

# ROOTS AND SHOOTS SWEATER

BY [TETI LUTSAK](#)



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## **INTRODUCTION**

Inspired by the traditional Tree Of Life embroidery motifs, this round yoke pullover tells a story of its own, from roots to shoots. Poetic, isn't it?

The pullover is knit top-down in the round with a delicate floral colourwork pattern running down the yoke (shoots) and corrugated ribbing accents on the hem and cuffs (roots).

The pattern calls for one strand of Nutiden yarn held together with a strand of silk-mohair lace, yet any other yarn(s) with the matching gauge would work wonderfully. The colourwork pattern of the yoke is charted in three different length options depending on the size to avoid a "collar" effect in the larger sizes.

You can take a closer look at my sample and discover the design process [in this podcast episode](#).

## **SIZES**

The pattern is written for nine sizes 1 (2, 3, 4, 5) (6, 7, 8, 9) with a finished bust circumference of ca. 89 (100, 111, 122, 133) (144, 155, 165, 176) // 35 (39.25, 43.75, 48, 52.25) (56.5, 60.75, 65.25, 69.5) in incl. 15-20 cm (6-8 in) of recommended positive ease.

The sample is slightly cropped and shown in size 2 on a 160 cm (5.3 ft) tall model with ca. 84-66-94 cm (33-26-39 in) body measurements.

There are four body length options provided in the pattern. The sample shown has a finished body length of 22 cm (8.75 in). For more of the finished garment measurements, please refer to the schematic on page 2.



## NEEDLES AND NOTIONS

- 2.5 mm (US 1.5) and 3.0 mm (US 2.5) circular needles;
- spare cables, spare circular needles or scrap yarn to keep sts on hold;
- a few stitch markers, one of which removable;
- a 2.5 mm or B-1 crochet hook for the neckline edging (optional);
- a tapestry needle to weave in the ends (optional).

## GAUGE

22 sts & 30 rnds in 10 cm (4 in) on 3.0 mm (US 2.5) needles measured over stockinette stitch worked in the round after blocking;

24 sts & 26 rnds in 10 cm (4 in) on 3.0 mm (US 2.5) needles measured over colourwork pattern of the yoke worked in the round after blocking;

26 sts & 26 rnds in 10 cm (4 in) on 3.0 mm (US 2.5) needles measured over corrugated ribbing on the cuffs and hem worked in the round after blocking;

Adjust the needle sizes if necessary to obtain the correct gauge.

## CONSTRUCTION AND NOTES

The neck starts from a long-tail cast on, followed by the necessary increases for the colourwork pattern of the yoke. An option for a wider neck is provided. The edge of the neck is finished with a round of single crochet stitches at the very end.

The colourwork on the yoke is both charted and written down for all the sizes. The pattern is designed in a way that preserves the same proportion of colourwork to plain stockinette in all sizes with separate charts provided. You can opt to use the chart for a larger size to have more colourwork on your yoke and maybe extending it down to the body, Feel free to experiment but remember to stick to your size when it comes to increases and yoke depth.

After the separation for the body and sleeves, the body is worked straight down in the round till the desired length. Four body length options are provided for your reference. The sleeves start wide around the upper arm and are shaped with rather rapid decreases towards cuffs.

The cuffs and hem are worked with a corrugated ribbing pattern and finished with a trim of contrasting colour and a purl bind-off. Because of the difference in gauge between stockinette and corrugated ribbing the hem and cuffs will be slightly gathered without extra decreases.

## ABBREVIATIONS AND TECHNIQUES

**BOR/EOR** – beginning/end of the round;

**ca.** – circa – approximately;

**colourwork** –

- if not specified otherwise, work with the MC;
- always keep the MC on top of CC on the WS;
- catch the floats on the WS every 3-4 sts by twisting MC and CC on the WS;

**kx/px** – knit/purl x sts with MC;

**kxcc/pxcc** – knit/purl x sts with CC;

**kall** – knit all to EOR with MC;

**kallcc** – knit all to EOR with CC;

**k2tog** – knit 2 sts together (right leaning 1 st decrease);

**LH/RH** – left/right hand (needle);

**LLI** – [left lifted increase](#) – lift the left leg of the stitch 2 rows below the stitch on RH needle onto LH needle and knit it through the back loop (left leaning 1 st increase), can be substituted with RLI or any other increase of your choice;

**m1L** – [make 1 left knit](#) – insert LH needle, from front to back, under strand of yarn that runs between next st on LH needle and last st on RH needle; knit this st through back loop (1 st increase);

