

Knitting for Olive



Holly Sweater – adult

Sizes: XS (S, M, L, XL, 2XL, 3XL, 4XL)

Finished measurements: Chest circumference: approx. 95 (100, 105, 110, 118, 128, 138, 149) cm [37½ (39¼, 41¼, 43¼, 46½, 50½, 54¼, 58¾)]" to fit chest circumference: 76-83 (84-91, 92-99, 100-107, 108-116, 117-127, 128-139, 140-149) cm [30-32¾ (33-35¾, 36¼-39, 39¼-42¼, 42½-45¾, 46-50, 50½-54¾, 55-58¾)]"; Length from shoulder to edge: approx. 52 (54, 56, 58, 60, 62, 64, 66) cm [20½ (21¼, 22, 22¾, 23½, 24½, 25¼, 26)]"; Sleeve length from underarm to cuff: approx. 46 (46, 47, 47, 47, 48, 48, 48) cm [18 (18, 18½, 18½, 18½, 19, 19, 19)]"

Yarn: MC: 1 strand of Knitting for Olive Merino (250 m [273 yd] / 50 g [1.8 oz]), fingering-weight yarn, 4 (5, 5, 5, 5, 6, 7, 7) balls, + 1 strand of Knitting for Olive Soft Silk Mohair (225 m [246 yd] / 25 g [0.9 oz]), lace-weight yarn, 4 (5, 5, 5, 6, 6, 7, 7) balls; CC 1 (leaves): Merino, 1 ball + Soft Silk Mohair, 1 ball; CC 2 (berries): Merino, 1 ball + Soft Silk Mohair, 1 ball. Sample is in (MC) Merino in Nordic Beach colorway + Soft Silk Mohair in Cream colorway, and Merino + Soft Silk Mohair in Slate Green (CC 1) and Pomegranate (CC 2)

Needles: 3.5 mm / US4 and 4 mm / US6 circular needles and double-pointed needles

Gauge (after blocking): 21 sts and 33 rows = 10 cm [4"] in stockinette stitch with 4 mm / US6 needles

Notions: Stitch markers, waste yarn or stitch markers, tapestry needle

Special Techniques

Our Knitting for Olive video tutorials clearly demonstrate the special techniques used in Holly Sweater (in Danish):

- German short rows:
<https://www.youtube.com/watch?v=9encEthft8E&t=135s>
- M1R and M1L increases on RS:
<https://www.youtube.com/watch?v=n4bAF8eMcvM&t=7s>
- Italian bind-off
<https://www.youtube.com/watch?v=OzHgm6Gmhyc>

Construction Notes

Holly Sweater is our take on the classic Christmas sweater. With a modern twist, a circular yoke construction and a holly wreath pattern around the yoke, it is very Christmassy. Holly Sweater is worked seamlessly top down in the round using 1 strand of Merino + 1 strand of Soft Silk Mohair held together throughout.

You begin with the folded ribbed neckband and continue with neckline shaping using German short rows. Increases are then worked around the yoke and you also start following the chart for the Fair Isle pattern. After the yoke, sleeve stitches are placed on hold to be worked after the body has been completed. The body is then further shaped by working additional German short rows in each side. Ribbed edges finish the body and sleeves. The length of the body and sleeves can easily be adjusted. The Fair Isle pattern is charted only.

Like the rest of the sweater, leaves and berries are worked with 1 strand of Merino + 1 strand of Soft Silk Mohair held together. However, you only need a small quantity of each yarn quality:

Leaves: Less than 16 g Merino and 8 g Soft Silk Mohair

Berries: Less than 10 g Merino and 5 g Soft Silk Mohair

Notes on the Fair Isle Technique

We recommend using the Fair Isle technique when working in the round with multiple colors at the same time. On those rounds of the chart where you alternate between colors, both the strand with the main color and the strand with the contrast color are carried at the back of the work, creating horizontal strands, or floats, on the wrong side of your work. When you knit using the main color, the strand of contrast color travels behind the stitches until it is ready to be used again, and vice versa.

With this particular design, you will get long floats in some places. To avoid this causing trouble, we recommend that you trap, or catch, these floats by twisting your strands at regular intervals. You do this by alternately going over or underneath the non-active color, or “floating” color, when you pick your active, or working color. This will twist your strands and trap your floats.

Chart Notes

When you work from charts, always start from the bottom right corner with the first stitch of Round 1 and work the chart from the bottom up. When working in the round, work the chart from right to left on all rounds.

