



Climb Every Mountain socks

A colourwork sock pattern by Charlotte Stone, Stone Knits



A ride up the cable car to the top of the mountain peaks to admire the view, take a walk through the snow or enjoy some Winter sports is such a magical Wintery treat. 'Climb Every Mountain' socks are inspired by our trips up the Alps here in Switzerland during the Winter time. These socks however, are suitable for wearing up any mountain, no matter where you are in the world; or for wearing on the sofa, keeping your feet warm while dreaming of snowy days. These socks are knit from the cuff down and have a ribbed cuff, heel flap and gusset. They have a section of stranded colourwork on the leg and a small section on the toe. The toe is finished by grafting stitches together. This pattern uses the magic loop circular needle method (but can be knit with 23cm (9 inch) circulars or DPNs).

Sizing

1 (2, 3)

To fit (foot circumference):

18-20 (20.5-23, 23.5-25) cm / 7½ (8½, 9½) inches

Finished circumference:

15.5-17.5 (18-20, 20.5-23) cm / 6½ (7½, 8½) inches

Recommended ease: Approximately 2.5cm (1 inch) of negative ease. For your foot circumference, measure around the widest part of your foot. Further sizes can be achieved by going up or down a needle size.

Leg/foot length can be easily adjusted. See instructions for details.

Sample shown is knit in size 2 for shoe size US 8.5 (EU 39, UK 6), foot circumference 22.5cm (8¾ inches).

MATERIALS

Yarn – Fingering weight 4ply sock yarn

Tot le Matin sock – 75% Superwash Merino wool and 25% Nylon. 425m / 464 yds per 100g.
Filcolana Arwetta Classic – 80% Superwash Merino wool and 20% Nylon. 210m / 230 yds per 50g.

Any fingering weight sock yarn can be used for this sock pattern, as long as you can obtain the same gauge.

Shown in:

MC: Petite Ice. Tot le Matin sock (pale blue). 170m / 186 yds - 40g

CC1: Natural White. Filcolana Arwetta Classic (white). 126m / 138 yds – 30g

CC2: Cayenne. Filcolana Arwetta Classic (red). 21m / 23 yds – 5g

CC3: Hunter Green. Filcolana Arwetta Classic (dark green). – 13m / 14 yds - 3g

CC4: Red Squirrel. Filcolana Arwetta Classic (brown). – scrap amounts

Needles

2.25mm (US 1), 80cm (32 inch) circular for magic loop, or DPNs, or two circulars or a 23cm (9 inch) circular needle as preferred.

Important note: Do check your gauge for fitting. Further sizes can be achieved by going up or down needle sizes. The gauge for your colourwork will most likely be different to your stockinette gauge, however there are extra sts in the colourwork section to counter this. For the purposes of this pattern, work the stockinette and the colourwork with the same size needle.

GAUGE

34 sts x 40 rnds = 10cm (4 inches) for ribbing and stockinette.

Notions

3 Stitch markers

Scissors

Tapestry needle for sewing in ends.

SPECIAL TECHNIQUES

Colourwork

When knitting stranded colourwork, be consistent with how you hold the yarns. The yarn used to knit the contrast pattern should always cross below the yarn knit for the background colour at the back of your work. Be sure to knit the floats loosely. Do not twist/catch your floats too often or this will create an inelastic fabric. I recommend leaving 9 sts between twisting/catching floats for colourwork socks. The colourwork chart is read from bottom to top and from right to left. There are options in the chart if you wish to knit only 2 colours in one round for the cable car and the trees. To weave in your yarn ends while you are knitting please see Stephen West's video 'Weavin Stephen' on YouTube

<https://www.youtube.com/watch?v=Fz292NAjH2M> .

Jogless Stripes

When changing colour whilst working stripes, do not cut the yarn. Carry the unused colour up the wrong side of your work. Work the first stitch at the beginning of the round of every **second** round of the stripe as follows: Pick up the right side of the stitch in the row below the stitch on the left-hand needle. Put it on the left needle and knit it together with the first stitch on the needle. You will have worked the first stitch of the round twice, but because you work into the stitch below the one on the needle the second time, it will appear that you have only worked it for one round. This will help the jog between the two colours of the stripes disappear, and the beginning of the round for the colour change is shifted one stitch to the left.

ABBREVIATIONS

BOR = Beginning of the round

CC = Contrast colour(s)

Dec'd = Decreased

Inc'd = Increased

K = Knit

K2tog = Knit 2 stitches together

Ktbl = Knit through the back loop

MC = Main colour

P = Purl

P2tog = Purl 2 stitches together

pg. = Page

PM = Place marker

Rpt(s) = Repeat(s)

Rnd(s) = Round(s)

RS = Right Side

SI1 = Slip one stitch purlwise from the left-hand needle to the right-hand needle.