**MC/CC** – main/contrasting colour (mc/cc);

**MOF** – middle of the front (marker);

**R/Rnd/SR** – row/round/short row;

**rep** – repeat;

**RS/WS** – right/wrong side of the work;

**st(s)** – stitch(es);

**ssk** – slip the next 2 sts, one by one, knitwise, insert the tip of the LH needle, from left to right, into the fronts of those 2 sts and knit them together (left leaning 1 st decrease);

**w&t** – [wrap and turn](#) –

- at the end of the short row before a purl st, with the yarn at the back, move next st purlwise to the RH needle, bring the yarn to the front, return the last st off the RH needle to the LH needle and turn your work, bring the yarn in front and start working the following row according to the previously established pattern;

- at the end of the short row before a knit st, keep the yarn in the front, move the next st purlwise to the RH needle, turn your work, bring the yarn to the front, move the first st to the RH needle, bring the yarn to the back and start working the following row according to the previously established pattern;
- pick up wraps in the next full rnds [as shown](#);
- the short rows could also be worked as [German short rows](#) or [Japanese short rows](#).

## **NECK**

Using a long-tail cast-on with 2.5 mm (US 1.5) needles and MC yarn cast on a total of 105 (112, 119, 112, 112) (112, 120, 115, 120) sts. Join to work in the round and place the BOR marker.

***For a wider neck in sizes 4-9, feel free to start from Rnd 3 directly and cast on the number of sts indicated in Rnd 2.***

**Rnd 1:** kall.

**Rnd 2:** \*k7 (7, 7, 8, 7) (8, 10, 5, 5), m1L; rep from \* to EOR.

You will have a total of 120 (128, 136, 126, 128) (126, 132, 138, 144) sts.

**SIZES 1 (2, 3)** – move to the next section.

**SIZES - (-, -, 4, 5) (6, 7, 8, 9)**

**Rnd 3:** kall.

**Rnd 4:** \*k- (-, -, 7, 4) (3, 3, 3, 3), LLI; rep from \* to EOR and move to the next section. You will have a total of - (-, -, 144, 160) (168, 176, 184, 192) sts.

## **YOKE**

***Switch to 3.0 mm (US 2.5) needles and start following the yoke pattern chart provided for your size and/or further written instructions.***

**Rnds 1 & 2 :** \*k3, k1cc, k4; rep from \* to EOR.

**Rnd 3:** \*LLI, k3, k1cc, k4; rep from \* to EOR. You will have a total of 135 (144, 153, 162, 180) (189, 198, 207, 216) sts.

**Rnd 4:** \*k4, k1cc, k4; rep from \* to EOR.

**Rnd 5:** \*LLI, k3, k1cc, k1, k1cc, k3; rep from \* to EOR.

You will have a total of 150 (160, 170, 180, 200) (210, 220, 230, 240) sts.

**Rnd 6:** \*k3, k2cc, k1, k2cc, k2; rep from \* to EOR.

**Rnd 7:** \*k4, k1cc, k1, k1cc, k3, LLI; rep from \* to EOR. You will have a total of 165 (176, 187, 198, 220) (231, 242, 253, 264) sts.

**Rnd 8:** \*k1, k1cc, k3, k1cc, k3, k1cc, k1; rep from \* to EOR.

**Rnd 9:** \*k1, k2cc, k2, k1cc, k2, k2cc, k1, LLI; rep from \* to EOR. You will have a total of 180 (192, 204, 216, 240) (252, 264, 276, 288) sts.

**Rnd 10:** \*k2, k2cc, k1, k1cc, k1, k2cc, k3; rep from \* to EOR.

**Rnd 11:** \*k2cc, k2, k1cc, k1, k1cc, k2, k2cc, k1, LLI; rep from \* to EOR. You will have a total of 195 (208, 221, 234, 260) (273, 286, 299, 312) sts.

**Rnd 12:** \*k1cc, k2, k2cc, k1, k2cc, k2, k1cc, k2; rep from \* to EOR.

**Rnd 13:** \*k4, k1cc, k1, k1cc, k6; rep from \* to EOR.

**Rnd 14:** \*LLI, k2cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k2cc, k2; rep from \* to EOR. You will have a total of 210 (224, 238, 252, 280) (294, 308, 322, 336) sts.

**Rnd 15:** \*k2cc, k1, k1cc, k2, k1cc, k2, k1cc, k1, k2cc, k1; rep from \* to EOR.

**Rnd 16:** \*k2, k1cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k1cc, k3; rep from \* to EOR.

**Rnd 17:** \*k2cc, k1, k2cc, k1, k1cc, k1, k2cc, k1, k2cc, k1; rep from \* to EOR.

**Rnd 18:** \*k2cc, k1, k1cc, k2, k1cc, k2, k1cc, k1, k2cc, k1; rep from \* to EOR.

**Rnd 19:** \*LLI, k5, k3cc, k6; rep from \* to EOR. You will have a total of 225 (240, 255, 270, 300) (315, 330, 345, 360) sts.

