

Mittens of the Year 2025

Design: Iwona Eriksson in collaboration with the Museum of Polish Knitting



I have designed this mitten pattern in collaboration with the Museum of Polish Knitting to spread awareness of Polish knitting history, The main pattern used in these mittens was published in *Bluszcz* magazine in 1892. Additional small elements were included to fill the space and prevent long floats between colours.



IWONA

This pattern is free because we want everyone to have access to the heritage of Polish knitting.

However, creating this pattern took us many hours of research, sketching, writing, testing, counting, and knitting.

Therefore, we would be very grateful if you showed your appreciation by buying us a virtual coffee using the links below or the QR codes on the right.

Coffee for Museum of Polish Knitting: buymeacoffee.com/annabednarz

Coffee for the author Iwona Eriksson: buymeacoffee.com/iwonaeriksson

We warmly invite you to start knitting!

If you publish a picture of your newly knitted mittens in Social Media we would really appreciate if you submitted the pattern's name as well as the pattern's authors - Iwona Eriksson @iwonaeriksson and Museum of Polish Knitting @muzeum_dziewiarstwa.

Please, also label the post with hashtags #rekawiceroku2025. Thank you! ❤

Yarn: fingering 400 - 425 m / 100 g in two contrasting colours (Approximately 50 g + 50 g).

Needles: 2,25 - 2 mm double-pointed needles or circular needles (80 cm / 32 in) for the magic loop method.

Size: One size fits a hand approximately 9 – 10 cm (3.5 – 4 in) wide (measured above the thumb). To adjust the size, use thinner or thicker needles. You can adjust the length using Pattern 1 or 2.

Gauge: 10 x 10 cm (4 x 4 in) – 36 sts x 39 rows, (worked in stranded colorwork, in the round, after blocking).

Mitten width with this gauge: 10–10.5 cm

Other: stitch marker, approximately 50 cm of thinner yarn in a contrasting colour, a tapestry needle, and an additional third needle (preferably a double-pointed needle).

Techniques:

- stranded colorwork. You can watch useful techniques for knitting colorwork here: <https://youtu.be/inidFne4SfM?si=SeNKZyGBhle1a3Pl>

You can also scan the QR code to access the tutorials. →



- knit and purl
- decreasing stitches: k2tog, ssk
- bind off using the three-needle method (see page 3)



- increases: M1- lifted increases from the horizontal strand, leaning either left or right
https://youtu.be/Vxtzz_qY5Ik (QR code to the tutorials →),

- marking and knitting the simple thumb used in these mittens:
<https://youtu.be/01N1IfJcL9g>



ADDITIONAL NOTES!

It's worth checking the size of the mittens not only the width but the length as well. Even if your gauge swatch matches, mittens made exactly according to the following charts may not fit you perfectly.

Our hands are unique - not just larger or smaller, but also differently proportioned. Some people have longer fingers, a thicker or shorter thumb, etc.

So, check the thumb placement. You may need to make adjustments by working the thumb earlier or later in the pattern.

Measure your hand length. You may need to add or remove a few rows before decreasing stitches at the fingertips. Try to adjust the colorwork pattern so that it remains visually pleasing.

You can also adjust the length of the cuff to suit your preferences by making it shorter or longer. 6 cm is just my suggestion.

There are two pattern charts included for shorter and longer mittens.

The width of the mittens can be adjusted by changing the needle size, while the length is determined by choosing either Chart 1 or Chart 2.

Gloves made following Chart 1 measure 26 cm in length (with the given gauge).

Gloves made following Chart 2 measure 27.5 cm in length.

PATTERN INSTRUCTIONS

Using smaller needles and Colour 1, cast on 64 stitches, then join in the round, being careful not to twist the stitches. Place a marker to indicate the beginning of the round.

In the chart, Colour 1 is the dark colour, and Colour 2 is the light colour. The choice of colours is up to your personal preference.

Work k2, p2 ribbing for 6 cm in height.

Switch to larger needles. Knit the stitches in the round and increase from the yarn over in this round. Add evenly 12 stitches.

You will have 76 stitches on the needles.

