

Delfter Socken

Designed by: Lena Trost



These socks are inspired by my nanny I used to call Tantan. Years later she told me that her real name was Antje, like every Dutch woman (Her words not mine!). She asked me to call her Tante Ant, so my little toddler tongue made Tantan out of it. To make a long story short. Tantan taught me how to embroider and to crochet, how to eat stroopwafels and „beschuit met hagelslag“ and finally she was like a grandma to me. We stayed in touch for my whole life, till she had to go...

The socks are worked cuff-down, after some rounds of ribbing, you start with a stranded color work pattern with “delfter tegel” (delfter tiles) on it. There are special charts for the right and the left sock. The heel is knitted with ribbing and slipped stitches, and the gusset is on the sole. The toe is worked with two strands of the same color to make it extra strong. Most parts of the socks are charted, with special charts for left handed knitters.

Supplies

Two Colors of sock yarn (fingering weight).

- 100 g (420 m/ 460 yards) main color,
- 50 g (210 m/ 230 yards) contrast color

I used Schoppel Zauberball in the colorway Stone washed for main color and Jawoll from Lang Yarns in Ecrú for contrast color.

US 0 (2.00 mm) needles for the cuffs. You can work the heel and the toe with smaller needles too.

US 1 (2.25 mm) needles for the colorwork, or size needed to obtain the right gauge.

Stitch Markers

Yarn needle

Abbreviations

st(s) = stiche(s)

BOR = beginning of round

MC = main color (shown as blue in the charts)

CC = contrast color (shown as white in the charts)

RS = right side

WS = wrong side

rd(s) = round(s)

k = knit

k tbl= knit through the back loop

p = purl

p2tog = purl 2 together

k2tog = knit 2 together

ssk = slip 1 st knitwise, slip 1 st knitwise, slip them back to the first needle to knit 2

sts together through the back loops

sl = slip 1 st purlwise

S2KP2 = slip 2 st knitwise, k1 in MC, pass the two slipped st over;



Gauge and Sizing

For size S (7,5" /19 cm circumference): 38 stitches and 42 rows = 4 x 4" / 10 x 10 cm in stranded colorwork pattern.

For size M (8,5" /21,5 cm circumference): 34 stitches and 40 rows = 4 x 4" / 10 x 10 cm in stranded colorwork pattern.

For larger feet: 34 sts and 40 rows = 4 x 4" / 10 x 10 cm in stranded colorwork pattern. And add two (or an even number of) extra sts after st 35 and the same amount of sts after sts 72. After the cuff they have to be k tbl alternating *MC, CC* before the instep an *CC, MC* after the instep. These extra sts will not be mentioned in the instructions. It makes the vertical joint between the tiles larger. To get the same effect for the horizontal joints please add extra rds after chart rows 12, 56 and 100 like this:

rd 1 with CC: k tbl around.

rd 2 with CC: k tbl around.

Repeat these two rds as many times as you added sts on one side of the instep. For the heel separate the extra sts evenly on each side. Half of them belong to the instep, and half of them to the heel and sole. You are on your own for the necessary adjustments for the heel and gusset. Remember that these extra sts will also affect the length of the toe shaping.

For every size: The length of the leg and the foot can be adjusted in the small tiles area. For the leg, after chart row 11 start over with chart row 4. Use your gauge to calculate how long you want to knit the leg. In the foot section you can lengthen the foot by adding extra rds in pattern after chart row 109.

Cuff

Put a stroopwafel on a hot mug of coffee and start the cuff with the long-tail tubular cast-on like shown here: [Long tail tubular cast on for left handed knitters](#) and for right handed knitters .

Using the long-tail tubular cast on, cast on 72 sts in MC. Turn work.

Start with a row like this: Slip the sts that appear as purl sts with yarn in front and knit the sts that appear like knit sts. *sl1, k1* repeat from * to * to the end of the row. Do not turn work.

Join for working in the round, be careful not to twist. Add a BOR marker. I suggest to divide the sts on two needles, 35 sts on the first one and 37 on the second.

Setup rd: Work this rd like the previous row. *sl1, k1* repeat from * to * to the end of the rd.

Now everything is prepared for the cuff with 1x1 ribbing.

1x1 ribbing: *p1, k1*, repeat from * to * to BOR.

Work the 1x1 ribbing pattern above for a total of 20 rds, or until desired length. And don't forget to eat your stroopwafel...



