

Field of Sunflowers sock set

Two colourwork sock patterns by Charlotte Stone, Stone Knits



The Field of Sunflowers socks set are inspired by the sunflowers that planted themselves on to my roof from the seeds I fed the birds with during Winter. Just out of nowhere I had created my own field of sunflowers. These beautiful flowers have survived summer storms and admittedly very little care and yet they have taken over my roof terrace with their bright, happy blooms. I could not help but be inspired and create a sunflower sock set for all of us sock knitters to enjoy at the end of Summer. And the best bit is that we can enjoy these sunflowers all year round!

Sunflower Power

Pattern by Charlotte Stone, Stone Knits



These socks are knit from the cuff down with a 2 x 2 ribbed cuff, have a `no wrap` short row heel and have a stranded colourwork pattern throughout the leg and foot. The toe is finished with Kitchener Stitch. This pattern uses the magic loop circular needle method (but can be knit with 9-inch circulars or dpns).

Sizing

1 (2, 3)

To fit (foot circumference): 19-21 (21.5–23.5, 25.5–27.5) cm / 8 (9, 10 ½) inches

Finished circumference: 17.5 (20, 24.5) cm / 7 (8, 9 ½) inches.

Recommended ease: Approximately 2.5cm (1 inch) of negative ease. For your foot circumference, measure around the widest part of your foot. Further sizes can be achieved by going up or down a needle size.

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Leg/foot length can be easily adjusted. See instructions for details.

Sample shown is knit in size 2 for shoe size US 8.5 (EU 39, UK 6), foot circumference 22.5cm (8¾ inches).

MATERIALS

Yarn - Fingering weight 4ply sock yarn

A Homespun House, Soft sock – 75% wool and 25% nylon. 425m / 465yds per 100g.

Filcolana Arwetta Classic – 80% Superwash Merino wool and 20% nylon. 210m / 230yds per 50g.

Any fingering weight sock yarn can be used for this sock pattern, as long as you can obtain the same gauge.

Shown in:

MC: Ash. A Homespun House, Soft sock. 255m / 278yds - 60g

CC: Mustard. Filcolana Arwetta Classic. 105m / 115yds - 25g

Needles

For ribbing and stockinette: 2.25mm (US 1), 80cm (32 inch) circular for magic loop, or DPNs, or two circulars or a 23cm (9 inch) circular needle as preferred.

For colourwork: 2.5mm (US 1.5), 80cm (32 inch) circular for magic loop, or DPNs, or two circulars or a 23cm (9 inch) circular needle as preferred.

Important note: Do check your gauge for fitting. Further sizes can be achieved by going up or down needle sizes.

GAUGE

36 sts x 38 rnds = 10cm (4 inches) for colourwork.

38 sts x 44 rnds = 10cm (4 inches) for ribbing and stockinette.

Notions

Stitch marker

Scissors

Tapestry needle for sewing in ends.

SPECIAL TECHNIQUES

When knitting stranded colourwork, be consistent with how you hold the yarns. The yarn used to knit the contrast pattern should always cross below the yarn knit for the background colour at the back of your work. Be sure to knit the floats loosely. Do not twist/catch your floats too often or this will create an inelastic fabric. I recommend leaving 9 sts between twisting/catching floats for colourwork socks. The colourwork chart is read from bottom to top and from right to left. To weave in your yarn ends while you are knitting please see Stephen West's video `Weavin Stephen` on YouTube

<https://www.youtube.com/watch?v=Fz292NAjH2M> .

(Any short row heel or after thought sock heel can be substituted for the heel if you wish).

ABBREVIATIONS

BOR = Beginning of the round

CC = Contrast colour(s)

Dec'd = Decreased

Inc'd = Increased

K = Knit

K2tog = Knit 2 stitches together

Ktbl = Knit through the back loop

MC = Main colour

M1L(p) = Make 1 left. Pick up the bar between the stitch you have just worked and the one you are about to knit (purl), bringing the needle from the front to the back. Then knit into the back of the stitch making a new stitch.

