



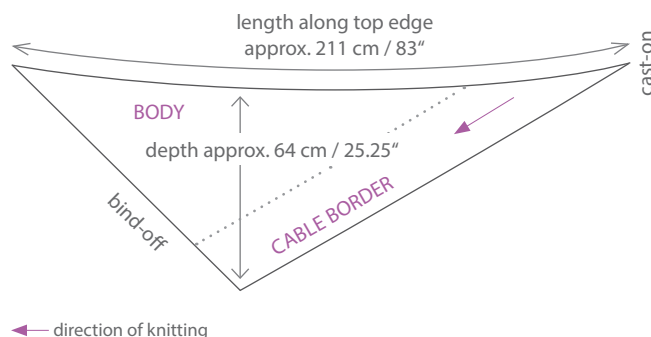
# CALMING THE STORM

by Lisa Hannes / maliha designs

A panel of lovely cables creates a wide eye-catching border on this beautiful triangular shawl.

## SHAPE & MEASUREMENTS

Calming the Storm is a triangular, sideways knit shawl. You start knitting with just a few stitches at the right tip, then work your way across to the left edge, creating the triangular shape by increasing at the top edge. The schematic shows the finished shape and the measurements when using approx. 630 m / 690 yds of dk weight yarn:



## MATERIALS & GAUGE

### Yarn:

Designed for dk weight yarn in solid/semi-solid colourways. Allow approx. 630 m / 690 yds to get the size of the sample. Easily adjustable for other weights and/or yardages. Yarn used for sample:

Sunshine Yarns Haven DK (dk weight, 100g = 210 m / 230 yds), 3 skeins in colourway Fog Rolling In

### Gauge:

Is not critical for this project, but differences will affect yardage requirements and the finished size. Be sure to use a larger needle size than may be recommended for your yarn to allow a good drape of the finished item.

Gauge on sample: 17 sts x 32 rows = 10 x 10 cm / 4 x 4" in garter stitch after light blocking.

### Needles:

4.5 mm / US 7 or size to obtain gauge

### Other:

tapestry needle to weave in the ends, stitch marker for the border if desired, cable needle if preferred

## NOTES

This beautiful shawl features a border with lovely cables along a garter stitch body. It is written for dk weight yarn, but the pattern is easily adjustable if you wish to use a different yarn weight and/or yardage.

The stitches at the beginning of each RS row contain the increases which create the triangular shape. Please be careful you don't pull your edge stitches too tightly so it can stretch properly for blocking.

This engaging pattern makes for an enjoyable knit. The finished shawl will add a beautiful and cosy item to your daily wardrobe. I hope you enjoy the pattern!

## ABBREVIATIONS

**co** = cast on

**k** = knit

**kfb** = k into the front and back loop of the same st (1 st increased)

**1/1 LC** = 2-st left leaning cable. Place next st onto cable needle and hold in *front* of work. K next st on LH needle. Then k the st from cable needle. (Alternatively, **LT** = left twist. Skip next st on LH needle, holding RH needle behind, then k second st through the back loop, leaving both sts on the needle. K first st, then let both sts slide off LH needle.)

**2/2 LC** = 4-st left leaning cable. Place next 2 sts onto cable needle and hold in *front* of work. K next 2 sts on LH needle. Then k the 2 sts from cable needle.

**3/3 LC** = 6-st left leaning cable. Place next 3 sts onto cable needle and hold in *front* of work. K next 3 sts on LH needle. Then k the 3 sts from cable needle.

**LH** = left hand

**p** = purl

**1/1 RC** = 2-st right leaning cable. Place next st onto cable needle and hold in *back* of work. K next st on LH needle. Then k the st from cable needle. (Alternatively, **RT** = right twist. Skip next st on LH needle, holding RH needle in front, then k second st, leaving both sts on the needle. K first st, then let both sts slide off LH needle.)

**2/2 RC** = 4-st right leaning cable. Place next 2 sts onto cable needle and hold in *back* of work. K next 2 sts on LH needle. Then k the 2 sts from cable needle.

**3/3 RC** = 6-st right leaning cable. Place next 3 sts onto cable needle and hold in *back* of work. K next 3 sts on LH needle. Then k the 3 sts from cable needle.

