

Soul Sister Scarf

Scarf pattern by Sari Nordlund



ON RAVELRY

ON INSTAGRAM

#SoulSisterScarf



Size

1 (2)

Total length: 90 (130) cm / 35.5 (51) inches

Total width: 10 (17.5) cm / 4 (6.75) inches

Yarn

Note: The pattern uses a strand of fingering weight yarn held together with a strand of lace weight yarn, but they can be substituted for a single strand of DK weight yarn. If you wish to work a DK weight version, omit all the instructions where it says “hold the yarns together” and follow only the yarn amount requirements for the fingering weight yarn.

150 (290) m / 165 (320) yards of fingering weight yarn and 150 (290) m / 165 (320) yards of lace weight silk mohair.

Small sample (orange scarf): 1 ball of Knitting for Olive Merino (100% merino; 250 meters / 273 yards per 50 g) shown in the colorway Hokkaido and 1 ball of Knitting for Olive Soft Silk Mohair (70% mohair, 30% silk; 225 m / 246 yards per 25 g), shown in colorway Hokkaido.

The Soul Sister Scarf is worked from one tip to the other. The scarf is knitted in the puff rib stitch, which makes it squishy and warm.

The Soul Sister Scarf comes in two sizes. The length of the scarfs can easily be modified. Just keep adding more rows for a bigger version. You can also finish the shawl by adding tassels or pom poms to the tips.

Large sample (light pink scarf): 1 skein of WalkCollection Luxe Sock (70% Alpaca 20% Silk 10% Cashmere; 400 m / 437 yards per 100 g), shown in colorway Oyster and WalkCollection Suri Fluff (74% Alpaca 26% Silk; 300 m / 328 yards per 50 g), shown in colorway Oyster

Needles

4 mm / US 6 circular needles with a cable of 40 cm / 16”

Gauge

one repeat of the puff rib stitch pattern (3 sts) = 2 cm / 0.75 inches, knitted flat, blocked.

21 sts x 30 rows = 10 cm / 4 inches over puff rib stitch, knitted flat, blocked.

Notions

2 stitch markers
sewing needle
blocking tools

Instructions

SET UP

Cast on 3 sts with the Long-Tail Cast On Method holding both yarns together. Do not join in a round.

Set-Up Row 1: P all

Set-Up Row 2 (RS): K1, m1R, k1, m1L, k1. (2 sts inc'd, 5 sts on needles)

Set-Up Row 3 (WS): P2, k1, p2.

Set-Up Row 4 (RS): K1, m1Rp, k1, p1, k1, m1Lp, k1. (2 sts inc'd, 7 sts on needles)

Set-Up Row 5 (WS): (Sl1wyif, k1) x 3, sl1wyif.

Set-Up Row 6 (RS): K1, sl1 wyif, k1, pm, m1L, p1, pm, k1, sl1 wyif, k1. (1 st inc'd, 8 sts on needles)

Set-Up Row 7 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, p1, sm, sl1 wyif, k1, sl1 wyif.

Set-Up Row 8 (RS): K1, sl1 wyif, k1, sm, m1L, k1, p1, sm, k1, sl1 wyif, k1. (1 st inc'd, 9 sts on needles)

Set-Up Row 9 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, p2, sm, sl1 wyif, k1, sl1 wyif.

Set-Up Row 10 (RS): K1, sl1 wyif, k1, sm, m1L, k2, p1, sm, k1, sl1 wyif, k1. (1 st inc'd, 10 sts on needles)

Set-Up Row 11 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, p3, sm, sl1 wyif, k1, sl1 wyif.

Set-Up Row 12 (RS): K1, sl1 wyif, k1, sm, m1Lp, k3, p1, sm, k1, sl1 wyif, k1. (1 st inc'd, 11 sts on needles)

Set-Up Row 13 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, p3, k1, sm, sl1 wyif, k1, sl1 wyif.

START PATTERN

Row 1 (RS): K1, sl1 wyif, k1, sm, m1L, p1, puff rib stitch (read abbreviations), p1, sm, k1, sl1 wyif, k1. (1 st inc'd, 12 sts on needles)

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, slip long loop wyif, p3, slip long loop wyif, k1, p1, sm, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, sm, m1L, k1, p1, ssk, k1, k2tog, p1, sm, k1, sl1 wyif, k1. (1 st inc'd, 13 sts on needles)

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, p3, k1, p2, sm, sl1 wyif, k1, sl1 wyif.