**Rnd 20:** \*k5, k1cc, k1, k1cc, k1, k1cc, k5; rep from \* to EOR.

**Rnd 21:** \*k3, k3cc, k1, k1cc, k1, k3cc, k3; rep from \* to EOR.

**Rnd 22:** \*k3, k1cc, k2, k1cc, k1, k1cc, k2, k1cc, k3; rep from \* to EOR.

**Rnd 23:** \*k2cc, k3, k2cc, k1, k2cc, k3, k2cc, LLI; rep from \* to EOR.  
You will have a total of 240 (256, 272, 288, 320) (336, 352, 368, 384) sts.

**Rnd 24:** \*k1, k2cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k2cc, k2; rep from \* to EOR.

**Rnd 25:** \*k3, k1cc, k3, k1cc, k3, k1cc, k4; rep from \* to EOR.

**Rnd 26:** \*k1cc, k1, k1cc, k1, k1cc, k2, k1cc, k2, k1cc, k1, k1cc, k1, k1cc, k1; rep from \* to EOR.

**Rnd 27:** \*k2cc, k2, k2cc, k1, k1cc, k1, k2cc, k2, k2cc, k1, LLI; rep from \* to EOR.  
You will have a total of 255 (272, 289, 306, 340) (357, 374, 391, 408) sts.

**Rnd 28:** \*k3cc, k2, k1cc, k1, k1cc, k1, k1cc, k2, k3cc, k2; rep from \* to EOR.

**Rnd 29:** \*k2, k1cc, k4, k1cc, k4, k1cc, k4; rep from \* to EOR.

**Rnd 30:** \*k6, k3cc, k8; rep from \* to EOR.

**Rnd 31:** \*k3, k3cc, k1, k1cc, k1, k3cc, k5; rep from \* to EOR.

**Rnd 32:** \*LLI, k3, k1cc, k2, k1cc, k1, k1cc, k2, k1cc, k5; rep from \* to EOR.  
You will have a total of 270 (288, 306, 324, 360) (378, 396, 414, 432) sts.

**Rnd 33:** \*k1, k2cc, k3, k2cc, k1, k2cc, k3, k2cc, k2; rep from \* to EOR.

**Rnd 34:** \*k2, k2cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k2cc, k3; rep from \* to EOR.

**Rnd 35:** \*k1cc, k3, k1cc, k3, k1cc, k3, k1cc, k3, k1cc, k1; rep from \* to EOR.

**Rnd 36:** \*k2cc, k1, k1cc, k1, k1cc, k2, k1cc, k2, k1cc, k1, k1cc, k1, k2cc, k1, LLI; rep from \* to EOR.  
You will have a total of 285 (304, 323, 342, 380) (399, 418, 437, 456) sts.

**Rnd 37:** \*k2, k1cc, k2, k1cc, k2, k1cc, k2, k1cc, k2, k1cc, k4; rep from \* to EOR.

**Rnd 38:** \*k2cc, k1, k1cc, k1, k2cc, k1, k1cc, k1, k2cc, k1, k1cc, k1, k2cc, k2; rep from \* to EOR.

**Rnd 39:** \*k2cc, k1, k1cc, k2, k1cc, k1, k1cc, k1, k1cc, k2, k1cc, k1, k2cc, k2; rep from \* to EOR.

#### SIZES 1 (2, 3) ONLY

**Rnd 40:** \*k3, k2cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k2cc, k5; rep from \* to EOR.

**Rnd 41:** \*k1, k1cc, k2, k1cc, k3, k1cc, k3, k1cc, k2, k1cc, k3; rep from \* to EOR.

**Rnd 42:** \*k1, k2cc, k1, k1cc, k2, k1cc, k1, k1cc, k2, k1cc, k1, k2cc, k3, LLI; rep from \* to EOR.  
You will have a total of 300 (320, 340) sts.

**Rnd 43:** \*k1cc, k1, k1cc, k3, k2cc, k1, k2cc, k3, k1cc, k1, k1cc, k3; rep from \* to EOR.

**Rnd 44:** \*k1cc, k6, k1cc, k1, k1cc, k6, k1cc, k3; rep from \* to EOR.

**Rnd 45:** \*k8, k1cc, k11; rep from \* to EOR, break CC yarn and move to the next section.

#### SIZES - (-, -, 4, 5) (6, 7, 8, 9) ONLY

**Rnd 40:** \*LLI, k3, k2cc, k1, k1cc, k1, k1cc, k1, k1cc, k1, k2cc, k5; rep from \* to EOR.  
You will have a total of - (-, -, 360, 400) (420, 440, 460, 480) sts.

