



BRIOCHE BREAK SOCKS

BY STEPHEN WEST

These top-down socks are great stashbusters. Hold two strands of fingering weight yarn throughout the socks as you mix and marl your leftover sock yarns together. The overall fabric thickness is a DK weight gauge, which makes these socks super quick to knit. Stockinette stitch stripes are interrupted by brioche break sections. These plush ribbed accents help blend the color combos together as you work your way toward the toe. Have fun creating your own unique color story with this playful pattern.



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Sizes: 1 [2, 3, 4, 5]

Finished Measurements: 6 [6.5, 8, 9, 10]" / 15 [17, 20, 23, 25]cm leg and foot circumference. Measurements taken after blocking.

Size 4 shown on a size US 13 / EU 47 size foot that has a 10.5" / 27cm foot circumference. The sock fits with 1.5" / 4cm of negative ease.

Socks are designed to fit an actual foot circumference of 7 [7.5, 9, 10, 11]" / 18 [19, 23, 25, 28]cm. The socks are designed to fit with negative ease. Choose a size with a finished foot circumference measurement that is approximately 1" / 2.5cm smaller than your actual foot circumference, so that the sock will fit nice and snug on your foot.

The lengths of the cuff, leg, and foot are easily customizable by knitting more textured pattern repeats for a longer leg or foot or fewer textured pattern repeats for a shorter leg or foot.

Yarn: Fingering weight held double

Yardage: Approximately 230 [260, 290, 320, 350]yds / 210 [238, 265, 293, 320]m of EACH strand throughout the entire pair of socks.

The socks are marled with two strands held together. For example, Size 1 requires approximately 460yds / 421m total. The sample features 8 colors of leftover scrap yarn, so you only need small amounts of yarn per color.

Shown in: A variety of fingering weight yarns

Needles: US 4 / 3.5mm circular in 40" / 100cm length or size needed to obtain gauge

Magic loop method is used for knitting in the rnd. Watch this Westknits video to assist with the Magic Loop technique.

<https://youtu.be/hpFHBHmrCcc>

You can use DPNs if you prefer. Watch this Westknits video to assist with knitting with DPNs.

<https://youtu.be/y9bvVy08PeElf>

Notions: 3 stitch markers, tapestry needle

Gauge: 22 sts & 32 rnds = 4" / 10cm in stockinette stitch after blocking



Pattern Notes: In two-color brioche stitch, two rounds are worked for each counted round that appears on the face of the fabric. The first color is worked around and then the round is worked again using the second color. The next round is worked the same way, once around with the first color and worked again with the second color. When counting rounds, count only the stitches going up on a knit column. 2 worked rounds = 1 counted round.

When you put down your knitting and forget which color you just used and which color to use next, look at the color of the yo in the row just worked. That is the last color you used.

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Abbreviations

brk: brioche knit also known as bark, knit the stitch (that was slipped in the previous row) together with its yarn over.

brp: brioche purl also known as burp, purl the stitch (that was slipped in the previous row) together with its yarn over.

CC: contrast color

CO: cast on

k: knit

k2tog: knit 2 sts together

MC: main color

p: purl

p2tog: purl 2 sts together

pm: place marker

rnd/s: round/s

sl: slip stitch purl-wise unless instructed otherwise

sl1yo following a k or brk st: (slip 1 yarn over) bring the working yarn under the needle to the front of the work, slip the next stitch purl-wise, then bring the yarn over the needle (and over the slipped stitch) to the back, in position to work the following stitch.

sl1yo following a p or brp st: (slip 1 yarn over) working yarn is already in front, slip the next stitch purl-wise, then bring the yarn over the needle (and over the slipped stitch), then to the front under the needle, into position to work the following stitch.

slm: slip marker

ssk: (slip slip knit) slip first stitch knit-wise, slip second stitch knit-wise, knit those 2 sts together tbl

st/s: stitch/es

tbl: through back loop

wyib: with yarn in back

wyif: with yarn in front

INSTRUCTIONS

Color Note: The pattern is written using “MC” & “CC”.

Use colors A + B held together for the MC Cuff

Use colors C + D held together for the first CC stripe.

Use colors E + F held together for the next MC stripe.

Use colors G + H held together for the next CC Stripe.

Continue using colors held together for each new stripe throughout the socks for a scrappy multi-color version.

CUFF

Watch this Westknits video to assist with the German Twisted CO.

<https://youtu.be/K60RcmjJqiw>

Using MC, CO 32 [36, 44, 48, 56] sts using the German Twisted CO method. Place marker and join to work in the rnd, being careful not to twist sts.

Rnd 1: (K2, p2) to end of rnd.

Repeat last rnd 22 more times or until the ribbing measures approximately 2.5" / 6cm.

LEG

Brioche Break 1

Rnd 1: Using MC, k to end of rnd.

Rnd 1: Using CC, (sl1yo, p1) to end of rnd.

Rnd 2: Using MC, (brk1, sl1yo) to end of rnd.

Rnd 2: Using CC, (sl1yo, brp1) to end of rnd.

Repeat Rnd 2 with MC & CC twice more. Break MC.

Stockinette Stitch 1

Rnd 1: Using CC, (brk1, k1) to end of rnd.

Rnds 2 – 12: K all sts.

Brioche Break 2

Next Rnd: Using MC, (sl1yo, p1) to end of rnd.

Rnd 1: Using CC, (brk1, sl1yo) to end of rnd.

Rnd 1: Using MC, (sl1yo, brp1) to end of rnd.

Repeat Rnd 1 with CC & MC twice more. Break CC.

Stockinette Stitch 2

Rnd 1: Using MC, (brk1, k1) to end of rnd.

Rnds 2 – 12: K all sts.

Brioche Break 3

Next Rnd: Using CC, (sl1yo, p1) to end of rnd.

Rnd 1: Using MC, (brk1, sl1yo) to end of rnd.

Rnd 1: Using CC, (sl1yo, brp1) to end of rnd.

Repeat Rnd 1 with MC & CC twice more. Break MC.

HEEL FLAP

Next Rnd: Using CC, (brk1, k1) to end of rnd. Turn to work WS.

Watch this video to assist with the heel flap.

<https://youtu.be/KRZiGnnBPjo>

You will use half of your sts to do a garter stitch heel flap. 16 [18, 22, 24, 28] sts are used for the heel flap. Leave the remaining 16 [18, 22, 24, 28] sts on your needle to work later. Turn to work WS.

Next Row (WS): K15 [17, 21, 23, 27], sl1 wyif, turn to work RS.

Next Row (RS): K15 [17, 21, 23, 27], sl1 wyif, turn to work WS.

Next Row (WS): K15 [17, 21, 23, 27], sl1 wyif, turn to work RS.

Repeat last 2 rows 6 [7, 9, 10, 12] more times, resulting in 8 [9, 11, 12, 14] garter ridges on the RS.

HEEL TURN

Row 1 (RS): K10 [11, 13, 14, 16], ssk, k1. Turn to work WS.

Row 2 (WS): Sl1 purl-wise wyif, p5, p2tog, p1. Turn to work RS.

Heel Turn Pattern Repeat

Row 1 (RS): S1 knit-wise wyib, k to 1 st before gap, ssk, k1, turn to work WS. 1 st decreased.

Row 2 (WS): Sl1 purl-wise wyif, p to 1 st before gap, p2tog, p1, turn to work RS. 1 st decreased.

Repeat last 2 rows until you have worked all the way to each end. You should have 10 [12, 14, 14, 16] sts on your needle after you have turned the heel. If you are missing a stitch or two or if you have one or two extra sts, you can sneak in a decrease or increase during the next rnd. Depending on your size, the final RS row may end with an “ssk” and the final WS row may end with a “p2tog”.

GUSSET

Stockinette Stitch 3

Rnd 1 is written out on several lines for easier reading. If you are knitting on DPN's, you can place a split ring marker in the fabric when it says to “PM” rather than on your needle to help mark the decrease locations. Continue using CC for Rnd 1.

Rnd 1 (RS): K5 [6, 7, 7, 8] sts from the heel, pm to mark the new beginning of rnd at the center of the heel.

K5 [6, 7, 7, 8].

Pick up and k8 [9, 11, 12, 14] sts along the left edge of the garter stitch heel flap, pm.

K16 [18, 22, 24, 28] (these are the other half of the sts from the leg), pm.

Pick up and k8 [9, 11, 12, 14] along the right edge of the garter stitch heel flap.

K5 [6, 7, 7, 8].

You should now be at the beginning of the rnd at the center of the heel flap.

42 [48, 58, 62, 72] sts.

Pattern Repeat

Rnd 2: K to m, slm, k to m, slm, k to end of rnd.

Rnd 3: K to 2 sts before m, k2tog, slm, k to m, slm, ssk, k to end of rnd. 2 sts decreased.

Repeat Rnds 2 & 3 of Pattern Repeat 4 more times. You should have 32 [38, 48, 52, 62] sts on your needle.



Size 1 Only

Brioche Break 4

Next Rnd: Using MC, k to m, slm, (sl1yo, p1) to m, slm, k to end of rnd.

Rnd 1: Using CC, k to m, slm, (brk1, sl1yo) to m, slm, k to end of rnd.

