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A short sleeved pullover with water lily lace encircling the hem.



Designed by Deborah Doherty

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FINISHED CHEST MEASUREMENTS

44¾ (48, 51¾, 55¾, 59) [62¾, 66½, 70, 73¾]”

112.5 (122, 131, 140.5, 150) [159.5, 169, 178, 187.5] cm

SIZES

1 (2, 3, 4, 5) [6, 7, 8, 9]

YARN

9 (10, 11, 12, 14) [15, 16, 17, 18] skeins of mYak Baby Yak Silk or mYak Kupa Collection (127 yards/116 meters/25 grams)

Sample colors in photographs: mYak Baby Yak Silk Turchese and mYak Kupa Collection Samana

NEEDLES AND NOTIONS

Needle A (gauge needle): US 3 (3.25 mm) or size needed to obtain gauge, 32” circular needle and set of dpns.

Needle B (for collar and cuffs): US 2 (mm), or one size smaller than gauge needle, 16 and 32”circular needle for Magic Loop method or set of dpns

Tapestry needle, cable needle, markers, 2 unique markers, waste yarn or holder

GAUGE

26 sts and 34 rows for 4”/10cm in Grass Stitch, blocked

NOTES

The essential tee is remade with a boxy silhouette, fitted sleeves, Grass Stitches for texture, and Water Lily lace at the hem. The fabric created with mYak Baby Yak Silk drapes with an elegant sheen. In contrast, the Kupa is cool and light to wear with crisp stitch definition.

The tee is worked from the bottom up in the round with a Rib Stitch pattern. The Rib Stitch is continued in the lace. The lace pattern is charted. Once the chart is complete, Grass Stitches are worked for the rest of the fabric.

The front and back are divided at the armholes. Sleeves are worked in the Grass Stitch pattern in the round and set in once the shoulders are seamed.

The collar is picked up and worked in the round, and finished with a tubular bind off.

STITCHES AND TECHNIQUES

German Twisted Cast On

Using working yarn, make a slip knot and place it on the needle (counts as first st CO), leaving a tail approx. 3 times longer than the width of the piece to be cast on. Set up yarn and the needle, just like working a long tail cast on.

Step 1: Bring the needle under both yarns that are around the thumb.

Step 2: Bring the needle down through the loop formed by the thumb.

Step 3: Take the needle back towards the index finger.

Step 4: Take the needle over the top of the yarn coming from the index finger to catch it.

Step 5: Next bring the needle back down through the loop on the thumb.

Step 6: Drop loop off the thumb and tighten up the stitch just formed.

Rep steps 1-6 until you have the desired number of stitches.

Rib Stitch

*k1, p1; rep from * to the end.

Grass Stitch Pattern (in the round)

The Grass Stitch is worked over 2 stitches: sl1 purlwise wyib, k1, yarn over, pass the slipped stitch over the knit and yarn over stitches.

Sizes 1, 3, 5, 7, 9, and all sleeve sizes

Round 1: *k3, work Grass Stitch over 2 stitches, k3; repeat from * to the BOR.

Round 2: knit all stitches.

Sizes 2, 4, 6, and 8

Round 1: k2, *k3, work Grass Stitch over 2 stitches, k3; repeat from * to 2 stitches before the marker, k2; work once more to the BOR.

Round 2: knit all stitches.

Grass Stitch Pattern (flat)

The Grass Stitch is worked over 2 stitches: sl1 purlwise wyib, k1, yarn over, pass the slipped stitch over the knit and yarn over stitches.

Row 1, RS: *k3, work Grass Stitch over 2 stitches, k3; repeat from * to the end.

Row 2, WS: purl all stitches.

Sloped Bind Off

Step 1: Work the first bind off row as usual.

Step 2: One row before the next bind off, work to the last stitch of the row, slip last stitch pwise.

Step 3: Begin the next bind off by slipping 2 sts kwise, one at a time, then pass the first slipped st over the second to bind off 1 st. Bind off the remaining stitches as usual.

Tubular Bind Off

Cut yarn leaving a tail four times the width of the piece to be bound off. Thread on tapestry needle.

Step 1: Insert tapestry needle into first (knit) st pwise and pull through, leave st on needle.

Step 2: With the tapestry needle held behind the first knit st, insert it into first purl st kwise and pull through, leave st on needle.

