

# POLY

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**SKILL LEVEL: INTERMEDIATE**

**TECHNIQUES USED: TWISTED-STITCH KNITTING, ELASTIC CROCHETED CAST-ON, SLIP-STITCH KNITTING.**

## FINISHED MEASUREMENTS

Sock length: 9¾" (24.5 cm), to fit foot length 10" (25.5 cm).

Sock circumference: 7" (18 cm), to fit foot circumference 9¼" (23 cm).

Leg length: 7" (18 cm).

## TOOLS AND MATERIALS

- **Madame Tricote Paris Merino Gold** (60% merino, 40% acrylic; 437 yds (400 m) per 100 g) – 1 skein. Shown in #012 blue.
- **Needles US 1 (2.25 mm)** or size to get the gauge, for working in the round
- **Crochet hook B (2.25 mm)** for cast-on
- **Cable needle** (optional)
- **Stitch markers** (optional)

## GAUGE

Stockinette stitch: 36 sts x 48 rows = 4" x 4" (10 x 10 cm)

## PATTERN NOTES

The socks are worked from the cuff down with beginning of the round at the side of the leg, then at the middle of the sole for gusset and foot, and then at the side of the leg for the toe again.

The socks feature twisted-stitch ribbing that flows into the intricate textured panels, followed by heel with reinforced flap and gusset decreases at the sole, and end with reinforced Standard toe.

## STITCH PATTERN NOTES

The socks are designed to be “symmetrically asymmetrical”, meaning while overall arrangement seems mirrored it in fact is not. Feel free to mix and match the panels in a way that pleases you most.

## DIRECTIONS

### CUFF

Cast on 68 sts around the needle with crochet hook using Elastic Crocheted method as follows: make a slipknot and put it on the hook, (\*) yarnover, wrap the yarn around the needle and pull through both loops on the hook, repeat from (\*) until required number of stitches around the needle and slide the last loop from the hook onto the needle as well = 69 sts.

*Tip: You may find a photo-tutorial on the technique here:*

<http://www.ravelry.com/projects/skeincharmer/elastic-crocheted-cast-on>

Join in the round being careful not to twist the stitches and pass the last loop (which working yarn is attached to) over the first cast-on stitch = 68 sts.

Work cuff in **twisted-stitch ribbing** as follows: (\*) k1 tbl, p1, repeat from (\*) across, for 10 rounds or to desired height of cuff.

### LEG

Distribute stitches as follows:

Right Sock	Left Sock
(*) 21 sts for <i>Panel A1</i> , p1, 5 sts for <i>Panel B1</i> , p1, 5 sts for <i>Panel B2</i> , p1, repeat from (*) once.	(*) 5 sts for <i>Panel B1</i> , p1, 5 sts for <i>Panel B2</i> , p1, 21 sts for <i>Panel A2</i> , p1, repeat from (*) once.

*Tip: These socks are meant to be “symmetrically asymmetrical”. If you prefer the exact mirrored pair, then swap **Panels B1** and **B2** for Left Sock and adjust for heel and toe transitions accordingly.*

Work Cuff transition rows 1-6 once = 74 sts (upon completing Round 1).

Repeat Rows 7-38 for x2 times or until desired height of the leg, ending with Row 22 or 38.

*Hint: Please note that repeat for **Panel A1/A2** is actually Rows 7-22; Rows 23-38 added mostly for ease of following.*

### HEEL TRANSITION

**If you stopped after Row 38:**

Right Sock	Left Sock
<u>Back of leg</u> : work <u>Row 39</u> of <i>Panel A1</i> , p1, <u>Row 39</u> of <i>Panel B1</i> , p1, <u>Row 39</u> of <i>Panel B2</i> , p1.	<u>Back of leg</u> : work <u>Row 39</u> of <i>Panel B1</i> , p1, <u>Row 39</u> of <i>Panel B2</i> , p1, <u>Row 39</u> of <i>Panel A2</i> , p1.

<b><u>Front of leg:</u></b> work <u>Row 7</u> of <b>Panel A1</b> , p1, <u>Row 7</u> of <b>Panel B1</b> , p1, <u>Row 7</u> of <b>Panel B2</b> , p1.	<b><u>Front of leg:</u></b> work <u>Row 7</u> of <b>Panel B1</b> , p1, <u>Row 7</u> of <b>Panel B2</b> , p1, <u>Row 7</u> of <b>Panel A2</b> , p1.
<b><u>Hint:</u></b> Check <b>Heel Transition A1-B1-B2</b> (Rows 7-12) chart on p.10.	<b><u>Hint:</u></b> Check <b>Heel Transition B1-B2-A2</b> (Rows 7-12) chart on p.10.