**Rnd 41:** \*k2, k1cc, k2, k1cc, k3, k1cc, k3, k1cc, k2, k1cc, k3; rep from \* to EOR.

**Rnd 42:** \*k2, k2cc, k1, k1cc, k2, k1cc, k1, k1cc, k2, k1cc, k1, k2cc, k3; rep from \* to EOR.

**Rnd 43:** \*k1, k1cc, k1, k1cc, k3, k2cc, k1, k2cc, k3, k1cc, k1, k1cc, k2; rep from \* to EOR.

**Rnd 44:** \*k2cc, k3, k1cc, k2, k1cc, k1, k1cc, k2, k1cc, k3, k2cc, k1, LLI; rep from \* to EOR.

You will have a total of - (-, -, 378, 420) (441, 462, 483, 504) sts.

**Rnd 45:** \*k1cc, k3, k1cc, k1, k1cc, k2, k1cc, k2, k1cc, k1, k1cc, k3, k1cc, k2; rep from \* to EOR.

**Rnd 46:** \*k3, k2cc, k1, k2cc, k3, k2cc, k1, k2cc, k5; rep from \* to EOR.

#### SIZES - (-, -, 4, 5) (6, -, -, -) ONLY

**Rnd 47:** \*k4, k1cc, k1, k1cc, k5, k1cc, k1, k1cc, k6; rep from \* to EOR.

**Rnd 48:** \*k5, k1cc, k7, k1cc, k7; rep from \* to EOR break CC yarn and move to the next section.

## SIZES - (-, -, -, -) (-, 7, 8, 9) ONLY

**Rnd 47:** \*k2, k1cc, k1, k1cc, k1, k1cc, k2, k1cc, k2, k1cc, k1, k1cc, k1, k1cc, k4; rep from \* to EOR.

**Rnd 48:** \*k1, k2cc, k2, k1cc, k2, k1cc, k1, k1cc, k2, k1cc, k2, k2cc, k3; rep from \* to EOR.

**Rnd 49:** \*LLI, k1, k1cc, k2, k1cc, k2, k2cc, k1, k2cc, k2, k1cc, k2, k1cc, k3; rep from \* to EOR.  
You will have a total of - (-, -, -, -) (-, 484, 506, 528) sts.

**Rnd 50:** \*k4, k2cc, k3, k1cc, k1, k1cc, k3, k2cc, k5; rep from \* to EOR.

**Rnd 51:** \*k4, k1cc, k5, k1cc, k5, k1cc, k5; rep from \* to EOR, break CC yarn and move to the next section.

## SHAPING THE BACK OF THE YOKE WITH SHORT ROWS

Keep the BOR at the middle of the back and place a removable (MOF) marker to mark the middle of the front either between the 2 central pattern repeats or in the middle of a central repeat depending on a size and the total number of repeats you have (even or odd). Then, work a total of 13 (13, 15, 15, 17) (17, 19, 19, 19) short rows as described.

**SR1 (RS):** from the BOR in the middle of the back, k till 40 sts to (before) MOF, w&t.

**SR2 (WS):** p till 40 sts to MOF, w&t.

**Remove MOF marker.**

**SR3 (RS):** k till 20 sts to previous wrap, w&t.

**SR4 (WS):** p till 20 sts to previous wrap, w&t.

**Your short rows will become shorter and shorter.**

**SR5, SR7, SR9 and all RS rows**

**till SR11 (11, 13, 13, 15) (15, 17, 17, 17):**

k till 10 sts to previous wrap, w&t.

**SR6, SR8, SR10 and all WS rows**

**till SR12 (12, 14, 14, 16) (16, 18, 18, 18):**

p till 10 sts to previous wrap, w&t.

**SR13 (13, 15, 15, 17) (17, 19, 19, 19) (RS):**

k to BOR and move to the next section.

## YOKE (CONTINUED)

**Rnd 1:** kall and **at the same time** pick up the short row wraps and work them together with their corresponding sts.

Work in stockinette st a total of 3 (7, 11, 11, 15) (19, 19, 23, 25) more rnds.

**In size 6 only, in the last rnd decrease 1 st to have a total of 440 sts.**

Work fewer or add more rnds if necessary to adjust the depth of the yoke and without breaking the yarn move to the next section.

## SEPARATING BODY AND SLEEVES

**Rnd 1: starting at the middle of the back,**

- k43 (48, 52, 58, 64) (67, 72, 76, 81) sts of the back,
- temporarily bind off or place on hold the next 64 (64, 66, 73, 82) (86, 98, 101, 102) sts for the right sleeve,
- cast on extra 12 (14, 18, 18, 18) (24, 26, 30, 32) sts for the underarm;
- k the next 86 (96, 104, 116, 128) (134, 144, 152, 162) sts of the front,
- temporarily bind off or place on hold the next 64 (64, 66, 73, 82) (86, 98, 101, 102) sts for the left sleeve,
- cast on extra 12 (14, 18, 18, 18) (24, 26, 30, 32) sts for the underarm,
- and k43 (48, 52, 58, 64) (67, 72, 76, 81) sts of the back to EOR.