SSK = Slip one stitch knitwise, slip next stitch knitwise, knit slipped stitches together.

St(s) = Stitch(es)

WS = Wrong Side

INSTRUCTIONS

CUFF

Cast on 56 (64, 72) sts with MC and 2.25mm (US 1) needle. Divide sts evenly over the two needles and place a marker at the beginning of the round. For DPNs, place your sts equally over the 3 (or 4) needles that you are using. PM for BOR. Join to work in the rnd being careful not to twist sts.

Ribbing Rnd: *K1, P1; repeat from * to end.

Work Ribbing Rnd for a total of 10 rnds (approximately 2.5cm or 1 inch).

LEG

With MC and needle size 2.25mm (US 1) or needle size to achieve gauge in colourwork, work following increase rnd:

Size 1: *K6, M1L; rep from * to 2 sts before the end of rnd. K2 sts. 9 sts inc'd. 65 sts total.

Size 2: *K5, M1L, K4 M1L; rep from * to 1 st before the end of rnd. K1 st. 14 sts inc'd. 78 sts total.

Size 3: M1L *K4, M1L; rep from * to the end of rnd. 19 sts inc'd. 91 sts total.

Work Rnds 1–24 of Colourwork Chart A on pg. 7, joining CC1, CC2 and CC4 where shown. The chart is knit 5 (6, 7) times per rnd. After rnd 14 cut CC4 and after rnd 24 cut CC2. (Please note, the white cross on the cable car can be omitted to avoid the three colours in one rnd. It can be duplicate stitched on or totally left out and these sts knitted in CC2 instead).

Knit 1 rnd with MC.

Work decrease rnd with MC:

Size 1: *K11, K2tog; rep from * to end of rnd. 5 sts dec'd. 60 sts in total.

Size 2: *K11, K2tog; rep from * to end of rnd. 6 sts dec'd. 72 sts in total.

Size 3: *K11, K2tog; rep from* to end of rnd. 7 sts dec'd. 84 sts in total.

Work Rnds 1–13 of Colourwork Chart B on pg. 8, joining CC3 where shown. The chart is knit 5 (6, 7) times per rnd. After rnd 8 cut CC3. (Please note the snow on the trees can be omitted to avoid the three colours in one rnd. It can be duplicate stitched on or totally left out and these sts knitted in MC instead).

Work decrease rnd with CC1:

Size 1: *K13, K2tog; rep from * to end of rnd. 4 sts dec'd. 56 sts in total.

Size 2: *K7, K2tog; rep from * to end of rnd. 8 sts dec'd. 64 sts in total.

Size 3: *K5, K2tog; rep from* to end of rnd. 12 sts dec'd. 72 sts in total.

RIBBED HEEL FLAP

The ribbed heel flap is worked flat and knit back and forth using the 28 (32, 36) sts on Needle 1 with CC1. Needle 2 is holding the 28 (32, 36) sts for the instep. You can remove the BOR marker you placed at the beginning.

Row 1 (RS): *Sl1 st purlwise, K1; repeat from * to the end of the row. Turn.

Row 2 (WS): Sl1 st purlwise, purl all sts to the end of the row. Turn.

Repeat these 2 rows ending on a purl row after a total of 28 (32, 36) rows.

There will be 14 (16, 18) edge sts for you to pick up after you have worked the heel turn.

HEEL TURN

Continuing to use CC1 you will now use short rows to turn your heel.

Row 1 (RS): Sl1, K15 (18, 20), SSK, K1, turn.

Row 2 (WS): Sl1, P5 (7, 7), P2tog, P1, turn.

Row 3 (RS): Sl1, K6 (8, 8), SSK, K1, turn.

Row 4 (WS): Sl1, P7 (9, 9), P2tog, P1, turn.

Continue in this pattern: Sl1, K or P to one stitch before the gap created by turning in the previous row, SSK or P2tog to close the gap, K1 or P1, turn. (For size 1 only: on the last two rows you will end with the last SSK or P2tog. There will be no sts remaining to K1 or P1).

Continue until all stitches have been worked, ending with a purl row on the WS. Turn to the RS, you will now have 16 (20, 22) sts left on Needle 1. With CC1, K8, (10, 11) sts across the turned heel stitches (the halfway point). Place BOR marker.

GUSSET

Using CC1 you will now be picking up stitches along both sides of your heel flap.

Knit across the remaining 8 (10, 11) turned heel sts to the end of Needle 1.

Pick up and Ktbl 14 (16, 18) sts along the edge of the heel flap. Pick up and knit one more stitch at the corner between heel flap and instep to help prevent a hole in the corner. Place a stitch marker here to help show you when to decrease in the next round or adjust the loop and needles so the heel/gusset sts and instep sts are separated there.

Knit the 28 (32, 36) sts of the instep being held on Needle 2. Place a stitch marker after the instep stitches as well, as you did above.

