

BICHES & BÛCHES



### Isla Shawl

Wool: Biches & Bûches Le Petit Lambswool

Designed by Astrid at the Atelier

We wish you cosy times and happy knitting

Hi and welcome to your new knitting project with Biches & Bûches.

We hope you will have a lot of fun and that you will love your new handknitted garment.

If you are quite new to knitting, a knitting pattern can look a lot more complicated than it really is, especially if you try to understand the instructions before you start knitting but we have endeavored to make the instructions as easy to understand and as enjoyable to read as possible.

In The Little Knitting Guide, you will find the different techniques we have used. If the pattern mentions a technique you do not know, you can find more information about it here.

We wish you happy knitting,  
Astrid & Caroline



# THE LITTLE KNITTING GUIDE

## GAUGE SWATCH

A gauge swatch shows if the knitter works at the same gauge/tension as the designer of the shawl. This is important for the shawl to get the given size.

Using a 3.5mm [UK9.5/US4] needle, cast on 33 sts and work 26 rows back and forth in pattern A as given in the instructions.

Bind off the stitches. Let the swatch soak for 45 minutes in lukewarm water and let it dry.

Insert 2 pins 10cm [4"] apart on the same row and count the number of stitches between the pins. This gives you the number of stitches, per 10cm [4"].

Then insert 2 pins 5cm [2"] apart in the height and count the number of rows between the pins. Multiply this number by two. This gives you the number of rows per 10 cm.

If you have less stitches per 10cm [4"] than the given tension (ex. 23 sts), make a new sample using smaller needles, and if you have more stitches (ex. 25 sts), make a new sample using bigger needles, until your tension is 24 sts per 40 rows.

It is not essential that your gauge is perfect when knitting a shawl. But please note that the dimensions of the shawl are based on the given gauge.

## TECHNIQUES USED

### CASTING ON

We use the German Twisted Cast-On: Measure a piece of yarn, the equivalent of about 4 times the width of your project, make a loop and put it on the needle. Hold the needle in your right hand with yarn wrapped around your thumb (the yarn end) and index (from the yarn ball) on the left hand, forming a sling shot. \*Bring the needle under the loop on your thumb and through the loop from top down. Wrap the needle around the index yarn, from back to front, and back through the thumb loop and out. Release the yarn from the thumb, place the new stitch on the needle and tighten it.\* Repeat from \* to \*, until you have the wanted number of stitches.

### GARTER STITCH

Knit all the stitches, on all rows.

### SLIP 1 WYIB

Slip 1 stitch purlwise with the yarn in the back

On the wrong side row, purl the stitch as a "normal" purl stitch.

### INCREASING, MAKING A NEW STITCH

M1L = Make 1 Left (increase): Insert the left needle under the chain of yarn between the stitches from front to back, lift it onto the left needle and knit it through the back loop.

M1Lp = Make 1 Left (increase): Insert the left needle under the chain of yarn between the stitches from front to back, lift it onto the left needle and purl it through the back loop.

M1R = Make 1 Right (increase): Insert the left needle under the chain of yarn between the stitches from back to front, lift it onto the left needle and knit it.

M1Rp = Make 1 Right (increase): Insert the left needle under the chain of yarn between the stitches from back to front, lift it onto the left needle and purl it through the front loop.

#### PM, PLACE A MARKER

Insert a stitch marker to point out the following stitch.

#### SL M, SLIP MARKER

Slip the stitch marker from the left to the right needle.

#### CHART

Read the chart from the right to the left for the right side rows and from the left to the right for the wrong side rows. Begin in the lower, right corner.

#### ELASTIC KNITTED BIND OFF METHOD

Knit the first stitch and place it on the left needle again. Knit the second stitch through the first stitch, through the back loop of both stitches. Pull off both stitches at the same time so the first stitch is automatically bound off.

Place the new stitch back on the left needle and continue until all stitches have been bound off.

#### CHANGE OF COLOR

For a neat border, we pass the new color below the old color when changing colors, taking care not to tighten the strand of yarn.

#### CARE OF YOUR KNITTED SHAWL

##### WASHING

We recommend hand washing your shawl in lukewarm water using a mild detergent for wool.

Keep the same temperature of the water during washing and rinsing and leave the shawl in the water for a short time only (a few minutes) without rubbing.

