



MORECA KNIT

#CALISTASWEATER

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VERSION  
1.0

DIFFICULTY



**DESCRIPTION** The Calista Sweater is worked top-down in stockinette stitch following a colorwork chart with multiple colors, starting with a turtleneck. The back-and-forth yoke includes raglan increases, and short rows are used to shape the back, shoulders, and neck for a better fit. Once the shaping is complete, the stitches are joined, and the yoke is worked in the round down to the underarms. The sleeve stitches are then placed on hold, stitches are cast on for the underarms, and the body is knitted in the round down to the hem. After finishing the body, the held sleeve stitches are transferred back onto the needles to knit the sleeves in the round, maintaining the colorwork pattern as per the chart.

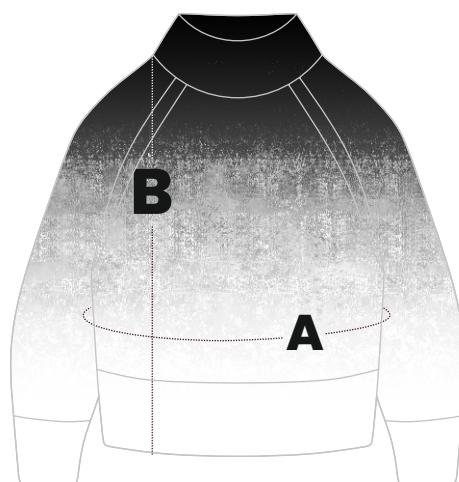
**SIZES** **XS / S / M / L / XL / 2XL / 3XL**

**SIZE GUIDE** The Calista Sweater has a relaxed fit and is designed to have approx. 15 cm [6 in] of positive ease with slightly reduced ease in larger sizes, to ensure a more comfortable fit. This means the garment's measurements will be approx. 15 cm [6 in] larger than your actual bust circumference. The sizes XS / S / M / L / XL / 2XL / 3XL are designed to fit a bust circumference of 80-85 / 85-90 / 90-95 / 95-100 / 100-110 / 110-120 / 120-130 cm [31½-33½ / 33½-35½ / 35½-37½ / 37½-39½ / 39½-43¼ / 43¼-47¼ / 47¼-51¼ in].

Before you begin, measure yourself to determine the right size. For example, if your bust circumference is 92 cm [36½ in], you should knit a size M. If you are between sizes, choose the size based on how loose you prefer the sweater to fit. Using the diagram with the finished garment measurements can be a helpful reference when deciding which size to select.

**FINISHED MEASUREMENTS**  
**A:** 95 / 100 / 105 / 110 / 117 / 125 / 132 cm  
[37½ / 39½ / 41¼ / 43¼ / 46 / 49¼ / 52 in]