P = Purl

P2tog = Purl 2 stitches together

pg. = Page

PM = Place marker

Rpt(s) = Repeat(s)

Rnd(s) = Round(s)

RS = Right Side

Sl1 = Slip one stitch purlwise from the left-hand needle to the right-hand needle.

SSK = Slip one stitch knitwise, slip next stitch knitwise, knit slipped stitches together.

St(s) = Stitch(es)

WS = Wrong Side

INSTRUCTIONS

CUFF

Cast on 56 (64, 72) sts with MC with 2.25mm needle (US 1). Divide sts evenly over the two needles and place a marker at the beginning of the round. For DPNs, place your sts equally over the 3 (or 4) needles that you are using. PM for BOR. Join to work in the rnd being careful not to twist sts.

Ribbing Rnd: *K2, P2; rep from * to end of rnd.

Work Ribbing Rnd for a total of 11 rnds (approximately 2.5cm or 1 inch).

LEG

With MC and needle size 2.5mm (US 1.5) or needle size to achieve gauge in colourwork, work increase rnd:

Size 1: *K14, M1L; rep from * to the end of rnd. 4 sts inc'd. 60 sts total.

Size 2: *K8, M1L; rep from * to the end of rnd. 8 sts inc'd. 72 sts total.

Size 3: *K6, M1L; rep from * to the end of rnd. 12 sts inc'd. 84 sts total.

Now work Rnds 1-28 colourwork chart on pg. 9. Join CC where shown. The chart repeats 5 (6, 7) times around the sock. Rpt Rnds 1–14 and then continue to the short row heel instructions.

SHORT ROW HEEL

Using MC, size 2.25mm (US 1) needle and Needle 1 only, you will now work the heel instructions for your size.

Size 1 only (30 sts on Needle 1):

Row 1 (RS): Sl1, [K12, K2tog] twice, turn work to the WS (leaving 1 st unworked). 2 sts dec'd. There are now 28 sts for the heel in total.

Row 2 (WS): Sl1, P25 (leaving 1 st unworked at the end), turn work to the RS.

Row 3: Sl1, K24 (leaving 2 sts unworked at the end), turn work.

Row 4: Sl1, P23 (1 st before the gap), turn work.

Row 5: Sl1, K22 (1 st before the gap), turn work.

Row 6: Sl1, P21, (1 st before the gap), turn work.

Row 7: Sl1, K to 1 st before the gap, turn work.

Row 8: Sl1, P to 1 st before the gap, turn work.

Work rows 7 and 8 five more times.

Row 19: Sl1, K to 1 st before the gap, turn work.

Row 20: Sl1, P7, turn work.

You should have 8 purl sts in the centre and 10 unworked sts on each side.

The heel now needs to be worked back and forth, closing the gaps that have been created from turning the work.

Row 21 (RS): Sl1, K6, SSK (working together 1 st on either side of the gap), M1L st, picking up under the SSK st, (do not twist the st), turn work.

Row 22 (WS): Sl1, P7, P2tog, M1Lp st, picking up under the P2tog st (do not twist st), turn work.

Row 23: Sl1, K8, SSK, M1L, turn work.

Row 24: Sl1, P9, P2tog, M1Lp, turn work.

Continue in established pattern for 14 more rows.

Row 39 (RS): Sl1, K24, SSK, M1L, turn work.

Row 40 (WS): Sl1, P25, P2tog, M1Lp, turn work.

Row 41 (RS): Sl1, [K13, M1L] twice, K1. 2 sts inc'd.

There are now 30 sts on Needle 1.

Continue to Foot section.

Size 2 only (36 sts on Needle 1):

Row 1 (RS): Sl1 [K6, K2tog] four times, K2, turn work to the WS (leaving 1 st unworked). 4 sts dec'd. There are now 32 sts for the heel in total.

Row 2 (WS): Sl1, P29 (leaving 1 st unworked at the end), turn work to the RS.

Row 3: Sl1, K28 (leaving 2 sts unworked at the end), turn work.