**rep.** = repeat

**RH** = right hand

**RS** = right side of work

**st(s)** = stitch(es)

**WS** = wrong side of work

## HOW TO MAKE THE SHAWL

The pattern contains fully written as well as charted instructions so you can choose which you prefer to work from. Both versions include complete directions. The row numbering is the same on both versions, so you can also work from one and use the other as reference if you like. You find the written instructions on pgs. 3-4, the charted ones on pgs. 5-6.

The shawl starts with the tip that sets up the cable motif. Once it is established, it becomes the cabled border of the shawl and the garter stitch body grows in the main section.

On my sample, I worked all cables without a cable needle. I find this method to be much faster and less fiddly than working with a separate cable needle. You can find a great photo tutorial explaining this method here: <https://ysolda-blog.squarespace.com/hidden-blog/2014/5/8/technique-thursday-cabling-without-a-cable-needle?rq=cable> I highly recommend you wash and gently block your finished shawl to the shape shown in the schematic as this will even out the stitches and give the knitted fabric a nice drape.

Enjoy your new shawl!



# WRITTEN INSTRUCTIONS

## SET-UP TIP

CO 3 sts using the long-tail method and work the tip that sets up the cable pattern as follows:

**Row 1 (RS):** k1, kfb, k1. (4 sts)  
**Row 2 (WS):** p2, k2.  
**Row 3:** k1, kfb, k2. (5 sts)  
**Row 4:** p3, k2.  
**Row 5:** k1, kfb, k3. (6 sts)  
**Row 6:** p4, k2.  
**Row 7:** k1, kfb, k4. (7 sts)  
**Row 8:** p5, k2.  
**Row 9:** k1, kfb, k5. (8 sts)  
**Row 10:** p6, k2.  
**Row 11:** k1, kfb, k6. (9 sts)  
**Row 12:** p6, k3.  
**Row 13:** k1, kfb, p1, k6. (10 sts)  
**Row 14:** p6, k4.  
**Row 15:** k1, kfb, p2, 3/3 RC. (11 sts)  
**Row 16:** p6, k2, p1, k2.  
**Row 17:** k1, kfb, k1, p2, k6. (12 sts)  
**Row 18:** p6, k2, p2, k2.  
**Row 19:** k1, kfb, 1/1 RC, p2, k6. (13 sts)  
**Row 20:** p6, k2, p3, k2.  
**Row 21:** k1, kfb, k1, 1/1 LC, p2, k6. (14 sts)  
**Row 22:** p6, k2, p4, k2.  
**Row 23:** k1, kfb, 1/1 LC, 1/1 RC, p2, 3/3 RC. (15 sts)  
**Row 24:** p6, k2, p4, k3.  
**Row 25:** k1, kfb, p1, 1/1 RC, 1/1 LC, p2, k6. (16 sts)  
**Row 26:** p6, k2, p4, k4.  
**Row 27:** k1, kfb, p2, 1/1 LC, 1/1 RC, p2, k6. (17 sts)  
**Row 28:** p6, k2, p4, k2, p1, k2.  
**Row 29:** k1, kfb, k1, p2, 1/1 RC, 1/1 LC, p2, k6. (18 sts)  
**Row 30:** p6, k2, p4, k2, p2, k2.  
**Row 31:** k1, kfb, k2, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (19 sts)  
**Row 32:** p6, k2, p4, k2, p3, k2.  
**Row 33:** k1, kfb, k3, p2, 1/1 RC, 1/1 LC, p2, k6. (20 sts)  
**Row 34:** p6, (k2, p4) x 2, k2.  
**Row 35:** k1, kfb, 2/2 LC, p2, 1/1 LC, 1/1 RC, p2, k6. (21 sts)  
**Row 36:** p6, k2, p4, k2, p5, k2.  
**Row 37:** k1, kfb, k5, p2, 1/1 RC, 1/1 LC, p2, k6. (22 sts)

