



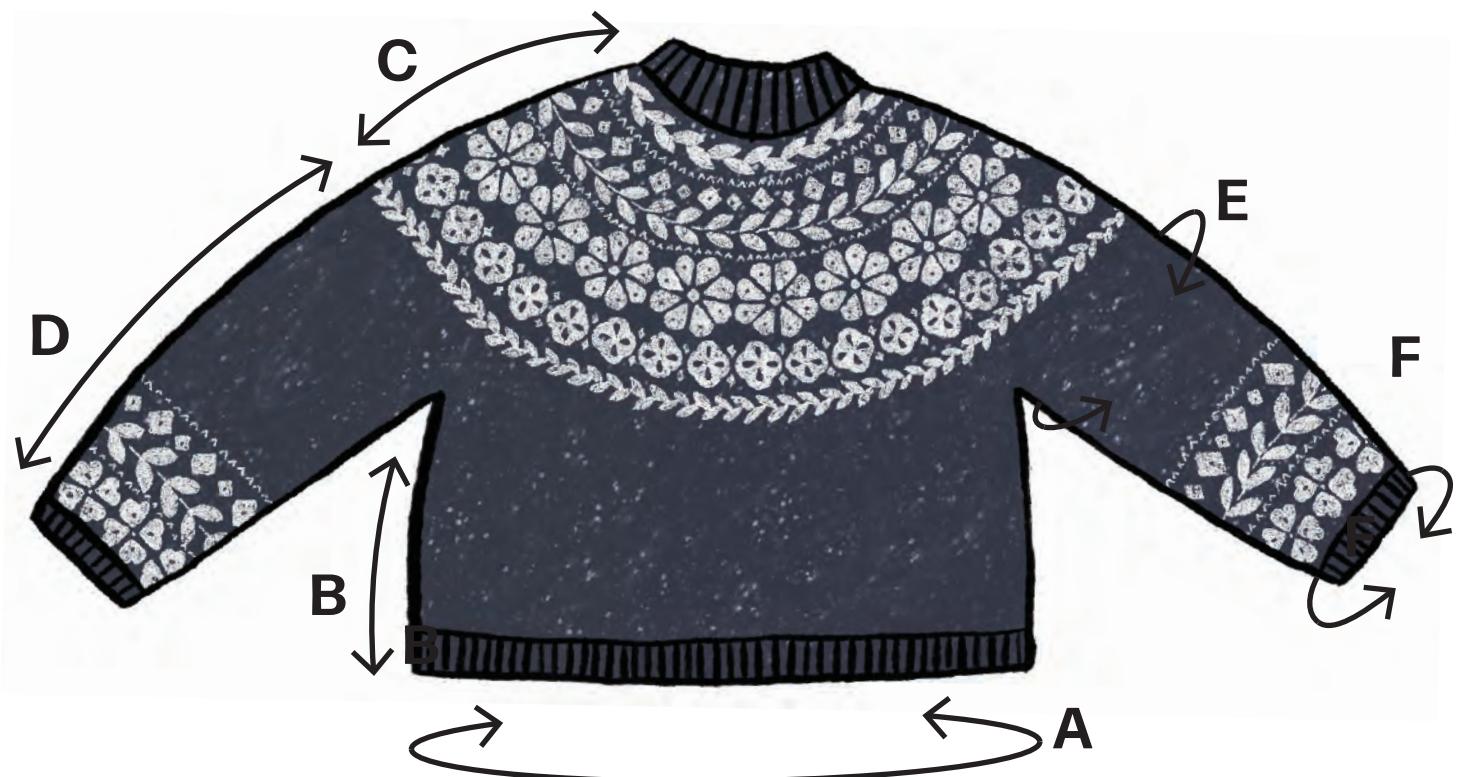
Lumme Pullover

a pattern from *Sari Nordlund*

THE LUMME PULLOVER was named after the Finnish word for a water lily. I was inspired by the murky and dark waters of Finnish forest ponds and the contrast they create with white water lilies.

