



# Cup of Hot Cocoa socks

by Charlotte Stone, Stone Knits



On a cold, dark, Winter's night, there is nothing more comforting than a hot cup of cocoa (with whipped cream for an extra treat!). To add a bit of holiday magic, combine with a fun project to knit on and a Christmas movie to put you in a perfectly festive mood. It is so easy to get caught up in the stress of preparing for the holidays during advent time, but I hope these socks will bring you a bit of joy and help you refill your cup! Either make them for a loved one as a cozy gift or treat yourself with some perfectly festive socks to be worn on the big day!

Knit from the top down with a ribbed cuff, these socks have a heel flap and gusset construction, with a sweet cup of cocoa motif on the leg. Two charts are included in the pattern, one with a snowflake on the mug (that uses 3 colours in one row to knit), or with a smiling face motif that only uses 2 colours. The candy cane detail can be knit or duplicate stitched on after, whatever you prefer! There is a small section of simple colourwork on the foot just before the toe. The toe is then finished by grafting stitches together. This pattern uses the magic loop circular needle method (but can be knit with 23cm (9 inch) circulars or DPNs).

## Sizing

1 (2, 3)

**To fit (foot circumference):** 19 - 21 (21.5 – 23.5, 25.5 – 27.5) cm / 8 (9, 10 ½) inches

Finished leg circumference for colourwork: 17.5 (21, 24.5) cm / 7 (8, 9 ½) inches

Recommended ease: Approximately 2.5cm (1 inch) of negative ease for colourwork.

Finished foot circumference for broken rib stitch: 15.5 (18, 20) cm / 6 (7, 8) inches.

Approximately 4cm (2 inches) of negative ease required for broken rib stitch.

For your foot circumference, measure around the widest part of your foot. Further sizes can be achieved by going up or down a needle size. Leg/foot length can be easily adjusted. See instructions for details. Sample shown is knit in size 2 for shoe size US 8.5 (EU 39, UK 6), foot circumference 22.5cm (8 ¾ inches).

## MATERIALS

### **Yarn - Fingering weight 4ply sock yarn**

Pru Yarns – Soul sock yarn. 85% Superwash Merino & 15% Nylon. 400m / 437 yds per 100g.

Shown in:

MC: Cherry Coke. Approx 55g (60g, 65g), 220m / 241 yds (240m / 2262 yds, 260m / 284 yds)

CC1: Treat. 20g, 100m / 109 yds

CC2: Lipstick. 6g, 24m / 26 yds

CC3: Tanne. Scrap yarn amounts

Any fingering weight sock yarn can be used for these sock patterns, as long as you can obtain the same gauge.

## Needles

**For ribbing, broken rib and stockinette:** 2.25mm (US 1), 80cm (32 inch) circular for magic loop, or DPNs, or two circulars or a 23cm (9 inch) circular needle as preferred.

**For colourwork:** 2.5mm (US 1.5), 80cm (32 inch) circular for magic loop, or DPNs, or two circulars or a 23cm (9inch) circular needle as preferred.

**Important note: Do check your gauge for fitting. Further sizes can be achieved by going up or down needle sizes.**

## Gauge

36 sts x 44 rnds = 10cm (4 inches) for ribbing, stockinette and broken rib sections.

34 sts x 38 rnds = 10cm (4 inches) for colourwork.

## Notions

Stitch marker, scissors, tapestry needle for sewing in ends.

## SPECIAL TECHNIQUES

### **Colourwork tips**

When knitting stranded colourwork, be consistent with how you hold the yarns. The yarn used to knit the contrast pattern should always cross below the yarn used for the background colour at the back of your work. When you knit the colourwork, be sure not to pull your floats too tightly. Do not twist/catch your floats too often or this will create an inelastic fabric. I recommend leaving 9 sts between twisting/catching floats for colourwork socks. This is a distance of approx. 2.5cm (1") with the gauge for this sock pattern. I also recommend you try your sock on often, for fitting, throughout

the knitting process. The colourwork charts are read from bottom to top and from right to left. To weave in your yarn ends while you are knitting, please see Stephen West's video 'Weavin Stephen' on YouTube <https://youtu.be/Fz292NAjH2M> .

For beginners knitting colourwork socks, I recommend this tutorial from Twin Stitches Designs <https://youtu.be/TCQNusocMjc> (however, I recommend not twisting as often as the tutorial suggests, see above).