You will have a total of 196 (220, 244, 268, 292) (316, 340, 364, 388) sts for the body.

## BODY

Work in stockinette st until desired length or for ca. 50 (60, 70, 80) rnds until the body measures approx. 17 (20, 23, 27) cm // 6.5 (7.75, 9.25, 10.5) in from the underarms, given that the hem will add another 5 cm (2 in). For the total length measurements please refer to the schematic on page 2.

## HEM

**Rnd 1: without changing the needles,** \*k1, k1cc; rep from \* to EOR.

**Rnd 2 – Rnd 12** (11 rnds): \*k1, p1cc; rep from \* to EOR.

**Rnd 13:** kall. Break the MC yarn.

**Rnd 14:** kallcc.

Bind off using a purl bind-off with CC, break the yarn and weave in the end.

## SLEEVES

**With 3.0 mm (US 2.5) needles** return to the sts left on hold for the sleeves and follow these instructions twice to make two identical sleeves or use [a magic loop technique](#) to work both sleeves simultaneously.

### **Rnd 1: starting in the middle of the underarm,**

- pick up and k6 (7, 9, 9, 9) (12, 13, 15, 16) sts of the underarm,
- to avoid holes catch a float between sts of the underarm and sleeve as shown [in this demo](#) or use your favorite method;
- k64 (64, 66, 73, 82) (86, 98, 101, 102) sts of the sleeve,
- to avoid holes catch a float between sts of the underarm and sleeve as shown [in this demo](#) or use your favorite method;
- pick up and k the remaining 6 (7, 9, 9, 9) (12, 13, 15, 16) sts of the underarm.

Join to work in the round and place a BOR marker. You will have a total of 76 (78, 84, 91, 100) (110, 124, 131, 134) sts.

Work in stockinette st ca. 15 rnds or until the sleeve measures approx. 5 cm (2 in) from the underarms.

**In the next rnd:** k1, k2tog, k till 3 to EOR, ssk, k1.

Then, decrease evenly on the inner side of the sleeve **in every 6th (6th, 6th, 5th, 4th) (4th, 3rd, 3rd, 3rd) rnd as described above** finishing with ca. 36-38 cm (14.25-14.75 in) long sleeve (excl. the cuff) and a total of 44 (44, 48, 51, 52) (54, 58, 61, 64) sts left on the needles.

Add more rnds if necessary to adjust the sleeve length, given that the cuffs will add another 5 cm (2 in).

**In sizes 4 and 8, add one extra rnd and decrease 1 st to have a total of 50 and 60 sts respectively for the cuff.**

## CUFFS

**Rnd 1: without changing the needles,**

\*k1, k1cc; rep from \* to EOR.

**Rnd 2 – Rnd 12** (11 rnds): \*k1, p1cc;

rep from \* to EOR.

**Rnd 13:** kall. Break the MC yarn.

**Rnd 14:** kallcc.

Bind off using a purl bind-off with CC, break the yarn and weave in the end.

## FINISHING THE NECKLINE

You can leave the neck as it is, but you can also add a pop of colour, prevent the neck from stretching and if necessary adjust the width by working a round of single crochet sts along the cast-on edge. [Watch me do it here.](#)

Using a crochet hook of any size close to the needle size used (2.5 mm, B-1), starting at the middle of the back with CC or MC yarn, work a single crochet st by picking up both legs of each of the cast-on sts. Finish the round, cut the yarn and weave in the end.

## BLOCKING

Weave in the remaining ends. Soak the garment in lukewarm water. Gently squeeze to remove most of the water and then roll in a towel to dry. Pin out to measurements or desired size/shape and leave flat to dry.

## SHARING AND FEEDBACK

If you feel like sharing pictures or your thoughts about the design, please do so in your projects on [Ravelry](#) and/or under [#rootsandshootssweater](#) hashtag on Instagram. I am always thrilled to see your projects!

If you wish to stay in touch and see what I'm up to, follow me on [Instagram](#) or support my work via [Patreon](#) to get an early access to test knit calls, exclusive discounts and videos.

You can also keep an eye on the upcoming test knit calls and new releases by signing up for my newsletter [here](#).

