CAINE

a lace shawl pattern by Dee O'Keefe

SKILL LEVEL:	Advanced Beginner
BLOCKED SIZE:	66" x 28", relaxed after blocking
NEEDLES:	US Size 8 / 5.0 mm 32" circular
	US Size 10 / 6.0 mm, either straight, DPN or circular, for bind off
NOTIONS:	1 stitch marker, blocking supplies, tapestry needle to weave in ends
GAUGE:	4 sts = 1 inch stockinette blocked
	Gauge is not critical but will affect the finished size and yardage requirements.
YARN USED:	Cascade 220 Heathers, 100% Peruvian Highland Wool, "Summer Sky" colorway
YARDAGE:	Approximately 525-565 yards of worsted weight, although yardage will vary based on individual knitting style, needle size and yarn weight

Caine is a contemporary, textured lace shawl. The asymmetrical triangular shaping begins with just a few stitches which then flow into a basket weave panel. While that panel forms the left edge of the shawl, the remainder of the body is a growing field of eyelets surrounded by reverse stockinette boxes. The versatile shape may be draped in many configurations.

The name "Caine" is of English origin and means "reed." I guess one could say I am a bit obsessed with baskets. As I type this in my office, I count over 30 of them in my field of vision! I've collected them for years ever since my mom passed my grandma's picnic basket down to me when I was 18 years old. That first basket is well over 70 years old by now and is still in great condition except for some small battle scars after a skirmish with one of my parrots about 20 years ago. Combining knits and purls in a heavier weight yarn makes a very realistic looking basket weave, so I decided it was about time to incorporate my basket obsession into a shawl design.

Caine is a great first lace project since there is minimal shaping and both the basket weave pattern and the simple eyelet pattern are very intuitive to knit and easy to memorize. While dimensions and yardage are provided for worsted weight, Caine could effectively be worked in other yarn weights, although sport weight or heavier is recommended to show off the texture to its best advantage. The size is easy to customize by changing the number of Chart 4 repeats; full instructions are provided, including how to calculate stitch counts for any size. The pattern includes both charts and written instructions. Also included are detailed blocking instructions.

Construction: Caine starts at the left tip of the basket weave panel with only 3 stitches cast on. There is a 3-stitch garter border along both the wingspan and panel edges. The wingspan edge has make-one-right increases on each right-side row and is the longest side of the triangle. The panel edge is the second-longest side of the triangle; the bind-off edge is the shortest side. *Please note that the lengths of the three sides are not drawn in exact proportion in the schematic to the right.*

Stitch Markers: The use of one marker to delineate the basket weave panel from the garter square lace body is recommended. This marker will be placed towards the end of Row 5, Chart 3, and is clearly marked on the charts as such. Slip this marker whenever you come to it. The marker location is noted with a thick blue vertical line on the charts. If using the written instructions, you must use this marker for the instructions to make sense.

Size Customization/Stitch Counts: The size may be adjusted very easily by working additional or fewer repeats of Chart 4. Each Chart 4 repeat accounts for about 3.75" of the overall wingspan length when worked in worsted weight yarn. After working the number of Chart 4 repeats for your preferred size, proceed with Chart 5 and then bind off as noted.

(schematic, right side)
bind-off edge
knitting direction
panel edge →
wingspan edge
start knitting here

To recalculate your stitch counts when customizing the size, note that 8 stitches are added for each Chart 4 repeat, and then Chart 5 adds 7 stitches. For example, if you choose to add an extra repeat of Chart 4 in order to increase the specified wingspan by 3.75" (13 chart repeats total), you would have an additional 8 stitches after your final repeat of Chart 4 for a total of 146 stitches. Add 7 more stitches to that count after finishing all rows of Chart 5 and you would have 153 stitches to bind off.

