



Mint Tea Socks

Pull up a chair, take a seat, and slip into the conversation. Sip your tea, and pick up your needles so we can cast-on together, clatter and chatter in sync. Let's get comfy in cozy company.

Yarn

1 skein/ 100grams/ 365m/ 399yards of fingering weight yarn.

Sample used Loom Wool, Twist Sock in colourway 'Mint tea' for the shorties and Elderflower Stitches supersock in a fade set of mini's 'Teal Ducks Dabble'.

Needles

2.25mm /US 1 circular needle 80cm/ 32 inch for magic loop or 2.25mm / US 1 set of DPN's or size to obtain gauge.

Gauge

32 sts and 48 rows per 10cm / 4 inches over stockinette.

Notions

Stitch markers, a tapestry needle, and a cable needle

Sizes

Small, (Medium, Large)

Finished sock circumference, unstretched 18 (20.5, 23) cm / 7 (8, 9 inches). I would recommend picking a size that gives you, 1.25 cm to 2.5 cm / 0.5 to 1 inch of negative ease

Model is wearing a Medium size with a foot circumference of 22 cm / 8.5 inches. Leg length worked in sample is 16.5 cm / 6.5 inches (leg and foot length are fully adjustable).

Pattern notes

The stitch count varies through the Mint Tea Pattern, I would recommend ending on row 10 or 20.

The toe in this pattern is a modified wedge toe, working only 1 st between the decreases on either side, I find this gives a flatter toe, eliminating the excess fabric on the top sometimes found.

Shorty Socks:

I worked 7 rounds of Rib and then started on the heel Flap and worked the rest of the sock as per instructions.

Instructions

Cuff

The cuff is worked the same on both socks.

Cast on 56 (64, 72) sts. Join in the round, being careful not to twist your stitches and place a BOR marker.

Round 1: [k1tbl, p1] repeat to end of round.

Repeat **Round 1** 14 more times, 15 rounds in total.

Leg

The pattern is worked on the front of the sock only, the back of the sock is worked in plain stockinette. Charted and written instructions are page 4 and 5.

Use the corresponding Mint Tea pattern for the Right or Left leg all other instructions are the same for both.

Round 1: Work **Row 1** of Right/Left Mint Tea pattern, knit to end of round.

Round 2: Work **next row** of Right/Left Mint Tea pattern, knit to end of round.

Repeat **Round 2** until you have completed all 10 rows of the Right/Left Mint Tea pattern.

Continue working as established, completing the Right/Left Mint Tea pattern 3 1/2 times ending on Row 10, 60 rounds in total

Heel Flap

(If you are using a contrast colour for the heel. Start knitting your heel in contrast yarn now. Do not break your main coloured yarn).

Turn your work so the WS is facing you. You are now going to be working back and forth on the next 28 (32, 36) sts. The remaining 28 (32, 36) sts, are the front of the sock and will be left unworked for now.

Row 1 (WS): sl1, p 27 (31, 35)

Row 2 (RS): [sl1, k1] repeat across 28 (32, 36) sts.

Repeat **Rows 1 and 2** 13 (15, 17) more times 14 (16, 18) in total.

Then work **Row 1** once more.

Heel Turn

Row 1 (RS): sl1, k 16 (18, 20), ssk, k1, turn.

Row 2 (WS): sl1, p7, p2tog, p1, turn.

Row 3 (RS): sl1, k to 1 st before your last turn, ssk (using 1 st from each side of the gap.) k1, turn.

Row 4 (WS): sl1, p to 1 st before your last turn, p2tog (using 1 st from each side of the gap.) p1, turn.

Repeats **Rows 3-4** until all stitches have been worked.

You will have 18 (20, 22) sts on your needle and the RS should be facing you.

Gusset

Now you are going to start working in the round again.

Set up round: (This will be your BOR place a marker if you wish). K 18 (20, 22) pick up and k 14 (16, 18) sts along your heel flap. (break contrast yarn and start working with main colour yarn here) Pick up 1 extra st in the ladder from the row below and k tbl, pm, work **Row 11** of Right/Left Mint Tea pattern, pm, pick up 1 extra st in the ladder from the

row below and k tbl, pick up and k 14 (16, 18) sts along your heel flap.

