

Refined Knitwear

Rubus Blouse Square-neck

English Version



A feminine Square-neck blouse with raglan and puffy balloon sleeves.
The blouse is knit top down.

Composition:

Rubus Blouse Square-neck is a feminine square-neck blouse with raglan and puffy balloon sleeves. The blouse does not need any final sewing despite the puffy balloon sleeves, as they are shaped with the help of in- and decreases. The blouse is knit top down, so you can easily adjust the length at both the body and sleeves while knitting. The blouse is supposed to be worn with approx. 0 -10 cm positive ease. The pattern comes with instructions for a very short sleeve and a sleeve that goes to the elbow.

Sizes:

XS (S) M (L) XL

Finished measurements:

Bust measurement: 88 (92) 98 (104) 109 cm. Sleeve length measured centre under the armhole opening: approximately 5/16 (6/17) 7/18 (8/19) 8/19 cm. Body length measured centre back: 48 (49,5) 52 (56) 56,5 cm.

Materials:

125/150 (150) 175 (175/200) 200 g of Soft Silk Mohair from Knitting for Olive 220 m/25 g held double or any other Silk Mohair quality e. g. Kid Seta from Gepard Garn or Silk Mohair from Isager Yarn 212 m/ 25 g.

The pictured model is knit up in Soft Silk Mohair in the color "Dusty Rose" from Knitting for Olive.

I recommend only using Silk Mohair or another light fluffy quality e. g. Midnatssol from Camarose for this style.

You will need 5 stitch markers knitting this blouse.

Recommended needles:

The blouse is knit in stockinette stitch in the round on circular needle 4 mm (80 cm) using two threads of thin Silk Mohair held double. The I-cord edge along the neckline is knit on circular needle 3 mm (80 cm). I recommend interchangeable circular needles.

Gauge:

19 sts x 27 rows in stockinette stitch in the round on needle size 4 mm = 10 x 10 cm using two threads of Silk Mohair held double.

Techniques (in alphabetic order):

Avoiding holes under the armhole opening, when picking up sts:

Check out this video below for further information:

<https://www.youtube.com/watch?v=8K-lsMdTHK0>

Backwards loop cast on:

Backwards loop cast on is used when casting on stitches for the square neckline center front before gathering the work and under the underarm when body separates from the sleeves. See how you do it in the link below:

<https://www.youtube.com/watch?v=d8rdkITZ8r8>

I-cord bind off:

You use this technique to make a nice edge along the neckline, sleeves and body. See the link below for instructions. The video shows an I-cord bind off with 3 sts, you will have to do a 4 st bind off.

<https://www.youtube.com/watch?v=ddBuZzYhkO0>

Longtail cast on method:

Watch the link below for instructions (danish spoken):

<https://www.youtube.com/watch?v=SXA3gBNiSiM>

Picking up stitches for the ribbing along the neckline:

<https://www.youtube.com/watch?v=JAPwtr-2AGU&t=142s>

Puff Sleeve increases:

The puffy sleeves are shaped by knitting considerably many increases at the top of the armhole openings.

The increases are knit by knitting a left lifted increase (LLI). This technique is also called the invisible increase.

LLI = left lifted increase

When knitting in stockinette stitch, you will see a "V" below the actual stitch on your needle. This "V" consists of a right and a left loop. Knit 1. Thereafter, pick up the left loop of the st below with your left needle and knit it through the back loop. Check out this video for further information:

https://www.youtube.com/watch?time_continue=63&v=6uU1cJ5XE34

Raglan increases:

You often knit the raglan increases on both sides of a raglan- st. This blouse does not have any raglan-sts. Place a stm at every of the 4 transitions between body and sleeves. The increases are knit at every transition, on both sides of the stm. There is no stitch in between the increases, which means that you use the same bar for 2 increases – this might turn out to be slightly tight.

Watch out!! You normally knit a right slanting increase before the stm and a left slanting increase past the stm. In this instruction, the increases are mirror-inverted, i. e. you knit a left slanting increase before the stm and a right slanting increase past the stm, creating a small eyelet effect between these two increases:



(You will knit a total of 19 (20) 22 (24) 25 rs- rows with raglan increases).

At all rs- rows:

M1L: left slanting increase (before the stm): Pick up the bar between 2 sts, bringing the needle from front to back. Knit the new stitch through the back loop.

M1R: right slanting increase (past the stm): Pick up the bar between 2 sts, bringing the needle from back to front. Knit the new stitch.

Slip the stitch marker:

When instructed to do so, slip the stitch marker (stm) from the left to the right needle.

Abbreviations (in alphabetic order):

cb = centre back

edge st = Edge stitch: Slip one st purlwise with yarn in front: Insert right needle into the first st on left needle as if you where to purl a st. Keep yarn in front of your work. Always knit last st on needle.

k = knit

LLI = left lifted increase

p = purl

st = stitch

stm = stitch marker

This is where your blouse project starts:

Cast on 60 (62) 64 (66) 68 sts on circular needle 4 mm (80 cm) using the 'Longtail cast on' method. Be aware not cast on either tight or loose.

