

Cabernet Cabaret

by M.L. Martin

This sock comes in 3 sizes, referred to as Small (Medium, Large). For further size reduction, try a 1.5mm needle.

Alternatively you could modify the sock to any stitch count by reducing the number of stitches on the back of the sock and knitting either stockinette or ribbing on the back, and the small sized charts on the front. (Notes about this XS modification will be marked with an asterisk*) This pattern is written in two needle format but can be easily adapted to DPNs.

Materials:

- 1 skein (437yds/100g) Cascade Yarns Heritage Sock or comparable sock/fingering weight yarn
- Needles size 2.25mm/US1 (DPNs, two circulars or long circular for magic loop)
- cable needle of appropriate size (optional)
- darning needle for grafting toe



Gauge: 34 sts and 50 rows = 4" in unblocked, unstretched stockinette

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Notes:

If you are printing out the charts and doing an XS, S, or M size, it is helpful to take a black marker and color in the columns you need to ignore.

In this sock, the back/heel/sole is worked first, then the front/instep.

Needle 1 holds the back/heel/sole sts

Needle 2 holds the front/instep sts

Instructions:

Cast on 70 (74,78) sts. Join in round.

Cuff:

Starting with the back of the sock, repeat first row of Leg Chart on Needle 1 (heel needle) and Needle 2 (instep needle) for 1 inch or to desired length. For small size, ignore both green and yellow columns. Medium size ignore green columns. *Extra small (no pattern on back) should also ignore column 1 when knitting the instep as well as the green and yellow columns.

Leg:

Work the rest of the Leg Chart on both back and front.

After you have finished the Leg Chart, move the 36th (38th, 40th) stitch in the round from the beginning of Needle 2 (instep needle) to the end

of Needle 1 (heel needle). You will then have 36 (38, 40) stitches on the heel needle, and 34 (36, 38) sts on the instep needle. *ignore this instruction if you are knitting the Extra Small (no pattern on back) version, as you have skipped this column.

Heel:

Please read through the heel instructions before beginning heel increases. Here is where you decide whether you want the pattern on the instep to be short or long. The long option will only fit socks that have a foot that is at least 9.5" (assuming you are getting the recommended row gauge). The toe can be grafted any time after row 32 on the toe chart. [Note: I was able to fit the long instep and toe chart to about row 38 on my 9.125", size 8.5US sock, however one of my testers with the same size foot could not. The 9.5" measurement is therefore the safest recommendation.] The small option will fit all foot sizes. These options are independent of what size sock you chose to cast on, i.e. you can knit a large sock with a short instep pattern if you prefer less pattern on the foot, or you can knit a small or medium sock with a long instep..

For a short instep pattern use Instep Chart - Short
For a long instep pattern, use Instep Charts - Long A and B

Instructions:

Work Heel Chart to row 31 (31, 33) on Needle 1, and your chosen Instep Chart to row 31 (31, 33) on Needle 2. *For the XS modified version, make increases on each side of your heel stitches every two rows as shown on the heel chart, while working your preferred heel stitches instead of the chart. This type of heel will work out fine no matter how many stitches you have on the heel between the increases.

Heel Turn:

Slip 1, k 38 (39, 41) ssk, k1, turn.

Slip 1, p 11, p2tog, p1 turn.

Slip 1, knit to 1 stitch before gap, ssk, k1, turn

Slip 1, purl to 1 stitch before gap, p2tog, p1, turn

Continue in this manner, repeating the last two rows of heel turn until there are 2 (1, 1) unworked

stitch(es) on each end of the heel/sole needle.

Begin knitting in the round again:

Sl 1, k to one stitch before gap, k2tog, k 1 (1, 0). Do not turn. Work Instep Chart row 32 (32, 34) on Needle 2.

Gusset:

Rd 1: k 1 (1, 0), ssk, k to end of sole sts. Work next instep chart row.

Rd 2: knit to last 3 (3, 2) sts, k2tog, k 1 (1, 0). Work next instep chart row.

Repeat these two rounds, decreasing at alternate sides of the sole, until you have 70 (74, 78) or your preferred amount of stitches remaining. You should have an even number of stitches on the sole, and 34 (36, 38) stitches on the instep. Once you are finished decreasing, continue knitting stockinette on the sole and the Instep Chart(s) on the instep.