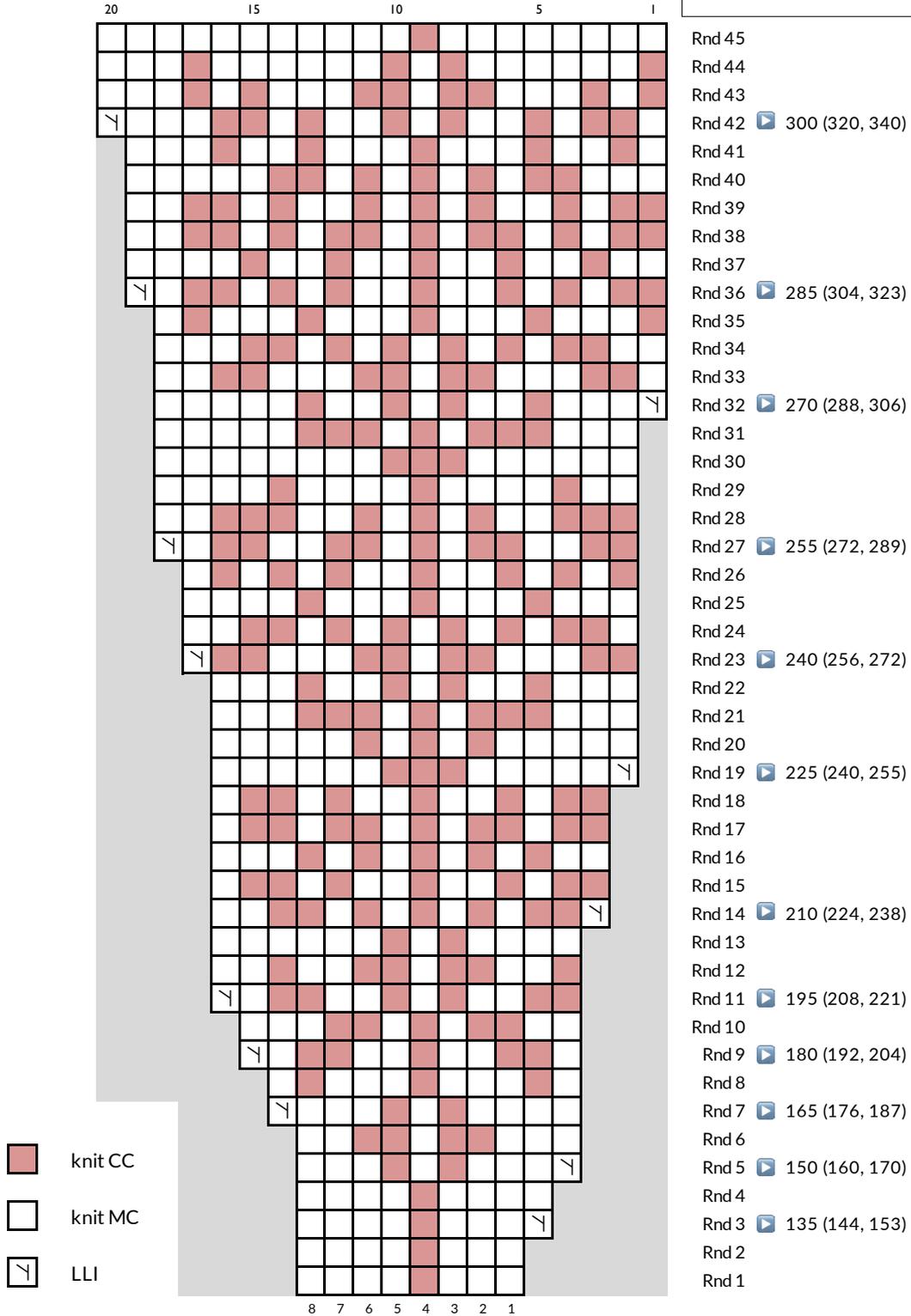
If you have questions or found a mistake, please contact me via email at [tetilutsak@gmail.com](mailto:tetilutsak@gmail.com) and I will do my best to help you. Please, be respectful and kind, remember, nobody is perfect.

Happy knitting and thank you for supporting my work,  
Teti

## YOKE PATTERN CHART

Sizes 1 (2, 3)