Rnd 1: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Repeat Rnd 1 using CC & MC twice more. Break CC.

Size 2 Only

Brioche Break 4

Next Rnd: Using MC, k to m, slm, (sl1yo, p1) to m, slm, k to end of rnd.

Rnd 1: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 36 sts.

Rnd 1: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Rnd 2: Using CC, k to m, slm, (brk1, sl1yo) to m, slm, k to end of rnd.

Rnd 2: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Repeat Rnd 2 using CC & MC once more. Break CC.

Size 3 Only

Brioche Break 4

Next Rnd: Using MC, k to m, slm, (sl1yo, p1) to m, slm, k to end of rnd.

Rnd 1: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 46 sts.

Rnd 1: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Rnd 2: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 44 sts.

Rnd 2: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Rnd 3: Using CC, k to m, slm, (brk1, sl1yo) to m, slm, k to end of rnd.

Rnd 3: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Break CC.

Size 4 Only

Brioche Break 4

Next Rnd: Using MC, k to m, slm, (sl1yo, p1) to m, slm, k to end of rnd.

Rnd 1: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 50 sts.

Rnd 1: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Rnd 2: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 48 sts.

Rnd 2: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Rnd 3: Using CC, k to m, slm, (brk1, sl1yo) to m, slm, k to end of rnd.

Rnd 3: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Break CC.

Size 5 Only

Brioche Break 4

Next Rnd: Using MC, k to m, slm, (sl1yo, p1) to m, slm, k to end of rnd.

Rnd 1: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 60 sts.

Rnd 1: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Rnd 2: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 58 sts.

Rnd 2: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Rnd 3: Using CC, k to 2 sts before m, k2tog, slm, (brk1, sl1yo) to m, slm, ssk, k to end of rnd. 56 sts.

Rnd 3: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Break CC.

FOOT - All sizes

Pattern Repeat

Stockinette Stitch 4

Rnd 1: Using MC, k to m, slm, (brk1, k1) to m, slm, k end of rnd.

Rnds 2 – 12: K to end of rnd.

Brioche Break 5

Setup Rnd: Using CC, k to m, slm, (sl1yo, p1) to m, slm, k to end of rnd.

Rnd 1: Using MC, k to m, slm, (brk1, sl1yo) to m, slm, k to end of rnd.

Rnd 1: Using CC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Repeat Rnd 1 with MC & CC twice more. Break MC.

Stockinette Stitch 5

Rnd 1: Using CC, k to m, slm, (brk1, k1) to m, slm, k end of rnd.

Rnds 2 – 12: K all sts.

Brioche Break 6

Next Rnd: Using MC, k to m, slm, (sl1yo, p1) to m, slm, k to end of rnd.

Rnd 1: Using CC, k to m, slm, (brk1, sl1yo) to m, slm, k to end of rnd.

Rnd 2: Using MC, k to m, slm, (sl1yo, brp1) to m, slm, k to end of rnd.

Repeat Rnd 1 with CC & MC twice more. Break CC.

Repeat all of the Foot Pattern Repeat instructions until your sock reaches just below the top of your smallest toe. Then you should be ready for the toe decreases. Try to finish the Foot after completing a Brioche Break section.

If you just completed a Brioche Break section, then work the following Next Rnd. If you are still working a Stockinette Stitch section and you are happy with the length of your foot, then skip the Next Rnd and continue with the "Remove beginning of rnd marker" instructions.

Next Rnd: Using the color combo that you just used in the previous rnd, k to m, slm, (brk1, k1) to m, slm, k to end of rnd.

Remove the beginning of rnd marker. K8 [9, 11, 12, 14], pm. This stitch marker is the new beginning of rnd marker.

TOE

Rnd 1: K1, ssk, k10 [12, 16, 18, 22], k2tog, k1, pm, k1, ssk, k10 [12, 16, 18, 22], k2tog, k1. 28 [32, 40, 44, 52] sts.

Rnd 2: K all sts.

Rnd 3: K1, ssk, k to 3 sts before m, k2tog, k1, slm, k1, ssk, k to 3 sts before end of rnd, k2tog, k1. 4 sts decreased.

Rnd 4: K all sts.

Repeat last 2 rnds 2 [3, 4, 4, 5] more times. 16 [16, 20, 24, 28] sts.

Repeat Rnd 3 only 1 [1, 2, 3, 3] more times. 12 [12, 12, 12, 16] sts.



FINISHING

Graft the remaining sts together.

Watch this Westknits video to assist with grafting stitches.

<https://youtu.be/Vks4ERYhU44>

Weave in ends and wet block the finished sock to smooth the fabric.