Round 1: k to 2 sts before marker, k2tog, work next row in Right/left Mint Tea pattern across the front of sock, sm, ssk, k to end of round.

Round 2: k to m, sm, work next row in Right/Left Mint Tea pattern across the front of sock, sm, k to end of round.

Repeat **Rounds 1 and 2** until you have decreased down to your original stitch count with 28 (32, 36) sts on the back of your sock.

K to m, sm, this is now your BOR and you can remove the other st markers as you work the next round.

Foot

Continue working in established pattern until the foot measures 5 cm / 2 inches less than desired foot length. I recommend ending having worked Row 10 of the Right/Left Mint Tea pattern.

(If using contrast yarn for the toes, break yarn here and start working with your contrast colour now.).

Toe

NB (When you come to the yo's from the previous round k tbl).

Set up Round: k 28 (32, 36), pm, k to end of round.

Round 1: k1, ssk, k to 2 sts before marker k2tog, sm, k1, ssk, k to 2 sts before end of round, k2tog,

Round 2: k to end of round

Repeat **Rounds 1 and 2** until you have 20 (28, 36) sts left.

Cut your working yarn leaving a tail of approximately 38 cm (15 inches.) Now you can Kitchener stitch your toe closed.

Abbreviations

k2tog : Knit 2 stitches together.

knit : Knit.

k tbl : Knit through back loop.

purl : Purl.

ssk : Slip, slip, knit.

pm : Place marker.

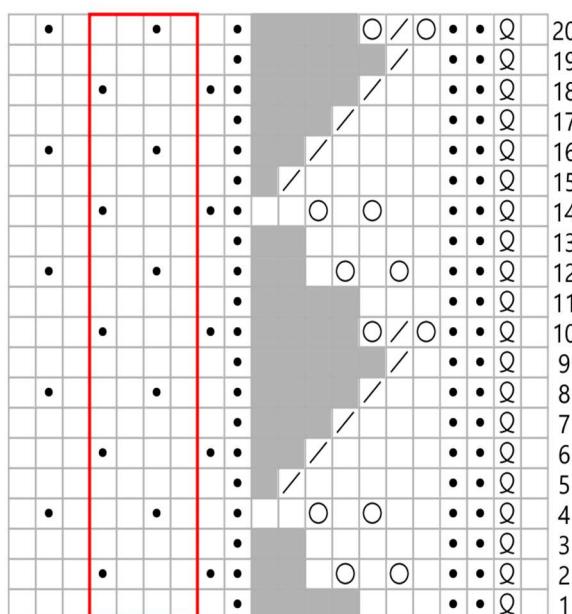
BOR : Beginning of round.

Sm : slip marker.

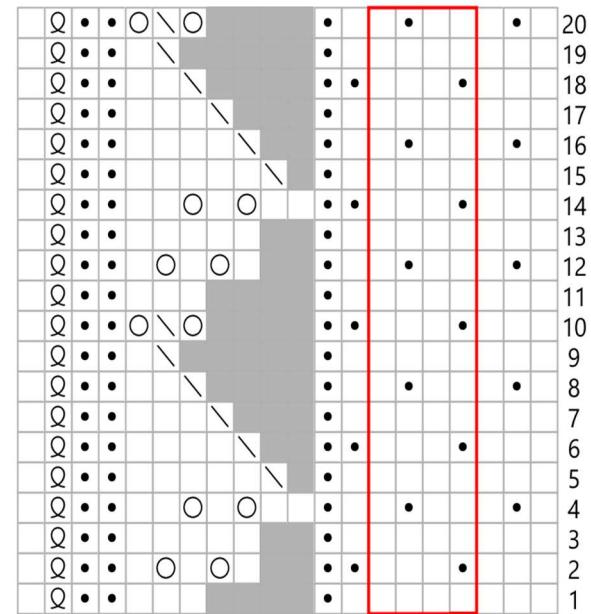
[] repeat the bracketed sts the number of times indicated.