To estimate the difference in yardage when altering the size, allow approximately 50-75 yards per Chart 4 repeat. *Please note that size and yardage estimates are approximate and will vary based on needle size, yarn weight and individual tension.*

How to Work the Charts:

- **IMPORTANT!** The charts must be used in conjunction with the Pattern Instructions on page 3, where you will find the directions for the cast on, set-up row and bind off.
- The charts are worked in consecutive order.
- Each complete chart, starting with Row 1 and ending with the last wrong-side row, is worked the number of times noted next to the chart number (1x or 12x).
- The first repeat of Chart 4 shows all stitches as knitted. For subsequent repeats of Chart 4, the sections boxed in red are to be repeated across the row until just enough stitches remain to finish all the chart stitches to end of the row (right side) or to the panel marker (wrong side).
- Row numbers are printed to the right of the right-side rows and to the left of the wrong-side rows.
- All wrong-side rows are shaded in light gray for ease of viewing.
- The numbers printed in red at the top left of the charts represent the total number of stitches you will have on your needles after working all rows of that chart. Because Chart 4 is worked 12 times, each subsequent repeat (which increases the count by 8 stitches) is separated by slashes.
- The written instructions follow the charts exactly.
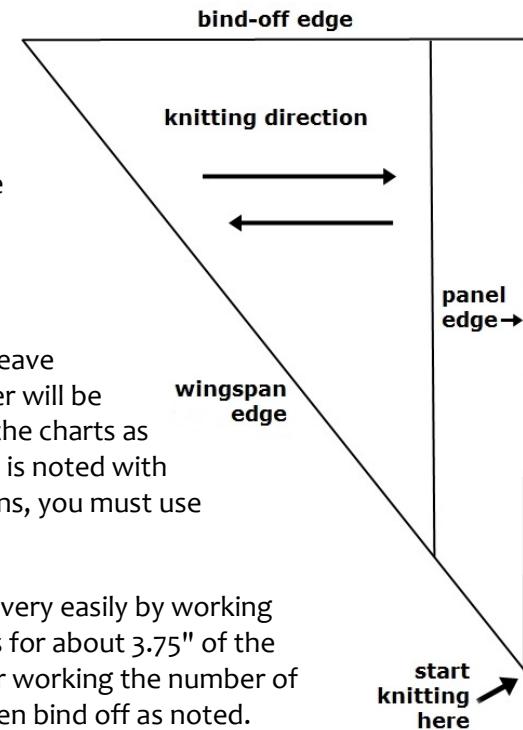
To Begin: **Cast on 3 stitches with a long-tail cast on,** then turn the work to the wrong side and **knit 3 stitches**.

To work the remainder of the shawl, proceed to either the charts (pages 4-6) or the written instructions (pages 7-8).

Bind Off: For all sizes, with the right side facing you, **bind off with a US Size 10 / 6.0 mm needle (or a needle that is 2 sizes larger than your working needle) using the Russian bind-off method as described below.** It is important that the bind-off edge of this shawl be fairly stretchy, so using this particular bind off on the larger needle size will give it just the right amount of stretch to open up the eyelets during the blocking process but still maintain a neat edge on the garter stitch.

To work the Russian Bind Off: 1) Knit 1 stitch and then slip the resulting stitch back onto the left needle purlwise without twisting the stitch. 2) Knit the first 2 stitches on the left needle together <u>through the back loops</u>. 3) Slip the resulting stitch back onto the left needle purlwise. Repeat steps 2 and 3 until you have 1 stitch left. Then cut the yarn, leaving a 6" tail, pull through and tie off. Please note that the final garter rows before the bind off may roll prior to blocking, but will flatten out perfectly after wet blocking.

Finishing: Weave in ends, but don't trim them until after the shawl is blocked.