Continue as set through Rows 40-44 of **Panel A1/A2** and **Panels B1** and **B2** at the back of leg, and Rows 8-12 of **Panel A1/A2** and **Panels B1** and **B2** at the front of leg respectively.

### **If you stopped after Row 22:**

<b>Right Sock</b>	<b>Left Sock</b>
<b><u>Back of leg:</u></b> work <u>Row 39</u> of <b>Panel A1</b> , p1, <u>Row 39</u> of <b>Panel B2</b> , p1, <u>Row 39</u> of <b>Panel B1</b> , p1. <b><u>Front of leg:</u></b> work <u>Row 23</u> of <b>Panel A1</b> , p1, <u>Row 23</u> of <b>Panel B1</b> , p1, <u>Row 23</u> of <b>Panel B2</b> , p1.	<b><u>Back of leg:</u></b> work <u>Row 39</u> of <b>Panel B2</b> , p1, <u>Row 39</u> of <b>Panel B1</b> , p1, <u>Row 39</u> of <b>Panel A2</b> , p1. <b><u>Front of leg:</u></b> work <u>Row 23</u> of <b>Panel B1</b> , p1, <u>Row 23</u> of <b>Panel B2</b> , p1, <u>Row 23</u> of <b>Panel A2</b> , p1.
<b><u>Hint:</u></b> Check <b>Heel Transition A1-B2-B1</b> (Rows 23-28) chart on p.10.	<b><u>Hint:</u></b> Check <b>Heel Transition B2-B1-A2</b> (Rows 23-28) chart on p.10.

Continue as set through Rows 40-44 of **Panel A1/A2** and **Panels B1** and **B2** at the back of leg, and Rows 24-28 of **Panel A1/A2** and **Panels B1** and **B2** at the front of leg respectively.

## **HEEL FLAP**

### **Set-up row (RS):**

<b>Right Sock</b>	<b>Left Sock</b>
work <u>Row 45</u> of <b>Panel A1</b> , k12, move the remaining stitch to instep	k12, work <u>Row 45</u> of <b>Panel A2</b> , move the remaining stitch to instep
= 33 back of leg stitches, 38 instep stitches. Turn.	

**Row 1 (WS):** {sl 1 with yarn in front (= wyif), p1} to last stitch, p1, turn.

**Row 2 (RS):** sl 1, knit to end, turn.

Repeat these 2 rows for x16 times more, then work WS row once = 36 heel flap rows.

## **HEEL TURN**

**Set-up row 1 (RS):** sl 1, k17, ssk, k1, turn.

**Set-up row 2 (WS):** sl 1, p4, p2tog, p1, turn.

**Next row (RS):** sl 1, knit to 1 st before gap, ssk, k1, turn.

**Next row (WS):** sl 1, purl to 1 st before gap, p2tog, p1, turn.

Repeat last 2 rows expanding heel turn 1 stitch each row until all heel flap stitches are worked  
= 19 sts remain.

## GUSSET

Resume working in the round as follows:

Sl 1, place right gusset marker, k8, place BOR (= beginning of round) marker, k9, place left gusset marker, k1;

pick up and knit 18 sts along the left edge of heel flap picking up every other float between the last 2 stitches from WS so the slipped edge to show on RS and hide the pick-up line;

place first instep marker, work instep stitches in pattern as established starting from Row 13 or 29 of *Panel A1/A2* and *Panels B1* and *B2* respectively (*don't forget the purl stitch added from back of leg!*), place second instep marker;

pick up and knit 18 sts along the right edge of heel flap picking up every other float between the first 2 stitches from WS so the slipped edge to show on RS and hide the pick-up line;

knit to BOR marker = 55 sole sts, 38 instep stitches.

**Decrease round:** slip BOR marker, knit to left gusset marker and slip it, ssk, knit to end of sole; work instep stitches in pattern as established slipping instep markers as you pass them, knit to 2 sts before right gusset marker, k2tog, slip marker, knit to BOR marker = 2 sts decreased.

**Next round:** knit sole stitches and work instep stitches in pattern as established, slipping markers as you pass them.

Repeat these 2 rounds for x10 times more = 33 sole stitches, 38 instep stitches. Remove left and right gusset markers.

