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My Favourite Things
~knitwear~



VIVEKA CARDIGAN #VIVEKACARDIGAN

ABOUT VIVEKA CARDIGAN

Viveka Cardigan is an oversize v-neck cardigan worked in half fisherman's rib.

The boxy silhouette, featuring big pockets, creates the right boyfriend look, whilst the deep v-neck and double knitted edges add a feminine feel. The shape is slightly asymmetrical with extra length on the back.

The cardigan is worked from the top down.

SIZES

XS (S) M (L) XL (2XL) 3XL

MEASUREMENTS

Length (measured at the center back): 57 (58) 60 (62) 64 (66) 67 cm [22.5 (22.75) 23.5 (24.5) 25.25 (26) 26.5 inches]

Circumference: 116 (124) 132 (139) 145 (153) 159 cm [45.75 (48.75) 52 (54.75) 57 (60.25) 62.5 inches]

SUGGESTED NEEDLES

6 mm [US 10] circular needles (80 or 100 cm [32 or 40 inches])

5.5 mm [US 9] circular needles (80 or 100 cm [32 or 40 inches])

5.5 mm [US 9] double pointed needles (used as helping needles)

GAUGE

In half fisherman's rib using 6 mm [US 10] needles.

13 sts / 26 rows = 10 x 10 cm [4 x 4 inches].

NOTE! In half fisherman's rib, 26 rows are counted as 13 brioche-knit stitches.

In double knitting using 5.5 mm [US 9] needles.

15 sts / 26 rows = 10 x 10 cm [4 x 4 inches].

MATERIALS

1050 (1150) 1250 (1350) 1450 (1550) 1650 gr. Mechera Handknit Yarn, Aiayu, 50 gr. / 50 m.

Shown in colour 'Pure Natural'.

3 buttons, Ø approx. 2.4 cm [1 inch].

BEFORE YOU BEGIN

Remember to work a tension swatch to ensure that you achieve the given gauge using the suggested needles. If your gauge differs, this will result in wrong proportions of your finished garment.

Size guide

Viveka Cardigan has an oversize fit. The smaller sizes have a greater positive ease than the larger sizes, to complement the individual body, the best. Calculate a positive ease of approx. 35 cm [13.75 inches] in sizes XS-XL and 25-30 cm [9.75-11.75 inches] for sizes 2XL-3XL.

Sizes XS (S) M (L) XL (2XL) 3XL are equivalent to the European standard sizes, 34 (36) 38 (40) 42 (44) 46 and suit a bust circumference of approx. 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) 120-130 cm [31.5-33.5 (33.5-35.5) 35.5-37.25 (37.25-39.25) 39.25-43.25 (43.25-47.25) 47.25-51.25 inches].

I.e.: You measure 89 cm [35 inches] around your chest + 35 cm [13.75 inches] = 124 cm [48.75 inches]. Meaning you would choose a size S with a finished circumference of 124 cm [48.75 inches].

Introduction to the work flow

First, work the top part, i.e. back neck, of your back section. Shape the back by increasing, which slants the shoulder and shapes the cardigan. Then pick up and knit stitches along the shoulder seams and work the two front shoulders separately. Join the fronts and back and work the remainder of the body back and forth in one piece using circular needles.

Finish with a ribbed edge.

The sleeves are worked from stitches picked up around the armhole and are also finished with a ribbed edge.

Then proceed to work the double knitted button bands. Knit and sew on the two pockets. To finish, sew on the buttons.

Half fisherman's rib

In this section the half fisherman's rib stitch is introduced. It is a variation of the full fisherman's stitch, also known as brioche stitch, and some terms and instructions will be very similar.

Brioche stitches

A brioche stitch is a stitch that is either knitted or purled together with a yarn over from the previous row.

In this pattern, you will work both brioche-k and brioche-p stitches.

Brioche-k: Knit your stitch together with the yarn over.

Brioche-p: Purl your stitch together with the yarn over.

When slipping a stitch with a yarn over, slip the stitch purlwise.

Half fisherman's rib back and forth using circular needles

1st row (RS row): *slip 1 with a yo, k1* repeat from *-* to the end of row.

2nd row (WS row): *p1, 1 brioche-k* repeat from *-* to the end of row.

Half fisherman's rib in the round using circular needles

1st rnd: *slip 1 with a yo, k1* repeat from *-* to the end of row.

2nd rnd: *1 brioche-p, k1* repeat from *-* to the end of row.

Increases in half fisherman's rib

An increase (inc) in half fisherman's rib is worked on a RS row in a knit stitch. When increasing in half fisherman's rib, you always increase by 2 stitches to maintain the pattern repeat.

Inc: Knit 1 in a knit stitch without lifting it off your left needle, yo, knit another stitch in the same knit stitch. Lift off the stitch as usual. 1 stitch has now become 3. On the following row, knit the yarn over.

Decreases in half fisherman's rib

Decreases in half fisherman's rib are worked to lean either towards the right (D2R) or left (D2L).

Just as with the increases, always decrease by 2 stitches to maintain the pattern repeat.

D2R: The first stitch on your left needle is a knit st. Knit the stitch and the following stitch together, move the just knitted stitch back to your left needles, then lift the following knit st on your left needle over the stitch (as if binding off one stitch). Move the stitch back to your right needle.

D2L: The first st on your left needle is a knit stitch. Slip the stitch knitwise, knit the following 2 stitches together and lift the slipped stitch over the just knitted stitch (as if binding off one stitch).

Rib

All ribbed edges are worked in twisted rib. I.e.: *k1 tbl, p1*.

Change of yarns

To avoid having to weave in too many ends and wasting any yarn, it is recommended to splice together the yarn when changing.

Have a look here for how to do this: <https://www.youtube.com/watch?v=bgr4oR6g7HE>

BEGIN WORKING THE CARDIGAN HERE

BACK

Cast on 23 (25) 27 (29) 29 (31) 31 sts using 6 mm [US 10] circular needles.

NOTE! The cast on edge forms the back neck of your cardigan.

Place 2 markers (M1-M2).

M1 is placed 6 sts after the beginning of the row and M2 6 sts before the end of row.

Now work an establishing row and continue working in half fisherman's rib.

Establishing row:

P1, *k1, p1* to 2 sts remaining, k1, p1.

Now shape the shoulders by increasing. Increase every 2nd/other RS row.

Continue repeating **1st - 4th row** as follows:

1st row (RS row): K1, *slip 1 with a yo, k1* to 1 st before M1, slip 1 with a yo, slip M1, *inc*, *slip 1 with a yo, k1* to 2 sts before M2, slip 1 with a yo, *inc*, slip M2, *slip 1 with a yo, k1*, to 2 sts remaining, slip 1 with a yo, k1.

2nd row (WS row): P1, *1 brioche-k, p1* to 2 sts remaining, 1 brioche-k, p1. *NOTE! The increases from 1st row are worked as follows: p1, k1, p1.*

3rd row (RS row): K1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

4th row (WS row): P1, *1 brioche-k, p1* to 2 sts remaining, 1 brioche-k, p1.

Work **1st – 4th row** a total of 13 (14) 15 (16) 17 (17) 18 times.

Next row is a RS row.

You have increased by 52 (56) 60 (64) 68 (68) 72 sts and have 75 (81) 87 (93) 97 (99) 103 sts on your needles.

Your work now measures approx. 20 (22) 24 (24) 26 (26) 28 cm [7.75 (8.75) 9.5 (9.5) 10.25 (10.25) 11 inches] from the cast on edge at the center back.

Next row is a RS row.

Now work back and forth in half fisherman's rib. Place a stitch marker in both sides of your work before you proceed. The marker has to *stay* in the edge stitch as it shows where to pick up stitches for the fronts at a later stage.

Repeat **1st - 2nd row** as follows:

1st row (RS row): K1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

2nd row (WS row): P1, *1 brioche-k, p1* to 2 sts remaining, 1 brioche-k, p1.

Continue repeating the pattern rows until you have worked **1st – 2nd row** a total of 17 (19) 19 (20) 20 (21) 21 times.

Work now measures - again measured from the cast on edge at the center back – 33 (36) 38 (39) 41 (42) 44 cm [13 (14) 15 (15.25) 16 (16.5) 17.25 inches].

This is equivalent to the armhole edge measuring 13 (14) 14 (15) 15 (16) 16 cm [5 (5.5) 5.5 (6) 6 (6.25) 6.25 inches].

Break the yarn and leave the stitches on hold using a helping needle or waste yarn whilst working the front shoulders to begin the front sections.

RIGHT FRONT

Pick up and knit 27 (29) 31 (33) 35 (35) 37 sts along the right shoulder (right when wearing the cardigan) *using the short tail of the yarn* and 6 mm [US 10] circular needles. Begin at the marker and work your way towards the back neck.

NOTE! When picking up stitches using the short tail of the yarn, your first row is a RS row.

Have a look here for how to do so: <https://www.youtube.com/watch?v=3D5dDef2hq0>

Now place 1 marker (M1) 6 sts before the end of row on the RS of your work.

Now increase to shape the neckline. Increase every 7th (8th) 8th (9th) 9th (9th) 9th *RS row*.

Work **1st-14th (1st-16th) 1st-16th (1st-18th) 1st-18th (1st-18th) 1st-18th row** a total of 5 times.

1st row (RS row): K1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

2nd row (WS row): P1, *1 brioche-k, p1* to 2 sts remaining, 1 brioche-k, p1.

3rd - 12th (14th) 14th (16th) 16th (16th) 16th row: Repeat **1st – 2nd row**.

13th (15th) 15th (17th) 17th (17th) 17th row (RS row): K1, *slip 1 with a yo, k1* to 2 sts before M1, slip 1 with a yo, *inc*, slip M1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

14th (16th) 16th (18th) 18th (18th) 18th row (WS row): P1, *1 brioche-k, p1* to M1, slip M1, p1, k1, p1, *1 brioche-k, p1* to the end of row.

You now have 37 (39) 41 (43) 45 (45) 47 sts on your needles.

Repeat **1st-2nd row** another 3 (1) 2 (1) 2 (1) 3 time(s). Last row is a WS row.

Work now measures approx. 29 (31) 33 (35) 36 (36) 37 cm [11.5 (12) 13 (13.75) 14 (14) 14.5 inches] from the pick up row.

NOTE! Be aware that your outer edge (what will later become the armhole) will be approx. twice as long on the front compared to the back.

Break the yarn and leave the shoulder sts on hold whilst working the left front.

LEFT FRONT

Pick up and knit 27 (29) 31 (33) 35 (35) 37 sts along the left shoulder (left when wearing the cardigan) *using the short tail of the yarn* and 6 mm [US 10] circular needles. Begin at the neck and work your way out towards the marker.

Now place 1 marker (M1) 6 sts after the beginning of row on the RS of your work.

Now increase to shape the neckline. Increase every 7th (8th) 8th (9th) 9th (9th) 9th *RS row*.

Work **1st-14th (1st-16th) 1st-16th (1st-18th) 1st-18th (1st-18th) 1st-18th row** a total of 5 times.

1st row (RS row): K1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

2nd row (WS row): P1, *1 brioche-k, p1* to 2 sts remaining, 1 brioche-k, p1.

3rd - 12th (14th) 14th (16th) 16th (16th) 16th row: Repeat **1st – 2nd row**.

13th (15th) 15th (17th) 17th (17th) 17th row (RS row): K1, *slip 1 with a yo, k1* to 1 st before M1, slip 1 with a yo, slip M1, *inc*, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

14th (16th) 16th (18th) 18th (18th) 18th row (WS row): P1, *1 brioche-k, p1* to 3 sts before M1, p1, k1, p1, slip M1, *1 brioche-k, p1* to the end of row.

You now have 37 (39) 41 (43) 45 (45) 47 sts on your needles.

Repeat **1st-2nd row** another 3 (1) 2 (1) 2 (1) 3 time(s). Last row is a WS row

Work now measures approx. 29 (31) 33 (35) 36 (36) 37 cm [11.5 (12) 13 (13.75) 14 (14) 14.5 inches] from the pick up row.

NOTE! Be aware that your outer edge (what will later become the armhole) will be approx. twice as long on the front compared to the back.

On your next row join the fronts and back. Continue working back and forth using circular needles.

BODY

Begin with the left front and k1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

Cast on 1 (1) 1 (1) 1 (1) 5 (5) new sts in extension using the backwards loop method.

Then k1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1, across the back stitches.

Cast on 1 (1) 1 (1) 1 (1) 5 (5) new sts in extension using the backwards loop method.

Continue across the right front stitches: k1, *slip 1 with a yo, k1* to 2 sts remaining, slip 1 with a yo, k1.

All sts are now joined on the same circular needle.

Your work is now joined, and you have 151 (161) 171 (181) 189 (199) 207 sts on your needles.

Work back and forth in half fisherman's rib until your work measures 50 (51) 53 (55) 57 (59) 60 cm [19.5 (20) 21 (21.5) 22.5 (23.25) 23.5 inches] at the center back. Finish with a WS row.