Top of Leg

Switch to bigger needles.

Setup rd: k tbl 72.

Then start following Chart A1 and for the second sock Chart A2, always holding MC dominant. (Catch the floats in chart row 6 when there are more than 4 sts of one color).

(Videotutorial: [Thoughts about stranded colorwork and color dominance](#))

Use the 12th chart row to setup the ladder back sts shown as orange lines in the pattern. In this rd you do not have to take CC around. This video will help you to set up the ladder back sts (Videotutorials: [Ladderback Jacquard for left handed knitters](#) and for right handed knitters) .

Continue in rds till chart row 55. When you finished this rd stop for working the heel flap.

Heel Flap

The heel flap is worked back and forth in rows with MC only.

Row 1 (RS, setup row): k35. Decrease the ladder back sts (k2tog the ladder back st with the next knit st). Turn

Row 2 (WS): sl1 , *p1, k1* repeat from * to * to end. Turn

Row 3 (RS): sl1 *sl1 , k1* repeat from * to * to end. Turn.

Repeat rows 2-3 at least 17 times, for a total of 18 repeats.



Heel Turn

The heel turn begins on a WS row, and uses MC only.

Row 1 (WS): sl1, *p1, k1* repeat from * to * 9 times, p2tog, p1, turn.

Row 2 (RS): sl1, *sl1, k1* repeat from * to * 3 times, ssk, k1, turn.

Row 3 (WS): sl1, *p1, k1* repeat from * to * until 2 sts before gap, p1, p2tog, p1, turn.

Row 4 (RS): sl1, *k1, sl1* repeat from * to * until 1 st before gap, ssk, k1, turn.

Row 5 (WS): sl1, *k1, p1* repeat from * to * until 2 sts before gap, k1, p2tog, p1, turn.

Row 6 (RS): sl 1, *sl1, k1* repeat from * to * until 1 st before gap, ssk, k1, turn.

Repeat rows 3-6 until you have 22 sts at the heel turn. (You end with row 5, with one st unworked on each side.)

Finish the heel turn with:

Last RS row: sl 1, *sl1, k1* repeat from * to * until 1 st before gap, ssk. (Now you have 21 sts at the heel turn).

Do not turn your work.

Gusset Setup

The gusset will be on the bottom of the foot. Markers on each side of the gusset will indicate the decrease columns in MC, the columns will converge at a point, with the pattern of chart B in between; outside the gusset, the pattern continues with the second part of Chart A row 56. On the instep will be the big tiles pattern and on the sole will be a little tiles pattern.

Using MC, pick up and knit 19 sts (or 1 st for every 2 heel flap rows, plus 1 in the corner, in the next rd remember to knit this last st together with the first st of the instep, to avoid a gap) along one edge of the heel flap.

Work row 56 of Chart A as established over the next 37 instep sts with slipping the ladder back sts with yarn in front.

Rd 57 (Sole setup):

- pick up 1 st in the corner between instep and heel flap and knit in MC, then pick up and knit 17 sts by following the color sequence for the first 17 sts of Chart A row 57 till the red mark
- place marker X (shown as the red line in Chart A)
- Pick up one more st and knit in MC (it's the first st of Chart B)
- Continue to knit Chart B. Remember to catch the floats, when they are more than three sts long.
- Place marker Y (shown as the red line in Chart A)
- Work remaining 17 sts according to row 57 of Chart A, making sure to start with the st behind the red mark, so that the pattern matches up. There is one st left til the instep starts.

Now take a moment to check your stitch count. The sts in the region between markers X and Y will be decreased away until only 1 stitch remains. This means there should be 73 knit sts and 10 ladder back purl sts outside of the markers X and Y. And you will have 23 sts between markers X and Y.



Foot

Finish the rd with k2tog tbl the last st with the first stitch of the instep together.

Work the instep in pattern of chart A, till there is one knit st and a purl st (ladder back st) left. Put the purl st on hold, k2tog twisted the last knit st of the instep with the picked up st in the corner, like this: slip the last st of the instep, slip the next st twisted, slip both sts back on the first needle than k2tog.

Rearrange the knit st and the ladder back st. Purl the ladder back st with MC.



Work the sole in pattern of chart A until marker X, slip marker X, work chart B until marker Y, slip marker Y, work in pattern of chart A to end.

Repeat until the end of chart B, there are 3 sts between markers X and Y left. In rd 78 you will decrease this 3 sts, like written in the chart. You can remove markers X and Y.

