

Kaarina shawl

Cable scarf pattern by Sari Nordlund



ON RAVELRY

ON INSTAGRAM

#KaarinaShawl



Kaarina is a Finnish female given name and it was also my grandmother's middle name. Kaarina can also be translated into meaning "in arches" or "as arches".

The Kaarina shawl is a little kerchief that can be worn in multiple ways. It is started at the tip of the shawl, then increased on every right side row until the full width before decreasing your way back to the other tip. The size can easily be modified by adding more pattern repeats for a larger shawl.

The Kaarina shawl was designed with those odd balls and leftover skeins of fingering weight yarn and mohair we all have in our stashes, but the shawl can also be worked in a single strand of DK weight yarn.

Size
1 (2)
Length 125 (175) cm / 49.25 (68.75) inches
Width 33 (45) cm / 13 (17.75) inches

Yarn

Note: The shawl uses a strand of fingering weight yarn held together with a strand of lace weight yarn, but they can be substituted for a single strand of DK weight yarn. If you wish to work a DK weight version, omit all the instructions where it says "hold the yarns together" and follow only the yarn amount requirements for the fingering weight yarn.

220 (440) m / 245 (490) yards of fingering weight yarn and 220 (440) m / 245 (490) yards of lace weight yarn.

Needles
4 mm / US6 circular needle with a cable length of 60 cm or 80 cm / 24 inches or 32 inches

Gauge

30 sts (1 outlined pattern repeat) = 12 cm / 4.75 inches

25 sts and 26 rounds = 10 cm / 4 inches of cable pattern, after blocking

Note: Always use the needle size that gives you the right gauge!

Notions

3 stitch markers
sewing needle
blocking tools
cable needle (if using)

Green sample (size 1): 1 ball of Kaos Yarn Organic Soft Merino (100% merino; 250 meters / 273 yards per 50 g) shown in the colorway Confident and 1 ball of Kaos Yarn Organic Brushed Alpaca (100% organic alpaca; 225 m / 246 yards per 25 g), shown in colorway Zealous.



Instructions

SET UP

Cast on 3 sts with the Long-Tail Cast On Method holding both yarns together. Do not join in a round.

Set-Up Row 1: P all

Set-Up Row 2 (RS): K1, m1R, k1, m1L, k1. (2 sts inc'd, 5 sts on needles)

Set-Up Row 3 (WS): P2, k1, p2.

Set-Up Row 4 (RS): K1, m1Rp, k1, p1, k1, m1Lp, k1. (2 sts inc'd, 7 sts on needles)

Set-Up Row 5 (WS): (Sl1wyif, k1) x 3, sl1wyif.

Set-Up Row 6 (RS): K1, sl1 wyif, k1, m1Lp, p1, k1, sl1 wyif, k1. (1 st inc'd, 8 sts on needles)

Set-Up Row 7 (WS): Sl1 wyif, k1, sl1 wyif, k2, sl1 wyif, k1, sl1 wyif.

START THE PATTERN

SECTION 1

Row 1 (RS): K1, sl1 wyif, k1, p1, pm, work Row 1 of Chart 1, pm, p1, k1, sl1 wyif, k1. (1 st inc'd, 9 sts on needles)

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work Row 2 of Chart 1, sm, k1, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, p1, sm, work next row of Chart 1, sm, p1, k1, sl1 wyif, k1.

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work next row of Chart 1, sm, k1, sl1 wyif, k1, sl1 wyif.

Continue working Rows 5-60 of the Chart 1 as established between the markers.

When you reach the end of Chart 1, you will have 38 sts on needles: 4 sts on the right edge, 30 sts between the markers and 4 sts on the left edge.

SECTION 2

Row 1 (RS): K1, sl1 wyif, k1, p1, sm, work Row 1 of Chart 2, sm, p1, k1, sl1 wyif, k1.