Pick up one stitch in the corner and Ktbl 14 (16, 18) sts along the edge of the heel flap. Knit the first half of the heel to the BOR stitch marker.

You now have a total of 46 (54, 60) heel/gusset sts, 28 (32, 36) instep sts and are working all stitches again in the rnd. 74 (86, 96) sts on your needles in total.

GUSSET DECREASES

Now using MC

Rnd 1: Knit to 3 sts before the first stitch marker (or end of needle 1, if you are using the magic loop method) and K2tog, K1, K across the instep sts to the second marker (or start of needle 1, if you are using the magic loop method), K1, SSK. Knit to the BOR stitch marker. 2 sts dec'd.

Rnd 2: Knit all sts.

Rpt Rnds 1-2 while knitting stripes as follows:

Knit 4 rnds of stripes in total of MC.

Knit 4 rnds of stripes with CC1.

Continue the 2 rnds and the stripe pattern until you have decreased to 28 (32, 36) heel/gusset sts. 28 (32, 36) instep sts remain on Needle 2. There are now 56 (64, 72) sts in total.

FOOT

With MC and CC1 continue the stripes (ending after a CC1 stripe) until the foot of your sock measures approximately 5 (6, 7 cm / 2 (2 ¼, 2 ¾) inches from your desired finished length.

Knit 2 rnds with MC.

With MC work following increase rnd:

Size 1: *K14, M1L; rep from * to the end of rnd. 4 sts inc'd. 60 sts total.

Size 2: *K8, M1L; rep from * to the end of rnd. 8 sts inc'd. 72 sts total.

Size 3: *K6, M1L; rep from * to the end of rnd. 12 sts inc'd. 84 sts total.

Work Rnds 9-12 of Colourwork Chart B on pg. 8, using CC1 where shown. The chart is knit 5 (6, 7) times per rnd. Cut MC

Work decrease rnd with CC1:

Size 1: *K13, K2tog; rep from * to end of rnd. 4 sts dec'd. 56 sts in total.

Size 2: *K7, K2tog; rep from * to end of rnd. 8 sts dec'd. 64 sts in total.

Size 3: *K5, K2tog; rep from* to end of rnd. 12 sts dec'd. 72 sts in total.

Continue to the toe instructions.

TOE

Your stitches are now placed equally on Needles 1 and 2. Needle 1 is holding 28 (32, 36) sts at the bottom of your foot, with 14 (16, 18) sts on either side of the BOR st marker. Needle 2 is holding 28 (32, 36) sts at the top of your foot.

Starting from the BOR st marker:

Rnd 1 (decrease rnd):

Needle 1: Knit until 3 sts remain, K2tog, K1;

Needle 2: K1, SSK, knit until 3 sts remain, K2tog, K1;

Needle 1: K1, SSK, knit to the BOR st marker.

4 sts dec'd.

Rnd 2: Knit all sts.

Rpt Rnds 1-2 until there are 20 sts remaining on each needle (40 sts in total).

Continue working only Rnd 1 (dec every rnd) until 10 sts remain on each needle (20 sts in total).