Step 3: Insert tapestry needle into first knit st kwise and drop from needle, then insert needle into next knit st pwise and pull through.

Step 4: Insert tapestry needle into first purl st pwise and drop from needle, then insert needle into next purl st kwise (working behind the intervening knit st) and pull through.
Repeat Steps 3-4 until 1 st remains. Put yarn pwise through last st to fasten off.

DIRECTIONS

BODY

Using German Twisted cast on and Needle A, cast on 288 (312, 336, 360, 384) [408, 432, 456, 480] stitches. Place BOR and join without twisting. Work in 1x1 rib pattern for 1." Begin the Water Lily Lace chart.

Water Lily Lace

Work the Water Lily Lace Chart 12 (13, 14, 15, 16) [17, 18, 19, 20] times around.

On round 59 of the chart, end 12 (6, -, 6, 12) [6, -, 6, 12] stitches before the end of round, place BOR in new position.

Begin Grass Stitch pattern with Set Up Round.

Grass Stitch Pattern

Set Up Round: knit 144 (156, 168, 180, 192) [204, 216, 228, 240] stitches, place side marker, knit to BOR.

Work in Grass Stitch Pattern (in the round) for your size until the piece measures 12" from the cast on edge, ending with a Round 2 at the BOR.

Note: Work the increased stitches in stockinette.

Increase Round: *k1, RLI, work in pattern to 1 stitches before the marker, LRI, k1; repeat from * to BOR. 4 stitches increased.

Repeat the Increase Round every other row 2 (2, 2, 3, 3) [3, 4, 4, 4] more times. 300 (324, 348, 376, 400) [424, 452, 476, 500] stitches.

Work one Grass Stitch Pattern Round 2.

Divide for Front and Back

Place 150 (162, 174, 188, 200) [212, 226, 238, 250] stitches just worked onto waste yarn or holder. Remove markers.

BACK

Next row, RS: k 3 (5, 3, 6, 4) [6, 5, 7, 5], work Grass Stitch Pattern (flat) to the last 3 (5, 3, 6, 4) [6, 5, 7, 5] stitches, k to the end.

Work in Grass Stitch Pattern with stockinette at the sides until the armhole is 6½ (7, 7½, 8, 8½) [9, 9½, 10, 10½]" from the division row, ending with a WS row.

Shape Shoulders

For best results, use the Sloped Bind Off Method (see Techniques).

Bind off 3 (5, 4, 5, 5) [6, 6, 6, 7] stitches at the beginning of the next 6 (2, 10, 16, 12) [16, 14, 4, 16] rows, then 4 (4, 5, 0, 6) [0, 7, 7, 0] stitches at the beginning of the next 10 (14, 6, -, 4) [-, 2, 12, -] rows. 92 (98, 104, 108, 116) [116, 128, 130, 138] stitches.

Next row, RS: bind off 4 (4, 5, 5, 6) [6, 7, 7, 8] stitches, work 33 (35, 37, 38, 41) [40, 45, 45, 49] stitches in pattern (including the stitch remaining from the bind off), bind off 18 (20, 20, 22, 22) [24, 24, 26, 26] stitches, work to the end of the row.

Shape Left Shoulder and Neck

On the WS rows, bind off 4 (4, 5, 5, 6) [6, 7, 7, 8] stitches 4 times, *at the same time*, on each RS row, bind off 6 stitches twice, 3 stitches once, and 2 stitches once.

Bind off the remaining 4 (5, 5, 6, 6) [5, 7, 7, 7] stitches from a WS row.

Right Shoulder and Neck

Attach yarn to the WS at the neck.

On each WS row, bind off 6 stitches twice, 3 stitches once, and 2 stitches once, and *at the same time*, on the RS rows, bind off 4 (4, 5, 5, 6) [6, 7, 7, 8] stitches 3 times.

Bind off the remaining 4 (5, 5, 6, 6) [5, 7, 7, 7] stitches from a RS row.

FRONT

NOTE: Front shoulder shaping begins before neck shaping is complete. Read through all Front instructions before proceeding.

Place stitches from the holder onto the needle.

Attach yarn with RS facing.