Then, work the two-colour pattern according to Chart 1 or 2, depending on the desired length. Colour 1 is the dark colour, and Colour 2 is the light colour.

THUMB

NOTE! The chart indicates the thumb placement. The position of the thumb differs in the right and left mitten.

For the right mitten, add the yarn for knitting the thumb at the spot marked with a red line.

For the left mitten, add the yarn at the spot marked with a green line.

See the techniques on page 2 for how to knit the thumb.

Working the Thumb

Pull the yarn indicating the thumb while transferring the stitches onto the needles. You will have 15 stitches at the bottom and 15 stitches at the top.

Between the bottom and top stitches, along the sides, you can pick up additional stitches with Colour 2, which you will knit together in the next round, reducing the stitches to 14 + 14 stitches. This will prevent any gaps at the thumb.

Work the thumb according to Chart 3 or 4. Chart 3 gives a thumb length of 6 cm with the given gauge. Chart 4 gives a thumb length of 6.5 cm.

You can adjust the thumb height and close the stitches earlier or later if needed.

Close the thumb stitches similarly to the top of the mitten, or gather the remaining stitches at the end by pulling the yarn through them.

DECREASING STITCHES AT THE TOP OF THE MITTEN

Decrease stitches on both sides of the dark stitch line with Colour 2.

Knit 2 stitches together just before and just after the dark stitch line made with Colour 2.

On the left side of the Colour 2 stitch line, work ssk (slip slip knit), and on the right side of that line k2tog (knit two together).

For more details, refer to the tutorial <https://youtu.be/CBEN19ZhmLk> →



Bind Off stitches:

Slip the first stitch of Colour 1 onto a third additional needle. Hold the remaining stitches on the left-hand needle.



Using the right needle, knit together the first two stitches from the left needle and pass the created stitch through the stitch on the right needle.

Continue the three-needle bind off following the tutorial but do it on the right side (RS) of the fabric. https://youtu.be/7Uf_6yzDUkw →

Key

- knit, Colour 2
- knit, Colour 1
- k2tog, (knit two stitches together)
- ssk (slip slip knit)
- Thumb hole on the right mitten
- Thumb hole on the left mitten

CHART 1 (shorter mittens)