The Lumme pullover is knitted seamlessly top-down starting at the neckband. The sleeves and body are separated at the underarm and knitted separately.

The yoke is knitted in stranded colorwork with increases incorporated into the pattern. Choose 2 colors with enough contrast for the best result.



Sizes	1 (2, 3, 4, 5, 6, 7, 8, 9)
Intended ease	5-7.5 cm / 2-3 inches of positive ease at bust
A - Finished bust circumference (including intended ease)	80 (91, 100, 111, 120, 131, 140, 151, 160) cm 31.5 (35.75, 39.25, 43.75, 47.25, 51.5, 55, 59.5, 63) inches
B - Body length from hem to underarm (adjustable)	24 (24, 24, 24, 26, 26, 26, 28, 28) cm 9.5 (9.5, 9.5, 9.5, 10.25, 10.25, 10.25, 11, 11) inches
C - Yoke length	26 (26, 27, 27, 27, 28, 28, 28, 28) cm 10.25 (10.25, 10.75, 10.75, 10.75, 11, 11, 11, 11) inches
D - Sleeve length from cuff to underarm (adjustable)	40 (40, 40, 42, 42, 42, 44, 44, 44) cm 15.75 (15.75, 15.75, 16.5, 16.5, 16.5, 17.25, 17.25, 17.25) inches
E - Upper arm circumference	36 (37, 38, 39, 42, 51, 53, 57, 61) cm 14.25 (14.5, 15, 15.25, 16.5, 20, 20.75, 22.5, 24) inches
F - Cuff circumference	28 (28, 31, 31, 31, 31, 33.5, 33.5, 33.5) cm 1 (11, 12.25, 12.25, 12.25, 12.25, 13.25, 13.25, 13.25) inches

Yarn

Note: Please be aware that adjusting the lengths of the garment will also affect the amount of yarn needed to finish the project.

MC: 4 (4, 4, 5, 5, **5, 6, 7, 7**) skeins of Cascade 220 Heathers (100 % wool; 201 m / 220 yards per 100 g) or 625 (675, 750, 825, 900, **1000, 1100, 1200, 1325**) m / 700 (750, 825, 900, 1000, **1100, 1200, 1325, 1450**) yards of similar worsted weight yarn, shown in colorway 9465 Vashon Island

and

CC: 1 (1, 1, 2, 2, **2, 2, 2, 2**) skeins of Cascade 220 (100 % wool; 201 m / 220 yards per 100 g) or 175 (175, 200, 225, 250, **275, 300, 325, 350**) m / 175 (200, 225, 250, 275, **300, 325, 350, 400**) yards of similar worsted weight yarn, shown in colorway 8010 Natural.

Needles

Size A:

4.0 mm / US6 DPNs or a circular needle with a cable suitable for small circumference knitting for cuffs

4.0 mm / US6 circular needle with a cable length of 40 cm / 16 inches for the neckline

4.0 mm / US6 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the hem

Size B:

4.5 mm / US7 DPNs or a circular needle with a cable suitable for small circumference knitting for sleeves

4.5 mm / US7 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the main part

Size C:

5.0 mm / US8 DPNs or a circular needle with a cable suitable for small circumference knitting for colorwork around the cuffs

5.0 mm / US8 circular needle with a cable length of 60 cm / 24 inches for smaller sizes and 80 cm / 32 inches for larger sizes for the colorwork at the top of the yoke

5.0 mm / US8 circular needle with a cable length of 80 cm / 32 inches for smaller sizes and 100 cm / 40 inches for larger sizes for the colorwork at the bottom of the yoke

Note: Always use the needle size that gets you the right gauge! I recommend knitting the colorwork using a needle one size larger than you would normally use for Stockinette stitch with the same yarn weight.