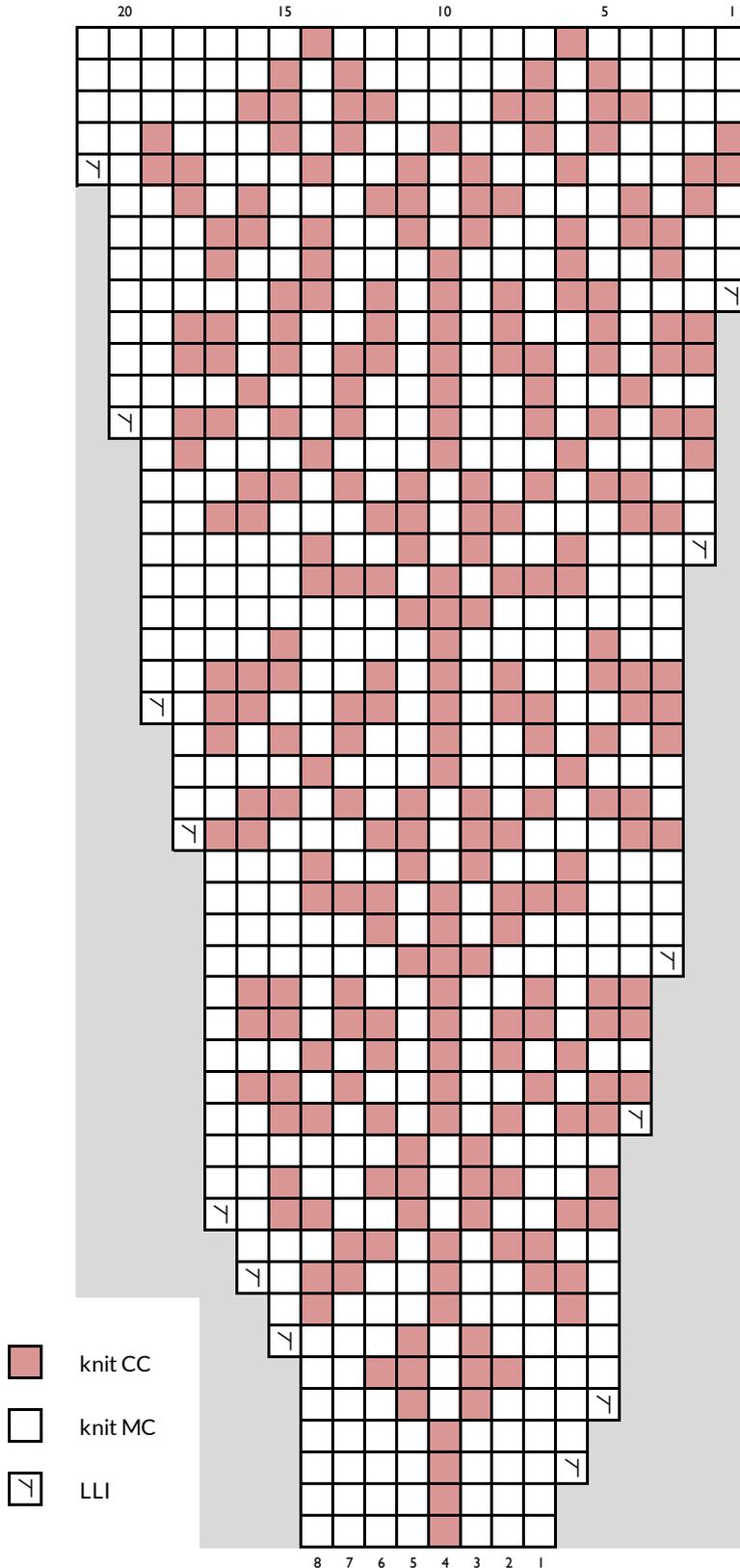
Return to written instructions – section  
Shaping the back of the yoke on page 6



## YOKE PATTERN CHART

Sizes 4 (5, 6)

Return to written instructions – section  
Shaping the back of the yoke on page 6