**B:** 55 / 56 / 58 / 60 / 62 / 65 / 68 cm  
[21¼ / 22 / 22¾ / 23½ / 24½ / 25½ / 26¾ in]



<b>GAUGE</b>	<p><b>After washing and blocking:</b></p> <p>17 sts x 25 rows = 10 x 10 cm [4 x 4 in] in stockinette stitch on 5.5 mm [US 9] needles.</p> <p>22 sts x 28 rows = 10 x 10 cm [4 x 4 in] in 1x1 rib on 4 mm [US 6] needles.</p> <p>Please make sure to knit a swatch. Ensure that your swatch gauge matches the given one. If you cannot achieve the required gauge using the suggested needles, adjust your needle size to reach the correct gauge.</p>										
<b>NEEDLES</b>	<p><b>Circular needles:</b></p> <p>5.5 mm [US 9] 40, 60, and 80 or 100 cm [16, 23, and 32 or 40 in]</p> <p>4.5 mm [US 7] 80 or 100 cm [32 or 40 in]</p> <p>4 mm [US 6] 40 and 80 or 100 cm [16, and 32 or 40 in]</p> <p><b>Double-pointed needles:</b></p> <p>4 mm [US 6] or long circular needles for the Magic Loop technique</p> <p>4.5 mm [US 7] or long circular needles for the Magic Loop technique</p>										
<b>SUGGESTED YARN</b>	<p><b>Gepard garn</b> (worked with two strands throughout the process – one strand of Puno held together with one strand of Kid Seta):</p> <p>Color A (dark) 150/150/150/150/150/150 g Puno by Gepard Garn 50 g = 110 m [120 yds].</p> <p>Color B (light) 300/350/350/400/400/450 g Puno by Gepard Garn 50 g = 110 m [120 yds].</p> <p>Color C (dark) 75/75/100/125/125/150 g Kid Seta by Gepard Garn 25 g = 210 m [230 yds].</p> <p>Color D (light) 50/50/75/100/100/125 g Kid Seta by Gepard Garn 25 g = 210 m [230 yds].</p>										
<b>NOTIONS</b>	Stitch markers, extra yarn or stitch holders, tapestry needle, contrast color waste yarn.										
<b>DIFFICULTY GUIDE</b>	<table> <tr> <td>● ○ ○ ○ ○</td> <td><b>BEGINNER</b></td> </tr> <tr> <td>● ● ○ ○ ○</td> <td><b>EXPERIENCED BEGINNER</b></td> </tr> <tr> <td>● ● ● ○ ○</td> <td><b>INTERMEDIATE</b></td> </tr> <tr> <td>● ● ● ● ○</td> <td><b>ADVANCED</b></td> </tr> <tr> <td>● ● ● ● ●</td> <td><b>EXPERT</b></td> </tr> </table>	● ○ ○ ○ ○	<b>BEGINNER</b>	● ● ○ ○ ○	<b>EXPERIENCED BEGINNER</b>	● ● ● ○ ○	<b>INTERMEDIATE</b>	● ● ● ● ○	<b>ADVANCED</b>	● ● ● ● ●	<b>EXPERT</b>
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## VIDEO TUTORIALS



In the sections of this pattern, you will find links to videos demonstrating the techniques needed to execute the required elements. Additionally, for easier navigation through the videos, I provide a QR code for the YouTube playlist. You will find all the videos related to this pattern in this playlist.

Please note that the videos included in the pattern are a supplement to the text instructions. Please follow the text first, as the videos may show the knitting principle rather than a step-by-step guide.

## ABBREVIATIONS

### General:

**st/sts** - Stitch(es)

**K** - Knit

**P** - Purl

**R** - Row/Round

**M** - Stitch Marker

**PM** - Place Marker

**RS/WS** - Right Side/Wrong Side

**BOR** - Beginning Of Round

**RL** - Raglan Line

### Increases:

**M1L** - Make 1 Left (left-leaning increase): Insert the left needle from front to back under the bar between stitches. Knit this stitch through the back loop.

**M1R** - Make 1 Right (right-leaning increase): Insert the left needle from back to front under the bar between stitches. Knit this stitch through the front loop.

### Decreases:

**K2TOG** - Knit Two Together (right-leaning decrease): Insert the right needle into the next two stitches knitwise and knit them together as one stitch.

**SSK** - Slip, Slip, Knit (left-leaning decrease): Slip 1 stitch knitwise, slip the next stitch knitwise, insert the left needle into the fronts of these two stitches from left to right, and knit them together through the back loops.

### Slips:

**SL1** - Slip One

### Yarn Position:

**wyib** - with yarn in back

**wyif** - with yarn in front

### About the German Short Rows technique:

When the instructions say '**Turn**', this indicates that you should turn your work around, slip the first stitch, and create a double stitch at the turning point. The term '**Work X sts after the last turn**' means that you should work up to the double stitch created during the previous row's turn, work this stitch, and then work the specified number of stitches after it.

## TURTLENECK COLLAR

The turtleneck collar is worked in the round in 1x1 rib on **4 mm [US 6] 40 cm [16 in]** circular needles, holding two dark strands together (1 strand of dark Puno and 1 strand of dark Kid Seta).

[Click here to watch the video: \[TUBULAR CO\]](#)

Work with the **Tubular Cast-On technique** as follows:

**Step 1.** Cast on 41/41/42/42/44/46/46 sts + 1 extra st on **4 mm [US 6]** double-pointed needles or long circular needles for the Magic Loop technique, using your preferred method with contrast color waste yarn.

