

Feeling Fruity socks

designed by Charlotte Stone, Stoneknits



Who can resist berries? Juicy, healthy, brightly coloured and full of summer goodness. These socks are inspired by the berries that appear in the warmer months, whether you want to make your socks in the colours of raspberries, blackberries or even golden cloudberrries that can be found in the North. The little 3D bobbles on the fruits look so real and are very fun to make. And with these socks you can enjoy berries at any time of the year!

Knit from the top down, 'Feeling Fruity' socks start with a twisted rib cuff. On the leg, there is a stranded colourwork section which includes knitted bobbles to create texture for the berries and a simple colourwork design before the toe also. The heel is constructed with an eye of partridge heel flap and gusset.

SIZES: 1 (2, 3)

To Fit: [foot circumference] 14.5-16.5 (17.5-20.5, 21.5-23) cm / 6 (7.5, 8.5) inches

Finished circumference: 17-19 (20-23, 24-25.5) cm / 7 (8.5, 9.5) inches

Recommended ease: Approx. 2.5cm / 1 inch of negative ease.

Leg/Foot length can be easily adjustable. See instructions for details.

Sample shown is knit in size 2 for foot size EU 39, US 8.5, UK 6 size foot, foot circumference 22.5cm / 8 ¾ inches.

NEEDLE SIZE DETAILS

Needle size 2.25mm / US 1, 80cm / 32 inches for magic loop, or DPNs, or two circulars, or 23 cm / 9" circular needles for ribbing and stockinette.

Needle size 2.5mm / US 1.5, 80cm / 32 inches for magic loop or DPNs, or two circulars, or 23 cm / 9" circular needles for colourwork.

Important note: Do check your gauge for fitting. Further sizes can be achieved by going up or down needle sizes.

GAUGE

34 sts x 46 rnds = 10cm / 4 inches for colourwork.

36 sts x 48 rnds = 10cm / 4 inches for ribbing and stockinette

MATERIALS**Yarn:**

Aya Fibers light sock – 4ply, fingering weight. 80% Merino wool and 20% polyamide. 100g / 400m / 437yds.

- **MC:** Blush. 75g / 300m / 328yds

Aya Fibers skinny sock mini – 4ply, fingering weight. 75% Virgin wool and 25% polyamide. 100g / 425m / 437yds.

- **CC 1:** Berry (red). 15g / 60m / 65yds

- **CC 2:** Road Trip (green). 10g / 40m / 43yds

Other materials required:

Stitch marker

Tapestry needles

Scissors

SPECIAL TECHNIQUES**Stranded colourwork**

When knitting stranded colourwork, do be consistent with how you hold the yarns. The yarn used to knit the contrast pattern should always cross below the yarn knit for the background colour at the back of your work. Be sure to knit the floats loosely. Do not twist your floats too often or this will create an inelastic fabric. I recommend leaving 7sts between twisting floats for colourwork socks. The colourwork chart is read from bottom to top and from right to left.

Making fruit bobbles

Knit in the front of the stitch and then the back and then the front again to make 3 sts in total. Turn your work to the wrong side and purl those 3 sts. Turn your work back to the right side. Slip those 3 sts without twisting back on to your right needle and then with your left needle, lift st number 2 over st number 1, then st number 3 over st number 1. Now there is one stitch left. Now slip that 1 stitch (without twisting it) back on to your left needle and knit once. You will now have a nicely shaped little bobble at the front of your work.

Bobble video tutorial: <https://youtu.be/gboXFvGfIn0> .

ABBREVIATIONS

B = Make Bobble (See above for details)

BOR= Beginning of the round

CC = Contrast colour(s)

dec'd = decreased

Inc'd = increased

K= Knit

k2tog = Knit 2 stitches together

Ktbl = Knit through the back loop

MC = Main colour

M1L(p) = Make 1 left. Pick up the bar between the stitch you have just worked and the one you are about to knit (purl), bringing the needle from the front to the back. Then knit into the back of the stitch making a new stitch.

P= Purl

p2tog = Purl 2 stitches together

PM = Place marker

rpt = repeat

rnd =Round

RS= Right Side

Sl1 = Slip one stitch purlwise from the left-hand needle to the right hand needle

SSK= Slip one stitch knitwise, slip next stitch knitwise, knit slipped stitches together.

st(s)= Stitch(es)

WS = Wrong Side

Instructions

Cuff

Cast on 56 (64, 72) sts with MC and 2.25mm /US 1 needle. Divide sts evenly over the two needles and place a marker at the beginning of the round. For DPNs, place half of your sts on one needle and divide the other half over 2 needles. PM for BOR. Join to work in the rnd being careful not to twist sts.

