



Soufflé

By Penrose Knits





Gauge:	20 sts x 28 rounds = 4 x 4"/10 x10cm yarn held double, stockinette in the round on 4mm needles, blocked
Yarn:	Lace Weight Mohair/Silk Short Sleeve: 930 930 1240 1240 1550 (1860 2170 2170 2480 2790) metres (approx) Long Sleeve: 1240 1240 1240 1550 1860 (2170 2170 2480 2790 3100) metres (approx) Sample made with Lang Yarns Lace 58% Mohair, 42% silk, 310m (339yds)/25g 3 3 4 4 5 (6 7 7 8 9) balls (approx) 4 4 4 5 6 (7 7 8 9 10) balls (approx)
Needles:	3.5mm/4mm circular needles with 40/80cm / 16/30" cables or dpn's for sleeves/lcrod or needles required to meet gauge
Accessories:	Stitch markers, embroidery needle, scissors, 1x 10mm button
Sizes:	1 2 3 4 5 (6 7 8 9 10)
Chest:	71 82.5 91.5 101.5 114.5 (120.5 133.5 142 155 162.5)cm 28 32.5 36 40 45 (47.5 52.5 56 61 64)" circumference
Yoke depth:	19 19 20.5 20.5 21.5 (21.5 23 23 25.5 28)cm 7.5 7.5 8 8 8.5 (8.5 9 9 10 11)"
Body length	23 23 23 25.5 25.5 (28 30.5 33 33 35.5) cm 9 9 9 10 10 (11 12 13 13 14)" from underarm
Short sleeve cuff:	25.5 25.5 26.5 30.5 33 (37 43 44.5 47 48 cm 10 10 10.5 12 13 (14.5 17 17.5 18.5 19)" circumference



Construction

Worked top down, starting flat to create the keyhole closure and then joined and worked in the round from then on. Yarn is held single for the yoke to create a sheer look, then held double for the body and sleeves. Icord neck and ruffle are added separately. Full instructions for both short and long sleeve versions with advice on how to personalise the sleeve cuff circumference for bicep and wrist.

Sizing

When choosing which size to knit it is best to go by the chest measurement if possible as all bodies are different, and the sizes are only a suggestion. Designed to have 5-10cm / 2-4" positive ease, choose a size that is 5-10cm / 2-4" larger than your chest circumference. Sleeve and body lengths are based on the average for each size but feel free to make them as long or short as you wish bearing in mind it may affect your yardage.

Gauge & Yarn

It is always a good idea to gauge swatch to make sure your garment fits, and in this case it is important to swatch with yarn held both single and double to make sure you're happy with the fabric you're creating. You can create two separate swatches, or you can start your swatch with yarn held single, then change to 2 strands half way through.

Make sure to take your gauge reading from the section where yarn is held double.

The pattern is written for lace weight fluffy yarn like Kidsilk Mohair or Alpaca. If using a different fibre, please bear in mind the dimensions can't be guaranteed.

Before you start

Due to the loose gauge of this garment, weaved ends can be quite visible. Therefore when changing to a new ball of yarn on the body it is recommended to do this at the side of the body, rather than the front or back, and at the back of the garment if changing balls on the yoke.

Whilst the yoke is worked flat, the first stitch of every row is slipped. It is important to do this as these stitches will be picked up and used to attach the icord edge. Don't be alarmed if your neck feels too wide, the icord edge will pull it in significantly.

For the sleeves I would recommend using a short cable rather than magic loop or dpns as any ladders created when switching needles may be much more visible than usual at this gauge.

As the garment is worked in the round, you may wish to start with a smaller cable and change to a larger cable as you increase the number of stitches.

Use as long a cable as possible for the ruffle as there will be a lot of stitches after the two increase rounds and you may struggle to move the stitches along the needles if the cable is too short. Using a smaller left needle may also help. The ruffle can be quite taxing on the hands and wrists, so make sure to stop knitting and take a break if you feel any discomfort. Don't worry too much about stitch count on the ruffle, it's ok if you miss an increase here and there, it shouldn't affect the final look.



Instructions

Yoke

Using larger needles and **1 strand** of yarn, CO 95 **96** 102 **102** 108 (**103** 109 **109** 113 **119**) sts using the long tail method. The first st of the row will always be slipped (knitwise on the RS, purlwise on the WS), and the final st of the row will always be K on the RS, P on the WS.