**Step 2.** Join the knitting in the round with the Invisible Join Technique, break the yarn, and turn the work to the WS. Place a stitch marker to indicate BOR. (You now have 41/41/42/42/44/46/46 sts on the needles).

**Step 3.** Take the main yarn and purl 3 rounds.

**Step 4.** Next, work one round as follows: \* pick up and knit one stitch in the purl bump of the 1st worked row, then purl one stitch from the needles \*, repeat from \* to \* to the end of the round. (This means you pick up and knit the stitch directly from the first row worked with the main yarn, then purl one stitch from the stitches already on your needles).

**Step 5.** Remove the contrast color yarn. Do not break the main yarn.

**Now you have** 82/82/84/84/88/92/92 sts on the needles.

Switch to circular needles **4 mm [US 6] 40 cm [16 in]** and work in the round a total of 11 cm [4 1/4 in] in rib (K1, P1). Do not break the yarn.

## YOKE

The yoke is worked back and forth at first, and then in the round in stockinette stitch on **5.5 mm [US 9]** circular needles, switching to different cable lengths as the number of stitches increases, holding two dark strands together (1 strand of dark Puno and 1 strand of dark Kid Seta).

Knit one round while simultaneously placing stitch markers on the needles to divide the stitches for the raglan lines, back, front, and sleeve sections as follows:

K3 (RL), **pm**, K10/10/10/11/12/12 (left sleeve), **pm**, K3 (RL), **pm**, K22/22/23/23/24/25/25 (back), **pm**, K3 (RL), **pm**, K10/10/10/11/12/12 (right sleeve), **pm**, K3 (RL), **pm**, K28/28/29/29/30/31/32 (front), BOR.

**You have:**

**4x3** sts of RL

**2x10/10/10/11/12/12** sts of the sleeve sections

**1x22/22/23/23/24/25/25** sts for the back section

**1x28/28/29/29/30/31/32** sts for the front section

Work in the **German Short Rows** technique to shape the back, shoulders, and neck, while at the same time, working **increases** along raglan lines.

[Click here to watch the video: \[GERMAN SHORT ROWS\]](#)

[Click here to watch the video: \[INCREASES\]](#)

**Row 1 (RS):** \* **M1R**, slip m, K3 (RL), slip m, **M1L** \*, knit to marker; repeat from \* to \* one more time, then K4. Turn. (This turn is on the left back section; 4 sts increased).

**Row 2 (WS):** Purl to marker, P3 (RL), P4. Turn. (This turn is on the left sleeve section).

**Row 3 (RS):** Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L**; work to the last turn, K4 after it. Turn. (This turn is on the left back section; 2 sts increased).

**Row 4 (WS):** Purl to marker, P3 (RL), purl to the last turn, P3 after it. Turn. (This turn is on the left sleeve section).

**Row 5 (RS):** \* Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L** \*; repeat from \* to \* one more time, K3. Turn. (This turn is on the right sleeve section; 4 sts increased).

**Row 6 (WS):** Purl to marker, P3 (RL), P5. Turn. (This turn is on the right back section).

**Row 7 (RS):** Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L**; knit to the last turn, K3 after it. Turn. (This turn is on the right sleeve section; 2 sts increased).

**Row 8 (WS):** Purl to marker, P3 (RL), purl to the last turn, P4 after it. Turn. (This turn is on the right back section).

**Row 9 (RS):** Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L**; work to the last turn, K3 after it. Turn. (This turn is on the right sleeve section; 2 sts increased).

**Row 10 (WS):** \* Purl to marker, P3 (RL) \*, repeat from \* to \* one more time, purl to the last turn, P3 after it. Turn. (This turn is on the left sleeve section).

**Row 11 (RS):** \* Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L** \*; repeat from \* to \* two more times, K1. Turn. (This turn is on the right front section; 6 sts increased).

**Row 12 (WS):** \* Purl to marker, P3 (RL) \*; repeat from \* to \* three more times, P2. Turn. (This turn is on the left front section).

