



Isfugl

Design: Trine Brøndum Nordholt // Trine.knitwear

Isfugl is inspired by the whimsical artistic universe of Noack and Løfberg. The playful, natural diversity and intricate detail in their works have led the design process down sunlit detours. Sparking new ideas and revealing bright moments. The imagination has been on a journey, accompanied by humour and joy of life. A universe has unfolded, much like watching a kingfisher spread its wings and take flight towards freedom and new adventures.

Sizes & Measurements

XS (S) M (L) XL (2XL)

Fits chest circumference

82-87 (89-95) 96-103 (104-112) 113-121 (122-130) cm

Circumference (A)

82 (88) 97 (103) 114 (122) cm

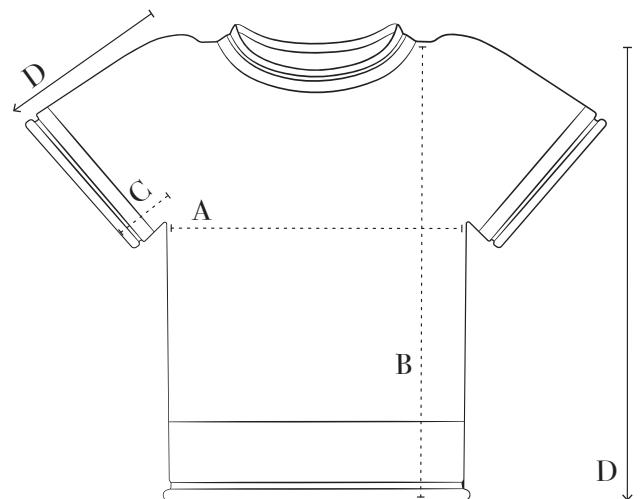
Length (B)

53 (54) 54 (56) 57 (57) cm

Sleeve length (C)

6 (6) 7 (7) 8 (8) cm

Knitting direction (D)



Materials

YARN FROM FILCOLANA

Vilja colour 197 (Aqua)

200 (200) 200 (250) 300 (300) g
and

Tilia colour 281 (Rime Frost)

75 (75) 75 (100) 125 (125) g

Entire work is knitted with 1 strand of each yarn held together.

NEEDLES

Circular needles 4 and 5 mm, 60 and 80 cm

EXTRAS

8 Stitch markers

2-3 Stitch holders

Crochet hook 4 or 4.5 mm

Gauge

19 sts and 27 rows in stockinette on 5 mm needle, with 1 strand of Vilja and 1 strand of Tilia held together = 10 x 10 cm.

The gauge is measured after washing.

The needle size is only a guide.

If you have more stitches per 10 cm, change to bigger needles, if you have fewer stitches per 10 cm, change to smaller needles. If you meet the width but not the height, it can help to change the needle type, for example, to go from metal to wood, or vice versa.

Technique

ABBREVIATIONS

st(s): stitch(es)
k: knit
p: purl
tog: together
SM: stitch marker
RS: right side
WS: wrong side

SM1, SM2, SM3, SM4

Stitch marker No. 1, stitch marker No. 2, etcetera.

M1L - Left slanted increase

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

M1R - Right slanted increase

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop (1 st increase).

M1RP - Right slanted increase as seen on RS

With the left needle pick up the strand between the 2 sts, from back to front. Purl through the front loop.

M1LP - Left slanted increase as seen on RS

With the left needle pick up the strand between 2 sts from front to back. Purl though the back loop.

ssk improved - Left leaning decrease

Work the next 2 sts like this: Knit the 1st st without slipping the st off the needle, work the 2nd st through the back loop, slip both sts off the needle. You now have a slightly left leaning decrease.

3in1

K1, k1tbl and k1 in the same st.

SPECIAL TECHNIQUES

Short Row Stitch

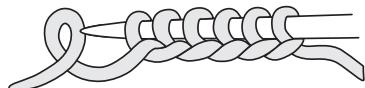
Slip 1 stitch purl-wise off the needle with the yarn in front of the work (facing you). Bring the yarn over the right needle and down behind the work (away from you) and pull the yarn so that a “double stitch” is made. Continue working according to the pattern’s directions. When the double stitch needs to be worked later, it is worked as one stitch, either knit-wise or purl-wise, as the work shows.

This technique is called German Short Rows.

Backward loop cast on

Make a loop of yarn as follows: place the long tail (with the skein of yarn at the other end), over the thread that is on the needle. Knit through this loop with the right needle from the front and pull tightly so that the ring becomes a stitch.

Repeat this for the desired number of stitches.



Workflow

Isfugl is knitted in the round, top-down, with contiguous sleeves.