R1 (WS) - P to end

Inc R1 (RS) - Sl1, K1, M1L 0 **0 0 0 1** (**0 0 1 0 1**) time(s),
(K4 **3 3 3 3** (**2 2 2 2 2**), M1L) til 1 st rem, K1
(23 **31 33 33 36** (**50 53 54 55 59**) sts inc; 118 **127 135 135 144** (**153 162 163 168 178**) sts)

Cont in stst (knitting the RS, purling the WS) remembering to slip the first st of every row until piece measures 2.5cm / 1" from CO, ending on a WS row.

Inc R2 - Sizes 1 **2 3 4 5** (**6 7**) - Sl1, K1, (K5 **4 4 3 3** (**3 3**), M1L) til 1 st rem, K1
Sizes **8 9 10** - Sl1, K1 **1 6**, M1L 0 **1 1** time(s), (K2, M1L, K3, M1L) til 1 st rem, K1
(23 **31 33 44 47** (**50 53 64 67 69**) sts inc; 141 **158 168 179 191** (**203 215 227 235 247**) sts)

Cont in stst remembering to sl 1st st of every row until piece measures 5 **5 5 5 5** (**6.5 6.5 6.5 6.5 6.5**)cm / 2 **2 2 2 2** (**2.5 2.5 2.5 2.5 2.5**)" from CO, ending on a WS row.

Inc R3 - Sl1, K1, M1L 0 **0 1 1 1** (**1 1 1 1 1**) times, (K6 **5 5 4 4** (**4 4 4 4 4**), M1L) til 1 st rem, K1
(23 **31 34 45 48** (**51 54 57 59 62**) sts inc; 164 **189 202 224 239** (**254 269 284 294 309**) sts)

Row 1 - Sl1, P to end

Row 2 - Sl1, K to end, **do not turn**

Join in the round by passing the last st over the first stitch, making sure not to twist your work.
(1 st dec; 163 **188 201 223 238** (**253 268 283 293 308**) sts)

Place BOR marker to the left of that decreased st so it becomes the last st of the round.
Cont in stst (knit every round) until piece measures 7.5 **7.5 7.5 7.5 7.5** (**10 10 10 10 10**)cm / **3 3 3 3 3** (**4 4 4 4 4**)" from CO.

Inc R4 - K2 **2 0 2 2** (**2 2 2 2 2**), (K5, M1L) til 1 st rem, K1
(32 37 40 **44 47** (**50 53 56 58 61**) sts inc; 195 **225 241 267 285** (**303 321 339 351 369**) sts)
Cont in stst til piece measures 10 **10 10 10 10** (**12.5 12.5 12.5 14 14**)cm / **4 4 4 4 4** (**5 5 5 5.5 5.5**)" from CO.

Inc R5 Sizes 1-**8** - K2 **2 0 2 2** (**2 2 2**), (K6, M1L) til 1 st rem, K1
Sizes 9 and **10** - K0 **3**, (K5, M1L) til 1 st rem, K1
(32 37 40 **44 47** (**50 53 56 70 73**) sts inc; 227 **262 281 311 332** (**353 374 395 421 442**) sts)
Cont in stst until piece measures 12.5 **12.5 12.5 12.5 12.5** (**15 15 15 15 15**)cm / **5 5 5 5 5** (**6 6 6 6 6**)" from CO.

Add your second strand.

Ruffle placement - P to end

(Marker set up) - K31 **37 41 45 50** (**54 60 64 73 75**), PM, K51 **57 60 66 66** (**70 68 70 66 71**), PM, K62 **73 80 89 100** (**106 118 127 144 150**), PM, K51 **57 60 66 66** (**70 68 70 66 71**), PM, K32 **38 40 45 50** (**53 60 64 72 75**) to end.



Inc R6 - Slip M when you come to them. Increases are made on the sleeves only.
 Sizes **1 2 (6)** - *K to M, K3 **1 (1)**, (K4 4 **(3)**, M1L) to M, work from * once more, K to end.
 Sizes **3 (7 8)** - *K to M, (K6 (2 **2**), M1L) to M, work from * once more, K to end.
 Sizes **4 5** - *K to M, K1 2, M1L, (K5 4, M1L) to M, work from * once more, K to end.
 Sizes **9 10** - *K to M, K0 2, (K1, M1L, K2, M1L) to M, work from * once more, K to end.
(24 28 20 28 34 (46 68 70 88 92) sts inc; 63 71 70 80 83 (93 102 105 110 117) sleeve sts between markers)

Cont in stst until piece measures 19 **19** 20.5 **20.5** 21.5 (**21.5** 23 **23** 25.5 **28**)cm / 7.5 **7.5** 8 **8** 8.5 (**8.5** 9 **9** 10 **11**)" from CO.