Now that the gusset decreases are done, continue to work chart A till round 101. Decrease all ladder back sts, with k2togtbl. Then continue with round 102. Knit till the desired length. You can repeat rounds 102-109 to add a few rounds to achieve the correct length (minus 21 rounds for the toe/ approximately 2" (5cm)). Cut CC, leaving tails long enough to weave in.

Toe

The toe will be worked entirely in MC. Take a second thread of MC to knit an extra strong toe. Knit both threads alternating for the whole toe. To keep it short, it will not be mentioned in the descriptions for every rd.

Always knit the thread you hold dominant over a dominant knit st of the previous rd to get a one color pinstripe effect (maybe you have to watch the tutorial about color dominance again).

You could use the yarn from inside and outside the ball or cake.

Setup rd 1 (normal): knit around,

Setup rd 2 (decrease) k35 sts, set halfway marker, k1, ssk, k until 3 sts before BOR, k2tog, k1.

Rd 3 (normal): knit around.

Rd 4 (decrease): k1, ssk, k until 3 sts before halfway marker, k2tog, k2, ssk, k until 3 sts before BOR, k2tog, k1.









Repeat these two rds until 38 total sts remain, and then repeat rd 4 only until 22 total sts remain. Remove markers and cut MC, leaving a long tail, and graft the toe. You can smoothen the edges by treating the 2nd and 3rd st from each end as a single st when grafting.

Finishing

Weave in all ends and block.

Put on your new socks and go to buy some more stroopwafels!

