
Heather's Cowl



Materials:

1 set 3.25 mm/US 3 circular needles (29")

Marker (optional)

5 - 50 g balls of fingerling weight yarn (e.g., Knit Picks Palette):

1 ball main colour:

- Black

4 balls contrast colours:

- 1 Semolina
- 1 Green Tea Heather
- 1 Kumquat Heather
- 1 Orange

Gauge: 32 st for 4 inches/10 cm = 8 st per inch

Finished measurements: 31 x 69 cm, 12.5 x 27 in

Abbreviations :

CO - cast on

st - stitch(es)

k - knit

p - purl

MC - main colour

m1 - make one stitch by picking up the loop between two stitches and knitting into the back of the loop.

k2tog - knit two stitches together

Hints:

I strongly recommend knitting the colour stranded technique by holding one colour in each hand. It may take a little while to get used to, but it will significantly increase your speed over the course of this project. There are many free videos available online that demonstrate this technique, such as on knittinghelp.com, under "advanced techniques."

Only carry the unused yarn 5 st. If the gap is larger than 5 st, use whatever technique you like to intertwine the two yarns.

You can cut the yarn of the contrast colours once each section is complete, but there is no reason to cut the main colour. Simply keep the black yarn at the back of your work and pick it up as you need it.

Sizing: This pattern is one size fits all. However, if you would like the cowl to fit tighter around the neck, cast on only 132 st, increase by 8 st evenly throughout Row 7 (140 st), and repeat the colour chart the number of times needed to fit this many stitches. In the same way, after finishing the colour chart, decrease by 8 st evenly throughout the row prior to beginning the final ribbing rows.

Pattern:

CO 172 st in MC. Being careful not to twist, join stitches to knit in the round. Place marker at the start of the row, if desired.

Rows 1-6 (MC): *k2, p2; repeat from * to the end of the row.

Row 7 (MC): *k20, m1; repeat from * until 12 st remain, k12. (180 st)

Row 8 and following: begin row 1 of colour chart. Repeat the 20 st that make up the colour chart in order to complete the row.

After completing the colour chart (92 rows, if you're still counting!), use MC and *k19, k2tog; repeat from * until 12 st remain, k12. (170 st)

Finish with 6 rows of 2x2 ribbing in MC: *k2, p2; repeat from * to the end of the row.

Bind off stitches and weave in ends.

Steam block to help the ribbing lay flat.

Colour Chart

■	Black
■	Orange
■	Kumquat Heather
■	Semolina
■	Green Tea Heather

Close-up of the pattern:

