

Lush Lemonade Socks

Pattern by Charlotte Stone, Stoneknits



Like a lot of us knitters, I always love to have a sock project on the go even during the warmer months. Even though Summer isn't typically seen as a time to knit, I think it's good to celebrate every season and wanted to create a pair of socks that are perfectly Summery and fun. And nothing feels more like Summer than fresh lemonade. I hope you enjoy making these fruity socks.

These socks are knit from the cuff down with a 2 x 2 ribbed cuff, stripes, a ribbed heel-flap and gusset and have a section of colourwork on the leg and on the foot before decreasing for the toe. This pattern uses the magic loop circular needle method (but can be knit with dpns).

These socks were designed with John Arbon`s Exmoor Sock 4ply yarn. 200m per 50 grams. 60% Exmoor Blueface / 20% Corriedale / 10% Zwartbles / 10% Nylon. However, any fingering weight 4 ply sock yarn can be used, approximately 310m (339yds) in total. Sample shown is knit in size 2 for foot length Europe 39, US 8, UK 6 using:

- **Main Colour:** Mackerel-Sky (blue) 120m 30g
- **CC1:** Mizzle (natural) 112m 28g
- **CC2:** Drumble (yellow) 40m 10g
- **CC3:** Oddmedod (green) 20m 5g

Size (and Gauge for Colourwork section)

1, (2, 3, 4,) **Length of foot is adjustable according to your own foot length.**

Size Chart (Gauge and stitch count for colourwork section on leg with negative ease)

Sock Size	Foot circumference	Needles	Gauge (per 10cm or 4")	Stitch Count
1	18cm – 19cm / 7"	2.25mm (US 1)	38sts x 40 rounds	70sts
2	20cm – 21cm / 8"	2.5mm (US 1.5)	34sts x 38 rounds	70sts
3	21.5 – 22.5cm / 8.5"	2.25mm (US 1)	38sts x 40 rounds	84sts
4	23cm – 24cm / 9"	2.5mm (US1.5)	34sts x 38 rounds	84sts

Colourwork tips

When knitting stranded colourwork, be consistent with how you hold the yarns. The yarn used to knit the contrast pattern should always cross below the yarn knit for the background colour at the back of your work. Be sure to knit your floats loosely. Do not twist your floats more than every 6 sts. Blocking a sock afterwards may help rectify issues you have with tight floats.

Knitting Jogless Stripes

2 rnds MC, 2 rnds CC1

When changing colour for the stripe do not cut the yarn. Carry unused colour up the wrong side of your work. Work the first stitch at the BOR of the second round of the stripe as follows: Pick up the right side of the stitch in the row below the stitch on the needle, put it on the left needle and knit it together with the first stitch on the needle. You will have worked the first stitch of the round twice, but because you work into the stitch below the one on the needle the second time, it will appear that have only worked it for one round. This will help the jog between the two colours of the stripes disappear and the beginning of the round for the colour change is shifted one stitch to the left.

Abbreviations

K= Knit
 Ktbl = Knit through the back loop
 P= Purl
 st(s)= Stitch(es)
 rnd = Round
 Sl1 = Slip one stitch purlwise from the left hand needle to the right hand needle.
 SSK= Slip one stitch knitwise, slip next stitch knitwise, knit slipped stitches together.
 P2tog = Purl 2 stitches together
 K2tog = Knit 2 stitches together
 M1l= Make 1 left. Pick up the bar between the stitch you knit and the one you are about to knit, bringing the needle from the front to the back. Then knit into the back of the stitch making a new stitch.
 RS= Right Side
 WS = Wrong Side
 BOR= Beginning of the round
 MC = Main Colour
 CC = Contrast Colour

Instructions

Cuff

Cast on 64, (64, 72, 72) sts with MC with suitable needle to achieve required size (please see sizing chart on pg.1). Divide sts evenly over the two needles and place a marker at the beginning of the round. Be careful when joining in the round not to twist your stitches. Knit ribbing K2, P2 for a total of 12 rows (approx. 2.5cms or almost 1 inch)

Leg

- Knit 2 rnd`s with CC1.
- Knit 2 rnd`s with MC. Cut MC yarn.
- Knit 1 rnd with CC1

For sizes 1, 2 :

- with CC1 *K11, M1* repeat 5 times until 9st before the end of the rnd. K9, M1. 6sts increased. 70sts total.

For sizes 3, 4 :

- with CC1 *K6, M1,* repeat until the end of the rnd. 12sts increased. 84 sts total.
- Start knitting the colourwork chart A (on page 6) joining CC2 & CC3 where shown. The chart is worked from right to left, bottom to top. For size 1, 2, the chart is knit 5 times per rnd. For sizes 3,4 the chart is knit 6 times per rnd. (Please read note on colourwork tips).
- Work chart until rnd 27. Cut CC2 & CC3.

For sizes 1, 2,:

- with CC1 *K10, K2tog* repeat 5 times until 10st before the end of the rnd. K8, K2tog. 6sts decreased. 64sts total.

For sizes 3,4:

- with CC1 *K5, K2tog* repeat until the end of the rnd. 12sts decreased. 72sts total.

Knit 1 rnd with CC1 and rejoin MC

Continue to Knit stripes (see note on pg.2, alternating between MC and CC1 every 2 rows until you reach your desired length for the leg. (I knit 6 more stripes). Finish after a CC1 stripe.

Slipped Stitch Heel Flap

The heel is worked **flat and knit back and forth** using the 32, (32, 36, 36) sts on needle 1 with MC. Needle 2 is holding the 32, (32, 36, 36) sts for the instep. You can remove the marker you placed at the beginning.

- **Set Up Row:** (RS) Sl1 st purlwise, K to the end of the the row. Turn
 - **Row 1:** (WS) Sl1 st purlwise,*P1, Sl1 Repeat from * to end of row. Finish with a P1. Turn.
 - **Row 2:** (RS) Sl1 st purlwise, K until the end of the row. Turn.
- Repeat these 2 rows ending on a purl row after a total of 32, (32, 36, 36) rows, 16,(16, 18, 18) edge sts for you to pick up after the heel turn.

Heel Turn

Continuing to use MC you will now use short rows to turn your heel.

Row 1: (RS) Sl1, Sizes 1-2: K18 (Sizes 3-4: K20), SSK, K1, turn

Row 2: (WS) Sl1, All Sizes: P7, P2tog, P1, turn

Row 3: (RS) S11, All Sizes: K8, SSK, K1, turn

Row 4: (WS) S11, All Sizes: P9, P2tog, P1, turn

Continue in this pattern - S1, K or P to one stitch before the gap created by turning in the previous row, SSK or P2tog to close the gap, K1 or P1, turn. Continue until all stitches have been worked ending with a purl row on the WS. Turn to the right side, you will now have 20, (20, 20, 20) sts left on needle 2.

Gusset

You will be picking up stitches along both sides of your heel flap using MC.

Knit across the heel stitches placing a BOR stitch marker after 10 stitches (the halfway point).

Pick up and Ktbl 16, 16, 18, 18 sts along the edge of the heel flap. Pick up and knit one more stitch at the corner between heel flap and instep (to help prevent a hole in the corner). (You can place a stitch marker here to help show you when to decrease in the next round or adjust the loop and needles so the heel/gusset sts and instep sts are separated there.)

Knit the 32, 32, 36, 36 sts on the instep being held on needle 2.

(Again you can place a stitch marker after these instep stitches to help show you when to decrease here in the next round and adjust the loop so there are three groupings on the circular needles)

Pick up one stitch in the corner and Ktbl 16, 16, 18, 18 along the edge of the heel flap. Knit the first half of the heel to the BOR stitch marker.

You now have a total of 54, (54, 58, 58) heel/gusset sts, 32, (32, 36, 36) instep sts and are knitting all stitches again in the round.

Gusset decreases

Round 1: Knit up to 3 sts before the first stitch marker indicating where to decrease (where the picked up stitches meet the instep stitches), and K2tog, K1, Knit all instep stitches in pattern to the second marker showing where to decrease (right after the instep sts) and K1, ssk. Knit to the BOR stitch marker.

Round 2: Using CC1 (to maintain stripe pattern), Knit all stitches.

Repeat Rounds 1 and 2 (while continuing to alternate the 2 row stripes using MC and CC1) until you have decreased to 32, (32, 36, 36) heel/gusset sts. 32, (32, 36, 36) instep sts remain on needle 2. There are now 64, (64, 72, 72) sts in total.

Foot

Continue to knit stripes alternating between MC and CC1 every 2 rnds until the foot of your sock measures approx. 8.5cm / 3.25" before the end of your sock finishing on a stripe with MC. Cut MC.

- K 1 rnd with CC1

For sizes 1, 2 :

- with CC1 *K8, M1l* repeat until the end of the rnd. 8sts increased. 72sts total.

For sizes 3, 4 :

- with CC1 *K8, M1l,* repeat until the end of the rnd. 9sts increased. 81 sts total.