Place it in a washing bag in the machine and spin for 2 minutes. Leave it to dry on a towel, lying flat at the right dimensions.

You can steam the shawl gently using a steamer, if needed, avoiding touching the fabric directly.





## KNITTING INFO

### CONSTRUCTION OF ISLA SHAWL

The Shawl is worked flat, top down in a slip-stitch pattern and a large border in garter stitch in three colors.

A 3-stitch edge in stockinette stitch is worked at each side.

You work with only one color at a time.

### YARN

Biches & Bûches Le Petit Lambswool

Color 1: Green Pink Turquoise 30g

Color 2: Orange Red 20g

Color 3: Offwhite 10g

### SHAWL MEASUREMENTS

28 cm x 72 cm / 11" x 28¼"

### TENSION/GAUGE

24 sts and 40 rows = 10cm [4"] in slip-stitch pattern after blocking

24 sts and 44 rows = 10cm [4"] in garter stitch after blocking

It is not very important that the gauge/tension matches fully when you knit a shawl, but the size of the shawl and the yardage estimation are based on the stated tension.

### SUGGESTED NEEDLE SIZES

3.5mm [UK size 9 ½/US size 4]

### EDGE STITCHES

Work 3 edge stitches each side of the shawl in stockinette stitch

RS rows: knit

WS rows: purl

### ABBREVIATIONS

C1, C2, C3: Color 1, Color 2, Color 3

M: marker

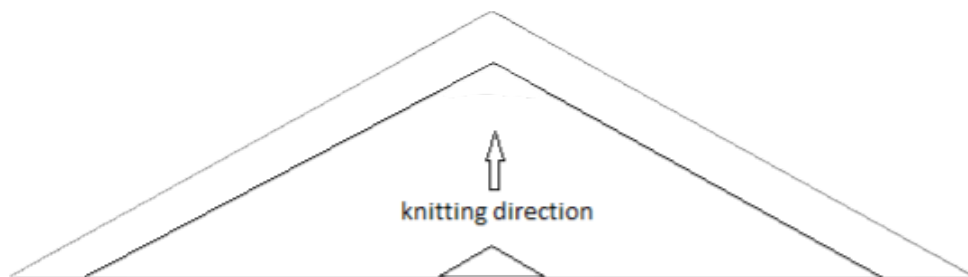
M1L(p) = Make 1 Left (purl) (increase of 1 stitch)

M1R(p) = Make 1 Right (purl) (increase of 1 stitch)

sl M: slip marker (pass it from the left to the right needle)

st(s): stitch(es)

wyib: with the yarn in the back



28 cm x 72 cm / 11" x 28¼"

#### PATTERN A

Color 2 or Color 3:

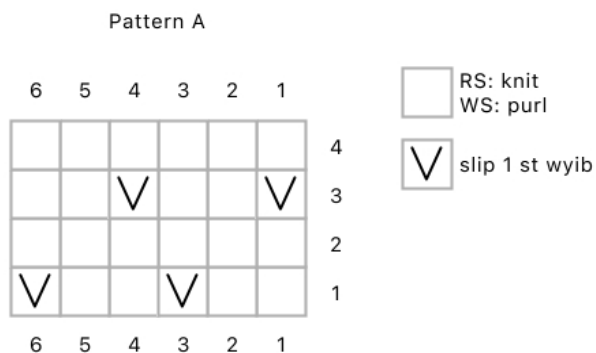
Row 1 (RS): \*knit 2, slip 1 wyib\* and repeat from \* to \*.

Row 2 (WS): purl all the stitches.

Color 1:

Row 3: \*slip 1 wyib, knit 2\* and repeat from \* to \*.

Row 4: purl all the stitches.



When working slip stitches, take care not to tighten the float.

Please see the color chart at the end of the pattern.

## DIRECTIONS

Using Color 1, cast on 7 sts using the German Twisted Cast-On.

