



# Acanthus socks

---

Design: Inger Berg

Instagram: @osterdalsbrura

Youtube: Østerdalsbrura

# Acanthus socks

Acanthus socks are inspired by the traditional Norwegian rose painting on my great- great- great grandmothers dowry chest. Like many other old Norwegian farmhouse furniture pieces, it has been decorated with beautiful paintings inspired by the Acanthus plant.

The Acanthus sock pattern has 76 sts and size is adjusted by using different gauge. Gauge is changed by using thicker/thinner yarn and/or needles. Keep in mind that stranded colourwork is less elastic than knitting with one yarn.

There are two sets of pattern diagrams and you can choose to make two equal socks or socks with mirrored pattern.

To achieve desired gauge, it is recommended to knit a sample swatch. If the swatch has too many stitches in 10 cm, go up a needle size. If the swatch has too few stitches in 10 cm, go down a needle size.

The pattern has two alternatives for heel and toe. If desired, other heel and toe designs may also be used.

**Suggested yarn:** Sandnes Sisu/Gjestal Silja Sock, Mayflower 1 class. Other sock yarn with length of approx. 175-210 meters in 50 g can be used. Photographed samples are knitted with Gjestal Silja Sock yarn and Viking Nordlys (colour shifting).

**Yarn amount:** Colour 1: 100 g, colour 2: 50 g.

**Suggested needles:** Pattern is written using 5 double pointed needles size 2,5 mm, 5 double pointed needles size 2,75mm and gauge 32 sts in 10 cm. Different needle sizes (ex.2 and 2,5 mm) may be needed for different gauge, or if you don't hit gauge using suggested needles.

**Gauge:** 36 (34) 32 sts = 10 cm in stranded colourwork. Sample socks has 32 sts in 10 cm.

**Sizes:** Approx. EU 36-40. Circumference is adjusted with gauge.

**Measurements (circumference):** 21,1 cm (22,3 cm) 23,7 cm. For other sizes, adjust gauge.

Diagrams are worked from right to left, beginning in the bottom right corner (marked with arrow).

The first needle on the round is referred to as needle 1, followed by needle 2 and 3 and finally needle 4 which is the last needle on the round.

## Diagrams:

Two sets of diagrams, sock 1 and sock 2.

**Diagram 1:** ankle

**Diagram 2:** heel gusset, foot

## Diagram symbols:

 : ssk

 : k2tog

 : Colour 1

 : Colour 2

## Abbreviations:

St/sts = stitch/stitches

k = knit

m1 = make 1

p = purl

k2tog = knit 2 together

p2tog = purl 2 together

ssk = slip, slip, knit

## ANKLE

With colour 1, cast on 76 sts evenly distributed on 4 double pointed needles size 2.5 mm.

Work rib k1, p1 until rib measures 3 cm or has desired length.

Continue in stockinette. Work the first round in colour 1 and at the same time change to needles size 2.75 mm.

Add colour 2 and work diagram 1.

After diagram 1 is finished, cut colour 2 yarn.

## HEEL FLAP

Use colour 1.

Change to needles size 2.5 mm and distribute sts as follows:

**For sock 1:** The first 18 sts on the round are placed on needle 1 and the last 19 sts on the round are placed on needle 4.

**For sock 2:** The first 19 sts on the round are placed on needle 1 and the last 18 sts on the round are placed on needle 4.

The remaining 39 sts are evenly distributed on needles 2 and 3.

Please note that yarn and needle size will affect the size and that the number of rows on the heel flap is approximate.

### Heel flap alt. 1: Stockinette

The stockinette heel flap is worked as follows, back and forward over the 37 sts on needles 1 and 4:

**Row 1:** k across needle 1

Turn work to wrong side

**Row 2:** s1, p across needles 1 and 4.

Turn work to the right side

**Row 3:** s1, k across needle 4 and 1.

Turn work to the wrong side.

**Row 4:** s1, p across needles 1 and 4.

Turn work to the right side.

Repeat row 3 and 4 until heel flap has 36 rows, or has desired length.

To complete the heel flap, s1, k across needle 4 to the beginning of the row.

### Heel flap alt. 2: Slip stitch rib

**Row 1:** k across needle 1.

Turn work to wrong side.

**Row 2:** s1, purl across needles 1 and 4.

Turn work to right side.

**Row 3:** s1, k1. Repeat until 1 st remain, k1.

Turn work to wrong side.

**Row 4:** s1, p across needles 1 and 4.

Turn work to right side.

Repeat row 3 and 4 until heel flap has 36 rows or has desired length.

To complete heel flap, s1, k1 across needle 4 to the beginning of the row.



## HEEL TURN

The heel turn is worked as follows, beginning with needle 1:

**Row 1:** **For sock 1:** k2, ssk, k1.

**For sock 2:** k3, ssk, k1. Remaining sts on needle 1 are not worked.

Turn work to wrong side.

**Row 2:** s1, p6, p2tog, p1. Remaining sts on needle 4 are not worked.

Turn work to right side.

There is now a space between the stitches on each side of the heel, where the work was turned (there should be 13 sts on each side outside of the gaps).

**Row 3:** s1, k until 1 st before the space, ssk using the st before and the st after the space, k1.

Turn work to wrong side

**Row 4:** s1, p until 1 st before the space, p2tog using the st before and the st after the space, p1.

Turn work to right side.

Repeat row 3 and 4 until all spaces have been worked together and there are 21 sts left on needle 1 and 4.

Finish by working needle 4 from right side.

## GUSSET AND FOOT

**For sock 1:** Control that needle 1 holds 11 sts and needle 4 holds 10 sts.

**For sock 2:** Control that needle 1 holds 10 sts and needle 4 holds 11 sts.

Change to needles size 2,75 mm and pick up 18 sts on each side of the heel flap.

The sts picked up are placed on needle 1 and 4.

Work diagram 2, beginning with needle 1.

Decrease as shown in the diagram: When there are 2 sts left on needle 1, k2tog. Ssk the first two sts on needle 4.

Continue to decrease in every second round until there are a total of 76 sts left on round. Continue to work diagram 2, until the foot has desired length.

Cut colour 2 yarn.

## TOE

Use colour 1 and change to needles size 2,5 mm. Knit 1 round.

### Toe alt. 1: Round toe

Work the toe in stockinette st with colour 1

**Round 1:** Decrease 4 sts evenly to a total of 72 sts.

**Round 2, 3, 4:** knit all sts

**Round 5:** k4, k2tog. Repeat across.

**Round 6, 7, 8, 9:** knit all sts

**Round 10:** k3, k2tog. Repeat across.

**Round 11, 12, 13:** knit all sts.

**Round 14:** k2, k2tog. Repeat across.

**Round 15, 16:** knit all sts.

**Round 17:** k1, k2tog. Repeat across.

**Round 18, 19:** knit all sts.

**Round 20:** k2tog. Repeat across.

After the last round, cut the yarn, bring the end of the yarn through the remaining stitches and sew to the wrong side.

If desired, an extra round may be added after round 12 and 14.

### Toe alt. 2: Wedge toe

Control that sts are distributed the same way as described for making the heel flap.

**Round 1: Needle 1:** knit all sts. **Needle 2:** k1, ssk, knit remaining sts. **Needle 3:** knit until 3 sts remain, k2tog, k1. **Needle 4:** Knit all sts.

**Round 2: Needle 1:** Knit until 3 sts remain, k2tog, k1. **Needle 2:** k1, ssk, knit remaining sts. **Needle 3:** knit until 3 sts remain, k2tog, k1. **Needle 4:** k1, ssk, knit across.

**Round 3:** knit across all 4 needles.

Repeat round 2 and 3 until a total of 22 sts, or desired number of sts remain. End with round 2.

For a rounder wedge toe, repeat round 2 only in the last rounds.

Kitchener/grafst the remaining sts together to close.



---

**Pick up heel stitches and begin foot:**

[https://youtu.be/-Qm\\_OllqkEA](https://youtu.be/-Qm_OllqkEA)

## VIDEO INSTRUCTIONS

To find video instructions, go to:

**Osterdalsbrura** on youtube and the playlist

“Sock knitting”

or follow these links:

**Stretchy cast on and cuff:**

<https://youtu.be/bi6zfqQynMc>

**Straight ankle:**

<https://youtu.be/oC6pygZ6Ut8>

**Slip stitch rib heel flap and turn:**

<https://youtu.be/7HGtbc7zriE>

**Decrease heel gusset on side of foot:**

<https://youtu.be/8-R9EHS9RDU>

**Round toe/star toe:**

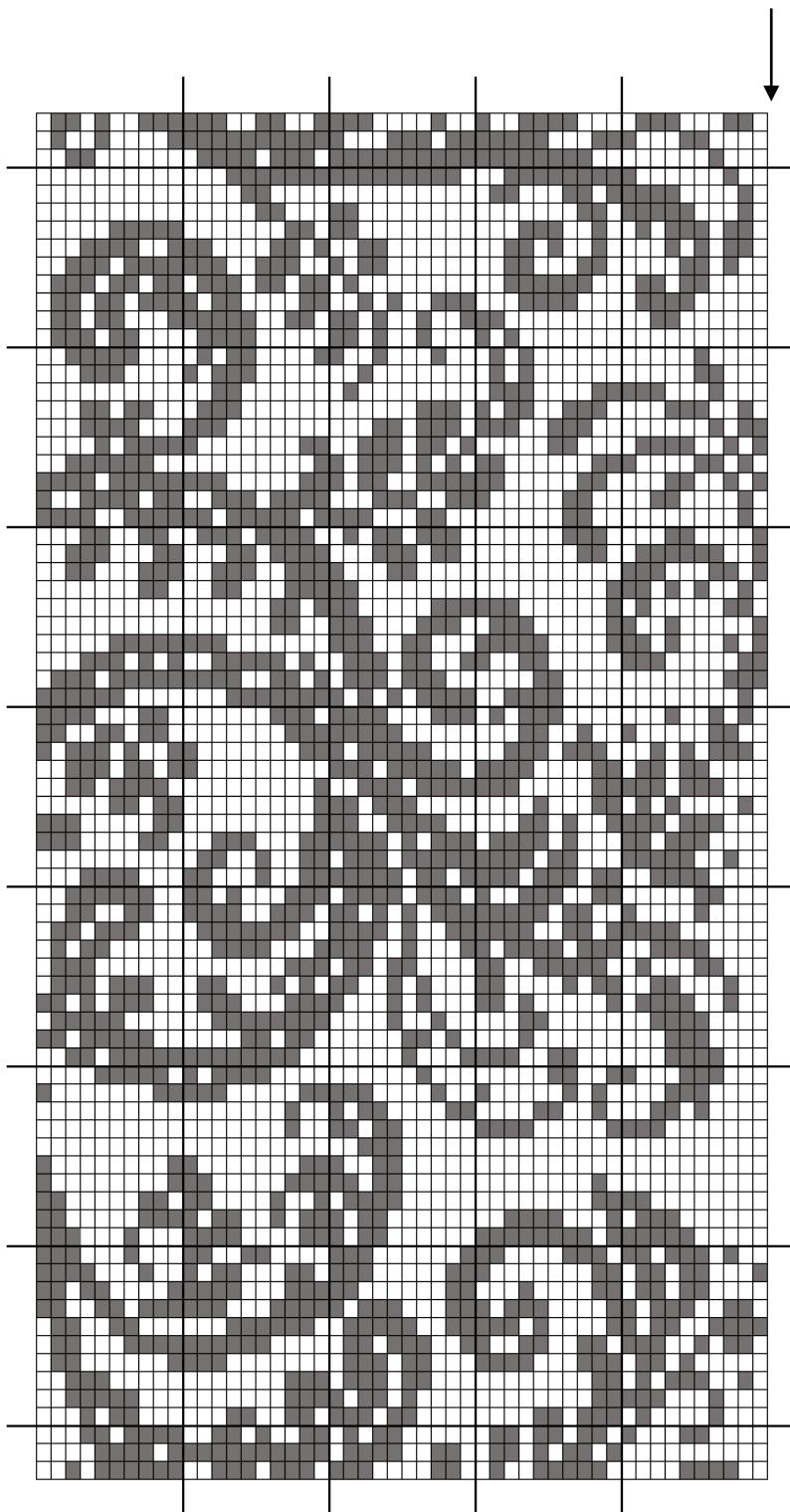