- Start knitting the colourwork chart B (on page 6) joining CC2 & CC3 where shown. The chart is worked from right to left, bottom to top. For size 1 & 2 the chart is knit 8 times per rnd. For sizes 3 & 4 the chart is knit 9 times per rnd. (Please read note on colourwork tips).

- Work chart until rnd 14. Cut CC2 & CC3.

For sizes 1, 2 :

- with CC1 *K7, K2tog* repeat until the end of the rnd. 8sts decreased. 64sts total.

For sizes 3, 4 :

- with CC1 *K7, K2tog,* repeat until the end of the rnd. 9sts decreased 72 sts total.

All sizes:

- K1 rnd with CC1
- Knit 2 rnd's with MC.
- Knit 2 rnd's with CC1. Cut CC1 yarn.

Toe

Using MC, with the 32, (32, 36, 36) placed equally on each of needles 1 and 2. Move the BOR stitch marker to the middle at the bottom of your foot. Needle 2 holds the stitches at the top of your foot. Needle 1 holds the stitches at the bottom of your foot.

For all sizes. Starting from the BOR stitch marker:

Round 1: (decrease round)

Needle 1: Knit until 3 sts remain, K2tog, K1

Needle 2: K1, SSK, knit until 3 sts remain, K2tog, K1

Needle 1: K1, SSK, knit to the BOR stitch marker

Round 2: Knit all stitches

Repeat rounds 1 and 2 until there are 20sts remaining on both needles (40sts in total).

Now continue just knitting round 1 (decreasing every round) until there are 10sts remaining on both needles (20sts total).

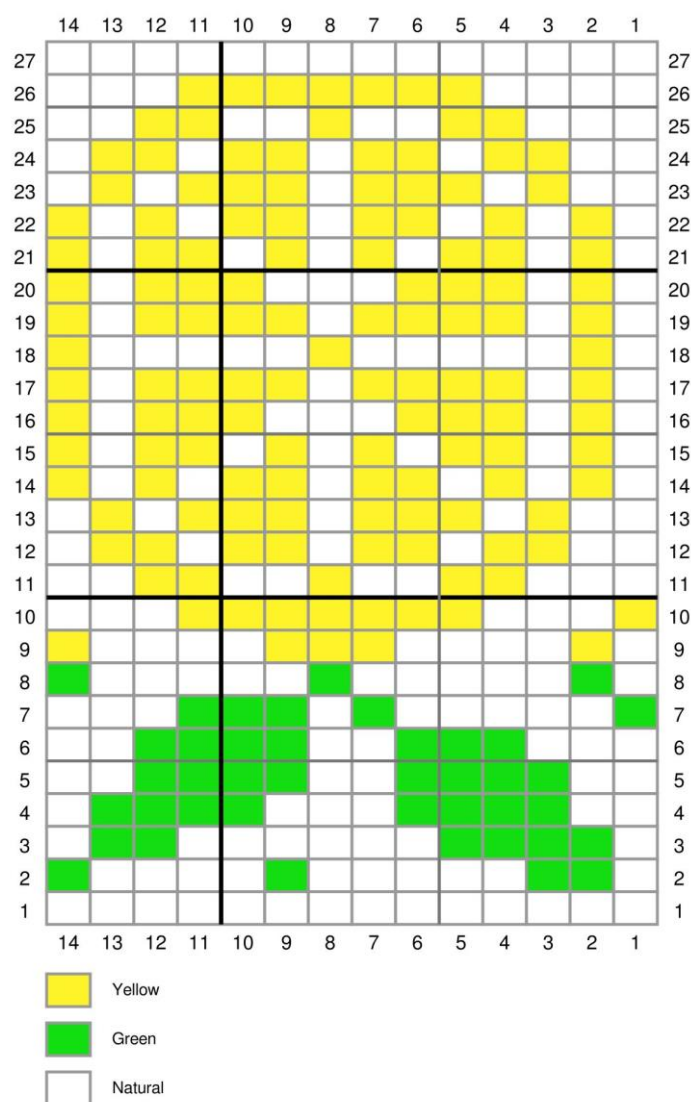
Remove BOR stitch marker then knit 5 stitches to reach the side of the sock. With 10sts on each needle, kitchener stitch the remaining sts together.

Weave in all ends. Knit your second sock. Hand wash gently in cool water, dry flat and enjoy!



(Please feel free to share your work and finished socks using the tags #lushlemonadesocks or #stoneknits on Instagram or on Ravelry. I love seeing what you have made.)

Colourwork Chart A for leg:



Colourwork Chart B for foot:

