



You Better
Work Socks

v.1.0

FINISHED MEASUREMENTS



Sizes

1 (2, 3, 4)(5, 6, 7)

Choose a size that allows for about 1½ in (3 cm) of negative ease around the foot.

Circumference, unstretched: 6 (6½, 7, 7½)(8, 8½, 9) in

15 (16.25, 17.5, 18.75)(20, 21.25, 22.5) cm

To fit foot/leg circumference of: 7½ (8, 8½, 9)(9½, 10, 10½) in

18.75 (20, 21.25, 22.5)(23.75, 25, 26.25) cm

SUPPLY LIST



Yarn

Weight: fingering

● MC (kaki): approx.

215 (235, 260, 285)(315, 345, 380) yards

195 (215, 240, 260)(290, 315, 345) metres

● CC1 (white): approx.

100 (110, 120, 130)(145, 160, 175) yards

90 (100, 110, 120)(135, 145, 160) metres

● CC2 (red): approx.

8 (9, 10, 11)(12, 13, 14) yards

7 (8, 9, 10)(11, 12, 13) metres

Sample shown in Dyed by Delz:

MC (Max's Camo), CC1(Betty's White), CC2 (You've Been Red)



Needles

DPNs or circular needles (long or short), US #1 (2.25 mm) or size needed to obtain gauge



Gauge

32 sts and 44 rounds = 4 in (10 cm) in stockinette stitch in the round



Tools

Tapestry needle

Stitch markers

Shantay you stay!

Toe

With CC1, CO 32 (32, 32, 36)(36, 40, 40) sts using Judy's Magic Cast-On technique. Pm to indicate BOR.

Rnd 1: K16 (16, 16, 18)(18, 20, 20) tbl, pm (different from BOR), k to end of rnd.

Rnd 2: [K1, kfb, k to last 3 sts before m, kfb, k2] twice. (4 inc)

Rnd 3: K to end of rnd.

Work **rnds 2 and 3**, alternating, a total of 4 (5, 6, 6)(7, 7, 8) times.

You should have 48 (52, 56, 60)(64, 68, 72) sts on your needles.

Knit 4 rnds.

K2, join CC2, k20 (22, 24, 26)(28, 30, 32), turn work. Make a doubled st, p19 (21, 23, 25)(27, 29, 31), turn work. Break CC2.



Video tutorial for the doubled stitch

<https://www.youtube.com/watch?v=a3S9cl47PYw>

With CC1, k to the doubled st, k both legs of the doubled st together as if it were a single st, k to end of rnd.

Knit 2 more rnds. Break CC1.



Foot

Join MC. Knit 1 rnd.

You will now change direction to work in reverse stockinette stitch.

Setup rnd : K1, turn work. Flip the sock inside out. Make a doubled st, sm, k to m, sm, k to 1 st before m, k both legs of the doubled st together as if it were a single st.

Work in reverse stockinette stitch until the sock measures 2 3/4 (3, 3 1/4, 3 1/2)(3 3/4, 4 1/4, 4 1/2) in or 7 (7.5, 8.25, 8.75)(9.5, 10.75, 11.25) cm less than desired length (including heel).

Gusset

Rnd 1: K1, m1l, k to 1 st before m, m1r, k1, sm, k to end of rnd. (2 inc)

Rnd 2: Knit.

Work **rnds 1 and 2**, alternating, a total of 8 (8, 9, 9)(10, 10, 11) times.

You should have 64 (68, 74, 78)(84, 88, 94) sts on your needles.



Heel turn

Row 1: K12 (13, 14, 15)(16, 17, 18). Join CC1, p15 (15, 17, 17)(19, 19, 21), m1lp, p1, turn work. Break MC. **(1 inc)**

Row 2: Make a doubled st, k15 (15, 17, 17)(19, 19, 21), m1r, k1, turn work. **(1 inc)**

Row 3: Make a doubled st, p to 2 sts before the doubled st from the previous row, m1lp, p1, turn work. **(1 inc)**

Row 4: Make a doubled st, k to 2 sts before the doubled st from the previous row, m1r, k1, turn work. **(1 inc)**

Work **rows 3 and 4**, alternating, a total of 3 (4, 4, 5)(5, 6, 6) times.