## FOOT

Continue as set keeping sole stitches in stockinette and working instep stitches in pattern as established until desired foot length minus estimated toe length (including 6 rounds of Toe transition area), as explained below:

Count 16 slipped stitches along the heel flap and measure the distance – that equals the length of toe. Then measure the length of 6 rows of Heel transition area and add to measured toe length.

## TOE TRANSITION

**Note:** Transition charts are designed for the patterning that ends on Row 22 (38) of **Panel A1/A2** and **Panels B1** and **B2**. If your foot is slightly longer or shorter, you may adjust the length and/or shape of the toe. If your foot is significantly longer or shorter, then omit transition area altogether, end instep patterning at some appropriate point, and make your favourite toe in stockinette instead. Bear in mind that you still will need to rearrange markers and work equivalent of Row 45 of **Panel A1/A2** to get rid of yarnovers, please adjust accordingly.

If your desired foot length minus estimated toe length (including Toe transition area) falls near Row 22 (38) of **Panel A1/A2**, then work to second instep marker for that round, consider it new BOR marker from now on, remove old BOR marker and proceed as follows:

### **If you stopped after Row 38:**

Right Sock	Left Sock
<u>Sole:</u> knit. <u>Instep:</u> p1, work <u>Row 39</u> of <b>Panel A1</b> , p1, <u>Row 39</u> of <b>Panel B1</b> , p1, <u>Row 39</u> of <b>Panel B2</b> , p1.	<u>Sole:</u> knit. <u>Instep:</u> p1, work <u>Row 39</u> of <b>Panel B1</b> , p1, <u>Row 39</u> of <b>Panel B2</b> , p1, <u>Row 39</u> of <b>Panel A2</b> , p1.

Continue as set through Rows 40-44 of **Panel A1/A2** and **Panels B1** and **B2** at instep and knit the sole stitches.

### **If you stopped after Row 22:**

Right Sock	Left Sock
<u>Sole:</u> knit. <u>Instep:</u> p1, work <u>Row 39</u> of <b>Panel A1</b> , p1, <u>Row 39</u> of <b>Panel B2</b> , p1, <u>Row 39</u> of <b>Panel B1</b> , p1.	<u>Sole:</u> knit. <u>Instep:</u> p1, work <u>Row 39</u> of <b>Panel B2</b> , p1, <u>Row 39</u> of <b>Panel B1</b> , p1, <u>Row 39</u> of <b>Panel A2</b> , p1.

Continue as set through Rows 40-44 of **Panel A1/A2** and **Panels B1** and **B2** at instep and knit the sole stitches.

## TOE

### **Set-up round 1:**

Right Sock	Left Sock
<u>Sole:</u> knit.	<u>Sole:</u> knit.

<b><i>Instep:</i></b> remove second instep marker, k1 and move it to the sole, place second instep marker, work <u>Row 45</u> of <b>Panel A1</b> , k13	<b><i>Instep:</i></b> remove second instep marker, k1 and move it to the sole, place second instep marker, k12, work <u>Row 45</u> of <b>Panel A2</b> , k1
= 34 sole stitches, 34 instep stitches.	

**Set-up round 2: (\*)** {k1, sl 1 with yarn in back (= wyib)} to 2 sts before marker, k2, repeat from (\*).

**Next round (A):** knit.

**Decrease round 1 (B): (\*)** k2tog, {k1, sl 1 wyib} to 4 sts before marker, k1, ssk, k1, repeat from (\*) = 4 sts decreased.

**Next round (A):** knit.

**Next round (C<sub>1</sub>):** {sl 1 wyib, k1} across.

**Next round (A):** knit.

**Decrease round 2 (D): (\*)** ssk, {sl 1 wyib, k1} to 4 sts before marker, sl 1 wyib, k2tog, k1, repeat from (\*) = 4 sts decreased.

**Next round (A):** knit.

**Next round (C<sub>2</sub>): (\*)** {k1, sl 1 wyib} to 2 sts before marker, k2, repeat from (\*).

**Next round (A):** knit.

Repeat decrease sequence **BAC<sub>1</sub>ADAC<sub>2</sub>A** once more = 52 sts.

Repeat decrease sequence **BADA** for x3 times total, then work **Decrease round B** = 24 sts.