Row 5 (RS): K1, sl1 wyif, k1, sm, m1L, k2, p1, puff rib stitch, p1, sm, k1, sl1 wyif, k1. (1 st inc'd, 14 sts on needles)

Row 6 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, slip long loop wyif, p3, slip long loop wyif, k1, p3, sm, sl1 wyif, k1, sl1 wyif.

Row 7 (RS): K1, sl1 wyif, k1, sm, m1Lp, k3, p1, ssk, k1, k2tog, p1, sm, k1, sl1 wyif, k1. (1 st inc'd, 15 sts on needles)

Row 8 (WS): Sl1 wyif, k1, sl1 wyif, sm, (K1, p3.) x 2, k1, sm, sl1 wyif, k1, sl1 wyif.

Row 9 (RS): K1, sl1 wyif, k1, sm, m1L, p1, *puff rib stitch, p1; repeat from * until next m, sm, k1, sl1 wyif, k1. (1 st inc'd, 16 sts on needles)

Row 10 (WS): Sl1 wyif, k1, sl1 wyif, sm, *k1, slip long loop wyif, p3, slip long loop wyif; repeat from * until 2 sts remain before next m, k1, p1, sm, sl1 wyif, k1, sl1 wyif.

Row 11 (RS): K1, sl1 wyif, k1, sm, m1L, k1, p1, *ssk, k1, k2tog, p1; repeat from * until next m, sm, k1, sl1 wyif, k1. (1 st inc'd, 17 sts on needles)

Row 12 (WS): Sl1 wyif, k1, sl1 wyif, sm, *k1, p3; repeat from * until 3 sts remain before next m, k1, p2, sm, sl1 wyif, k1, sl1 wyif.

Row 13 (RS): K1, sl1 wyif, k1, sm, m1L, k2, p1, *puff rib stitch, p1; repeat from * until next m, sm, k1, sl1 wyif, k1. (1 st inc'd, 18 sts on needles)

Row 14 (WS): Sl1 wyif, k1, sl1 wyif, sm, *k1, slip long loop wyif, p3, slip long loop wyif; repeat from * until 4 sts remain before next m, k1, p3, sm, sl1 wyif, k1, sl1 wyif.

Row 15 (RS): K1, sl1 wyif, k1, sm, m1Lp, k3, p1, *ssk, k1, k2tog, p1; repeat from * until next m, sm, k1, sl1 wyif, k1. (1 st inc'd, 19 sts on needles)

Row 16 (WS): Sl1 wyif, k1, sl1 wyif, sm, *k1, p3; repeat from * until 1 st remains before next m, k1, sm, sl1 wyif, k1, sl1 wyif.

Repeat Rounds 9-16 another 1 (4) more time(s). 23 (35) sts on needles.

STRAIGHT PART

Row 1 (RS): K1, sl1 wyif, k1, sm, p1, *puff rib stitch, p1; repeat from * until next m, sm, k1, sl1 wyif, k1.

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, *slip long loop wyif, p3, slip long loop wyif, k1; repeat from * until next m, sm, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, sm, p1, *ssk, k1, k2tog, p1; repeat from * until next m, sm, k1, sl1 wyif, k1.

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, *p3, k1; repeat from * until next m, sm, sl1 wyif, k1, sl1 wyif.

Repeat Rows 1-4 until the scarf measures 80 (112) cm / 31.5 (44) inches or 10 (18) cm / 4 (7) inches less than the desired length.

START DECREASING

Row 1 (RS): K1, sl1 wyif, k1, sm, ssp, k2, count back 2 sts (on the right hand needle), count down 5 sts, insert the needle and pull the yarn to form a loop on the needle, p1, *puff rib stitch, p1; repeat from * until the next m, sm, k1, sl1 wyif, k1. (1 st dec'd)

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, *slip long loop wyif, p3, slip long loop wyif, k1; repeat from * until 4 sts remain before the next m, slip long loop wyif, p2, k1, sm, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, sm, ssp, k2tog, p1, *ssk, k1, k2tog, p1; repeat from * until next m, sm, k1, sl1 wyif, k1. (1 st dec'd)

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, *p3, k1; repeat from * until 2 sts remain before next m, p1, k1, sm, sl1 wyif, k1, sl1 wyif.