Row 4: Sl1, P27 (1 st before the gap), turn work.

Row 5: Sl1, K26 (1 st before the gap), turn work.

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Row 6: Sl1, P25 (1 st before the gap), turn work.

Row 7: Sl1, K to 1 st before the gap, turn work.

Row 8: Sl1, P to 1 st before the gap, turn work.

Work rows 7 and 8 five more times.

Row 19: Sl1, K to 1 st before the gap, turn work.

Row 20: Sl1, P11, turn work.

You should have 12 purl sts in the centre and 10 unworked sts on each side.

The heel now needs to be worked back and forth, closing the gaps that have been created from turning the work.

Row 21 (RS): Sl1, K10, SSK (working together 1 st on either side of the gap), M1L st, picking up under the SSK (do not twist the st), turn work.

Row 22 (WS): Sl1, P11, P2tog, M1Lp picking up under the P2tog st (do not twist st), turn work.

Row 23: Sl1, K12, SSK, M1L, turn work.

Row 24: Sl1, P13, P2tog, M1Lp, turn work.

Continue in established pattern for 14 more rows.

Row 39 (RS): Sl1, K28, SSK, M1L, turn work.

Row 40 (WS): Sl1, P29, P2tog, M1Lp, turn work.

Row 41 (RS): [K8, M1L] four times. 4 sts inc'd.

There are now 36 sts on Needle 1.

Continue to Foot section.

Size 3 only (42 sts on Needle 1):

Row 1 (RS): Sl1, [K5, K2tog] five times, K3, K2tog, turn work to the WS (leaving 1 st unworked). 6 sts dec'd. There are now 36 sts for the heel in total.

Row 2 (WS): Sl1, P33 (leaving 1 st unworked at the end), turn work to the RS.

Row 3: Sl1, K32 (leaving 2 sts unworked at the end), turn work.

Row 4: Sl1, P31 (1 st before the gap), turn work.

Row 5: Sl1, K30 (1 st before the gap), turn work.

Row 6: Sl1, P29 (1 st before the gap), turn work.

Row 7: Sl1, K to 1 st before the gap, turn work.

Row 8: Sl1, P to 1 st before the gap, turn work.

Work rows 7 and 8 six more times.

Row 21: Sl1, K to 1 st before the gap, turn work.

Row 22: Sl1, P13, turn work.

You should have 14 purl sts in the centre and 11 unworked sts on each side.

The heel now needs to be worked back and forth, closing the gaps that have been created from turning the work.

Row 23 (RS): Sl1, K12, SSK (working together 1 st on either side of the gap). M1L st, picking up under the SSK (do not twist the st), turn work.

Row 24 (WS): Sl1, P13, P2tog, M1Lp, picking up under the P2tog st (do not twist st), turn work.

Row 25: Sl1, K14, SSK, M1L, turn work.

Row 26: Sl1, P15, P2tog, M1Lp, turn work.

Continue in established pattern for 16 more rows.

Row 43 (RS): Sl1, K32, SSK, M1L, turn work.

Row 44 (WS): Sl1, P33, P2tog, M1Lp, turn work.

Row 45 (RS): Sl1, [K5, M1L] six times, K5. 6 sts inc'd.

There are now 42 sts on Needle 1.

FOOT (ALL SIZES)

Join back in the round with MC and using the 2.5mm (US 1.5) needles. You will be working with both Needles 1 and 2 again.

Knit 30 (36, 42) sts on Needle 2 back to the BOR (this will be counted as Rnd 15 on the colourwork chart).

Resume knitting the colourwork chart on pg.9 using MC and CC, starting with Rnd 16 and ending on Rnd 28. Knit Rnds 1-28 once more. After Rnd 25 however, do check to see if the sock is already 3 (4, 5 cm / 1 ¼ (1 ½, 1 ¾) inches from your desired length of the foot you are knitting it for. You may need to finish the chart a few rnds before the end. Cut CC.

Knit 1 rnd MC.