Once you have completed the Instep Chart(s), move one stitch from each side of the sole to the instep, so that you have 36 (38, 40) stitches on the instep.

Knit the Toe Chart for your size (these are given separately). If you finish the Toe Chart, continue knitting in stockinette until the end of the sock.

Toe decreases can begin at or after Toe Chart row 19, about 1.75-2 inches from your desired length. The toe can be grafted at any point after row 32.

Toe decreases:

Arrange your stitches so that you have the same number of stitches on the sole and the instep. If you have two extra stitches, place them on the sole and do your decreases only on the sole in the first round of decreasing.

R1: k1, ssk, k to last 3 sole sts, k2tog, k1. K1, ssk, work instep chart to last 3 sts, k2tog, k1.

R2: knit all sole sts, work chart on instep.

Repeat these two rounds until there are 24 (28, 28) total stitches remaining, graft using kitchener stitch, weave in ends, block if desired.

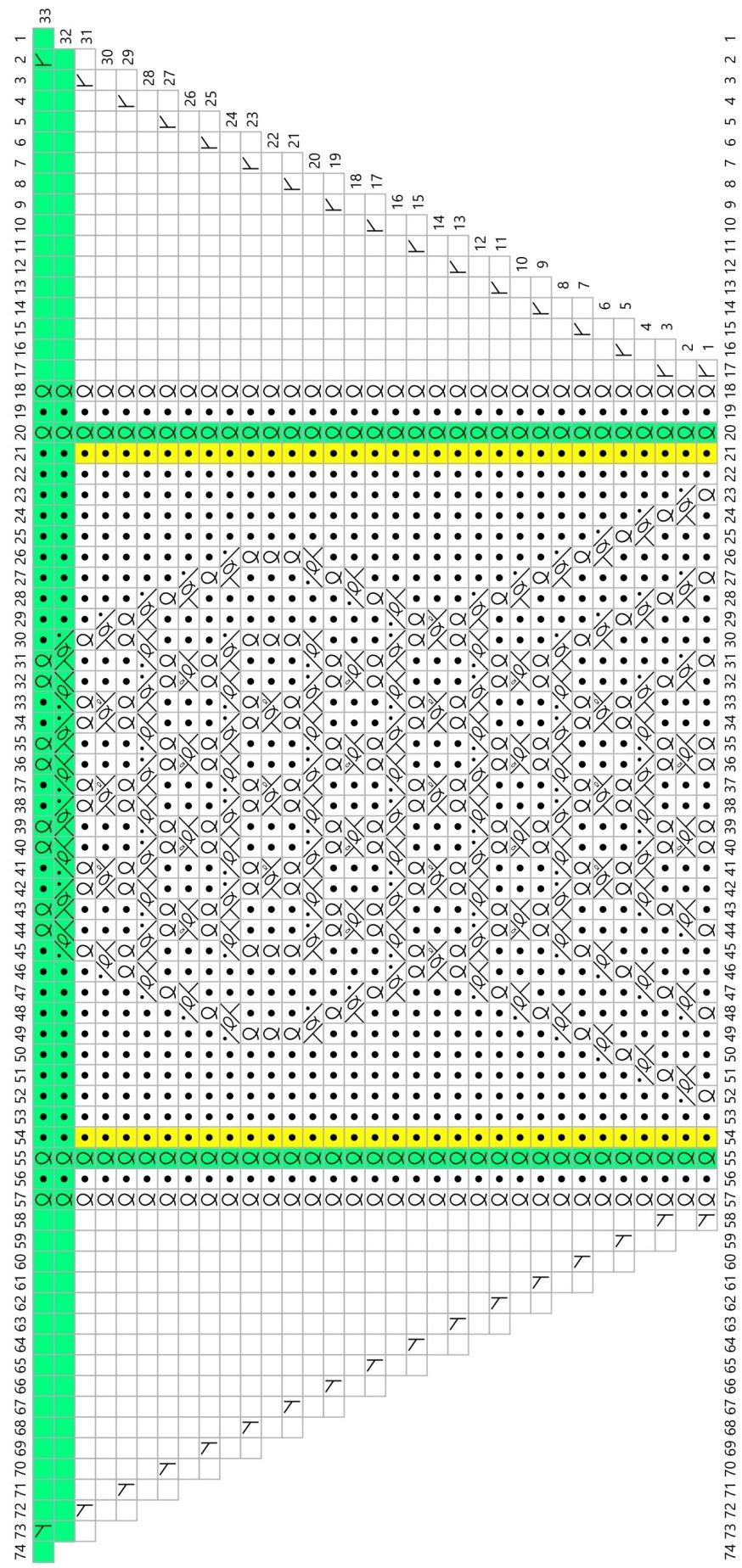
Stitch Key

<input type="checkbox"/>	knit	Knit
<input checked="" type="checkbox"/>	purl	purl
<input checked="" type="checkbox"/>	k tbl	knit through back loop
