



# Breathe Modern

7 Knit  
Designs

4 Crochet  
Designs



**Ban Doh**  
KNIT & CROCHET

by Yumiko Alexander





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Designs

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# Introduction

My first self-published book, *Modern By Choice*, was published in the Fall of 2015. I was delighted by its success! *Breathe Modern* is my second self-published book. It features a number of smaller and easier projects. Also, all patterns in it are designed using the DanDoh Yarn line.

I never thought I would have my own yarn line when I started my design company. However, after I published my third book, I started attending retail shows as a vendor to sell my patterns. I realized people were looking for yarn to go with the patterns. At the same time, I discovered some unique yarn while I was traveling in Japan. I contacted the yarn manufacturer in Japan and started to carry my own line of DanDoh yarns.

Each of the DanDoh yarn types are very different in fabric and weight and they are tailored to produce the desired knitted/crocheted product. You can visit our website at [DanDoh.com](http://DanDoh.com) to view the full selection of DanDoh yarns and colors. Yarns can be purchased from the website.



I have never had a set direction and desired path to follow. My individual experiences have given me ideas and guided me to the next step. I am very happy with the experiences and connections I have made through knitting/crochet. I hope you enjoy working the patterns in this book and the wonderful garments you make for years to come.

*Yumiko Alexander*





# Mirror

*Knit*

## SKILL LEVEL

Intermediate

## SIZES

S [M-L, XL] Shown in Size S

Choose the size for your ease preference. The model is about 5' 5" in height with a 34" chest, wearing it with 8" of positive ease.

## FINISHED MEASUREMENTS

Chest: 42 [48, 54] inches

Length: 22 [23 1/4, 24 1/2] inches

## DanDoh Yarn "Cotton Fine"

100% cotton, 435 yards/50g,  
2 [3, 3] skeins each Dahlia and  
Sierra

## NEEDLES

US size 8 (5.0 mm) knitting  
needles, or size needed to  
obtain gauge.

## NOTIONS

Darning needle

Stitch markers

Safety pins

Lace blocking wires (optional for  
blocking)

## GAUGE

18 sts x 26 rows = 4" in St St  
with two strands of yarn held  
together (blocked)

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This poncho-like pullover is made by knitting two rectangles: one for the right front and back, and another one for the left front and back. The two rectangles are seamed together along one long edge of each rectangle to make the center seam of the pullover, leaving an opening for the neck.

This is my first design with a V-neckline. Because the V-neckline has a sharp look, I used a lace stitch pattern for a more feminine look. I prefer no shaping with a lace stitch pattern. The two rectangles seamed together and then dropping the upper body to the sides makes the V-neckline.

This pullover is different from my other simple rectangular-shaped garments. I seamed 3 inches in from the outside edge to make the shape of the garment less boxy, and the upper arms look like sleeves.

## Pattern Notes

- This top is knit with 2 strands of yarn held together throughout.
- To make a shorter/longer top, work less/more repeats of the pattern on the body. 2 repeats of rows 1-8 make 1  $\frac{1}{4}$ " length shorter/longer top when it is worn.

## Stitch Guide

**SI 1:** Slip 1 st purlwise with yarn in front.

**M1:** With left needle tip, lift strand between needles from front to back, knit lifted loop through the back.

### Lace Pattern (multiple of 6 sts plus 1 st)

**Row 1 (RS):** K1, \*k2tog, yo, k1, yo, ssk, k1; rep from \*.

**Row 2 and all WS rows:** Purl.

**Row 3:** K2tog, \*yo, k3, yo, sl 2-k1-p2sso; rep from \*, end last rep with ssk instead of sl 2-k1-p2sso.

**Row 5:** K1, \*yo, ssk, k1, k2tog, yo, k1; rep from \*.

**Rows 7:** K1, \*k1, yo, sl 2-k1-p2sso, yo, k2; rep from \*.

**Row 8:** Purl.

Rep Rows 1-8 for pattern.



## Instructions

### LEFT FRONT AND BACK

Holding one strand each of color A and color B together, cast on 53 [59, 65] sts.

### BOTTOM EDGE

Work the Bottom Edge as follows:

**Row 1 (RS):** SI 1, k1, purl to last 2 sts, k2.

**Row 2 (WS):** SI 1, k1, purl to last 2 sts, k2.

**Row 3:** SI 1, knit to end.

**Row 4:** SI 1, k1, purl to last 2 sts, k2.

### BOTTOM LACE

Work the Bottom Lace as follows:

**Row 1 (RS):** SI 1, k1, work row 1 of Lace Pattern until last 2 sts, k2.

**Row 2 (WS):** SI 1, k1, work row 2 of Lace Pattern until last 2 sts, k2.

**Row 3:** SI 1, k1, work row 3 of Lace Pattern until last 2 sts, k2.

**Row 4:** SI 1, k1, work appropriate row of Lace Pattern until last 2 sts, k2.

Continue working as established for 23 total rows. (You will be working Lace Pattern rows 1-8 twice, then rows 1-7 once more.)

**Next row (WS):** SI 1, k1, p13, pm, k23 [29, 35], pm, p13, k2.

# Instructions

## BODY

Work the Body as follows:

### **Set-up row (as row 1 for 1st repeat) (RS):**

Sl 1, k1, work row 1 of Lace Pattern to m, slm, p1, (k2, m1) 9 [12, 15] times, k3, p1; slm, work row 1 of Lace Pattern until last 2 sts, k2. (9 [12, 15] sts increased, 62 [71, 80] total sts).

**Note:** Row 1 (RS) after 1st repeat of rows 1-8: Sl 1, k1, work row 1 of Lace Pattern to m, slm, p1, knit to 1 st before next m, p1, slm, work row 1 of Lace Pattern to last 2 sts, k2.

**Row 2 (WS):** Sl 1, k1, work row 2 of Lace pattern to m, slm, k1, purl to 1 st before next m, k1, slm, work row 2 of Lace Pattern to last 2 sts, k2.

**Row 3:** Sl 1, k1, work row 3 of Lace Pattern to m, slm, p1, knit to 1 st before next m, p1, slm, work row 3 of Lace Pattern to last 2 sts, k2.

**Row 4:** Sl 1, k1, work appropriate row of Lace Pattern to m, slm, k1, purl to 1 st before next m, k1, slm, work appropriate row of Lace Pattern to last 2 sts, k2.

Continue working as established for 239 [255, 271] rows. (You will be working Lace Pattern rows 1-8 29 [31, 33] times, then rows 1-7 once more.)

**Next row (WS):** Sl 1, k1, p13, remove marker, p3, (p2tog, p1) 9 [12, 15] times, p2; rep from \* to next m, remove marker, p13, k2. (9 [12, 15] sts decreased, 53 [59, 65] total sts.)

## OTHER SIDE OF BOTTOM LACE

Work other side of Bottom Lace as follows:

**Row 1 (RS):** Sl 1, k1, work row 1 of Lace pattern until last 2 sts, k2.

**Row 2 (WS):** Sl 1, k1, work row 2 of Lace pattern until last 2 sts, k2.

**Row 3:** Sl 1, k1, work row 3 of Lace pattern until last 2 sts, k2.

**Row 4:** Sl 1, k1, appropriate row of Lace pattern until last 2 sts, k2.

Continue working as established for 24 rows. (You will be working Lace Pattern rows 1-8 three times.)

## OTHER SIDE OF BOTTOM EDGE

Work other side of Bottom Edge as follows:

**Row 1 (RS):** Sl 1, knit to last st.

**Row 2:** Sl 1, k1, purl to last 2 sts, k2.

**Row 3:** Sl 1, knit to end.

**Row 4:** Sl 1, knit to end.



# Instructions

Bind off all stitches loosely.

I recommend "Jeny's Surprisingly Stretchy Bind-off" method as follows:

**Step 1.** Yarn over in reverse, k1. You will have two stitches on your RH needle. Insert the LH needle into the yo on the RH needle, then pass it over the knit stitch.

**Step 2.** Yarn over in reverse, k1. You will now have three stitches on the RH needle. Insert the LH needle into the yo on the RH needle, then pass it over the knit stitch, leaving two stitches on your RH needle. Pass the knit stitch over. You should now have one stitch on the RH needle.

Repeat step 2 until all stitches have been bound off.

Cut yarn leaving a 6-8" tail.

## RIGHT FRONT AND BACK

Work same as for Left Front and Back.



## FINISHING

Block the knitted fabric to measurements (see Diagram 1). I recommend wet blocking with lace blocking wires.

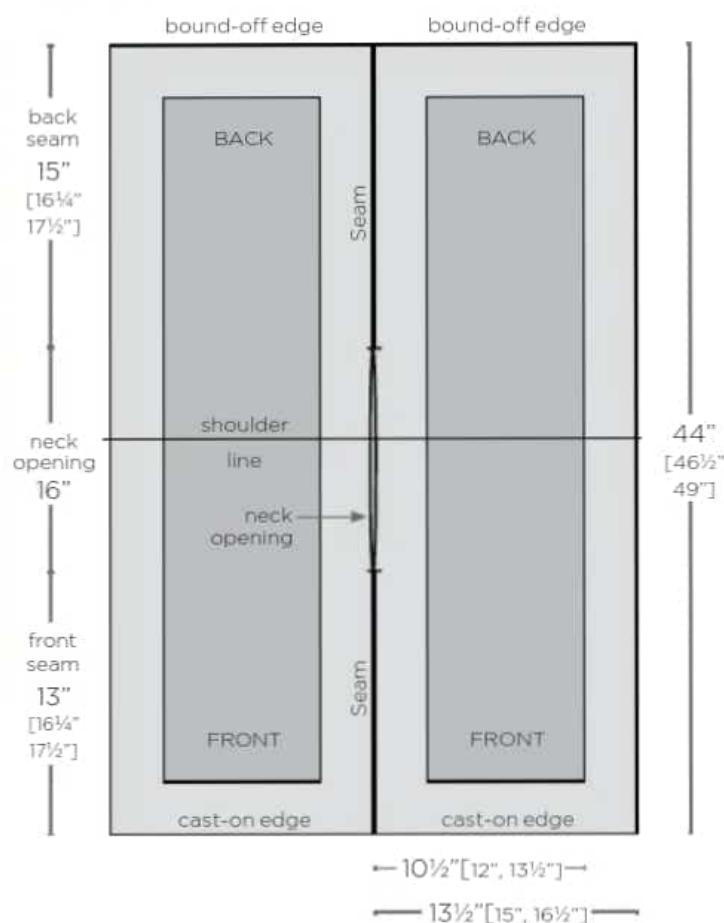
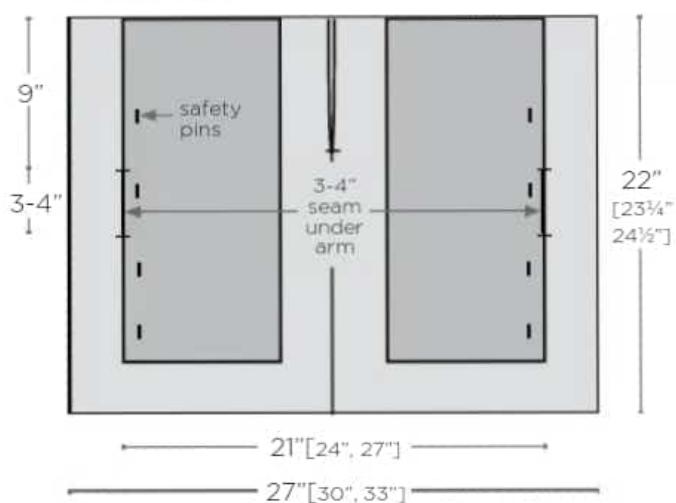
Seam Left Front and Back and Right Front and Back together as follows:

With right sides up, orient the two rectangles as in Diagram 1. Using mattress stitch and referring to the measurements for your chosen size in Diagram 1, seam the edges together leaving an opening for the neck. Each edge has chains made by slipped stitches. To work the mattress stitch, insert the darning needle into the center of the chain, leaving one side loop of the chain showing. These loops make the vertical lines down the center of the top. You may adjust the neck opening size to your preference.

Seam under arm holes as follows:

Fold pullover at shoulder line and put on 3-4 safety pins on the inside of the lace panels as shown in Diagram 2. Flip the lace panels over, and you can see a column of knit sts. Starting 9" down from shoulder line, seam 3-4" along the knit stitches to attach the Front and Back body together using mattress stitch on the wrong side (see Diagram 2).

Weave in ends.

**DIAGRAM 1**

**DIAGRAM 2**






# Duality

## Knit

### SKILL LEVEL

Intermediate

### SIZES

Smaller [Larger]

Shown in Small size in Natural Ecru,  
Large size in Bordeaux

Note: Choose your size based on  
your shoulder measurement.

The model is about 5'5" in height  
with a 34" chest, 39 1/2" around  
shoulder.

### FINISHED MEASUREMENTS (BLOCKED)

15 inches [19 inches] width

39 inches [42 inches] long before  
seaming

### DanDoh Yarn "Linen"

100% linen, 124 yards/50g, 2 [3]  
skeins Natural Ecru, Bordeaux

### NEEDLES

US size 8 (5.0 mm) knitting needles,  
or size needed to obtain gauge

US size 15 (10.0 mm) knitting  
needles, or twice as large as the  
smaller needle size

### NOTIONS

Cable needle

Darning needle

Smooth waste yarn for provisional-  
cast-on

Additional waste yarn

Lace blocking wires - optional for  
blocking

### GAUGE (AFTER BLOCKING)

21 sts x 23 rows = 4" in St St with  
smaller needle size



**T**his clever infinity wrap is twisted in the middle in the same manner as a Möbius strip. It is a rectangle worked flat with two fun stitch patterns, and then twisted and joined to form the Möbius shape. It can be worn as a scarf or a wrap.