### **Duplicate Stitch (optional for the candy cane)**

You will need to first knit your sock without the duplicate stitch detail. Then, thread a length of yarn in the colour required through a tapestry needle. On the wrong side of your work, near where you want to add your stitches, weave through the back of several stitches to secure the end of the yarn (like weaving in an end). When you look at your knitting (with the cuff at the bottom of your work), you will see the fabric of your sock consists of a series of little Vs. Come up through the knitting at the bottom of the V stitch where you would like to work your duplicate stitch. The chart will show you where the stitch should be placed. Slide your needle, from right to left, behind the two 'legs' of the V that is above the V stitch that you are covering. Go back down at the bottom of the V in the same space where the needle originally came up. Try to keep the tension on the yarn tight but not so tight that the stitch cannot be seen. The duplicate stitch should be covering the original stitch. I recommend cutting the yarn once you have completed stitches for one motif and then rejoin the yarn to start stitching on the next one, otherwise you might encounter tension issues. This is a good tutorial from Very Pink knits (but you do not need to hold the yarn double for this pattern).

<https://youtu.be/-cfmjyaaAdw>

### **Broken Rib Stitch pattern:**

Rnd 1: \*K3, P1\* repeat until the end of the round.

Rnd 2: Knit all stitches.

Repeat Rnds 1 and 2.

This stitch pattern is used after the colourwork chart on the leg of your sock. It then continues on the instep stitches **only** after the heel has been worked. See Instructions for details.

### **ABBREVIATIONS**

BOR = Beginning of the round

CC = Contrast colour(s)

Dec'd = Decreased

Inc'd = Increased

K = Knit

K2tog = Knit 2 stitches together

Ktbl = Knit through back loop

MC = Main colour

M1L = Make 1 left. Pick up the bar between the stitch you have just worked and the one you are about to knit, bringing the needle from the front to the back. Then knit into the back of the stitch making a new stitch.

P = Purl

P2tog = Purl 2 stitches together

pg. = Page

PM = Place marker

Rep = Repeat

Rnd(s) = Round(s)

RS = Right Side

SI1 = Slip one stitch purlwise from the left-hand needle to the right-hand needle with the yarn at the back of your work.

SSK = Slip one stitch knitwise, slip next stitch knitwise, knit slipped stitches together.

St(s) = Stitch(es)

WS = Wrong Side

## INSTRUCTIONS

### CUFF

Cast on 56 (64, 72) sts with CC1 with 2.25mm needle (US 1). Divide sts evenly over the two needles and place a marker at the beginning of the round. For DPNs, place your sts equally over the 3 (or 4) needles that you are using. Join to work in the rnd being careful not to twist sts.

Ribbing Rnd: \*K1, P1; rep from \* to end of rnd. Cut CC1.

Join MC and work the Ribbing Rnd for a further 11 rnds (approximately 3cm or just over 1 inch).

### LEG

With MC and needle size 2.5mm (US 1.5), or needle size to achieve gauge in colourwork, work following rnd:

Size 1: \*K14, M1L; rep from \* to the end of rnd. 4 sts inc'd. 60 sts total.

Size 2: \*K8, M1L; rep from \* to the end of rnd. 8 sts inc'd. 72 sts total.

Size 3: \*K6, M1L; rep from \* to the end of rnd. 12 sts inc'd. 84 sts total.

Knit 1 Rnd with MC.

Now work Rnds 1-27 of the colourwork chart with the snowflake on the mug on pg. 7, OR use the chart with the smiling face on the cup on pg. 8. The chart repeats 5 (6, 7) times around the sock. Join CC1, CC2 and CC3 where shown.

Cut CC1, CC2 and CC3 at the end of the chart.

With MC work the following decrease rnd while transferring sts back to the 2.25mm (US 1) needles:

Size 1: \*K13, K2tog; rep from \* to the end of rnd. 4sts dec'd. 56 sts total.

Size 2: \*K7, K2tog; rep from \* to the end of rnd. 8 sts dec'd. 64 sts total.

Size 3: \*K5, K2tog; rep from \* to the end of rnd. 12 sts dec'd. 72 sts total.

Knit 1 rnd with MC.

You will now be working the broken rib stitch pattern.

Rnd 1: \*K3, P1; rep from \* to the end of the rnd.

Rnd 2: Knit all sts.

Work these two rnds 9 times (18 rnds in total), 4cm (1 1/2 inches). Or, continue for however long you would like the leg of your sock to be. Do please note, further rnds may require more MC yarn. Finish on a Rnd 2.

### RIBBED HEEL FLAP

The ribbed heel flap is worked flat and knit back and forth using the 28 (32, 36) sts on Needle 1 with

MC. Needle 2 is holding the 28 (32, 36) sts for the instep. You can remove the BOR marker you placed at the beginning.