Gauge

18 sts and 22 rounds = 10 cm / 4 inches of colorwork on size C and Stockinette stitch on size B needles, in the round, after blocking

Notions

1 stitch marker
waste yarn
sewing needle
blocking tools

INSTRUCTIONS

NECKBAND

With the size A needles (size suggested 4.0 mm / US 6) and MC yarn, CO 78 (84, 90, 96, 102, **102, 102, 104, 104**) sts using the Long-Tail Cast On method. Pm for BOR and join in the round careful not to twist the ring of sts.

Ribbing Round: *K1, p1; repeat from * until end.

Continue as est until the neckband measures 8 cm / 3.25 inches from the CO edge.

Sizes 1-5 only:

Next Round: K all.

Size 6 only:

Increase Round: *K17, m1L; repeat from * until end. (-, -, -, **6**, -, -) sts inc'd, - (-, -, **108**, -, -) sts on needles)

Size 7 only:

Increase Round: *(K6, m1L) x2, k5, m1L; repeat from * until end. (-, -, -, **18**, -, -) sts inc'd, - (-, -, **120**, -, -) sts on needles)

Size 8 only:

Increase Round: K2, *k3, m1L, k4, m1L; repeat from * until 4 sts remain, k4. (-, -, -, **28**, -, -) sts inc'd, - (-, -, -, **132**, -, -) sts on needles)

Size 9 only:

Increase Round: *K3, m1L; repeat from * until 2 sts remain, k2. (-, -, -, **34**, -, -) sts inc'd, - (-, -, **138**, -, -) sts on needles)



YOKE

All sizes resume:

Change to size C needles (size suggested 5.0 mm / US 8).

Note: Remember to check your gauge a few rows into the colorwork pattern and change needle sizes if necessary. I usually stretch out the stitches on my right needle every now and then to make sure my yarn floats are long enough so that the fabric won't start to pucker. I usually catch any yarn floats that are longer than 4 stitches by twisting the yarns behind the work.

Start working as instructed on Round 1 of Chart 1. The chart repeats 13 (14, 15, 16, 17, **18, 20, 22, 23**) times on each round. Then work Rounds 2-51 of Chart 1.

At the end of the chart there are 234 (252, 270, 288, 306, **324, 360, 396, 414**) sts on needles.

Change to size B needles (size suggested 4.5 mm / US 7) and work 1 round in MC in Stockinette stitch (= knit all stitches).

Sizes 1, 2, and 3 only:

Increase round: *K117 (21, 27, -, -, -, -, -), m1L; repeat from * until end. (2 (12, 10, -, -, -, -, -) sts inc'd, 236 (264, 280, -, -, -, -, -) sts on needles.)

Sizes 4 only:

Increase round: *(K14, m1L) x 3, (k15, m1L) x 2; repeat from * until end. (- (-, 20, -, -, -, -, -) sts inc'd, - (-, 308, -, -, -, -, -) sts on needles.)

Size 5 only:

Increase Round: *(K12, m1L) x 3, k11, m1L; repeat from * until 24 sts remain, (k12, m1L) x 2. (- (-, -, 26, -, -, -, -) sts inc'd, - (-, -, 332, -, -, -, -) sts on needles.)

Size 6 only:

Increase Round: *(K7, m1L) x 2, k8, m1L; repeat from * until 16 sts remain, (k8, m1L) x 2. (- (-, -, 44, -, -, -) sts inc'd, - (-, -, -, 368, -, -, -) sts on needles.)

Size 7 only:

Increase Round: *(K11, m1L) x 3, k12, m1L; repeat from * until end. (- (-, -, -, 32, -, -) sts inc'd, - (-, -, -, 392, -, -) sts on needles.)

Size 8 only:

Increase Round: (K13, m1L) x 2, *(k12, m1L) x 2, k13, m1L; repeat from * until end. (- (-, -, -, 32, -, -) sts inc'd, - (-, -, -, 428, -, -) sts on needles.)

Size 9 only:

Increase Round: K3, *k10, m1L, k11, m1L; repeat from * until 12 sts remain, k12. (- -, -, -, -, -, **38**) sts inc'd, - (-, -, -, -, -, **452**) sts on needles.)