Ribbing Rnd: *K1tbl, P1; repeat from * to end.

Work Ribbing Rnd for a total 15 rows (approx. 3 cm / 1.5").

Leg

With MC and 2.5mm / US 1.5 needle (or needle size to achieve gauge in colourwork), work the following increase rnd:

Size 1: *K7, M1L; rep from * to the end of rnd. 8 sts inc'd. 64 sts total.

Size 2: *K8, M1L; rep from * to the end of rnd. 8 sts inc'd. 72 sts total.

Size 3: *K9, M1L; rep from * to the end of rnd. 8 sts inc'd. 80 sts total.

Work Rnds 1-25 of colourwork chart on pg. 7, joining CC1 and 2 where shown. The chart is worked from right to left, from bottom to the top. The chart is knit 8 (9, 10) times per rnd. Instructions to make the fruit bobbles are shown on pg.2.

Cut CC 1 and 2.

Knit 1 rnd with MC.

Work decrease rnd with MC and 2.25mm / US 1 needles:

Size 1: *K6, k2tog; rep from * to end of rnd. 8 sts dec'd. 56 sts in total.

Size 2: *K7, k2tog; rep from * to end of rnd. 8 sts dec'd. 64 sts in total.

Size 3: *K8, k2tog; rep from * to end of rnd. 8 sts dec'd. 72 sts in total.

Knit 13 rnds with MC or 3cm / 1 ¼ inch (or whatever length you would like the leg to be. Do note, longer length will require more MC yarn).

'Eye of Partridge Heel Flap'

The eye of partridge heel is worked flat and knit back and forth using the 28 (32, 36) sts on Needle 1 with MC. Needle 2 is holding the 28 (32, 36) sts for the instep. You can remove the BOR marker you placed at the beginning.

Row 1 (RS): *Sl1 st purlwise, K1; repeat from * to the end of the row, turn.

Row 2 (WS): Sl1 st purlwise, P to the end of the row, turn.

Row 3 (RS): Sl2 st purlwise, *K1, Sl1; repeat from * to last 2 sts, K2, turn.

Row 4: (WS) Same as Row 2.

Repeat these 4 rows ending on a purl row after a total of 28 (32, 36) rows. 14 (16, 18) edge sts for you to pick up after the heel turn.

Heel Turn:

Continuing to use MC you will now use short rows to turn your heel.

Row 1: (RS) Sl1, K15 (18, 20), SSK, K1, turn.

Row 2: (WS) Sl1, P5 (7, 7), P2tog, P1, turn.

Row 3: (RS) Sl1, K6 (8, 8), SSK, K1, turn.

Row 4: (WS) Sl1, P7 (9, 9), P2tog, P1, turn.

Continue in this pattern - Sl1, K or P to one stitch before the gap created by turning in the previous row, SSK or P2tog to close the gap, K1 or P1, turn. (For size 1 only: on the last two rows you will end with the last SSK or P2tog. There will be no sts remaining to K1 or P1). Continue until all stitches have

been worked ending with a purl row on the WS. Turn to the right side, you will now have 16 (20, 22) sts left on Needle 1.

Gusset

Using MC, you will now be picking up stitches along both sides of your heel flap.

Knit across the heel stitches placing the BOR stitch marker after 8 (10, 11) sts (the halfway point).

Pick up and Ktbl 14 (16, 18) sts along the edge of the heel flap. Pick up and knit one more stitch at the corner between heel flap and instep (to help prevent a hole in the corner).

(Place a stitch marker here to help show you when to decrease in the next round or adjust the loop and needles so the heel/gusset sts and instep sts are separated there.)

Knit the 28 (32, 36) sts on the instep being held on Needle 2.

(Place a stitch marker after the instep stitches as well, as you did above.)

Pick up one stitch in the corner and Ktbl 14 (16, 18) sts along the edge of the heel flap. Knit the first half of the heel to the BOR stitch marker.

You now have a total of 46 (54, 60) heel/gusset sts, 28 (32, 36) instep sts and are working all stitches again in the round. 74 (86, 96) sts on your needles in total.

Gusset decreases

Round 1: Knit to 3 sts before the first stitch marker, and K2tog, K1, knit across the instep stitches to the second marker, K1, SSK. Knit to the BOR stitch marker. 2 sts dec'd.

Round 2: Knit all stitches.

Repeat Rnds 1 and 2 until you have decreased to 28 (32, 36) heel / gusset sts. 28 (32, 36) instep sts remain on Needle 2. There are now 56 (64, 72) sts in total.

Foot

With MC continue to work every rnd until the foot of your sock measures approx. 6cm / 2 ¾ inches less than your desired finished length.