### Set-up Row (WS)

Purl 3 (edge sts), pM, purl 1 (center st), pM, purl 3 (edge sts)

Row 1 (RS)

Knit 3, pM, M1L, sl M, knit 1, sl M, M1R, pM, knit 3 [9 sts]

Row 2 (WS)

Purl 3, sl M, M1Rp, purl to M, sl M, purl 1, sl M, purl to M, M1Lp, sl M, purl 3 [11 sts]

Row 3

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3 [15 sts]

Row 4

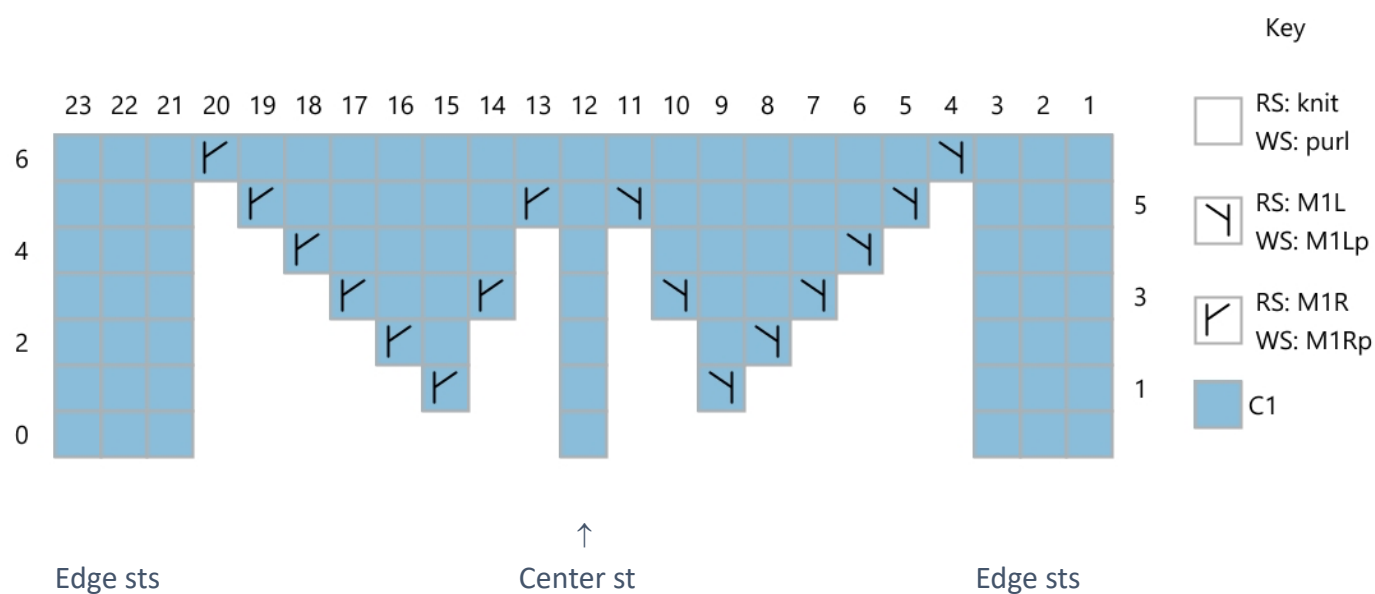
Purl 3, sl M, M1Rp, purl to last M (slipping M as you go), M1Lp, sl M, purl 3 [17 sts]

Row 5

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3 [21 sts]

Row 6

Purl 3, sl M, M1Rp, purl to last M (slipping M as you go), M1Lp, sl M, purl 3 [23 sts]



Row 0 = Set-up Row

Now, begin Pattern A and follow the color changes in the color chart or the instructions below. Please note that after the center stitch, the slip-stitch pattern is mirrored.

Below, you will find a detailed description of how to work Pattern A called "WORKING PATTERN A" and a short description of how to work Pattern A for expert knitters called "WORKING PATTERN A IN SHORT".

As you make increases on every row, take care that the slipped stitches are always slipped at the same position for the "columns" to form.

On the wrong side rows, purl the slipped stitches as "normal" purl stitches.

The color charts below shows all information.