ABBREVIATIONS

k	knit
p	purl
kfb	knit into the front loop of the next stitch but do not remove the stitch from the left needle; then knit into the back loop of the same stitch and pull that stitch off the needle
M1R	make 1 right by lifting the bar between the stitches with the left needle from back to front and then knitting it through the front loop
yo	yarn over
p2tog	purl 2 stitches together
RS	right side of work
WS	wrong side of work
SM	slip marker
sts	stitches
DPN	double pointed needle

Blocking: In order to maintain the lovely texture made by the little eyelet squares as well as the basket weave panel, it is important to give Caine a fairly gentle blocking in comparison to how you would block a lacier shawl with more openwork. For reference, I pinned my sample Caine to 70" x 54" x 42" (wingspan edge x panel edge x bind-off edge). *Keep in mind that your particular yarn may or may not achieve these exact dimensions when worked at the pattern size; rather think of them as a guide rather than written in stone!*

To begin, soak the shawl in warm water for about 20 minutes using a wool wash. Weave blocking wires across the top of the shawl and stretch it to the size you prefer. I wove my wires between the make 1 stitches and the 3-stitch garter border. Using rustproof T-pins, pin the blocking wires in 2" increments to secure the top wingspan edge. Then pin out the bottom tip a few inches to the right of center. Next, pin out the bind-off edge. How much that edge can be stretched of course depends on how stretchy the bind off turned out, so adjust accordingly. Once that edge is pinned, pin out the left side of the panel. This panel edge will have a lot more give to it than the bind-off edge, so be sure not to overstretch it. I used *Knitter's Pride Knit Blockers* to pin the panel and bind-off edges. As an alternative, you can weave blocking wires or cotton yarn in and out of the edge directly above the bind off and use T-pins to pin out the straight edges to the blocking surface. Or you could just pin out the edge with a whole lot of T-pins, being careful not to pull the work too hard or the edges will scallop. Unpin when fully dry and snip the yarn tails.

HELPFUL HINT!
Use a yardstick held diagonally between the top and bottom tip on each side as a guide to determine how far to pin out each side edge to form the triangular shape.

LEGEND

For details about how to work the stitches, please see the Abbreviations on page 3.

☐	knit on the RS	●	purl on the RS	⊮	kfb	⊙	yarn over	🟨🟦	place marker between these 2 stitches
●	knit on the WS	▨	purl on the WS	R	make 1 right	△	p2tog		

CHART 1 (1X)
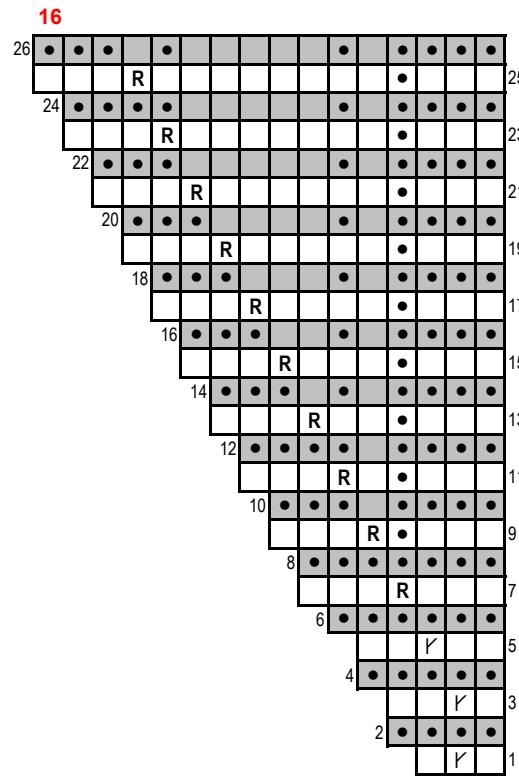
CHART 2 (1X)

CHART 3 (1X)

