

Fitu hat and cowl

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I have designed the Fitu hat and cowl to match the Fitu sweater. They are simple colourwork accessories that never use more than two colours per row and have easy-to-memorise repeats to avoid having to check the charts constantly. They are both knitted in the round, without seams, from the bottom up.

If you are on Instagram, please use the hashtags `#fituhat` or `#fitucowl` when you publish photos of your projects, or tag me: `@tejereningles`. If you have any questions about the pattern, please email me at the following address: `tejereningles@gmail.com`.

MATERIALS

- 4 mm (US 6) circular needles. 40 cm / 16" long for the hat and 60 cm / 24" long for the cowl. Adjust the needle size if necessary in order to match the gauge given below.
- 3.5 mm (US 4) (or two sizes smaller than the main needles) for the ribbing.
- Markers and tapestry needle. Optional: 85 mm pompom maker.

SIZES AND DIMENSIONS

The hat has two sizes: 1 (2). The final dimensions are 48 (52) cm / 18.75" (20.5") circumference and 24 cm / 9.5 inches long.

The cowl is one size only and it measures 28 cm / 11" wide and 30 cm / 11.75" tall.

GAUGE

20 stitches and 23 rounds in 10 cm / 4" with the larger needles, in colourwork after blocking.

YARN

Sport or *DK weight* yarn in 4 colours. I used Rauwerk No2 100% Merino (300 m en 100 g). Please take into account that even though the Rauwerk is classified as a sport-weight yarn, it knits like a DK.

Main colour (MC): shown in Quarz (light grey).

Hat: 50 (60) m. Cowl: 115 m.

Contrasting colour 1 (CC1): shown in Alpen-Klee (pink).

Hat: 20 (25) m. Cowl: 32 m.

Contrasting colour 2 (CC2): shown in Alpen-Aurikel (yellow).

Hat: 20 (25) m (you will need extra for the pompom). Cowl: 25 m.

Contrasting colour 3 (CC3): shown in Graphit (dark grey):

Hat: 60 (70) m. Cowl: 95 m.

ABBREVIATIONS

BOR: beginning of round

CC1 / CC2 / CC3: contrasting colour 1 / 2 / 3

CO: cast on

k2tog: knit 2 together (1 stitch decreased)

k: knit

m: marker

MC: main colour

p: purl

pm: place a marker

ssk: slip, slip, knit. Slip the 1st stitch knitwise, slip the 2nd stitch knitwise. Now insert the left hand needle through the front loop of both slipped stitches and knit them together through the back loop.

st: stitch(es)

TUTORIALS

You can find all relevant tutorials in a YouTube playlist: <https://bit.ly/Fitututorials>

or by scanning the QR code with your phone camera.



Stitches:

ssk: <https://youtu.be/GXBSmedZXfY>

Techniques:

Long tail cast on:

<https://youtu.be/JC7ZiW6aoH8>

Stranded knitting: methods of holding yarns:

<https://youtu.be/NSzvGSlMU94>

Stranded knitting: catching floats:

https://youtu.be/ajppfcE_HAAL



HAT

With the smaller needles and MC, CO 96 (104) st using the long tail cast on (video in *Tutorials*). Place a BOR m and join to knit in the round, being careful not to twist the stitches.

Round 1: Repeat {k1, p1} to the end of the round.

Repeat **round 1** until the ribbing measures 5 cm / 2.5" from the CO edge. If you want a more fitted hat, I would recommend you keep the ribbing to 3 cm / 1.5".

Change the the larger needles and work the 44 rounds from **chart A** on page 4. See the advice on the right hand column.

Pay attention to the decreases marked on the chart: sometimes we work **k2tog** and sometimes **ssk**.

When you complete the chart you will have 12 (13) st. Cut the thread leaving a 15 cm / 6" tail, thread a tapestry needle and weave it through the remaining stitches twice, pulling hard to close the hole.

Weave in the ends and block the hat, soaking it for 15-20 minutes and laying it flat to dry.

If you want to add a pompom, I used the large blue Clover pompom maker (85 mm).

COWL

With the smaller needles and MC, CO 112 st using the long tail cast on (video in *Tutorials*). Place a BOR m and join to knit in the round, being careful not to twist the stitches.

Round 1: Repeat {k1, p1} to the end of the round.

Repeat **round 1** until the ribbing measures 3 cm / 1.5" from the CO edge.

Change the the larger needles and work the 56 rounds from **chart B** on page 5. See the advice on the right hand column.

When you complete the chart change to the smaller needles again.

Round 1: Repeat {k1, p1} to the end of the round.

Repeat **round 1** until the ribbing measures 3 cm / 1.5" from the end of the colourwork. Bind off loosely in pattern.

Weave in the ends and block the cowl, soaking it for 15-20 minutes and laying it flat to dry.

Notes to follow the chart:

Start the chart at the bottom right, indicated with an arrow.

I have marked on the charts where you should cut the different colour threads. You don't need to cut the others even if you're not going to use them for several rounds – simply catch them with one of the other threads at the BOR every 2 or 3 rounds.

To the left of each chart I have added two columns to show which should be the background colour and contrasting colour on each round. Place the background colour ball for each round on your right and always go *over* the contrasting colour yarn as you knit with it (and if you knit with both hands, place this colour on your right hand). The colour you want to stand out more should be on your left and it should always go *under* the other colour as you knit with it (and if you knit with both hands, place this colour on your left hand). This way you will avoid twisting the yarns around each other and it will be easier to be consistent with which yarn goes over or under.

There are several rounds with 7 stitches in between a contrasting colour stitch and the next stitch in the same colour. Depending on the yarn you use and how sticky it is, it's possible to knit this distance without the need to catch the floats. If you'd prefer to catch them, do so on the 4th st.

