

Elbrook Cowl

A design by

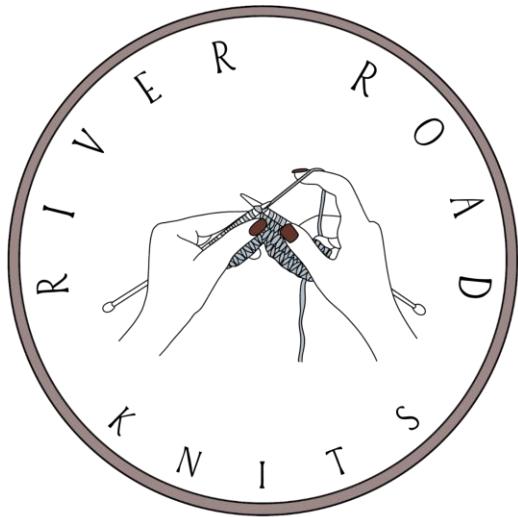
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Looking for a quick weekend knit, a way to use up some worsted scraps, or a gift? The Elbrook Hat and Cowl may be just what you are looking for! If you are making the smaller hat and cowl, you can even get both pieces out of a set of 3 Murky Depths Targhee Worsted yarn! If you are making larger sizes, simply flip the MC with one of the CC in the other piece for a matching set.

This cowl is a quick knit featuring some geometric colorwork and a Latvian Braid at the top and bottom for an extra pop of color! Choose the smaller size for a more snug fit, or the larger size for slightly more room around the neck.

These can also be used as swatches for the upcoming Elbrook sweater, to be released in January!

Sizing and Dimensions

Sizes: 1 (2)

Finished measurements: 22.5 (28.25)"/ 57 (72) cm circumference. 10"/ 25.5 cm height (both sizes).

Sample is shown in Size 1.

Yarn

MC: 170 (215) yards / 155 (200) meters worsted weight yarn (shown in Murky Depths Dyeworks Targhee Worsted in colorway Kid Glove, 100% non-superwash Targhee, 280 yards / 256 meters per 4 ounce / 115 gram skein)

CC1: 60 (75) yards / 55 (70) meters worsted weight yarn (shown in Murky Depths Dyeworks Targhee Worsted in colorway Blood Oath, 100% non-superwash Targhee, 280 yards / 256 meters per 4 ounce / 115 gram skein)

CC2: 35 (45) yards / 30 (40) meters worsted weight yarn (shown in Murky Depths Dyeworks Targhee Worsted in colorway Dark Slate, 100% non-superwash Targhee, 280 yards / 256 meters per 4 ounce / 115 gram skein)

ABBREVIATIONS

CC1 – contrast color 1

CC2 – contrast color 2

CO – cast on

k – knit

k1CC2 – knit 1 stitch with contrast color 2

k1MC – knit 1 stitch with main color

k1tbl – knit 1 through the back loop

m – marker

MC – main color

p – purl

p1CC2 – purl 1 stitch with contrast color 2

p1MC – purl 1 stitch with main color

Supplies

US 8 (5 mm) 16" (40 cm) circular needle (or size needed to obtain Stockinette gauge)

US 6 (4 mm) 16" (40 cm) circular needle (or 2 sizes smaller than gauge needle) – for ribbing

Stitch marker

Yarn needle

Gauge

4" / 10 cm = 17 sts and 24 rounds in Stockinette on larger needle (blocked)

Construction

This cowl is knit in the round.

Techniques and Tutorials

The following techniques are used in this pattern. I have attached helpful tutorials for each one, but these techniques are easily found on YouTube if you want more info.

[Reading a Colorwork Chart](#)

[Latvian Braid](#)

Cowl

Ribbing

With smaller needle and MC, CO 96 (120) sts. Pm and join in the round, being careful not to twist.

Ribbing Round: *k1tbl, p1, repeat from * until end of round.

Repeat Ribbing Round until ribbing measures 1.25" / 3 cm from CO.

Switch to **larger needle**. K 2 rounds in MC.

Right Leaning Latvian Braid

Some Latvian Braid Tips: Latvian Braids are created by twisting the working yarns around each other on Round 2, and then twisting them in the opposite direction on Round 3. While working Round 2, the yarns get more difficult to manage as the twist develops, but don't bother untwisting them – they will resolve themselves in Round 3. One suggestion is to set the balls or skeins of working yarn across the room as you work Round 2 to give some distance along which the twists can develop and make it more manageable.

Round 1: Join **CC2**. *k1MC, k1CC2, repeat from * until end of round.

Round 2: Move both yarns to the front. *P1MC, bringing CC under the working MC yarn, p1CC2, bringing MC under the working CC2 yarn, repeat from * until end of round.

Round 3: *Bringing MC over the working CC2 yarn, p1MC, bringing CC2 over the working MC yarn, p1CC2, repeat from * until end of round. Break CC2, k 2 rounds in MC.

Colorwork Chart

Joining CC1 and CC2 when appropriate, work the colorwork chart shown on page 4. You will work a total of 4 (5) repeats of the chart in each round.

Break CC1 and CC2.

K 2 rounds in MC.

Left Leaning Latvian Braid

Round 1: Join **CC2**. *k1MC, k1CC2, repeat from * until end of round.

Round 2: Move both yarns to the front. P1MC, *bringing CC2 over the working MC yarn, p1CC2, bringing MC over the working CC2 yarn, p1MC, repeat from * until end of round.

Round 3: *Bringing MC under the working CC2 yarn, p1MC, bringing CC under the working MC yarn, p1CC2, repeat from * until end of round.

Break CC2, k 2 rounds in MC.

Bottom Ribbing

Switch to **smaller needle**.

Ribbing Round: *k1tbl, p1, repeat from * until end of round.

Repeat Ribbing Round until ribbing measures 1.25" / 3 cm.

Bind Off.

Finishing

Weave in ends. Block to measurements. Enjoy!

Pattern and photographs © Sharon Hartley

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Tag me in any WIP or FO photos on Instagram, I would love to see them! I am @riverroadknits

CHART