## WORKING PATTERN A

### PATTERN A

#### Row 1 (color 2 - RS)

Knit 3 (edge sts), sl M, M1L, \*knit 2, slip 1 wyib\* to 2 sts before M, knit 2, M1L, sl M, knit 1 (center st), sl M, M1R, \*knit 2, slip 1 wyib\* to 2 sts before M, knit 2, M1R, sl M, knit 3 (edge sts) [4 sts increased, 27 sts]

#### Row 2 (color 2 - WS)

Purl 3, sl M, M1Rp, purl to last M slipping M as you go, M1Lp, sl M, purl 3 [2 sts increased, 29 sts]

#### Row 3 (color 1 - RS)

Knit 3, sl M, M1L, \*knit 2, slip 1 wyib\* to 2 sts before M, knit 2, M1L, sl M, knit 1 (center st), sl M, M1R, \*knit 2, slip 1 wyib\* to 2 sts before M, knit 2, M1R, sl M, knit 3 [33 sts]

#### Row 4 (color 1 - WS)

Purl 3, sl M, M1Rp, purl to last M slipping M as you go, M1Lp, sl M, purl 3 [35 sts]

#### Row 5 (color 2 - RS)

Knit 3, sl M, M1L, slip 1 wyib, \*knit 2, slip 1 wyib\* to 1 st before M, k1, M1L, sl M, knit 1 (center st), sl M, M1R, k1, \*slip 1 wyib, knit 2\* to 1 st before M, slip 1 wyib, M1R, sl M, knit 3 [39 sts]

#### Row 6 (color 2 - WS)

Purl 3, sl M, M1Rp, purl to last M slipping M as you go, M1Lp, sl M, purl 3 [41 sts]

#### Row 7 (color 1 - RS)

Knit 3, sl M, M1L, slip 1 wyib, \*knit 2, slip 1 wyib\* to 1 st before M, k1, M1L, sl M, knit 1 (center st), sl M, M1R, k1, \*slip 1 wyib, knit 2\* to 1 st before M, slip 1 wyib, M1R, sl M, knit 3 [45 sts]

#### Row 8 (color 1 - WS)

Purl 3, sl M, M1Rp, purl to last M slipping M as you go, M1Lp, sl M, purl 3 [47 sts]

#### Row 9 (color 3 - RS)

Knit 3, sl M, M1L, k1, slip 1 wyib, \*knit 2, slip 1 wyib\* to M, M1L, sl M, knit 1 (center st), sl M, M1R, \*slip 1 wyib, knit 2\* to 2 sts before M, slip 1 wyib, k1, M1R, sl M, knit 3 [51 sts]

#### Row 10 (color 3 - WS)

Purl 3, sl M, M1Rp, purl to last M slipping M as you go, M1Lp, sl M, purl 3 [53 sts]

#### Row 11 (color 1 - RS)

Knit 3, sl M, M1L, k1, slip 1 wyib, \*knit 2, slip 1 wyib\* to M, M1L, sl M, knit 1 (center st), sl M, M1R, \*slip 1 wyib, knit 2\* to 2 sts before M, slip 1 wyib, k1, M1R, sl M, knit 3 [57 sts]

Row 12 (color 1 - WS)

Purl 3, sl M, M1Rp, purl to last M slipping M as you go, M1Lp, sl M, purl 3 [59 sts]

Work Rows 1 to 12 another 2 times and then work Rows 1 to 10, for a total of 46 pattern rows.

The shawl measures approx. 19 cm [7.5"] along the center stitch and you have 161 sts.

## GARTER STITCH BORDER

Now work a border in garter stitch, with 3 edge sts each side and the center stitch always in stockinette stitch, and continue the increases and the stripe pattern in all 3 colors:

Row 1 (color 1 - RS)

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

Row 2 (color 1 - WS)

Purl 3, sl M, M1L, knit to M, sl M, purl 1, sl M, knit to M, M1R, sl M, purl 3

Row 3 (color 2 - RS)

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

Row 4 (color 2 - WS)

Purl 3, sl M, M1L, knit to M, sl M, purl 1, sl M, knit to M, M1R, sl M, purl 3

Row 5 (color 1 - RS)

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

Row 6 (color 1 - WS)

Purl 3, sl M, M1L, knit to M, sl M, purl 1, sl M, knit to M, M1R, sl M, purl 3

Row 7 (color 2 - RS)

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

Row 8 (color 2 - WS)

Purl 3, sl M, M1L, knit to M, sl M, purl 1, sl M, knit to M, M1R, sl M, purl 3

Row 9 (color 1 - RS)

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

Row 10 (color 1 - WS)

Purl 3, sl M, M1L, knit to M, sl M, purl 1, sl M, knit to M, M1R, sl M, purl 3

Row 11 (color 3 - RS)

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

Row 12 (color 3 - WS)

Purl 3, sl M, M1L, knit to M, sl M, purl 1, sl M, knit to M, M1R, sl M, purl 3

Rows 13, 15, 17, 19, 21, 23 (color 1 - RS)

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

Rows 14, 16, 18, 20, 22, 24 (color 1 - WS)

Purl 3, sl M, M1L, knit to M, sl M, purl 1, sl M, knit to M, M1R, sl M, purl 3

You have 233 sts.