**Row 1 (RS):** \*Sl1 st purlwise, K1; rep from \* to the end of the row, turn.

**Row 2 (WS):** Sl1 st purlwise, purl all sts to the end of the row, turn.

Repeat these 2 rows ending on a purl row after a total of 28 (32, 36) rows.

There will be 14 (16, 18) edge sts for you to pick up after you have worked the heel turn.

### **HEEL TURN**

Continuing to use MC, you will now use short rows to turn your heel.

**Row 1 (RS):** Sl1, K15 (18, 20), SSK, K1, turn.

**Row 2 (WS):** Sl1, P5 (7, 7), P2tog, P1, turn.

**Row 3 (RS):** Sl1, K6 (8, 8), SSK, K1, turn.

**Row 4 (WS):** Sl1, P7 (9, 9), P2tog, P1, turn.

Continue in this pattern: Sl1, K or P to one stitch before the gap created by turning in the previous row, SSK or P2tog to close the gap, K1 or P1, turn. (For size 1 only: on the last two rows you will end with the last SSK or P2tog. There will be no sts remaining to K1 or P1). Continue until all stitches have been worked, ending with a purl row on the WS. Turn to the RS, you will now have 16 (20, 22) sts left on Needle 1. K8, (10, 11) sts across the turned heel stitches (the halfway point). Place BOR marker.

### **GUSSET**

You will now be picking up stitches along both sides of your heel flap, with MC yarn.

Knit across the remaining 8 (10, 11) turned heel sts to the end of Needle 1.

Pick up and Ktbl 14 (16, 18) sts along the edge of the heel flap. Pick up and knit one more stitch at the corner between heel flap and instep to help prevent a hole in the corner. Place a stitch marker here to help show you when to decrease in the next round or adjust the loop and needles so the heel/gusset sts and instep sts are separated there.

Work Rnd 1 of the broken rib stitch pattern for the 28 (32, 36) sts of the instep being held on Needle 2. Place a stitch marker after the instep stitches as well, as you did above.

Pick up one stitch in the corner and Ktbl 14 (16, 18) sts along the edge of the heel flap. Knit the first half of the heel to the BOR stitch marker.

You now have a total of 46 (54, 60) heel/gusset sts, 28 (32, 36) instep sts and are working all stitches again in the rnd. 74 (86, 96) sts on your needles in total.

### **GUSSET DECREASES**

Continue using MC.

**Rnd 1:** Knit to 3 sts before the first stitch marker (or end of needle 1, if you are using the magic loop method) and K2tog, K1, K across the instep sts working Rnd 2 of the broken rib stitch pattern, to the second marker (or start of needle 1, if you are using the magic loop method), K1, SSK. Knit to the BOR stitch marker. 2 sts dec'd.

**Rnd 2:** Knit all sts to the first stitch marker, work Rnd 1 of the broken rib stitch pattern across the instep sts to the second stitch marker. Knit to the BOR stitch marker.

Continue the 2 rnds, following the 2 rnds of broken rib stitch pattern on the instep sts only, until you have decreased to 28 (32, 36) heel/gusset sts. 28 (32, 36) instep sts remain on Needle 2. There are now 56 (64, 72) sts in total.

## FOOT

With MC continue to work the broken rib stitch pattern on the instep sts only, and knit all other stitches, until the foot of your sock measures approximately 5 (6, 7 cm / 2 (2  $\frac{1}{4}$ , 2  $\frac{3}{4}$ ) inches from your desired finished length.

Work following increase rnd with needle size 2.5mm (US 1.5), or needle size to achieve gauge in colourwork:

**Size 1:** \*K14, M1L; rep from \* to the end of rnd. 4 sts inc'd. 60 sts total.

**Size 2:** \*K8, M1L; rep from \* to the end of rnd. 8 sts inc'd. 72 sts total.

**Size 3:** \*K6, M1L; rep from \* to the end of rnd. 12 sts inc'd. 84 sts total.

Work Rnds 1-4 of either Colourwork Chart on pg.'s 7 or 8, using CC1, 2 and 3 where shown. The chart repeats 5 (6, 7) times around the sock. Cut CC1, 2 and 3 at the end of the Rnd 4.

Work decrease rnd with MC, while transferring sts back to the 2.25mm (US 1) needles:

**Size 1:** \*K13, K2tog; rep from \* to the end of rnd. 4 sts dec'd. 56 sts in total.

**Size 2:** \*K7, K2tog; rep from \* to the end of rnd. 8 sts dec'd. 64 sts in total.

**Size 3:** \*K5, K2tog; rep from\* to the end of rnd. 12 sts dec'd. 72 sts in total.

If your sock is still not long enough, knit more rnds with MC until your sock is 3 (4, 5) cm / 1  $\frac{1}{4}$  (1  $\frac{1}{2}$ , 2) inches from your desired finished length.