**Row 13 (RS):** \* Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L** \*; repeat from \* to \* three more times, knit to the last turn, K1 after it. Turn. (This turn is on the right front section; 8 sts increased).

**Row 14 (WS):** \* Purl to marker, P3 (RL) \*; repeat from \* to \* three more times, purl to the last turn, P1 after it. Turn. (This turn is on the left front section).

**Repeat rows 13-14 two more times.**

**Row 19 (RS):** \* Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L** \*; repeat from \* to \* three more times, knit to the last turn, K2 after it. Turn. (This turn is on the right front section; 8 sts increased).

**Row 20 (WS):** \* Purl to marker, P3 (RL) \*; repeat from \* to \* three more times, purl to the last turn, P2 after it. Turn. (This turn is on the left front section).

**Row 21 (RS):** \* Knit to marker, **M1R**, slip m, K3 (RL), slip m, **M1L** \*; repeat from \* to \* three more times, knit to the last turn, K3 after it. Turn. (This turn is on the right front section; 8 sts increased).

**Row 22 (WS):** \* Purl to marker, P3 (RL) \*; repeat from \* to \* three more times, purl to the last turn, P3 after it. Turn (This turn is on the left front section).

Knit to BOR marker. The short rows are now completed. Do not break the yarn.

**Now you have** 142/142/144/144/148/152/152 sts on the needles.

**4 x 3 sts of RL**

**2 x 25/25/25/25/26/27/27** sts of the sleeve sections

**1 x 40/40/41/41/42/43/43** sts for the back section

**1 x 40/40/41/41/42/43/43** sts for the front section

**Note:** From now on, work the yoke in the round. Place a stitch marker to mark the beginning of the first round of circular knitting, making it easier to identify when to start the colorwork. Begin the colorwork on the 8th/10th/10th/12th/14th/16th/18th round (i.e., the 1st round of the colorwork pattern chart corresponds to the 8th/10th/10th/12th/14th/16th/18th round of the yoke). Follow the chart provided, and monitor yarn tension carefully to prevent tightness.

The chart indicates a repeat that needs to be worked across the round. It generally consists of 4 stitches, but there are rounds where it alternates every 6 or 8 stitches. Start from BOR, and treat all increases as stitches. This means that when you add a stitch, consider it as part of the 4, 6, or 8 stitches in the chart pattern. Once you have completed 4, 6, or 8 stitches of the pattern, repeat them across the round (for as many stitches as you have). It's perfectly normal if there aren't enough stitches to finish the full repeat at the end. Alternate the last 2 rounds of the chart until the yoke is fully worked in the round.



**Worked with 2 strands held together:**

1 strand of Puno (dark) + 1 strand of Kid Seta (dark).



