

Echoes from Karelia

Pattern and photos: Tiina Kuu

Echoes from Karelia sock pattern is a tribute to my mother's North Karelian heritage. All the stranded colourwork patterns are 4-stitch repeats so there are no long floats to tie. The unicoloured leg and foot part includes a small twisted stitch cable pattern, which can be omitted if even simpler outlook is desired.

YARN AND YARDAGE

Main colour (MC): nurja merino sock (75 % merino, 25 % nylon; 420 m / 100 g), 50-70 grams of dark grey (jet colourway)

Contrast colour 1 (CC1): Ruskanlehti Merino Sock (75 % merino, 25 % nylon; 425 m / 100 g), 15-20 grams of red (Tulipunahuulet colourway)

Contrast colour 2 (CC2): iKKe Glitter Sock (75 % merino, 20 % nylon, 5 % stellina; 400 m / 100 g), 15-20 grams of light grey (Mithril colourway)

Any fingering weight sock yarns can be used.

GAUGE

34 sts and 44 rows in stockinette with smaller needles = 10 cm / 4 inches

36 sts and 36 rows in stranded colourwork with larger needles = 10 cm / 4 inches

NEEDLES

At least 80 cm / 32 inch long circular needles 2.0 mm / US0 and 2.5 mm / US1½ (or suitable to obtain gauge).

Socks can be knitted with dpns, two shorter circulars or a mini circular but the instructions have been written for magic loop.



SIZE

There are instructions for sizes extra-small (56 sts), small 1 (60 sts), small 2 (64 sts), medium 1 (68 sts), medium 2 (72 sts), large (76 sts) and extra-large (80 sts) which are referred to in the instructions as XS (S1, S2, M1, M2, L, XL). If only one stitch count is given, it applies to all sizes. With the gauge given the sizes XS (S1, S2, M1, M2, L, XL) will fit foot circumference of approximately 17 (18.5, 19.5, 21, 22, 23.5, 24.5) cm / 6¾ (7¼, 7¾, 8¼, 8¾, 9¼, 9¾) inches with some negative ease.

BEFORE YOU START

Please read the instructions carefully. The first half of the sock is worked on needle 1 and the second half of the sock is worked on needle 2. The BOR is at the centre back of the leg but shifts to the side of the foot after the heel. A temporary BOR is instructed when the stranded colourwork in the foot is worked.

Please note that the sts are redistributed after the stranded colourwork in the leg.

INSTRUCTIONS

Cuff

With MC and smaller needles, CO 56 (60, 64, 68, 72, 76, 80) sts. Distribute sts evenly onto needle 1 and needle 2. *There are 28 (30, 32, 34, 36, 38, 40) sts on each needle.* Join to begin working in the round, being careful not to twist.

Work *ktbl, p1* ribbing for 12 (12, 14, 14, 16, 16, 16) rounds or to desired ribbing length.

Leg

Work one round in stockinette stitch.

Switch to larger needles if desired and attach CC1 and CC2. Work chart A. *Each chart row is repeated 14 (15, 16, 17, 18, 19, 20) times in each round.*

After finishing chart A, cut CC1 and CC2.

Switch to smaller needles if desired and work one round in stockinette stitch with MC. Then, k14 (k15, k16, k17, k18, k19, k20). **This is the new BOR.**

Redistribute sts as follows: starting from the new BOR, place the first 29 (31, 33, 35, 37, 39, 41) sts of the round onto needle 1 (i.e., the front of the leg) and the last 27 (29, 31, 33, 35, 37, 39) sts of the round onto needle 2 (i.e., the back of the leg).

Work the rest of the leg with MC as follows
for the right and left sock:

right sock: K3, work chart B and knit to the end of the round. Work chart B, rows 1-7 once and then, repeat chart rows **2-7**. Work chart B rows **2-7** a total of 3 times or until leg is of desired length. *Please note that you can proceed to the heel flap after any repeat or row of chart B.*

left sock: K14 (k16, k18, k20, k22, k24, k26), work chart C and knit to the end of the round. Work chart C, rows 1-7 once and then, repeat chart rows **2-7** to the same length as in the right sock.