The first stitch pattern is the Dropped Stitch Cable Pattern. I have been swatching stitch patterns, combining dropped stitches with cables. This is the newest version I've made. It is easy to work, makes the fabric lacy and drapes well. The second stitch pattern is a Double Seed Stitch worked with two different needle sizes. Both stitch patterns are fun to work.

Show the right side of the Dropped Stitch Cable Pattern when wearing this wrap. The Double Seed Stitch Pattern is reversible.

## Pattern Notes

- The pattern is written for the Small size with instructions for the Larger size in brackets.

## Stitch Guide

**2/2 RC:** Sl next 2 sts to cn and hold in front, k2, then k2 from cn.

### Double Stitch Cable pattern (multiple of 7 sts plus 4 sts)

**Row 1 and all RS rows except row 11:** \*K-tbl, k1, yo, k2tog, p1, k-tbl, p1; rep from \* to last 4 sts, ktbl, k1, yo, k2tog.

**Row 2 and all WS rows:** \*P-tbl, p1, yo, p2tog, k1, p-tbl, k1; rep from \* to last 4 sts, p-tbl, p1, yo, p2tog.

**Row 11:** \*2/2 RC, p1, k-tbl, p1; rep from \* to last 4 sts, 2/2 RC.

**Row 12:** Rep row 2.

Rep rows 1-12 for pattern.

**Note:** The stitch count does not change.



### Double Seed Stitch Pattern for smaller size (multiple of 4 sts plus 2 sts)

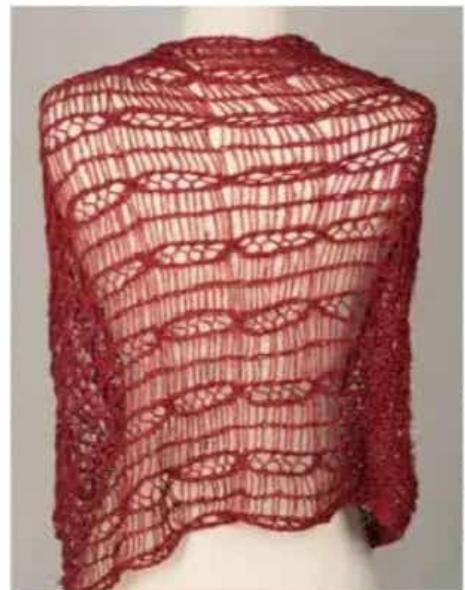
**Row 1 (RS):** With smaller needles, sl 1 purlwise with yarn in front, \*k2, p2; rep from \* to last st, k1.

**Row 2 (WS):** Repeat row 1.

**Row 3:** With larger needles, sl 1 purlwise with yarn in front, \*p2, k2; rep from \* to last st, k1.

**Row 4:** Repeat row 3.

Rep rows 1-4 for pattern.



### Double Seed Stitch Pattern for larger size (multiple of 4 sts plus 4 sts)

**Row 1 (RS):** With smaller needles, sl 1 purlwise with yarn in front, k2, \*p2, k2; rep from \* to last st, k1.

**Row 2 (WS):** With larger needles, sl 1 purlwise with yarn in front, p2, \*k2, p2; rep from \* to last st, k1.

**Row 3:** With smaller needles, sl 1 purlwise with yarn in front, p2, \*k2, p2; rep from \* to last st, k1.

**Row 4:** With larger needles, sl 1 purlwise with yarn in front, k2, \*p2, k2; rep from \* to last st, k1.

Rep rows 1-4 for pattern. Instructions

# Instructions

With waste yarn and smaller needles, cast on 46 [60] sts using a provisional cast-on.

Work Double Stitch Cable Pattern section as follows:

**Set-up row (WS):** \*P3, (p2tog, yo) 2 times; rep from \* to last 4 sts, p4.

Work rows 1-12 5 [6] times of Double Stitch Cable pattern.

Work rows 1-7 once more.

**Next row (WS):** \*P-tbl, p2, p-tbl, drop next knit st, yo, p-tbl, drop next knit st, yo; rep from \* to last 4 sts, p-tbl, p2, p-tbl.

Work Double Seed Stitch Pattern section as follows:

Work Double Seed Stitch Pattern rows 1-4 22 times. Be sure to work Double Seed Stitch Pattern for your size.

Do not bind off, and do not cut yarn.

## FINISHING

Block the wrap before cutting your yarn. You may need to work additional repeats of Double Seed Stitch pattern if your rectangle does not reach blocked measurements.

Place the live stitches onto wasted yarn. Block the wrap. I recommend wet blocking with Lace Blocking Wires. Block the wrap to measurements (see diagram). If measurements cannot be reached after the wrap is dry, work additional repeats of Double Seed Stitch

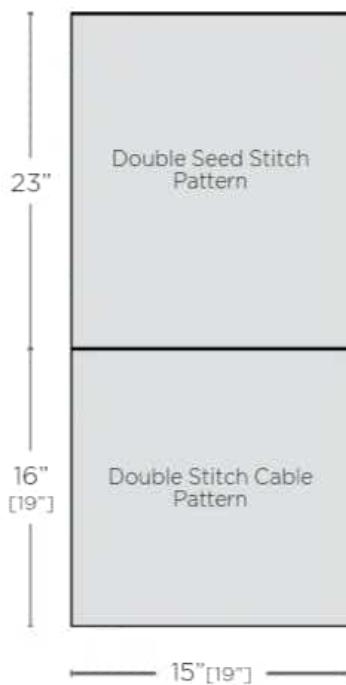
pattern rows 1-4 for your size. Block the wrap after working additional repeats.

Cut yarn leaving a long end.

Place the live stitches back onto the larger needle. Unzip the provisional cast-on, and place these sts onto the smaller needle.

Twist the knitted piece once. Hold the 2 needles parallel with the tips pointing in the same direction (RS of Double Stitch Cable pattern and WS of Double Seed Stitch pattern should be on the outside). Use Kitchener Stitch to graft the ends together.

Weave in ends.







# Cholla

## Crochet

### SKILL LEVEL

Advanced Beginner

### FINISHED MEASUREMENTS

15 inches [19 inches] width

39 inches [42 inches] long  
before seaming

### DanDoh Yarn "Silk +"

76% silk, 24% cotton, 227  
yards/50g

1 skein each color, Angora and  
Chili Pepper for double layer  
scarf; L.Gray for single layer  
scarf.

### HOOKS

Size E (3.5 mm) hook, or size  
needed to obtain gauge

### NOTIONS

1 Button (1" dia.)

1 place marker (to mark first  
single crochet bar)

35 place markers in a second  
color

1 place marker in a third color  
(to mark beginning of round)

Darning Needle

### GAUGE

20 chains = 4" (blocked)



**T**his lacy ruffles scarf is layered with two different sized strips that are not sewn together! First, make a larger base strip, then make a smaller strip over the first strip, joining as you go. Or you can make just one strip for a single layer, and that would be a lovely scarf by itself, too. The center chain spaces are used as buttonholes that allow you to wear it in multiple ways.

With this pattern, it is easy to make your own original scarf. Layer two completely different fibers such as cotton and mohair or alpaca and sequined yarn. The combinations are endless!

## Pattern Notes

- For the double layer scarf, make the larger Base Strip first, then make the smaller strip by joining as you go when you work the Set-up Rnd for the smaller strip.
- To make the single layer scarf, you do not need to place markers on the set-up Rnd.



## Stitch Guide

### Strip Stitch Pattern

**Set-up Rnd:** Ch 190, sc in 10th ch from hook. Place a marker in the first color around sc. \*Ch 4, sk 4 ch, sc in next ch, place a marker in the second color around sc; rep from \* until 5 ch remain. Ch 4, sl st into last ch.

**Rnd 1:** Sc into sp below sl st, place a marker in the third color to mark beg of rnd. (Ch 4, sc into the same sp) twice. \*Ch 4, sc into next ch 4-sp, ch 4, sc into the same sp; rep from \* until last ch 4-sp before ch 9-sp. Ch 4, sc into ch 9-sp, (ch 4, sc into the same sp) 4 times. \*\*Ch 4, sc into next ch 4-sp, ch 4, sc into the same sp; rep from \*\* until last ch 4-sp. Ch 4, sc into next ch-9 (ch 4+ch 5) sp, ch 4, sc into the same sp, ch 1, dc in sc at beg of rnd. Remove beg of rnd marker.

**Rnds 2-3:** Sc into the sp below and place beg of rnd marker. \*Ch 4, sc into next ch-sp; rep from \* around, ch 1, dc in sc at beg of rnd. Take off a marker from sc at beg.

**Rnds 4-5:** Sc into the sp below and place beg of rnd marker. \*Ch 5, sc into next ch-sp; rep from \* around, ch 2, dc in sc at beg of rnd. Take off a marker from sc at beg.

**Rnds 6-7:** Sc into the sp below and place beg of rnd marker. \*Ch 6, sc into next ch-sp; rep from \* around, ch 3, dc in sc at beg of rnd. Take off a marker from sc at beg.

**Rnd 8:** Work same as rnd 6-7, but ch 6, sl st into first sc instead of working ch 3, dc in sc at beg of rnd. Take off a marker from sc at beg.

Fasten off. Do not remove any of the other markers.

**Note:** Strip Stitch Pattern in graphic shows only until Rnd 6. Rnds 7- 8 are worked the same as Rnd 6.

# Instructions

## Make Base Strip (larger strip)

With Main Color, work Strip Stitch Pattern Rnds 1-8.

## Make and join smaller strip to Base Strip

Lay down Base Strip. With Contrast Color, work as follows:

Ch 5, sc around first sc bar marked with the first color on the Base Strip. \*Ch 4, sc into next marked sc bar on the Base Strip; rep from \* until last marker on this side.

Turn the Base Strip 180 degrees. Ch 9, sc into the same sc bar that you worked the previous sc. \*Ch 4, sc into next marked sc bar on the Base Strip; rep from \* until the marker with the first color. Ch 4, sl st with the beg ch (this round counts as the set-up rnd).



Skip set-up rnd of Strip Stitch Pattern, and work rnds 1-6 of Strip Stitch Pattern, being careful not catch any stitches from the Base Strip.

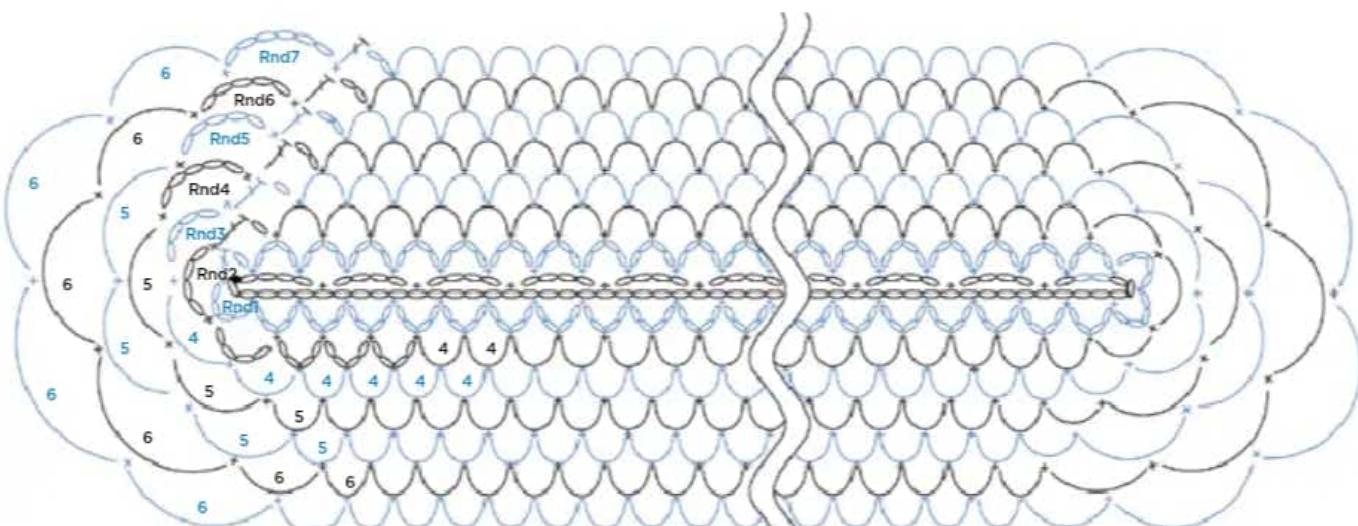
**Rnd 7:** Work same as rnd 6, but ch 6, sl st into first sc instead of working ch 3, dc in sc at beg of rnd. Take off a marker from sc at beg. Fasten off.

## FINISHING

Block the scarf.

Weave in ends.

Try on the scarf and decide where to put the button. Sew a button. Use the holes in the center chain spaces as a buttonhole.



