

CHICKEN SCRATCH SOCKS

BACKWOODS KNITS



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MATERIALS:

300-400 yards fingering weight
yarn (Main Color)

50 yards fingering weight yarn
(Contrast Color)

Size 1 9" circular needles,
DPN's, or long circular needles
for magic loop

2 stitch markers

Tapestry needle

GAUGE:

34-36 st over 4" (10cm)
stockinette stitch, knit in the
round & blocked

SIZES:

S (7", 17.75cm)

M (8"/20.25cm)

L/XL (9"/ 22.75 cm)



ABBREVIATIONS:

MC- main color

CC- contrast color

BOR- beginning of round

st- stitch

m- marker

RS- right side

WS: wrong side

Rep- repeat

c/o- cast on

k- knit

P- purl

pm- place marker

sm- slip marker

D3down- dip stitch into center of
third stitch down from needle

K2tog- knit 2 together

P2tog- purl 2 together

ssk- slip slip knit

Ktbl- knit through the back loop

K2togtbl- knit 2 together through
back loop

Thank you so much for purchasing my pattern! I designed this sock with beginners in mind using super simple stitches to create a wonderfully squishy and complex looking design that anyone with basic knitting knowledge can pull off. I have included lots of photos to help guide you through and if you get stuck I can be reached at backwoodsknits@gmail.com or via Instagram DM @backwoodsknits. I am always happy to help as much as I can!

When I first got chickens, I had no idea that they would become such a big part of my life. They have truly brought so much joy to my family! We love to watch them run around, we play with them, feed them treats, give them chicken hugs, and clean up lots and lots and LOTS of chicken poop.... (OK maybe I don't love that part so much! Haha!) These socks are inspired by all the scratches left in the sand after I've thrown the birds their daily pile of snacks. These socks are knit cuff down with a classic heel flap and gusset. The heel and toe are meant to be knit in a contrast color. I hope you enjoy making them as much as I have enjoyed designing them. Happy knitting!



NOTES:

Modifications for shorty socks are listed on page 6!

If you are unsure how to knit a heel flap and gusset or how to work the decreases for the toe, copy and paste the following link into your browser to be taken to Summer Lee Design Co.'s FREE "I'm So Basic Sock" pattern. She has included a wonderfully comprehensive, step by step, photo tutorial for these techniques.

<https://www.ravelry.com/patterns/library/im-so-basic-socks>

Use the measurements below from the Craft Yarn Council of America to calculate the length of the foot of your sock:

Women's Shoe Sizes

4-6.5: 8-9" (20-23 cm)

7-9.5: 9.25-10" (23-25.5 cm)

10-12.5: 10.25-11"

Men's Shoe Sizes

6-8.5: 9.25-10" (23-25.5 cm)

9-11.5: 10.25-11" (26-28 cm)

12-14: 11.25-12" (28.5-30.5 cm)

HOW TO WORK DIP STITCHES (D3DOWN, K3, D3DOWN)

1



Identify the third stitch down on the middle row of knit stitches

2



Insert needle into the MIDDLE of the stitch and pull up a long loop

3



Knit the next 3 stitches (the 3 knits from your previous round)

4



Insert your needle into the center of the same stitch that the first dip was worked into and pull up a second loop

5



Make sure that your second loop is as long as your first loop. I find it easiest to pull it out a bit with my left needle.

6



This is what a completed set of d3down, stitches will look like.



7

This is where you will create your D3down stitches on all following rows



8

Completed D3down row

INSTRUCTIONS

CUFF

Cast on 60 (70, 80) stitches using stretchy cast on method such as German twisted.

Join in the round being careful not to twist stitches, pm.

Rounds 1-20: k3, p2

LEG

Round 1: (D3down, k3, D3down, p2)* repeat around to BOR marker

Round 2: (k2togtbl, k1, k2tog, p2)* repeat around to BOR marker

Round 3: (k3, p2)* repeat around to BOR marker

Round 4: (k3, p2)* repeat around to BOR marker

Repeat rounds 1-4 14 more times or until leg reaches desired length. End leg section after completing a Row 3.



HEEL FLAP

Setup- (k3, p2)* repeat for 30 (35, 40) stitches, pm

These stitches will now be the front of your sock and will not be worked again until after we have picked up gusset stitches.