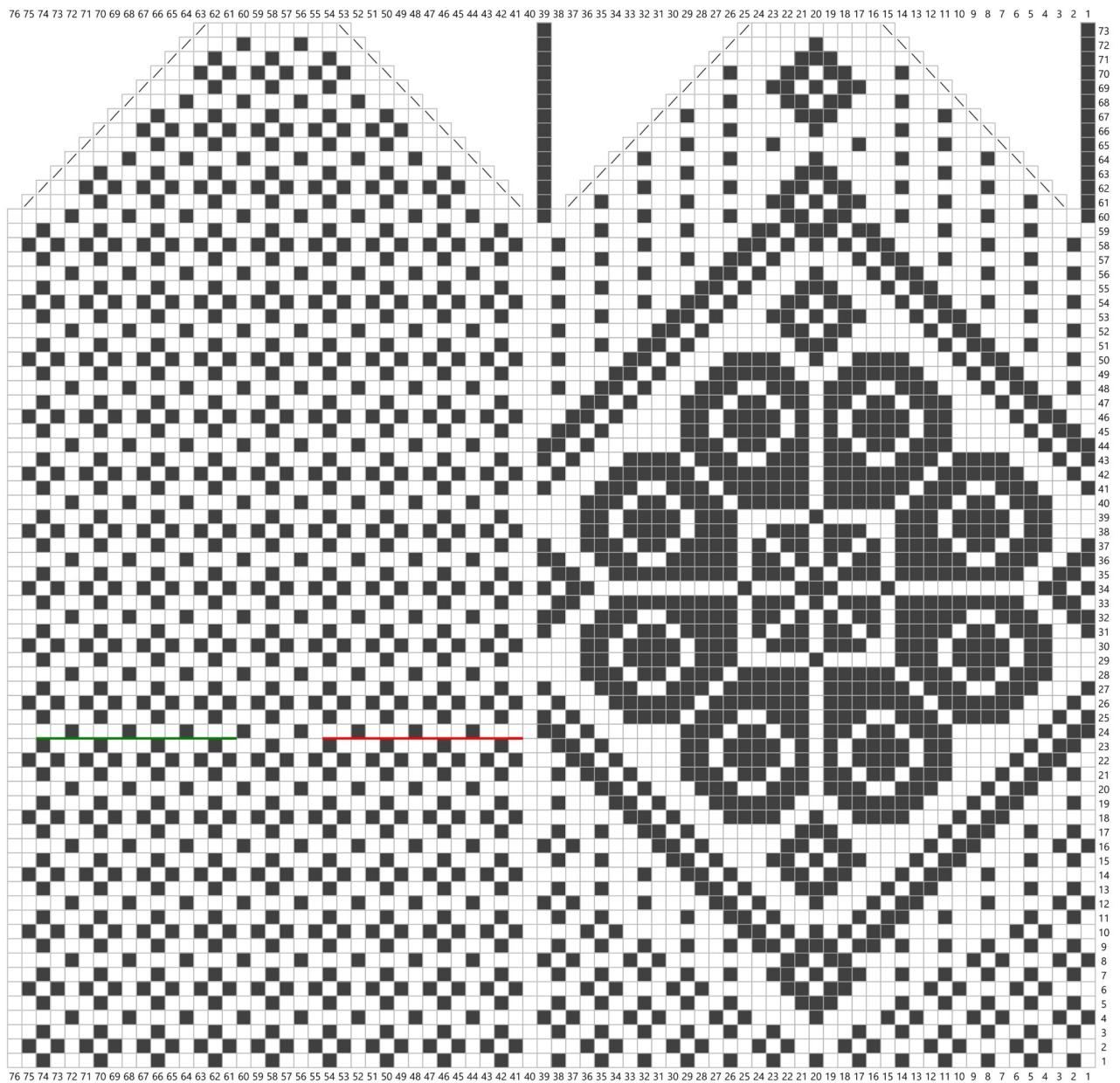
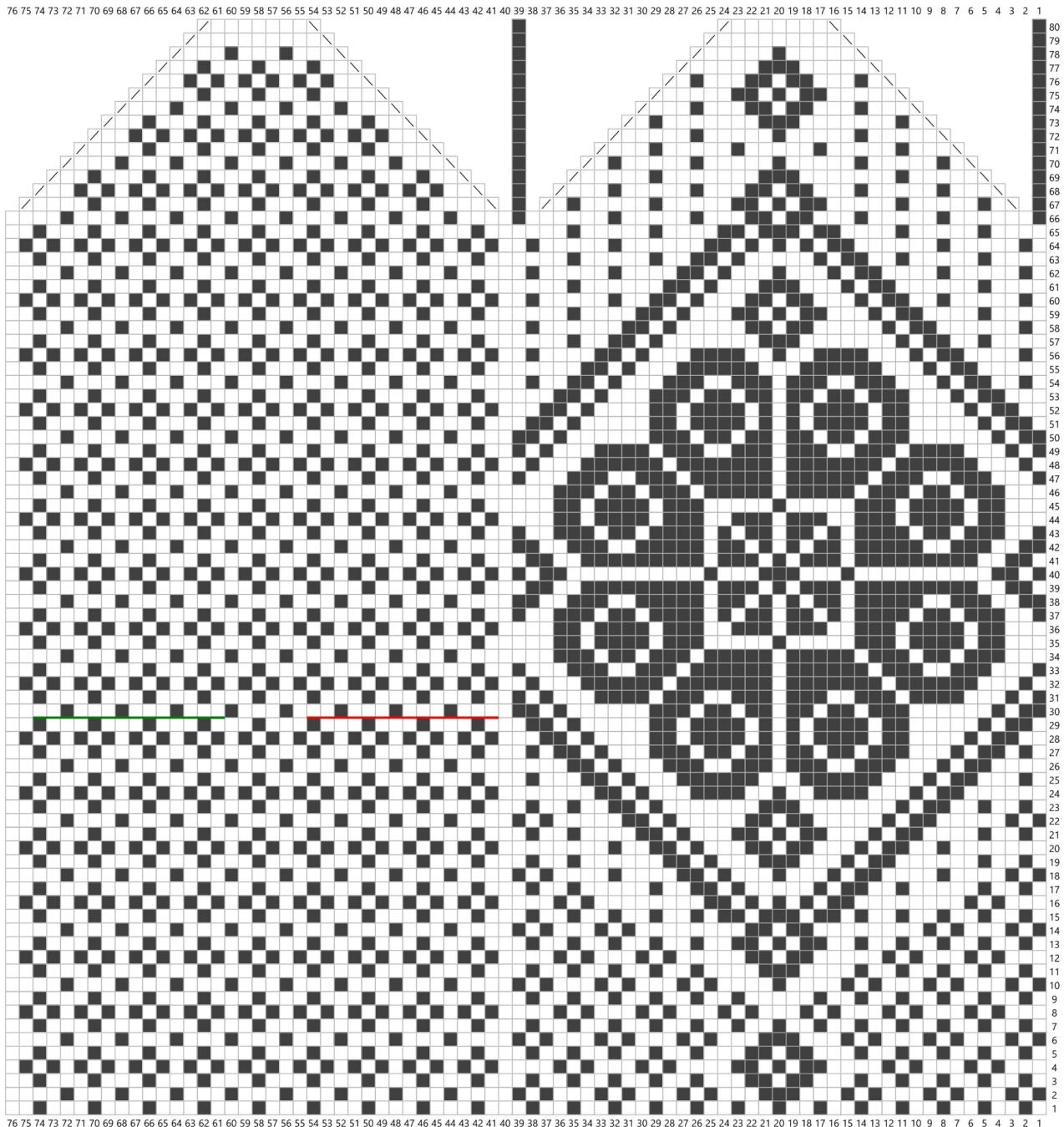
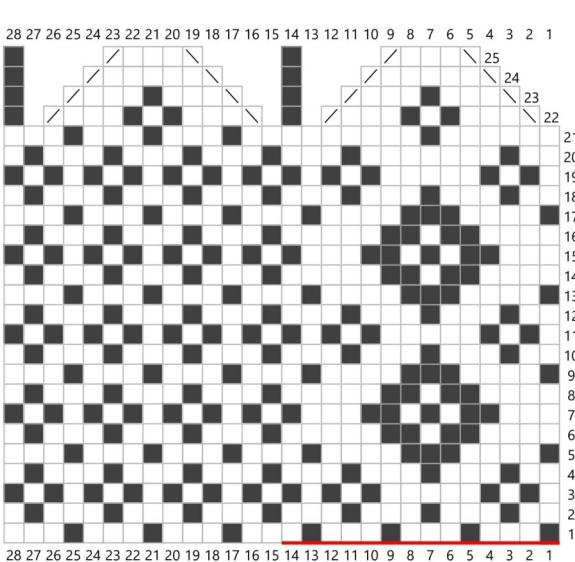