Split for body and sleeves

R1 - *K to M, RM, place sleeve sts on hold on scrap yarn, CO 8 **8** 10 **10** 12 (**12** 12 **12** 8 **10**) sts, RM, work from * once more, K to end
(141 164 181 199 224 (237 262 279 305 320) sts)

Body

Cont to work in stst until body measures 23 **23** 23 **25.5** 25.5 (**28** 30.5 **33** 33 **35.5**)cm / 9 **9** 9 **10** 10 (**11** 12 **13** 13 **14**)" from underarm.

If you'd prefer make the body longer or shorter, knit to desired total body length, bearing in mind you may need more yarn than recommended.

Hem

R1 - P to end

Change to smaller needles.

Cont in stst for 2.5cm/1".

To create a folded hem, bring the back of the work up so the fabric naturally folds at the purl round, your live stitches should line up with a row of purl bumps. Using the left or right needle, whichever feels more comfortable, pick up the corresponding purl bump and place it on the left needle in front of the first live st. Knit these 2 sts together. Repeat with the next st and then immediately bind off by passing the previously worked st over the last st as you would in a traditional bind off. Continue until all sts are bound off.

This may feel fiddly at first, but once you have worked a few sts it becomes much easier. Make sure you follow the round of purl bumps closely making sure not to go above or below the round selected as this will create an uneven hem. If the inside of your hem looks poofy, you have chosen a purl round that is too low. If the purl edge of your hem is turning inwards, you have chosen a purl round that is too high. It may take some trial and error, but your finished hem should be smooth and flat. There is a great tutorial for this by Purl Soho (from 3:10) which you can watch **here**.

If you find this method too tricky, BO all stitches as loosely as possible (you may need to use a larger needle) and hand sew your BO edge to the round of purl bumps, making sure to be loose so your hem doesn't pucker.



Sleeves

Place held sleeve sts back onto the larger needle, now starting at the centre of the CO underarm sts and using **2 strands**, pick up and K4 **4 5 5 6 (6 6 6 4 5)** sts. Now pick up and knit 1 st in the gap between sleeve and underarm sts, knitting them through the back loop. This will help close any holes between the body and the sleeves. K across sleeve sts, pick up 1 st in the gap between under arm and sleeve as before, pick up and K4 **4 5 5 6 (6 6 6 4 5)** sts from the CO underarm sts. Place BOR marker.

(73 81 82 92 97 (107 116 119 120 129) sts)

Dec R - K3 **3 4 4 5 (5 5 5 3 4)**, SSK, K until **5 5 6 6 7 (7 7 7 5 6)** sts rem, K2tog, K3 **3 4 4 5 (5 5 5 3 4)**
(2 sts dec; (71 79 80 90 95 (105 114 117 118 127) sts)

Cont working in stst until sleeve measures 7.5 **10 10 10 10 (10 10 12.5 12.5 15)**cm / **3 4 4 4 4 (4 4 5 5 6)**" for short sleeves or 40.5 **40.5 43 43 43 (43 45.5 45.5 45.5)**cm / **16 16 17 17 17 (17 18 18 18 18)**" for long sleeves.

If you wish to alter your sleeve length, continue until desired length minus 2.5cm / 1" for short sleeves or 5cm / 2" for long sleeves.

The following decrease rounds are based on the average bicep/wrist circumference in relation to bust circumference. Every body is different, so after you have knit the sleeve you may wish to try on your garment and measure your bicep/wrist at the point the sleeve ends. Using the chart below, choose a cuff size that is closest to your bicep/wrist measurement + 1.5-2.5cm/0.5-1" and decrease your sleeve sts to the number of cuff sts recommended. It doesn't have to be exact, as long as it's within 1-3 st(s) of the recommended st count. Stitch counts are based on pattern gauge (1cm = 2 sts / 1" = 5 sts) so if your gauge is different your cuffs may not fit.

Short Sleeves

Dec R - K2tog 0 **0 0 0 0 (0 0 0 4 3)** time(s), K2 **1 2 0 2 (0 2 5 0 1)**, (K1 **1 1 1 1 (1 2 2 3 2)**, K2tog) to end
(23 26 26 30 31 (35 28 28 26 33) sts dec; 48 53 54 60 64 (70 86 89 92 94) sts)

Cuff sizes 1-5

R1-4 - K

R5 - P

Change to smaller needles

R6-8 - K

BO all sts as loosely as possible, leaving a long tail.

