

Philosopher's Walk Socks

By PleximoPatterns



SIZE

To fit a woman's US 9/ European 40. Knit the foot longer or shorter as needed to fit your foot length. For a larger or smaller width, try going up or down needle sizes, or adding stitches to the side stripes. I find that stranded knitting requires more stitches to fit my foot than a regular sock would, because the stranding does not stretch, and my gauge is much tighter. (For example, for a plain vanilla sock, I would normally work on 64 stitches – these are worked on 78 stitches and fit nicely).

FINISHED MEASUREMENTS

Diameter of foot: 8 ½"

Length of foot: 10"

MATERIALS

Fingering weight solid or semi-solid sock yarn in contrasting colours:
Main Colour (MC) - Approximately 75 grams
Contrast Colour (CC) - Approximately 30 grams
1 set of 5 - 2.50 mm (US 1.5) Double Pointed Needles, or whatever type of needles you prefer for socks
Stitch markers, tapestry needle

GAUGE

9.5 Sts / 10 rows = 1" in stranded pattern, washed and blocked.

ABBREVIATIONS

MC – Main Colour

CC – Contrast Colour

Dpns – Double Pointed Needles

K - Knit

P – Purl

Rnd – Round

WS – Wrong side

K2tog – Knit 2 stitches together

P2tog – Purl 2 stitches together

SSK – Slip 2 stitches as if to Knit, then Knit those stitches together

SI – Slip stitch (as if to Purl)

St – Stitch (es)

PM – Place Marker

SM – Slip Marker

These socks are knit from the top down. They have a 2 colour ribbed cuff, 2 colour stranded charted pattern on the leg and foot, slip stitch gusset heel and they finish with a plain wedge toe. You should be comfortable with sock knitting in general and stranded knitting in the round. Pattern is written for 5 double-pointed needles, but you can of course use any type of needles you prefer.

PATTERN

Cuff

With MC and your favorite stretchy cast on (I use a long tail cast-on over 2 Needles, stretching out the Sts well before starting to knit), cast on 78 Sts over 4 Dpns:

Needle 1 – 20 Sts,

Needle 2 – 19 Sts

Needle 3 – 20 Sts,

Needle 4 – 19 Sts

Join in the round, being careful not to twist the yarn. P 1 Rnd.

Work Two colour ribbing: *P 1 in CC, K 2 in MC, *repeat to end of Rnd. Work two colour ribbing for a total of 12 Rnds.

With MC, K 1 Rnd, P 1 Rnd, K 1 Rnd.

Leg

Work **1st** and **40th st only** as per **Chart A** (side stripe) while at the same time working all other Sts as per **Chart B** twice (on Sts 2-39, and 41-78), completing chart rows 1-14 with MC and CC. Repeat until leg measures approximately 8" from cast-on edge. (I did 5 repeats of the pattern) Do not K last st on Needle 4. SI last st from Needle 4 onto Needle 1. Slip first 2 Sts on Needle 3 onto Needle 2 – 36 Sts on Needles 3 and 4. Turn work. Heel will be worked on these Sts. 42 Instep Sts are on hold on Needles 1 and 2.

Heel Flap

Set up (WS) row: Do not cut CC yarn – it will be used later. With MC only, K 3, P 33 Sts onto one Needle. Turn.

R1: P3, *K 1, SI 1, *repeat to last 3 Sts, K 3 Sts. Turn.

R2: K 3, P remaining Sts. Turn.

Repeat last 2 rows until 34 rows are complete or heel measures 2 ¼", ending with a WS row. Turn.

Turn Heel

SI 1 St, K 19, SSK, K 1, Turn heel.

SI 1 St, P 5, P2tog, P 1, turn heel.

SI 1 St, Knit to 1 St before gap, SSK, K 1, turn heel.

SI 1 stitch, Purl to 1 stitch before gap, P2tog, P 1, turn heel.

Continue back and forth until all Sts have been worked and you have 20 Sts, ending with a WS row. Cut MC, leaving an 8" tail to weave in later.

At the top of the heel flap on the opposite side where the CC remains, attach MC. (Facing the right side of the heel, you will be starting at the top right hand corner.) With Needle 3, pick up and Knit 1 St at the top of the heel flap in the gap, then 1 St in each of the garter bumps down

Socks shown were knit in SandesGarn Sisu, Colour Charcoal as the Main Colour, and Fleece Artist Somoka (now discontinued) in a variegated yellow-gray as the Contrast Colour. Any contrasting yarns will work nicely. If using a variegated yarn, make sure that the colours are sufficiently different from the background, or you may find the pattern does not stand out sufficiently.

These socks share the name of a serene and winding footpath steeped in tradition in the heart of my city, Toronto. The sock pattern is a blend of tradition and contemporary styling, as are the beautiful University buildings past which the pathway meanders.

Wear these socks and think deep thoughts....

the side of the heel flap – 18 Sts. Knit half the live heel flap Sts onto the Needle – 10 Sts (28 Sts total). With Needle 4, Knit half the live heel flap Sts – 10 on the Needle, then pick up and Knit one stitch in each of the garter bumps up the side of the heel flap and Knit 1 extra St at the top in the gap – 18 Sts (28 Sts total). You will now be at the start of the Instep Stitches where you left the CC yarn. Sl 1 St from Needle 1 to Needle 4, and 1 St from Needle 2 to Needle 3. Instep stitches: 40, Sole stitches: 58.

Gusset

Set-up Rnd: Instep Sts (20 Sts each on Needles 1 and 2):

Continuing in established pattern, Knit **Chart A** on 1st St, **Chart B** on Sts 2 to 39, **Chart A** on 40th St.

Sole Sts (29 Sts each on Needles 3 and 4): K 1 MC, K 2 CC, * K 1 MC, K 1 CC * repeat 4 times (11 Sts). PM. Work **Chart C** over 36 Sts, PM, * K 1 CC, K 1 MC * repeat 4 times, K 2 CC, K 1 MC (11 Sts).

Gusset Decrease:

Rnd 1: Instep Sts (20 Sts on each of Needles 1 and 2): Continue in established pattern.

Sole Sts: K1 MC, SSK using CC, K1 MC, K1 CC,* repeat to marker. SM. Work Chart C, to Marker, SM, K 1 CC, K 1 MC * repeat 4 times, K2tog CC, K1 MC.

Rnd 2: Instep Sts (20 Sts each on Needles 1 and 2): Continue pattern.

Sole Sts: K MC gusset Sts in MC, Knit CC stitches in CC as per Rnd 1 to Marker, SM, work Chart C, SM , K gusset Sts following colours as knitted on Rnd 1.

Repeat Rnds 1 (decreases are Knit using CC, other stitches knit as per established colour) & 2, until 38 Sts remain on Sole Needles. First and last St are Knit in MC (19 Sts each on Needles 3 and 4).

Foot

Continue in established pattern until foot measures 2" less than desired length, finishing with **Row 7** or **14** of **Charts B & C**. Cut CC, leaving an 8" tail to weave in later. Toe will be worked on MC only.

Toe

Set-up Rnd: SSK, Knit to last 2 Sts on Needle 2, K2tog, K to end of Rnd. (19 Sts on each Needle)

Toe Decrease:

Rnd 1: On Needle 1, K 1, SSK, K to last 3 Sts on Needle 2, K2tog, K1. Repeat on Needles 3 & 4.

Rnd 2: Knit.

Continue Rnds 1 & 2 until 6 Sts remain on each Needle. Transfer to 2 Needles and Bind off in Kitchener Stitch. Weave in all ends. Wash and block. Repeat for second sock. Photograph, add to your Ravelry page, wear and enjoy!

