

# Nana Beret

ENG - RIGHT HANDED



Fran  
Lopez









## Details

This beret is inspired by **Nana Osaki's** style from the anime and manga **Nana**.

This design took many hours of experimenting with different ways to knit and incorporate the visor. I wanted to add the visor to achieve a different style than what I usually do, and I'm really happy with the result.

## CONSTRUCTION

The beret is worked from the bottom up in the round.

The brim is worked in 3cm / 1¼" of ribbing, followed by 3.5cm / 1⅜" of stockinette. The brim is folded by picking up stitches from the cast-on edge to create a double-layered fabric, you can insert elastic if desired.

All stitches are then doubled, the beret is worked using the **double knitting** technique to create an inner lining. Every other round, you'll knit the outer layer stitches, and in the alternate round, you'll knit the inner layer stitches.

Once you've reached the desired height, simple decreases are worked every other round on both layers until the beret is closed.

The project continues with the visor, by knitting a cover for it. This cover is knit from the bottom up in the round (*similar to knitting a sock from the toe up*) and is closed using a three-needle bind-off, inserting the visor when two-thirds are closed. After closing the cover, sew the visor to the brim.

*Optionally, you can decorate your beret with safety pins and chains.*

## YARN

**Revesderecho** Merino (100% Merino; sport weight; 174m / 190yds per 50g skein) between 3 to 4 skeins or 522m / 570yds and 696m / 761yds of sport weight yarn.

## GAUGE

**22 sts x 27 rounds = 10cm / 4"**, knitted in the round in stockinette stitch with 4mm / US 6 needles, measured **after** blocking.

**25 sts x 33 rounds = 10cm / 4"**, knitted in the round in stockinette stitch with 3mm / US 2½ needles, measured **before** blocking

## NEEDLES

- 4mm / US 6 needles, 50cm / 20" and 80cm / 32" length.
- 3,5mm / US 4 needles, 50cm / 20" length.
- 3mm / US 2½ needles, 50cm / 20" length.

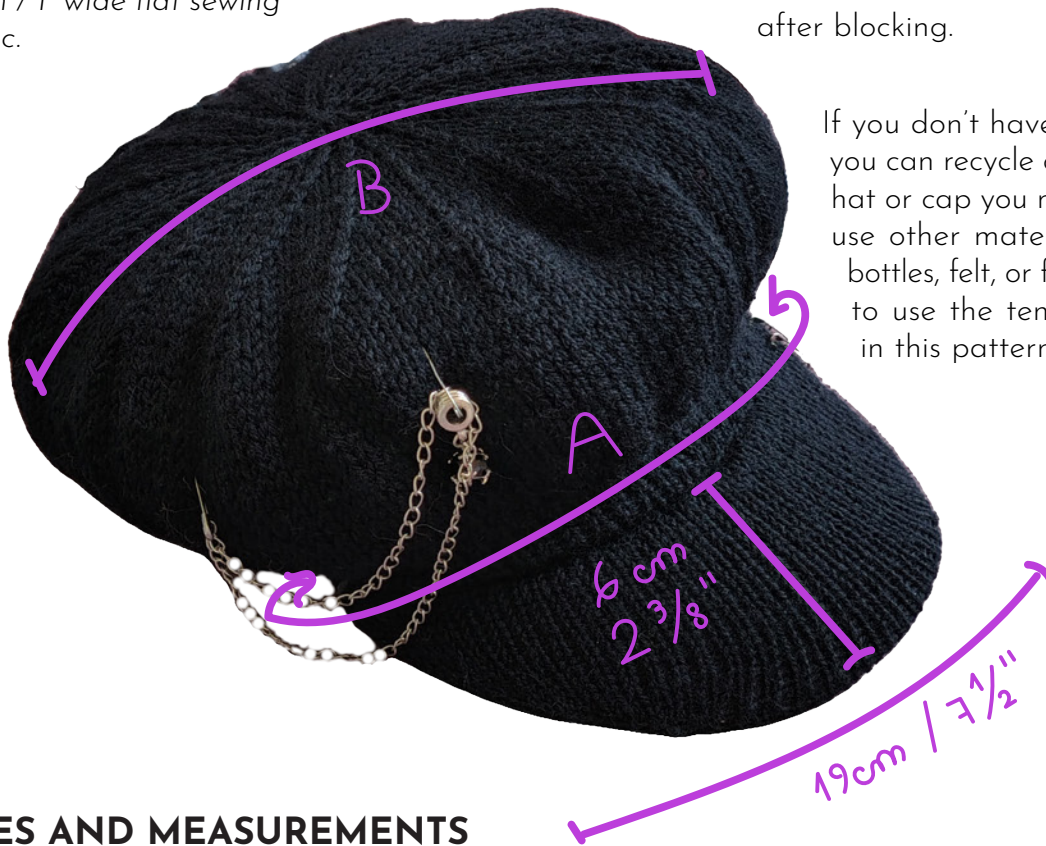
## NOTIONS

Scrap yarn, cap visor insert 19cm x 6cm / 7½" x 2⅜" (pick one that is similar in color to your yarn), 2 stitch markers, tapestry needle, cable needle.