1st and last st are selvedge stitches (edge-sts): Always slip the 1 st purlwise with the yarn in front of your work. Always knit the last st.

Start out by knitting af wrongside row: Edge st, p 58 (60) 62 (64) 66, edge st.

Now knit a rightside row: Edge st, K 58 (60) 62 (64) 66, edge st.

Place stitch markers:

On your next wrongside row you will have to place all your stms. They will divide your work into front pieces, sleeves and back and marks out where you will have to do your raglan increases.

Knit as follows (wrongside row):

Edge st, place stm, p 11, place stm, p 36 (38) 40 (42) 44, place stm, p 11, place stm, edge st.

Watch out! You have now placed all your stm! They are divided as follows: 1 st right front piece, 11 sts right sleeve, 36 (38) 40 (42) 44 sts back, 11 sts left sleeve, 1 st left front piece = 60 (62) 64 (66) 68 sts in total.

Raglan increases start:

You will have to do raglan increases now. Work a total of 19 (20) 22 (24) 25 rows with raglan increases (the increases are worked every other row) (see Raglan increases at Techniques (in alphabetic order) – please read the complete instruction:

Row 1 (rightside row) 1. raglan increase:

Edge st, M1L, slip stm, M1R, k 11, M1L, slip stm, M1R, k 36 (38) 40 (42) 44, M1L, slip stm, M1R, k 11, M1L, slip stm, M1R, edge st. You now have a total of 68 (70) 72 (74) 76 sts on the needle.

Row 2 (wrongside row):

Edge st, p 66 (68) 70 (72) 74, edge st.

Puff sleeve increases start, raglan increases continue:

You will now increase your amount of sts by knitting increases into each sleeve- st, so that you create additional "fabric" for the puff sleeve, which will be decreased later on to shape the sleeve. (See Puff sleeve increase at Abbreviations and techniques (in alphabetic order) – please read the complete instruction. The increases are knit in 2 right side rows.

Row 3 (rightside row) 2. raglan increase and 1. puff sleeve increase:

Edge st, k 1, M1L, slip stm, M1R, k 2 sts into 1 st in total 13 times with LLI, M1L, slip stm, M1R, k 38 (40) 42 (44) 46, M1L, slip stm, M1R, k 2 sts into 1 st in total 13 times with LLI, M1L, slip stm, M1R, k 1, edge st. You now have a total of 102 (104) 106 (108) 110 sts on the needle.

Row 4 (wrongside row):

Edge st, p 100 (102) 104 (106) 108, edge st.

Row 5 (rightside row) 3. raglan increase and 2. puff sleeve increase:

Edge st, k 2, M1L, slip stm, M1R, k 2 sts into 1 st in total 28 times with LLI, M1L, slip stm, M1R, k 40 (42) 44 (46) 48, M1L, slip stm, M1R, k 2 sts into 1 st in total 28 times with LLI, M1L, slip stm, M1R, k 2, edge st.

You now have a total of 166 (168) 170 (172) 174 sts on the needle. The sts are divided as follows: 4 right front piece-sts, 58 right sleeve-sts, 42 (44) 46 (48) 50 back-sts, 58 left sleeve-sts, 4 left front piece-sts = 166 (168) 170 (172) 174 in total.

You are now done with increasing sts at the sleeves and you have been doing raglan increases 3 times.

Row 6 (wrongside row):

edge st, p 164 (166) 168 (170) 172, edge st.

Keep on doing raglan increases 10 (11) 13 (14) 15 more times on all rightside rows – after this you have been doing a total of 13 (14) 16 (17) 18 raglan increases.

You now have a total of 246 (256) 274 (284) 294 sts on your needle. The stitches are divided as follows: 14 (15) 17 (18) 19 right front piece-sts, 78 (80) 84 (86) 88 right sleeve-sts, 62 (66) 72 (76) 80 back-sts, 78 (80) 84 (86) 88 left sleeve-sts, 14 (15) 17 (18) 19 left front piece-sts = 246 (256) 274 (284) 294 sts in total.

Raglan increases continue, cast on stitches for the neckline and knit in the round starts:

In the end of the row where you did the 13. (14.) 16. (17.) 18. raglan increase, place a stitch marker before casting on 36 (38) 40 (42) 44 sts with the 'Backwards loop cast on' method. After casting on, gather your work. From now on you will knit in the round. You now have a total of 282 (294) 314 (334) 346 sts on your needle.

Raglan increases continue:

Knit in the round. You will now have to do raglan increases 6 (6) 6 (7) 7 more times on every other row. Start with a row without doing raglan increases. After the last row with raglan increases, knit 3 rounds without increases before the sleeve-sts are placed on a cable.