**Row 38:** p6, k2, p4, k2, p6, k2.  
**Row 39:** k1, kfb, k2, 2/2 RC, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (23 sts)  
**Row 40:** p6, k2, p4, k2, p7, k2.  
**Row 41:** k1, kfb, k7, p2, 1/1 RC, 1/1 LC, p2, k6. (24 sts)  
**Row 42:** p6, k2, p4, k2, p8, k2.  
**Row 43:** k1, kfb, 2/2 RC, 2/2 LC, p2, 1/1 LC, 1/1 RC, p2, k6. (25 sts)  
**Row 44:** p6, k2, p4, k2, p9, k2.  
**Row 45:** k1, kfb, k9, p2, 1/1 RC, 1/1 LC, p2, k6. (26 sts)  
**Row 46:** p6, k2, p4, k2, p10, k2.  
**Row 47:** k1, kfb, k2, 2/2 LC, 2/2 RC, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (27 sts)  
**Row 48:** p6, k2, p4, k2, p11, k2.  
**Row 49:** k1, kfb, k11, p2, 1/1 RC, 1/1 LC, p2, k6. (28 sts)  
**Row 50:** p6, k2, p4, k2, p12, k2.  
**Row 51:** k1, kfb, 2/2 LC, 2/2 RC, 2/2 LC, p2, 1/1 LC, 1/1 RC, p2, k6. (29 sts)  
**Row 52:** p6, k2, p4, k2, p13, k2.  
**Row 53:** k1, kfb, k13, p2, 1/1 RC, 1/1 LC, p2, k6. (30 sts)  
**Row 54:** p6, k2, p4, k2, p14, k2.  
**Row 55:** k1, kfb, k2, 2/2 RC, 2/2 LC, 2/2 RC, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (31 sts)  
**Row 56:** p6, k2, p4, k2, p15, k2.  
**Row 57:** k1, kfb, k15, p2, 1/1 RC, 1/1 LC, p2, k6. (32 sts)  
**Row 58:** p6, k2, p4, k2, p16, k2.  
**Row 59:** k1, kfb, (2/2 RC, 2/2 LC) x 2, p2, 1/1 LC, 1/1 RC, p2, k6. (33 sts)  
**Row 60:** p6, k2, p4, k2, p16, k3.  
**Row 61:** k1, kfb, p1, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (34 sts)  
**Row 62:** p6, k2, p4, k2, p16, k4.  
**Row 63:** k1, kfb, p2, (2/2 LC, 2/2 RC) x 2, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (35 sts)  
**Row 64:** p6, k2, p4, k2, p16, k2, p1, k2.  
**Row 65:** k1, kfb, k1, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (36 sts)  
**Row 66:** p6, k2, p4, k2, p16, k2, p2, k2.  
**Row 67:** k1, kfb, 1/1 RC, p2, (2/2 RC, 2/2 LC) x 2, p2, 1/1 LC, 1/1 RC, p2, k6. (37 sts)  
**Row 68:** p6, k2, p4, k2, p16, k2, p3, k2.  
**Row 69:** k1, kfb, k1, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (38 sts)

**Row 70:** p6, k2, p4, k2, p16, k2, p4, k2.  
**Row 71:** k1, kfb, 1/1 LC, 1/1 RC, p2, (2/2 LC, 2/2 RC) x 2, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (39 sts)  
**Row 72:** p6, k2, p4, k2, p16, k2, p4, k3.  
**Row 73:** k1, kfb, p1, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (40 sts)  
**Row 74:** p6, k2, p4, k2, p16, k2, p4, k4.  
**Row 75:** k1, kfb, p2, 1/1 LC, 1/1 RC, p2, (2/2 RC, 2/2 LC) x 2, p2, 1/1 LC, 1/1 RC, p2, k6. (41 sts)  
**Row 76:** p6, k2, p4, k2, p16, k2, p4, k2, p1, k2.  
**Row 77:** k1, kfb, k1, p2, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (42 sts)  
**Row 78:** p6, k2, p4, k2, p16, k2, p4, k2, p2, k2.  
**Row 79:** k1, kfb, k2, p2, 1/1 LC, 1/1 RC, p2, (2/2 LC, 2/2 RC) x 2, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (43 sts)  
**Row 80:** p6, k2, p4, k2, p16, k2, p4, k2, p3, k2.  
**Row 81:** k1, kfb, k3, p2, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (44 sts)  
**Row 82:** p6, k2, p4, k2, p16, (k2, p4) x 2, k2.  
**Row 83:** k1, kfb, k4, p2, 1/1 LC, 1/1 RC, p2, (2/2 RC, 2/2 LC) x 2, p2, 1/1 LC, 1/1 RC, p2, k6. (45 sts)  
**Row 84:** p6, k2, p4, k2, p16, k2, p4, k2, p5, k2.  
**Row 85:** k1, kfb, k5, p2, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (46 sts)  
**Row 86:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k2.  
**Row 87:** k1, kfb, 3/3 LC, p2, 1/1 LC, 1/1 RC, p2, (2/2 LC, 2/2 RC) x 2, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (47 sts)  
**Row 88:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k3.  
**Row 89:** k1, kfb, p1, k6, p2, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (48 sts)  
**Row 90:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k4.  
**Row 91:** k1, kfb, p2, k6, p2, 1/1 LC, 1/1 RC, p2, (2/2 RC, 2/2 LC) x 2, p2, 1/1 LC, 1/1 RC, p2, k6. (49 sts)  
**Row 92:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k2, p1, k2.  
**Row 93:** k1, kfb, k1, p2, k6, p2, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (50 sts)  
**Row 94:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k2, p1, k3.