NOTE! It is recommended that you try on your cardigan to ensure that the length suits you before you begin the rib.

Now work the rib. Change to 5.5 mm [US 9] circular needles.

Work as follows:

1st row (RS row): K1, *p1, k1 tbl* and repeat from *-* to 2 sts remaining, p1, k1.

2nd row (WS row): P1, *k1, p1 tbl* and repeat from *-* to 2 sts remaining, k1, p1.

Continue repeating **1st and 2nd row**, until the ribbed edge measures 7 cm [2.75 inches]. Finish with a WS row.

Bind off using the Italian/tubular bind off method.

NOTE! Due to the thickness of the yarn, do not work any double knitting before binding off as you sometimes would when using this particular method.

BUTTON BAND

The button band is worked back and forth in double knitting using 5.5 mm [US 9] circular needles.

It can be an advantage to work a double knitted edge on your gauge swatch worked in half fisherman's rib, to ensure that the gauge for the button band is correct height wise. It is *important* that the gauge is correct to avoid the button band being either too loose or too tight.

NOTE! Search for 'double knitted edges' on YouTube if you require any further assistance in working the following section.

Work buttonholes as you work along the right edge of the cardigan. See the following section: '**Buttonholes**' for instructions.

Try on your cardigan before you begin and place 3 markers along the right front edge where you would like the buttonholes to be placed.

Place the top buttonhole approx. 1 cm [0.5 inches] below the last increase for the v-neck. Place the bottom one in the middle of the body's ribbed edge. Make sure that you have the same number of sts between each of the 3 buttonholes.

To attach the double knitted band to the cardigan itself, knit 1 st from your button band together with 1 st from a row of picked up stitches along the front edge. First work along the right side of the cardigan, then the back neck, and lastly the left side.

Begin picking up stitches at the bottom of the right front. Use 5.5 mm [US 9] circular needles for picking up the stitches.

Pick up with a frequency as follows:

1 out of 1 st in the ribbed edges at the bottom as well as at the back neck.

1 out of 2 sts – meaning 1 st for every brioche-k stitch - along the front edges.

In the following description, this is referred to as the *pick up row*.

After picking up the stitches, break the yarn

Join in a new strand of yarn at the right front and cast on 11 sts using the Italian/tubular cast on method using the end of your circular needle at the right-hand side of the cardigan (right when wearing the cardigan).

NOTE! The first loop of the cast on is considered a purl stitch, therefore, ensure that your first real cast on stitch is a knit stitch.

Now begin your double knitting. Use a double pointed needle to ease the workflow.

Continue *working back and forth across the newly cast on 11 stitches throughout*. On every RS row, include 1 st from the pick up row in your work. In this way, the double knitted band will follow the cardigan edge all the way around.

Work as follows:

1st row (RS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * to 1 st remaining, k2tog tbl (the last of the newly cast on sts and 1 st from the pick up row).

2nd row (WS row): *slip 1 st purlwise with the yarn in front, k1* repeat from * - * to 1 st remaining, slip 1 st purlwise with the yarn in front.

Repeat **1st** and **2nd row** until you have worked your way around the front edge and have 1 st from the pickup row remaining.

Finish with a WS row.

Now bind off using the Italian/tubular bind off method from the RS of your work.

Buttonholes

Work the buttonholes by separating the double knitted edge in the middle, and working it in two pieces, which are then rejoined.

First, work the outer part, (6 sts), then the inner part (5 sts).

Work as follows across the first 6 sts on your needle:

1st row (RS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * a total of 3 times. Turn.

2nd row (WS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * a total of 3 times. Turn.

Work **1st** and **2nd row** a total of two times. You have now worked 4 rows in total.

Repeat **1st row** once again to finish in the middle of the button band.

Break the yarn and leave a tail long enough to weave in at the end.

Now work the inside of the button band.

Join in a new strand of yarn.

Work as follows across the remaining 5 sts:

1st row (RS row): *K1, slip 1 st purlwise with the yarn in front* repeat from * - * 2 times, k2tog tbl (the last of the newly cast on sts and 1 st from the pick up row). Turn.

2nd row (WS row): *Slip 1 st purlwise with the yarn in front, k1* repeat from * - * 2 times, slip the last of the 5 sts purlwise with the yarn in front. Turn.