You have now 330 (342) 362 (382) 394 sts on the needle. The sts are divided as follows:

76 (80) 86 (92) 96 front sts, 90 (92) 96 (100) 102 right sleeve- sts, 74 (78) 84 (90) 94 back- sts, 90 (92) 96 (100) 102 left sleeve- sts.

Place the sleeve-sts on a cable starts:

Place the sleeve- sts on a cable or extra piece of thread, while finishing the body as follows:

Knit right up to the left sleeve. Remove stm and place the sleeve- sts on a cable needle. Remove the following stm as well and cast on 8 new stitches with loops under the armhole opening. Continue knitting in stockinette stitch over the back- sts up to the following stm. Remove stm and place sleeve- sts on a cable needle. Remove the stm and cast on 8 new sts with loops under the armhole opening. Continue knitting right up to the stm placed where you casted on sts for the square neckline. You now have a total of 166 (174) 186 (198) 206 on your needle.

The body:

Continue knitting in stockinette stitch in the round, until the body measures 31 (32) 33 (34) 35 cm measured from the armhole opening or until desired length. Now you will have to reduce the number of stitches by 4 evenly distributed over the round by k2tog - Remove your stm and let your round begin under your right sleeve. You will now finish the body by knitting an I-cord bind off. See how to do it in the link at I-cord bind off at Techniques (in alphabetic order).

Sleeves:

Place the resting 90 (92) 96 (100) 102 sleeve- sts from the right sleeve onto a circular needle 4 mm (80 cm). Find the armhole opening's centre at the body and pick up 4 sts into those newly cast on sts, knit stockinette stitch in the round and pick up another 4 sts.

(Small holes will be visible on both sides of the picked up sts, which you will have to sew together, once the blouse is finished, avoid this by using the technique explained at [Techniques](#) [in alphabetic order]: Avoiding holes under the armhole opening).

Watch out! When following the method explained in the video, cast on a total of 8 sts before you start knitting the 1st round in stockinette stitch. Thereafter, let the round begin centre between those 8 sts.

You have now 98 (100) 104 (108) 110 sts on the needle.

You will now knit stockinette stitch in the round with the Magic Loop method; alternatively, you can knit the sts on double pointed needles. Continue knitting, until the sleeve measures 5/16 (6/17) 7/18 (8/19) 8/19 cm or has the desired length – for the long sleeve I recommend that it will end just before the elbow. You will now decrease 46 (46) 46 (48) 48 sts evenly spread (the round's beginning is placed centre under the sleeve). You have now 52 (54) 58 (60) 62 sts on the needle. You will now finish the sleeve by knitting an I-cord bind off. See how to do it in the link at I-cord bind off at [Techniques](#) [in alphabetic order].

Knit the left sleeve the same way.

Finishing:

Square-neck:

Your neckline will be finished by knitting a nice I-cord edge.

Start with picking up stitches in the neckline:

You will have to start out by picking up sts all along the neckline. You should pick up sts having the rightside of the blouse facing you. You will have to place your picked up sts on a 80 cm needle size 3 mm.

Divide the back-sts in the top of the blouse into two pieces and place a stitch marker (stm) - you need to have two more sts on the right side than on the left side in all sizes. In a size XS you will have 17 sts on the left side and 19 sts on the right side of the stm. Start picking up sts next to the stm. Pick up st in the gaps between the sts from the stm towards your left sleeve - Pick up one st in every gap between the sts a total of 18 (18) 20 (20) 22 m, then pick up 1 st in the bar between the raglan increases, pick up 10 sts in the gap between the sts on the left sleeve, pick up 1 st in the bar between the raglan increases, and then pick up 26 (28) 32 (36) 38 sts in every st along the left side of the neckline. Pick up 1 st in the left corner of the square neck and then pick up 38 (40) 42 (44) 46 sts in the gap between the sts along the frontline of the square-neck. Pick up 1 st in the right corner of the square-neck, and then pick up 26 (28) 32 (36) 38 sts in every st along the right side of the neckline. Now pick up 1 st in the bar between the raglan increases, pick up 10 sts in the gap between the sts on the left

sleeve, pick up 1 st in the bar between the raglan increases and end up picking up 17 (19) 19 (21) 21 sts in every gap between the back-sts. You have now picked up a total of 151 (159) 171 (179) 187 sts along the neckline.

Knitting the I-cord edge:

When you have picked up sts all along the neckline, you will have to bind off on needle size 3 mm using the technique: I-cord bind off: This technique is shown in the link at [Techniques](#) (in alphabetic order): I-cord bind off. Weave in all ends.

You might want to sew in a little band of elastic along your finished neckline. Weave in all ends.

Thank you very much for purchasing my pattern. I hope you enjoy knitting this blouse, as well as wearing the finished garment.

I would love to see the finished result, as well as the process on Instagram. Simply use the hashtags #refinedknitwear and/or #rubusblousesquareneck and tag me @refined_knitwear

Happy knitting!

Kindly, yours Rikke



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