

vest | 23

~ a versatile layering piece:
as a shell under a cardigan, as a vest over a shirt, or
as a camisole alone.



Designed by Deborah Doherty

Tech Editor, Dawn Catanzaro

FINISHED MEASUREMENTS

36¾ (41, 45½, 49, 53½) [57, 61½, 65, 69½]"

93.5 (104.5, 115.5, 124.5, 135.5) [145, 156, 165.5, 176.5] cm

SIZES

1 (2, 3, 4, 5) [6, 7, 8, 9]

YARN

7 (8, 8, 9, 10) [11, 13, 14, 15]mYak Baby Yak | Silk (127 yards / 116 meters/ 25 grams)

Or 4 (4, 5, 5, 6) [6, 7, 7, 8] skeins of a fingering weight yarn: Shibui Knits Koan (248 yds / 227 meters / 50 grams)

Sample in photographs:

mYak Baby Yak | Silk, Indra with 6 1" buttons

Shibui Knits Koan, Ivory (discontinued) with 10 ¾" buttons

NEEDLES AND NOTIONS

Needle A (gauge needle): US 3 (3.25 mm) or size needed to obtain gauge, 16", 24" circular needles and set of dpns.

Needle B (for side pattern): US 2 (2.75 mm), or one size smaller than gauge needle, 16" circular needle.

Needle C (for ribbing and collar): US 1.5 (2.5 mm) 16" and 24" circular needles.

Tapestry needle, cable needle, stitch markers, locking makers, waste yarn or holders, 10 ¾" or 6 1" buttons

GAUGE

26 sts and 34 rows for 4"/10 cm in Stockinette Stitch, blocked

NOTES

vest | 23 blends simplicity with complexity. Basic Stockinette and Rib stitches are elevated with grafting techniques, short rows, and tubular knit edges. Knit from the bottom up, live stitches at the shoulders of the front and back pieces are joined using the Kitchener grafting method. Armholes are finished with sewn hems rather than ribbing for a flat draped edge. Ribbed button/buttonhole bands become the side panels.

STITCHES AND TECHNIQUES

Rib Stitch

*k1, p1; rep from * to the end.

Tubular Cast On

Using size C needles and waste yarn, loosely cast on the number of stitches directed for your size. Do not join.

Step 1 (WS): Using working yarn, purl all stitches into the waste yarn.

Step 2 (RS): *k1, insert your left needle front to back under the running stitch created with your working yarn, purl this stitch (1 st increased); rep from * to last stitch, k1.

Begin working 3 tubular rounds.

Step 3: k2tog, *sl1 purlwise wyif, k1; rep from * to the last stitch, sl1 purlwise wyif. 1 st decreased.

Step 4: *k1, sl1 purlwise wyif; rep from * to the end.

Step 5: *k1, sl1 purlwise wyif; rep from * to the end.

You may remove the waste yarn when the piece measures 3" or more from the cast on edge.

Cable Cast On

Step 1: knit into the gap between the 1st and 2nd sts on LH needle, placing new stitch on LH needle.

Repeat step 1 until you have the desired number of stitches, ending with a knit stitch.

Sloped Bind Off

Step 1: Work the first bind off row as usual.

Step 2: One row before the next bind off, work to the last stitch of the row, slip last stitch pwise.

Step 3: Begin the next bind off by slipping 2 sts kwise, one at a time, then pass the first slipped stitch over the second to bind off 1 st. Bind off the remaining stitches as usual.

German Short Rows

Sl-GSR (slip for German short row): Sl 1 pwise wyif, pull yarn up and over needle to back, drawing the two "legs" of the slipped stitch up. This creates what looks like a double stitch.

When you work back over the double stitch later, knit or purl it through both legs.

Kitchener Stitch

Step 1: Hold both needles together in left hand so that they are parallel and pointing to the right. The WS of the pieces to be grafted are held together and the RS of the work is facing outward. The yarn tail should be threaded through a tapestry needle and held to the right. Make sure that the working yarn is always held below both needles and that the yarn is always pulled through gently.

Step 2: Insert the tapestry needle through the first st on the front needle pwise and pull the yarn through. Leave first st on front needle.

