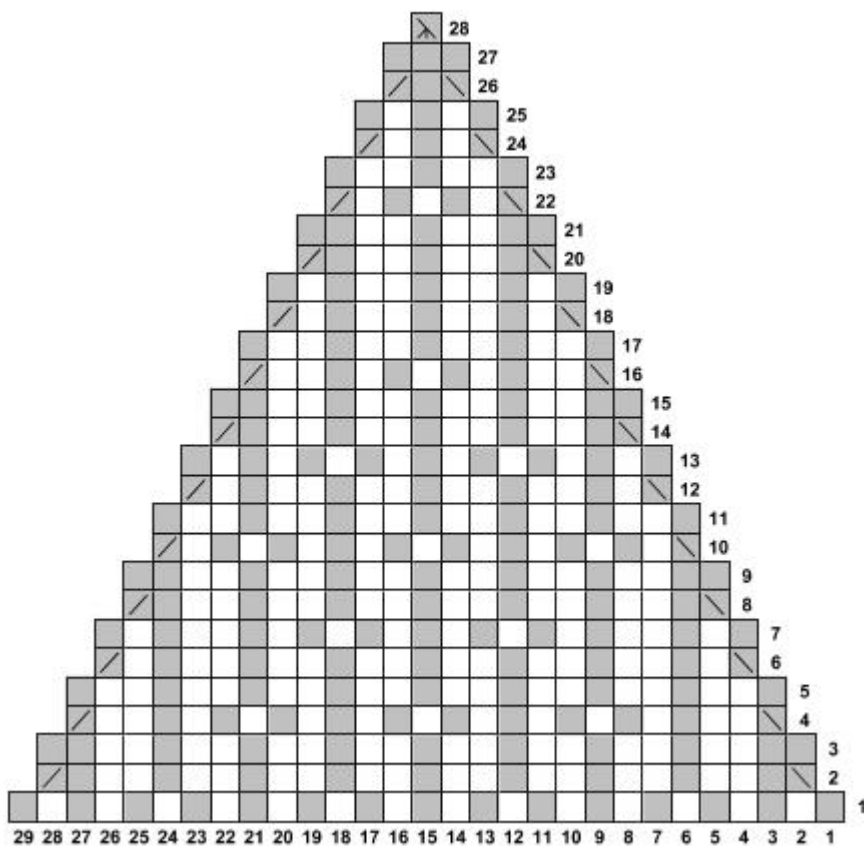


Chart key

- CC1
- CC2
- MC
- 1 place bead, then knit
- pattern repeat
- k2tog
- ssk
- sk2p