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work Row 2 of Chart 2, sm, k1, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, p1, sm, work next row of Chart 2, sm, p1, k1, sl1 wyif, k1.

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work next row of Chart 2, sm, k1, sl1 wyif, k1, sl1 wyif.

Continue working until the end of Chart 2 (Rows 5-60) as established between the markers.

When you reach the end of Chart 2, you will have 68 sts on needles: 4 sts on the right edge, 60 sts between the markers and 4 sts on the left edge.

Size 1 only:

Work Rows 1-16 of Chart 2, then continue to Section 3. 76 sts on needles: 4 sts on the right edge, 68 sts between the markers and 4 sts on the left edge.

Size 2 only:

Work Rows 1-60 of Chart 2 one more time, working the outlined 30-stitch pattern two times on each row, then work rows 1-16 of Chart 2. Note: If you want to make a longer and wider shawl you can work additional repeats of Chart 2.

At the end of this section, you will have 106 sts on needles: 4 sts on the right edge, 98 sts between the markers and 4 sts on the left edge.

SECTION 3

All sizes resume:

Row 1 (RS): K1, sl1 wyif, k1, sl1, remove marker, slip the stitch back to the left needle, pm (stitch marker was moved one stitch towards right), work Row 1 of Chart 3 repeating the outlined 30-stitch pattern 2 (3) times, sm, p1, k1, sl1 wyif, k1. (1 st dec'd)

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work Row 2 of Chart 3, sm, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, sm, work next row of Chart 3, sm, p1, k1, sl1 wyif, k1.

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work next row of Chart 3, sm, sl1 wyif, k1, sl1 wyif.

Continue working Rows 5-16 of the Chart 3 pattern between the markers and work the side sts as established.

You will have 68 (98) sts on needles: 3 sts on the right edge, 61 (91) sts between the markers and 4 sts on the left edge.

SECTION 4

For size 1, work the outlined 30-stitch pattern of Chart 4 once and for size 2 twice. If you made additional repeats of Chart 2, repeat the whole Chart 4 as many times as necessary until there are 38 sts on your needles.

Row 1 (RS): K1, sl1 wyif, k1, sm, work Row 1 of Chart 4, sm, p1, k1, sl1 wyif, k1.

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work Row 2 of Chart 4, sm, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, sm, work next row of Chart 4, sm, p1, k1, sl1 wyif, k1.

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work next row of Chart 4, sm, sl1 wyif, k1, sl1 wyif.

Continue working Rows 5-60 of the Chart 4 as established between the markers and work the side sts as established.

You will have 38 (68) sts on needles: 3 sts on the right edge, 31 (61) sts of charted pattern and 4 sts on the left edge.

Size 1 only:

Continue to Section 5.

Size 2 only:

Work Rows 1-60 of Chart 4 one more time.

At the end of this section, you will have 38 sts on needles: 3 sts on the right edge, 31 sts of charted pattern and 4 sts on the left edge.

SECTION 5

Row 1 (RS): K1, sl1 wyif, k1, sm, work Row 1 of Chart 5, sm, p1, k1, sl1 wyif, k1.

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work Row 2 of Chart 5, sm, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, sm, work next row of Chart 5, sm, p1, k1, sl1 wyif, k1.

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, k1, sm, work next row of Chart 5, sm, sl1 wyif, k1, sl1 wyif.

Continue working Rows 5-60 of the Chart 5 as established between the markers.

At the end of this section, you will have 8 sts on needles: 3 sts on the right edge, 1 st of charted pattern and 4 sts on the left edge.

SECTION 6

Row 1 (RS): K1, sl1 wyif, k1, ssp and remove markers at the same time, k1, sl1 wyif, k1. (1 st dec'd, 7 sts on needles)

Row 2 (WS): (Sl1 wyif, k1) x 3, sl1 wyif,

Row 3 (RS): K1, sl1 wyif, k3tog, sl1 wyif, k1. (2 sts dec'd, 5 sts on needles.)