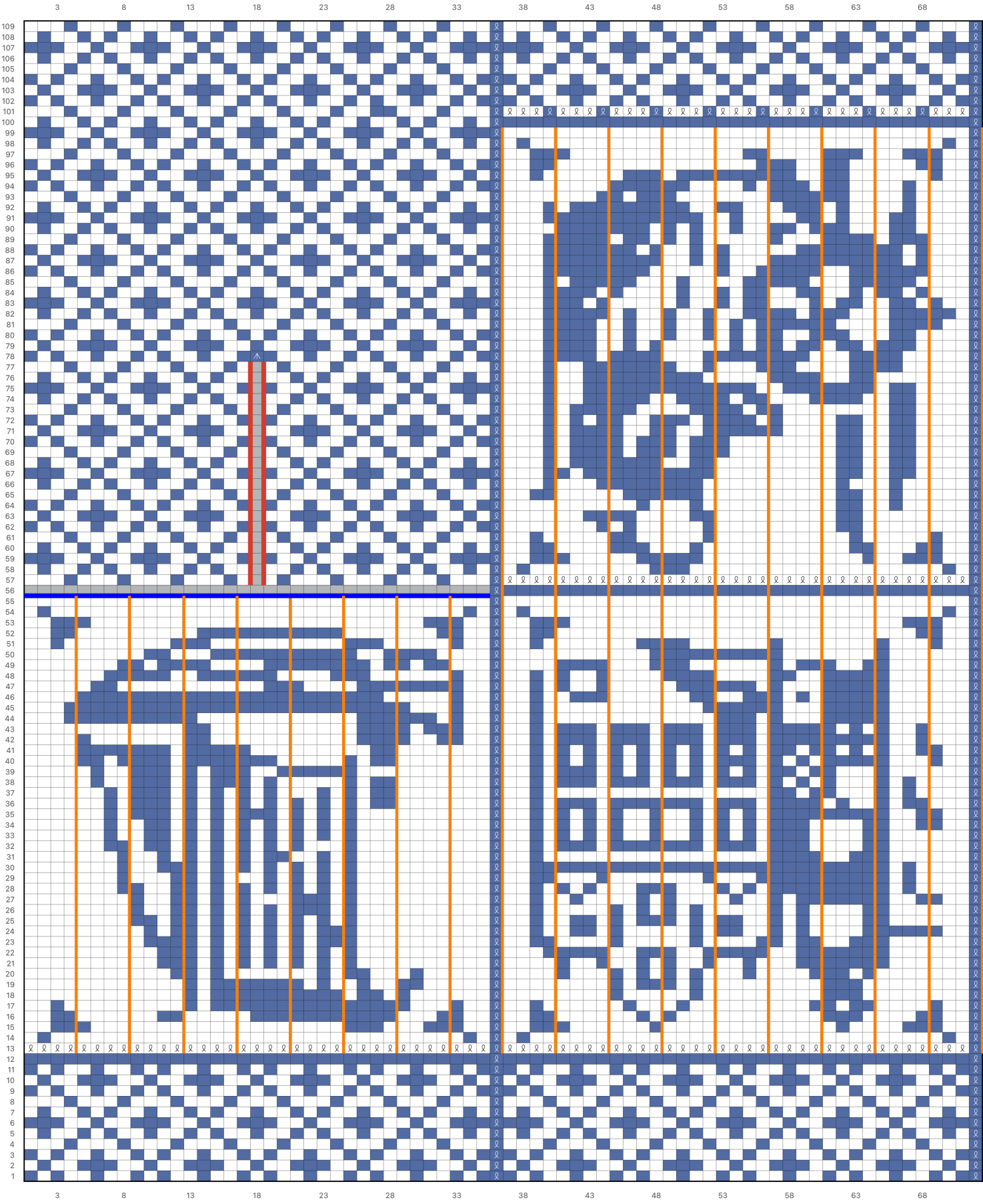
Symbols of the following charts

	k with MC
	k with CC
	k1 tbl with CC
	no st
	k1 tbl
	k2tog (White)
	SSK
	S2KP2

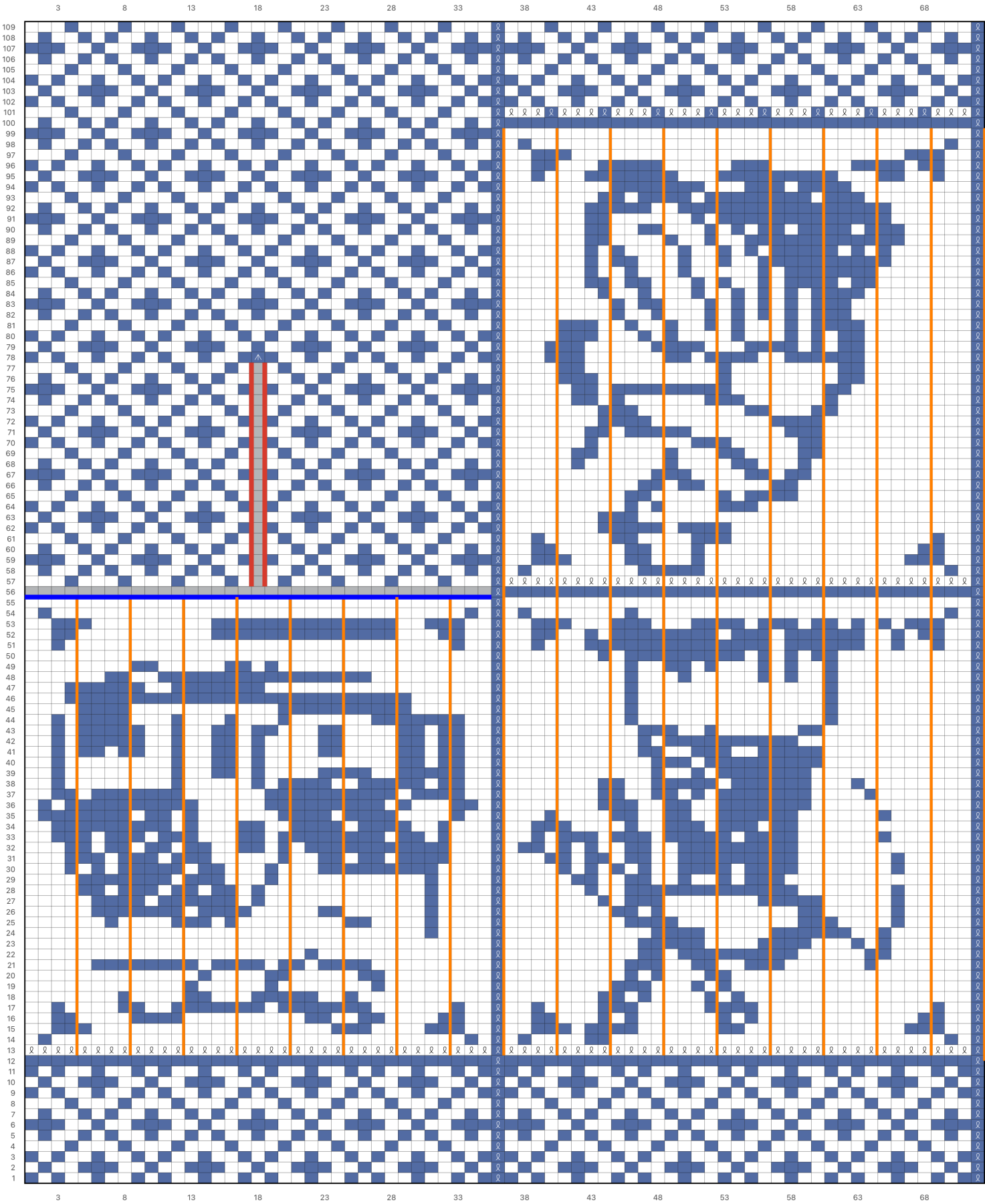
There are charts for left handed and right handed knitters, be careful to pick the right charts.