42
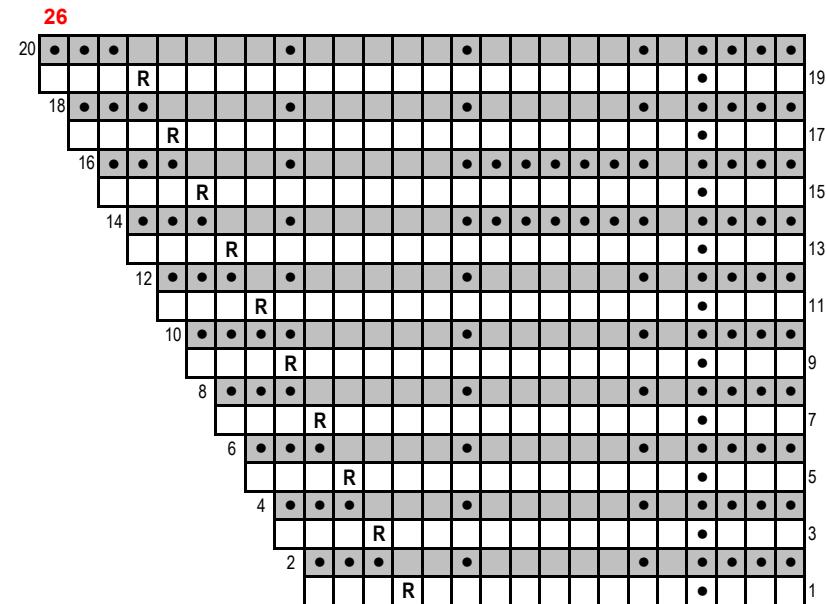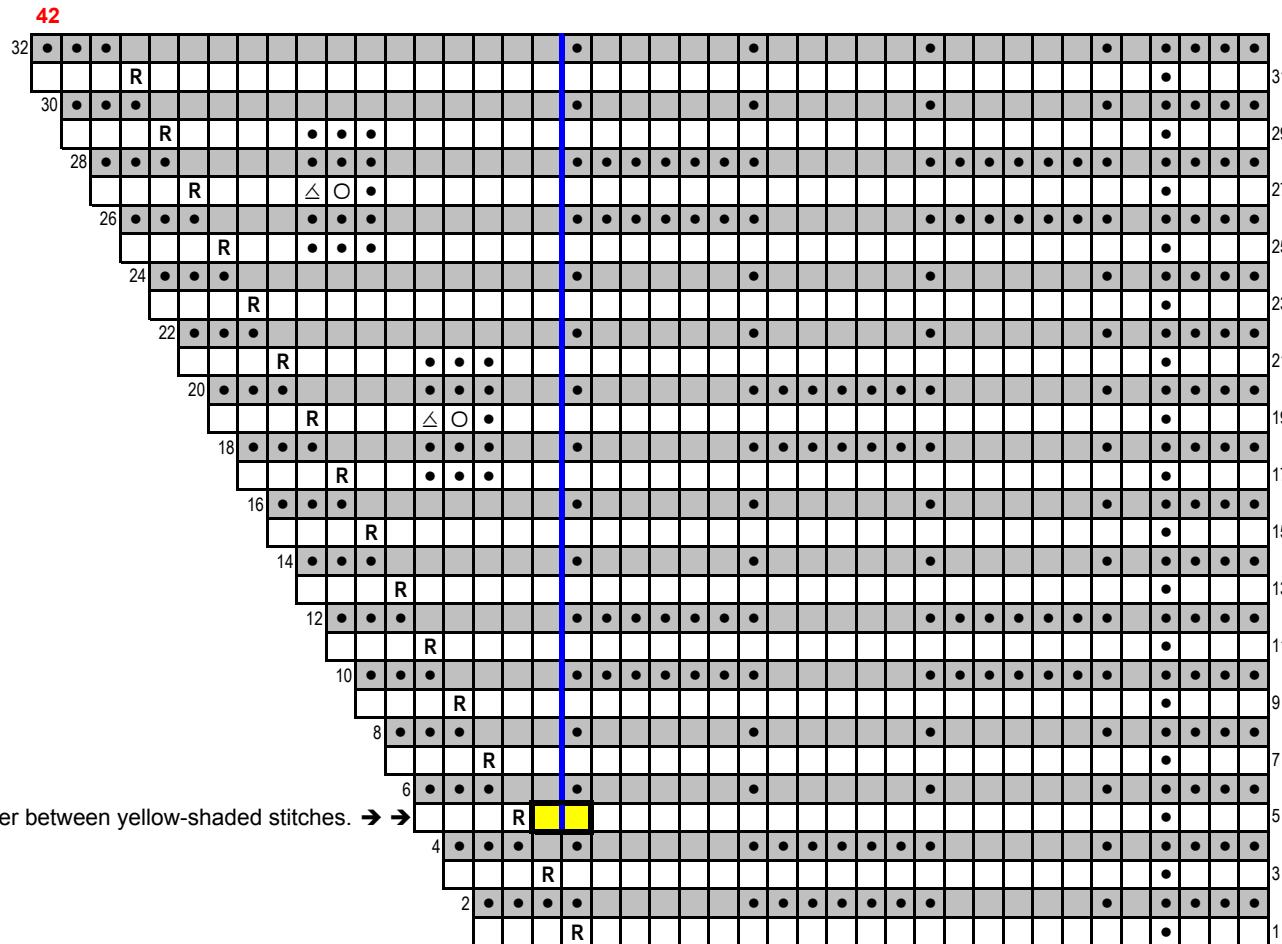
Place marker between yellow-shaded stitches. ➔ ➔