## TOE

Your stitches are now placed equally on Needles 1 and 2. Needle 1 is holding 28 (32, 36) sts at the bottom of your foot, with 14 (16, 18) sts on either side of the BOR marker. Needle 2 is holding 28 (32, 36) sts at the top of your foot.

For all sizes. Starting from the BOR stitch marker:

**Rnd 1** (decrease round):

Needle 1: Knit until 3 sts remain, K2tog, K1;

Needle 2: K1, SSK, knit until 3 sts remain, K2tog, K1;

Needle 1: K1, SSK, knit to the BOR stitch marker.

4 sts dec'd.

**Rnd 2:** Knit all sts.

Repeat Rnds 1-2 until 20 sts remain on each needle. 40 sts in total.



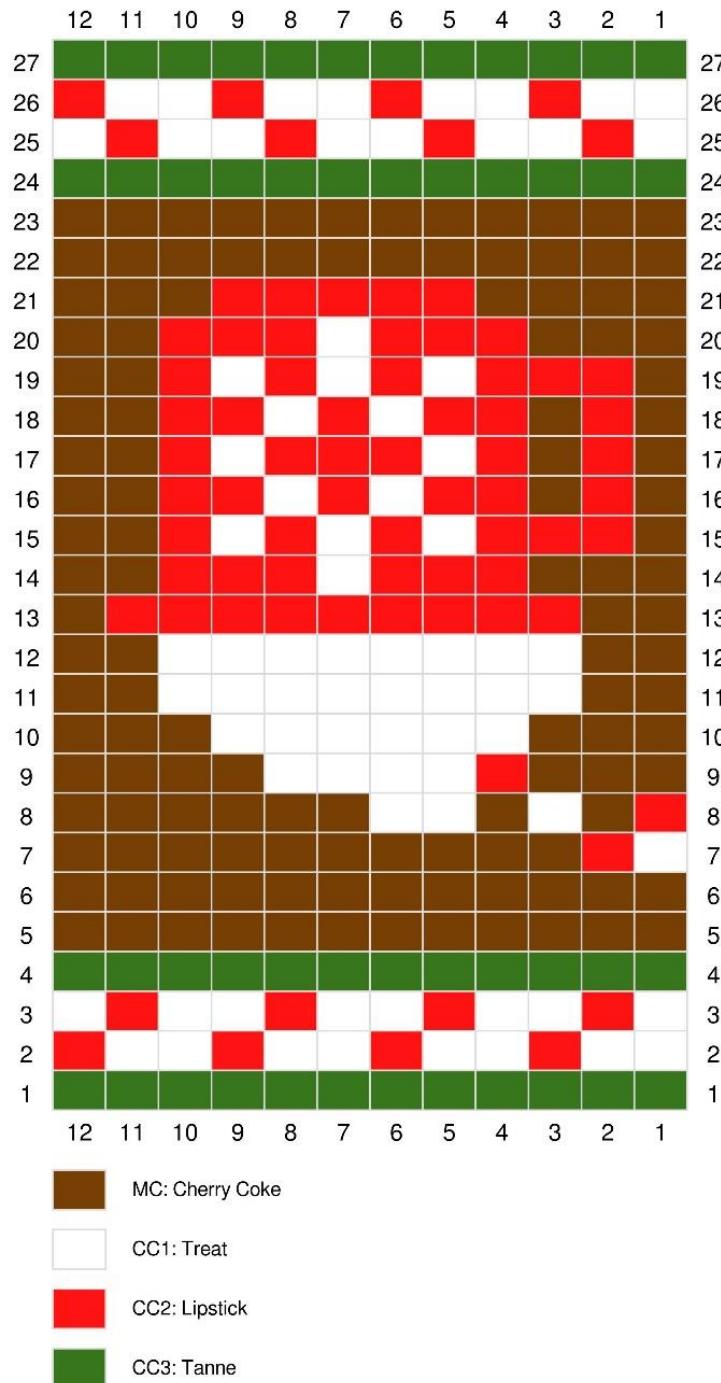
Continue working only Rnd 1 (dec every rnd) until 10 sts remain on each needle. 20 sts in total.

Remove BOR st marker. Knit 5 sts to reach the side of the sock. With 10 sts on each needle, graft remaining sts together.