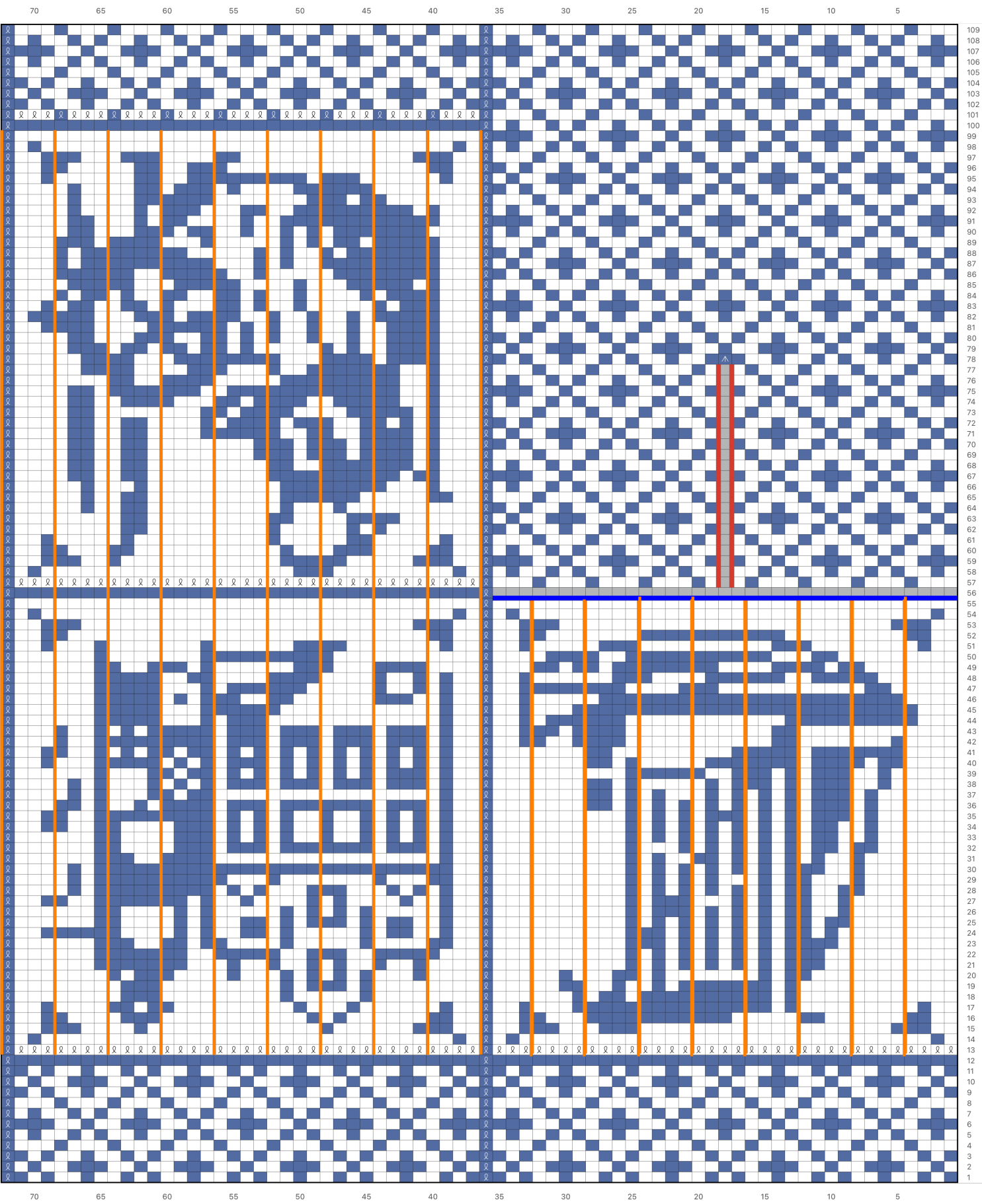
Left handed knitters chart A1 (left sock):