Decrease rnd with MC and needle size 2.25mm (US 1).

Size 1: *K13, K2tog; rep from * to end of rnd. 4 sts dec'd. 56 sts in total.

Size 2: *K7, K2tog; rep from * to end of rnd. 8 sts dec'd. 64 sts in total.

Size 3: *K5, K2tog; rep from* to end of rnd. 12 sts dec'd. 72 sts in total.

If your sock is still not long enough, knit more rnds with MC until your sock is 3 (4, 5 cm / 1 ¼ (1 ½, 1 ¾) inches from your desired finished length.

Continue to the toe instructions.

TOE

Your stitches should now be placed equally on Needles 1 and 2, remove the BOR st marker. Needle 1 is holding 28 (32, 36) sts at the bottom of your foot. Needle 2 is holding 28 (32, 36) sts at the top of your foot.

With MC and Needle 1, knit 14 (16, 18) sts. Now place the BOR st marker after these sts. This should be in the middle of the sts on Needle 1 at the bottom of your foot.

Rnd 1 (decrease rnd):

Needle 1: Knit until 3 sts remain, K2tog, K1;

Needle 2: K1, SSK, K until 3 sts remain, K2tog, K1;

Needle 1: K1, SSK, K to BOR.

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4 sts decreased.

Rnd 2: Knit all sts.

Repeat Rnds 1–2 until 20 sts remain on each needle (40 sts in total).

Continue working only Rnd 1 (dec every rnd) until 10 sts remain on each needle (20 sts in total).

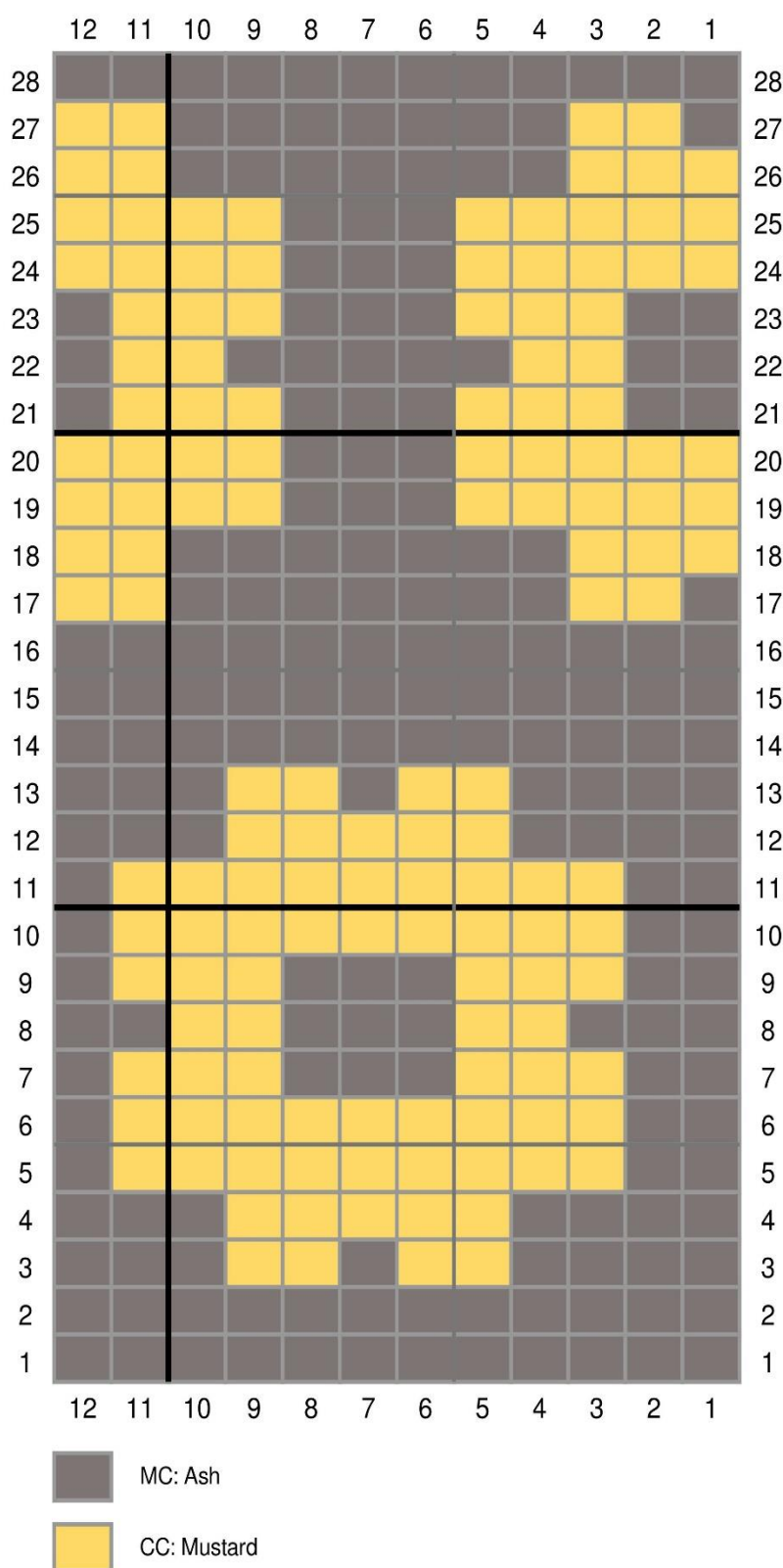
Remove BOR st marker. Knit 5 sts to reach the side of the sock. With 10 sts on each needle, join remaining sts using the Kitchener Stitch.