<input type="checkbox"/>	no stitch	no stitch
	1/1 RT	bring 1 stitch to the back, k1tbl, k1tbl from CN
	1/1 RPT	bring 1 stitch to the back, k1tbl, p1 from CN
	1/1 RC	bring 1 stitch to the back, k1, k1 from CN
	1/1 LT	bring 1 stitch to the front, k1tbl, k1tbl from CN
	1/1 LPT	bring 1 stitch to the front, p1, k1tbl from CN
	1/1 LC	bring 1 stitch to the front, k1, k1 from CN
	1/1/1 LRC	*see explanation below
	small size ignore	Ignore yellow columns if you are knitting small size
	small & medium ignore	Ignore green columns/rows if you are knitting small or medium size
<input type="checkbox"/>	Repeat for cuff	Repeat this row for 1 inch (or more) for cuff
	lifted right-leaning increase	take right leg of st below st on left needle, place on left needle, knit into back
	lifted left-leaning increase	take left leg of st 2 rows below st on right needle, place on left needle, knit into front

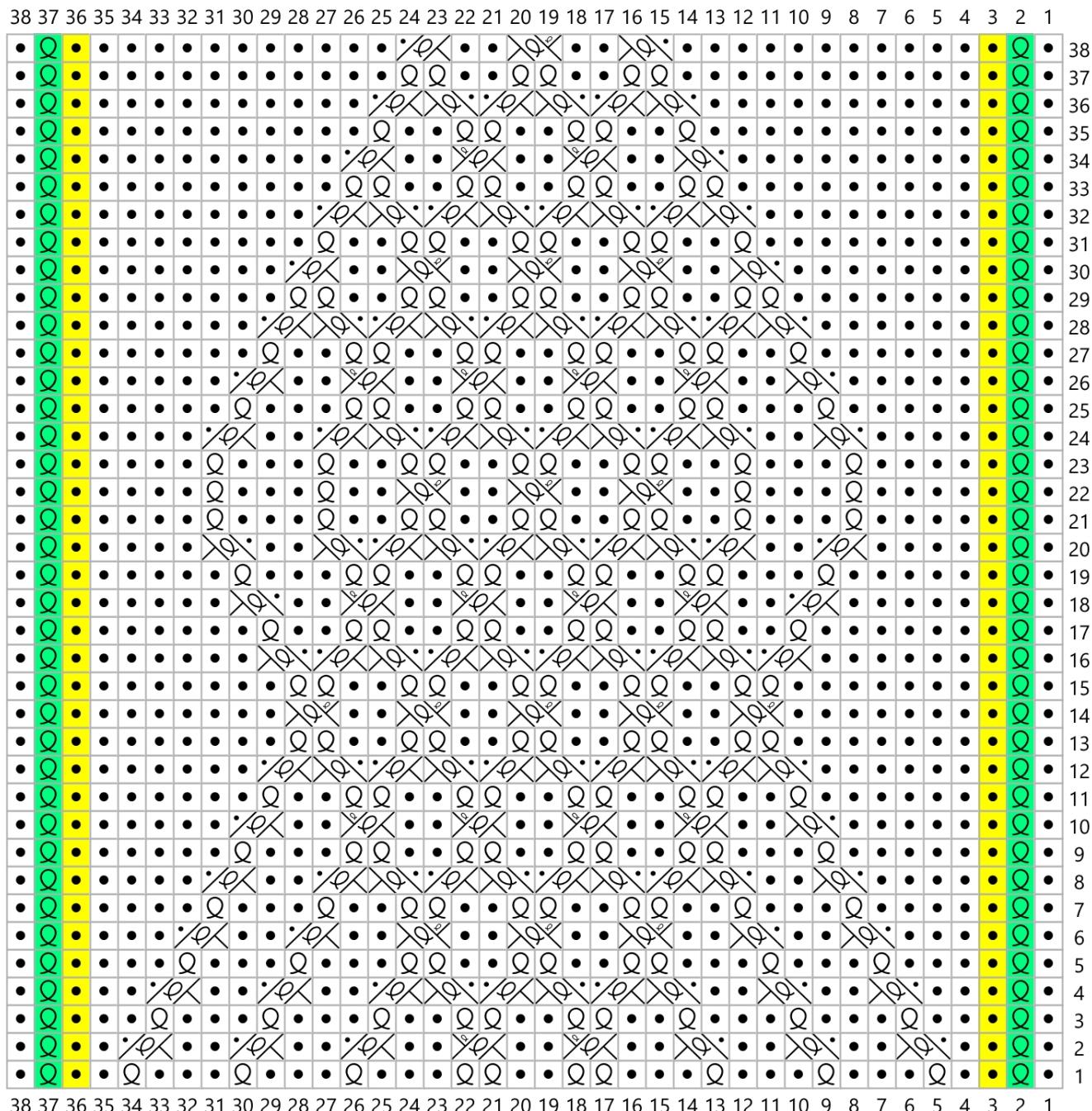
* 1/1/1 LRC – put 2 sts on CN and hold to front. K1tbl. Take the first st on CN and place it on the left needle, crossing it behind the other stitch on the cable needle. K1tbl from CN, k1tbl from left needle.

