



BIRCH PULLOVER



drea renee knits

BIRCH PULLOVER

DETAILS

I wanted the ultimate squishy wardrobe staple - and the Birch Pullover fits the bill to a T! Knit from the top down in Half Fisherman's rib stitch, it is warm and cozy and goes with everything!!



SIZES



FINISHED BUST CIRCUMFERENCE

1 (2, 3, 4, 5)(6, 7, 8, 9)

35.5 (38, 41.5, 45, 49.25)(54.5, 58.5, 62.75, 66.25)"

90 (96.5, 105.5, 114.5, 125)(138.5, 148.5, 159.5, 168) cm

Intended to be worn with 0 to +6"/0 to 15 cm ease. To pick your best size, measure your full bust and add or subtract your desired ease, then pick the finished bust circumference closest to that number.

Sample shown in size 2 with 4"/15 cm positive ease on a woman who is 5'5" tall.



YARN

Fingering Weight

419 (464, 514, 556, 614)(676, 741, 810, 870) g

1674 (1853, 2056, 2221, 2454)(2702, 2962, 3239, 3478) yds

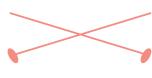
1531 (1694, 1880, 2031, 2244)(2471, 2709, 2961, 3181) m



SUGGESTED YARN

Birch Hollow Fibers - Sojourner Sock 60% US Sourced Merino Wool, 30% NY State Romney, 10% Nylon (100 g/400 yds/366 m)

5 (5, 6, 6, 7)(7, 8, 9, 9) skeins in Oatmeal



SUGGESTED NEEDLES

US 2/2.75 mm - 16"/40 cm (collar) and 32"/80 cm to 40"/100 cm (body) circular and preferred needles for small circumference knitting (sleeves)

(Use the needle size you need to achieve gauge.)



NOTIONS

Stitch markers (8 - with 1 of them being unique from the others), cable needle (optional), tapestry needle, stitch holders or waste yarn



GAUGE

27 sts & 52 rows = 4"/10 cm

Measured over Half Fisherman's rib stitch pattern in the round after blocking. (See pg. 4 for stitch pattern.)



BIRCH PULLOVER

NOTES

- This sweater is worked from the top down, seamlessly. The sleeve sts are put on hold while the body is finished and then returned to the needle. You can, of course, modify it to have any length body or sleeves. Do take into account that modifications will affect the yardage required.
- Due to the difference in density between regular ribbing and Half Fisherman's ribbing, there is no need to change needle sizes in this pattern for the cuffs, hem or collar.
- When working the sleeve decreases, all knitwise decreases are worked by pulling up the stitch from the row below, and all purlwise decs are worked WITHOUT pulling up the stitch from the row below.
- If you do not care for the Long Tail Tubular Cast On and Bind Off, you can sub in your favorites - such as the Long Tail Cast On or Twisted German Cast On and a regular Bind Off or Jeny's Surprisingly Stretchy Bind Off.

- 2x2 Long Tail Tubular Cast On Tutorial: https://youtu.be/tyteyq_nPug
- Adjusting 2x2 Ribbing for Tubular Bind Off Tutorial: <https://youtu.be/bi7qOnOgAd0>
- Kitchener Stitch on One Needle Tutorial: <https://youtu.be/UNVNaKhxV4o>
- Jeny's Surprisingly Stretchy Bind Off: <https://youtu.be/C-GqitE8Qt8>
- Twisted German Cast On Tutorial: <https://youtu.be/oWHRfvU5im0>
- Half Fisherman's Rib Tutorial: <https://youtu.be/pf0h04GhVxg>
- Increasing in Half Fisherman's Rib - K/YO/K-b: <https://youtu.be/HmxWisfsjMY>
- Decreasing in Half Fisherman's Rib - K2tog in the row below: <https://youtu.be/1vBE9XRZ9m8>
- Decreasing in Half Fisherman's Rib - SSK in the row below: <https://youtu.be/CmlUIYrn1mo>



BIRCH PULLOVER

GLOSSARY

{ } - Repeat

1/1 LPC - Left purl cross: sl st to a CN and hold to front, p1; k1 from CN.