Row 4 (WS): (Sl1 wyif, k1) x 2, sl1 wyif.

Row 5 (RS): Ssk, k1, k2tog. (2 sts dec'd, 3 sts on needles.)

Break yarns and pull though the remaining 3 sts.

FINISHING

Weave in all yarn ends neatly. Wet block to measurements.

Abbreviations

BO	Bind off
CO	Cast on
dec'd	Decreased
inc'd	Increased
k	Knit
k2tog	Knit 2 sts together
k3tog	Knit 3 sts together
m	Marker
m1L	Make 1 st (left-leaning)
m1R	Make 1 st (right-leaning)
m1Lp	Make 1 purl st (left-leaning). 1 st inc'd.
m1Rp	Make 1 purl st (right-leaning). 1 st inc'd.
p	Purl
p2tog	Purl 2 sts together
pm	Place a marker
RS	Right side
sl1	Slip 1 stitch as if to purl
sm	Slip marker
ssk	Slip, slip, knit the slipped sts together through the back loop
ssp	Slip, slip, purl the slipped sts together through the back loop
st(s)	Stitch(es)
WS	Wrong side
wyif	With yarn in front
yo	Yarn over



Abbreviations for the cables

2/1 RC	2 over 1 right cable: Sl1 to cable needle at back, k2, then knit 1 from cable needle.
2/1 LC	2 over 1 left cable: Sl2 to cable needle at front, k1, then k2 from cable needle.
2/1 LCP	2 over 1 left cable purl: slip 2 sts to cable needle at front, p1, then k2 from cable needle.
2/1 RCP	2 over 1 right cable purl: slip 1 st to cable needle at back, k2, then p1 from cable needle.
2/2 LC	2 over 2 left cable: slip 2 sts to cable needle at front, k2, then k2 from cable needle.
2/2 RC	2 over 2 right cable: slip 2 sts to cable needle at back, k2, then k2 from cable needle

	No stitch
	RS: Knit WS: Purl
	RS: Purl WS: Knit
	2/1 LC
	2/1 LCP
	2/1 RC
	2/1 RCP
	2/2 LC
	2/2 RC
	Ssp
	m1L
	Pattern repeat outlined with red