Cabernet Cabaret Leg Chart

Cabernet Cabaret Heel

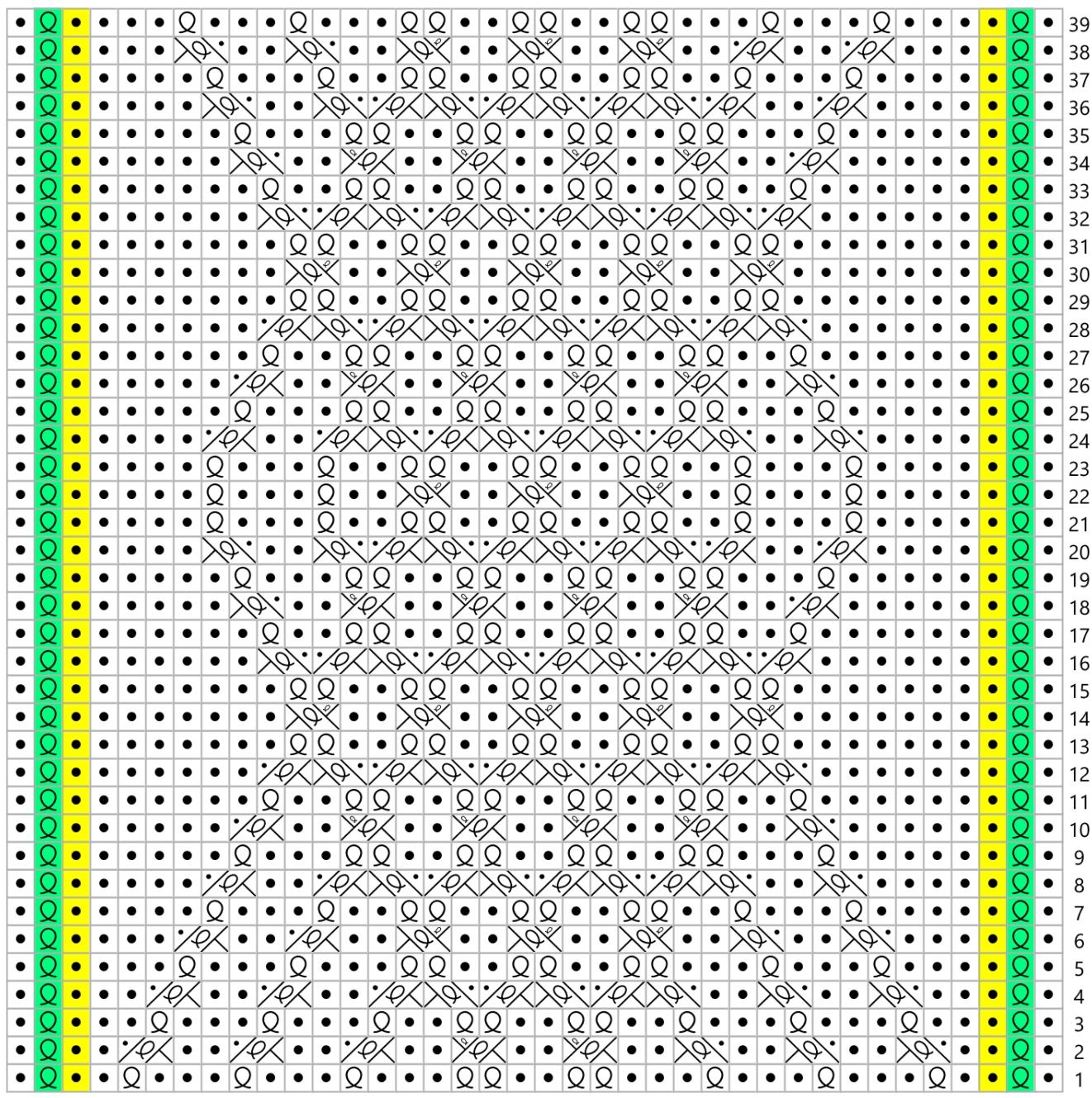


Instep Chart - Short



Instep Chart - Long A