Continue to cuff finishing.

Cuff sizes 6-10

R1-6 - K

R7 - P

Change to smaller needles

R8-12 - K

BO all sts as loosely as possible, leaving a long tail.

Continue to **cuff finishing**.



Long Sleeves

Dec R1 -

Sizes **1 2 3** - R1 - K1 **1** 0, (K2tog) to end

Sizes **4 5** - R1 - (K1 3, K2tog) to end

Sizes **6 7 8 9 10** - R1 - K6 0 **3 4 4**, (CDD) to end

Dec R2 - Sizes **4 & 5 only**

R2 - K0 2 (K1 0, K2tog) to end

(35 39 40 50 56 (66 76 76 76 82) sts dec; 36 40 40 40 39 (39 38 41 42 45) sts)

Cuff

Change to smaller needles

R1-8 - K

R9 - P

R10-17 - K

BO all sts as loosely as possible, leaving a long tail.

Cuff finishing

Turn your sleeve inside out and fold your cuff along the purl row. Using the tail, loosely sew the BO edge to the row of purl bumps immediately below the decrease round. If you go above the dec row there will be more purl bumps than BO sts. Be as **loose as possible** so as not to lose the stretch of the cuff.

cuff circ cm	18	19	20	21.5	23	24	25.5	28	30.5	33	35.5	38	40.5	43	45.5	48
cuff circ "	7	7.5	8	8.5	9	9.5	10	11	12	13	14	15	16	17	18	19
stitch count	35	38	40	42	45	48	50	55	60	65	70	75	80	85	90	95

Icord neck

Using smaller needle and **2 strands of yarn**, CO 3 sts.

With RS facing and CO closest to you, pick up and K 1 st from your 1st CO st at the neckline. If using circular needles, slip all sts onto your left needle. If using dpns, slide sts to end of your needle, keeping the yarn at the back of the work in both cases.

R1 - K2, SSK, pick up and K 1 st from the next CO st.

Repeat R1 along the neckline until all CO sts have been worked.

Now continue along the inside of your keyhole opening, picking up your sts from the slipped sts that run along the edge.

You should now be back at the beginning of your Icord edge with 4 live sts.

Cont making an Icord by knitting 4 sts, then slipping/sliding all sts with yarn in the back until you have an Icord measuring 2.5cm/1".

If you are new to icord, you can watch a very useful video by Marly Bird **here**.

BO all sts and with the tail, sew two ends of your icord together to create the loop for your button.

Sew your button to the opposite side of your keyhole opening.

If you find your neckline grows over time, you can insert elastic thread through the inside of your icord (not including the keyhole) making sure to secure at both ends.



Ruffle

With the RS facing and neckline closest to you, using larger needle and 1 strand of yarn, starting at the centre back pick up and K a st from each purl bump created from the ruffle placement round on the yoke.

(227 262 281 **311** 332 (353 374 **395** 421 **442**) sts)

R1 - (K1, YO) to end

R2 - (K1, K1tbl) to end

R3 - (K1, YO) to end

R4 - K1, (k1tbl, BO1, K1, BO1) til 1 st rem, K1tbl, BO1.

Break yarn and join the two ends of the bind off edge together.

You may find it easier to bind off with a crochet hook around the same size as the needle you used for the ruffle.

Weave in ends and close any remaining holes at the underarm. Wash and block your garment, making sure the ruffle is lying flat. You may wish to turn your garment over a few times during blocking so the ruffle isn't squashed. Congratulations, you're finished!

Abbreviations

BO -	bind off	PM -	place marker
BOR -	beginning of round	rem -	remain(s)(ing)
Circ -	circumference	RM -	remove marker
cm -	centimetres	RS -	right side
CO -	cast on	st(s) -	stitch(es)
Cont -	continue	stst -	stockinette stitch
Dec -	decrease(d)	Tbl -	through the back loop
R -	round/row	WS -	wrong side
K2tog -	knit 2 stitches together	YO -	Yarn over
M -	marker(s)	" -	Inches
mm -	millimetres	() -	repeat instructions between () as many times as instructed
P -	purl		

Techniques

M1L -	left leaning increase, make a stitch by inserting left needle under the bar between sts from front to back, then K through the back loop.
CDD -	centre double decrease - slip 2 sts together knitwise, as if you were knitting 2 together, K1, pass both slipped sts over the st just knit. 2 sts decreased.
SSK -	slip one st knitwise, slip one stitch purlwise, place them back onto the left hand needle and knit them together through the back loop

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