Optional: Up to 61 cm / 24" of 2.5cm / 1" wide flat sewing elastic.

## BEFORE YOU START

You'll need to knit 2 swatches: the one made with the smaller needle is for knitting the visor and should be measured without blocking. The one made with the larger needle is for knitting the rest of the beret and should be measured after blocking.



If you don't have a plastic visor, you can recycle one from an old hat or cap you no longer use, or use other materials like plastic bottles, felt, or foam. Make sure to use the template included in this pattern.

## SIZES AND MEASUREMENTS

| Size                                   | 1                          | 2                          | 3                        | 4                          |
|--|----------------------------|----------------------------|--------------------------|----------------------------|
| <b>Head circumference</b>              | 39cm - 44cm<br>15⅜" - 17¼" | 45cm - 50cm<br>17¾" - 19¾" | 51cm - 56cm<br>20" - 22" | 57cm - 62cm<br>22½" - 24½" |
| <b>Finished brim circumference (A)</b> | 35cm / 13¾"                | 41cm / 16¼"                | 47cm / 18½"              | 53cm / 21"                 |
| <b>Diameter (B)</b>                    | 20cm / 8"                  | 23cm / 9"                  | 26cm / 10¼"              | 29cm / 11½"                |

## Abbreviations

---

**dec** Decrease.

**p** Purl.

**inc** Increase.

**RLI** Right lifted increase.

**k** Knit.

**sl** Slip.

**k2togDK** Knit 2 together in double knitting.

**ssk** Slip, slip, knit.

**kfb** Knit front and back.

**ssp** Slip, slip, purl.

**LLI** Left lifted increase.

**st(s)** Stitch(es).

**M** Marker.

**wyib** With yarn in back.

**M1L** Make 1 left.

**wyif** With yarn in front.

**M1R** Make 1 right.

**[ ]** Repeat the instructions between brackets as many times as indicated.

## Glossary

---

### Step-by-step videos

Find step-by-step videos for this pattern at the following link or scan the code:

**<https://www.youtube.com/playlist?list=PLKBGt1R3S9hkT1yqnbgnXLm0wZGFYrpE6>**



### Judy's Magic Cast On

It's a technique generally used to start socks from the toe up. You can find the step-by-step tutorial at the link or code above.

### 3 needle bind-off

With this technique, you will bind off all the stitches of the visor. You can find the step-by-step tutorial at the link or code above.

### Left Lifted Increase (LLI)

With your left hand needle pick up the stitch 2 rounds below the stitch you just worked, knit 1. *+1 st*

### Right Lifted Increase (RLI)

With your right hand needle pick up the stitch below the next stitch and place it on your left needle, knit 1. *+1 st*

### Make 1 Left (MIL)

With your left hand needle pick up the bar between the last stitch you worked and the next one **from front to back**, knit 1 through the **back** loop. *+1 st*

### Make 1 Right (MIR)

With your left hand needle pick up the bar between the last stitch you worked and the next one **from back to front**, knit 1 through the **front** loop. *+1 st*

### Knit 2 together in double knitting (k2togDK)

Slip 1 stitch with yarn in back, slip 1 stitch to cable needle and hold at back, slip back 1 stitch from right to left needle, knit 2 together, slip back 1 stitch from cable needle to left needle, slip 2 stitches with yarn in front. *-1 st*

## Pattern begins

---

### SECTION 1 - Brim

Using scrap yarn, 3,5mm / US 4 needles and the long-tail cast on method, cast on 80 (88, 96, 104) sts.

Join in the round, being careful not to twist your stitches, and place M to indicate the beginning of each round.

Cut scrap yarn and change to main yarn.

**Round 1:** [K1, p1] to end.

**Repeat Round 1** until your work measures 3cm / 1¼".

Change to 4mm / US 6 needles.

Work in stockinette stitch (knit to end) until your work measures 6.5cm / 2½" from the beginning. (3cm / 1¼" in ribbing and 3.5cm / 1⅜" in stockinette)

Fold your work bringing the ribbed section inside and leaving the stockinette section outside, you may add elastic inside as follows:

- Measure elastic to fit around head circumference.
- Subtract 2.5cm / 1".
- Sew elastic ends together being careful not to twist.

- Test that the elastic does not feel too tight around your head.
- Place the elastic in between the folded hem (stockinette stitch outside and ribbing inside).