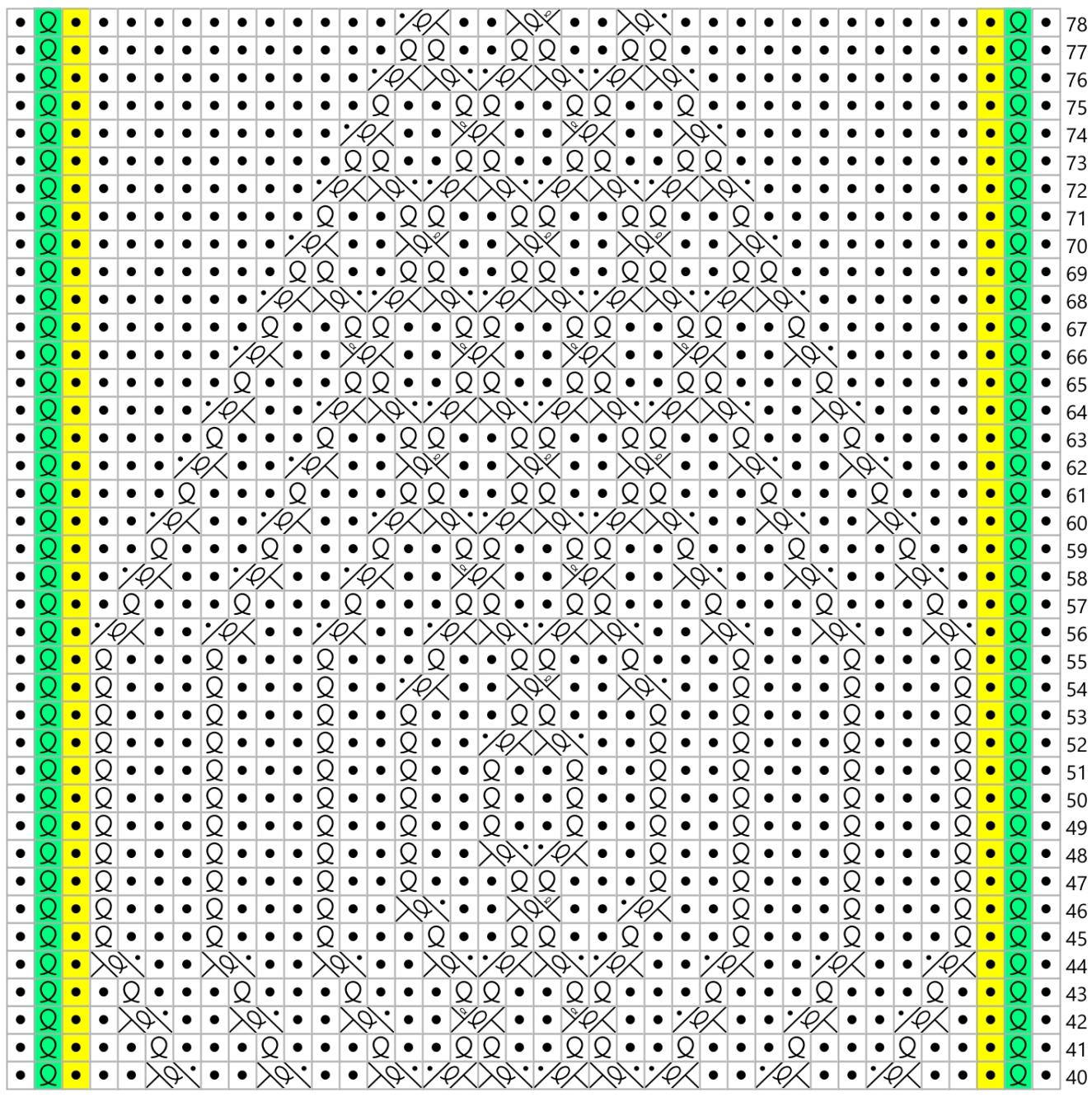
38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Instep Chart - Long B