1/1 RPC - Right purl cross: sl st to a CN and hold to back, k1; p1 from CN.

BO - Bind off

BOR - Beginning of round

CN - Cable needle

CO - Cast on

CONT - Continue

DEC/D - Decrease/d

DPN/S - Double pointed needle/s

EST - Established

INC/D - Increase/d

K - Knit

K1-B - Knit into the stitch below.

K/YO/K-B - Knit into the stitch below, and without dropping anything off the needle, YO, then knit into the stitch below once more. [2 sts inc'd]

K2TOG - Knit 2 stitches together as one. [1 st dec'd]

M - Marker

P - Purl

P2TOG - Purl two stitches together. [1 st dec'd]

PM - Place marker

REM - Remain/ing

REP - Repeat

RHN - Right hand needle

RM - Remove marker

RND/S - Round/s

RS - Right side

SL - Slip stitch purlwise

SM - Slip marker

ST/S - Stitch/es

SSK - Slip 2 sts knit-wise to the RHN, knit them together as one. [1 st dec'd]

TBL - Thru the back loop

W&T - Wrap and turn: Knit Row (Purl Row) Slip next stitch to right hand needle, pass yarn from back (front) to front (back), slip stitch back to left hand needle. Turn to work other side, passing yarn to front (back) of work. It is a good practice to give the yarn a little tug to keep your wraps snug.

WS - Wrong side

WYIF - With yarn in front

WYIB - With yarn in back

HALF FISHERMAN'S RIB STITCH PATTERN

Worked in the round over an even number of sts:

Rnd 1: {K1-b, p1} to end.

Rnd 2: Purl.

Rep these 2 rnds for desired length.

Worked flat over an odd number of sts:

RS: K1-b, {p1, k1-b} to end.

WS: Knit.

Rep these 2 rows for desired length.



BIRCH PULLOVER

— DIRECTIONS —

COLLAR

CO 120 (120, 128, 128, 128)(128, 128, 140, 148) sts using the 2x2 Long Tail Tubular Cast On method. Do NOT join to work in the rnd. (See Notes, pg. 3, for a video tutorial.)

If you choose to use a different cast on method, proceed to Rib Pattern.

Tubular Row 1: {K1-tbl, sl 1 wyif} to the end.

Tubular Row 2: {K1, sl 1 wyif} to the end.

Place a BOR marker and join to work in the round, being careful not to twist the sts.

Ribbing Setup Rnd: *K1, 1/1 RPC, p1; rep from * to end of rnd.

Rib Pattern: {K2, p2} around.

Cont working in the est rib pattern for 2"/5 cm.

Knit 2 rnds. Remove BORM.

BACK NECK SHAPING

Short Row 1 (RS/INC): K/YO/K-b, PM-A, p1, {k1-b, p1} twice, PM, K/YO/K-b, p1, {k1-b, p1} 4 (4, 4, 4, 3)(2, 1, 1, 1) time(s), K/YO/K-b, PM, p1 {k1-b, p1} twice, PM, K/YO/K-b, p1, {k1-b, p1} 18 (18, 20, 20, 21)(22, 23, 26, 28) times, K/YO/K-b, PM, p1 {k1-b, p1} twice, PM, K/YO/K-b, p1, {k1-b, p1} 4 (4, 4, 4, 3)(2, 1, 1, 1) time(s), K/YO/K-b, PM, p1 {k1-b, p1} twice, PM, K/YO/K-b, p1, W&T. [16 sts inc'd]

Short Row 2 (WS): Knit to 4 sts past m-A, W&T.

Short Row 3: {P1, k1-b} to m, *sm, p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to m; rep from * twice more, sm, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the previously wrapped st, resolve by knitting into the stitch below with its wrap, p1, W&T.

Short Row 4: Knit past m-A to the previously wrapped st, resolve by purling the stitch with its wrap, k1, W&T.