FINISHING

Weave in all ends. Knit your second sock. Hand wash gently in cool water, dry flat and enjoy.



Colourwork Chart:



Sunflower Rises

Pattern by Charlotte Stone, Stone Knits



These socks are knit from the cuff down and have a ribbed cuff, heel flap and gusset. They have a section of stranded colorwork on the leg. The toe is finished with Kitchener Stitch. This pattern uses the magic loop circular needle method (but can be knit with 9-inch circulars or dpns).

Sizing

To fit (foot circumference): 19 - 21 (21.5 – 23.5, 25.5 – 27.5) cm / 8 (9, 10 ½) inches

Finished circumference: 17.5 (20, 24.5) cm / 7 (8, 9 ½) inches

Recommended ease: Approximately 2.5cm (1 inch) of negative ease. For your foot circumference, measure around the widest part of your foot. Further sizes can be achieved by going up or down a needle size.

Leg/foot length can be easily adjusted. See instructions for details.

Sample shown is knit in size 2 for shoe size US 8.5 (EU 39, UK 6), foot circumference 22.5cm (8¾ inches).

MATERIALS

Yarn – Fingering weight 4ply sock yarn

Filcolana Arwetta Classic – 80% Superwash Merino wool and 20% nylon. 210m / 230yds per 50g.

A Homespun House, Soft sock – 75% wool and 25% nylon. 425m / 465yds per 100g.

Pru Yarns, Soul sock – 85% wool and 15% nylon. 400m / 437yds per 100g.

Any fingering weight sock yarn can be used for this sock pattern, as long as you can obtain the same gauge.

Shown in

MC: Sand. Filcolana Arwetta Classic (beige). 210m / 230yds - 50g

CC1: Fern. A Homespun House, Soft sock (light green). 106m / 116yds - 25g

CC2: Mustard. Filcolana Arwetta Classic (yellow). 21m / 23yds - 5g

CC3: Deep Mahogany. Filcolana Arwetta Classic (dark brown). 9m / 10yds - 2g

CC4: Tanne. Pru Yarns, Soul sock (dark green). 28m / 31yds - 7g

Needles

For ribbing and stockinette: 2.25mm (US 1), 80cm (32 inch) circular for magic loop, or DPNs, or two circulars or a 23cm (9 inch) circular needle (as preferred).

