



French Twist



CARO
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A SCARFLET WITH A TWIST

Your new wardrobe staple

Do you have about 25 grams of that perfect fingering yarn left in your stash? That is all you need to knit the French Twist!

The point-to-point construction with the knit-as-you-go i-cord and scalloped edge will keep you wanting to knit just a little more... and a little more. The French Twist scarflet will be the spice of any outfit, whether yours or a knitworthy friend's!



SKILLS NEEDED

The French Twist is perfect for beginners. Here are the basic skills you will need to knit it:

- long-tail cast on
- knit
- purl
- kf&b (bar increase)
- k2tog (decrease)
- slip stitch
- simple 4-stitch cable
- pick up stitches
- Kitchener stitch



YOU WILL NEED

NEEDLES

- ☐ 3.25 mm [US3] circular needles
40 cm or 60 cm / 16" or 24"

YARN

- ☐ 25 g fingering/sock weight yarn
(100 g [3.5 oz] = 400 m [437 yds])

NOTIONS

- ☐ Tapestry needle
- ☐ Scissors
- ☐ Cable needle if choosing to work
4-stitch cable with a needle

GAUGE

- ☐ 24 sts/ 56 rows = 10 cm [4"]
square in garter stitch on
3.25 mm [US3] needles or needle
size needed to obtain gauge

MEASUREMENTS

- ☐ Length from tip to tip:
approximately 88 cm [34.5"]
- ☐ Width at widest point:
approximately 9 cm [3.5"]



INSTRUCTIONS

SETUP AND FIRST WEDGE

Using long-tail method, CO 3 sts.

Row 1: K3. DO NOT TURN. Slide sts to other end of needles.

Row 2: K3. DO NOT TURN. Slide sts to other end of needles.

Row 3: K3, pu&k1 from side, yf, pu2 from CO edge (do not knit last 2 picked-up stitches), TURN. (6 sts)

Row 4: Knit till last 3 sts, sl3wyif, TURN.

Row 5: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 4 & 5 twice more.

Row 10: K2, k1fb, sl3wyif, TURN. (1 st increased)

Row 11: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 4 & 5 once more.

Repeat Row 4 once more.

Row 15: Knit till last 3 sts, p1, sl2wyif, TURN.

Row 16: C4F, sl3wyif, TURN.

Row 17: Same as Row 11.

INCREASING WEDGES

Row 1: Knit till last 3 sts, sl3wyif, TURN.

Row 2: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 1 & 2 once more.

Row 5: K2, k1fb, knit till last 3 sts, sl3wyif, TURN. (1 st increased)

Row 6: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 1 & 2 once more.

Repeat Row 1 once more.

Row 10: Knit till last 3 sts, p1, sl2wyif, TURN.

Row 11: C4F, knit till last 3 sts, sl3wyif, TURN.

Row 12: Same as Row 2.

Repeat Rows 1–12 eighteen more times. You will have 20 wedges in all and 26 stitches.

DECREASING WEDGES

Row 1: Knit till last 3 sts, sl3wyif, TURN.

Row 2: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 1 & 2 once more.

Row 5: K2, k2tog, knit till last 3 sts, sl3wyif, TURN. (1 st decreased)

Row 6: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 1 & 2 once more.

Repeat Row 1 once more.

Row 10: Knit till last 3 sts, p1, sl2wyif, TURN.

Row 11: C4F, knit till last 3 sts, sl3wyif, TURN.

Row 12: Same as Row 2.

Repeat Rows 1–12 eighteen more times.

LAST WEDGE

Row 1: Knit till last 3 sts, sl3wyif, TURN.

Row 2: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 1 & 2 once more.

Row 5: K2, k2tog, sl3wyif, TURN.
(1 st decreased with 6 sts remaining)

Row 6: Knit till last 2 sts, sl2wyif, TURN.

Repeat Rows 1 & 2 once more.

Repeat Row 1 once more.

Row 10: Knit all sts. (6 sts)

Divide stitches into 2 groups of three, with three stitches on each needle.

Break yarn. Thread yarn onto darning needle. Using Kitchener stitch, graft stitches together.

FINISHING

Weave in ends. Steam gently. Enjoy!

GUIDE TO ABBREVIATIONS

Term	Definition
CO	cast on
C4F	with cable needle, slip 2 stitches to cable needle, hold in front, k2 from left-hand needle, then k2 from cable needle see video link on next page for instructions on C4F without a cable needle
k	knit
k1fb	knit into front and back of same stitch (one stitch increased)
k2tog	knit 2 stitches together (one stitch decreased)
p	purl
pu	pick up a stitch without knitting it
pu&k	pick up a stitch and knit it
slwyif	slip the stated number of stitches purlwise with yarn in front
st(s)	stitch(es)
wyif	with yarn in front
yf	bring yarn to side of work facing you

LINKS TO TUTORIALS

Term	Tutorial
long-tail cast on	https://www.youtube.com/watch?v=sN9cNEozOLc
C4F	with cable needle: https://www.youtube.com/shorts/8czhQ05DRkU without cable needle: https://www.youtube.com/watch?v=xEP9tldTuKM
k1fb	https://www.youtube.com/shorts/5eLGOGzLky0
k2tog	https://www.youtube.com/shorts/7eU82QEIAWk
pu	https://www.youtube.com/watch?v=6JX40LkAKTs
pu&k	https://www.youtube.com/shorts/ShkWpfd0iEo
sl3wyif	https://www.youtube.com/shorts/TSS7heF7vMw

NOTES

[illegible]

You did it!

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FOR QUESTIONS, E-MAIL CAROKNITSINTHECITY@GMAIL.COM



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