Short Row 5: P1, k1, {p1, k1-b} to m, *sm, p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to m; rep from * twice more, sm, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the previously wrapped st, resolve by knitting into the stitch below with its wrap, p1, W&T.

Short Row 6: Knit past m-A to the previously wrapped st, resolve by purling the stitch with its wrap, k1, W&T.

Short Row 7 (INC): P1, k1, p1, {k1-b, p1} to 1 stitch before m, K/YO/K-b, *sm, p1 {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} 1 st before M, K/YO/K-b; rep from * twice more, sm, p1, {k1-b, p1} twice, sm, K/YO/K-b, {p1, k1-b} to previously wrapped st, resolve by knitting into the stitch below with its wrap, p1, W&T. [16 sts inc'd]

Short Row 8: Knit past m-A to the previously wrapped st, resolve by purling the stitch with its wrap, k1, W&T.

Short Row 9: P1, k1, {p1, k1-b} to m, *sm, p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to m; rep from * twice more, sm, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the previously wrapped st, resolve by knitting into the stitch below with its wrap, p1, W&T.



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— DIRECTIONS —

Short Row 10: Knit past m-A to the previously wrapped st, resolve by purling the stitch with its wrap, k1, W&T.

Short Row 11: P1, k1, {p1, k1-b} to m, *sm, p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to m; rep from * twice more, sm, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the previously wrapped st, resolve by knitting below with its wrap, p1, W&T.

Short Row 12: Knit past m-A to the previously wrapped st, resolve by purling the stitch with its wrap, k1, W&T.

Row 13 (INC): P1, k1, p1, {k1-b, p1} to 1 st before m, K/YO/K-b, *sm, p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to 1 st before M, K/YO/K-b; rep from * twice more, sm, p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to the previously wrapped st, resolve by knitting into the stitch below with its wrap, p1, {k1-b, p1} to the next wrapped st, resolve by knitting into the stitch below with its wrap, p1, place a new BORM marker. This is now the BOR, located on the front of the sweater. [16 sts inc'd]

168 (168, 176, 176, 176)(176, 176, 188, 196) sts on needle:
51 (51, 55, 55, 57)(59, 61, 67, 71) front and back sts
23 (23, 23, 23, 21)(19, 17, 17, 17) shoulder/sleeve sts
20 (total) raglan sts

RAGLAN SHAPING - SIZES 1 (2, 3) ONLY

Rnd 1: Purl.

Rnd 2: K1-b, {p1, k1-b} to the m, sm, *p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to the m, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the BORM.

Rnds 3 & 4: Rep [Rnds 1 & 2] once more.

Rnd 5: Purl.

Rnd 6 (INC): {K1-b, p1} to 1 st before the m, K/YO/K-b, sm, *p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to 1 st before m, K/YO/K-b, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to the BORM. [16 sts inc'd]

Rep [Rnds 1-6] 11 (13, 15) more times.

Rep [Rnd 1] once more.

192 (224, 256) sts inc'd; 360 (392, 432) sts on needle

PROCEED TO SEPARATION OF BODY & SLEEVES

RAGLAN SHAPING - SIZES (4, 5) ONLY

Part 1

Rnd 1: Purl.

Rnd 2: K1-b, {p1, k1-b} to the m, sm, *p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to the m, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the BORM.

Rnd 3: Purl.

Rnd 4 (INC): {K1-b, p1} to 1 st before the m, K/YO/K-b, sm, *p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to 1 st before m, K/YO/K-b, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to the BORM. [16 sts inc'd]

Rep [Rnds 1-4] (8, 12) more times.

Part 2

Rnd 1: Purl.

Rnd 2: K1-b, {p1, k1-b} to the m, sm, *p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to the m, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the BORM.



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— DIRECTIONS —

Rnds 3 & 4: Rep [Rnds 1 & 2] once more.

Rnd 5: Purl.

