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# FALE

by Ocean



Undulating, organic rhythms create an extra-warm, cozy cowl that takes its name from the Polish word for 'waves'.

Originally inspired by a rustic, sheep-y, fleecy Polish yarn, Fale is also highly adaptable and can easily be knitted in other fibers or gauges for an equally impressive result.

Fale would be a perfect gift for a man or a woman, or even a treat just for you!

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#### YARN

1 skein Zelazna Wool (100% Zelazna Wool, 125 gr-437yds/400m).

Or any heavy fingering weight yarn, approx. 437-547yds (400-500m).

#### MATERIALS

US 2.5 (3 mm) 24" (60 cm) circular needle or size to obtain gauge.

US 6 (4 mm) 24" (60 cm) circular needle or size to obtain gauge.

Stitch markers, cable needle, tapestry needle.

#### GAUGE

One cable pattern repeat (14 stitches x 10 rounds), blocked = 1.82" x 1.04" (4.6 x 2.65 cm).

Different gauge will affect final size and yardage.

#### FINISHED DIMENSIONS

Approx. 25.6" (65 cm) circumference x 16.6" (42 cm) height.

#### ADJUSTMENTS

Size is adjustable by adding/reducing the number of stitches/rounds. One cable pattern repeat is 14 stitches and 10 rounds.

#### CABLE STITCHES

3/3 LC slip 3 sts to cable needle and hold in front, k3, k3 from cable needle

3/3 RC slip 3 sts to cable needle and hold in back, k3, k3 from cable needle

#### ABBREVIATIONS

BO bind off

BOR beginning of round

CO cast on

k knit

kfb knit into front and back of st

k2tog knit 2 sts together

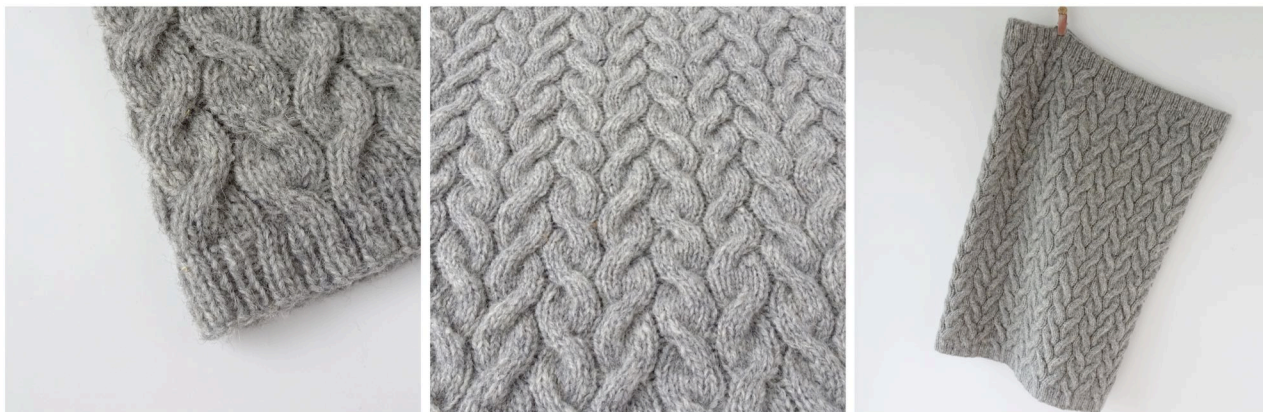
p purl

rep/s repeat/s

st/s stitch/es

#### SPECIAL THANKS TO

Nora Odendahl (intro text) and my fantastic testers for their beautiful knitted cowls!



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#### COPYRIGHT

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We love photos but please make sure there are **no written parts or chart(s) of the pattern visible in your pictures**.

#### START

CO 182 stitches with smaller needles, using your preferred method. Place marker for BOR and join in the round, being careful not to twist the stitches.

#### REPEAT INSTRUCTIONS - please read carefully.

Work rounds 1-8 of Chart A once.

Work round 1 of Chart B once.

Work rounds 1-10 of Chart C 13 times (or fewer if you want a cowl shorter in height).

Work rounds 1-8 of Chart C once.

Work round 1 of Chart D once.