Work **1st** and **2nd row** a total of two times. You have now worked 4 rows in total.

Repeat **1st row** once again.

Next row is a WS row. Join the two parts of the button bands to work as one.

Slip 1 st purlwise with the yarn in front, k1 repeat from * - * to 1 st remaining, slip the last of the 11 sts purlwise with the yarn in front. Turn.

When you have worked all the buttonholes, weave in the two yarn ends at each buttonholes. Using a tapestry needle, lead the yarn ends through the two layers of double knitting and weave in the ends in the transition between the cardigan and button band.

SLEEVES

Now proceed to work the sleeves. Pick up and knit the sleeve stitches around the armholes using 6 mm [US 10] needles. You can either use 40 cm [16 inches] circular needles or 80 cm [32 inches] circular needles and use the magic loop technique.

Pick up and knit 50 (54) 56 (60) 62 (64) 64 sts around the armhole. The frequency of picking up stitches is equivalent to picking up in 1 out of 2 sts - ie. 1 st for each brioche-k stitch along the front and back. Pick up in every stitch underneath the armhole.



The stitches are divided as follows:

36 (38) 40 (44) 44 (42) 42 sts along the front, 13 (15) 15 (15) 17 (17) 17 sts along the back, 1 (1) 1 (1) 1 (5) 5 st(s) underneath the armhole.

NOTE! Have you picked up too many stitches? Then you can reduce the total number of stitches to match the required number on the first round by knitting 2 together evenly distributed on the round.

Join to work in the round. Place a marker in the middle of the sts underneath the armhole to mark the beginning of rnd. It is important that the marker is placed before the middle purl stitch.

Work half fisherman's rib in the round *and at the same time* decrease every 35th rnd / every 13th cm [5 inches] *a total of 2* times.

1st rnd: *slip 1 with a yo, k1* repeat from *-* to the end of row.

2nd rnd: *1 brioche-p, k1* repeat from *-* to the end of row.

Work the decrease rounds as follows:

Decrease-rnd: Slip 1 with a yo, k1, slip 1 with a yo, *D2R*, *slip 1 with a yo, k1* to 6 sts before the end of rnd, slip 1 with a yo, *D2L*, slip 1 with a yo, k1.

Once you have completed the decreases, work another 35 rnds / 13 cm [5 inches].

The inside sleeve length now measures approx. 37 cm [14.5 inches]. Make sure to finish with a **2nd rnd**.

Now work the ribbed edge. Change to 5.5 mm [US 9] circular needles.

Work your rib in the round: *p1, k1 tbl*, until the ribbed edge measures 5 cm [2 inches].

Bind off using the Italian/tubular bind off method.

NOTE! Due to the thickness of the yarn, do not work double knitting before binding off as you sometimes would when using this particular method.

POCKETS

Cast on 21 (21) 21 (21) 23 (23) 23 sts using 5.5 mm [US 9] circular needles and the Italian/tubular cast on method.

Work 3 cm [1.25 inches] in rib as follows:

1st row (RS row): K1, *k1 tbl, p1* to 2 sts remaining, k1 tbl, k1.

2nd row (WS row): P1, *p1 tbl, k1* to 2 sts remaining, p1 tbl, p1.

Now work half fisherman's rib. Change to 6 mm [US 9] circular needles.

First, work an establishing row:

K1, *k1, slip 1 with a yo, * to 2 sts remaining, k2.

Continue repeating **1st – 2nd row** until the pocket measures 13 (13) 13 (14) 14 (14) 14 cm [5 (5) 5 (5.5) 5.5 (5.5) 5.5 inches] height wise (including the ribbed edge). Finish with a **1st row**.

1st row (WS row): P1, *p1, 1 brioche-k* to 2 sts remaining, p2.

2nd row (RS row): K1, *k1, slip 1 with a yo* to 2 sts remaining, k2.

Once the pocket has the given size, bind off all stitches in rib, ie. knit over knit and purl over purl.

Work a second pocket in the same way.

Now attach the pockets to the cardigan.

Place the pocket 9 cm [3.5 inches] from the front edge (including the button band) and along the row of brioche stitches right above your ribbed edge.

Attach the pocket using pins and sew attached as instructed in the video below.

Have a look here for how to attach the pocket: <https://www.youtube.com/watch?v=jaUnmzTHd18>

FINISHING

Weave in all loose ends. Sew on the buttons.

Wash and block the cardigan before use for an even neater result.



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