Rnd 6 (INC): {K1-b, p1} to 1 st before the m, K/YO/K-b, sm, *p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to 1 st before m, K/YO/K-b, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to the BORM. [16 sts inc'd]

Rep [Rnds 1-6] (9, 8) more times.

Rep [Rnd 1] once more.

(304, 352) sts inc'd; (480, 528) sts on needle

PROCEED TO SEPARATION OF BODY & SLEEVES

RAGLAN SHAPING - SIZES (6, 7, 8, 9)

ONLY

Rnd 1: Purl.

Rnd 2: K1-b, {p1, k1-b} to the m, sm, *p1, {k1-b, p1} twice, sm, k1-b, {p1, k1-b} to the m, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, {k1-b, p1} to the BORM.

Rnd 3: Purl.

Rnd 4 (INC): {K1-b, p1} to 1 st before the m, K/YO/K-b, sm, *p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to 1 st before m, K/YO/K-b, sm; rep from * twice more, p1, {k1-b, p1} twice, sm, K/YO/K-b, p1, {k1-b, p1} to the BORM. [16 sts inc'd]

Rep [Rnds 1-4] (25, 28, 30, 32) more times.

Rep [Rnd 1] once more.

(416, 464, 496, 528) sts inc'd; (592, 640, 684, 724) sts on needle

PROCEED TO SEPARATION OF BODY & SLEEVES

Stitch count breakdown for all sizes:

99 (107, 119, 131, 145)(163, 177, 191, 203)

front and back sts

71 (79, 87, 99, 109)(123, 133, 141, 149)

sleeve sts

20 (total) raglan sts

SEPARATION OF BODY & SLEEVES

K1-b, {p1, k1-b} to m, RM, p1, {k1-b, p1} twice, RM, place 71 (79, 87, 99, 109)(123, 133, 141, 149) sleeve sts on hold using waste yarn or a stitch holder, RM, CO 11 sts using the Backwards Loop Cast On, p1, {k1-b, p1} twice, RM, k1-b, {p1, k1-b} to m, RM, p1, {k1-b, p1} twice, RM, place 71 (79, 87, 99, 109)(123, 133, 141, 149) sleeve sts on hold using waste yarn or a stitch holder, RM, CO 11 sts using the Backwards Loop Cast On, p1, {k1-b, p1} twice, RM, {k1-b, p1} to BORM (the only remaining marker.)

240 (256, 280, 304, 332)(368, 396, 424, 448) sts rem on needle for body.

BODY

Rnd 1: Purl.

Rnd 2: {K1-b, p1} to the end of the rnd.

Rep [Rnds 1 & 2] until the body measures 10"/25.5 cm, or 2"/5 cm less than your desired length, from the underarm.

HEM

Rib Pattern: {K2, p2} around.

Continue working in the est rib pattern for approx. 2"/5 cm.

(If choosing not to do a Tubular Bind Off, bind off in rib pattern and proceed to Sleeves.)

Rearranging Sts for BO: *K1, 1/1 LPC, p1; rep from * to end of rnd.



BIRCH PULLOVER

— DIRECTIONS —

Tubular BO Rnd 1: {K1, sl 1 wyif} to the end of the rnd.

Tubular BO Rnd 2: {Sl 1 wyib, p1} to the end of the rnd.

Sl each st purlwise, slipping the knit sts onto the working needle and the purl sts onto a spare needle, OR reference the Kitchener Stitch on One Needle Tutorial linked in the Notes on pg. 3 to skip this step.

Break yarn, leaving a tail 3 x the length of the sts to be bound off, and BO all sts using the Kitchener stitch.

SLEEVES (same for both)

Place the 71 (79, 87, 99, 109)(123, 133, 141, 149) sts of one sleeve onto needle for your preferred method of small circumference knitting (either Magic Loop or DPNs). Starting from the middle of the cast-on underarm sts, attach yarn and pick up and knit 6 sts, k1-b, {p1, k1-b} across the live sleeve sts, pick up and knit 5 sts, PM and join for working in the round. 82 (90, 98, 110, 120)(134, 144, 152, 160) sts on needle.