○ = ch   + = sc   | = dc   & = tr   \* = sl st   4 = ch 4





# Meadow's Night

## Knit

### SKILL LEVEL

Advanced Beginner

### FINISHED MEASUREMENTS

24 inches width, 56 inches circumference

### DanDoh Yarn "Cotton Fine"

(100% cotton, 435 yards/50g),  
2 skeins each Karashi and Blue Purple

### NEEDLES

US size 10 1/2 (6.5 mm) 24-32" circular knitting needles, or size needed to obtain gauge

### NOTIONS

Darning needle

Stitch marker

One needle larger than size needed to obtain gauge for bind-off (optional)

Lace blocking wires (optional for blocking)

### GAUGE

14 sts x 20 rows = 4" in St St (blocked)



**T**his simple cowl is a great project for adventurous beginning knitters willing to try knitting two strands of yarn held together and making fun color combinations. Three wide blocks make up this cowl. The top and bottom blocks are two different solid colors, and the center block uses one of each of these colors. The yarn I used is a thin cotton tape yarn, and the simple stockinette stitch shows off the beauty of this yarn.

This colorful summery cowl is a great piece to wear with a simple tank dress or tank top.

# Pattern Notes

- This cowl is knitted with 2 strands of yarn held together throughout.
- If you want to go very easy, you can knit round 5 of section A and round 35 of section C instead of working the pattern stitch.
- If you prefer a shorter or longer circumference, cast on a multiple of 6 stitches less or more. If you cast on more stitches, you will need more yarn to complete the project.
- If you prefer a wider cowl, you can work more rounds with color A in Section A. Make sure that you have at least 1/3 of color A left to work section B. If working more rounds in Section A, make sure you work the same number of additional rounds in Section C with color B.



## Instructions

### SECTION A

Holding two strands of color A together, cast on 198 sts.

Place a marker to denote beginning of rnd and join for working in the rnd, being careful not to twist the sts.

**Rnds 1-4:** \*K4, p2; rep from \* around.

Rnd 5: \*Place your RH needle from front to back between the 4th and 5th sts from tip of LH needle and draw through a loop, k this loop together with the 1st st on the LH needle, k3, p2; rep from \* around.

**Rnds 6-40:** Knit.

**Rnd 41:** Purl.

Cut one strand of color A leaving a 4-5" tail.

### SECTION B

**Rnd 1:** Join one strand of color B. Holding the strand of color A from section A and one strand of color B together, knit.

**Rnds 2-40:** Knit.

Cut Color A leaving a 4-5" tail.

### SECTION C

**Rnd 1:** Join a second strand of color B. Holding two strands of color B together, knit.

**Rnd 2:** Purl.

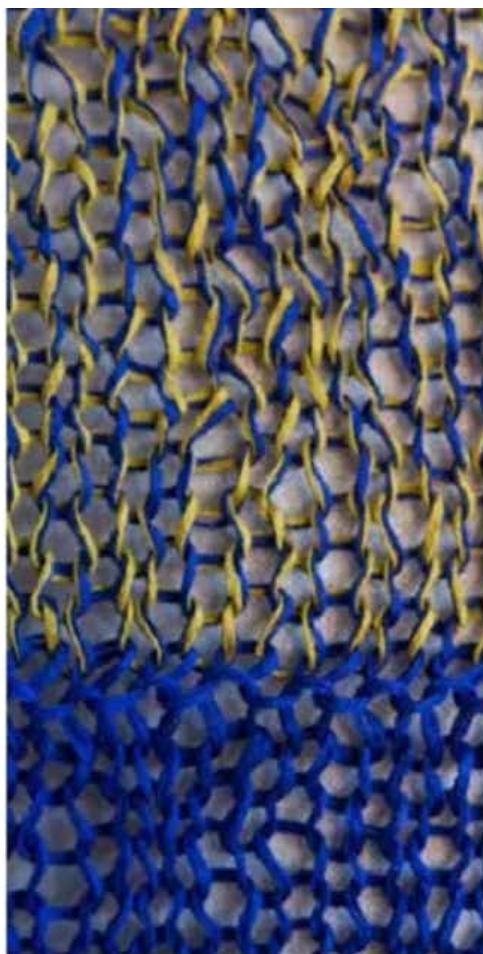
**Rnds 3-36:** Knit.

**Rnd 37:** \*Place RH needle from front to back between the 4th and 5th sts from tip of LH needle and draw through a loop, k this loop together with the 1st st on the LH needle, k3, p2; rep from \* around.

**Rnds 38-41:** \*K4, p2; rep from \* around.

Bind off all stitches loosely, using a larger needle size if desired.

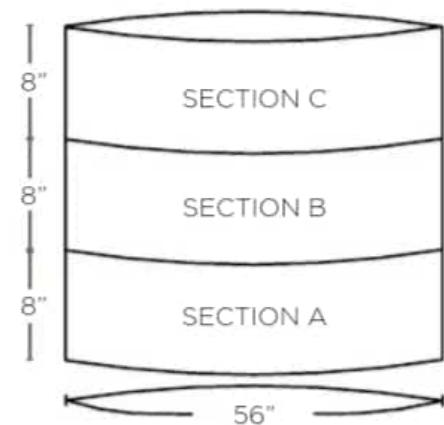
Cut both strands of color B leaving a 4-5" tail.



## FINISHING

Block the cowl to measurements (see a diagram). I recommend wet blocking with lace blocking wires. To make the fold line go away after blocking with lace blocking wires, spray water lightly on fold line, and let dry.

Weave in ends.







# Salix

*Knit*

## SKILL LEVEL

Intermediate

## SIZES

XS [S-M, L-XL] shown in size XS

**Note:** The shoulder width measurement is most important in determining size. The length and armhole depth are easy to adjust.

## FINISHED MEASUREMENTS

**Shoulder width** 10 1/2 [12, 13 1/2] inches,

**Chest** 49 [52 1/2, 59] inches,

**Length** 22 1/2 [23, 24] inches

## DanDoh Yarn "Silk +"

(76% Silk, 24% cotton, 227 yards/50g), 4 [4, 5] skeins, Sage

**Note:** For L/XL size, I had 20 yards remaining for the 4th skein. I recommend 5 skeins to make sure you have enough yarn.

## NEEDLES

US size 6 (4.0 mm) 32" circular knitting needles, or size needed to obtain gauge

## NOTIONS

Cable needle

Stitch markers

Darning needle

Scrap yarn or stitch holders

Lace blocking wires (optional for blocking)

## GAUGE

22 sts x 28 rows = 4" in St St (blocked)



Here is my new design using the Dropped Stitch Cable pattern. The lines are vertical for a different look from my previous Dropped Stitch Cable pattern designs.

The cable pattern is 20% of the project, and the rest is worked with simple straight lines. The cables are worked only on the upper body, making this section a little narrower. You will start at the bottom in one piece, and work until the underarms. Then you will divide to work the two fronts and back separately.

The garment has an A-line because of the cable pattern, with decreases for the back of the neck. The result is less boxy, especially the back body, and more like a regular vest. I am happy with the resulting shape!

## Pattern Notes

- There are k-tbl/p-tbl sts worked as the first and last sts of the 4-st groups. These twisted stitches keep the edges of each 4-st group crisp when you drop the sts between the groups. Make sure that you work the k-tbl and p-tbl sts as indicated.
- Use the Single/E-wrap Cast-on to join Fronts and Back.
- If you have knitted "Forest Weave" or "River Ripples" from *DanDoh*, you may be familiar with the Dropped Stitch Cable pattern. The Dropped Stitch Cable patterns for those designs are worked with dropped stitches, cable stitches and yarn overs in the same row. For this vest, the dropped stitches, cable stitches and yarn overs are not worked in the same row.
- The armhole depth for the Extra Small and the Small-Medium sizes are not much different. The shoulder width makes the ease for the armholes different.
- The pattern is written for the Extra Small size with instructions for the Small-Medium size and Large-Extra Large size in brackets.
- If you prefer a shorter/longer top, work less/more repeats of the Main Body Stitch Pattern rows 1-2 before armholes. If you prefer narrow/wider armholes, work less/more repeats of the Main Body Stitch Pattern rows 1-2 before starting the Cable Stitch pattern.



## Stitch Guide

4-st group (on RS or odd numbered rows): K-tbl, k2, k-tbl.

4-st group (on WS or even numbered rows): P-tbl, p2, p-tbl.

**SI 1:** Slip 1 st purlwise with yarn in front.

**4/4 LC:** Sl next 4 sts to cn and hold in front, k4, then k4 from cn.

**4/4 RC:** Sl next 4 sts to cn and hold in back, k4, then k4 from cn.

### Main Body Stitch Pattern (multiple of 5 sts plus 8 sts)

**Row 1 (RS):** Sl 1, k1, \*4-st group, p1; rep from \*, end last rep with k2 instead of p1.

**Row 2 (WS):** Sl 1, k1, \*4-st group, k1; rep from \* to last st, k1.

Rep rows 1-2 for pattern.

### Cable Stitch Pattern (multiple of 5 sts plus 8 sts)

**Row 1 (RS):** Sl 1, k1, \*4-st group, p1, 4-st group, drop next purl st, 4-st group, p1; rep from \*, end last rep with k2 instead of p1. (1 st decreased each rep)

**Row 2 (WS):** Sl 1, k1, \*p-tbl, p6, p-tbl, k1, 4-st group, k1; rep from \* to last st, k1.

**Row 3:** Sl 1, k1, \*4-st group, p1, 4/4 LC, p1; rep from \*, end last rep with k2 instead of p1.

**Row 4:** Rep row 2.

**Row 5:** Sl 1, k1, \*4-st group, p1, 4-st group, yo, 4-st group, p1; rep from \*, end last rep with k2 instead of p1. (1 st increased each rep)

**Rows 6, 8, 10, 12 and 14:** Sl 1, k1, \*4-st group, k1; rep from \* to last st, k1.



## Instructions

CO 254 [272, 308] sts.

Knit 1 row.

Purl 1 row.

Knit 1 row.

### Body

Set-up row (WS): Sl 1, k1, p3, \*p2tog, yo, p2tog, p2; rep from \* to last 3 sts, p1, k2.

You will have a total of 213 [228, 258] sts.

Work Main Body Stitch Pattern as follows:

Work Main Body Stitch Pattern rows 1-2 40 times, then work row 1 once more, or until 11 1/2" from cast-on edge. You should be ready to work a WS row.

Work the next 3 rows as follows:

**Next Row (WS):** Sl 1, (k1, 4-st group) 15 [15, 18] times, drop next knit st, pm, (4-st group, k1) 11 [14, 14] times, 4-st group, drop next knit st, pm, (4-st group, k1) 15 [15, 18] times, k1. (211 [226, 256] sts)

**Next row (RS):** Sl 1, k1, (4-st group, p1) 14 [14, 17] times, k-tbl, k2, kfb, slm, kfb, k2, k-tbl, p1, (4-st group, p1) 10 [13, 13] times, k-tbl, k2, kfb, slm, kfb, k2, k-tbl, (p1, 4-st group) 14 [14, 17] times, k2. (215 [230, 260] sts)

**Next row (WS):** Sl 1, (k1, 4-st group) 15 [15, 18] times, kfb, slm, kfb, (4-st group, k1) 11 [14, 14] times, 4-st group, kfb, slm, kfb, (4-st group, k1) 15 [15, 18] times, k1.



**Rows 7, 9, 11 and 13:** Sl 1, k1, \*4-st group, p1; rep from \*, end last rep with k2 instead of p1.

**Row 15:** Sl 1, k1, \*4-st group, drop next purl st, (4-st group, p1) 2 times; rep from \*, end last rep with k2 instead of p1. (1 st decreased each rep)

**Row 16:** Sl 1, k1, \*4-st group, k1, p-tbl, p6, p-tbl, k1; rep from \* to last st, k1.

**Row 17:** Sl 1, k1, \*4/4 RC, p1, 4-st group, p1; rep from \*, end last rep with k2 instead of p1.

**Row 18:** Rep row 16.

**Row 19:** Sl 1, k1, \*4-st group, yo, (4-st group, p1) 2 times; rep from \*, end last rep with k2 instead of p1. (1 st increased each rep)

**Rows 20, 22, 24 and 26:** Sl 1, k1, \*4-st group, k1; rep from \* to last st, k1.

**Rows 21, 23, 25 and 27:** Sl 1, k1, \*4-st group, p1; rep from \*, end last rep with k2 instead of p1.

**Row 28:** Rep row 20.

Rep rows 1-28 for pattern.

You have 219 [234, 264] sts.

### Divide for armholes and work Back and Fronts separately

78 [78, 93] sts before the 1st marker are for the Right Front, 63 [78, 78] sts between the markers are for the Back, 78 [78, 93] sts after the 2nd marker are for the Left Front.

Place the stitches for the Back and Left Front onto separate pieces of scrap yarn or two stitch holders, being careful not to drop any stitches.

### Right Front

You will work the Right Front over the 78 [78, 93] sts that are still on your needle.

Work Main Body Stitch Pattern rows 1-2 11 [13, 16] times.

Work Cable Stitch Pattern rows 1-28 once, then rows 1-11 once more. Work next two rows as follows:

**Next row (WS):** Sl 1, k1, \*4-st group, drop next knit st, yo twice; rep from \* to last 6 sts, 4-st group, k2.

**On next row (RS):** Sl 1, k1, \*4-st group, k-tbl in each of two yo; rep from \*, to last 6 sts, 4-st group, k2.

You will have 92 [92, 110] sts for Right Front.

Cut yarn, leaving an 8-10" tail. Place these stitches on scrap yarn or a stitch holder, being careful not to drop any stitches.

### Back

Place the 63 [78, 78] sts held for the Back back on your needle and join yarn.

Work these 63 [78, 78] sts the same as for Right Front, ending on a RS row.

You will have 74 [92, 92] sts for the Back.

Cut yarn, leaving an 8-10" tail. Place these stitches on scrap yarn or a stitch holder, being careful not to drop any stitches.