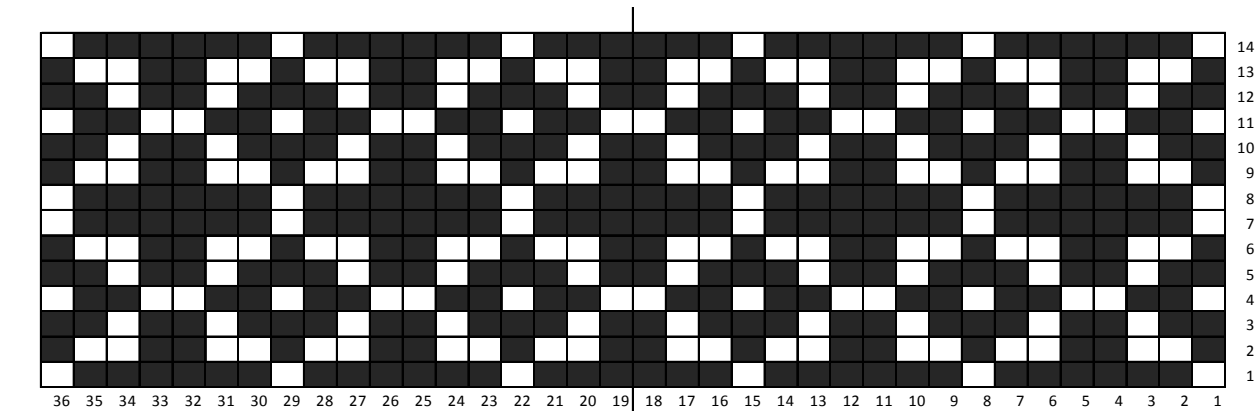
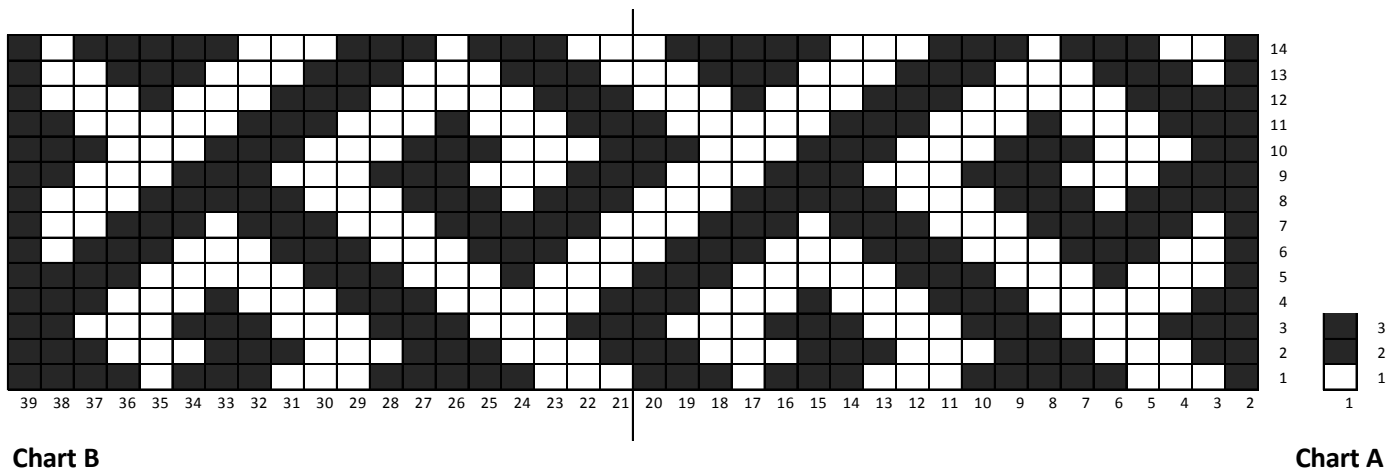


Chart C

MC CC



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Questions or Comments?
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