All sizes resume:

Change back to size C needles (size suggested 5.0 mm / US 8).

Work Round 1 of Chart 2. The 4-stitch chart repeats 59 (66, 70, 77, 83, **92, 98, 107, 113**) times on each round. Then work Rounds 2-4 of Chart 2. Break CC and continue in MC only.

Change to size B needles (size suggested 4.5 mm / US 7).

Work in Stockinette stitch until the yoke measures 26 (26, 27, 27, 27, **28, 28, 28, 28**) cm / 10.25 (10.25, 10.75, 10.75, 10.75, **11, 11, 11, 11**) inches from the top of the colorwork yoke (not including the neckband).

SEPARATE BODY AND SLEEVES

Note: This is a good place to put the sts on a piece of waste yarn and try the yoke on to see how it fits. If you need to add extra length, you can knit a few more rounds in Stockinette stitch before separating the body and the sleeves.

Next Round: K32 (37, 41, 46, 50, **53, 57, 62, 66**), put the next 54 (58, 58, 62, 66, **78, 82, 90, 94**) sts on hold for the right sleeve, CO 8 (8, 8, 8, 8, **12, 12, 12, 12**) sts for the underarm, k64 (74, 82, 92, 100, **106, 114, 124, 132**), put the next 54 (58, 58, 62, 66, **78, 82, 90, 94**) sts on hold for the left sleeve, CO 8 (8, 8, 8, 8, **12, 12, 12, 12**) sts for the underarm, k until end. Pm for BOR (= center back) and continue working in the round. (144 (164, 180, 200, 216, **236, 252, 272, 288**) sts on needles for the body)

SHORT-ROW SHAPING FOR THE BACK

This part is optional, so if you don't want to do the short-row shaping you can continue straight to the instructions for the body. The short-rows are worked at each armhole to make the back longer than the front.

Work 1 round of Stockinette stitch.

Short-row 1 (RS): K32 (37, 41, 46, 50, **53, 57, 62, 66**), turn the work.

Short-row 2 (WS): Sl1 wyif and yo at the same time, pull the working yarn so that the "legs" of the slipped st rise up on the right needle and look like a pair of sts. From now on, this is called a "stitch pair." Then purl to BOR, sm, p32 (37, 41, 46, 50, **53, 57, 62, 66**), turn the work.

Short-row 3 (RS): Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR, sm, knit until the next stitch pair, work the stitch pair as k2tog, k2, turn the work.

Short-row 4 (WS): Sl1 wyif and yo at the same time, pull the yarn as above, purl to BOR, sm, purl until the next stitch pair, work the stitch pair as p2tog, p2, turn the work.

Repeat Short-rows 3-4 another 3 (3, 3, 3, 3, **4, 4, 4, 4**) times.

Short-row 5 (RS): Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR.

Next Round: Resume working in the round. Work in Stockinette stitch and work the remaining stitch pairs as k2tog at the same time.

Work in Stockinette stitch until the body measures 20 (20, 20, 20, 22, **22, 22, 24, 24**) cm / 8 (8, 8, 8, 8.75, **8.75, 8.75, 9.5, 9.5**) inches from the front edge of the underarm, or 4 cm / 1.5 inches less than the desired length.

SHORT-ROW SHAPING FOR THE HEM

This part is optional, so if you don't want to do the short-row shaping you can continue straight to the instructions for the hem. The short-rows are worked at each side to make the back longer than the front. This improves the fit of the sweater.

Short-row 1 (RS): K54 (62, 68, 75, 81, **89, 95, 102, 108**), turn the work.

Short-row 2 (WS): Sl1 wyif and yo at the same time, pull the working yarn so that the "legs" of the slipped st rise up on the right needle and look like a pair of sts. From now on, this is called a "stitch pair." Then purl to BOR, sm, p54 (62, 68, 75, 81, **89, 95, 102, 108**), turn the work.