For colourwork: 2.5mm (US 1.5), 80cm (32 inch) circular for magic loop, or DPNs, or two circulars or a 23cm (9 inch) circular needle (as preferred).

Important note: Do check your gauge for fitting. Further sizes can be achieved by going up or down needle sizes.

GAUGE

36 sts x 38 rnds = 4 inches (10 cm) for colourwork.

38 sts x 44 rnds = 4 inches (10 cm) for ribbing and stockinette.

Notions

3 Stitch markers

Scissors

Tapestry needle for sewing in ends.

SPECIAL TECHNIQUES

When knitting stranded colourwork, be consistent with how you hold the yarns. The yarn used to knit the contrast pattern should always cross below the yarn knit for the background colour at the back of your work. Be sure to knit the floats loosely. Do not twist/catch your floats too often or this will create an inelastic fabric. I recommend leaving 9 sts between twisting/catching floats for colourwork socks. The colourwork chart is read from bottom to top and from right to left.

ABBREVIATIONS

BOR = Beginning of the round

CC = Contrast colour(s)

Dec'd = Decreased

Inc'd = Increased

K = Knit

K2tog = Knit 2 stitches together

Ktbl = Knit through the back loop

MC = Main colour

M1L(p) = Make 1 left. Pick up the bar between the stitch you have just worked and the one you are about to knit (purl), bringing the needle from the front to the back. Then knit into the back of the stitch making a new stitch.

P = Purl

P2tog = Purl 2 stitches together

pg. = Page

PM = Place marker

Rpt(s) = Repeat(s)

Rnd(s) = Round(s)

RS = Right Side

Sl1 = Slip one stitch purlwise from the left-hand needle to the right-hand needle.

SSK = Slip one stitch knitwise, slip next stitch knitwise, knit slipped stitches together.

St(s) = Stitch(es)

WS = Wrong Side

INSTRUCTIONS

CUFF

Cast on 56 (64, 72) sts with CC1 and 2.25mm (US 1) needle. Divide sts evenly over the two needles and place a marker at the beginning of the round. For DPNs, place your sts equally over the 3 (or 4) needles that you are using half of your sts on one needle and divide the other half over 2 needles. PM for BOR. Join to work in the rnd being careful not to twist sts.

Ribbing Rnd: *K2, P2; repeat from * to end.

Work Ribbing Rnd for a total of 11 rnds (approximately 2.5cm or 1 inch). Cut CC1.

LEG

With MC and needle size 2.5mm (US 1.5) or needle size to achieve gauge in colourwork, knit 1 rnd.

Work following increase rnd:

Size 1: *K14, M1L; rep from * to the end of rnd. 4 sts inc'd. 60 sts total.

Size 2: *K8, M1L; rep from * to the end of rnd. 8 sts inc'd. 72 sts total.

Size 3: *K6, M1L; rep from * to the end of rnd. 12 sts inc'd. 84 sts total.

Work Rnds 1–31 of colourwork chart on pg. 16, joining CC2, CC3 and CC4 where shown. The chart is knit 5 (6, 7) times per rnd. After rnd 8 cut CC3. After rnd 12 cut CC2 and after rnd 31 cut CC4.

Knit 1 rnd with MC.

Work decrease rnd with MC and 2.25mm (US 1) needles:

Size 1: *K13, K2tog; rep from * to end of rnd. 4 sts dec'd. 56 sts in total.

Size 2: *K7, K2tog; rep from * to end of rnd. 8 sts dec'd. 64 sts in total.

Size 3: *K5, K2tog; rep from * to end of rnd. 12 sts dec'd. 72 sts in total.

Knit 1 more rnd with MC.

RIBBED HEEL FLAP

The ribbed heel flap is worked flat and knit back and forth using the 28 (32, 36) sts on Needle 1 with CC1. Needle 2 is holding the 28 (32, 36) sts for the instep. You can remove the marker you placed at the beginning.

Set up rows:

Row 1 (RS): K28 (32, 36) sts. Turn.