Next Row, RS: k 3 (5, 3, 6, 4) [6, 5, 7, 5], work Grass Stitch Pattern (flat) to the last 3 (5, 3, 6, 4) [6, 5, 7, 5] stitches, k to the end.

Work in Grass Stitch Pattern with stockinette at the sides until the armhole is 6 (6¼, 6¾, 7, 7½) [8, 8½, 8¾, 9]" from the division row, begin Neck Shaping.

Shape Right Neck

Neck bind off row, RS: work in pattern for 70 (76, 82, 89, 95) [100, 107, 113, 118] stitches, bind off 10 (10, 10, 10, 10) [12, 12, 12, 14] stitches, work in pattern to the end. Place 70 (76, 82, 89, 95) [100, 107, 113, 119] left shoulder stitches on a holder or waste yarn. 70 (76, 82, 89, 95) [100, 107, 113, 119] stitches on the needle.

Bind off 3 stitches on the next 3 RS rows, at the neck, work in pattern to end.

Right Neck Decrease Row, RS: k4, k2tog, work in pattern to end. 1 stitch decreased.

Work the Neck Decrease Row every RS 11 (12, 12, 13, 13) [13, 13, 14, 15] more times.

At the same time, when work measures 6½ (7, 7½, 8, 8½) [9, 9½, 10, 10½]" from the division row, begin shoulder shaping.

Shape Right Shoulder

On WS rows, at the shoulder: bind off 3 (5, 4, 5, 5) [6, 6, 6, 7] stitches of the next 3 (1, 5, 12, 6) [12, 7, 2, 9] rows, then 4 (4, 5, 0, 6) [0, 7, 7, 8] stitches of the next 9 (11, 7, -, 6) [-, 5, 10, 3] rows.

Bind off remaining 4 (5, 5, 6, 6) [5, 7, 7, 7] stitches from the WS.

Shape Left Neck

Place stitches from the holder onto the needle. Attach yarn at the neck. Bind off 3 stitches on the next 3 WS rows, at the neck, work in pattern to end.

Left Neck Decrease Row, RS: work in pattern to the last 6 stitches, ssk, k4. 1 stitch decreased. Work Neck Decrease Row every RS 11 (12, 12, 13, 13) [13, 13, 14, 15] more times.

At the same time, when work measures 6½ (7, 7½, 8, 8½) [9, 9½, 10, 10½]" from the division row, begin shoulder shaping.

Shape Left Shoulder

On RS rows, at the shoulder: bind off 3 (5, 4, 5, 5) [6, 6, 6, 7] stitches of the next 3 (1, 5, 12, 6) [12, 7, 2, 9] rows, then 4 (4, 5, 0, 6) [0, 7, 7, 8] stitches of the next 9 (11, 7, -, 6) [-, 5, 10, 3] rows.

Bind off remaining 4 (5, 5, 6, 6) [5, 7, 7, 7] stitches from the RS.

Sleeves

Make 2. Use a large circular needle for the Magic Loop method or a set of dpns.

Using the German Twisted Cast On Method and Needle B, cast on 64 (72, 80, 88, 96) [104, 112, 120, 128] stitches. Place marker and join without twisting. Work the Rib Stitch for 2." Change to Needle A and knit 1 round.

Grass Stitch Pattern

Begin Grass Stitch Pattern (in the round) for sleeves.

Sleeve Increase Round: k1, RLI, work in pattern as established to 1 stitch before the marker, LRI, k1. 2 stitches increased.

Incorporate the new stitches into the Grass Stitch Pattern as needed. Work Sleeve Increase around every other round 9 (8, 8, 7, 7) [6, 6, 5, 5] more times. 84 (90, 98, 104, 112) [118, 126, 132, 140] stitches.

Work in pattern as established until the sleeve measures 3½" from the top of the cuff, ending on Round 2. Begin Grass Stitch Pattern (flat).

Next Row: Bind off the next 3 stitches, work in pattern to the end, removing BOR.

Next Row, WS: bind off 3 stitches, purl to end. 78 (84, 92, 98, 106) [112, 120, 126, 134] stitches.

Sleeve Cap

For best results use the Sloped Bind Off Method.