**Worked with 2 strands held together:** 1 strand of Puno (dark) + 1 strand of Kid Seta (light).



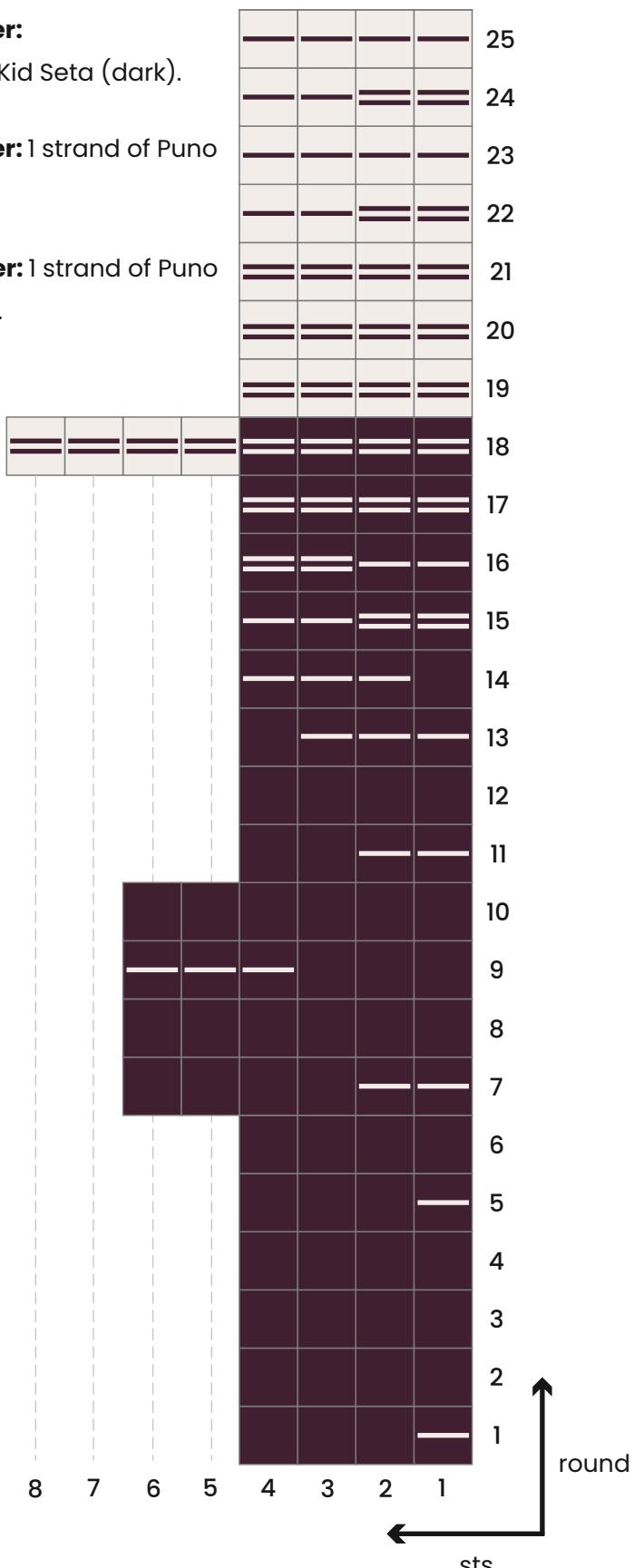
**Worked with 3 strands held together:** 1 strand of Puno (dark) + 2 strands of Kid Seta (light).



**Worked with 2 strands held together:** 1 strand of Puno (light) + 1 strand of Kid Seta (dark).



**Worked with 3 strands held together:** 1 strand of Puno (light) + 2 strands of Kid Seta (dark).



**Round 1:** \* **M1R**, slip m, K3 (RL), slip m, **M1L**, knit to marker \*; repeat from \* to \* three more times (8 sts increased).

**Round 2:** Knit all sts.

Work rounds 1-2 a total of 16/17/19/20/22/24/25 times. Do not break the yarn.

**Now you have** 270/278/296/304/324/344/352 sts on the needles.

**4 x** 3 sts of RL

**2 x** 57/59/63/65/70/75/77 sts of the sleeve sections

**1 x** 72/74/79/81/86/91/93 sts for the back section

**1 x** 72/74/79/81/86/91/93 sts for the front section

## BODY

The body is worked in the round in stockinette stitch on **5.5 mm [US 9] 80 or 100 cm [32 or 40 in]** circular needles.

Work 2 rounds, maintaining the established pattern from the last 2 rounds of the chart, to divide the stitches for the sleeves and body as follows:

*Click here to  
watch the video:  
[BACKWARD  
LOOP CO]*

**Round 1:** K3 (RL), remove marker, place 57/59/63/65/70/75/77 sts of the left sleeve on hold, remove marker, cast on 3/5/5/7/8/9/13 sts using the **backward loop method**, K3 (RL), remove marker, knit across the back (=72/74/79/81/86/91/93), remove marker, K3 (RL), remove marker, place 57/59/63/65/70/75/77 sts of the right sleeve on hold, remove marker, cast on 3/5/5/7/8/9/13 sts the same way, K3 (RL), remove marker, knit across the front (=72/74/79/81/86/91/93) to the BOR.

**Round 2:** Knit all sts.

**Now you have** 162/170/180/188/200/212/224 sts on the needles, with 57/59/63/65/70/75/77 sts on hold for each sleeve.

Complete steps 1-4. Repeat the pattern for 4 or 6 stitches across the entire round (for as many stitches as you have). It's perfectly normal if there aren't enough stitches to finish the full repeat at the end.