Pick up stitches from where you casted on at the beginning to form a folded hem as follows: With your left needle pick up a stitch from the cast-on edge, knit this stitch, then knit the next stitch already on your left needle.

Continue picking up stitches from the cast-on edge and repeat the previous steps until you have **doubled the stitches**. 160 (176, 192, 208) sts

### SECTION 2 - Base

*Note: Switch to a longer cable as needed.*

**Round 1 (inc):** Kfb to end. 320 (352, 384, 416) sts

**Round 2:** [K1, sl 1 st wyif] to end.

**Round 3:** [Sl 1 st wyib, p1] to end.

**Repeat Rounds 2 and 3** until your work measures 10 (10.5, 11, 11.5)cm / 4 (4⅙, 4⅜, 4½)".

## SECTION 3 - Decreases

*Note: Switch to a short cable as needed; you may switch to double-pointed needles if desired.*

Divide your stitches into 16 equal segments; you can place markers if you wish.

**Round 1 (dec):** \*[K1, sl 1 st wyif] 8 (9, 10, 11) times, **k2togDK**; repeat from \* to end. -16 sts

**Round 2 (dec):** \*[Sl 1 st wyib, p1] 8 (9, 10, 11) times, sl 1 st wyib, ssp; repeat from \* to end. -16 sts

**Round 3:** [K1, sl 1 st wyif] to end.

**Round 4:** [Sl 1 st wyib, p1] to end.

**Repeat** from **Round 1** to **Round 4** (when working rounds 1 and 2 you'll repeat the instructions between brackets *ONE LESS TIME*) until you have 4 sts in each segment. 64 sts

**Next round (dec):** **K2togDK** to end. 48 sts

**Next round (dec):** [Sl 1 st wyib, ssp] to end. 32 sts

**Next round:** [K1, sl 1 st wyif] to end.

**Next round:** [Sl 1 st wyib, p1] to end.

**Next round (dec):** ssk to end. 16 sts

Cut your yarn, thread the tail onto a tapestry needle and draw through the remaining 16 sts twice, pull tight to close.

## SECTION 4 - Visor

Before you continue, make sure your visor matches the required size: it should measure 19cm / 7½" from side to side and 6cm / 2⅜" in depth.

If your visor is larger, use the template to trim it down.

Using 3mm / US 2 ½ needles and the **Judy's Magic Cast On** technique cast on 52 sts.

The visor cover is worked in a similar manner as knitting a sock from the toe up, you'll have 26 sts on each side and both sides are worked equal.

You can use **Magic Loop** or **DPNs**, if you need to you can place a stitch marker to indicate the beginning of each round.

*Note: Stitch markers are only to separate the 2 last stitches on each side and DO NOT change position, the increases are made BEFORE moving the markers.*

**Round 1:** \*K24, place M, k2; repeat from \* to end.

**Round 2 (inc):** \*K2, LLI, M1L, k to M, M1R, RLI, k2; repeat from \* to end. 60 sts

**Rounds 3 - 8 (inc):** \*K2, LLI, k to M, RLI, k2; repeat from \* to end. +4 sts in each increase round, 84 sts in total

**Round 9:** K to end.



**Repeat Rounds 8 and 9** a further 7 times.  
112 sts

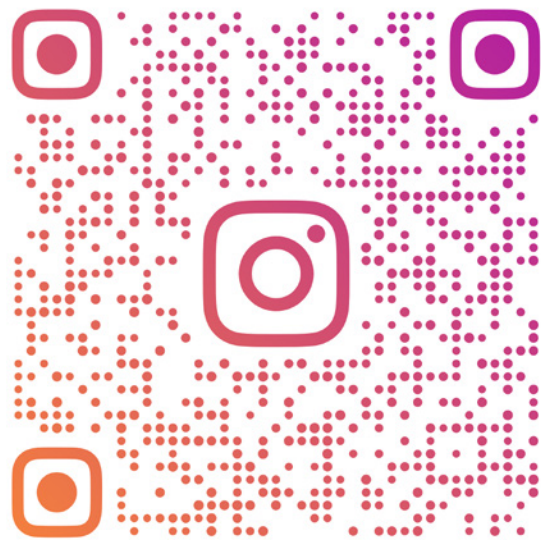
Remove markers. With wrong sides together, using the **three-needle bind-off**, close two-thirds of the stitches, then carefully insert the plastic visor and continue closing until the end.