First, the neckline is worked in reverse stockinette stitch. Then stitches are divided, and short rows are worked back and forth across the back neck stitches. At the same time, the saddle shoulder construction is shaped with increases.

Once the full shoulder width is reached, increases are made across all shoulder stitches, creating puff at the top of the sleeve.

As the yoke is completed, increases are worked to shape the sleeve cap. The yoke ends with raglan increases.

The work is then divided, and the body and sleeves are finished separately.

The body is knitted with waist shaping and finished with a ribbed edge, ending with a rolled edge in reverse stockinette stitch.

Finally, the sleeves are completed and finished with ribbed edges and rolled edges as well.

Pattern

NECKBAND

Cast on 112 (112) 116 (116) 120 (120) sts with long tail cast on, on 4 mm (60 cm) needle and 1 strand of each yarn held together.

Insert SM1 as a beginning of round marker and join round.

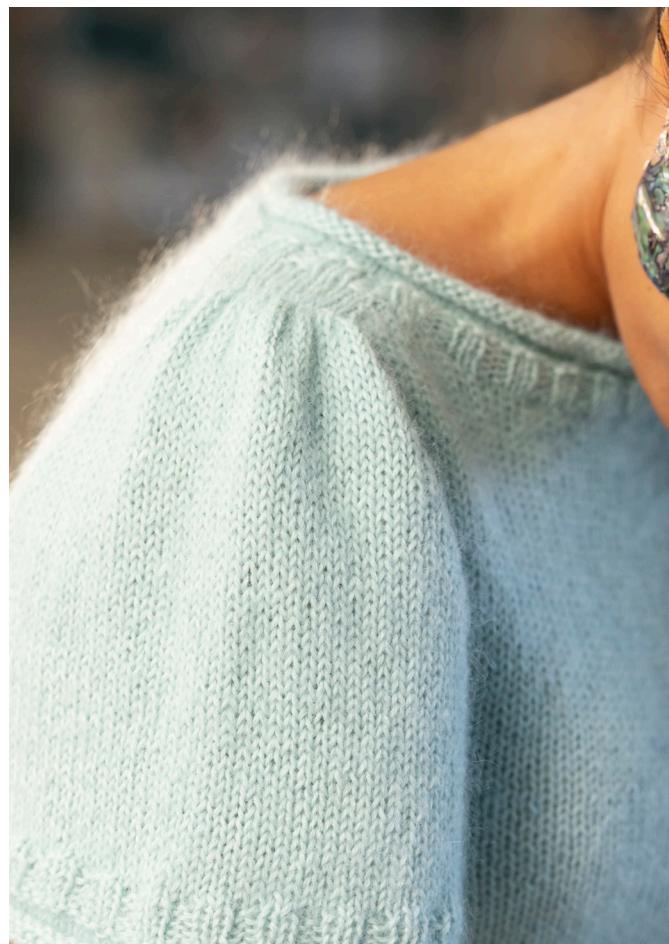
Knit 8 rounds and purl 1 round.

Next round: *K2, p2*, repeat from * to * to end of round.

Repeat this round 2 times more.

Next round: Work 46 (46) 48 (48) 50 (50) sts in rib (back), insert SM2 on right-hand needle, work 10 sts in rib (right shoulder), insert SM3 on right-hand needle, work 46 (46) 48 (48) 50 (50) sts in rib (front), insert SM4 on right-hand needle, work 10 sts in rib.

Change to 5 mm needle (60 cm).



Change to longer circular needles as more sts appear on the needle.

Now work increases for saddle shoulders and short rows across the neck sts as follows:

1st short row (RS): Knit to SM2, M1R, slip SM2 to right-hand needle, knit to SM3, slip SM3 to right-hand needle, M1L, k2, turn work.

2nd short row: 1 short row st, purl to SM3, M1RP, slip SM3, purl to SM2, slip SM2, M1LP, purl to SM1, M1RP, slip SM1, purl to SM4, slip SM4, M1LP, p2, turn work.

3rd short row: 1 short row st, knit to SM4, M1R, slip SM4, knit to SM1, slip SM1, M1L, knit to SM2, M1R, slip SM2, knit to SM3, slip SM3, M1L, knit to 2 sts after the short row st from previous row, turn work.

4th short row: 1 short row st, purl to SM3, M1RP, slip SM3, purl to SM2, slip SM2, M1LP, purl to SM1, M1RP, slip SM1, purl to SM4, slip SM4, M1LP, purl to 2 sts after the short row st from previous row, turn work.

Repeat 3rd and 4th short row once more.

Last short row (RS): 1 short row st, knit to SM4, M1R, slip SM4, knit to SM1, slip SM1, M1L, knit to SM2, M1R, slip SM2, knit to SM3, slip SM3, M1L, knit to SM4, M1R, slip SM4, knit to SM1, slip SM1, M1L.