Chart key

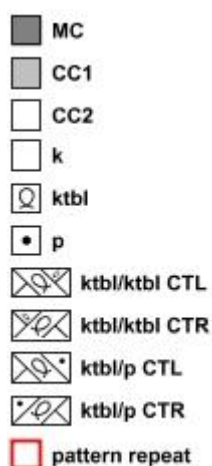


Chart A

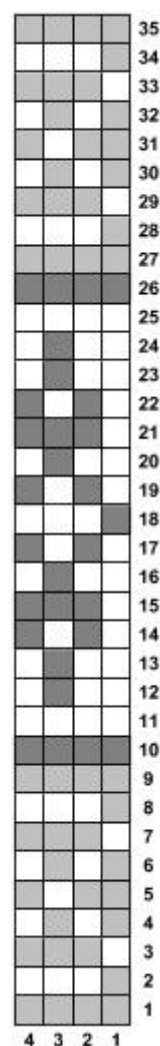


Chart B

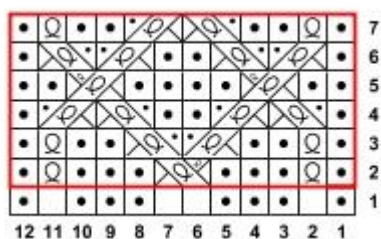
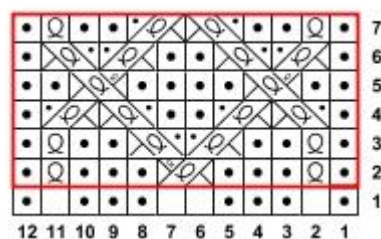


Chart C



Heel

The heel is worked back and forth over the 27 (29, 31, 33, 35, 37, 39) sts on needle 2, starting on the **WS** as follows:

row 1 (WS): *Sl1 wyif, p1*, repeat * - * until 1 stitch remains, p1, turn.

row 2 (RS): Sl1 wyib, knit to the end of the needle, turn.

Repeat rows 1 and 2 a total of 13 (14, 15, 16, 17, 18, 19) times [i.e., a total of 26 (28, 30, 32, 34, 36, 38) rows in the heel flap] or until the heel flap is of desired length and you have just finished row 2.

Work the round heel turn as follows:

row 1 (WS): Sl1, p15 (p16, p17, p18, p19, p20, p21), p2tog, p1, turn.

row 2 (RS): Sl1, k6, ssk, k1, turn.

row 3 (WS): Sl1, purl until 1 st remains before the gap, p2tog, p1, turn.

row 4 (RS): Sl1, knit until 1 st remains before the gap, ssk, k1, turn.

Repeat rows 3 and 4 until all side stitches have been worked and you have just finished row 4. **Do not turn** but continue working in the round. *Please note that in sizes S1, M1 and L there are no stitches left to knit / purl after the decreases on the last two rows.*

There are now 17 (17, 19, 19, 21, 21, 23) sts on needle 2.

Along the left edge of the heel flap, pick up and knit one stitch per two rows of the heel flap and one extra stitch between the heel flap and needle 1. Place the knitted sts onto **needle 2** (i.e., onto the sole side).

Work the sts on **needle 1** as established in the leg for the right or left sock.

Along the right edge of the heel flap, pick up the same number of sts as picked along the left edge. Place the picked sts onto **needle 2** (i.e., onto the sole side). Knit all stitches on needle 2.

Gusset

Continue to work the sts on **needle 1** as established in the leg for the right or left sock.

Work the gusset decreases on **needle 2** as follows:

rnd 1: SSk, knit until 2 sts remain on needle 2, k2tog.

rnd 2: Knit.

Repeat rnds 1 and 2 on needle 2 until 27 (29, 31, 33, 35, 37, 39) sts remain on the needle. *There are now 56 (60, 64, 68, 72, 76, 80) sts in total.*

Chart B

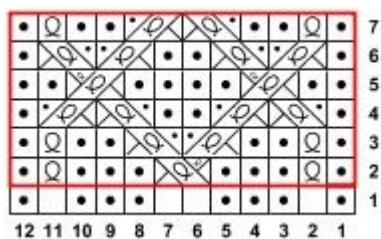


Chart C

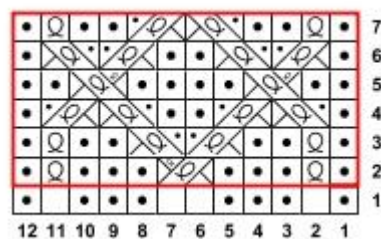


Chart key

- k
- ktbl
- p
- ktbl/ktbl CTL
- ktbl/ktbl CTR
- ktbl/p CTL
- ktbl/p CTR
- pattern repeat

Foot

Continue to work the sts on **needle 1** as established in the leg for the right or left sock and knit the sts on needle 2 until foot measures **a minimum** of 13 (13, 13, 14, 14, 14, 14) cm / 5 (5, 5, 5½, 5½, 5½, 5½) inches less than the desired final length.