↑
↑ Vertical blue line beginning on Row 5 denotes marker placement.

CHART 4 (12X)

50/58/66/74/82/90/98/106/114/122/130/138

CHART 5 (1X)

145

Bind off loosely on right-side Row 15 using a Russian Bind Off per page 3.
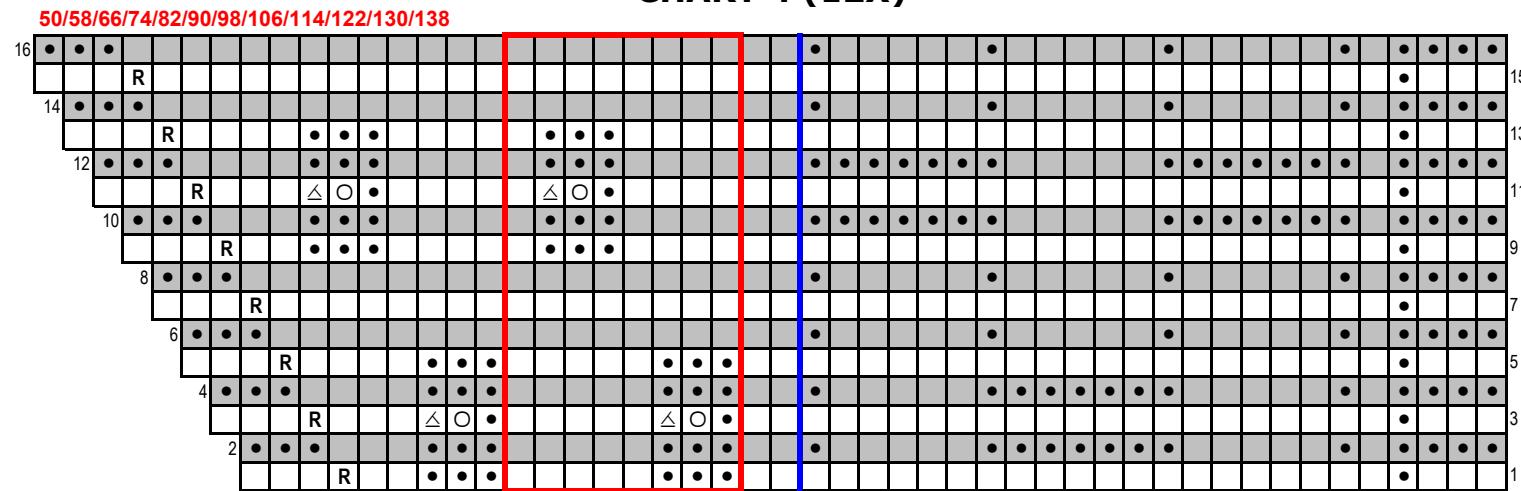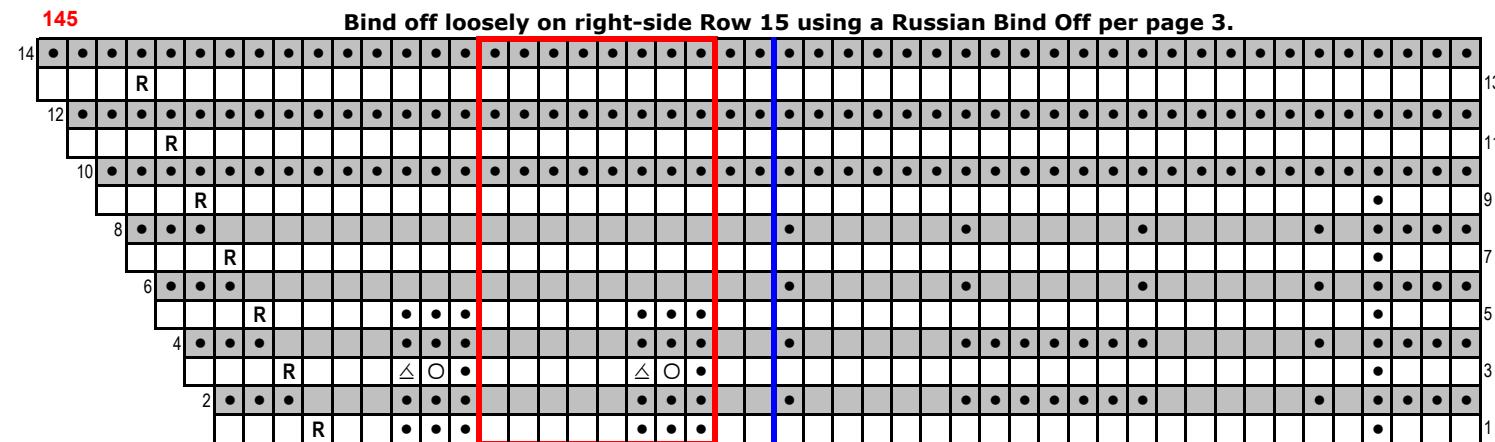
**IMPORTANT!** These instructions must be used in conjunction with the Pattern Instructions on page 3, where you will find the directions for the cast on, set-up row and bind off. Work all rows of each chart in succession the number of times noted, always ending with the final wrong-side row. Pattern repeats are surrounded by brackets; work these repeats as many times as necessary across the section until the specified number of stitches remains either before the next marker or to the end of the row. The stitches within parentheses are worked in sequence the number of times noted. On some right-side rows, the directions say to "knit to last 3 stitches"; please note that the marker which marks off the panel will be slipped as you work across the row. The stitch counts that are provided after each chart represent the total number of stitches you will have on your needles after working all rows of that chart. Because Chart 4 is worked 12 times, each subsequent repeat is separated by slashes. To adjust the size, refer to page 2 for details.