With MC and 2.5mm / US 1.5 needle (or needle size to achieve gauge in colourwork), work following increase rnd:

Size 1: *K7, M1L; rep from * to the end of rnd. 8 sts inc'd. 64 sts total.

Size 2: *K8, M1L; rep from * to the end of rnd. 8 sts inc'd. 72 sts total.

Size 3: *K9, M1L, rep from * to the end of rnd. 8 sts inc'd. 80 sts total.

Work Rounds 1-5 of colourwork chart on pg. 7, joining CC1 and CC2 where shown. The chart repeats 8 (9, 10) times around the sock.

On completion of the chart, cut CC1 and CC2.

Knit 1 rnd with MC.

Work decrease rnd with MC and 2.25mm / US 1 needles:

Size 1: *K6, k2tog; rep from * to end of rnd. 8 sts dec'd. 56 sts in total.

Size 2: *K7, k2tog; rep from * to end of rnd. 8 sts dec'd. 64 sts in total.

Size 3: *K8, k2tog; rep from * to end of rnd. 8 sts dec'd. 72 sts in total.

Knit 1 rnd with MC.

Toe

Your stitches are placed equally on Needles 1 and 2. Needle 1 is holding 28 (32, 36) sts at the bottom of your foot, with 14 (16, 18) sts on either side of the BOR marker. Needle 2 is holding 28 (32, 36) sts at the top of your foot.

With MC and Needle 1, knit 14 (16, 18) sts to the BOR st marker.

Starting from the BOR stitch marker:

Round 1: (decrease round)

Needle 1: Knit until 3 sts remain, K2tog, K1.

Needle 2: K1, SSK, knit until 3 sts remain, K2tog, K1.

Needle 1: K1, SSK, knit to the BOR stitch marker.

4 sts dec'd.

Round 2: Knit all stitches.

Repeat Rnds 1 and 2 until there are 20 sts remaining on both needles (40 sts in total).

Continue working only Rnd 1 (dec every rnd) until 10 sts remain on both needles. 20 sts in total.

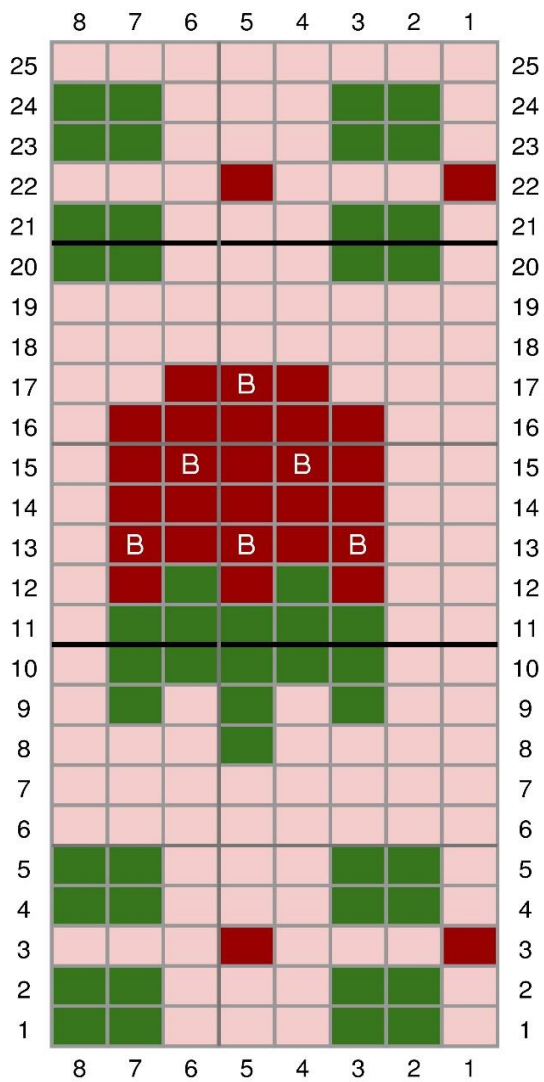
Remove BOR stitch marker. Knit 5 stitches to reach the side of the sock. With 10 sts on each needle, join remaining stitches using the Kitchener Stitch.

FINISHING

Weave in all ends. Knit your second sock. Hand wash gently in cool water, dry flat and enjoy.



COLOURWORK CHART



- MC: Blush
- CC1: Berry
- CC2: Road Trip
- B Make Bobble in Berry (see pg. 2 for details)



These socks were designed in collaboration with Aya Fibers. Yarn kits will be available at www.ayafibers.myshopify.com. (Please do share your knitting and finished socks using the tags #feelingfruitysocks or #stoneknits on Instagram or on Ravelry if you wish. I love seeing what you have made!)