**Decrease round 3 (D’): (\*)** ssk, knit to 3 sts before marker, k2tog, k1, repeat from (\*) = 4 sts decreased.

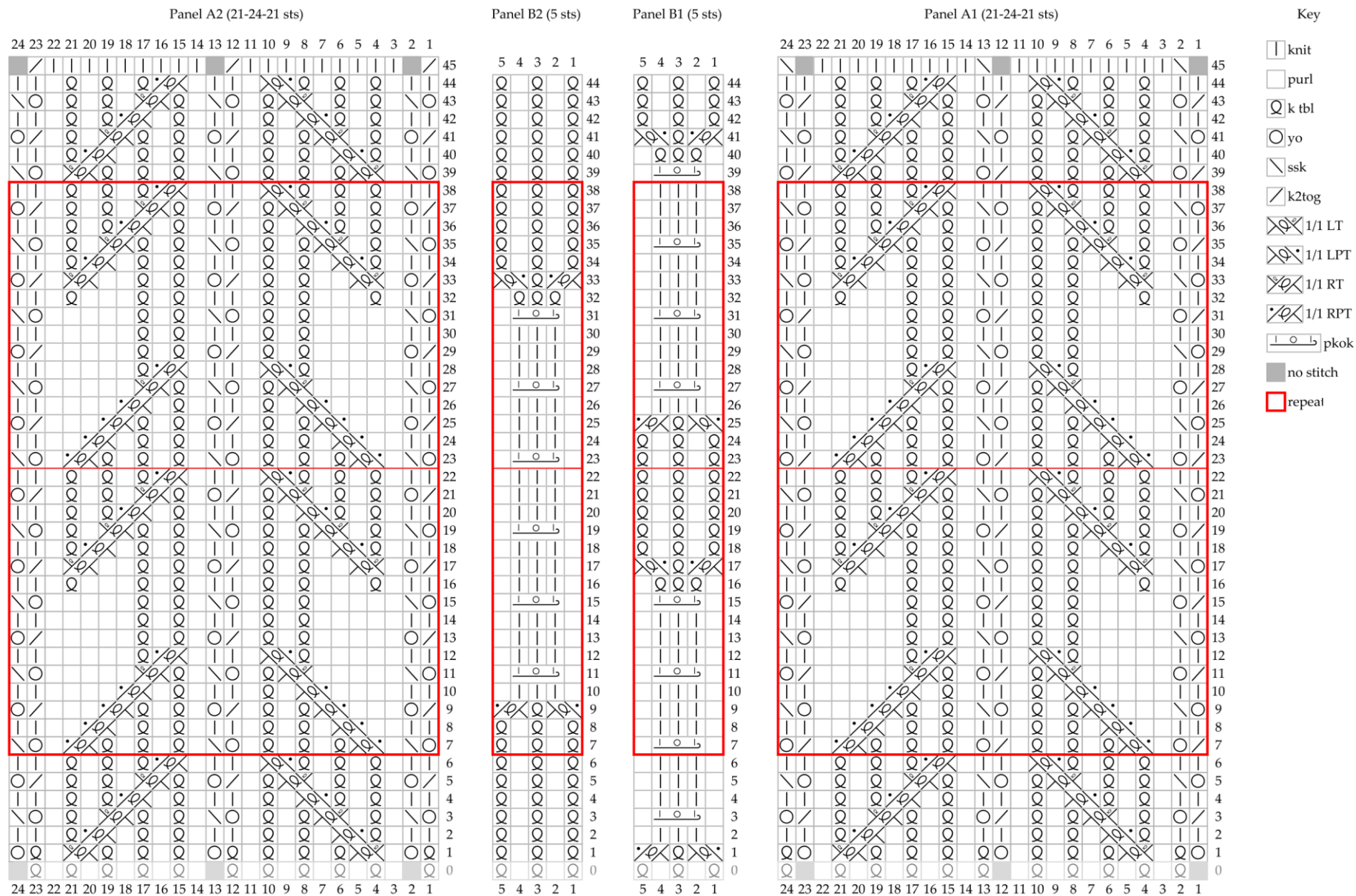
Work decrease sequence **BD’B** once = 8 sts. *Note that there won’t be any slipped stitches during the last Decrease round B.*

Cut the yarn, pull the tail through the remaining stitches and draw tight.

## FINISHING

Make the second sock. Weave in the ends. Block if desired.





**1/1 LT** sl 1 to cable needle and hold to front, k1tbl, k1tbl from cable needle  
**1/1 LPT** sl 1 to cable needle and hold to front, p1, k1tbl from cable needle  
**1/1 RT** sl 1 to cable needle and hold to back, k1tbl, k1tbl from cable needle

**1/1 RPT** sl 1 to cable needle and hold to back, k1tbl, p1 from cable needle  
**pkok** insert right needle into 3rd stitch and pass it over first two stitches, k1, yo, k1

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