47 sts increased = 50 total

The set-up tip is now complete. Continue with the instructions for the main body on the next page.

# WRITTEN INSTRUCTIONS (CONT.)

## MAIN BODY WITH CABLE BORDER

From now on, the stitch count for the cable border remains the same (= 47 sts).

The garter triangle keeps increasing by 1 st per RS row to become the body part of the shawl.

I suggest placing a marker between the body and the border (before the last 47 sts) so it's easier to see when to start the garter part on the WS rows.

**Row 1 (RS):** k1, kfb, k to last 46 sts, p2, 3/3 LC, p2, 1/1 LC, 1/1 RC, p2, (2/2 LC, 2/2 RC) x 2, p2, 1/1 LC, 1/1 RC, p2, 3/3 RC. (+ 1 st)

**Row 2 (WS):** p6, k2, p4, k2, p16, k2, p4, k2, p6, k2, p1, k to end.

**Row 3:** k1, kfb, k to last 46 sts, p2, k6, p2, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (+ 1 st)

**Row 4:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k2, p1, k to end.

**Row 5:** k1, kfb, k to last 46 sts, p2, k6, p2, 1/1 LC, 1/1 RC, p2, (2/2 RC, 2/2 LC) x 2, p2, 1/1 LC, 1/1 RC, p2, k6. (+ 1 st)

**Row 6:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k2, p1, k to end.

**Row 7:** k1, kfb, k to last 46 sts, p2, k6, p2, 1/1 RC, 1/1 LC, p2, k16, p2, 1/1 RC, 1/1 LC, p2, k6. (+ 1 st)

**Row 8:** p6, k2, p4, k2, p16, k2, p4, k2, p6, k2, p1, k to end.

Work and repeat Rows 1-8 as many times as you like or your remaining yarn allows.

Stop after any WS row.

On the sample shown, I worked a total of 32 repeats and stopped the next repeat after Row 2.

*129 sts increased = 179 sts total*

## BIND-OFF

Bind off all stitches in classic lifted bind-off in pattern. Make sure it's not too tight; you might like to go up a needle size.

Work as follows:

k1, (k1, lift first st over second) rep. until you reach the border, then (knit or purl the next st as it appears, lift first st over second) rep. to end.