### Left Front

Place the 78 [78, 93] sts held for the Left Front back on your needle and join yarn.

Work these 78 [78, 93] sts the same as for Right Front, ending on a RS row.

You will have 92 [92, 110] sts for the Left Front.

Do not cut yarn.

### Joining Fronts and Back

Place all stitches back on your needle, being careful not to drop any stitches.

On the next row (WS), continue working across Left Front, Back and Right Front as follows, using the Single/E-wrap Cast-on to cast on stitches:

Sl 1, k1, p90 [90, 108], CO 4 sts, p16 [15, 21], pm, p42 [62, 50], pm, p16 [15, 21], CO 4 sts, p90 [90, 108], k2. (266 [284, 320] sts)

**Row 1 (RS):** Sl 1, k to end.

**Rows 2, 4, 6 and 8 (WS):** Sl 1, k1, p to last 2 sts, k2.

**Row 3:** Repeat row 1.

**Row 5:** Sl 1, knit to marker, slm, (k2tog, k3 [3, 4]) 8 [12, 8] times, k2tog, slm, knit to end. (257 [271, 311] sts on needle)

**Row 7:** Sl 1, knit to marker, slm, (k2tog, k2 [2, 3]) 8 [12, 8] times, k1, slm, knit to end. Remove markers on this row as you come to them. (249 [259, 303] sts)

Work row 9 for your chosen size, evenly decreasing 68 [70, 82] sts as follows:

**Row 9 (size XS):** Sl 1, k1, [(k2tog, k2) 2 times, k2tog, k1] 11 times, (k2tog, k1) 4 times, [(k2tog, k2) 2 times, k2tog, k1] 10 times, k2tog, k2.

**Row 9 (size S-M):** Sl 1, k2, [(k2tog, k2) 2 times, k2tog, k1] 11 times, (k2tog, k1) 3 times, [(k2tog, k2) 2 times, k2tog, k1] 11 times, k2tog, k3.

**Row 9 (size L-XL):** Sl 1, k1, [(k2tog, k2) 2 times, k2tog, k1] 27 times, k2tog, k2. (181 [189, 221] sts)

**Rows 10-13:** Sl 1, knit to end.

**Row 14:** Sl 1, k1, \*p2tog, yo; rep from \* until last 3 sts, p1, k2.

**Rows 15-18:** Sl 1, knit to end.

Bind off all sts using a Picot Bind-off as follows:

Picot Bind-off (multiple of 6 sts plus 7 [9, 5] sts)



Bind off 6 [7, 5] sts. \*Slip the single stitch on the RH needle back onto the LH needle, cast on 3 sts using the knitted cast-on method. Bind off 9 sts; rep from \*, end last repeat binding off 9 [10, 8] sts.

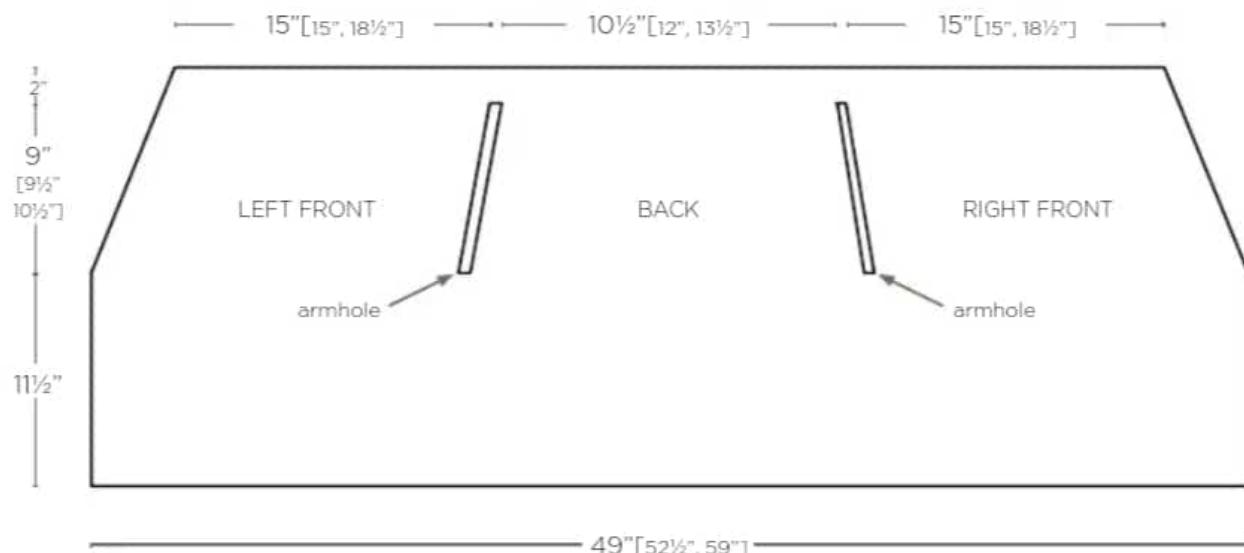
Cut yarn, leaving an 8-10" tail.

### Finishing

Unravel all dropped sts (this makes a lacy look).

Block the garment. I recommend wet blocking with Lace Blocking Wires so that the diagram measurements will be reached. The Cable Stitch Pattern areas are a little tight and unstretched and need to be opened up.

Weave in all ends. Weave three times back and forth on upper armhole area where you cast on 4 sts. This will make this area a little bulky, but it will be secure.







# Twigs

## Crochet

### SKILL LEVEL

Intermediate

### FINISHED MEASUREMENTS

24 inches width

56 inches long

### DanDoh Yarn "Silk +"

(76% Silk, 24% cotton, 227 yards/50g), 3 skeins, Pink Rose

### HOOKS

Size F (3.75 mm) hook, or size needed to obtain gauge

### NOTIONS

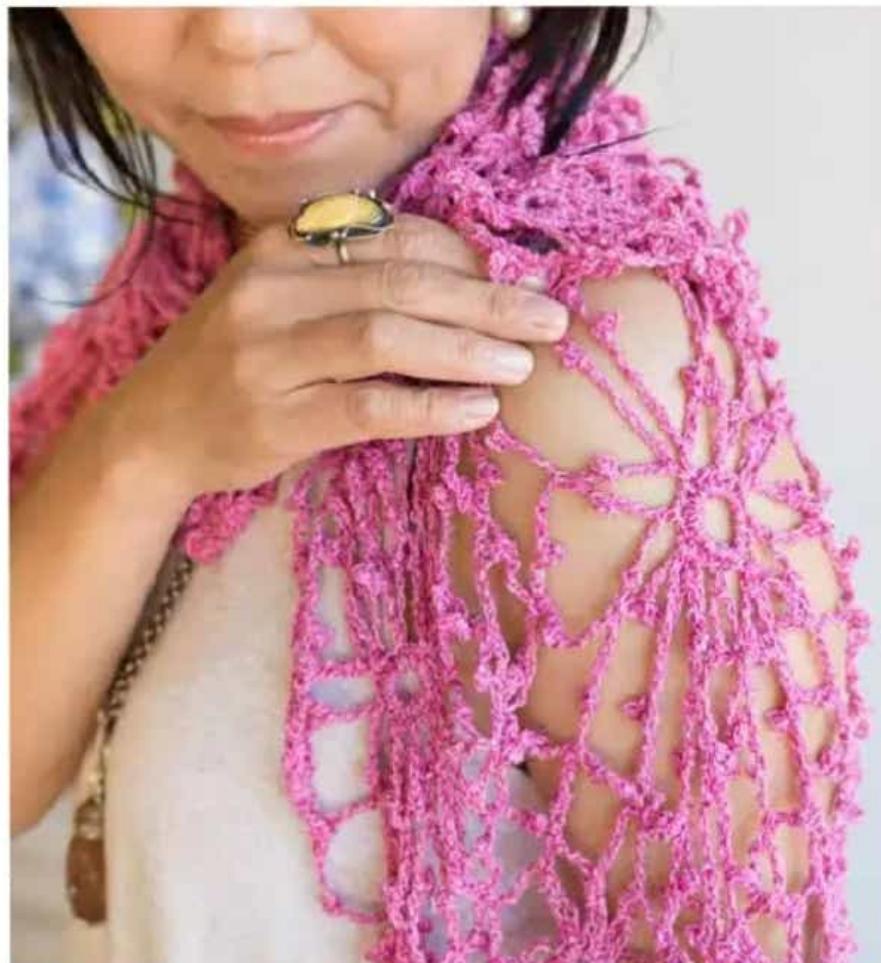
Stitch markers

Darning needle

### GAUGE

One Branch Motif =

Approx. 8" x 8" (blocked)

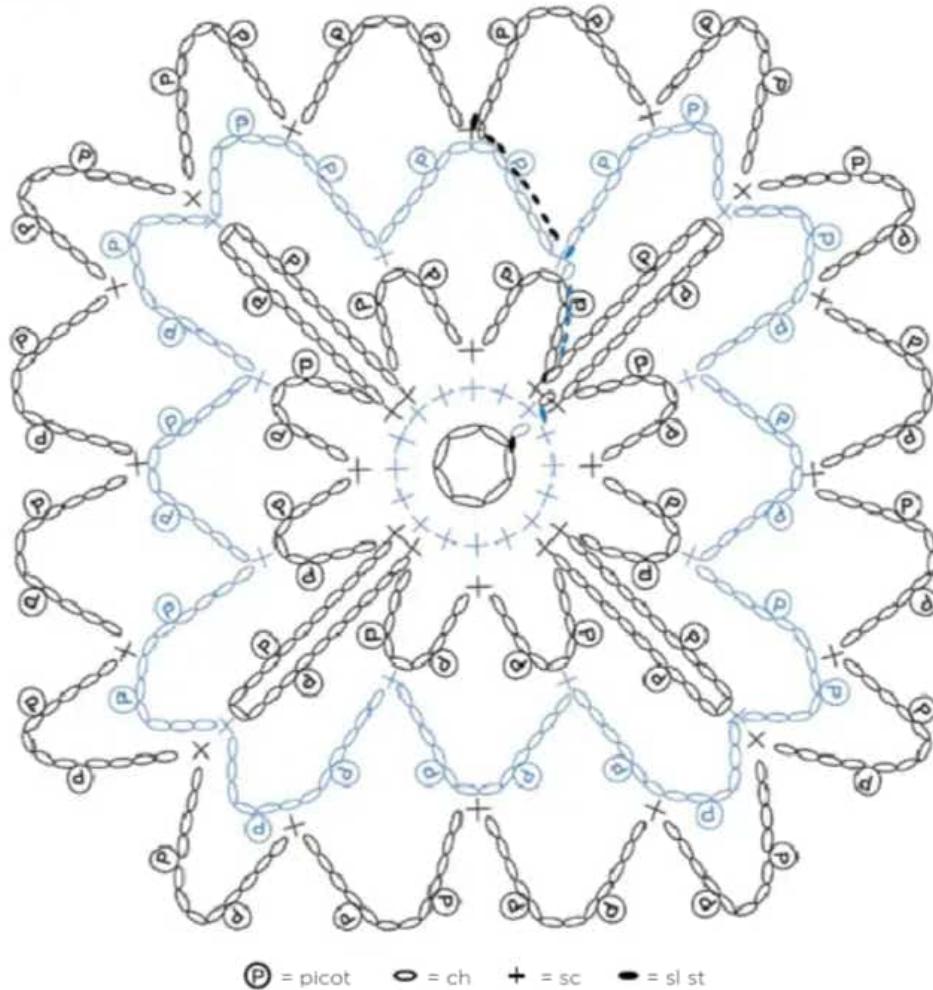


**T**his beautiful shawl is made with connecting crocheted motifs. The crocheted lace look is quite different from knitted lace. It has larger open spaces on the fabric, not fragile, and it has more body.

These motifs were made with only simple basic stitches (chain, single crochet and slipped stitch). The motifs are not difficult to make and not difficult to join. Knowing where to join them is a little more difficult because the motifs are not simple shapes (like square or circular motifs).

## Pattern Notes

- This shawl is constructed by joining motifs together as you go.
- Placing markers on Round 4 will help to find the corner of the motif.



## Stitch Guide

**Picot:** Ch 3, sl st into 3rd ch from hook.

### MOTIF PATTERN

**Base Ring:** Ch 7, sl st in 1st ch to form a ring.

**Round 1:** Ch 1, 16 sc into ring, sl st to 1st sc.

**Round 2:** Ch 1, sc in 1st sc, \*(sk next sc, ch 3, picot, ch 3, picot, ch 3, sc in next sc) 2 times, ch, picot, ch 7, picot, ch 7, sc into same sc as last sc; rep from \* 3 more times, sl st to 1st sc.

**Note:** Long loops with ch 7s and picots are corner loops

**Round 3:** Sl st into ea of first 3 ch, behind 1st picot and into next ch sp between picots, sl st into next ch (1st of 3 chs), sc into ch-3 sp as sl st. \*Work loop

as follows: (ch 4, picot, ch 4, picot, ch 4), sc into next ch sp between 2 picots; rep from \* 10 more times, work loop, sl st to 1st sc at beg. (total 12 loops)

**Round 4:** Sl st into ea of first 4 ch, behind first picot and into next ch sp between picots, sl st into next 2 chs (1st and 2nd of 4 chs), sc into ch-4 sp as sl st. \*Work loop (same as Round 3), sc into next ch sp between 2 picots, work loop, sc in next sc at the top of the corner long loop on Round 2, and place marker on this sc to mark one of the corners of this motif, (work loop, sc into next ch sp between 2 picots) 2 times; rep from\* 3 more times, last rep end sl st to 1st sc at beg.