Rnd 1: Purl.

Rnd 2: {K1-b, p1} to end of rnd. *Make sure that your ribbing is lining up. If it isn't, begin the rnd with a p1.*

Cont in the est pattern for 1.5 (1.25, 1, 0.75, 0.5)(0.5, 0.5, 0.5, 0.5)"/4 (3, 2.5, 2, 1) (1, 1, 1, 1) cm then work a Dec Rnd every 1.5 (1.5, 1, 0.75, 0.5)(0.5, 0.5, 0.5, 0.5)"/4 (4, 2.5, 2, 1)(1, 1, 1, 1) cm - 9 (11, 15, 21, 24) (31, 32, 32, 32) times, always working the Dec Rnd in place of a Rnd 2.

SLEEVE DECREASES

To decrease, I find it keeps everything tidiest (and a bit easier) if you first insert your needle into the stitch below and bring the lower stitch up onto the needle and then work the decrease for the k2tog & ssk. Purlwise decreases do not need to be worked in the row below. See tutorials on pg. 3 if you would like a visual! You will alternate between Dec Rnd A and Dec Rnd B.

If the rnd begins with a k1-b stitch:

DEC RND A: P2tog, {k1-b, p1}, to the last 2 sts, ssk in the stitch below. [2 sts dec'd]

If the rnd begins with a p1 stitch:

DEC RND B: K2tog, {p1, k1-b} to the last 2 sts, p2tog in the stitch below. [2 sts dec'd]

[18 (22, 30, 42, 48)(62, 64, 64, 64) sts dec'd; 64 (68, 68, 68, 72)(72, 80, 88, 96) sts rem]

Cont in the est pattern until the sleeve measures 16"/40.5 cm, or 2"/5 cm less than your desired sleeve length, from the underarm, ending with Rnd 1 of the pattern rep.

Sizes 1-6 ONLY: K1-b on the knit columns and k1 on the purl columns to the end of the rnd. Proceed to CUFF.

Size 7 ONLY: *Work 7 sts by k1-b on the knit columns and k1 on the purl columns, k2tog in the stitch below; rep from * to end. [8 sts dec'd; 72 sts rem]



BIRCH PULLOVER

DIRECTIONS

Size 8 ONLY: *Work 9 sts by k1-b on the knit columns and k1 on the purl columns, k2tog in the stitch below; rep from * to end. [8 sts dec'd; 80 sts rem]

Size 9 ONLY: *Work 5 sts by k1-b on the knit columns and k1 on the purl columns, k2tog in the stitch below; rep from * to last 12 sts, cont in pattern to end with no further dec. [12 sts dec'd; 84 sts rem]

CUFF

Rib Pattern: {K2, p2} around. Continue working in the est rib pattern for approx. 2"/5 cm.
(If choosing not to do a *Tubular Bind Off*, bind off in rib pattern and proceed to *Finishing*.)

Rearranging Sts for BO: *K1, 1/1 LPC, p1; rep from * to end of rnd.

Tubular BO Rnd 1: {K1, sl 1 wyif} to the end of the rnd.

Tubular BO Rnd 2: {Sl 1 wyib, p1} to the end of the rnd.

Sl each st purlwise, slipping the knit sts onto the working needle and the purl sts onto a spare needle, OR reference the Kitchener Stitch on One Needle Tutorial linked in the Notes on pg. 3 to skip this step.

Break yarn, leaving a tail 3 x the length of the sts to be bound off, and BO all sts using the Kitchener stitch.

FINISHING

Weave in loose ends.
Wet block sweater by letting it soak in lukewarm bath with wool wash for at least 15 minutes.

