

LIESSA SOCKS

 BACKWOODS KNITS



MATERIALS:

Mid calf length:

300-400 yards (275-365 m)
fingering weight yarn (Main Color)

50-80 yards (45-73m) fingering
weight yarn (Contrast Color)

Ankle Length:

200-300 yards (185-275m)
fingering weight yarn (Main Color)

50-80 yards (45-73m) fingering
weight yarn (Contrast Color)

Size US1 (2.25mm) 9" circular
needles, DPN's, or long circular
needles for magic loop

2 stitch markers

Tapestry needle

GAUGE:

34 st over 4" (10cm) stockinette
stitch, knit in the round & blocked

SIZES:

S (7"/17.75cm)

M (8"/20.25cm)

L (9"/ 22.75 cm)

XL (10"/ 25.5 cm)

ABBREVIATIONS:

MC- main color

CC- contrast color

BOR- beginning of round

st- stitch

m- marker

RS- right side

WS- wrong side

Rep- repeat

c/o- cast on

k- knit

P- purl

yo- yarn over

pm- place marker

sm- slip marker

K2tog- knit 2 together

P2tog- purl 2 together

ssk- slip slip knit

Sl- slip st from left needle to right
needle

m1- make 1 st by lifting bar between
sts and knitting through the back loop

ktbl- knit through the back loop

LIESSA SOCKS

BACKWOODS KNITS

Meyaah Liessa

"What does that mean?"

"It's old Atlantian. The language of the gods," Casteel said, his voice rough. He cleared his throat as he squeezed my hand again. "Meyaah Liessa. It means: my Queen."

Once upon a time, I fell deep into the world of Poppy and Casteel and never looked back! As a fantasy fiction lover, I can assure you that the Blood and Ash series is incredible in every way and if you haven't gotten on the Jennifer L. Armentrout train you are seriously missing out!



While I was totally immersed in all things Atlantian, I was so inspired to create a sock that embodied Poppy and her title of Meyaah Liessa. It took a few tries (and an entire reread!) but I am so super pleased with how this pattern has turned out. Its everything I wanted and so much more. The lace repeats may seem intimidating at first glance but they are so simple to memorize. The lace also works up remarkably fast which is always a joy!

These socks are knit cuff down with a modified Eye of Partridge heel flap. There are instructions for both mid calf and ankle (shorty) socks included in the pattern. I hope you enjoy making your Liessa Socks as much as I have enjoyed designing them. Happy knitting!

I try my very best to make my patterns as beginner friendly as possible. I have both charted and written instructions for each size. The pattern is written in S (M, L, XL) format unless otherwise noted.

NOTES:

Use the measurements below from the Craft Yarn Council of America to calculate the length of the foot of your sock:

Women's Shoe Sizes

4-6.5: 8-9" (20-23 cm)

7-9.5: 9.25-10" (23-25.5 cm)

10-12.5: 10.25-11" (26-28 cm)

Men's Shoe Sizes

6-8.5: 9.25-10" (23-25.5 cm)

9-11.5: 10.25-11" (26-28 cm)

12-14: 11.25-12" (28.5-30.5 cm)

CUFF

INSTRUCTIONS

Cast on 56 (64, 72, 80) sts using stretchy cast on method such as German twisted.

Join in the round being careful not to twist sts, pm.

Round 1: *(p1, k1tbl); rep from * around to BOR m

WORK 8 ROUNDS FOR ANKLE SOCKS, 16-20 ROUNDS FOR MID-CALF SOCKS.