Fasten off.

# Instructions

## 1. MAKING AND JOINING MOTIFS

You will make a total of 21 Motifs.

Begin with 1 complete Motif, then join subsequent motifs in Round 4 as you make them. (See "How to join motifs").

### How to join motifs

When you are making subsequent motifs, join them to the 4 ch-4 sps of completed motifs by working (ch 2, sl st in ch-4 sp of completed motif, ch 2) in place of ch-4s in Round 4. (See Diagrams 1 and 2 on the following pages).

## 2. FILLING THE SPACES BETWEEN MOTIFS

After you join all motifs, there are big spaces between Branch Motifs and 8 picots are around each spaces. (See Diagram 2). Work motifs and join to these picots as follows:

### Star Motif

Ch 7, sl st in 1st ch to form a ring. Ch 1, sc into ring. Ch 3, insert crochet hook into one of the open picots from a Branch Motif

Around the empty space, draw up loop, ch 4, sc into base ring, ch 4, insert hook into next picot to the left; rep from \* until all 8 picots have been joined, ch 4, sl st into 1st sc at beg.

Fasten Off.

### FINISHING

Weave in all ends.

Block the shrug.



DIAGRAM 1

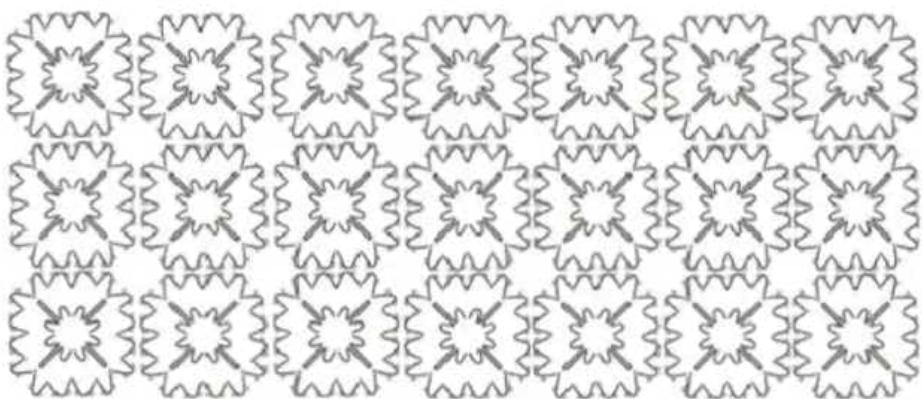
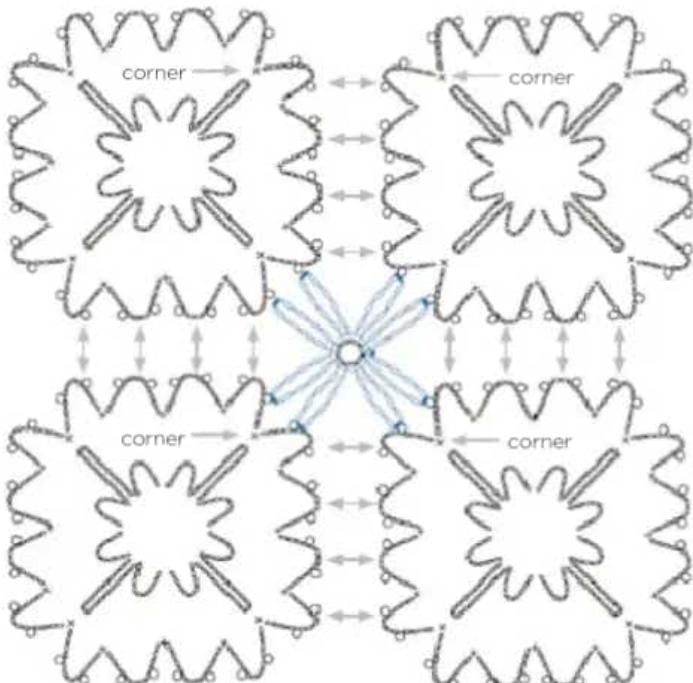


DIAGRAM 2







# Lattice

## Crochet

### SKILL LEVEL

Advanced Beginner-  
Intermediate

### FINISHED MEASUREMENTS

62 inches around

19 1/2 inches long

### DanDoh Yarn "Cotton Fine"

(100% cotton, 435 yards/50g),  
2 skeins each Blue Grey and  
Ecru

### HOOK

Size G (4.0 mm) crochet hook,  
or size needed to obtain gauge

### NOTIONS

2 stitch markers

Darning needle

Lace blocking wires (optional  
for blocking)

### GAUGE

24 sts in Stitch patterns A and  
B = approx. 5 1/8" (2 strands  
held together, blocked)



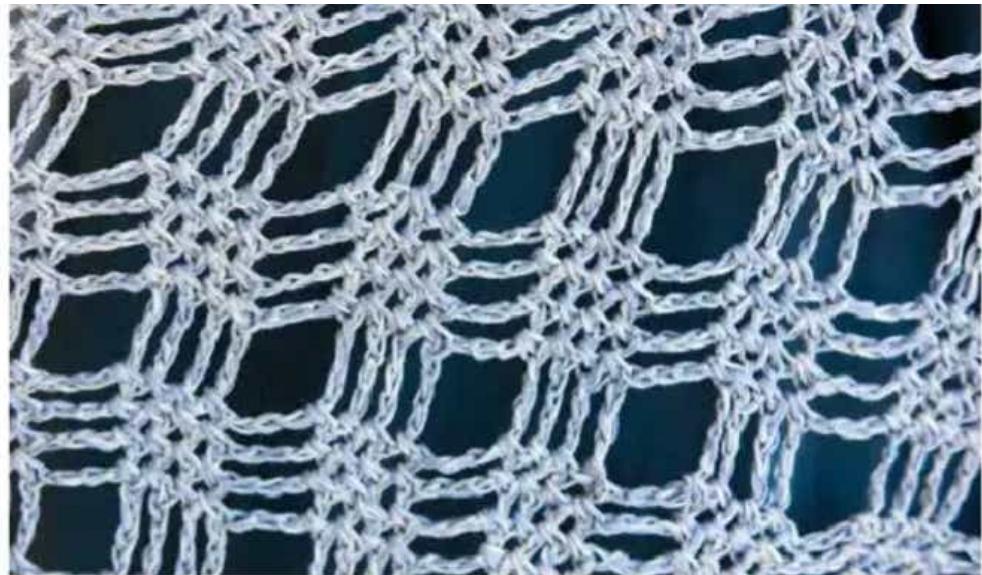
**T**his fashionable poncho wears well  
and uses basic crochet stitches.

It is a rectangular-shaped piece  
using chain, single crochet, double  
crochet and triple crochet.

The fabric is stunning due to the  
combination of yarn and crochet stitch  
patterns. I used crisp thin tape yarn,  
and the edge of the tape makes for  
clean textures on crocheted fabric. The  
poncho is crocheted holding two colors  
together, and the color effect came out  
just beautifully.

# Pattern Notes

- This poncho is crocheted with 2 strands of yarn held together throughout.
- Make 27 chains or 51 chains to check your gauge. The stitch pattern does not work with just 24 sts for the gauge swatch.
- There are many single crochet stitches being worked into a chain space for this pattern. "Single crochet into the chain space" means: insert the hook through the space (below the chains), not into the chain stitch.
- This poncho is worked top down. The side with the beginning chain will be the neck and shoulder line.
- The poncho has three sections. Start with Section A, work Section B, then work Section A again.
- If you prefer a narrower/wider poncho, make the beginning chain a multiple of 24 chains less/more at the beginning. 24 chains is approximately 5 inches.



## Stitch Guide

### Stitch Pattern A (multiple of 8 sts plus 3 sts)

**Set up row:** Ch 3 (counts as dc here and throughout), dc in each of next 2 sts, \*ch 3, sk next 2 sts, sc in next st, ch 3, sk next 2 sts, dc in each of next 3 sts; rep from \* across, turn.

**Row 1:** Ch 1, sc in 1st dc and in each of next 2 dc, \*ch 5, sc in each of next 3 dc; rep from \* across, turn.

**Row 2:** Ch 3, dc in each of next 2 sc, \*ch 3, sc into ch-5 sp, ch 3, dc in each of next 3 sc; rep from \* across, turn.

Rep rows 1-2 for pattern.

### Stitch Pattern B (multiple of 12 sts plus 3 sts)

**Set up row:** Ch 1, sc in 1st and in each of next 2 sts, ch 1, sk next st, sc in next st, \*ch 7, sk next 5 sts, sc in next st, (ch 1, sk next st, sc in next st) 3 times; rep from \*, end last rep with (ch 1, sk next st, sc in next st) 1 time instead of 3 times, then sc in each of last 2 sts, turn.

**Row 1:** Ch 1, sc in 1st and 2nd sc, ch 1, sc into ch-1 sp, \*ch 4, sc into ch-7 sp, ch 4, sc into next ch-1 sp, (ch 1, sc into next ch-1 sp) 2 times; rep from \*, end last rep with ch 1, then sc into each of last two sc, turn.

**Row 2:** Ch 1, sc in 1st and 2nd sc and in ch-1 sp, \*ch 4, sc into ch-4 sp, ch 1, sc into next ch-4 sp, ch 4, sc into next ch-1 sp, ch 1, sc into next ch-1 sp; rep from \*, end last rep without last ch 1, sc into next ch-1 sp, then sc in each of last 2 sc, turn.

**Row 3:** Ch 1, sc in 1st and 2nd sc, \*ch 4, sc into ch-4 sp, ch 1, sc into ch-1 sp, ch 1, sc into next ch-4 sp, ch 4, sc into next ch-1 sp; rep from \*, end last rep without last sc into ch-1 sp, then sc in each of last 2 sc, turn.

## Stitch Guide



**Row 4:** Ch 4 (counts as tr), tr in next sc, ch 3, \*sc into ch-4 sp, (ch 1, sc into next ch-1 sp) 2 times, ch 1, sc into ch-4 sp, ch 7; rep from \*, end last rep with ch 3 instead of ch 7, then tr in each of last 2 sc, turn.

**Row 5:** Ch 1, sc in 1st and 2nd tr, \*ch 4, sc into next ch-1 sp, (ch 1, sc into next ch-1 sp) 2 times, ch 4, sc into ch-7 sp; rep from \*, end last repeat with ch 4, then sc in each of last 2 tr, turn.

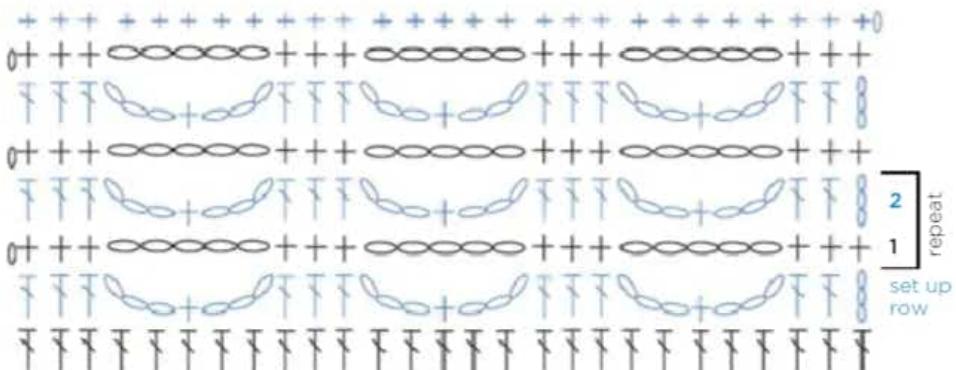
**Row 6:** Ch 1, sc in 1st and 2nd sc, \*sc into ch-4 sp, ch 4, sc into next ch-1 sp, ch 1, sc into next ch-1 sp, ch 4, sc into ch-4 sp, ch 1; rep from \*, end last rep without last ch 1, then sc in each of last 2 sc, turn.

**Row 7:** Ch 1, sc in 1st and 2nd sc, ch 1, \*sc into ch-4 sp, ch 4, sc into next ch-1 sp, ch 4, sc into ch-4 sp, ch 1, sc into next ch-1 sp, ch 1; rep from \*, end last rep without sc into next ch-1 sp and ch 1, then sc in each of last 2 sc, turn.