CHART 1 – work 1 time for all sizes

Row 1 (RS): k1, kfb, k1
Row 2 (WS): k4
Row 3: k1, kfb, k2
Row 4: k5
Row 5: k2, kfb, k2
Row 6: k6
Row 7: k3, M1R, k3
Row 8: k7
Row 9: k3, p1, M1R, k3
Row 10: k3, p1, k4
Row 11: k3, p1, k1, M1R, k3
Row 12: k4, p1, k4
Row 13: k3, p1, k2, M1R, k3
Row 14: k3, p1, k1, p1, k4
Row 15: k3, p1, k3, M1R, k3
Row 16: k3, p2, k1, p1, k4
Row 17: k3, p1, k4, M1R, k3
Row 18: k3, p3, k1, p1, k4
Row 19: k3, p1, k5, M1R, k3
Row 20: k3, p4, k1, p1, k4
Row 21: k3, p1, k6, M1R, k3
Row 22: k3, p5, k1, p1, k4
Row 23: k3, p1, k7, M1R, k3
Row 24: k4, p5, k1, p1, k4
Row 25: k3, p1, k8, M1R, k3
Row 26: k3, p1, k1, p5, k1, p1, k4 (16 sts)

CHART 2 – work 1 time for all sizes

Row 1 (RS): k3, p1, knit to last 3 stitches, M1R, k3
Row 2 (WS): k3, p2, k1, p5, k1, p1, k4
Row 3: k3, p1, knit to last 3 stitches, M1R, k3
Row 4: k3, p3, k1, p5, k1, p1, k4

Row 5: k3, p1, knit to last 3 stitches, M1R, k3
Row 6: k3, p4, k1, p5, k1, p1, k4
Row 7: k3, p1, knit to last 3 stitches, M1R, k3
Row 8: k3, (p5, k1) 2 times, p1, k4
Row 9: k3, p1, knit to last 3 stitches, M1R, k3
Row 10: k4, (p5, k1) 2 times, p1, k4
Row 11: k3, p1, knit to last 3 stitches, M1R, k3
Row 12: k3, p1, k1, (p5, k1) 2 times, p1, k4
Row 13: k3, p1, knit to last 3 stitches, M1R, k3
Row 14: k3, p2, k1, p5, k7, p1, k4
Row 15: k3, p1, knit to last 3 stitches, M1R, k3
Row 16: k3, p3, k1, p5, k7, p1, k4
Row 17: k3, p1, knit to last 3 stitches, M1R, k3
Row 18: k3, p4, (k1, p5) 2 times, k1, p1, k4
Row 19: k3, p1, knit to last 3 stitches, M1R, k3
Row 20: k3, (p5, k1) 3 times, p1, k4 (26 sts)

CHART 3 – work 1 time for all sizes

Row 1 (RS): k3, p1, knit to last 3 stitches, M1R, k3
Row 2 (WS): k4, p5, k7, p5, k1, p1, k4
Row 3: k3, p1, knit to last 3 stitches, M1R, k3
Row 4: k3, p1, k1, p5, k7, p5, k1, p1, k4
Row 5: k3, p1, k20, PLACE MARKER, k1, M1R, k3
Row 6: k3, p2, SM, (k1, p5) 3 times, k1, p1, k4
Row 7: k3, p1, knit to last 3 stitches, M1R, k3
Row 8: k3, p3, SM, (k1, p5) 3 times, k1, p1, k4
Row 9: k3, p1, knit to last 3 stitches, M1R, k3
Row 10: k3, purl to marker, SM, k7, p5, k7, p1, k4
Row 11: k3, p1, knit to last 3 stitches, M1R, k3
Row 12: k3, purl to marker, SM, k7, p5, k7, p1, k4
Row 13: k3, p1, knit to last 3 stitches, M1R, k3
Row 14: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4

CHART 3 – cont'd

Row 15: k3, p1, knit to last 3 stitches, M1R, k3
Row 16: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 17: k3, p1, knit to marker, SM, k2, p3, k2, M1R, k3
Row 18: k3, p3, k3, p2, SM, k1, p5, k7, p5, k1, p1, k4
Row 19: k3, p1, knit to marker, SM, k2, p1, yo, p2tog, k3, M1R, k3
Row 20: k3, p4, k3, p2, SM, k1, p5, k7, p5, k1, p1, k4
Row 21: k3, p1, knit to marker, SM, k2, p3, k4, M1R, k3
Row 22: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 23: k3, p1, knit to last 3 stitches, M1R, k3
Row 24: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 25: k3, p1, knit to marker, SM, k6, p3, k2, M1R, k3
Row 26: k3, p3, k3, p6, SM, k7, p5, k7, p1, k4
Row 27: k3, p1, knit to marker, SM, k6, p1, yo, p2tog, k3, M1R, k3
Row 28: k3, p4, k3, p6, SM, k7, p5, k7, p1, k4
Row 29: k3, p1, knit to marker, SM, k6, p3, k4, M1R, k3
Row 30: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 31: k3, p1, knit to last 3 stitches, M1R, k3
Row 32: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4 (42 sts)