Working in pattern as established bind off 3 (4, 4, 4, 4) [5, 4, 5, 5] stitches at the beginning of

the next 4 (16, 8, 14, 6) [20, 4, 20, 24] rows; then 4 (5, 5, 5, 5) [0, 5, 6, 0] stitches at the beginning of the following 14 (2, 10, 6, 14) [-, 18, 2, -] rows. Bind off remaining 10 (10, 10, 12, 12) [12, 14, 14, 14] stitches from the next RS row.

FINISHING

Block pieces to schematics.

Using Mattress stitch or other invisible method, seam shoulders matching Grass Stitches. Sew sleeves into armholes.

COLLAR

Using Needle B, with RS facing, pick up 56 (58, 58, 60, 60) [62, 62, 64, 68] stitches along the back and 72 (74, 76, 78, 82) [82, 88, 88, 90] stitches along the front. Place marker, work in Rib Stitch for 6 rows. 128 (132, 134, 138, 142) [144, 150, 152, 154] stitches.

Set Up Round A: *k1, sl1 wyif; repeat to end of round.

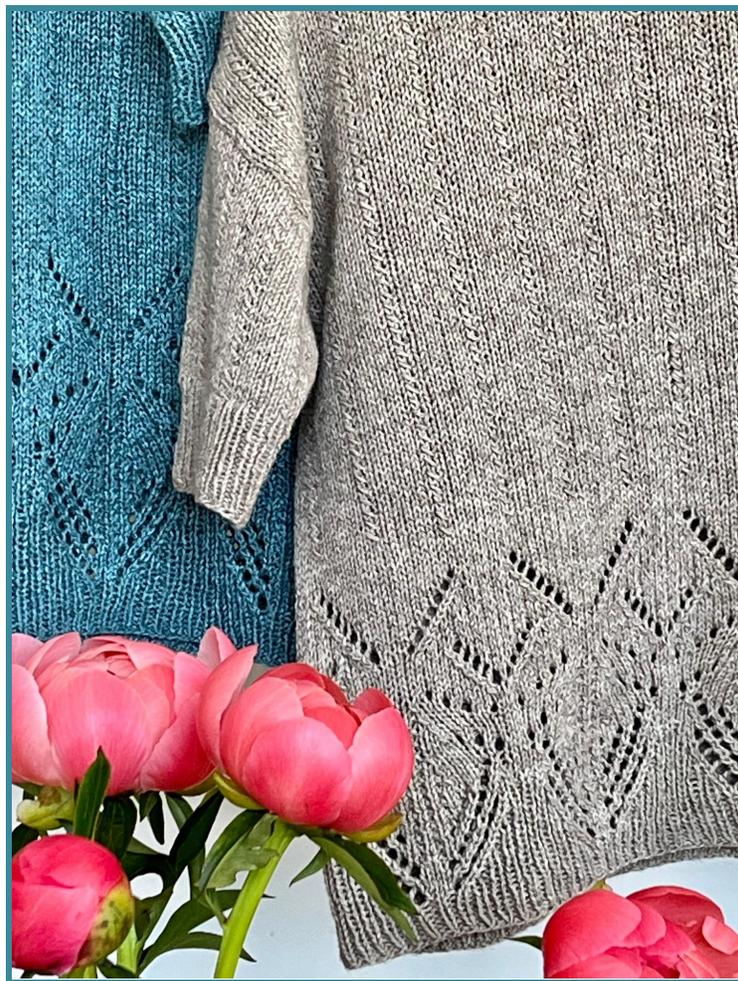
Set Up Round B: *sl1 wyib, p1; repeat to end of round.

Begin Tubular Bind Off (see Stitches and Techniques).

Weave in ends. Steam block seams and collar or wet block entire garment.

ABBREVIATIONS

BOR	beginning of round		
dpn	double point needles		
k	knit		
kwise	as if to knit		
K2tog	knit 2 sts together		
LLI	lift the left leg of the stitch 2 rows below the first stitch on the right hand needle, knit into it. 1 stitch increased		
p	purl		
pwise	as if to purl		
RLI	lift the right leg of the stitch below the		
			first stitch on the left hand needle, knit into it. 1 stitch increased
		RS	right side
		sl	slip
		ssk	slip slip knit (slip 2 sts kwise, one at a time onto the right hand needle, place back on left-hand needle, knit tog through the back loop)
		WS	wrong side
		wyib	with yarn in back
		wyif	with yarn in front
		yo	yarn over



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