Short-row 3 (RS): Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR, sm, k until 8 sts remain before the next stitch pair, turn the work.

Short-row 4 (WS): Sl1 wyif and yo at the same time, pull the yarn as above, purl to BOR, sm, p until there are 8 sts remaining before the next stitch pair, turn the work.

Repeat Short-rows 3-4 another 3 (3, 3, 3, 3, **4, 4, 4, 4**) times.

Next row (RS): Sl1 wyif and yo at the same time, pull the yarn as above, knit to BOR, sm, k the next round until BOR m and work all of the stitch pairs as k2tog as you encounter them.

HEM

Change to size A needles (size suggested 4.0 mm / US 6).

Ribbing Round: *K1, p1; repeat from * until end.

Continue as est until the hem measures 4 cm / 1.5 inches.

Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice.

Good tutorials for the Sewn Tubular Bind Off:

<https://shibuknits.com/pages/tubular-bind-off>

<https://stitchesnscraps.com/tutorial-tubular-bind-off-in-the-round/>

SLEEVES

Take the stitches held for the first sleeve back on size B needles (size suggested 4.5 mm / US 7). Starting at the middle of the underarm CO edge, pick up and knit 4 (4, 4, 4, 4, **6, 6, 6, 7**) sts along the side of the CO edge, then pick up and knit 1 st in the gap between the underarm CO edge and the sleeve. K the sleeve sts, then pick up and knit 1 st in the gap between the sleeve and the underarm CO edge and 4 (4, 4, 4, 4, **6, 6, 6, 7**) sts along the second half of the underarm CO edge. Pm for BOR and continue working in the round. (**64 (68, 68, 72, 76, 92, 96, 104, 108)** sts on needles for the sleeve)

Work 25 (12, 12, 8, 5, **1, 1, 1, 1**) rounds in Stockinette stitch.

Sleeve Decrease Round 1: K1, k2tog, k until 3 sts rem, ssk, k1. (**2 sts dec'd, 62 (66, 66, 70, 74, 90, 94, 102, 106)** sts on needles)

Repeat the Sleeve Decrease Round 1 on every 29th (14th, 14th, 10th, 7th, **3rd, 3rd, 3rd, 3rd**) round another 1 (3, 3, 5, 7, **15, 17, 21, 23**) times. (*a total of 2 (6, 6, 10, 14, 30, 34, 42, 46)* sts dec'd, 60 sts on needles for each size)

Work in Stockinette stitch until the sleeve measures 26.5 (26.5, 26.5, 28.5, 28.5, **28.5, 30.5, 30.5, 30.5**) cm / 10.5 (10.5, 10.5, 11.25, 11.25, **11.25, 12, 12, 12**) inches from the underarm, or 13.5 cm / 5.5 inches less than the desired sleeve length.

Change to size C needles (size suggested 5.0 mm / US8).

Work Round 1 of Sleeve Chart 1. The 10-stitch chart repeats 6 times on each round. Then work Rounds 2-7 of Chart 1.

Then work Round 1 of Sleeve Chart 2. The 6-stitch chart repeats 10 times on each round. Then work Rounds 2-11 of Chart 2.

Then work Round 1 of Sleeve Chart 3. The 10-stitch chart repeats 6 times on each round. Then work Rounds 2-9 of Chart 3. Break CC and continue in MC only.

Change back to size B needles (size suggested 4.5 mm / US 7) and work 1 round of Stockinette stitch.

Sizes 1-2 only:

Sleeve Decrease Round 2: *K4, k2tog; repeat from * until end. (10 sts dec'd, 50 (50, -, -, -, -, -, -) sts on needles)

Sizes 3-6 only:

Sleeve Decrease Round 2: *K13, k2tog; repeat from * until end. (4 sts dec'd, - (-, 56, 56, 56, **56**, -, -) sts on needles)

Sizes 7-9 only:

Next Round: K all. (No decreases, 60 sts on needles).

CUFF

Change to size A needles (size suggested 4.0 mm / US 6).