Join CC, do not break MC

We will now be working with the back stitches only, turning the work after each row.

NOTE: On size M there will be an extra stitch at the end of the heel flap, work that as a k stitch at the end of each RS row.

RS: K2 (sli,k1)* repeat across to m, turn

WS Row 1: Row 1: sli, p across to m, turn

RS Row 2: (sli, k1)* repeat to m, turn

Continue to work Row 1 and Row 2 across back 30 (35, 40) stitches until heel flap reaches 2" (2.25", 2.5") or desired length, end after completing a Row 1.

INSTRUCTIONS

HEEL TURN

Setup- Sl1, k15 (18, 20), ssk, k1, turn

Sl1, p3 (4, 5), p2tog, pi, turn

Row 1: sl1, k to 1 before the gap, ssk, k1, turn

Row 2: sl1, p to 1 before the gap, p2tog, pi, turn

Sizes Small & Medium:

Continue to work Row 1 and Row 2 until 1 st is left on either side of each gap.

Sl1, k across to last 2 st, ssk, turn

Sl1, p across to last 2 st, p2tog, break CC leaving tail long enough to weave in end.

Size Large/XLarge:

Continue to work Row 1 and Row 2 until all stitches have been worked, end after completing a Row 1, break CC leaving tail long enough to weave in end.



This is where the markers will be placed for the remainder of the sock.



PICK UP HEEL STITCHES

We will now be working in the round again.

Pick up MC at the end of the top of foot stitches,

Pick up 1 stitch in the corner between top of foot stitches and heel flap.

Pick up 17 (20, 22) stitches on heel flap edge.

K across heel turn stitches

Pick up 17 (20, 22) stitches on the other side of the heel flap edge

Pick up one stitch in the corner between heel flap and BOR marker.

This is where the extra stitch will be picked up to prevent holes in the corners.

INSTRUCTIONS

GUSSET

Round 1: (d₃down, k₃, d₃down, p₂)* repeat across top of foot stitch to m, sm, k₁, ssk, k across to last 3 stitches, k₂tog, k₁, sm

Round 2: (k₂togtbl, k₁, k₂tog, p₂)* repeat to m, sm, k to m, sm

Round 3: (k₃, p₂)* repeat to m, sm, k₁, ssk, knit to 3 st before m, k₂tog, k₁

Round 4: (k₃, p₂)* repeat to m, sm, k across to m

Continue working Rounds 1-4 until bottom of foot stitches have been decreased to 30 (35, 40) stitches.

You will now have a total of 60 (70, 80) stitches.

FOOT

Round 1: (D₃down, k₃, D₃down, p₂)* repeat around to m, sm, k across to BOR m, sm

Round 2: (k₂togtbl, k₁, k₂tog, p₂)* repeat around to m, sm, k to BOR marker

Round 3: (k₃, p₂)* repeat to m, k to BOR marker

Round 4: (k₃, p₂)* repeat to m, k to BOR marker

Continue working Rounds 1-4 until foot reaches 1.5" (1.75", 2") shorter than desired length. End after completing a Round 2.

TOE

Break MC, join CC

K 1 round even

Round 1: k₁, ssk, k₁ across to 3 st before m, k₂tog, k₁, sm, k₁, ssk, k to 3 st before BOR m, k₂tog, k

Round 2: knit even

Continue to work Round 1 and Round 2 until 24 (26, 28) stitches remain. Break yarn leaving a long tail.

Graft toe together using Kitchener stitch.

Now would be a GREAT time to cast on your second sock!!

Block your socks and enjoy!

MODIFICATIONS FOR SHORTY OR ANKLE SOCKS

Cuff- 10 rounds CC

Leg- 2-6 reps of leg pattern

Heel flap, heel turn, gusset, foot, and toe will be worked the same as written above.

I WOULD LOVE TO SEE YOUR PROGRESS AND FINISHED SOCKS ON INSTRAGRAM! TAG
@BACKWOODSKNITS AND USE
#CHICKENSCRATCHSOCKS

HANG OUT WITH ME ON SOCIAL MEDIA 



@backwoodsknits



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Thank you

Lauren Colby