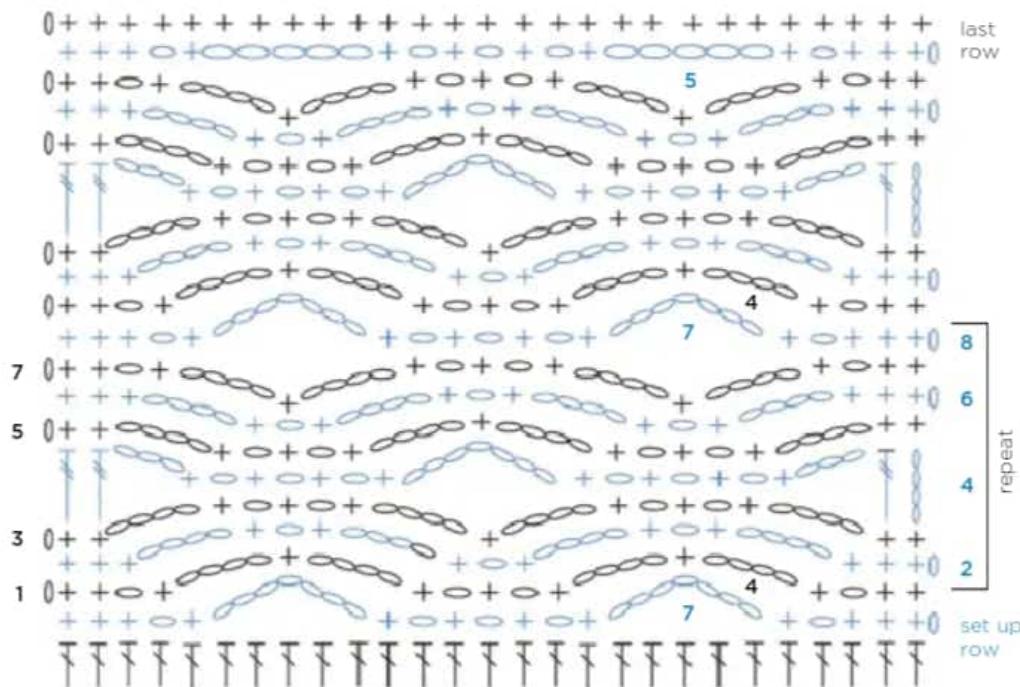
**Row 8:** Ch 1, sc in 1st and 2nd sc, sc into next ch-1 sp, ch 1, \*sc into ch-4 sp, ch 7, sc into next ch-4 sp, (ch 1, sc into next ch-1 sp) 2 times, ch 1; rep from \*, last rep end with (ch 1, sc into next ch-1 sp) 1 time instead of 2 times, then sc in each of last 2 sc, turn.

Rep rows 1-8 for pattern

### STITCH PATTERN A



### STITCH PATTERN B



# Instructions

Holding one strand each of color A and color B together, chain 291.

**Set-up:** Ch 3 (counts as first dc), dc in 5th ch from hook, dc in each ch across, turn. (total 291 dcs)

## SECTION A

Work Stitch Pattern A set-up row.

Work rows 1-2 of Stitch Pattern A 4 times.

Work row 1 once more.

Work sc along next row as follows:

Ch 1, sc in 1st sc and in each of next 2 sc, \*5 sc into ch-5 sp, sc in each of next 3 sc; rep from \* across, turn. (total 291 scs)



## SECTION B

Work dc along next row as follows:

Ch 3 (counts as first dc), dc in 2nd sc and in each sc across, turn. (total 291 dcs)

Work Stitch pattern B set-up row.

Work rows 1-8 of Stitch Pattern B 3 times.

Work rows 1-7 once more.

Next row: Ch 1, sc in 1st and 2nd sc, sc into next ch-1 sp, ch 1, \*sc into ch-4 sp, ch 5, sc into next ch-4 sp, (ch 1, sc into next ch-1 sp) 2 times, ch 1; rep from \*, last rep end with (ch 1, sc into next ch-1 sp) 1 time instead of 2 times, then sc in each of last 2 sc, turn.

Work sc along next row as follows:

Ch 1, sc in 1st sc and in each of the next 2 sc, sc into ch-1 sp, sc in next sc, \* 5 sc into ch-5 sp, sc in next sc, (sc into next ch-1 sp, sc in next sc) 3 times; rep from \*, last rep end with (sc into next ch-1 sp, sc in next sc) 1 time instead of 3 times, then sc in last 2 sc, turn.

Work dc along next row as above.

## SECTION A

Work section A once more including the last row of sc.

Cut the yarn, leaving a 4-6" tail.



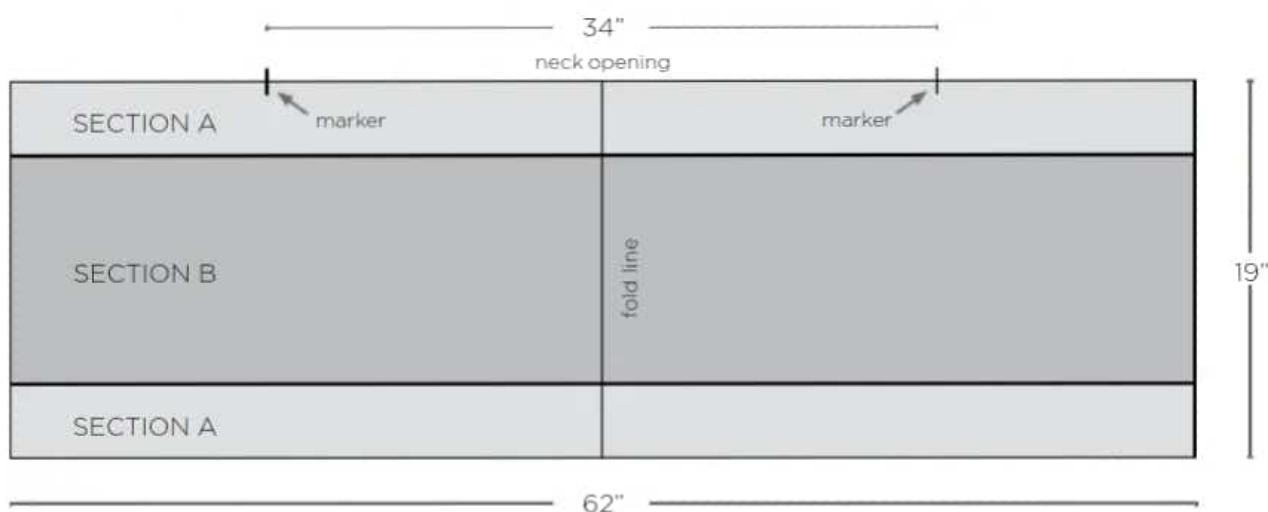


## FINISHING

Block the poncho to measurements (see diagram). I recommend wet blocking with lace blocking wires.

Place markers for neck opening on the base chain (see diagram). Fold the poncho in half, and sew from the corner to the markers. Adjust the neck opening size to your preference.

Weave in ends.







# Nouveau

## Knit

### SKILL LEVEL

Intermediate

### SIZES

S-M [L- XL]

Shown in size S-M

### FINISHED MEASUREMENTS

23 [25] inches long when it is worn

34 1/2 [38] inches long, cuff to cuff

### DanDoh Yarn "Linen"

(100% linen, 124 yards/50g), 5 [7] skeins, Sierra

### NEEDLES

US size 8 (5.0 mm) 32" circular knitting needles, or size needed to obtain gauge.

US size 15 (10.0 mm) 32" circular knitting needles, or size that is twice as large as the smaller needle size.

### HOOKS

US size H (5.0 mm) crochet hook

### NOTIONS

Stitch markers

Darning needle

Lace blocking wires (optional for blocking)

### GAUGE

14 sts x 24 rows = 4" in Lace Pattern with smaller size needles (blocked)



**N**ouveau is an adorable shrug with a pretty lace texture. Its simple shape is created with an easy Lace Stitch pattern for the body, and an interesting Stockinette Stitch collar, and edging which is created simply by using two different needle sizes. The effect is an elegant piece that would dress up any outfit for an evening on the town, and yet work well in an office.

## Pattern Notes

- The body of the shrug is worked in one piece from cuff to cuff, then you pick up stitches and knit the edging and collar.
- I held two #8 needles together to cast my stitches on around both to create a loose cast on row.



## Stitch Guide

Sl 2-k1-pss0: Slip 2 stitches together knitwise, Knit next stitch, then pass the 2 slipped stitches over the knit stitch and off the needle.

### Lace Pattern (multiple of 12 sts plus 5 sts)

**Row 1 (RS):** K1, \*k9, yo, sl 2-k1-pss0, yo; rep from \* to last 3 sts, k4.

**Row 2 and all WS rows:** Purl.

**Rows 3, 5 and 7:** K1, \*k1, yo, k2, sl 2-k1-pss0, k2, yo, k1, yo, sl 2-k1-pss0, yo; rep from \* to last 4 sts, k4.

**Row 9:** Rep row 1.

**Row 11: Knit.**

**Row 13:** K4, \*yo, sl 2-k1-p2sso, yo, k9; rep from \* to last 1 st, k1.

**Rows 15, 17 and 19:** K4, \*yo, sl 2-k1-pss0, yo, k1, yo, k2, sl 2-k1-pss0, k2, yo, k1; rep from \* to last 1 st, k1.

**Row 21:** Rep row 13.

**Row 23:** Knit.

**Row 24:** Purl.

Rep rows 1-24 for pattern.

### Edging pattern

**Round 1:** Change to larger needles, knit around.

**Round 2:** Change to smaller needles, knit around.

Repeat rounds 1-2 for pattern.

## Instructions

Using smaller size needles, cast on 125 [137] sts loosely.

Purl 1 row, then knit 1 row, then purl 1 row.

Then work in Lace Pattern rows 1-24 4 times. At the same time, place markers at the beginning and end of row 13 of 1st repeat of Lace Stitch pattern and row 11 of 4th repeat of Lace Pattern to mark underarms.

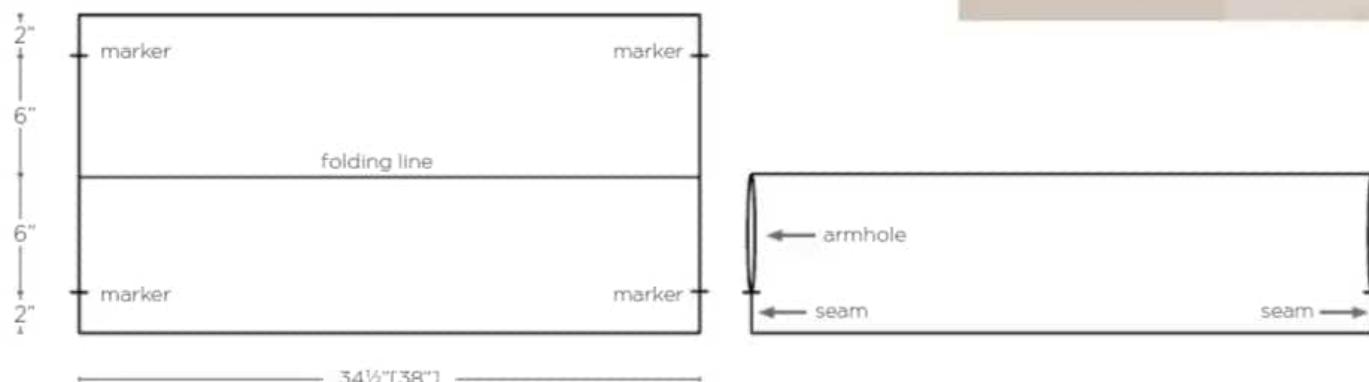
After completing the 4 th repeat

of the Lace Pattern, bind off all stitches loosely.

Fold in a half lengthwise, then sew the sides together from the corners to the marker to make armholes. The remaining space is for the arm opening. (See Diagram 1)

You can adjust the size of the arm openings after the shrug is complete. I recommend waiting to weave in the tails until after blocking the shrug.

DIAGRAM 1



### Body Edging/Collar

You are working the body edging now, which will also become the collar.

Lay down the shrug with the Body opening up and the RS facing you, then attach yarn at one sleeve seam and work as follows:

Using smaller size needles, pick up and knit one stitch in the seam, then pick up and knit 101 [109] sts evenly across to the other seam.

Pick up and knit one stitch in the seam, then pick up and knit 101 [109] sts evenly across to the end (total of 204 [220] sts on needles).

Knit one round.

Work the Edging pattern (see Stitch Guide) rnds 1-2 17 [22] times.

If you prefer shorter/longer shrug or a narrow/wider collar, work fewer/more repeats of rnds 1-2. Remember the edging, when worn, is intended to cover the chest area.

Bind off all sts with the following Elastic Bind Off method.

#### Elastic Bind Off

**Step 1:** Knit two stitches as normal.

**Step 2:** Slip each stitch back to the left-hand needle.

**Step 3:** Knit the two slipped stitches together through the back loop.

**Step 4:** Knit one more stitch as normal.

**Step 5:** You now have two stitches again on the right-hand needle.

From this point, repeat Steps 2 through 5 until all of your stitches have been worked. When you have one last stitch remaining on the right-hand needle (after having just worked step 3), cut the yarn and pull through the stitch to fasten off.

### FINISHING

Block the shrug to the measurements on the diagram (see Diagram 2).

I recommend wet blocking with Lace Blocking Wires. It makes the Lace pattern open up and reach the desired length/width.

Try the shrug on, and adjust the size of the armholes for your preference.

Work the Single Crochet around armholes.

Spray water around armholes to block lightly.

Weave in all ends.

DIAGRAM 2







# Demure

*Knit*

## SKILL LEVEL

Advanced Beginner

## FINISHED MEASUREMENTS

45 inches width, 13 inches length

## DanDoh Yarn "Linen"

(100% linen, 124 yards/50g), 2 skeins Orchid

## NEEDLES

US size 9 (5.5 mm) knitting needles, or size needed to obtain gauge

## NOTIONS

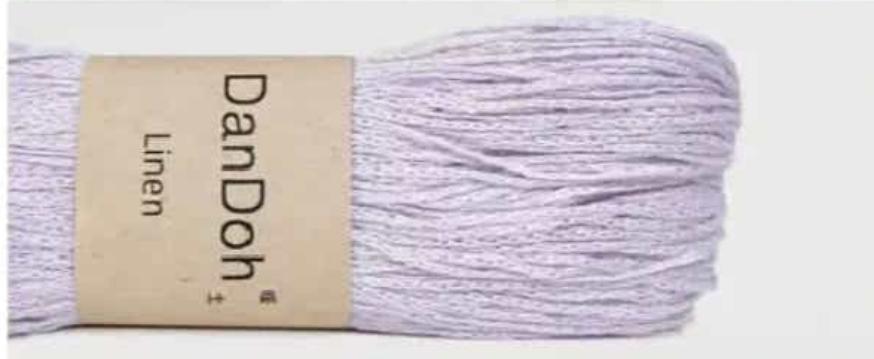
Darning needle

1 stitch marker

Lace blocking wires (optional for blocking)

## GAUGE

16 sts x 22 rows = 4" in St St  
(blocked)



**T**his small scarflette is perfect for a touch of warmth on a cool summer evening or a breezy spring day. It is a shallow triangular shape knit from side to side in Stockinette Stitch with a simple lace edging. Using about 210 yards of DK weight yarn, it is easy and fun to knit, and quite quick.