Ribbing Round: *K1, p1; repeat from * until end.

Continue as est until the cuff measures 2 cm / 0.75 inches or the desired length.

Bind off all sts using the Sewn Tubular Bind Off, or other bind off method of your choice.

Work the second sleeve accordingly.

FINISHING

Weave in all remaining yarn ends. Fold the neckband double and seam on the inside of the sweater using whip stitch. Wet block to measurements.

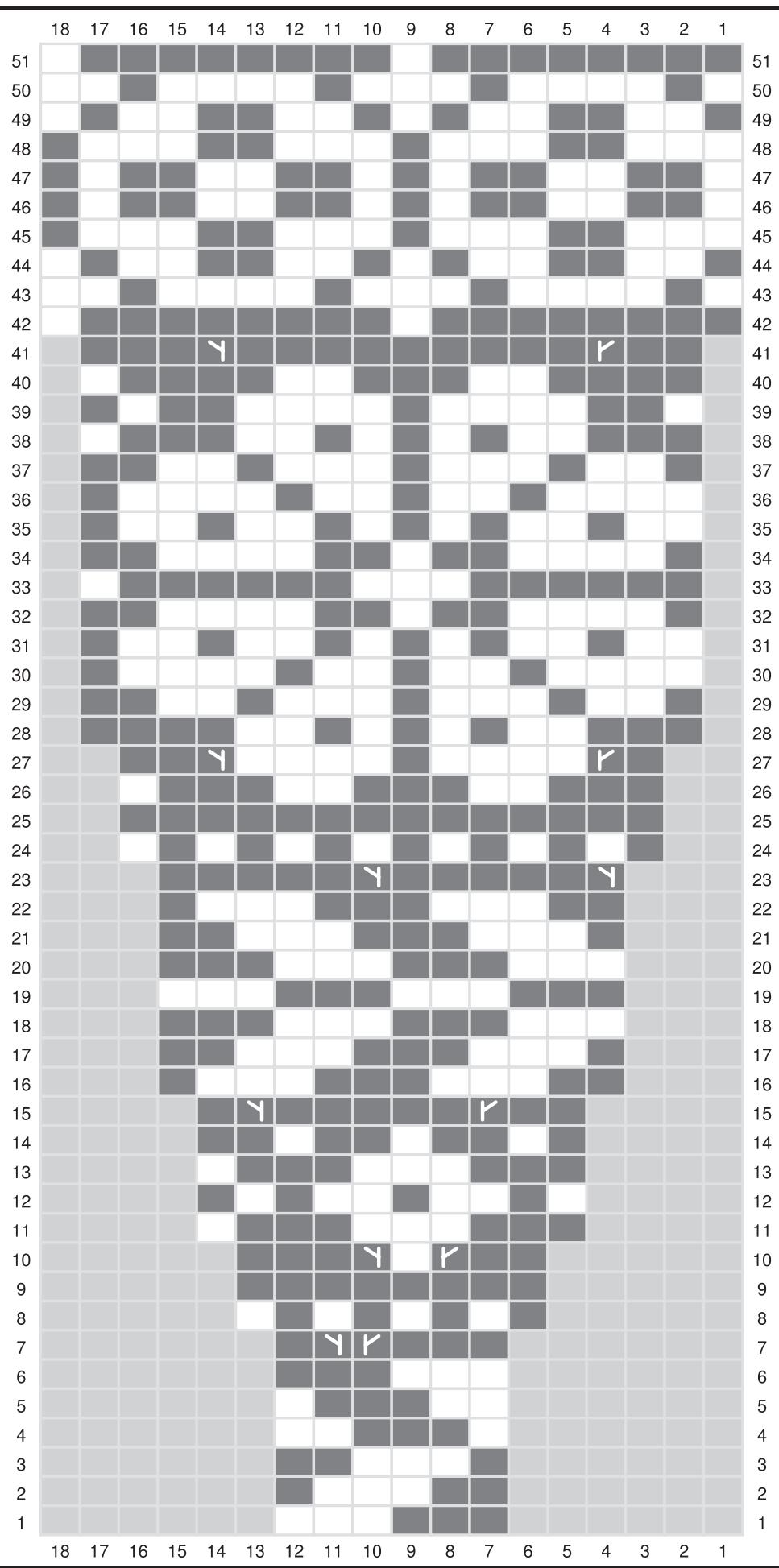


ABBREVIATIONS

BO Bind off
BOR Beginning of the round
CC Contrasting color
CO Cast on
dec'd Decreased
DPN Double pointed needles
est Established
inc'd Increased
Inv-L Invisible lift increase (left-leaning):
Tutorial: <https://yayfor-yarn.com/knit-lifted-increases/>
Inv-R Inv-R Invisible lift increase
(right-leaning) Tutorial: see above

k Knit
k2tog Knit 2 sts together
MC Main color
m1L Make 1 st (left-leaning)
p Purl
pm Place marker
sl Slip
sm Slip marker
ssk Slip, slip, knit the slipped sts together through the back loops
st(s) Stitch(es)
wyib With yarn in back
wyif With yarn in front