Work rounds 1-8 of Chart A once.

**CHART A - WRITTEN INSTRUCTIONS - smaller needles.** One pattern repeat is written [13 sts]. Work 14 repeats per round.  
Rounds 1 - 8: (p, k2, p, k) x 2, p, k2.

**CHART B - WRITTEN INSTRUCTIONS - smaller needles.** One pattern repeat is written [13 sts]. Work 14 repeats per round.  
Round 1: p, k5, kfb, k6. [14 sts increased - 196 sts]

**CHART C - WRITTEN INSTRUCTIONS - larger needles.** One pattern repeat is written [14 sts]. Work 14 repeats per round.  
Round 1: (p, k6) x 2.  
Round 2: p, 3/3 LC, p, k6.  
Rounds 3 - 6: (p, k6) x 2.  
Round 7: p, k6, p, 3/3 RC.  
Rounds 8 - 10: (p, k6) x 2.

**CHART D - WRITTEN INSTRUCTIONS - smaller needles.** One pattern repeat is written [14 sts]. Work 14 repeats per round.  
Round 1: p, k5, k2tog, k6. [14 sts decreased - 182 sts]

Repeat CHART A - WRITTEN INSTRUCTIONS - smaller needles.

#### FINISHING & BLOCKING

BO all stitches. Weave in ends and wet block to measurements.

This easy blocking method will help avoid creases:

Start by rolling one or several towels around a vase or jar until you reach your preferred circumference for the cowl. Then put the wet cowl gently around the towels, being careful not to overstretch the fabric. Straighten the edges and let it fully dry.

Sample shown on blocking picture is Fuerte cowl.



## CHARTS

Charts are worked from bottom to top and from right to left. One pattern repeat is shown. Work 14 repeats per round.

CHART A - smaller needles

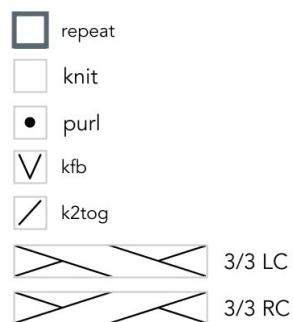
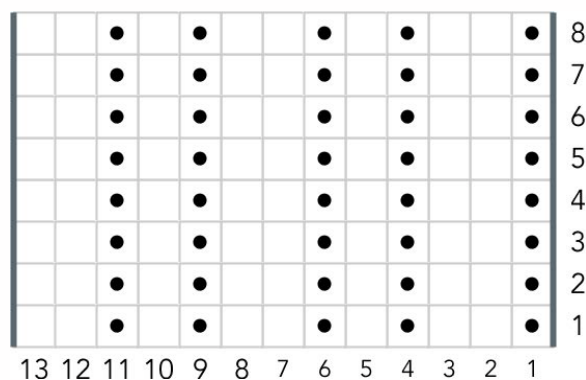


CHART B - smaller needles



CHART C - larger needles

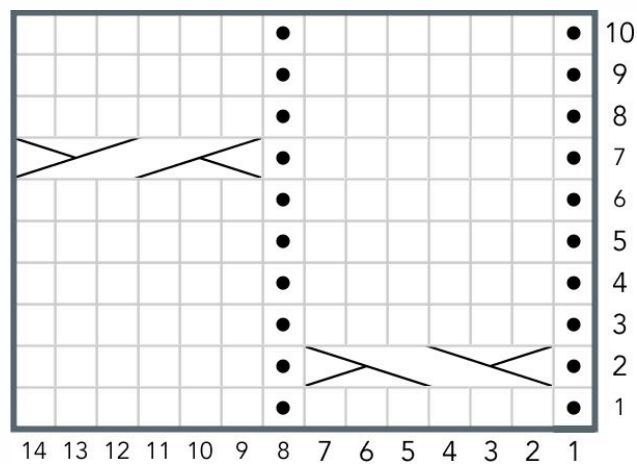
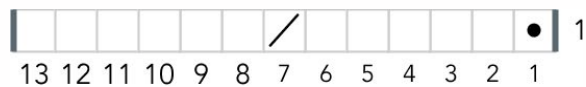


CHART D - smaller needles



## MORE PATTERNS