Next round: Knit to SM2, M1R, slip SM2, knit to SM3, slip SM3, M1L, knit to SM4, M1R, slip SM4, knit to SM1, slip SM1, M1L.

Repeat this round, until a total of 8 (10) 11 (12) 13 (14) increases have been made at each marker.

Next round: Knit to SM2, slip SM2, work 3in1 in each st to SM3, slip SM3, knit to SM4, slip SM4, work 3in1 in each st to SM1.

Now there are 62 (66) 70 (72) 76 (78) sts on the front and the back, and 30 sts on each shoulder.

Construction of the saddle shoulder is now completed and increases for the sleeves begins, as follows:

Next round: Knit to SM2, slip SM2, M1L, knit to SM3, M1R, slip SM3, knit to SM4, slip SM4, M1L, knit to SM1, M1R, slip SM1

Next round: Knit to end of round.

Repeat these 2 rounds, until a total of 19 (20) 20 (22) 23 (22) increases have been made on each sleeve = 68 (70) 70 (74) 76 (74) sleeve sts.

Last round is a round with no increases.

Now work raglan increases on each side of all markers as follows:

Next round: Knit to 2 sts before SM2, M1R, k2, slip SM2, M1L, knit to SM3, M1R, slip SM3, k2, M1L, knit to 2 sts before SM4, M1R, k2, slip SM4, M1L, knit to SM1, M1R, slip SM1, k2, M1L.

NOTE: The last increase on the round is located after the beginning of round marker (SM1).

Repeat this round until a total of 6 (7) 8 (9) 11 (13) raglan increases have been made.

Now there are 308 (328) 344 (364) 392 (408) sts on the round.

BODY

Now divide the work into body and sleeves as follows:

Next round: Knit to SM2, remove SM2 and slip the next 80 (84) 86 (92) 98 (100) sleeve st to a stitch holder, remove SM3, cast on 4 (4) 6 (8) 10 (12) sts using the backward loop cast on technique and insert SM3 on right-hand needle, knit to SM4, slip SM4, slip all sleeve sts to a stitch holder, remove SM1, cast on 4 (4) 6 (8) 10 (12) new sts and knit to SM3.

SM3 and SM4 are now located between the front and the new sts in the armhole. SM3 located on the right side of work is now the beginning of round marker.

Now there are 156 (168) 184 (196) 216 (232) sts on the round.

Knit straight for 6 (7) 7 (8) 8 (9) cm from the armhole.

Waistline

Now decrease to mark a waistline at SM3 and SM4. The decreases can be omitted if you want a straight silhouette instead.



Next round Knit to SM4, slip SM4, work a ssk improved, knit to 2 sts before SM3, k2tog.

Knit 4 rounds straight.

Repeat these 5 rounds until a total of 8 decreases each side have been completed.

Continue straight to work measures 45 (46) 46 (47) 48 (48) cm, at mid back.

Change to 4 mm needle.

Knit 1 round.

Rib

Work ribbing (k2, p2), to rib measures 6 (6) 6 (7) 7 (7) cm.

Purl 1 round and knit 8 rounds.

Bind off with an elastic bind off, as follows:

K2, *place the left needle into both sts on the right needle, so the needle is in front of the right needle, catch the yarn with the right needle and pull the yarn through both sts, p1, pass second st on right hand needle over first st, as in a regular bind off, p1*, repeat from * to * and continue in this way, knitting the sts as the ribbing shows and bind off as described from * to *.

SLEEVES

Slip the resting sleeve sts back onto a 5 mm circular needle.

With 1 strand of each yarn held together and RS facing, pick up and knit 4 (4) 6 (8) 10 (12) sts along the new sts on the body, at the same time, insert a beginning of round marker between the 2 centre sts. Join to a round.

Now there are 84 (88) 92 (100) 108 (112) sts on the round.

Knit straight for 3 (3) 4 (4) 5 (5) cm.

Change to 4 mm needle.

Rib

Work ribbing (k2, p2), to rib measures 6 (6) 6 (7) 7 (7) cm.

Purl 1 round and knit 8 rounds.

Bind off using ordinary bind off. As the sleeve is very wide, no elastic bind off is necessary.

Work the other sleeve the same way.

FINISHING

To prevent the shoulder from stretching, a row of slip stitches is crocheted as follows:

From the WS, locate the outermost row on the saddle shoulder (the row before the 3in1 increases were worked in each of the 10 shoulder stitches).

Using a 4 mm crochet hook and Vilja, crochet a row of slip stitches across these stitches, ensuring the slip stitches are close and tight.

Repeat this on the other shoulder.

Weave in all ends.

Wash the blouse according to the instructions on the ball bands and leave it to dry flat on a towel.