Step 3: Insert the tapestry needle through the first st on the back needle kwise and pull the yarn through. Leave first st on back needle.

Step 4: On the front needle, insert the tapestry needle through the first st kwise and slip first st off front needle.

Step 5: Insert the tapestry needle through the next st on front needle pwise and pull the yarn through. Leave this st on front needle.

Step 6: On the back needle, insert the tapestry needle through the first st pwise and slip first st off back needle.

Step 7: Insert the tapestry needle through the next st on back needle kwise and pull the yarn through. Leave this st on back needle.

Rep Steps 4-7 until all sts have been worked, ending with Step 4 and Step 6.

Adjust tension of grafted sts to match gauge of knitting as closely as possible.

Single Row Buttonhole

Note: use the instructions for your button size: $\frac{3}{4}$ (1)"

RS row: bring yarn in front, sl1, bring yarn to the back, *sl1, pass the first slipped stitch over the second; repeat from * 2 (4) more times. 3 (5) stitches bound off. Return the last stitch to the RH needle. Turn work, move the yarn to the back, cable cast on 4 (6) stitches. Turn work again, wyib, sl1, pass 1 stitch over the slipped stitch, continue in pattern as established. Work the WS row cast on stitches in pattern.

Tubular Bind Off

Cut yarn leaving a tail four times the width of the piece to be bound off. Thread on tapestry needle.

Step 1: Insert tapestry needle into first (knit) st pwise and pull through, leave st on needle.

Step 2: With the tapestry needle held behind the first knit st, insert it into first purl st kwise and pull through, leave st on needle.

Step 3: Insert tapestry needle into first knit st kwise and drop from needle, then insert needle into next knit st pwise and pull through.

Step 4: Insert tapestry needle into first purl st pwise and drop from needle, then insert needle into next purl st kwise (working behind the intervening knit st) and pull through.

Repeat Steps 3-4 until 1 st remains. Put yarn pwise through last st to fasten off.

DIRECTIONS

BACK

Using Tubular cast on method and waste yarn with Needle C, loosely cast on 60 (67, 75, 81, 89) [95, 103, 109, 117] stitches. Do not join. 118 (132, 148, 160, 176) [188, 204, 216, 232] stitches. Work in 1x1 Rib Stitch for 2."

Decrease Row, RS: decrease 8 (8, 10, 10, 12) [12, 14, 14, 16] stitches evenly across the row, work in pattern to the end. 110 (124, 138, 150, 164) [176, 190, 202, 216] stitches.

Work 1 WS row in pattern as established.

Change to Needle A and work in Stockinette stitch until the piece measures 7½ (7½, 7½, 8, 8) [8, 8½, 8½, 8½]" from the top of the hem, ending with a WS row.

Shape Armholes

Bind off the first stitch on the next 2 rows. Place a locking marker on each of these stitches.

At the beginning of the next 2 rows, using the Cable Cast On method, add 5 stitches. 118 (132, 146, 158, 172) [184, 198, 210, 224] stitches.

Sizes 6, 7, 8, and 9 only

Double Decrease Row, RS: k10, DDR, k to the last 14 stitches, DDL, k10. 4 stitches decreased. Work 1 WS row in pattern as established.

All sizes

Armhole Decrease Row, RS: k10, k2tog, k to the last 12 stitches, ssk, k10. 2 stitches decreased. Repeat the Decrease Row, every RS row 12 (15, 18, 21, 24) [27, 28, 28, 30] more times. 92 (100, 108, 114, 122) [128, 136, 148, 158] stitches. **

Work in Stockinette stitch until the armhole measures 7¾ (8¼, 8¾, 9¼, 9¾) [10¼, 10¾, 11¼, 11¾]" ending with a WS row.

Next row, RS: work 25 (28, 31, 33, 36) [39, 42, 47, 51] stitches and place them on waste yarn or holder, bind off 42 (44, 46, 48, 50) [50, 52, 54, 56] stitches, work remaining 25 (28, 31, 33, 36) [39, 42, 47, 51] stitches. Work 1 WS row.

On the RS at the neck, bind off 5 stitches, work to the end. Work 1 WS row.

Shape Neck and Shoulders

German Short Rows:

Short row 1 (RS): bind off 4 stitches, knit to the last 10 stitches, turn.

Short row 2 (WS): Sl-GSR (see German Short Rows), purl to end.

Next row (RS): bind off 3 stitches. Work to end, working each "double" st through both legs.

Work 1 WS row, break yarn, place stitches on waste yarn or holder and set aside. 13 (16, 19, 21, 24) [27, 30, 35, 39] sts.

Place right shoulder stitches on the needle.

With WS facing, attach yarn at the neck, and bind off 5 stitches, work in pattern to the end. Work 1 RS row.

Short row 3 (WS): bind off 4 stitches, purl to the last 10 stitches, turn. (to shoulder)

Short row 4 (RS): Sl-GSR (see German Short Rows), knit to end.

Next row (WS): bind off 3 stitches. Work to end, working each "double" st through both legs.

Break yarn, place stitches on waste yarn or holder and set aside. 13 (16, 19, 21, 24) [27, 30, 35, 39] sts.

FRONT

Work as for Back/Shape Armholes until **.

Work in Stockinette stitch until the armhole measures 5¾ (6, 6¼, 6½, 7) [7½, 7¾, 8, 8¼]" from the armhole.

Next row, RS: work 43 (47, 51, 54, 57) [60, 64, 70, 75] stitches and place them on waste yarn or holder, bind off 6 (6, 6, 6, 8) [8, 8, 8, 8] stitches, work remaining 43 (47, 51, 54, 57) [60, 64, 70, 75] stitches. Work 1 WS row.

Shape Neck and Shoulders

With RS facing, at the neck, bind off 3 stitches 8 times, 2 stitches 2 times, then 1 stitch 0 (1, 2, 3, 3) [3, 4, 5, 6] times. Begin German Short rows.

German Short Rows:

Short row 1 (RS): bind off 1 stitch, knit to the last 10 stitches, turn.

Short row 2 (WS): Sl-GSR (see German Short Rows), purl to end.

Next row (RS): bind off 1 stitch. Work to end, working each "double" st through both legs.

Work 1 WS row, break yarn leaving a tail 4 times the length of the shoulder, place stitches on waste yarn or holder and set aside. 13 (16, 20, 21, 24) [27, 30, 35, 39] stitches.

Place left shoulder stitches on the needle. With WS facing, attach yarn and bind off 3 stitches 8 times, then 2 stitches 2 times. Work 1 RS row.

Short row 3 (WS): bind off 1 stitch, purl to the last 10 stitches, turn. (to shoulder)

Short row 4 (RS): Sl-GSR (see German Short Rows), knit to end.

Next row (WS): bind off 1 stitch. Work to end, working each "double" stitch through both legs.

Break yarn leaving a tail 4 times the length of the shoulder, place stitches on waste yarn or holder and set aside. 13 (16, 20, 21, 24) [27, 30, 35, 39] stitches.

Place the front and back shoulder stitches on 4 Needle A dpns. Lay both pieces flat RS up; match the shoulders. Using the Kitchener Stitch, graft the front to the back matching the knitting tension.

SIDE PANELS

Back Button Bands

On Back piece, with RS facing and Needle B, pick up 67 (67, 67, 71, 71) [71, 75, 75, 75] stitches from the cast on edge to the locking marker on the Back. Remove the locking marker.

Next row, WS: p1, *Rib Stitch for 13 (13, 13, 14, 14) [14, 15, 15, 15] stitches, place a marker, p 13 (13, 13, 14, 14) [14, 15, 15, 15], place a marker; repeat from * once; Rib Stitch to the end.

Next row, RS: *Rib Stitch to the marker, knit to the next marker; repeat from * once; Rib Stitch to the end. ***

Work in pattern as established for 13 more rows. Begin Set up rounds for Tubular Bind Off.

Set Up Row 1, RS: *k1, sl1 wyif; repeat from* to the last stitch, k1.

Set Up Row 2, WS: *sl1 wyib, k1; repeat from* to the last stitch, sl1 wyib.