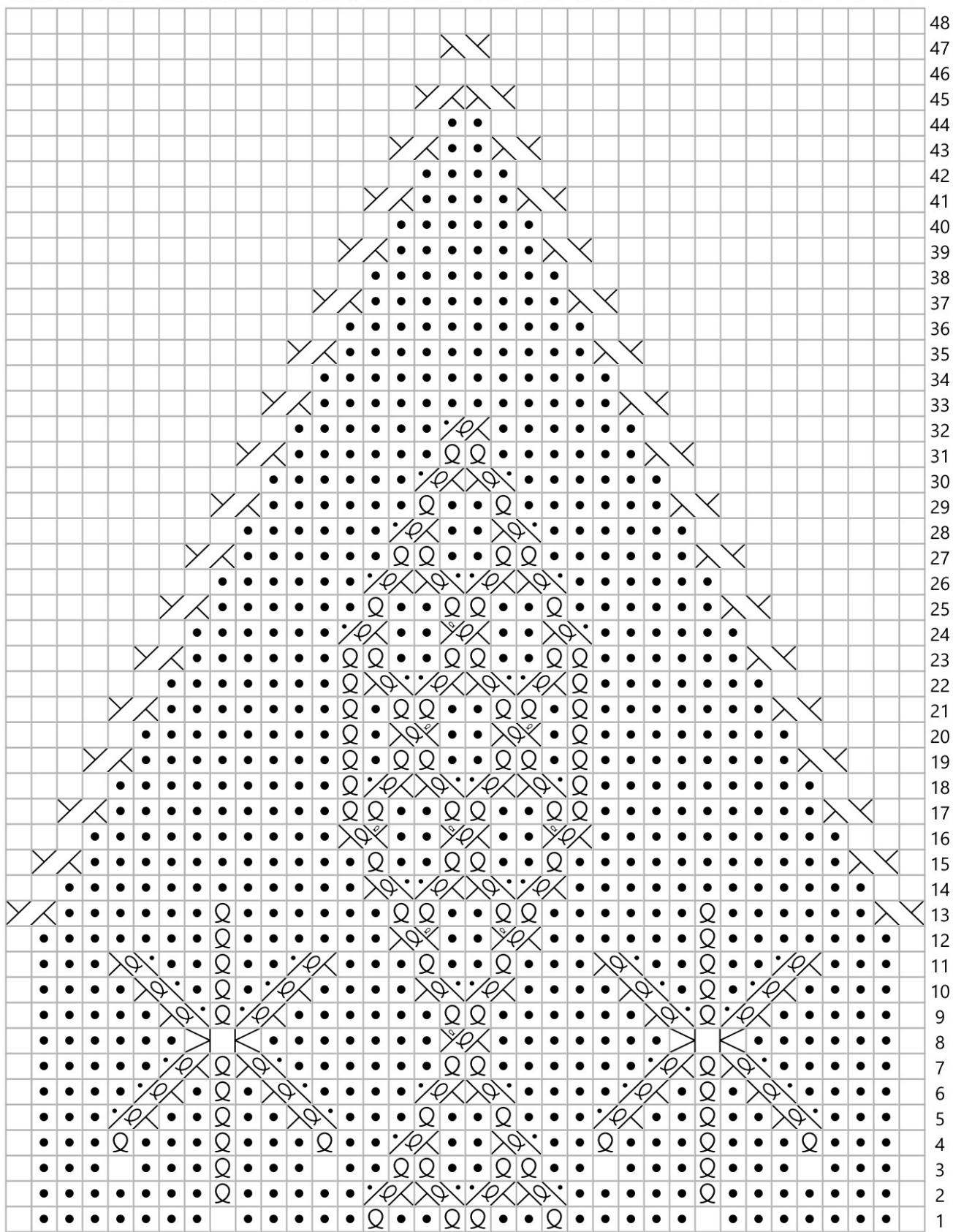
38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Toe Chart - Small