Row 2 (WS): Sl1 st purlwise, purl all sts to the end of the row. Turn

Continue on to the ribbed heel pattern:

Row 1 (RS): *Sl1 st purlwise, K1; repeat from * to the end of the row. Turn.

Row 2 (WS): Sl1 st purlwise, purl all sts to the end of the row. Turn.

Repeat these 2 rows ending on a purl row after a total of 26 (30, 34) rows. This will be 28 (32, 36) rows including the initial set up rows.

There will be 14 (16, 18) edge sts for you to pick up after you have worked the heel turn.

HEEL TURN

Continuing to use CC1 you will now use short rows to turn your heel.

Row 1 (RS): Sl1, K15 (18, 20), SSK, K1, turn.

Row 2 (WS): Sl1, P5 (7, 7), P2tog, P1, turn.

Row 3 (RS): Sl1, K6 (8, 8), SSK, K1, turn.

Row 4 (WS): Sl1, P7 (9, 9), P2tog, P1, turn.

Continue in this pattern: Sl1, K or P to one stitch before the gap created by turning in the previous row, SSK or P2tog to close the gap, K1 or P1, turn. (For size 1 only: on the last two rows you will end with the last SSK or P2tog. There will be no sts remaining to K1 or P1).

Continue until all stitches have been worked, ending with a purl row on the WS. Turn to the RS, you will now have 16 (20, 22) sts left on Needle 1.

GUSSET

Using MC, you will now be picking up stitches along both sides of your heel flap.

Knit across the heel stitches, placing a BOR st marker after 8 (10, 11) sts (the halfway point).

Pick up and Ktbl 14 (16, 18) sts along the edge of the heel flap. Pick up and knit one more stitch at the corner between heel flap and instep to help prevent a hole in the corner. Place

a stitch marker here to help show you when to decrease in the next round or adjust the loop and needles so the heel/gusset sts and instep sts are separated there.

Knit the 28 (32, 36) sts of the instep being held on Needle 2. Place a stitch marker after the instep stitches as well, as you did above.

Pick up one stitch in the corner and Ktbl 14 (16, 18) sts along the edge of the heel flap. Knit the first half of the heel to the BOR stitch marker.

You now have a total of 46 (54, 60) heel/gusset sts, 28 (32, 36) instep sts and are working all stitches again in the rnd. 74 (86, 96) sts on your needles in total.

GUSSET DECREASES

Rnd 1: Knit to 3 sts before the first stitch marker (or end of needle 1, if you are using the magic loop method) and K2tog, K1, K across the instep sts to the second marker (or start of needle 1, if you are using the magic loop method), K1, SSK. Knit to the BOR stitch marker. 2 sts dec'd.

Rnd 2: Knit all sts.

Rpt Rnds 1-2 until you have decreased to 28 (32, 36) heel/gusset sts.

28 (32, 36) instep sts remain on Needle 2. There are now 56 (64, 72) sts in total.

FOOT

With MC continue to work every rnd until the foot of your sock measures approximately 3 (4, 5 cm / 1 ¼ (1 ½, 1 ¾) inches from your desired finished length.

Continue to the toe instructions. Cut MC.

TOE

Your stitches are now placed equally on Needles 1 and 2. Needle 1 is holding 28 (32, 36) sts at the bottom of your foot, with 14 (16, 18) sts on either side of the BOR st marker. Needle 2 is holding 28 (32, 36) sts at the top of your foot.

Set-up rnd: K1 rnd with CC1 to the BOR st marker.

Starting from the BOR st marker:

Rnd 1: (decrease rnd)

Needle 1: Knit until 3 sts remain, K2tog, K1;

Needle 2: K1, SSK, knit until 3 sts remain, K2tog, K1;

Needle 1: K1, SSK, knit to the BOR st marker.

4 sts dec'd.

Rnd 2: Knit all sts.

Rpt Rnds 1-2 until there are 20 sts remaining on each needle (40 sts in total).

Continue working only Rnd 1 (dec every rnd) until 10 sts remain on each needle (20 sts in total).