If you have a tendency to knit colourwork a bit tighter, you could go up a needle size for this section. Also, try to use the right length of cable – if the stitches are bunched up on a cable that is too short, it's more difficult to keep the right tension.

If you don't understand what I mean about the placement of the different balls of yarn or about catching floats, watch the two Stranded Knitting videos in *Tutorials*.

I hope you have enjoyed knitting this pattern. Please, don't share or sell the pattern or any items made with it. It is for personal use only.

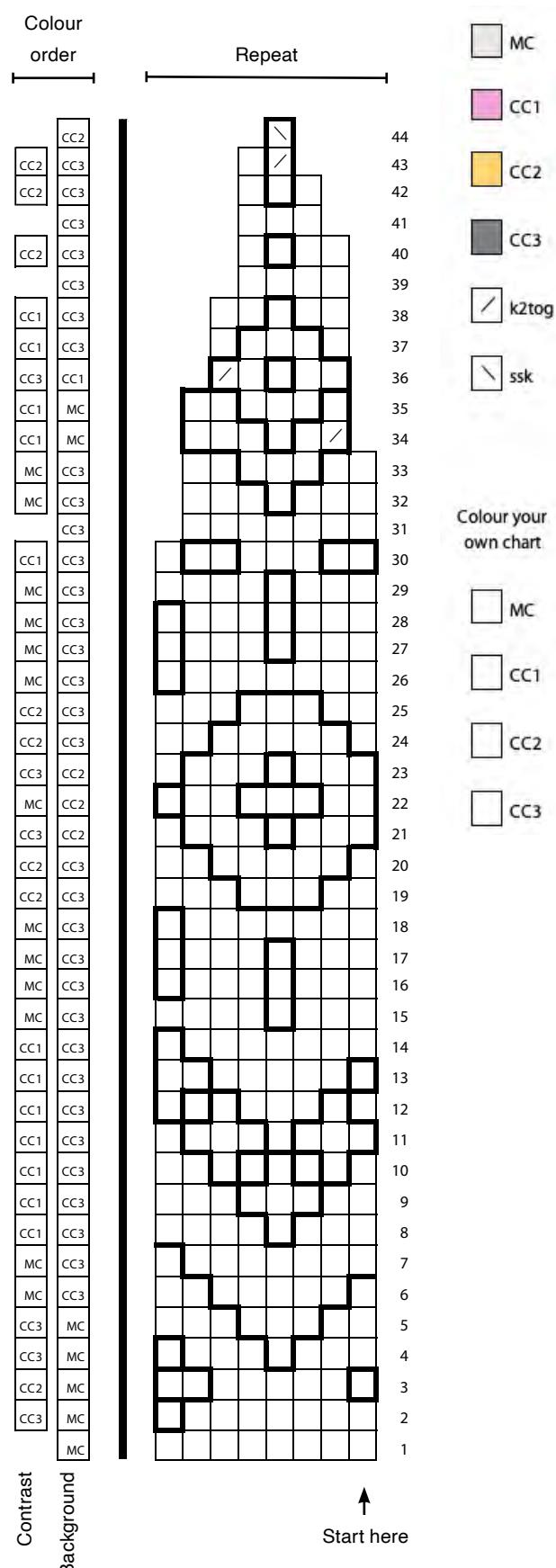
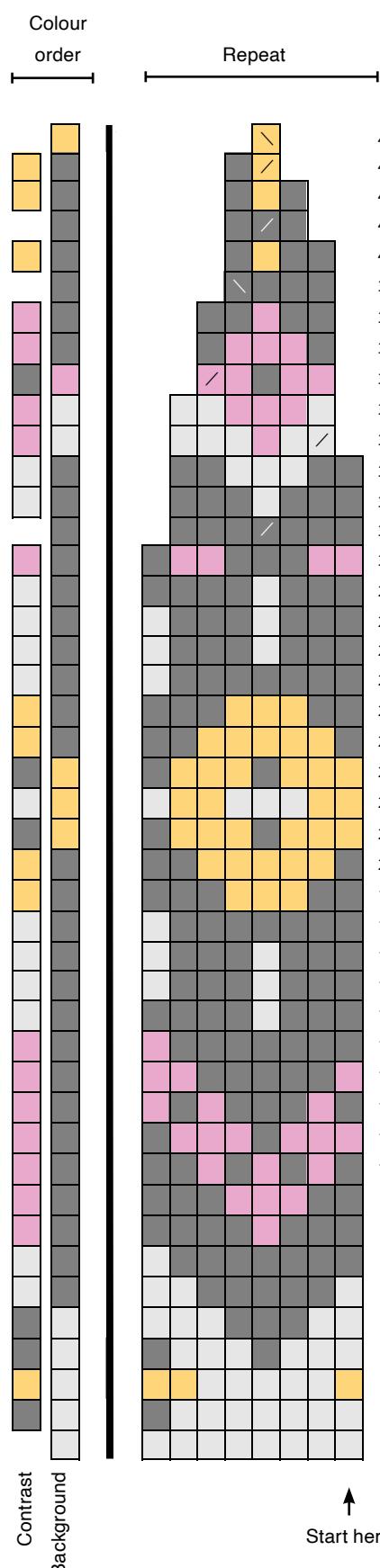
You can find all my patterns, including the matching Fitu sweater, on Ravelry:

www.ravelry.com/designers/belen-fernandez

or scanning this QR code..



CHART A – HAT



KEY

MC	MC
CC1	CC1
CC2	CC2
CC3	CC3
k2tog	k2tog
ssk	ssk

Colour your own chart

MC	MC
CC1	CC1
CC2	CC2
CC3	CC3

CHART B – COWL