**Worked with 3 strands held together:** 1 strand of Puno (light) + 2 strands of Kid Seta (dark).



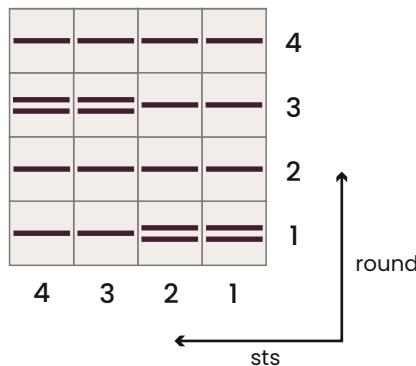
**Worked with 2 strands held together:** 1 strand of Puno (light) + 1 strand of Kid Seta (dark).



**Worked with 2 strands held together:** 1 strand of Puno (light) + 1 strand of Kid Seta (light).

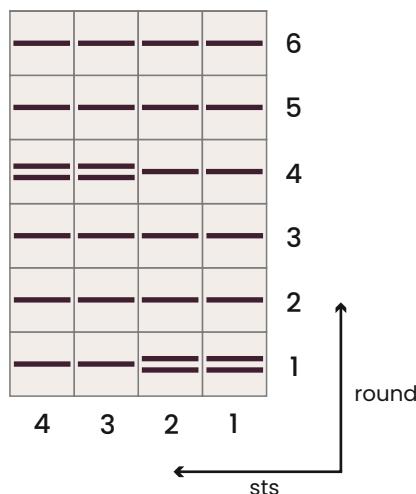
#### STEP 1

Work rounds 1-4 a total of 3 times.



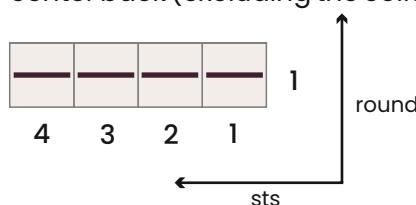
#### STEP 2

Work rounds 1-6 a total of 2 times.



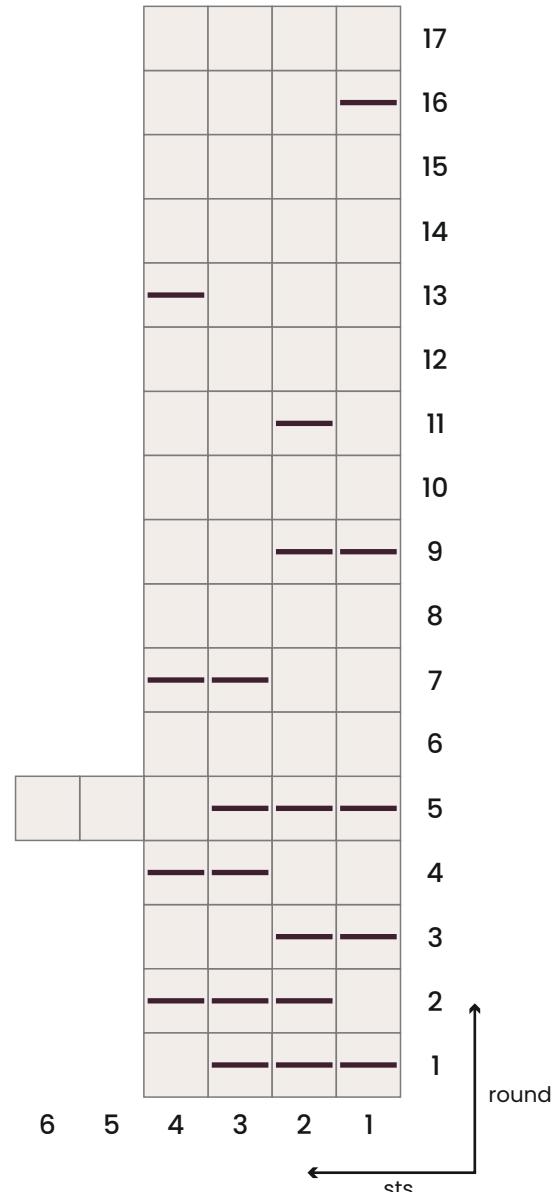
#### STEP 3

Work in the round until the sweater measures approximately 37/38/40/42/44/47/50 cm [14½/15½/16½/17½/18½/19½ in] from the center back (excluding the collar).