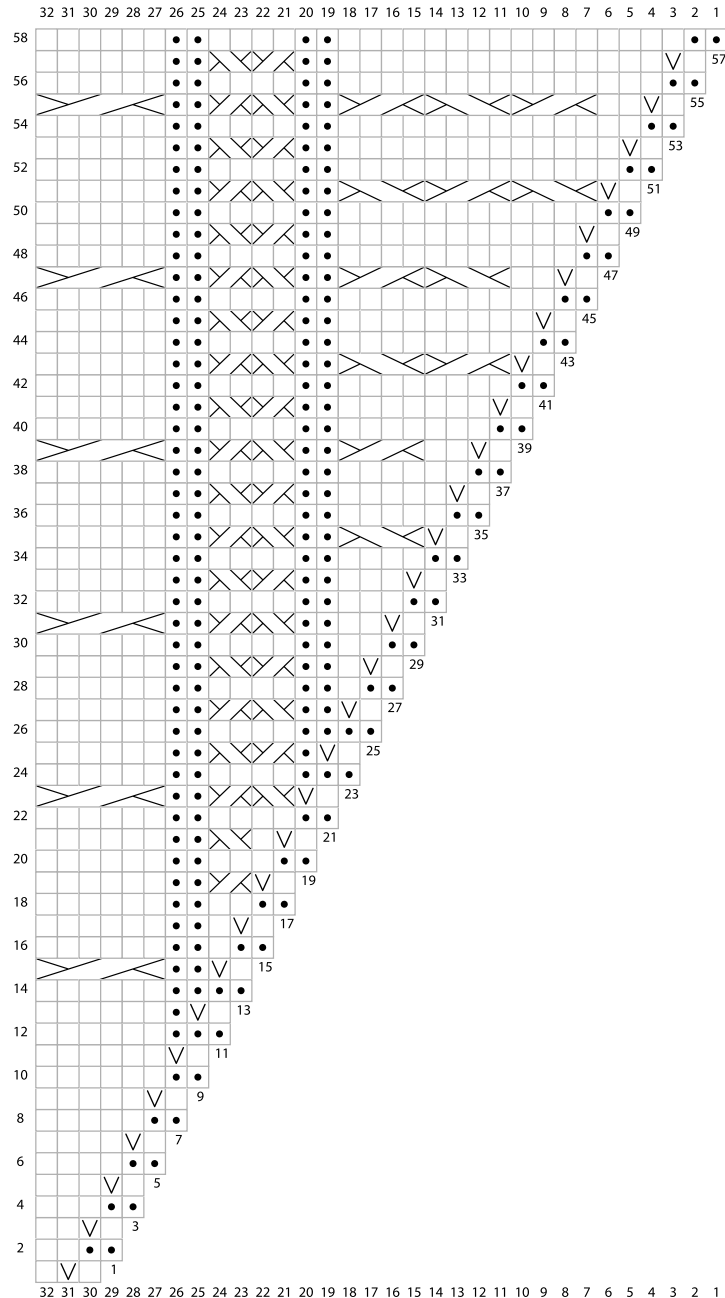
Cut your yarn. Pull yarn end through to secure and weave in your yarn ends.

Enjoy your new shawl!



# CHARTED INSTRUCTIONS

## CHART FOR SET-UP TIP, PART 1



*Note for all charts:*

Work the instructions using the charts on this and the following page.

- Please make sure you always use the corresponding chart for each section.
- All odd-numbered rows are RS (read from right to left) and all even-numbered rows are WS rows (read from left to right).

## SET-UP TIP

CO 3 sts using the long-tail method and work Rows 1-94 from the charts on this page once.