CHART 4 – work 12 times for pattern size

Row 1 (RS): k3, p1, knit to marker, SM, k2, [p3, k5]to last 8 stitches, p3, k2, M1R, k3
Row 2 (WS): k3, p3, k3, [p5, k3] to 2 stitches before marker, p2, SM, k1, p5, k7, p5, k1, p1, k4
Row 3: k3, p1, knit to marker, SM, k2, [p1, yo, p2tog, k5] to last 9 stitches, p1, yo, p2tog, k3, M1R, k3
Row 4: k3, p4, k3, [p5, k3] to 2 stitches before marker, p2, SM, k1, p5, k7, p5, k1, p1, k4
Row 5: k3, p1, knit to marker, SM, k2, [p3, k5] to last 10 stitches, p3, k4, M1R, k3
Row 6: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 7: k3, p1, knit to last 3 stitches, M1R, k3

Row 8: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 9: k3, p1, knit to marker, SM, k2, [k4, p3, k1] to last 4 stitches, k1, M1R, k3
Row 10: k3, p2, [p1, k3, p4] to 2 stitches before marker, p2, SM, k7, p5, k7, p1, k4
Row 11: k3, p1, knit to marker, SM, k2, [k4, p1, yo, p2tog, k1] to last 5 stitches, k2, M1R, k3
Row 12: k3, p3, [p1, k3, p4] to 2 stitches before marker, p2, SM, k7, p5, k7, p1, k4
Row 13: k3, p1, knit to marker, SM, k2, [k4, p3, k1] to last 6 stitches, k3, M1R, k3
Row 14: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 15: k3, p1, knit to last 3 stitches, M1R, k3
Row 16: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
(50/58/66/74/82/90/98/106/114/122/130/138 sts)

CHART 5 – work 1 time for all sizes

Row 1 (RS): k3, p1, knit to marker, SM, k2, [p3, k5]to last 8 stitches, p3, k2, M1R, k3
Row 2 (WS): k3, p3, k3, [p5, k3] to 2 stitches before marker, p2, SM, k1, p5, k7, p5, k1, p1, k4
Row 3: k3, p1, knit to marker, SM, k2, [p1, yo, p2tog, k5] to last 9 stitches, p1, yo, p2tog, k3, M1R, k3
Row 4: k3, p4, k3, [p5, k3] to 2 stitches before marker, p2, SM, k1, p5, k7, p5, k1, p1, k4
Row 5: k3, p1, knit to marker, SM, k2, [p3, k5] to last 10 stitches, p3, k4, M1R, k3
Row 6: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 7: k3, p1, knit to last 3 stitches, M1R, k3
Row 8: k3, purl to marker, SM, (k1, p5) 3 times, k1, p1, k4
Row 9: k3, p1, knit to last 3 stitches, M1R, k3
Row 10: knit all stitches
Row 11: knit to last 3 stitches, M1R, k3
Row 12: knit all stitches
Row 13: knit to last 3 stitches, M1R, k3
Row 14: knit all stitches (145 sts)

➔ **After working wrong-side Row 14, bind off on right-side Row 15 per the instructions on page 3.**

Thanks to my wonderful group of test knitters—Dee, Nan, Pat, Paula, Rosalie and Sue—and to my tech editor Eleanor Dixon.