Then, knit the sts on needle 1 (i.e., the instep).

Switch to larger needles if desired and, from the beginning of needle 2, k13 (k14, k15, k16, k17, k18, k19). Place a temporary BOR marker. **This is a temporary BOR while working the stranded colourwork in the foot.**

Starting at the temporary BOR, work chart D, attaching and cutting CC1 and CC2 when appropriate. *Each chart row is repeated 14 (15, 16, 17, 18, 19, 20) times in each round.*

Finish chart D, row 29, to the temporary BOR marker. Remove the marker and knit to the end of needle 2 with MC.

Switch to smaller needles if desired and work in stockinette stitch until foot measures approximately 3.5 (4, 4, 4.5, 4.5, 4.5, 4.5) cm / 1½ (1½, 1½, 1¾, 1¾, 1¾, 1¾) inches less than the desired final length.

Toe

rnd 1: On needle 1, k1, ssk, knit until 3 sts remain, k2tog, k1. Knit the sts on needle 2. *There are now 27 (29, 31, 33, 35, 37, 39) sts on each needle.*

rnd 2: Knit.

rnd 3: On needle 1, *k1, ssk, knit until 3 sts remain, k2tog, k1*. Repeat * - * on needle 2.

rnd 4: Knit.

Repeat rnds 3 and 4 until 17 (19, 21, 21, 23, 25, 27) sts remain on each needle and you have just finished rnd 4. Then, repeat only rnd 3 until 9 (9, 11, 11, 13, 13, 15) sts remain on each needle. Cut the yarn and graft the toe.

Chart B

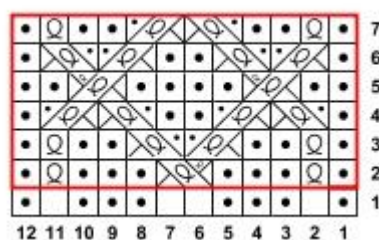


Chart C

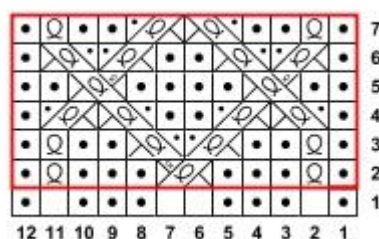
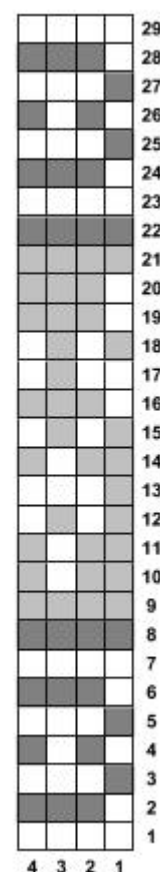


Chart key

- MC
- CC1
- CC2
- k
- ktbl
- p
- ktbl/ktbl CTL
- ktbl/ktbl CTR
- ktbl/p CTL
- ktbl/p CTR
- pattern repeat

Chart D



FINISHING

Soak the socks in lukewarm water. Remove excess water by rolling the socks in a towel. Let dry flat or on sock blockers. Weave in ends.

ABBREVIATIONS

BOR – beginning of round

CC 1 (2) – contrast colour 1 (2)

CO – cast on

dpns – double pointed needles

k – knit

ktbl – knit through the back loop

ktbl/ktbl CTL - sl1 onto a cn and hold in front, ktbl, then ktbl from the cn

ktbl/ktbl CTR - sl1 onto a cn and hold to back, ktbl, then ktbl from the cn

ktbl/p CTL - sl1 onto a cn and hold in front, p1, then ktbl from the cn

ktbl/p CTR - sl1 onto a cn and hold to back, ktbl, then p1 from the cn

k2tog – knit 2 sts together

MC – main colour

p – purl

p2tog – purl 2 sts together

rnd(s) – round(s)

sl – slip

ssk – slip, slip, knit

st(s) – stitch(es)

wyif – with yarn in front

wyib – with yarn in back