## FINISHING

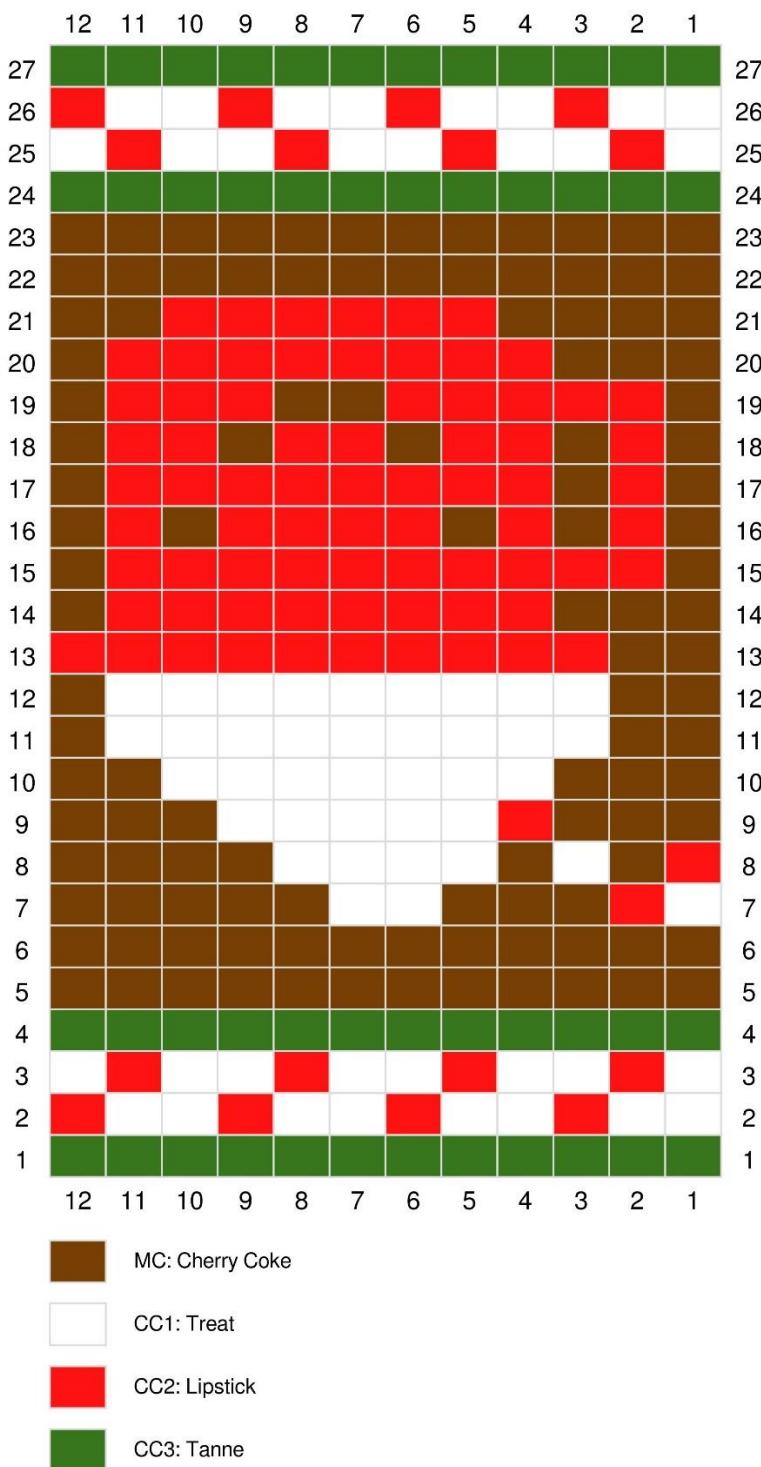
Weave in all ends. Knit your second sock. Using the Colourwork Chart for stitch placement, add duplicate stitches for the candy canes if you did not knit them. Hand wash gently in cool water, dry flat and enjoy!

### COLOURWORK CHART – Snowflake option



(For this option, as well as the candy cane, rounds 14 and 20 require very long floats in between the white stitches. I recommend either leaving the floats very loose or duplicate stitching these stitches. You can even go up a needle size for this section if you are unsure too. I also suggest trying on your sock after knitting the colourwork chart to check your floats are loose enough to go over your foot).

## COLOURWORK CHART – Smiling face option



If you would like to, please do share your work and finished socks using the hashtag #CupofHotCocoaSocks or #stoneknits on social media or on Ravelry. I love seeing your creations. This pattern has been professionally tech edited by Hen in a Glen Knit Tech Editing ([hen@heninaglen.com](mailto:hen@heninaglen.com)) and every size has been test knitted. If you require pattern help, please contact me at [charlottestoneknits@gmail.com](mailto:charlottestoneknits@gmail.com). I try to respond within 24 hours unless it is a holiday/weekend.