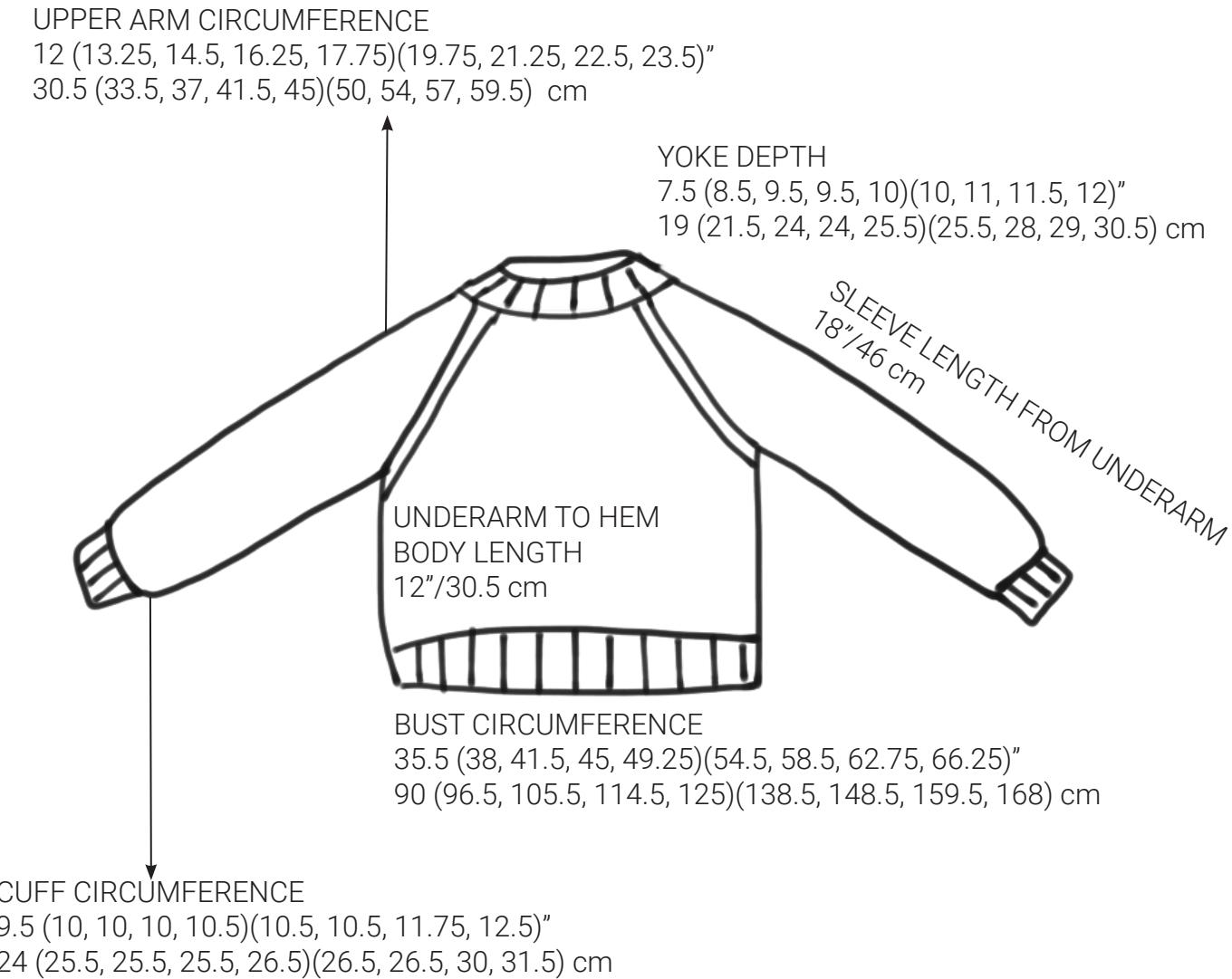
Gently squeeze the excess water from your sweater. Sandwich sweater between clean towels and step on top to remove as much moisture as possible without distorting your sweater. Repeat with fresh towels if necessary.

Lay sweater flat to dry using the Schematic to help achieve the desired shape and measurements.

Trim yarn tails and wear!



BIRCH PULLOVER
— SCHEMATIC —



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