Row 5 (RS): K1, sl1 wyif, k1, sm, ssp, p1, *puff rib stitch, p1; repeat from * until next m, sm, k1, sl1 wyif, k1. (1 st dec'd)

Row 6 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, *slip long loop wyif, p3, slip long loop wyif, k1; repeat from * until 1 st remains before next m, k1, sm, sl1 wyif, k1, sl1 wyif.

Row 7 (RS): K1, sl1 wyif, k1, sm, ssp, *ssk, k1, k2tog, p1; repeat from * until next m, sm, k1, sl1 wyif, k1. (1 st dec'd)

Row 8 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, *p3, k1; repeat from * until next m, sm, sl1 wyif, k1, sl1 wyif.

Repeat Rows 1-8 until 11 sts remain on needles.

Row 1 (RS): K1, sl1 wyif, k1, sm, ssp, k2, count back 2 sts (on the right hand needle), count down 5 sts, insert the needle and pull the yarn to form a loop on the needle, p1, sm, k1, sl1 wyif, k1. (1 st dec'd, 10 sts on needles)

Row 2 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, slip long loop wyif, p2, k1, sm, sl1 wyif, k1, sl1 wyif.

Row 3 (RS): K1, sl1 wyif, k1, sm, ssp, k2tog, p1, sm, k1, sl1 wyif, k1. (1 st dec'd, 9 sts on needles)

Row 4 (WS): Sl1 wyif, k1, sl1 wyif, sm, k1, p1, k1, sm, sl1 wyif, k1, sl1 wyif.

Row 5 (RS): K1, sl1 wyif, k1, sm, ssp, p1, sm, k1, sl1 wyif, k1. (1 st dec'd, 8 sts on needles)

Row 6 (WS): Sl1 wyif, k1, sl1 wyif, sm, k2, sm, sl1 wyif, k1, sl1 wyif.

Row 7 (RS): K1, sl1 wyif, k1, remove marker, ssp, remove marker, k1, sl1 wyif, k1. (1 st dec'd, 7 sts on needles)

Row 8 (WS): (Sl1 wyif, k1) x 3, sl1 wyif,

Row 9 (RS): K1, sl1 wyif, k3tog, sl1 wyif, k1. (2 sts dec'd, 5 sts on needles.)

Row 10 (WS): (Sl1 wyif, k1) x 2, sl1 wyif.

Row 11 (RS): Ssk, k1, k2tog. (2 sts dec'd, 3 sts on needles.)

Break yarns and pull through the remaining 3 sts.

FINISHING

Weave in all yarn ends neatly. Wet block to measurements.



Abbreviations

dec'd	Decreased
inc'd	Increased
k	Knit
k2tog	Knit 2 sts together
k3tog	Knit 3 sts together
m	Marker
m1L	Make 1 knit st (left-leaning)
m1Lp	Make 1 purl st (left-leaning)
m1R	Make 1 knit st (right-leaning)
m1Rp	Make 1 purl st (right-leaning)
p	Purl
pm	Place a marker
RS	Right side
sl	Slip
sm	Slip marker
ssk	Slip, slip, knit the slipped sts together through the back loop
ssp	Slip, slip, purl the slipped sts together through the back loop
st(s)	Stitch(es)
WS	Wrong side
wyif	With yarn in front

Puff rib stitch:

Count down 4 stitches starting from the stitch underneath the second stitch on the left needle. Insert the needle into the 4th st and pull the working yarn on the right needle (you are going to have a long loop, I recommend leaving the loops quite loose especially if you are a tight knitter), then leave the loop on the right needle and k3 from the left needle. Count down 5 sts below the second stitch on the right needle(it is the same stitch that we have been working before), insert the needle and pull the yarn (you are going to have the second long loop), then leave the loop on the right needle. Note: Count the puff rib stitch always as 3 sts, the long loops will not be counted as part of the total stitch count for the row.

Video link to a tutorial:

<https://www.youtube.com/watch?v=LCJky7GU9fM>
(this tutorial counts down 3 sts whereas I counted 4, but the idea is the same)



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