You will find a detailed guide on how to read charts that features examples from our patterns if you go to www.knittingforolive.com

Folded Ribbed Neckband

With 3.5 mm / US4 circular needle and 1 strand of Merino in MC + 1 strand of Soft Silk Mohair in MC, cast on 96 (96, 96, 96, 104, 104, 104, 104) sts using long-tail cast-on method. Join for working in the round, being careful not to twist sts, and place BOR m. BOR is at mid back

Set-up Round: (K1, p1) to end of round

Work in 1x1 rib pattern as established until work measures 9 (9, 9, 9, 10, 10, 10, 10) cm [$3\frac{1}{2}$ ($3\frac{1}{2}$, $3\frac{1}{2}$, $3\frac{1}{2}$, 4, 4, 4, 4)]"

Note: You will now fold the neckband and attach it to the cast-on edge by knitting the live stitches on the needle together with cast-on stitches, either knitwise or purlwise. Pick up the stitch from the cast-on edge that is directly below the live stitch on your left needle

With RS of work facing, fold neckband in half so that the live sts on needle are parallel to cast-on edge, *pick up first st from cast-on edge and place on left needle, k2tog, pick up next st from cast-on edge and place on left needle, p2tog; repeat from * to end of round

Yoke

Change to 4 mm / US6 circular needle

Sizes XL, 2XL, 3XL and 4XL only:

Inc Round: *K- (-, -, -, 26, 26, 26, 26), M1L; repeat from * to end of round [- (-, -, -, 4, 4, 4, 4) sts increased] = 96 (96, 96, 96, 108, 108, 108, 108) sts

All sizes:

K 1 round

Inc Round: (M1L, k3) to end of round [32 (32, 32, 32, 36, 36, 36, 36) sts increased] = 128 (128, 128, 128, 144, 144, 144, 144) sts

Note: You will now shape the neck opening with German short rows, working back and forth. Work the double stitches as 1 stitch throughout (see Special Techniques)

Short Row 1 (RS): K32 (32, 32, 32, 36, 36, 36, 36), tw

Short Row 2 (WS): Ds, p to BOR, p32 (32, 32, 32, 36, 36, 36, 36), tw

Short Row 3 (RS): Ds, k to BOR, k40 (40, 40, 40, 45, 45, 45, 45), tw

Short Row 4 (WS): Ds, p to BOR, p40 (40, 40, 40, 45, 45, 45, 45), tw

Short Row 5 (RS): Ds, k to BOR, k48 (48, 48, 48, 54, 54, 54, 54), tw

Short Row 6 (WS): Ds, p to BOR, p48 (48, 48, 48, 54, 54, 54, 54), tw

Next row (RS): Ds, k to BOR

K 3 rounds

Inc Round: (M1L, k4) to end of round [32 (32, 32, 32, 36, 36, 36, 36) sts increased] = 160 (160, 160, 160, 180, 180, 180, 180) sts

K 3 (3, 3, 4, 4, 4, 4, 4) rounds

Inc Round: (M1L, k5) to end of round [32 (32, 32, 32, 36, 36, 36, 36) sts increased] = 192 (192, 192, 192, 216, 216, 216, 216) sts

K 4 (4, 4, 4, 5, 5, 5, 5) rounds

Note: You will now start working from the chart. Be sure to read Chart Notes carefully before proceeding

Beginning with Round 1 and ending with Round 20, work Chart A 1 time [96 (96, 96, 96, 108, 108, 108, 108) sts increased] = 288 (288, 288, 288, 324, 324, 324, 324) sts

Using MC, k 9 (9, 9, 6, 6, 6, 6, 6) rounds

Inc Round: (M1L, k9) to end of round [32 (32, 32, 32, 36, 36, 36, 36) sts increased] = 320 (320, 320, 320, 360, 360, 360, 360) sts

K 15 (8, 8, 8, 8, 8, 8, 8) rounds

Size XS only:

Continue to **Body**

All other sizes:

Inc Round: *M1L, k- (20, 10, 10, 20, 20, 10, 10); repeat from * to end of round [- (16, 32, 32, 18, 18, 36, 36) sts increased] = - (336, 352, 352, 378, 378, 396, 396) sts

K - (10, 14, 10, 10, 10, 10, 10) rounds

Sizes S and M only:

Continue to **Body**

Sizes L, XL, 2XL, 3XL and 4XL only:

Inc Round: *M1L, k- (-, -, 22, 21, 21, 22, 11); repeat from * to end of round [- (-, -, 16, 18, 18, 18, 36) sts increased] = - (-, -, 368, 396, 396, 414, 432) sts