LEG

BEGIN EITHER WRITTEN OR CHARTED INSTRUCTIONS

Round 1-5: *(p1, k7); rep from * around to BOR m

Round 6: *(p1, k1, yo, k1, yo, k1, ssk x2); rep from * around to BOR m

Round 7: *(p1, k7); rep from * around to BOR m

Round 8: *(p1, k2, yo, k1, yo, ssk x2); rep from * around to BOR m

Round 9: *(p1, k7); rep from * around to BOR m

Round 10: *(p1, k1, yo, k1, yo, k1, ssk x2); rep from * around to BOR m

Round 11: *(p1, k7); rep from * around to BOR m

Round 12: *(p1, k2, yo, k1, yo, ssk x2); rep from * around to BOR m

Round 13: *(p1, k7); rep from * around to BOR m

Round 14: *(p1, k1, yo, k1, yo, k1, ssk x2); rep from * around to BOR m

Round 15-19: *(p1, k7); rep from * around to BOR m

Row 20: *(p1, k2tog x 2, k1, yo, k1, yo, k1); rep from * around to BOR m

Round 21: *(p1, k7); rep from * around to BOR m

Round 22: *(p1, k2tog x 2, yo, k1, yo, k2); rep from * around to BOR m

Round 23: *(p1, k7); rep from * around to BOR m

Round 24: *(p1, k2tog x 2, k1, yo, k1, yo, k1); rep from * around to BOR m

Round 25: *(p1, k7); rep from * around to BOR m

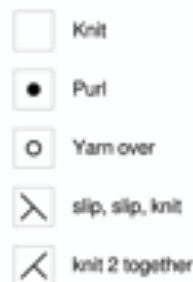
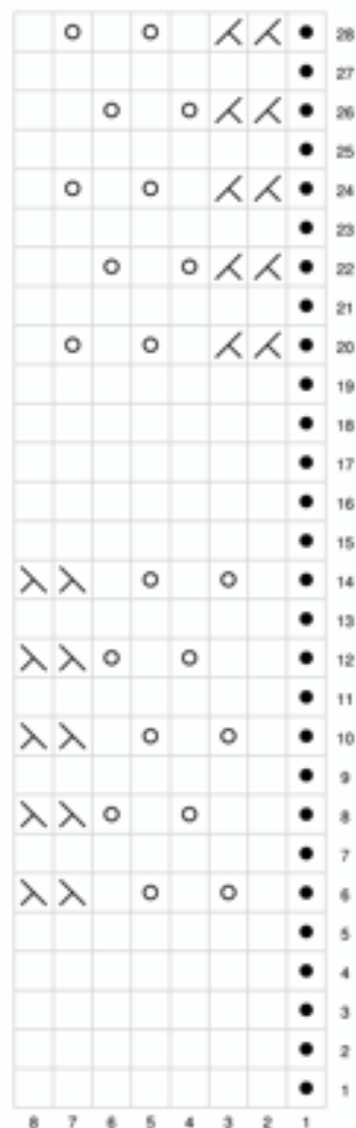
Round 26: *(p1, k2tog x 2, yo, k1, yo, k2); rep from * around to BOR m

Round 27: *(p1, k7); rep from * around to BOR m

Round 28: *(p1, k2tog x 2, k1, yo, k1, yo, k1); rep from * around to BOR m

WORK ROUNDS 1-28 1 TIME FOR ANKLE SOCKS, 2 TIMES FOR MID-CALF SOCKS.

LACE CHART



INSTRUCTIONS

SMALL & LARGE

Work Rounds 1-3 as worked previously.

Last round (Round 4):

Move BOR m right 2 sts, you will now have your round beginning with the last 2 knit sts of the previous round.

(p1, k7) over 24 (32) sts, p1, k2 pm.

These will now be your FRONT 29 (37) sts and will not be worked again until after the heel.

k5, m1, (p1, k7) across 16 (24) sts, p1, k5

You should now have 28 (36) sts for your BACK sts.

You will now be at your BOR m, turn.

MEDIUM & XLARGE

Work rounds 1-3 as worked previously.

Last round (Round 4):

(p1, k7) over 32 (40) sts, p1, pm

These will now be your FRONT 33 (41) sts and will not be worked again until after the heel.

k7, m1, (p1, k7) across 24 (32) sts

You should now have 32 (40) sts for your BACK sts.

You will now be at your BOR m.

HEEL FLAP

JOIN CC, DO NOT BREAK MC

Turn work at BOR marker to begin working heel flap on a WS row. You will now be working across back 28 (32, 36, 40) stitches.

WS Row 1: k3, p to end

RS Row 2: p3, *k1, sl1; rep to last 3 sts, k3

WS Row 3: k3, p to end

RS Row 4: p3, *sl1, k1; rep to last 3 sts, k3

Continue to work Rows 1-4 across back 28 (32, 36, 40) stitches until heel flap reaches 2" (2", 2.25", 2.5") or desired length, end after completing a Row 2 or 4.