This design really shows off this beautiful chain-plied linen yarn. DanDoh Linen yarn is super soft even when you first knit with it because of its chain-ply structure made with very thin linen threads.

## Pattern Notes

- "Yo twice" means wrapping the yarn over the needle twice. On the next row, knit the first yarnover and purl the second yarnover.
- Where the pattern says "Sl 1" at the beginning of a right side row, slip this first stitch purlwise with yarn in front. This makes a nice, neat edge.
- The stitch counts before the marker for the lace edge are different by row.

## Instructions

### SET-UP

Cast on 3 sts.

Knit one row.

**Row 1 (RS):** K1, m1, k1, m1, k1.  
(5 sts)

**Row 2 (WS):** Knit.

**Row 3:** Sl 1, k1, m1, k1, m1, k2.  
(7 sts)

**Row 4:** Knit.

**Row 5:** Sl1, k1, m1, pm, k1, m1, k4. (9 sts)

**Row 6:** K2, p4, k3.



### FIRST HALF OF THE SCARF - INCREASING BY 43 STS

#### Section 1

**Row 1 (RS):** Sl 1, knit to marker, m1, slm, k2tog, yo twice, k2tog, yo twice, k2.

**Row 2 (WS):** K3, p1, k2, p2, slm, purl to last 3 sts, k3. (8 sts before marker)

**Row 3:** Sl 1, knit to marker, slm, k2tog, yo twice, k2tog, k4.

**Row 4:** Bind off 2 sts, k4, p2, slm, purl to last 3 sts, k3. (6 sts before marker)

Work Section 1 rows 1-4 8 times.  
(17 sts)

#### Section 2

**Row 4:** Bind off 2 sts, k4, p2, slm, purl to last 3 sts, k3. (6 sts before marker)

Work Section 2 rows 1-4 15 times. (47 sts).

#### Section 3

Work Section 1 pattern rows 1-4 5 times. (52 sts)

### MAIN SECTION - NO INCREASES

**Row 1 (RS):** Sl 1, knit to marker, slm, k2tog, yo twice, k2tog, yo twice, k2.

**Row 2 (WS):** K3, p1, k2, p2, slm, purl to last 3sts, k3. (8 sts before marker)

**Row 3:** Sl 1, knit to marker, slm, k2tog, yo twice, k2tog, k4.

**Row 4:** Bind off 2 sts, k4, p2, slm, purl to last 3 sts, k3. (6 sts before marker)

Work Main Section rows 1-4 3 times (52 sts).



## SECOND HALF OF THE SCARF – DECREASING BY 43 STS

### Section 4

**Row 1 (RS):** Sl 1, knit to marker, slm, k2tog, yo twice, k2tog, yo twice, k2.

**Row 2 (WS):** K3, p1, k2, p2, slm, purl to last 3 sts, k3. (8 sts before marker)

Row 3: Sl 1, knit to 2 sts before marker, ssk, slm, k2tog, yo twice, k2tog, k4.

**Row 4:** Bind off 2 sts, k4, p2, slm, purl to last 3 sts, k3. (6 sts before marker)

Work Section 4 rows 1-4 5 times, (47 sts)

### Section 5

**Row 1:** Sl 1, knit to 2 sts before marker, ssk, slm, k2tog, yo twice, k2tog, yo twice, k2.

**Row 2 (WS):** K3, p1, k2, p2, slm, purl to last 3 sts, k3. (8 sts before marker)

**Row 3:** Sl 1, knit to 2 sts before marker, ssk, slm, k2tog, yo twice, k2tog, k4.

**Row 4:** Bind off 2 sts, k4, p2, slm, purl to last 3 sts, k3. (6 sts before marker)

Work Section 5 rows 1-4 15 times. (17 sts)

### Section 6

Work Section 4 rows 1-4 8 times. (9 sts)

Remove marker.

## FINISHING

**Row 1 (RS):** Sl 1, k2, ssk, k1, k2tog, k1. (7 sts)

**Row 2 (WS):** Knit.

**Row 3:** Sl 1, k1, ssk, k2tog, k1. (5 sts)

**Row 4:** Knit.

**Row 5:** Sl 1, ssk, k2tog. (3 sts)

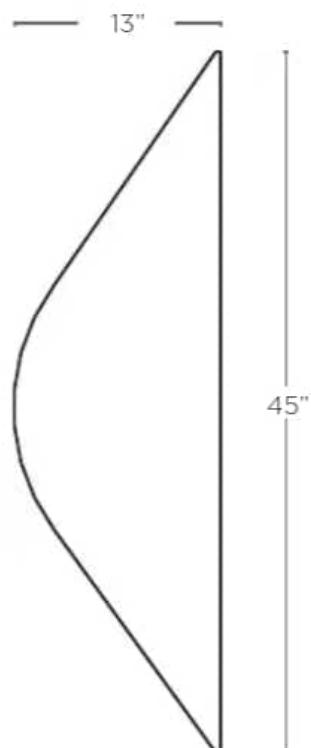
**Row 6:** Purl.

Bind off.

## FINISHING

Block the scarf to measurements (see a diagram). I recommend wet blocking with lace blocking wires.

Weave in ends.







# Ribbon Weave

## Knit

### SKILL LEVEL

Intermediate

### FINISHED MEASUREMENTS

24 inches width

64 inches long

### DanDoh Yarn "Silk +"

(76% Silk, 24% cotton,  
227 yards/50g) 5 skeins  
French Blue

### NEEDLES

US size 6 (4.0 mm) 32"  
circular knitting needles, or  
size needed to obtain gauge

### NOTIONS

Stitch markers

Darning needle

Lace blocking wires (optional  
for blocking)

3 Buttons (3/4" - 7/8" dia)

### GAUGE

22 sts x 26 rows = 4" in St st  
(blocked)

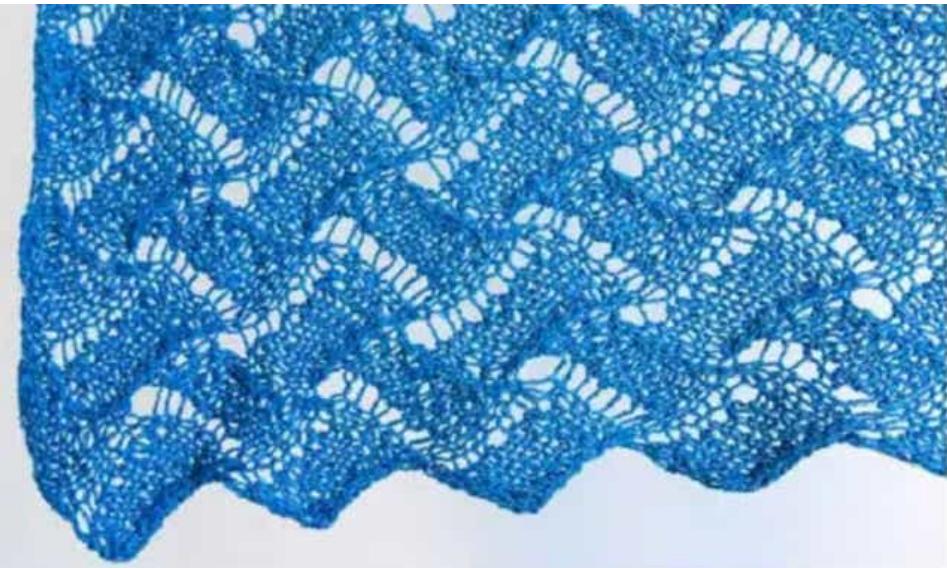


**T**his simple rectangle with buttons can be worn as a shawl, a poncho, or a cape. The knitted fabric is a combination of the Stockinette Stitch pattern and the Swirls Stitch pattern. The Swirls Stitch pattern sections vary in width, creating an asymmetrical look.

One edge is wavy from the Swirls Stitch pattern. The other long edge uses the clean, straight Stockinette Stitch with eyelets for button holes. It is easy to adjust the width and length for your preference.

## Pattern Notes

- I recommend to choosing buttons after the shawl is blocked. Choose the ones that are a little tight going through the button holes, because the knitted fabric will stretch out over time. I personally like dome shaped buttons for a knitted garment. They stay in place well.
- I held size #4 needle and #6 needle together to cast my stitches on around both to create a little loose cast on row.
- If you prefer a longer shawl, work more repeats of the last rows 1-18. You will need about 50 yards more to work 1 repeat of rows 1-18.



## Stitch Guide

### Swirls Stitch pattern (multiple of 10 sts)

**Row 1 (RS):** \*Yo, k8, k2tog; rep from \*.

**Row 2:** \*P2tog, p7, yo, p1; rep from \*.

**Row 3:** \*K2, yo, k6, k2tog; rep from \*.

**Row 4:** \*P2tog, p5, yo, p3; rep from \*.

**Row 5:** \*K4, yo, k4, k2tog; rep from \*.

**Row 6:** \*P2tog, p3, yo, p5; rep from \*.

**Row 7:** \*K6, yo, k2, k2tog; rep from \*.

**Row 8:** \*P2tog, p1, yo, p7; rep from \*.

**Row 9:** \*K8, yo, k2tog; rep from \*.

**Row 10:** \*Yo, p8, Pp2tog-tbl; rep from \*.

**Row 11:** \*SSK, k7, yo, k1; rep from \*.

**Row 12:** \*P2, yo, p6, p2tog-tbl; rep from \*.

**Row 13:** \*Ssk, k5, yo, k3; rep from \*.

**Row 14:** \*P4, yo, p4, p2tog-tbl; rep from \*.

**Row 15:** \*Ssk, k3, yo, k5; rep from \*.

**Row 16:** \*P6, yo, p2, p2tog-tbl; rep from \*.

**Row 17:** \*Ssk, k1, yo, k7; rep from \*.

**Row 18:** \*P8, yo, p2tog-tbl; rep from \*.

Repeat rows 1-18 for pattern.

# Instructions

## Cast on 111 sts.

Then work three rows of Seed stitch pattern as follows: K1, \*p1, k1; rep from \*.

Purl one row.

Then work as follows:

**Note:** Work in Swirls Stitch pattern between markers and then work remaining sts in St st.

You will need to move the second marker each time the number of patt reps changes.

**Row 1 (RS):** K1, place marker (pm), work row 1 of Swirls St patt 9 times, pm, knit rem sts.

**Row 2:** Purl to 1st marker, slm, work row 2 of Swirls St patt to 2nd marker, slm, p1.

**Row 3 and all RS rows:** K1, work in Swirls St patt to 2nd marker, slm, knit rem sts.

**Row 4 and all WS rows:** Purl to 1st marker, work in Swirls St patt to 2nd marker, slm, p1.

**Row 18:** Purl to 1st marker, work in Swirls St patt to 2nd marker, slm, p1.

Work these rows 1-18 a total of 5 times - 90 rows. On Row 1, you don't need to place markers when working the other 4 reps of rows 1-18.

Then work the following rows 1-18 a total of 5 times - 90 rows.

**Row 1 (RS):** K1, slm, work Row 1 of Swirls St patt 8 times, pm (move 2nd marker from previous row or use another marker), knit rem sts.



**Row 2 and all WS rows:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

**Row 3 and all RS rows:** K1, slm, Work in Swirls St patt to 2nd marker, slm, knit rem sts.

**Row 18:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

Then work the following rows 1-18 a total of 4 times - 72 rows.

**Row 1 (RS):** K1, slm, work Row 1 of Swirls St patt 7 times, pm, knit rem sts.

**Row 2 and all WS rows:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

**Row 3 and all RS rows:** K1, slm, Work in Swirls St patt to 2nd marker, slm, knit rem sts.

**Row 18:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

Then work the following Rows 1-18 a total of 4 times - 72 rows.

**Row 1 (RS):** K1, slm, work Row 1 of Swirls St patt 6 times, pm, knit rem sts.

**Row 2 and all WS rows:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

**Row 3 and all RS rows:** K1, slm, Work in Swirls St patt to 2nd marker, slm, knit rem sts.

**Row 18:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

# Instructions



Then work the following Rows 1-18 a total of 3 times - 54 rows.

**Row 1 (RS):** K1, slm, work Row 1 of Swirls St patt 5 times, pm, knit rem sts.

**Row 2 and all WS rows:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

**Row 3 and all RS rows:** K1, slm, Work in Swirls St patt to 2nd marker, slm, knit rem sts.

**Row 18:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

Then work the following Rows 1-18 a total of 2 times - 36 rows.

**Row 1 (RS):** K1, slm, work Row 1 of Swirls St patt 4 times, pm, knit rem sts.

**Row 2 and all WS rows:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

**Row 3 and all RS rows:** K1, slm, Work in Swirls St patt to 2nd marker, slm, knit rem sts.

**Row 18:** Purl to 1st marker, slm, work in Swirls St patt to 2nd marker, slm, p1.

Then knit one row.