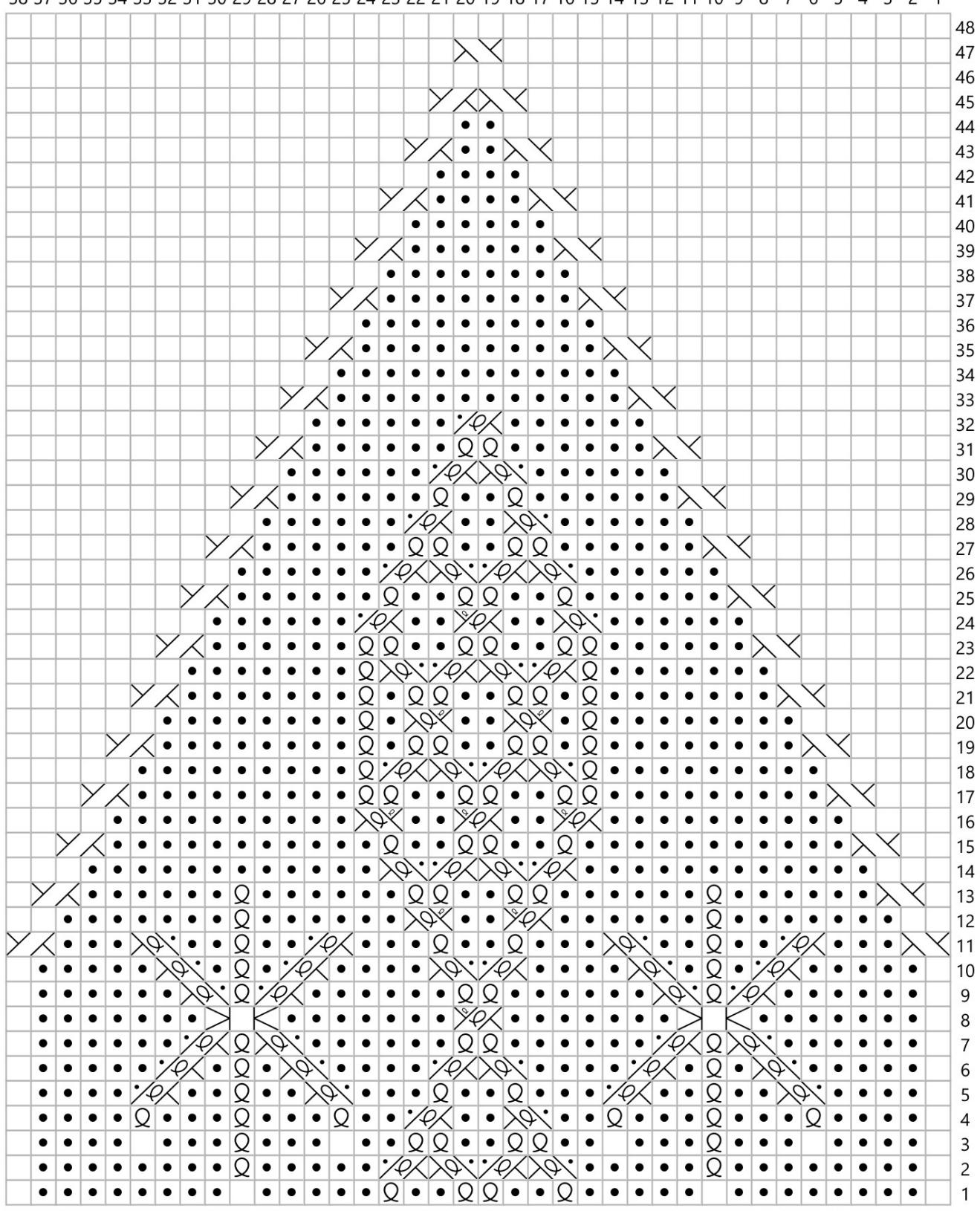
36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Toe Chart - Medium