Chart 1

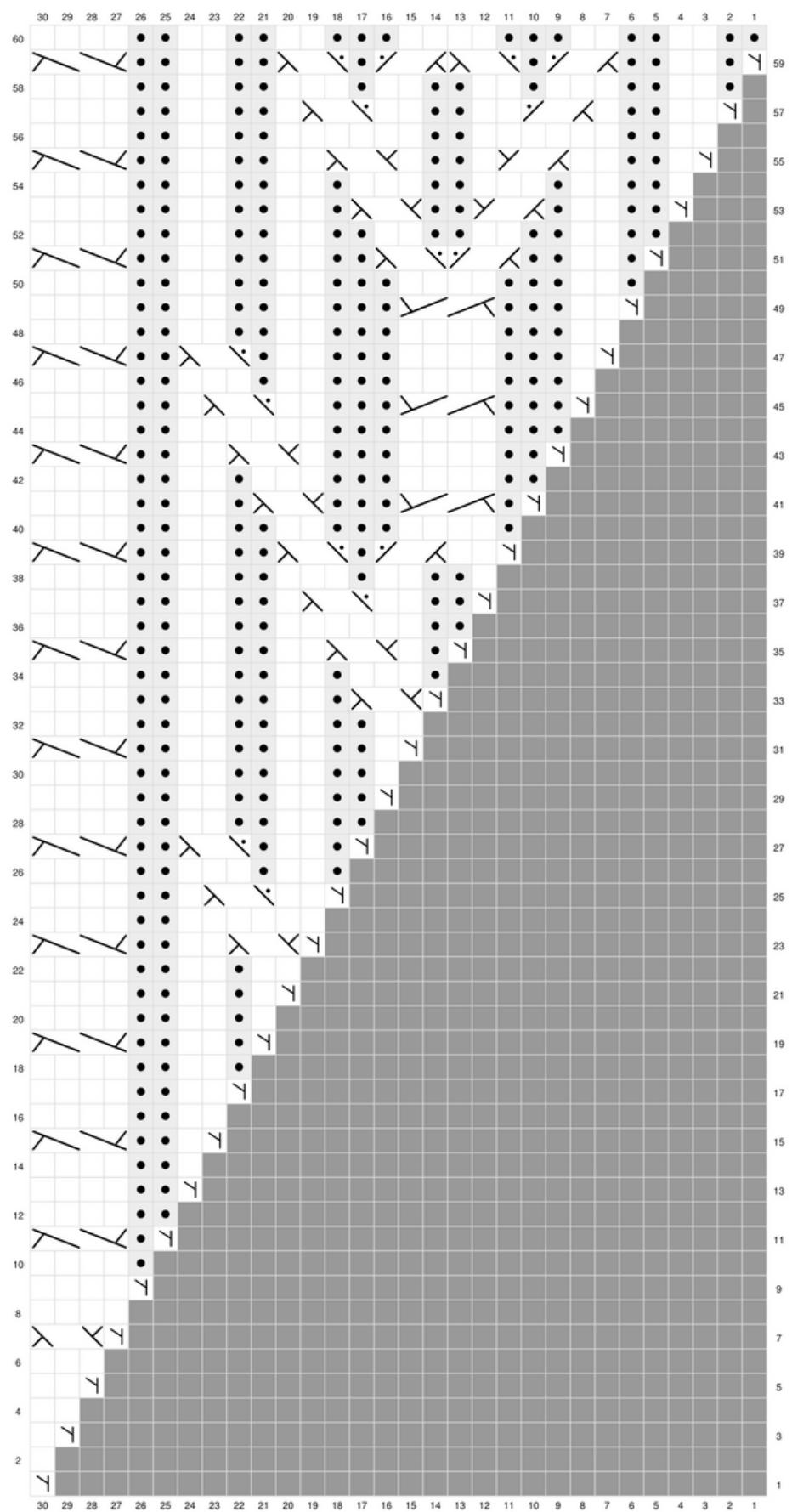


Chart 2

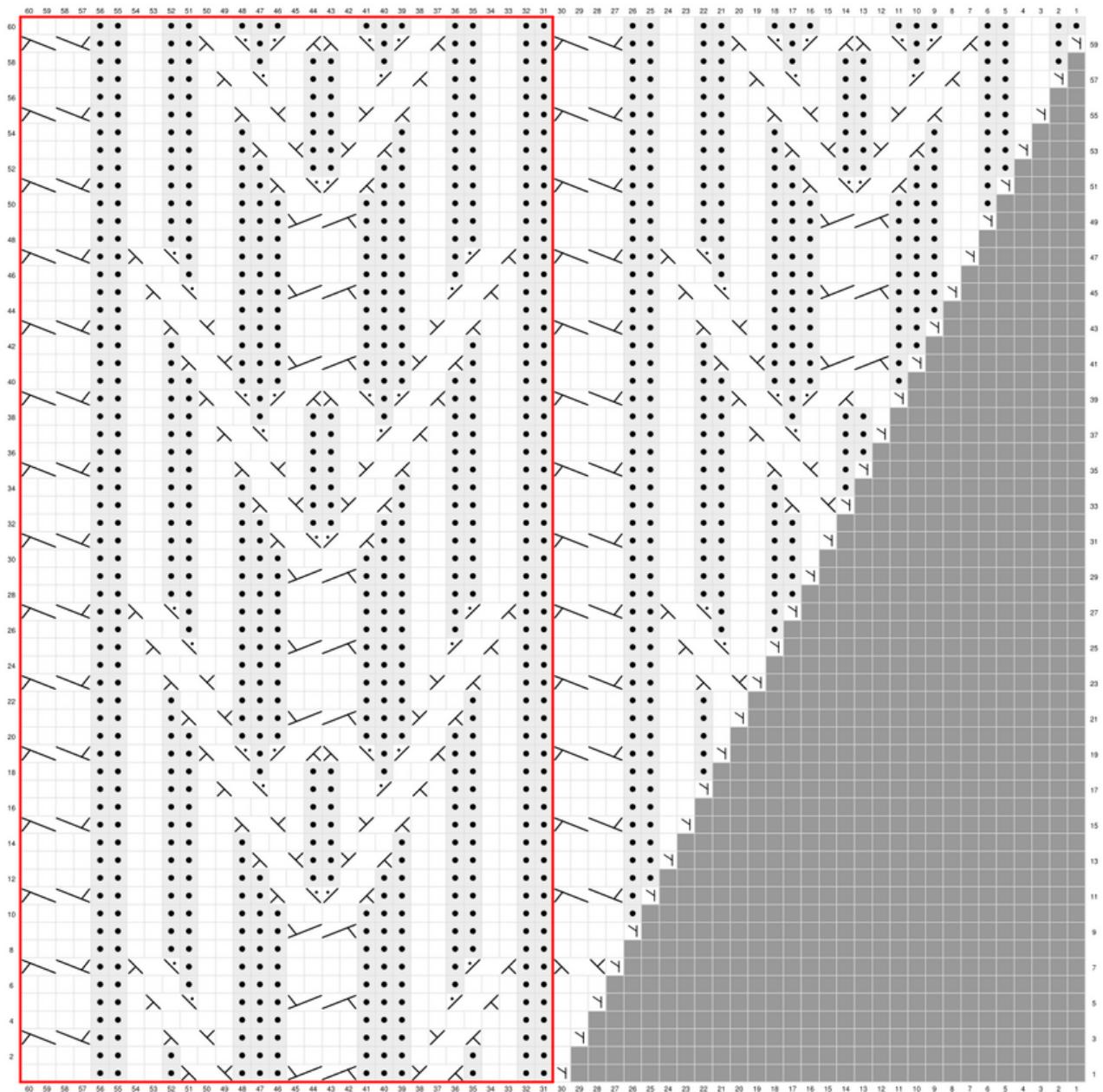


Chart 3

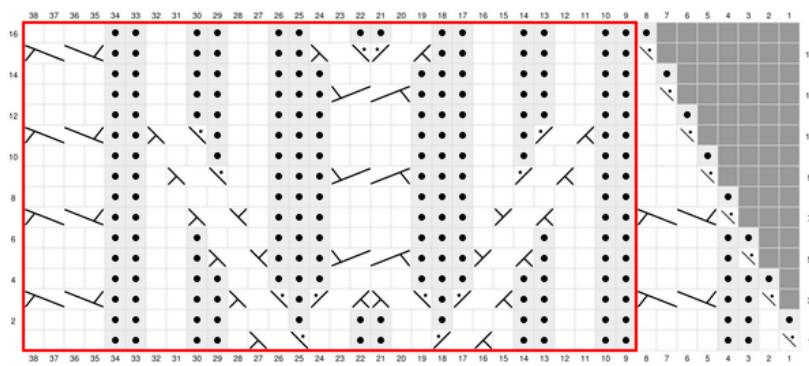