You should have 72 (78, 84, 90)(96, 102, 108) sts on your needles divided as is: 24 (26, 28, 30)(32, 34, 36) sts for the top of the sock and 48 (52, 56, 60)(64, 68, 72) sts for the sole and heel.

Heel flap

Row 1: Make a doubled st, p16 (16, 18, 18)(20, 20, 22) working each doubled stitch as you come to it, as if it were a single st, ssp **(the first slipped st for the ssp is a doubled st)**, turn work. **(1 dec)**

Row 2: Sl1, k22 (24, 26, 28)(30, 32, 34) working each doubled stitch as you come to it, as if it were a single st, k2tog **(the first st for the k2tog stitch is a doubled st)**, turn work. **(1 dec)**

Row 3: [Sl1, p1] to 2 sts before the gap, sl1, ssp, turn work. **(1 dec)**

Row 4: Sl1, k to 1 st before the gap, k2tog, turn work. **(1 dec)**

Work **rows 3 and 4**, alternating, a total of 10 (11, 12, 13)(14, 15, 16) times.

Break CC1.

Final row: Sl1. Join MC. P to 1 st before the gap, ssp, remove m, k to end of rnd. **(1 dec)**

K1, k2tog, k to end of rnd. **(1 dec)**

You should have 48 (52, 56, 60)(64, 68, 72) sts on your needles.

Leg

Work in reverse stockinette stitch until leg measures 6 in (15 cm) from the top of the heel flap, or 3.5 in (9 cm) less than desired length.

Break MC.

Cuff

Join CC1.

Rnd 1: P to end of rnd.



Slip the first stitch of the second round after every colour change, to avoid creating a jog in your stripes.

Rnd 2: Sl1 wyif, [k1, p1] to last st, k1.

Rnd 3: [P1, k1] to end of rnd

Repeat **rnd 3** until ribbing measures 2 in (5 cm).

Join CC2.

Accent rnd 1: [P1, k1] to end of rnd.

Accent rnd 2: Sl1 wyif, [k1, p1] to last st, k1.

Work **Accent rnd 1** twice more. Break CC2.

Next rnd: With CC1, [p1, k1] to end of rnd.

Next rnd: Sl1 wyif, [k1, p1] to last st, k1.

Final 2 rnds: [P1, k1] to end of rnd.

Bind off all sts using Elizabeth Zimmerman's sewn bind-off.

<https://www.youtube.com/watch?v=DM40GtSq6aU>

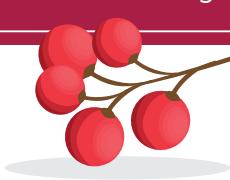
Weave in the ends and flip the sock inside out.



Congrats! You are done! Well... halfway done! Are you the kind of knitter that has like 50 different knitted socks but no pair? Do you want to avoid that curse? Well... cast-on the second sock immediately while sipping this tasty cocktail!

Recipe for the Winter Aperol Spritz

In a large wine glass filled with ice cubes, combine 3 oz of Aperol, 3 oz of Prosecco, 2 oz of cranberry juice, and a splash of sparkling water. Decorate with an orange peel and a rosemary sprig. Enjoy!



Now, it's time to sashay away!

ABBREVIATIONS

| | | | | | |
|--------------|------------------------|------------|------------------|---------------|--------------------|
| BO | bind off | M1R | make one right | RND(S) | round(s) |
| BOR | beginning of round | P | purl | ST(S) | stitch(es) |
| CC | contrasting colour | PM | place marker | TBL | through back loop |
| CO | cast on | SM | slip marker | WYIF | with yarn in front |
| INC | increase | SL | slip purlwise | | |
| K | knit | SSP | slip, slip, purl | | |
| K2TOG | knit two together | | | | |
| KFB | knit front and back | | | | |
| MC | main colour | | | | |
| M1L | make one left | | | | |
| M1LP | make one left purlwise | | | | |

Show your progress on Instagram using the hashtag **#youbetterworksocks**



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