

Poppy socks



These socks are inspired by the beautiful poppies that light up the landscape during summer. In these socks we have shown how the poppy flower develops from the bud, with a little red tip via the finished flower to seed capsule. Cozy socks for those cold winter days, sitting by the fire and a good book, and dreaming of summer.

The socks are knitted top-down, with heel flap and gusset. We have made two separate charts, one for the leg and one for the gusset, foot and toe decreases. How to knit the heel flap and the heel turn is described in the text.

Although the pattern has many colours, it is generally only two colours in the rounds. The poppies on the cuff have three colours in the round, but we've knit with two colours, and embroidered brown stitches afterwards.

Size: Lady, size M (38). Width of leg (top) is 22 cm/8,7". The length of the foot is easily adjusted.

Gauge: 30 stitches in stranded colorwork using 2,5 mm/US 1.5 measures 10 cm/4".

Needles: 2,5 mm/US 1.5 double pointed needles, adjust needle size to obtain correct gauge if necessary.

Yarn: We have used Sisu from Sandnes garn (80 % Wool, 20 % Nylon, 175 m/1191 yds) but you can use any Fingering (14 wpi) yarn. In addition we used 4 ply Opal yarn from www.garnkista.no because we loved the color so much (but you have to buy 100 gr, so it is expensive)

	Colour suggestions:	Amount
Red	Handcoloured 4 ply Opal yarn, Dark Apricot or Sisu Red 4219	1 skein
Brown	Sisu Medium Brown 3161	1 skein
Green	Sisu Olive Green 9544	1 skein
Beige	Sisu Light Melange Beige 3021	1 skein

Leg

Using Medium Brown, cast on 72 stitches on double pointed needles. The work starts and finishes mid back leg. Knit rib with 2 twisted stitches, 2 purl stitches. Continue working the charted pattern for the leg.

After completing the leg chart, place 36 stitches in a holder for the instep.

Reinforced heel flap, with 3 stitches in garter stitch in each side

Change yarn to Medium Brown. The heel flap is worked back and forth over the 36 stitches from needles 1 and 4. Work heel flap in 33 rows:

1st row: knit all stitches, turn.

2nd row: Knit 3, purl 30, knit 3, turn

3rd row: Knit 4 * slip 1, knit 1 * repeat * - * until you have 3 stitches left, knit these 3 stitches.

Repeat row 2 and 3 until you have 16 garter rows on each side of heel. Last row is from the right side.

Heel turn

The work starts from the wrong side.

1st row: slip first stitch, purl 19 stitches, purl 2 stitches together, purl 1, turn

2nd row: slip first stitch, knit 5 stitches, knit 2 together, knit 1, turn

3rd row: slip first stitch, purl across until 1 stitch before the "hole", purl 2 stitches together, purl 1, turn.

4th row: slip first stitch, knit across until 1 stitch before the "hole", knit 2 stitches together, knit 1, turn.

Repeat rows 3 and 4 until 20 stitches remain.

Gusset and foot

Pick up 16 stitches on each side of the heel, and the 36 stitches from the holder. You will have 52 stitches to the sole and 36 stitches for the instep, 88 stitches total. Re-arrange the stitches on-to four needles like this: 26 stitches on needle 1 and 4, and 18 stitches on needle 2 and 3.

Change yarn to the background colour, and continue working the chart for gusset, foot and toe.

Work begins at the centre back heel on needle 1. Knit one round with the background colour, then continue to working the chart, *at the same time* decreasing in each side as follows (also see chart):

- Knit needle 1 until there are three stitches left, knit two stitches together, knit one stitch. Knit needles 2 and 3. On needle 4, start by knitting 1 stitch, slip one stitch, knit one stitch and pass slip stitch over knit stitch. Knit rest of needle 4.
- Knit one round without decreases.

Continue to decrease in the gusset every second round, until there are a total of 72 stitches on the needles (18 masks each of the needles).

Continue working the chart about 12/4,7", or as far as you just have passed the little toe.

Decrease for rounded toe

When you have the desired length, switch to toe colour.

Knit first 5 rounds without decreases. Then you start shaping the toe like this (also see chart):

- Knit one, slip one, knit one, pass slip stitch over knit stitch. Continue knitting the needle until there are 3 stitches left. Knit two together, knit the last stitch. This is done on all four needles in the decreasing rounds.
- Work 2 rounds without decreasing.

This is done 4 times. In the following rounds, make the decreases in every round, see chart.

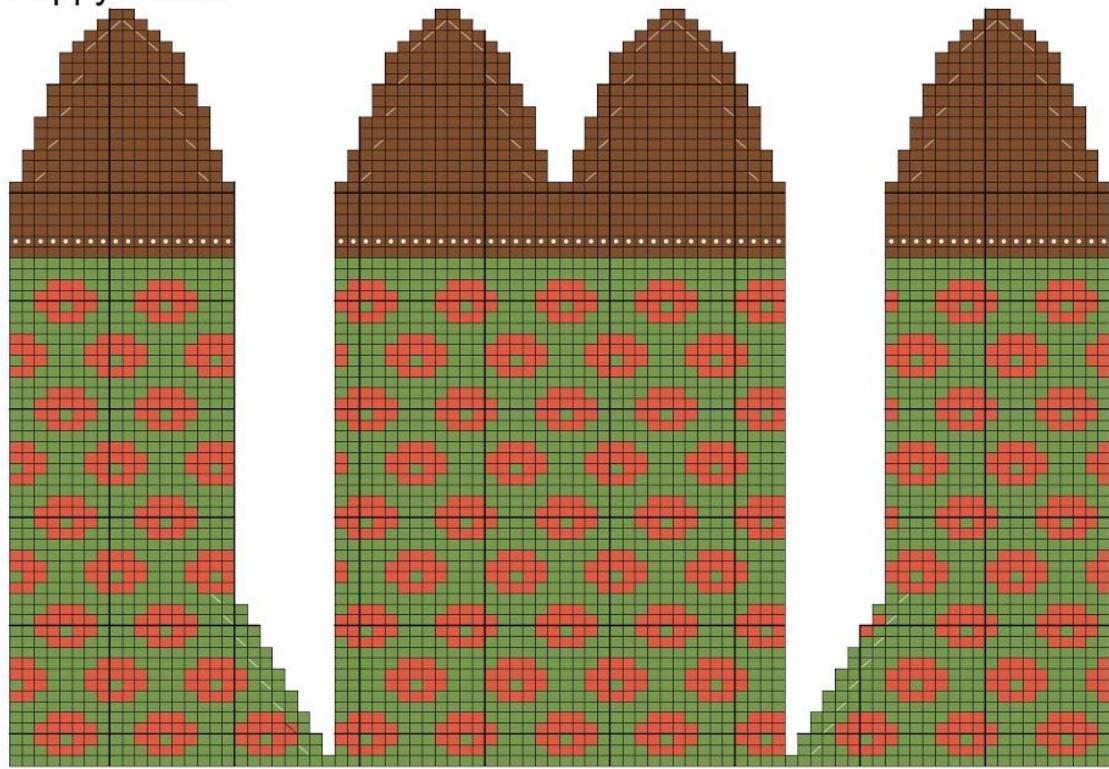
Finally, you have 8 stitches left. Cut yarn, draw end through remaining stitches and fasten.

Embroider the brown centres of the poppies at the top of the leg.

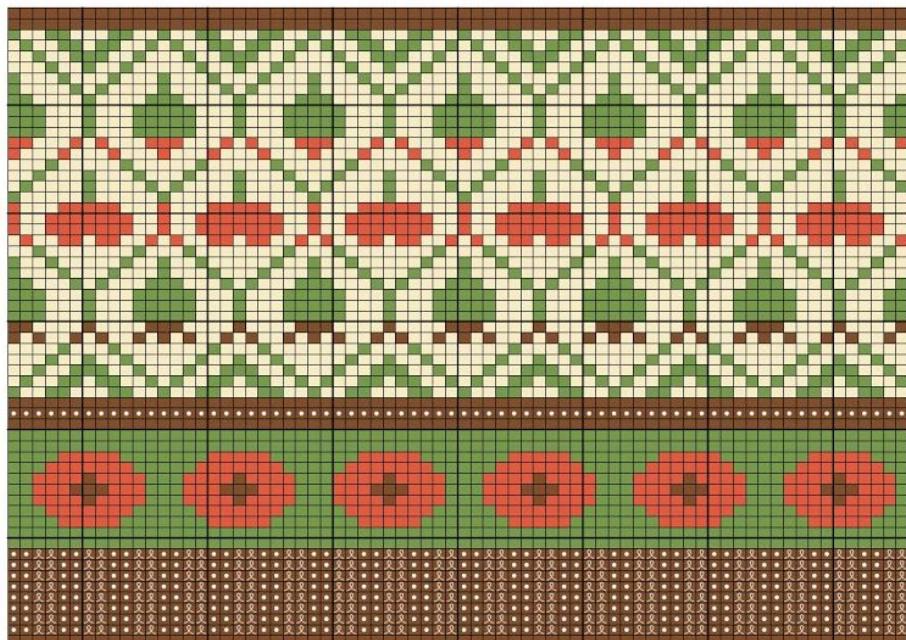
Weave in all ends, moisture socks and shape them or steam them.



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Gusset, foot and toe



Leg

Symbols used in charts

-  Slip one stitch, knit next stitch and pass slip stitch over knit stitch
-  Knit two stitches together
-  Purl stitch
-  Knit stitch
-  Twisted knit stitch