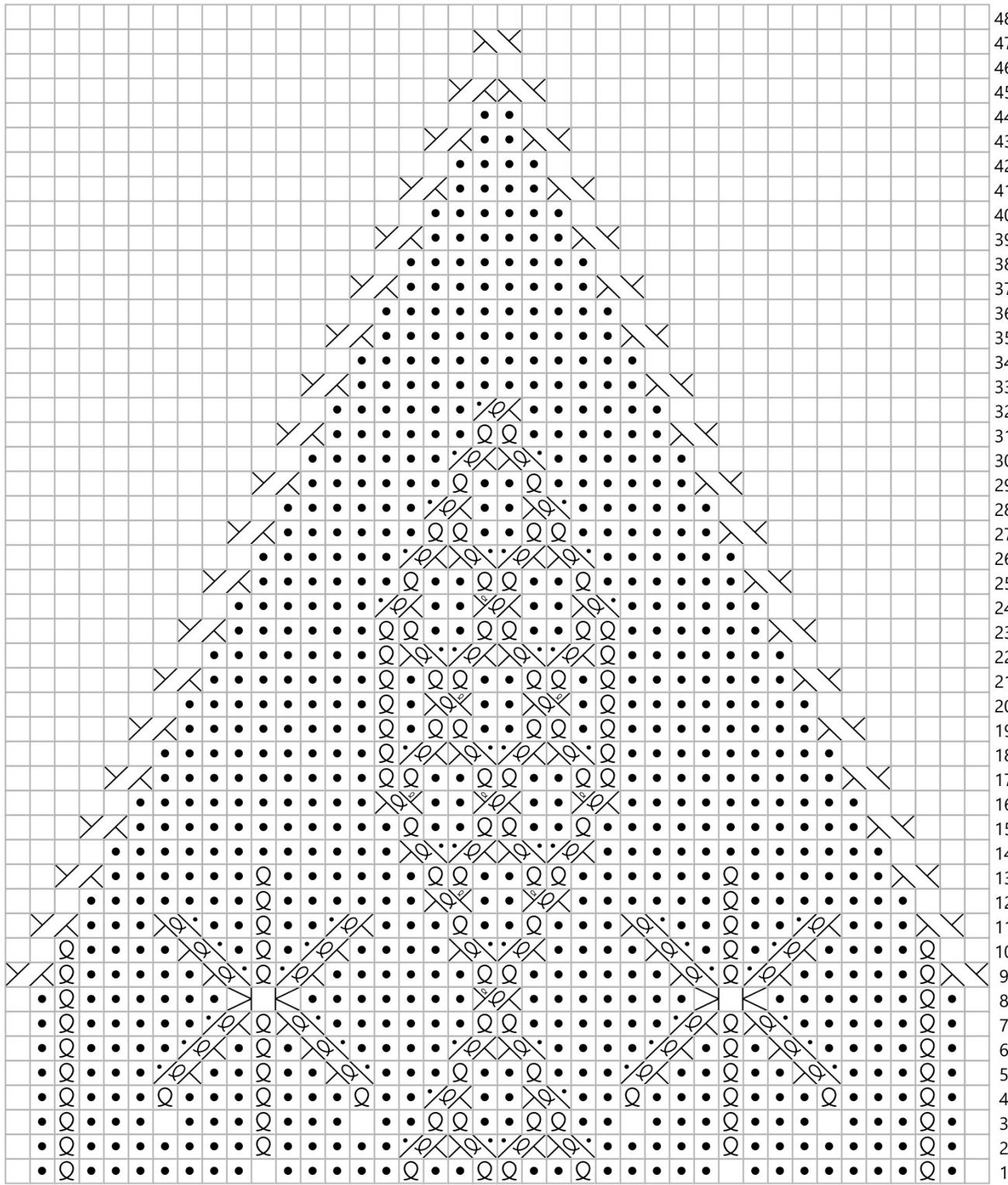
38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

Toe Chart - Large

40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



40 39 38 37 36 35 34 33 32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1

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