Chart 4

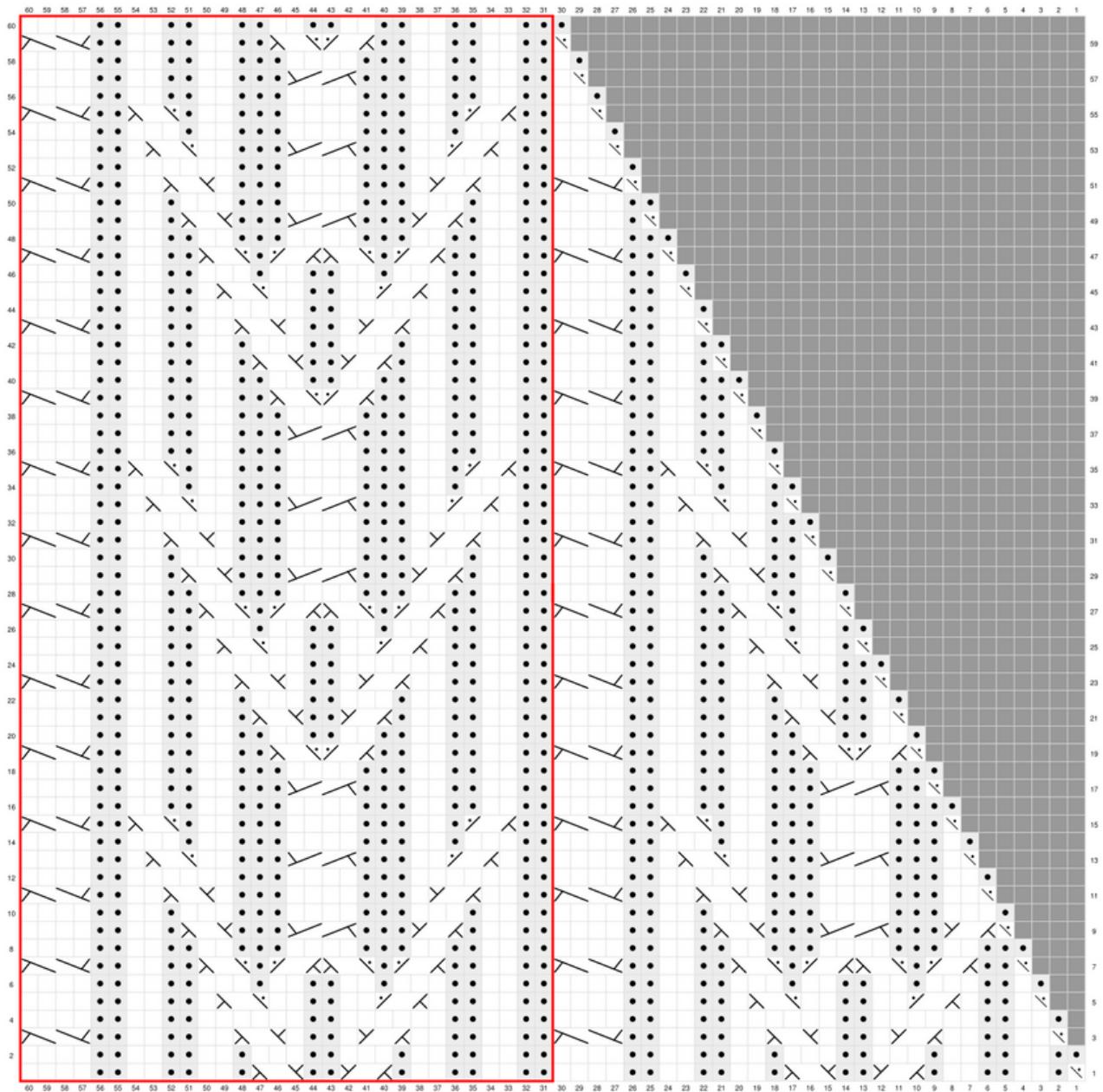
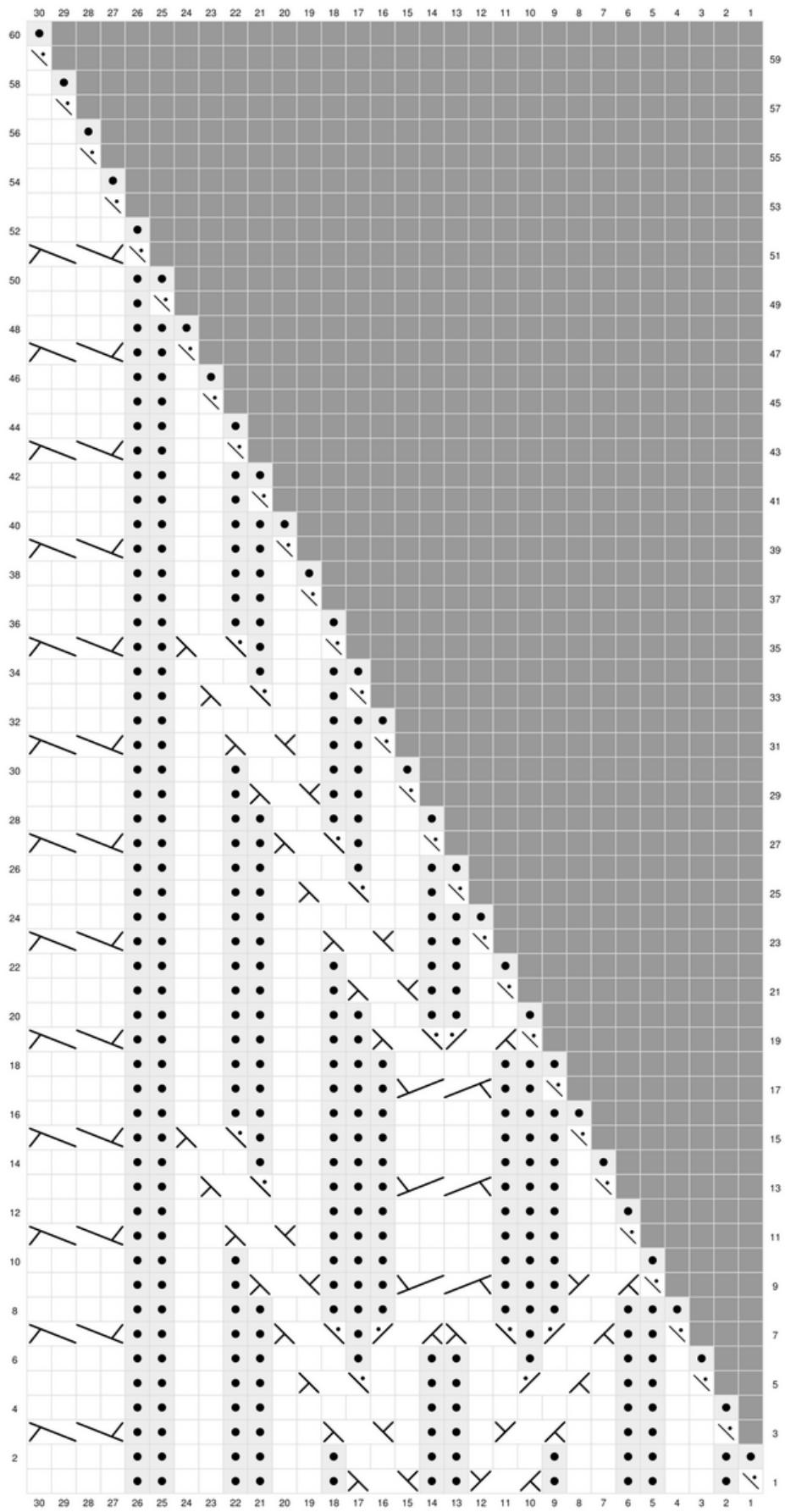


Chart 5





Thank you for knitting my patterns!

If you need inspiration for your next project, check out my other knitting patterns on

Ravelry:

<https://www.ravelry.com/designers/sari-nordlund>

Follow Sari's Instagram for inspiration

https://www.instagram.com/sari_n_/

Subscribe to Sari's YouTube channel for behind the scenes material

<https://www.youtube.com/c/SariNordlund/featured>