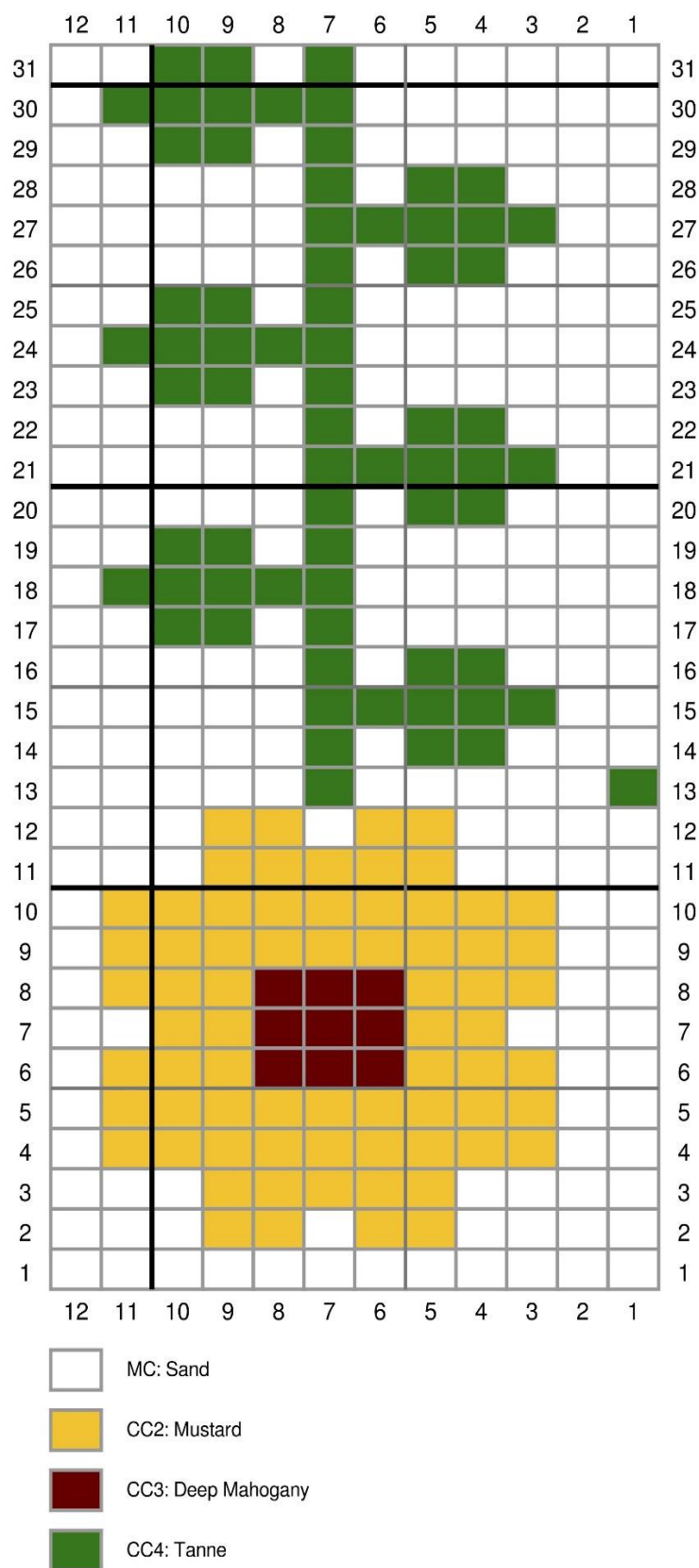
Remove BOR st marker. Knit 5 sts to reach the side of the sock. With 10 sts on each needle, join remaining sts using Kitchener Stitch.

FINISHING

Weave in all ends. Knit your second sock. Hand wash gently in cool water, dry flat and enjoy.



COLOURWORK CHART



(If you would like to, please do share your work and finished socks using the hashtag [#fieldofsunflowersocks](#) or [#stoneknits](#) on Instagram or on Ravelry. I love seeing your creations).

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