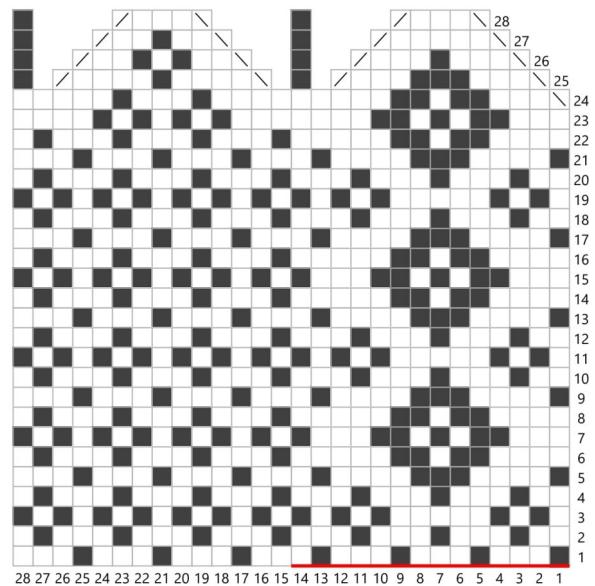
CHART 2 (longer mittens)



Thumb Chart 1:

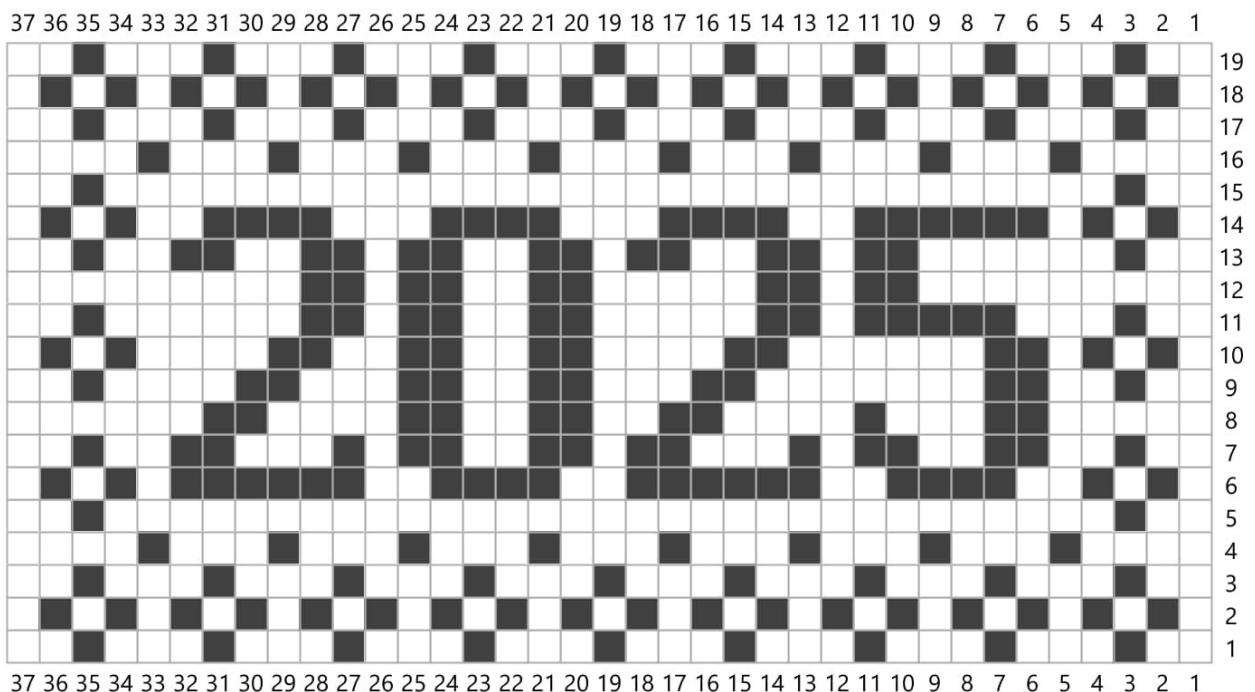


Thumb Chart 1:



Since these are mittens for the year 2025, an interesting element could be incorporating "2025" into the pattern.

The following chart shows how to place the numbers in relation to the other elements on the underside of the mitten.



This pattern is free and intended for general and wide used to promote Polish knitting heritage. You can use this pattern for any purpose.

Share this pattern with a friend or colleague, spread it around so that we can see many of these mittens on the streets, as they are unique.

These are Polish mittens, and by knitting them, we are creating the history of Polish knitting.

If you need help or think you may have found an error in the pattern please contact me at: byiwona@iwonaeriksson.eu
Please visit my page <http://www.iwonaerikssondesign.eu>

Big thanks to @mammabu_happycrafts for correction of English Translation.

Take a moment to follow me @iwonaeriksson on social media :



Take a moment to follow on social media muzeum_dziewiarstwa :



You can also knit a hat and a cowl to match the mittens, featuring this historical motif.

Jolanta Frankowska @lacey_coral (in the photo) has created a chart for the hat in four repeats, which you can find on the next page.

For the hat, repeat the motif four times (the chart shows three repeats of the motif).

The method of decreasing the circumference of the hat is up to you, depending on the shape you want to achieve.

Feel free to share your project on social media, tagging us in your post.

This way, we'll be able to find your project.



Happy knitting!