K - (-, -, 8, 10, 12, 12, 14) rounds

Body

Divide body and sleeves

Dividing round: *K48 (50, 51, 53, 57, 57, 58, 61), place next 64 (68, 74, 78, 84, 84, 90, 94) sleeve sts on holder, cast on 2 (3, 4, 5, 5, 10, 14, 17) new sts, pm (= side m), cast on another 2 (3, 4, 5, 5, 10, 14, 17) new sts, k48 (50, 51, 53, 57, 57, 59, 61); repeat from * one more time = 200 (212, 220, 232, 248, 268, 290, 312) sts

K 1 round

Note: You will now shape the body by working two sets of short rows, one each side of the sweater. Work double stitches as 1 stitch throughout (see Special Techniques). BOR is at mid back

Short Row 1 (RS): K to 10 (10, 10, 10, 11, 11, 11, 12) sts *after first side m*, tw

Short Row 2 (WS): Ds, p19 (19, 19, 19, 21, 21, 21, 23), tw

Short Row 3 (RS): Ds, k to 10 (10, 10, 10, 11, 11, 11, 12) sts *after last ds*, tw

Short Row 4 (WS): Ds, p to 10 (10, 10, 10, 11, 11, 11, 12) sts *after last ds*, tw

Short Row 5 (RS): Same as Short Row 3

Short Row 6 (WS): Same as Short Row 4

Short Row 7 (RS): Same as Short Row 3

Short Row 8 (WS): Same as Short Row 4

Short Row 9 (RS): Ds, k to 10 (10, 10, 10, 11, 11, 11, 12) sts *after second side m*, tw

Repeat Short Rows 2-8, 1 time

Next Row (RS): Ds, k to BOR

K 1 round, remove side m as you come to them

Continue in the round and in st st until work measures approx. 47 (49, 51, 53, 55, 57, 59, 61) cm [18½ (19¼, 20, 20¾, 21¾, 22½, 23¼, 24)]" from shoulder, or until 5 cm short of desired finished length

Ribbed edge

Change to 3.5 mm / US4 circular needles

K 1 round

Set-up Round: (K1, p1) to end of round

Work in 1x1 rib pattern as established until the ribbed edge measures approx. 5 cm [2"]

Bind off using Italian bind-off method (see Special Techniques)

Sleeves

Transfer 64 (68, 74, 78, 84, 84, 90, 94) sleeve sts from holder onto 4 mm / US6 double-pointed needles (or circular needle and Magic Loop) and distribute sts evenly across needles

Using MC, and beginning at center of underarm cast-on edge, join yarn, pick up and knit 2 (3, 4, 5, 5, 10, 14, 17) sts, k across sleeve sts, pick up and knit another 2 (3, 4, 5, 5, 10, 14, 17) sts along underarm cast-on edge, join for working in the round, place BOR m = 68 (74, 82, 88, 94, 104, 118, 128) sts

Dec Round 1: (K2tog) 0 (0, 0, 0, 0, 5, 7, 8) times, k to last 0 (0, 0, 0, 0, 10, 14, 16) sts, *sl1k, k1, psso; repeat from * 0 (0, 0, 0, 0, 4, 6, 7) more times [0 (0, 0, 0, 0, 10, 14, 16) sts decreased] = 68 (74, 82, 88, 94, 94, 104, 112) sts

Dec Round 2: K1, k2tog, k to last 3 sts, sl1k, k1, psso, k1 [2 sts decreased]

K 15 (10, 8, 7, 6, 6, 5, 4) rounds

Repeat Dec Round 2 as established on every 16 (11, 9, 8, 7, 7, 6, 5)th round 7 (10, 13, 15, 17, 16, 20, 21) more times [16 (22, 28, 32, 36, 34, 42, 44) sts decreased] = 52 (52, 54, 56, 58, 60, 62, 68) sts

Work even in st st until sleeve measures approx. 41 (41, 42, 42, 42, 43, 43, 43) cm [16¼ (16¼, 16½, 16½, 16½, 17, 17, 17)]" or until 5 cm short of desired finished length

Ribbed cuffs

Change to 3.5 mm / US4 double-pointed needles (or circular needle and Magic Loop)

Sizes XS, S, M, L, XL, 2XL and 3XL only:

Dec Round: *K6 (6, 7, 5, 5, 5, 5, -), k2tog; repeat from * to last 4 (4, 0, 0, 2, 4, 6, -) sts, k to end of round [6 (6, 6, 8, 8, 8, 8, -) sts decreased] = 46 (46, 48, 48, 50, 52, 54, -) sts

Size 4XL only:

Dec Round: (K3, k2tog) to last 3 sts, k2tog, k1 [14 sts decreased] = 54 sts

All sizes:

Set-up Round: (K1, p1) to end of round

Work in 1x1 rib pattern as established until cuff measures approx. 5 cm [2"]

Bind off using Italian bind-off method (see Special Techniques)

Make second sleeve the same

Finishing

Weave in all loose ends

Block

We hope you enjoy knitting the Holly Sweater!