CHART 1



k with MC

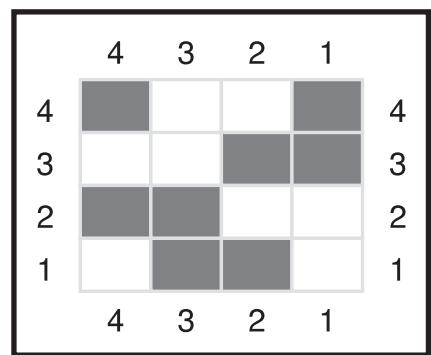
k with CC1

no stitch

Inv-L with CC1

Inv-R with CC1

CHART 2



SLEEVE CHARTS

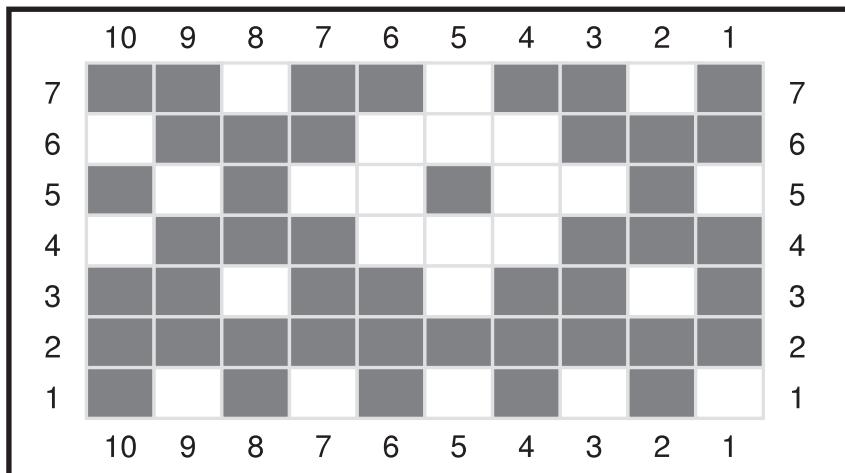


CHART 1

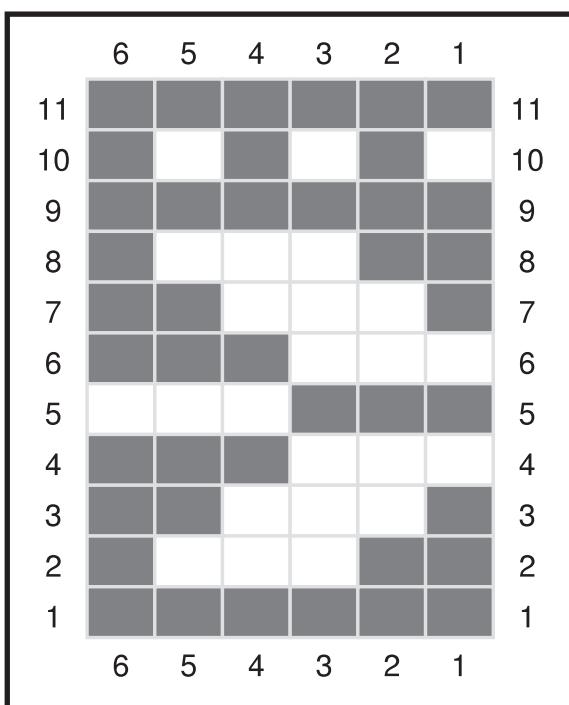


CHART 2

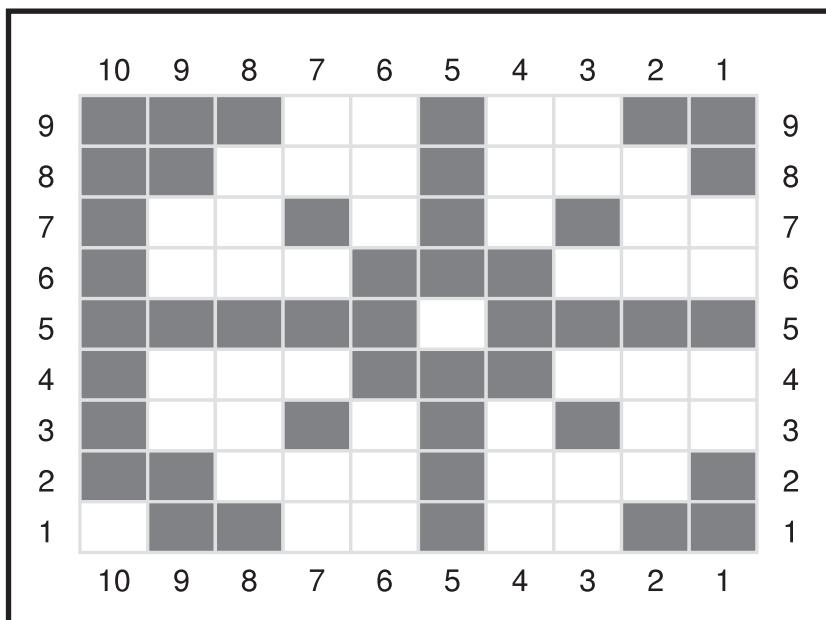
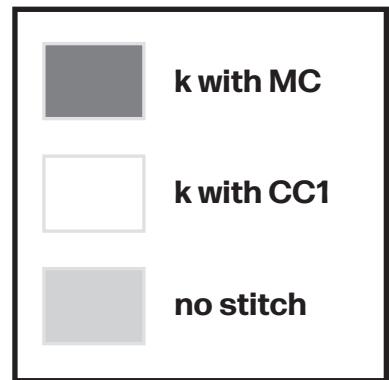


CHART 3

ABOUT THE DESIGNER



Sari Nordlund is a professional knitwear designer living by the sea in Finland. She loves to create timeless classics and brings her love for contemporary Scandinavian design into her knitting patterns. Sari loves undyed wool, good quality coffee and cats, not necessarily in that order.

YOUTUBE CHANNEL Sari's channel is a mixture of knitting podcast episodes and tutorial videos showing different knitting techniques in both English and Finnish. Subscribe to her channel to see what's on her needles and to get a sneak peek at upcoming pattern releases. Her video series "The Sweater Chronicles" gives an inside look at the process of designing a knit sweater from beginning to end.



FIND MORE PATTERNS FROM SARI BY VISITING HER RAVELRY STORE - LUNAKNIT



Midnight Dancer Socks



Ballad Pullover



Emmalin Hat and Cowl

CONTACT and SUPPORT

For questions and pattern support, please contact Sari through her Ravelry page ([lunaknit](#)). Share your work with Sari by tagging [@sari_n](#) on Instagram and using the hashtag [#lummepullover](#).