Left handed knitters chart A2 (right sock):



Right handed knitters chart A1 (left sock):



Right handed knitters chart A2 (right sock):

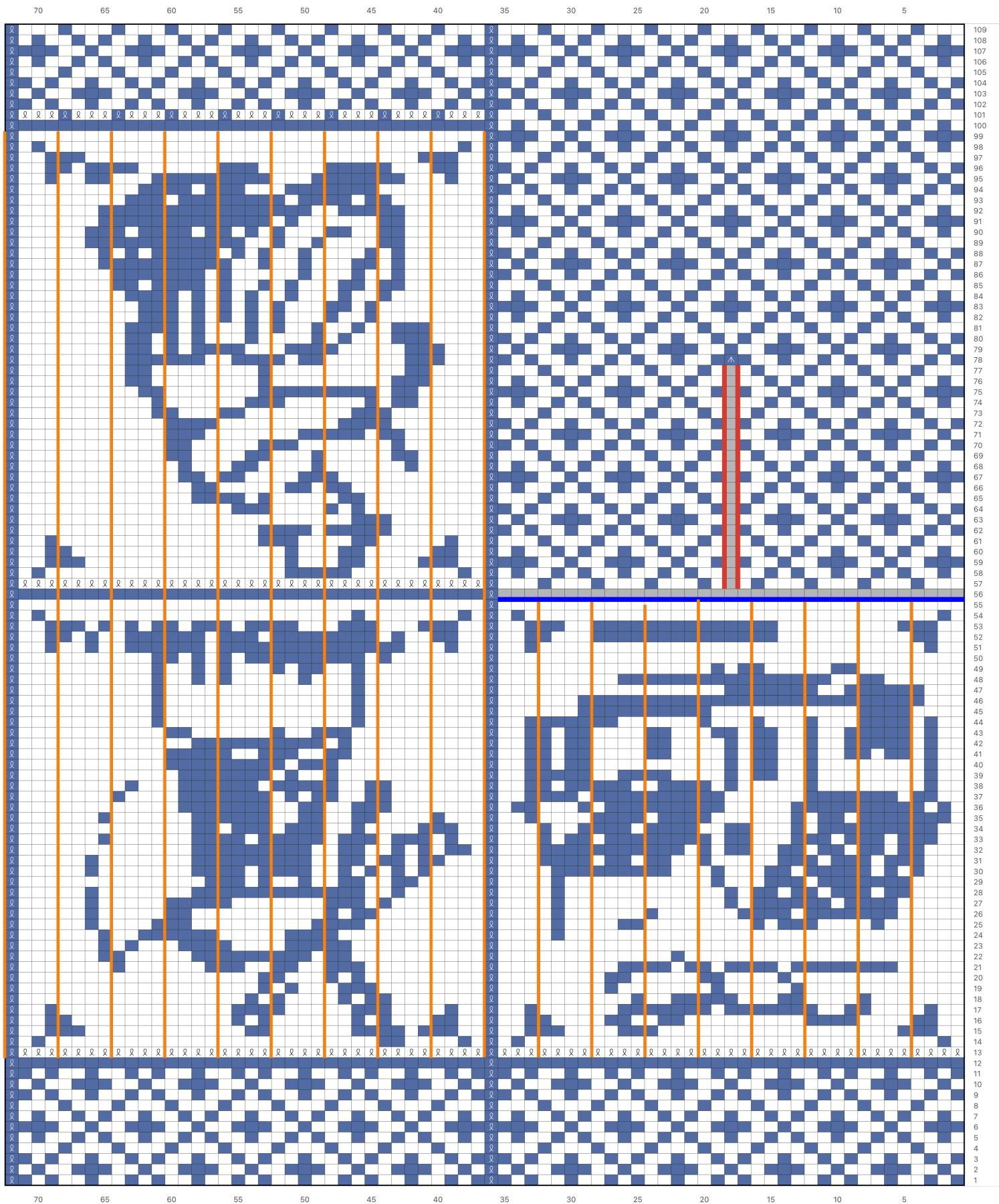


Chart B (gusset) for left and right handed knitters