<https://youtu.be/YRet5FrJMw>

**Rounded wedge toe with no sewing:**

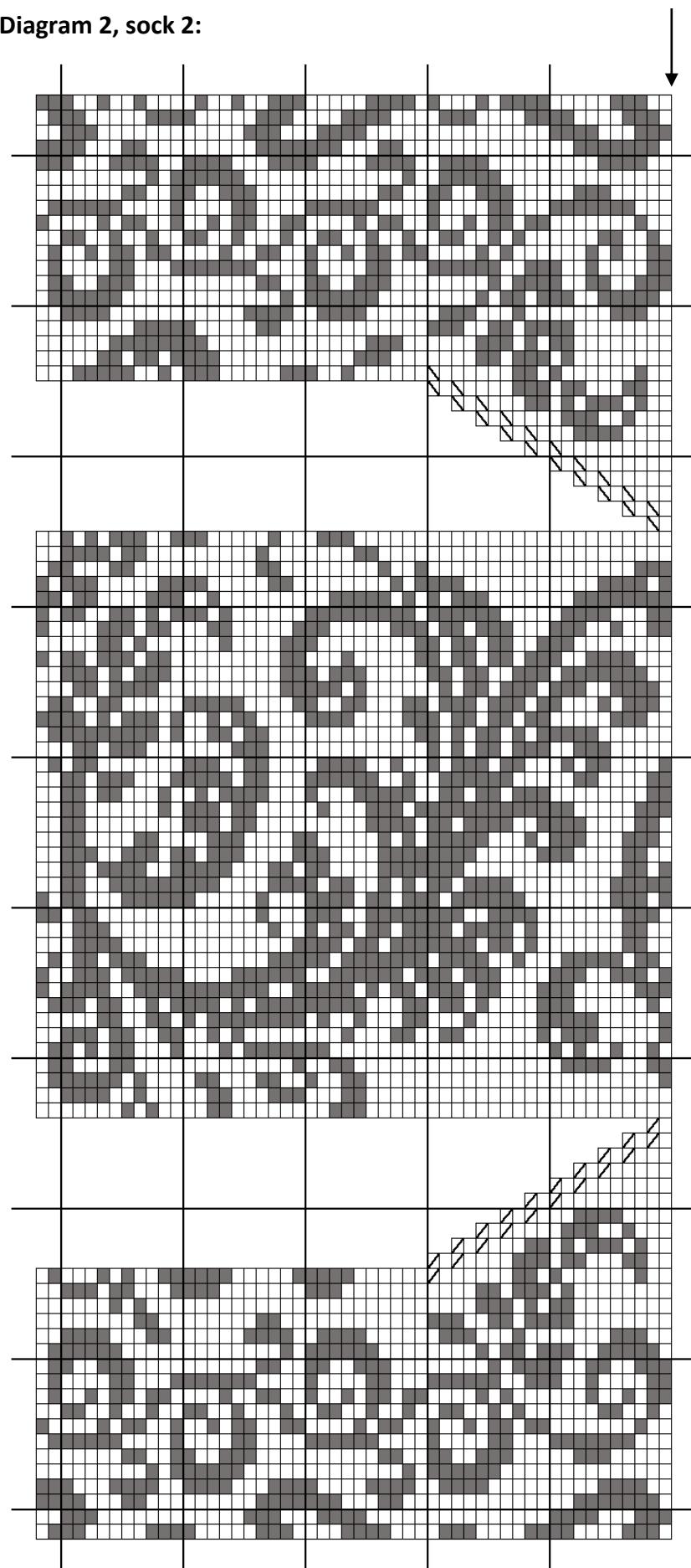
<https://youtu.be/MnyGHAJ6TYw>



---

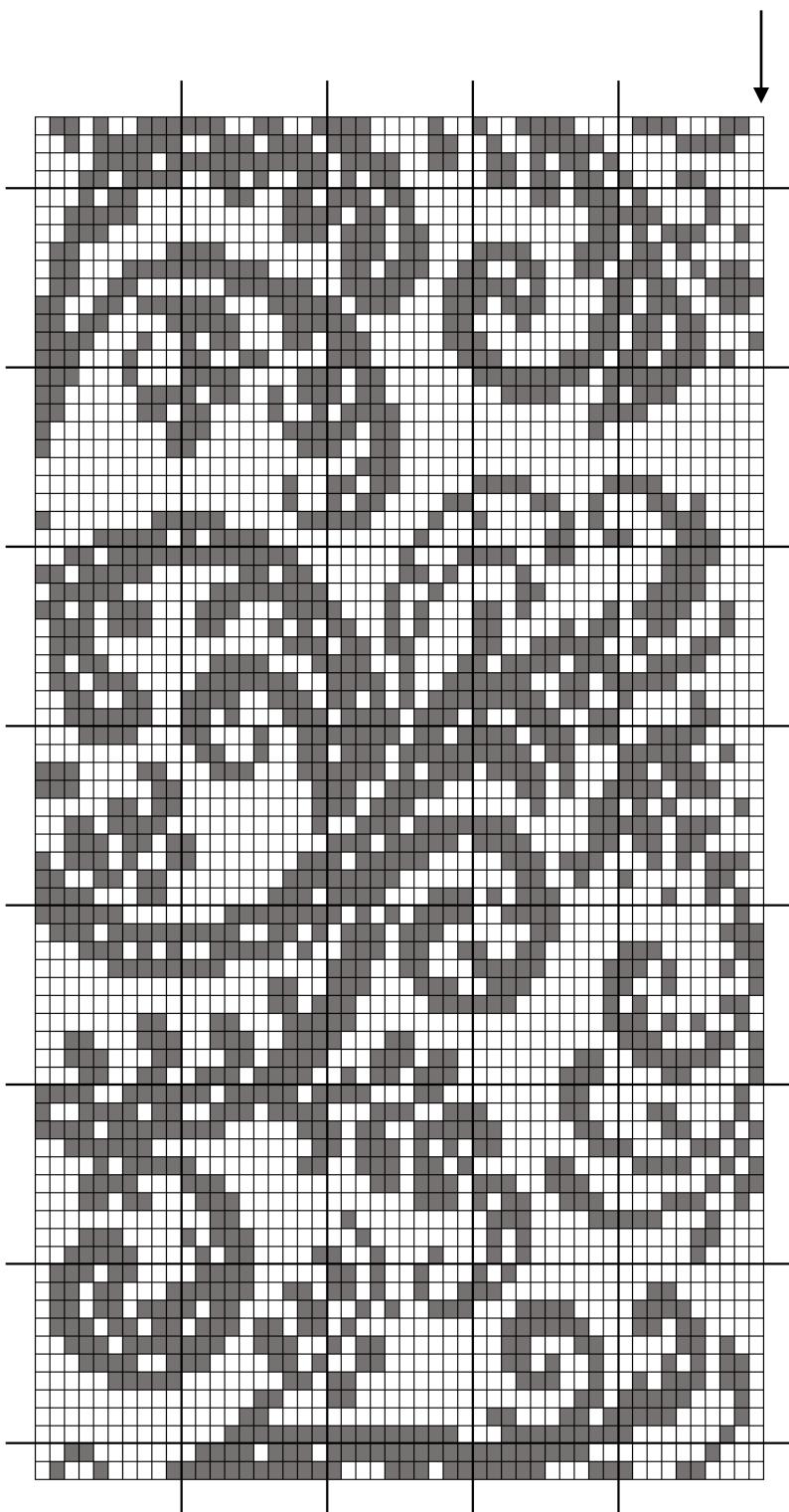
**Pattern diagrams:****Diagram 1, sock 1:**

## Diagram 2, sock 2:



---

Diagram 1, sock 2:



---

**Diagram 2, sock 2:**