Cut your yarn leaving a 40cm /16" tail, and sew the visor to the brim as follows:

- Place a marker at the center of the visor.
- Place another marker on the brim at the point where the center of the visor will align.
- From the marker on the beret, count 18 stitches to each side and place two more markers to indicate where these stitches end.
- Attach the visor to the beret by sewing one stitch from the three-needle bind-off to one stitch of the brim. Every three stitches of the three-needle bind-off, join two stitches, meaning you will skip one stitch after joining two. Use all the stitches between the markers on the brim.
- Make sure to securely sew the sides of the visor. You can reinforce the seam to ensure the plastic of the visor is not visible.

## FINISHING

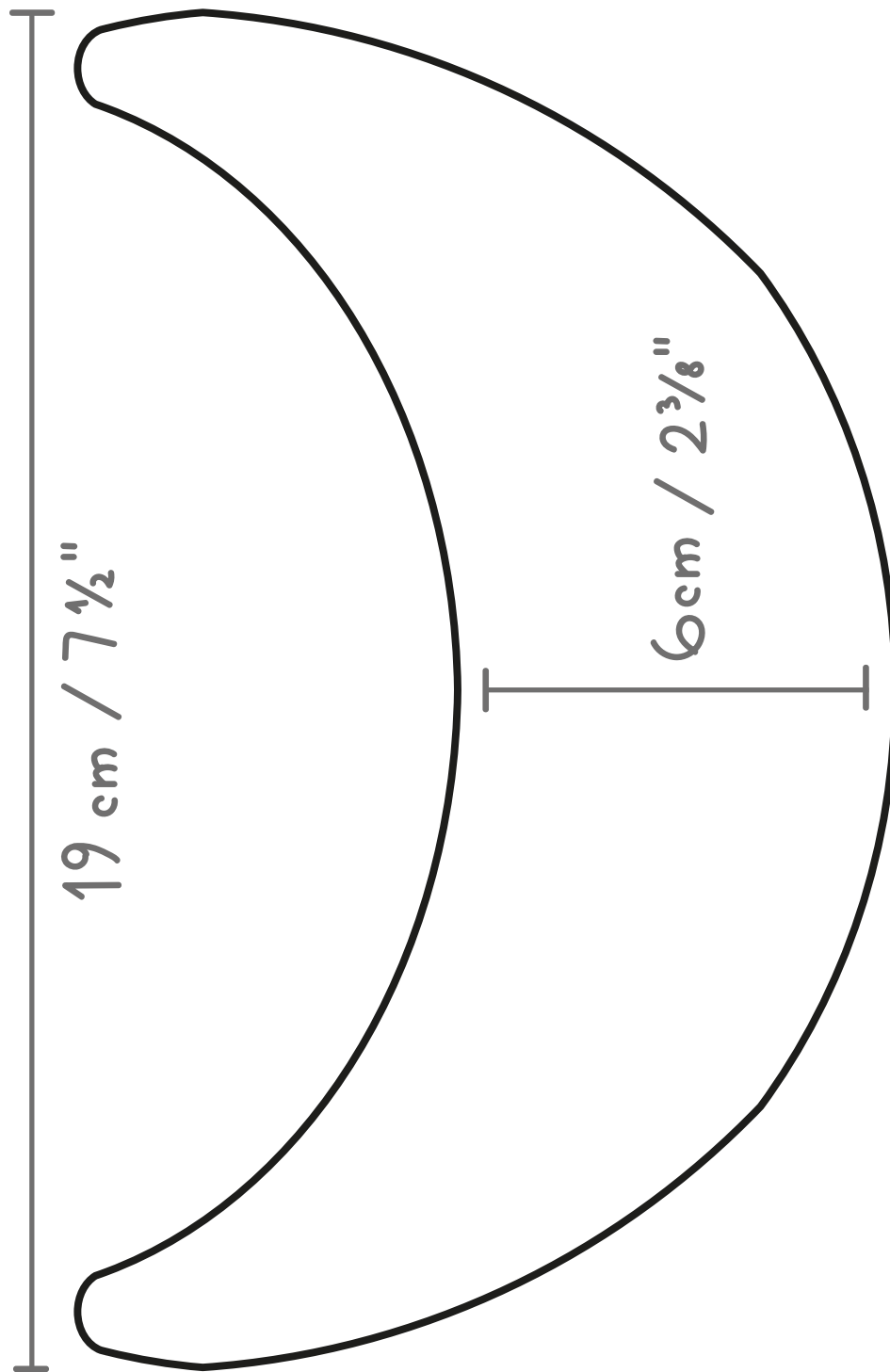
Block your beret and weave in all the ends. You can decorate your beret with chains and safety pins if you like.



**FRANLOPEZKNITTING**

Tag me and use #NanaBeret

## VISOR TEMPLATE



Thank you for supporting my work  
I hope you enjoy working this pattern



Fran López



contactofranlopezknitting  
@gmail.com



My patterns on Ravelry



Support me on Patreon