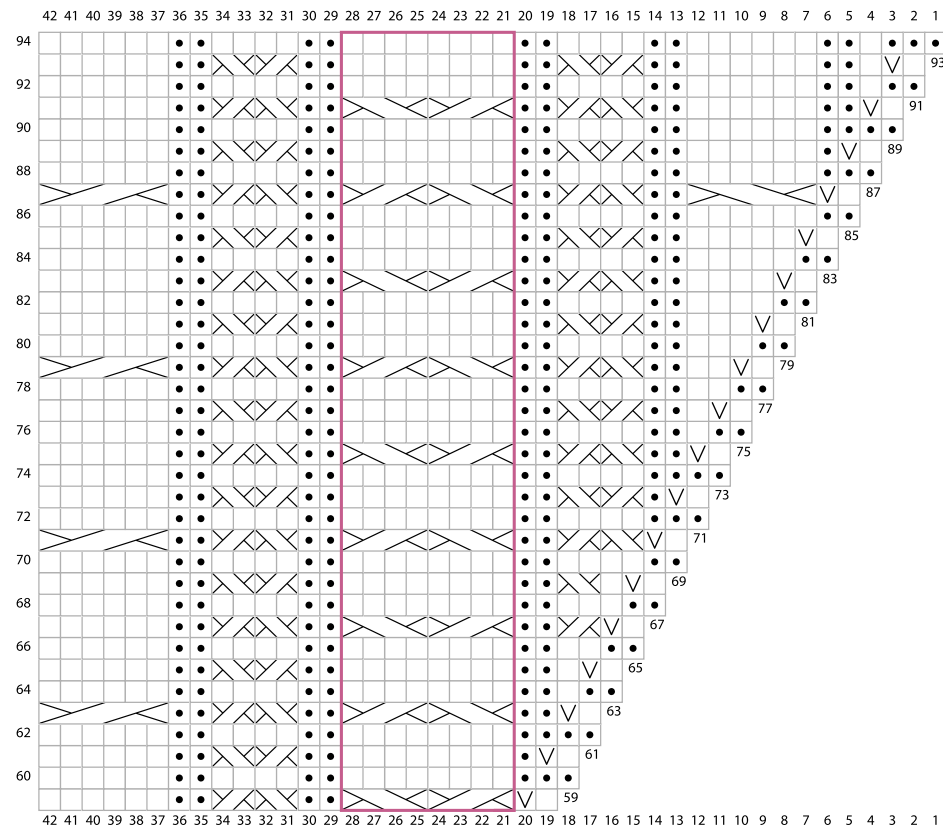
*47 sts increased = 50 sts total*

Then continue with the Main Body using the chart on the next page.

## KEY

- RS: knit, WS: purl
- RS: purl, WS: knit
- RS: kfb
- cable repeat, work 2x
- 1/1 LC
- 1/1 RC
- 2/2 LC
- 2/2 RC
- 3/3 LC
- 3/3 RC

## CHART FOR SET-UP TIP, PART 2



# CHARTED INSTRUCTIONS (CONT.)

## MAIN BODY WITH CABLE BORDER

From now on, the stitch count for the cable border remains the same (= **47 sts**).

The garter triangle keeps increasing by 1 st per RS row to become the body part of the shawl.

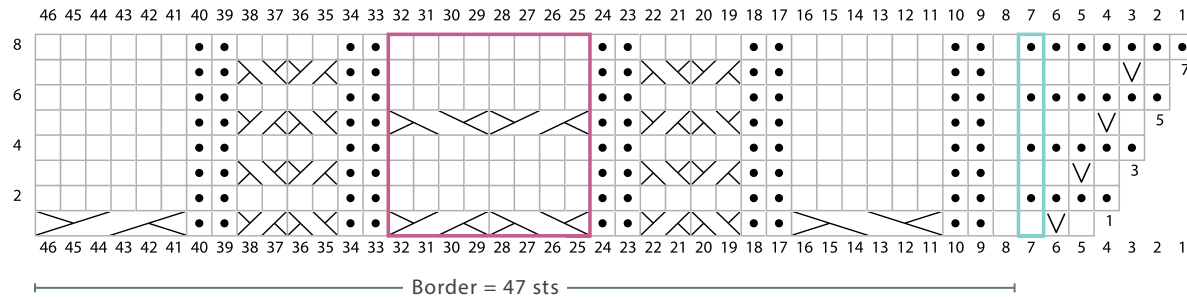
I suggest placing a marker between the body and the border (before the last 47 sts) so it's easier to see when to start the garter part on the WS rows.

Work and repeat Rows 1-8 from the chart below as many times as you like or your remaining yarn allows.

Stop after any WS row.

On the sample shown, I worked a total of 32 repeats and stopped the next repeat after Row 2.

*129 sts increased = 179 sts total*



### KEY

- RS: knit, WS: purl
- RS: purl, WS: knit
- ∇ RS: kfb
- cable repeat, work 2x
- garter body repeat
- 1/1 LC
- 1/1 RC
- 2/2 LC
- 2/2 RC
- 3/3 LC
- 3/3 RC

### BIND-OFF

Bind off all stitches in classic lifted bind-off in pattern. Make sure it's not too tight; you might like to go up a needle size.

Work as follows:

k1, (k1, lift first st over second) rep. until you reach the border, then (knit or purl the next st as it appears, lift first st over second) rep. to end.

Cut your yarn. Pull yarn end through to secure and weave in your yarn ends.

Enjoy your new shawl!