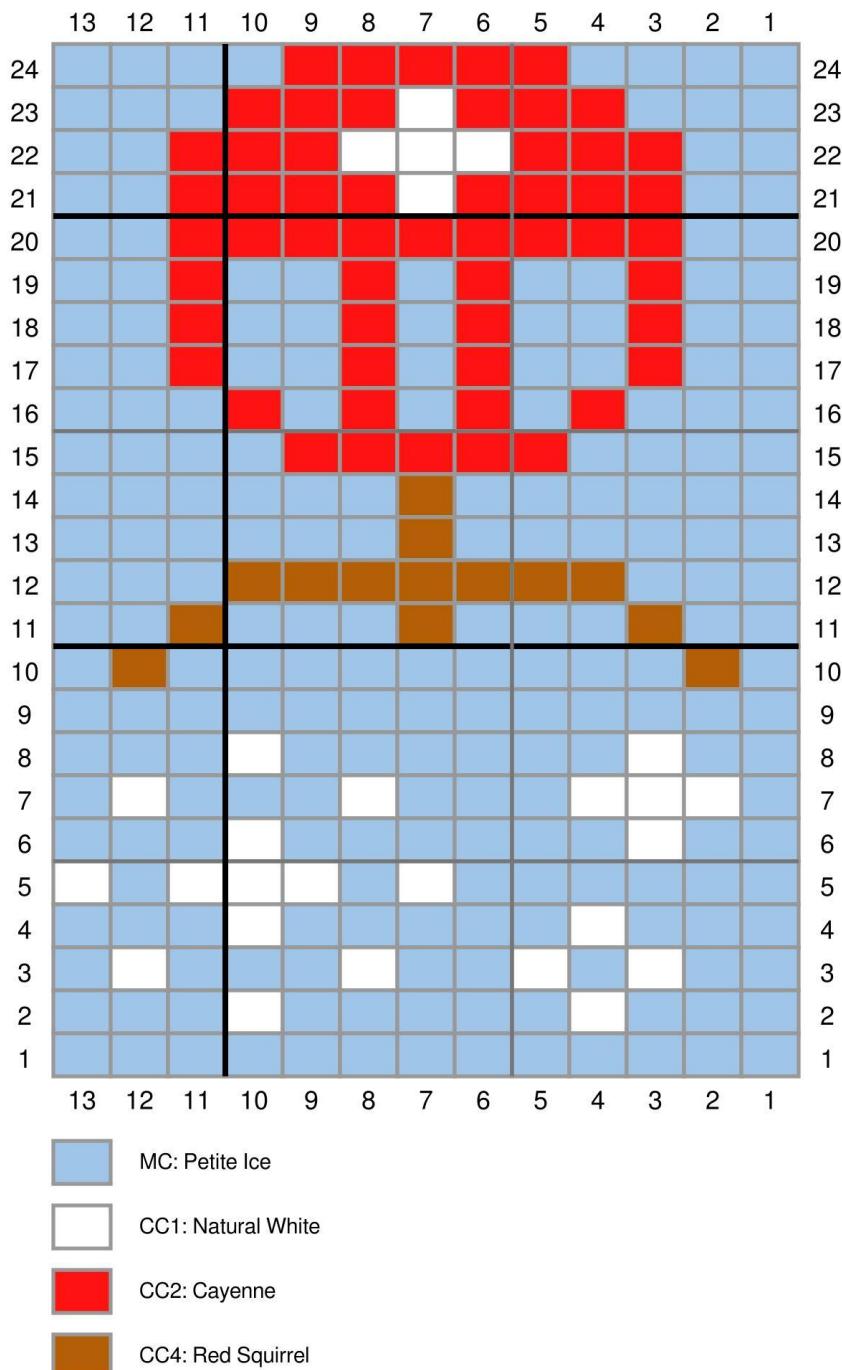
Remove BOR st marker. Knit 5 sts to reach the side of the sock. With 10 sts on each needle, graft remaining sts together.

FINISHING

Weave in all ends. Knit your second sock. Hand wash gently in cool water, dry flat and enjoy.

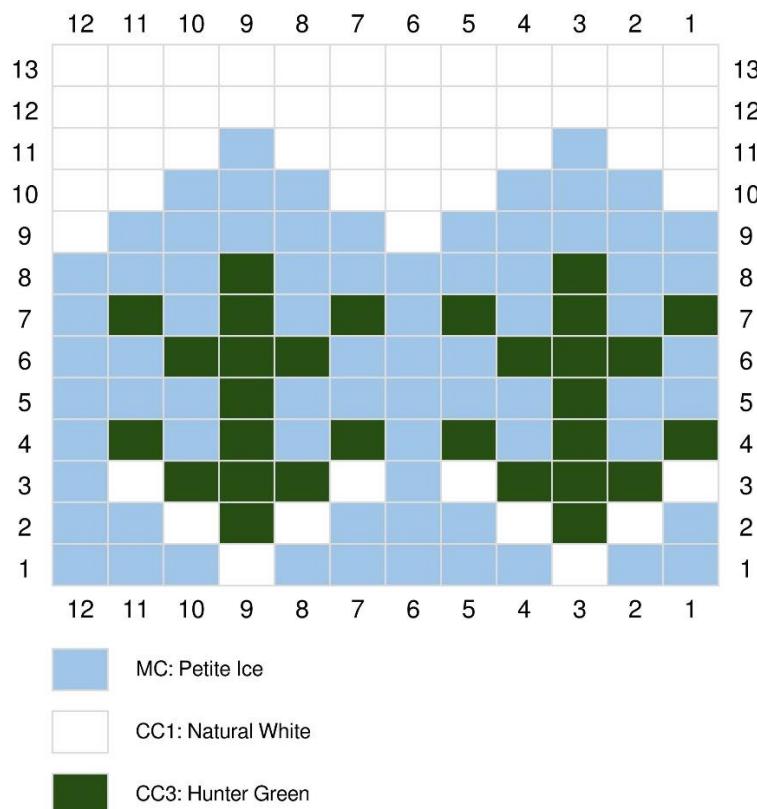
Colourwork Chart A

(White cross on cable car is optional. Sts can be knit with CC2 instead)



Colourwork Chart B

(Snow on trees is optional. Sts can be knit with MC instead)



This pattern has been test knitted and tech edited by Hen in a Glen tech editing services.

(If you would like to, please do share your work and finished socks using the hashtag **#climbeverymountain** or **#stoneknits** on Instagram or on Ravelry. I love seeing your creations).