Cast off all sts using the Elastic Knitted Cast Off method.

Continue to the section Finishing page 14.



## WORKING PATTERN A IN SHORT

As you make increases on every row, take care that the slipped stitches are always slipped at the same position for the “columns” to form.

### PATTERN A

RS rows (slipping M as you go and mirroring Pattern A after the center stitch)

Knit 3, sl M, M1L, work in Pattern A to M, M1L, sl M, knit 1 (center st), sl M, M1R, work in Pattern A mirrored to M, M1R, sl M, knit 3  
[4 sts increased]

### WS rows

Purl 3, sl M, M1Rp, purl to last M, M1Lp, sl M, purl 3  
[2 sts increased]

1 pattern color repeat (12 rows):

Rows 1-2: Color 2

Rows 3-4: Color 1

Rows 5-6: Color 2

Rows 7-8: Color 1

Rows 9-10: Color 3

Rows 11-12: Color 1

Work a total of 3 pattern color repeats (36 rows) and then

Rows 37-38: Color 2

Rows 39-40: Color 1

Rows 41-42: Color 2

Rows 43-44: Color 1

Rows 45-46: Color 3

For a total of 46 pattern rows.

The shawl now measures approx. 19 cm [7.5"] along the center stitch and we have a total of 161 sts.

### GARTER STITCH BORDER

Now work a border in garter stitch, with 3 edge sts each side and the center stitch always in stockinette stitch, and continue the increases and the stripe pattern in all 3 colors:

### RS rows

Knit 3, sl M, M1L, knit to M, M1L, sl M, knit 1, sl M, M1R, knit to M, M1R, sl M, knit 3

### WS rows

Purl 3, sl M, M1L (looks like M1Rp on the RS), knit to M, sl M, purl 1, sl M, knit to M, M1R (looks like M1Lp on the RS), sl M, purl 3

Rows 1-2: Color 1  
Rows 3-4: Color 2  
Rows 5-6: Color 1  
Rows 7-8: Color 2  
Rows 9-10: Color 1  
Rows 11-12: Color 3  
Then work 12 rows in Color 1.

For a total of 233 sts.  
Cast off all sts using the Elastic Knitted Cast Off method.

## FINISHING

Weave in the ends.

Let the shawl soak in lukewarm water with a wool detergent for 45 minutes. Keeping the shawl compressed in shape, gently remove excess water by rolling it between two thick towels or place it in a laundry bag to spin in the machine for a few minutes.

Block the shawl to measurements and let it dry fully.





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We love to see your finished projects! Feel free to tag us with **@bichesetbuches**, you can also use the hashtags **#bichesetbuches** **#lepetitlambswool**

If you have questions about the pattern, feel free to send us an e-mail at [info@bichesetbuches.com](mailto:info@bichesetbuches.com) or to contact us on the Chat on [www.bichesetbuches.com](http://www.bichesetbuches.com)