Then work three rows of Seed Stitch pattern as follows: K1, \*p1, k1; rep from \*.

Bind off all sts. Cut the yarn.

## Button Hole Edging

With RS facing you, pick up and knit 1 st in every other row along the Stockinette Stitch edge, starting with the last st on the BO edge (total 213 sts). This row counts as Row 1.

**Note:** If you made a longer shawl (worked extra repeats of Rows 1-18), you will have a different number of picked up stitches. Make sure that you have an odd numbers of stitches at this point.

**Rows 2-5:** Knit.

**Row 6:** P1, \*p2tog, yo; rep from \* to last 2 sts, p2.

**Rows 7-10:** Knit.

Bind off all sts with the following Elastic Bind Off method.





### Elastic Bind Off

**Step 1:** Knit two stitches as normal.

**Step 2:** Slip each stitch back to the left-hand needle.

**Step 3:** Knit the two slipped stitches together through the back loop.

**Step 4:** Knit one more stitch as normal.

**Step 5:** You now have two stitches again on the right-hand needle.

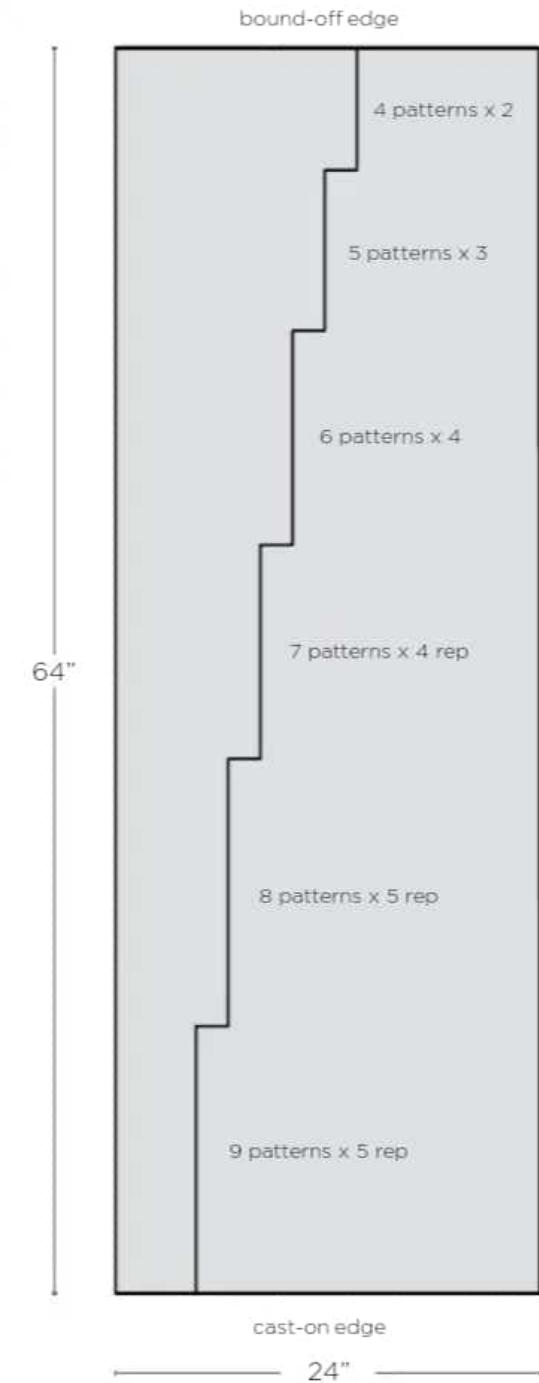
From this point, repeat Steps 2 through 5 until all of your stitches have been worked. When you have one last stitch remaining on the right-hand needle (after having just worked step 3), cut the yarn and pull through the stitch to fasten off.

### FINISHING

I recommend wet blocking with Lace Blocking Wires. It makes the Lace pattern open up and reach the desired length/width.

**Sew on buttons:** Place markers where you want to sew buttons on the button-hole edge. Buttons are sewn only on one side.

**Note:** For this sample, a bottom button is sewn 11" from the cast-on edge. Then 2 more buttons were sewn 4" apart. Adjust them to your preference.







# Entwined

## Crochet

### SKILL LEVEL

Beginner

### FINISHED MEASUREMENTS

6½ inches long without clasp

Approx 8½ inches circumference  
with clasp (depending on clasps)

### HOOKS

Size E (3.5 mm) crochet hook, or  
size needed to obtain gauge

### MATERIALS

#### DanDoh Yarn "Cotton Fine"

100% cotton, 435yards/50g

35 yards of Main Color and 15  
yards of Contrast Color

#### 264 pcs #8 Seed Beads

Shown here: Miyuki #8 round cut

#### 2 Cord ends (for 6mm inside diameter)

Shown here: TierraCast® Maker's  
Collection

#### 1 set of clasps for closure

#### 2 Jump rings

#### Big Eye Beads Needle

Glue for Jewelry/Bead  
(recommend E6000)

### GAUGE

40 chs = 9"



This simple quick project makes a sparkly accessory and a thoughtful gift. It is the perfect beginner project, using only chains. Beads, cord ends, and toggle clasps give a perfectly finished look to your bracelets. There are two styles of bracelet, knotted and unknotted. If you add a chain to the cord ends, you can use it as necklace as well!

Kits are available on our website ([DanDoh.com](http://DanDoh.com)) and include:

- Pattern
- 2 colors of DanDoh "Cotton Fine" yarn (100 % cotton, 55yds/80m each color)
- #8 Seed Beads
- Big Eye Beading Needle for stringing beads
- 2 Cord Ends
- Set of Toggle clasp
- 2 Jump Rings

Note: If you purchased this as a kit, the parts (cord ends, clasp, and jump ring) are already connected. You will just need to glue the chain strands into the cord end to complete your bracelet. The only additional materials needed are a size E (3.5mm) crochet hook and a glue (recommend E6000 for this project).

# Instructions

## 1. String beads.

Thread Main Color yarn onto beading needle. String 192 beads onto yarn. Do not cut yarn.

Also thread Point Color yarn onto beading needle, string 72 beads onto yarn. Do not cut yarn.

## 2. Make Chain Strands.

Chain 35, slide 1 bead up to hook and chain over it, tightening chain around bead, \*chain 1 without bead; slide 1 bead up to hook and chain over it, tightening chain around bead; repeat from \* until total of 12 beads are used up, then chain 35 (see Diagram 1). Fasten off and cut yarn.

Make 16 chain strands in Main Color, and 6 chain strands in Contrast Color.

DIAGRAM 1



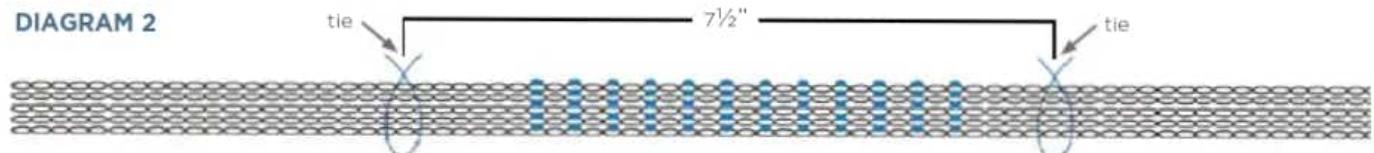
## 3. Make a group of chain strands

(If you want an un-knotted style bracelet, skip Steps 3 and 4, and go to Step 5).

Make two groups of 11 chain strands (8 Main Colors and 3 Point Colors) and line them up

on the table. Cut 4 pieces of yarn (it does not matter what color), each 6-8" length, and use this yarn to tie each end of a group of 11 chain strands. The length between ties should be about  $7\frac{1}{2}$ ", and the beaded area should be centered between the ties (see Diagram 2).

DIAGRAM 2



#### 4. Knot the two groups of strands together using a Double Carrick Bend knot.

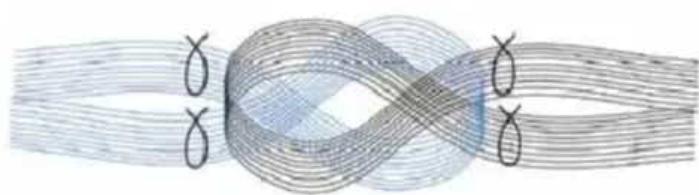
See Diagram 3 (You can find a demonstration of the Double Carrick Bend knot on YouTube).

Adjust the four thread tips, so they are even and slightly tighten the knot. The four ties should be outside of the knot area (see Diagram 4). Remove the ties.

DIAGRAM 3



DIAGRAM 4



#### 5. Tie each end of the 22 chain strands.

Cut 2 pieces of yarn, each 8" long, and use this yarn to tie each end of the chain strands (see Diagram 5).

**Note:** The measurement between these ties is the length of the bracelet without clasps. The samples on page 54 show 6½ - 7" between these ties, and will be 1" longer after adding cord ends and clasps. Remember the finished length depends on the clasps you use.

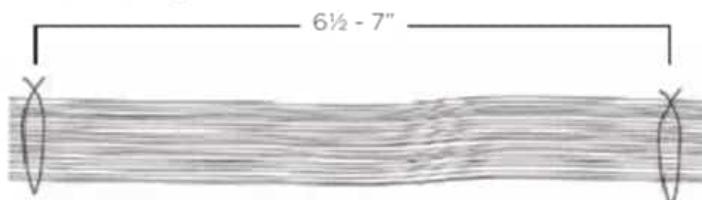
#### 6. Attach cord ends.

Make sure that the ties holding the bundle of strands together at each end are TIGHT (you can wrap and tie 2-3 times). Use your scissors and trim the end of the chain strands 1/8" or less from the tie on each end. Place a small amount of glue into the cap of the cord end and on the ends of the chain strands. Push the ends into the cap, twisting to get them into the tip. I used a chopstick to push all strands into the cord ends.

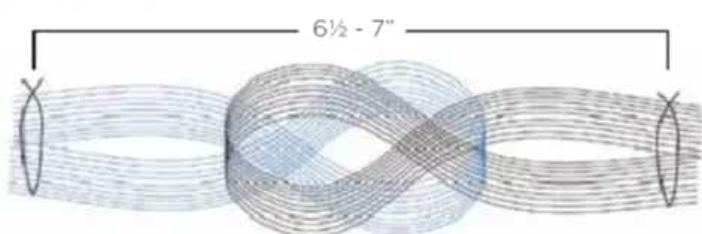
Work the other end the same way. Set aside until thoroughly dry (important!).

DIAGRAM 5

Un-knotted style



Knotted style



**Note:** 6mm cord caps work well with this project, but the fit is tight. Cut extra strands shorter and shape or smooth them to make it easier to push them into the cap.

#### 7. Attach the clasps to the cord ends using a Jump Ring.

**Note:** Skip step 7 if you use a bracelet kit from DanDoh Designs.

# Abbreviations

<b>Beg:</b>	Beginning
<b>Ch:</b>	Chain
<b>Cn:</b>	Cable Needle
<b>Col:</b>	Color
<b>Dc:</b>	Double Crochet
<b>Ea:</b>	Each
<b>K:</b>	Knit
<b>K2tog:</b>	Knit two stitches together
<b>Kfb:</b>	Knit in front and back
<b>K-tbl:</b>	Knit through back loop
<b>LH:</b>	Left Hand
<b>M:</b>	Marker
<b>M1:</b>	Make one (with left needle tip, lift strand between st just worked and next st from front to back, knit this strand through the back loop)
<b>P:</b>	Purl
<b>P2tog:</b>	Purl two stitches together
<b>P2tog-tbl:</b>	Purl two together through back loop
<b>Patt:</b>	Pattern
<b>Pm:</b>	Place maker
<b>P-tbl:</b>	Purl through back loop
<b>Rem:</b>	remaining
<b>Rep(s):</b>	Repeat(s)
<b>RH:</b>	Right Hand
<b>Rnd(s):</b>	Round(s)
<b>Rnd:</b>	Round
<b>RS:</b>	Right Side



<b>Sc:</b>	Single Crochet
<b>Sk:</b>	Skip
<b>Sl 1:</b>	Slip one stitch
<b>Sl 2-k1-p2sso:</b>	Slip 2 stitches together knitwise, knit next stitch, then pass the 2 slipped stitches over the knit stitch and off the needle.
<b>Sl:</b>	Slip
<b>Sl st:</b>	Slip Stitch
<b>Slm:</b>	Slip marker
<b>Sp:</b>	Space
<b>Sp: SpaceCn:</b>	Cable needle
<b>SSK:</b>	Slip one stitch knitwise, slip another stitch, then knit the two slipped stitches together.
<b>St st:</b>	Stockinette stitch (knit all RS rows, purl all WS rows)
<b>St(s):</b>	Stitch(es)
<b>Tr:</b>	Treble Crochet
<b>WS:</b>	Wrong side
<b>Yo:</b>	Yarn Over





[www.DanDoh.com](http://www.DanDoh.com)



**Breathe Modern** is the seventh book of DanDoh (Warm Earth) Designs by Yumiko Alexander, and her second self-published book. This book features eleven new designs using her exclusive line of DahDoh Yarns. Whether you enjoy knitting or crochet, you will love working this collection of light, airy patterns.

Imported from Japan, DanDoh Yarns come in a variety of wearable colors in three beautiful and workable textures: Silk+, Cotton Fine, and Linen. Shop the full selection of DanDoh Yarns and pattern designs at [DanDoh.com](http://DanDoh.com).

Originally from Japan, Yumiko Alexander currently lives with her family in Chandler, Arizona, where she continues to create her unique and fashionable designs.