Using the Tubular Bind Off method (see Stitches and Techniques), bind off all stitches. Break yarn. Repeat for the other side.

Front Buttonhole Bands

Note: remove and replace markers as needed.

Work as for Button Bands on Front piece until ***. Work in pattern as established for 5 more rows.

For ¾" buttons only

Row 8, Single Row Buttonhole, RS: work in pattern for 6 stitches, *work Single Row Buttonhole over 3 stitches, work 10 (10, 10, 11, 11) [11, 12, 12, 12] stitches in pattern including the last passed over stitch; repeat from * 3

more times work a buttonhole, work in pattern to the end. 5 buttonholes.

For 1" buttons only

Row 8, Single Row Buttonhole, RS: work in pattern for 11 stitches, *work Single Row Buttonhole over the next 5 stitches, work 10 (10, 10, 11, 11) [11, 12, 12, 12] stitches in pattern including the last passed over stitch; repeat from * once work a buttonhole, work in pattern to the end. 3 buttonholes.

For all button sizes

Work the last 7 rows and the Set Up Rows, then bind off as Buttonband. Repeat for the other side.

FINISHING

Weave in ends. Block to schematic.

COLLAR

Note: when dividing stitches, use a longer Needle A to hold the stitches, then work them on the 16" Needle A.

With RS facing using Needle A, begin at right shoulder, pick up 68 (70, 72, 74, 76) [76, 78, 80, 82] stitches around the back and 72 (74, 76, 78, 80) [80, 82, 84, 86] stitches around the front. Place a marker and work in the round. 140 (144, 148, 152, 156) [156, 160, 164, 168] stitches. Work 5 rounds in Stockinette stitch.

Next round: change to Needle C, *kfb; repeat from * to the marker. Place all the 'front' stitches on a Needle C and all the 'back' stitches on a Needle A. Leave the Needle A for the moment and work the stitches on Needle C.

Work Rib Stitch for 5 rows. Begin Set up rounds for Tubular Bind Off.



Set Up Round 1: *k1, sl1 wyif; repeat from* to the marker.

Set Up Round 2: *sl1 wyib, p1; repeat from* to the marker.

Using the Tubular Bind Off method (see Stitches and Techniques), bind off all stitches on Needle C. Break yarn.

With RS facing, attach yarn to Needle A 'back' stitches. Work 3 rows of Stockinette stitch. Break yarn with a tail 3 times the length of the collar. Fold the live stitches towards the WS of the collar. Line up the live stitches with the picked up stitches at the collar seam. With a tapestry needle, sew through the first picked up stitch on the collar seam, then through the corresponding live stitch on the LH needle, slip that stitch off the needle and secure at the collar seam. Continue until all stitches are sewn to the seam. This is an invisible bind off and

should not show on the right side. Weave in ends.

Hem Armholes

Lay the finished piece flat WS facing. Fold the 5 cable cast on stitches at the armholes towards the WS. Create a finished edge by sewing a running hem stitch along the armhole edge invisibly to the purl bumps. Repeat for the other armhole.

Connect the Armholes

Sew buttons in place on both Back Side Panels. Button and overlap the Front and Back Right Side Panel. Invisibly sew the top edge of the panels at the armhole. Repeat for the Left Side Panel. Weave in remaining ends.

ABBREVIATIONS

DDL	double decrease, left leaning: slip 2 sts to a cable needle (CN), hold to front, lining sts up with the next 2 sts on the LH needle. [K first st on CN and first st on LH needle tog] twice.
DDR	double decrease, right leaning: slip 2 sts to a cable needle (CN), hold to back, lining sts up with the next 2 sts on the LH needle. [K first st on the LH needle and first st on CN tog] twice.
dpn	double pointed needle
k	knit
kwise	as if to knit
k2tog	knit 2 sts together
p	purl
pwise	as if to purl
RS	right side
sl	slip
ssk	slip slip knit (slip 2 sts kwise, one at a time onto the right hand needle, place back on left-hand needle, knit tog through the back loop)
WS	wrong side
wyib	with yarn in back
wyif	with yarn in front
yo	yarn over



vest | 23 schematic