We would love to see your finished projects! If you would like to share your work with us on Instagram, please use the hashtags #knittingforolive and #hollysweater or tag us @knittingforolive

Abbreviations

Approx. – approximately

BOR – beginning of round

K – knit

P – purl

Dec – decrease

Inc – increase

Ds – double stitch (for German short-row technique)

Tw – turn work (for German short-row technique)

K1tbl – knit 1 stitch through back loop

K2tog – knit 2 stitches together [1 stitch decreased]

P2tog – purl 2 stitches together [1 stitch decreased]

MC – main color

CC – contrast color

M1L – make 1 new left twist stitch: insert right needle, from back to front, under the bar running between first stitch on left needle and last stitch on right needle, pick up bar and knit this stitch into the back loop [1 stitch increased]

M – marker

Pm – place marker

Psso – pass slipped stitch(es) over

RS – right side

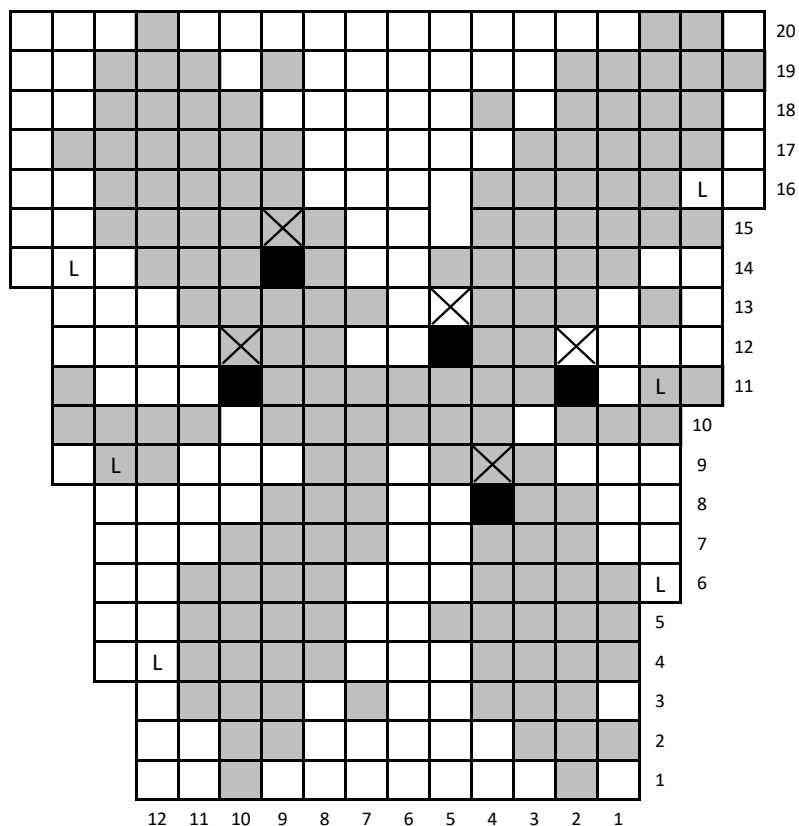
WS – wrong side

Sl1k – slip 1 stitch knitwise








St/sts – stitch/stitches

St st – stockinette stitch

Chart A



Key

-  K with MC
-  K with CC 1
-  M1L with MC
-  M1L with CC 1
-  K with CC 2
-  Using CC 2, work 5 sts into same "berry st" like this: k1tbl, k1, k1tbl, k1, k1tbl
Place those 5 sts back on left needle, k5
Pass 2nd, 3rd, 4th and 5th st over 1st st, one by one
Place last st back on left needle, using CC 1 k1
-  Using CC 2, work 5 sts into same "berry st" like this: k1tbl, k1, k1tbl, k1, k1tbl
Place those 5 sts back on left needle, k5
Pass 2nd, 3rd, 4th and 5th st over 1st st, one by one
Place last st back on left needle, using MC, k1