Mint Tea Pattern Charts

Right



Left



Key

- knit
- purl
- grey no stitch
- Q k tbl
- Seed Stitch, Repeat 4 (5,6)
- yo
- / k2tog

Mint Tea Pattern Written instruction

Right

Round 1: K1, k tbl, p2, k3, p1, k20, (24, 28).
Round 2: K1, k tbl, p2, [k1, yo] x 2, k1, p2, [k3, p1] 4, (5, 6) times, k3
Round 3: K1, k tbl, p2, k5, p1, k20, (24, 28)..
Round 4: K1, k tbl, p2, k2, yo, k1, yo, k2, p1, k1, [k1, p1, k2] 4, (5, 6) times, k1, p1, k1.
Round 5: K1, k tbl, p2, k5, k2tog, p1, k20, (24, 28).
Round 6: K1, k tbl, p2, k4, k2tog, p2, [k3, p1] 4, (5, 6) times, k3.
Round 7: K1, k tbl, p2, k3, k2tog, p1, k20, (24, 28).
Round 8: K1, k tbl, p2, k2, k2tog, p1, k1, [k1, p1, k2] 4, (5, 6) times, k1, p1, k1.
Round 9: K1, k tbl, p2, k1, k2tog, p1, k20, (24, 28).
Round 10: K1, k tbl, p2, yo, k2tog, yo, p2, [k3, p1] 4, (5, 6) times, k3.
Round 11: Repeat **Round 1**.
Round 12: K1, k tbl, p2, [k1, yo] x 2, k1, p1, k1, [k1, p1, k2] 4, (5, 6) times, k1, p1, k1.
Round 13: Repeat **Round 3**.
Round 14: K1, k tbl, p2, k2, [yo, k1] x 2, p2, [k3, p1] 4, (5, 6) times, k3.
Round 15: Repeat **Round 5**.
Round 16: K1, k tbl, p2, k4, k2tog, p1, k1, [k1, p1, k2] 4, (5, 6) times, k1, p1, k1.
Round 17: Repeat **Round 7**.
Round 18: K1, k tbl, p2, k2, k2tog, p2, [k3, p1] 4, (5, 6) times, k3.
Round 19: Repeat **Round 9**.
Round 20: K1, k tbl, p2, yo, k2tog, yo, p1, k1, [k1, p1, k2] 4, (5, 6) times, k1, p1, k1.

Left

Round 1: K20, (24, 28) p1, k3, p2, k tbl, k1.
Round 2: K3, [p1, k3] 4, (5, 6) times, p2, [k1, yo] x 2, k1, p2, k tbl, k1.
Round 3: K20, (24, 28) p1, k5, p2, k tbl, k1.
Round 4: K1, p1, k1, [k2, p1, k1] 4, (5, 6) times, k1, p1, k2, yo, k1, yo, k2, p2, k tbl, k1.
Round 5: K20, (24, 28) p1, ssk, k5, p2, k tbl, k1.
Round 6: K3, [p1, k3] 4, (5, 6) times, p2, ssk, k4, p2, k tbl, k1.
Round 7: K20, (24, 28) p1, ssk, k3, p2, k tbl, k1.
Round 8: K1, p1, k1, [k2, p1, k1] 4, (5, 6) times, k1, p1, ssk, k2, p2, k tbl, k1.
Round 9: K20, (24, 28) p1, ssk, k1, p2, k tbl, k1.
Round 10: K3, [p1, k3] 4, (5, 6) times, p2, yo, ssk, yo, p2, k tbl, k1.
Round 11: Repeat **Round 1**.
Round 12: K1, p1, k1, [k2, p1, k1] 4, (5, 6) times, k1, p1, [k1, yo] x 2, k1, p2, k tbl, k1.
Round 13: Repeat **Round 3**.
Round 14: K3, [p1, k3] 4, (5, 6) times, p2, k2, yo, k1, yo, k2, p2, k tbl, k1.
Round 15: Repeat **Round 5**.
Round 16: K1, p1, k1, [k2, p1, k1] 4, (5, 6) times, k1, p1, ssk, k4, p2, k tbl, k1.
Round 17: Repeat **Round 7**.
Round 18: K3, [p1, k3] 4, (5, 6) times, p2, ssk, k2, p2, k tbl, k1.
Round 19: Repeat **Round 9**.
Round 20: K1, p1, k1, [k2, p1, k1] 4, (5, 6) times, k1, p1, yo, ssk, yo, p2, k tbl, k1.

Thanks to Polly Thomas for the copy

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