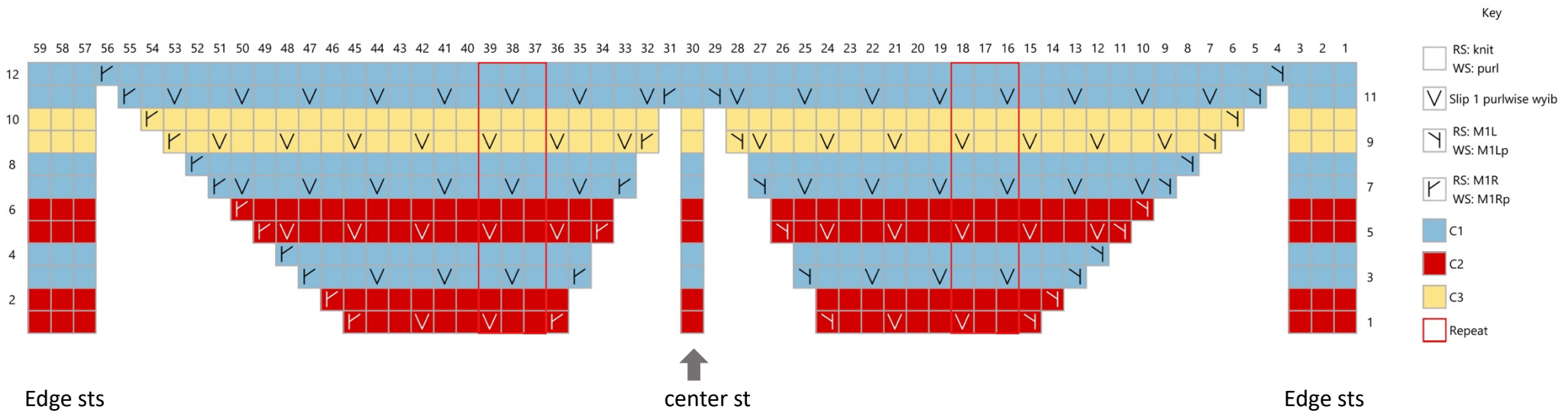
We hope you will love your new handmade garment.

Warmly from the Atelier,

Astrid & Caroline

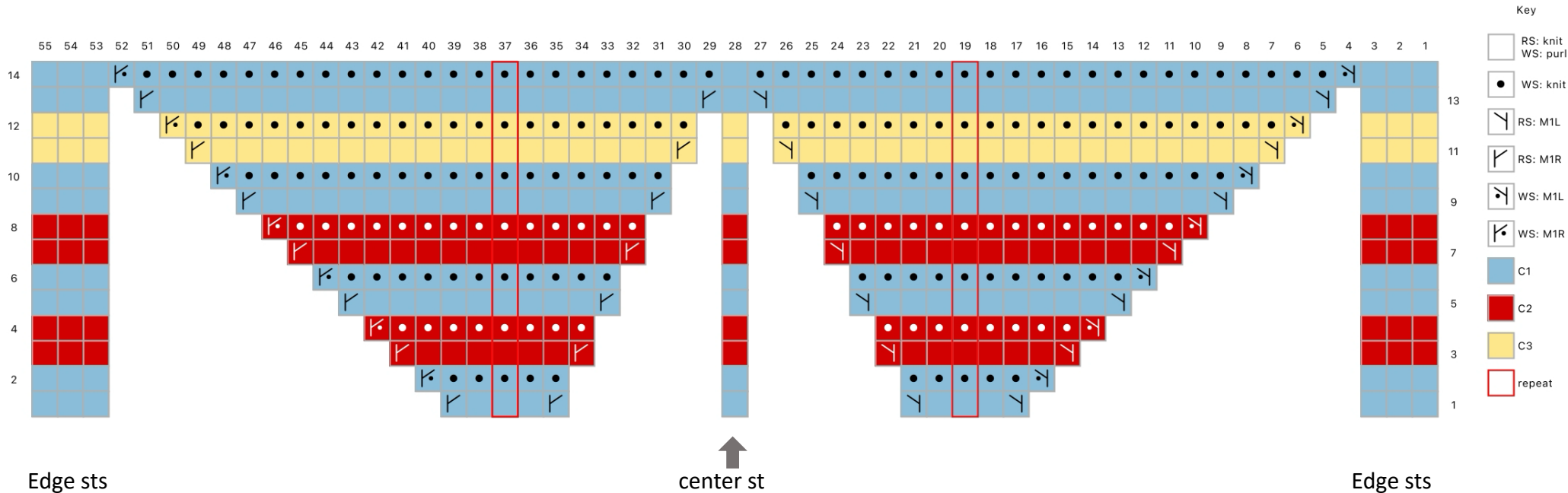
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PATTERN A



Work Rows 1 to 12 three times, then rep Rows 1 to 10, for a total of 46 rows.

GARTER BORDER



Work Rows 1 to 14, then repeat Rows 13 and 14 five more times in Color 1, for a total of 24 rows.