HEEL TURN

Setup- S11, p14 (16, 18, 20) p2tog, p1, turn

S11, k3, ssk, k1, turn

Row 1: s11, p to 1 before the gap, p2tog, p1, turn

Row 2: sl1, k to 1 before the gap, ssk, k1, turn

Continue to work Row 1 and Row 2 until all stitches have been worked, end after completing a Row 2.

BREAK CC

PICK UP HEEL STITCHES

You will now be working in the round again.

Pick up MC at BOR., Work lace pattern across FRONT 29 (33, 37, 41) sts (Round 5), pm.

NOTE: SMALL AND LARGE SIZES WILL KNIT THE FIRST 2 STS AND LAST 2 STS OF FRONT 29 (37) STS.

Pick up 1 stitch in the corner between FRONT stitches and heel flap.

Pick up 14 (16, 18, 20) sts across right side of your heel flap. You will be picking up the purl bumps on the garter edge.

Knit across heel turn stitches.

Pick up 14 (16, 18, 20) sts across left side of your heel flap.

Pick up 1 stitch in the corner between heel flap stitches and FRONT sts.

Knit in pattern across FRONT 29 (33, 37, 41) stitches.

K1, ssk, k the rest of the picked up stitches on right side.

Knit across heel turn st and up gusset st to 3 before BOR m, k2tog, k1.

Work FRONT st in pattern to m, knit across BACK sts.

GUSSET

Round 1: Work FRONT st in pattern to m, sm, k1, ssk, k across to last 3 stitches, k2tog, k1, sm

Round 2: Work FRONT st in pattern to m, knit across back sts.

Continue working Rounds 1 & 2 until BACK sts have been decreased to 29 (33, 37, 41) stitches.

You will now have a total of 58 (66, 74, 82) stitches.

FOOT

Work FRONT sts in pattern and BACK sts in stockinette until foot measures 2" (2", 2.25", 2.5")/ 5cm (5cm, 5.7cm, 6.3cm) shorter than total desired length.

TOE

BREAK MC, JOIN CC.

Knit 1 round even.

Round 1: k1, ssk, k1 across to 3 st before m, k2tog, k1, sm, k1, ssk, k to 3 st before BOR m, k2tog, k

Round 2: knit even

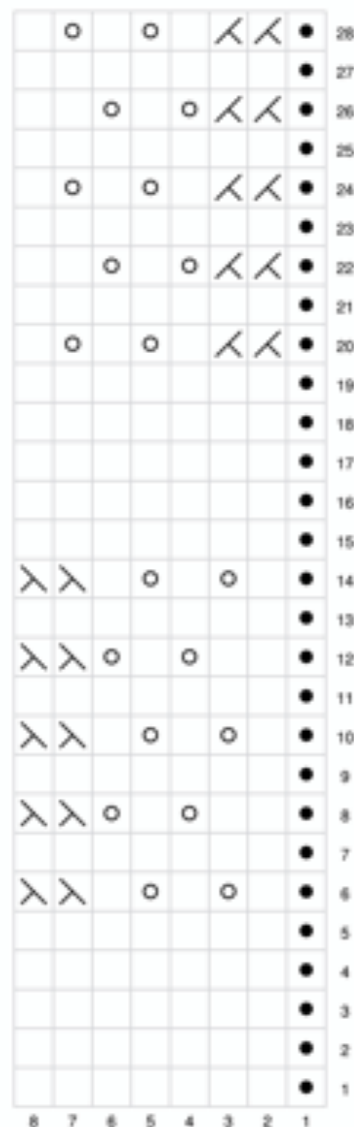
Continue to work Round 1 and Round 2 until 22 (26, 30, 34) stitches remain. Break yarn leaving a long tail.

Graft toe together using Kitchener stitch.

Now would be a GREAT time to cast on your second sock!!

I WOULD LOVE TO SEE YOUR
PROGRESS AND FINISHED SOCKS ON
INSTAGRAM! TAG
@BACKWOODSKNITS AND USE
#BACKWOODSKNITS #LIESSASOCKS

LACE CHART REFERENCE



- ☐ Knit
- ☒ Purl
- ☐ Yarn over
- ☐ slip, slip, knit
- ☐ knit 2 together



BACKWOODS KNITS

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Thank you
Lauren Colby



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