#### STEP 4

Work 17 rounds as follows:



Continue working in the round with light colors until the sweater measures approx. 44/45/47/49/51/54/57 cm [17½/17¾/18½/19¼/20/21¼/22½ in] from the center back (excluding the collar). Try it on and check the length before starting the ribbing.

**Note:** Extending the length of the garment in your knitting may require additional yarn.

Switch to circular needles **4.5 mm [US 7] 80 or 100 cm [32 or 40 in]** and work 11 cm [4½ in] of 1x1 rib (K1, P1).

Work double knitting before binding off using the Italian bind-off technique as follows:

**Round 1:** \* K1, SL1 purlwise wyif \*, repeat from \* to \* to end of round.

**Round 2:** \* SL1 purlwise wyib, P1 \*, repeat from \* to \* to end of round.

*Click here to  
watch the video:  
[ITALIAN BO  
ROUND]*

Bind off the stitches using the **Italian bind-off technique**. Make sure it is not too tight.

## SLEEVES

The sleeves are worked in the round in stockinette stitch with decreases towards the cuff using **5.5 mm [US 9] 40 cm [16 in]** circular needles. Cuffs are worked in the round in 1x1 rib using **4.5 mm [US 7]** double-pointed needles or long circular needles for the Magic Loop technique.

**Follow the same pattern chart as for the body (steps 1-4).**

**Step 1:** The same.

**Step 2:** The same.

**Step 3:** Work in the round until the sleeve length measures approximately 14/14/13/13/13/12/12 cm [5½/5½/5/5/5/4¾/4¾ in] from the underarm.

**Step 4:** The same.

Finally, switch to using only the light color to finish the sleeve.

**Note:** 1 decrease (SSK or K2TOG) = 1 stitch of the pattern.

Work as follows:

Transfer your sleeve sts on hold to the **5.5 mm [US 9] 40 cm [16 in]** circular needles. Beginning at the center of the underarm, join the yarn, pick up and knit 3/4/4/5/5/6/8 sts, knit across the sleeve, then pick up and knit 2/3/3/4/5/5/7 sts. Place a BOR marker.

**Now you have** 62/66/70/74/80/86/92 sts on the needles.

*Click here to  
watch the video:  
[DECREASES]*

Work in the round until the sleeve measures approx. 32/32/31/31/31/30/30 cm [12½/12½/12¼/12¼/12¼/11¾/11¾ in] from the underarm, while at the same time, working **decreases** every 16/16/13/13/12/9/7th round a total of 4/4/5/5/6/8/10 times.

**Decrease rounds are worked as follows:** SSK, knit to the last 2 sts of the round, K2TOG.

**In total, you have** 54/58/60/64/68/70/72 sts on the needles, after all, decrease rounds have been worked.

Try on the garment and check the sleeve length before working the cuff.

Switch to **4.5 mm [us 7]** double-pointed needles or long circular needles for the Magic Loop technique and work in the round 11 cm [4 1/4 in] of 1x1 rib (K1, P1).

Work double knitting before binding off using the Italian bind-off technique as follows:

**Round 1:** \* K1, SL1 purlwise wyif \*, repeat from \* to \* to end of round.

**Round 2:** \* SL1 purlwise wyib, P1 \*, repeat from \* to \* to end of round.

*Click here to  
watch the video:  
[ITALIAN BO  
ROUND]*

Bind off the stitches using the ***Italian bind-off technique***. Not too tightly.

Work the second sleeve the same way.

## **FINISHING**

Weave in all ends. Wash and block your sweater.

**That's it, congratulations on finishing this sweater!**

I hope you enjoyed your knitting time.

**I would be delighted if you could share your result and leave a review.**

**@morecaknit**

**#calistasweater**

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