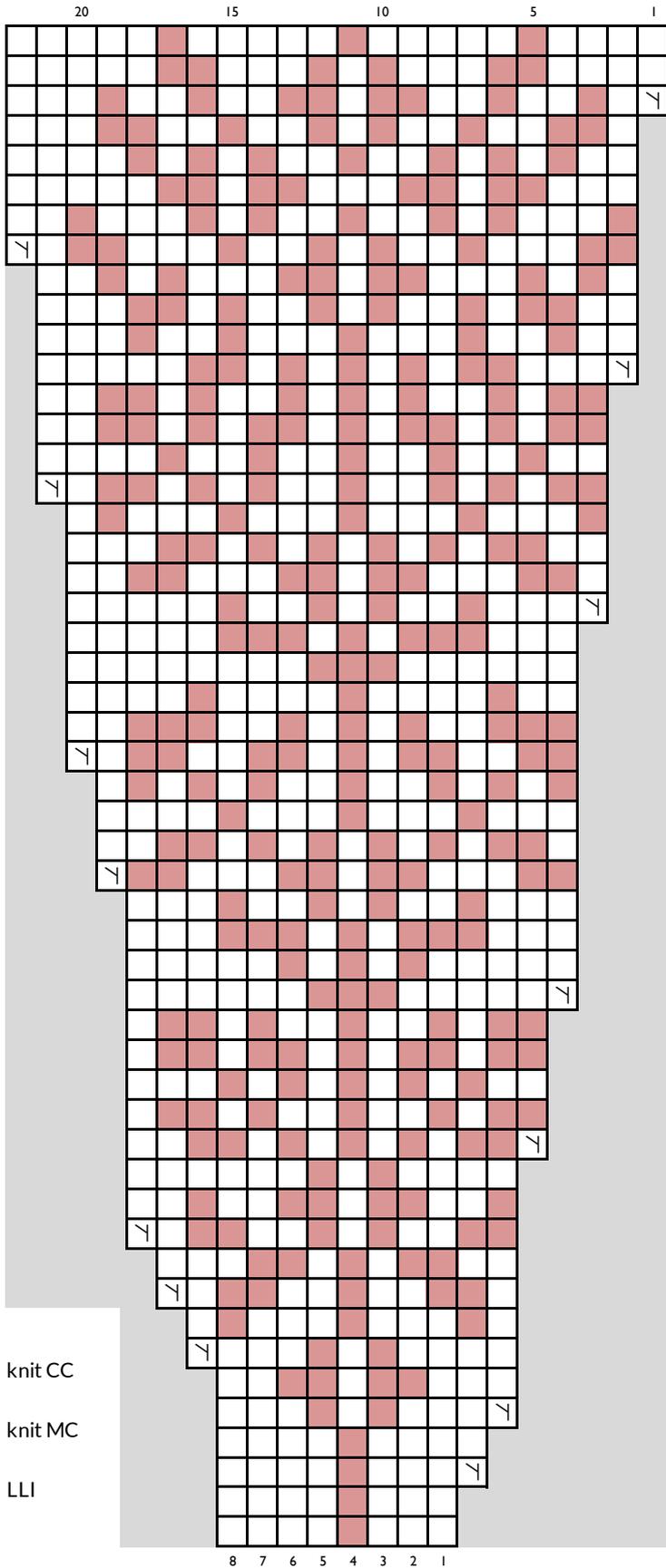


- Rnd 48
- Rnd 47
- Rnd 46
- Rnd 45
- Rnd 44 [▶ 378 \(420, 441\)](#)
- Rnd 43
- Rnd 42
- Rnd 41
- Rnd 40 [▶ 360 \(400, 420\)](#)
- Rnd 39
- Rnd 38
- Rnd 37
- Rnd 36 [▶ 342 \(380, 399\)](#)
- Rnd 35
- Rnd 34
- Rnd 33
- Rnd 32 [▶ 324 \(360, 378\)](#)
- Rnd 31
- Rnd 30
- Rnd 29
- Rnd 28
- Rnd 27 [▶ 306 \(340, 357\)](#)
- Rnd 26
- Rnd 25
- Rnd 24
- Rnd 23 [▶ 288 \(320, 336\)](#)
- Rnd 22
- Rnd 21
- Rnd 20
- Rnd 19 [▶ 270 \(300, 315\)](#)
- Rnd 18
- Rnd 17
- Rnd 16
- Rnd 15
- Rnd 14 [▶ 252 \(280, 294\)](#)
- Rnd 13
- Rnd 12
- Rnd 11 [▶ 234 \(260, 273\)](#)
- Rnd 10
- Rnd 9 [▶ 216 \(240, 252\)](#)
- Rnd 8
- Rnd 7 [▶ 198 \(220, 231\)](#)
- Rnd 6
- Rnd 5 [▶ 180 \(200, 210\)](#)
- Rnd 4
- Rnd 3 [▶ 162 \(180, 189\)](#)
- Rnd 2
- Rnd 1

# YOKE PATTERN CHART

Sizes 7 (8, 9)

Return to written instructions – section Shaping the back of the yoke on page 6



- knit CC
- knit MC
- LLI

- Rnd 51
- Rnd 50
- Rnd 49 [▶ 484 \(506, 528\)](#)
- Rnd 48
- Rnd 47
- Rnd 46
- Rnd 45
- Rnd 44 [▶ 462 \(483, 504\)](#)
- Rnd 43
- Rnd 42
- Rnd 41
- Rnd 40 [▶ 440 \(460, 480\)](#)
- Rnd 39
- Rnd 38
- Rnd 37
- Rnd 36 [▶ 418 \(437, 456\)](#)
- Rnd 35
- Rnd 34
- Rnd 33
- Rnd 32 [▶ 396 \(414, 432\)](#)
- Rnd 31
- Rnd 30
- Rnd 29
- Rnd 28
- Rnd 27 [▶ 374 \(391, 408\)](#)
- Rnd 26
- Rnd 25
- Rnd 24
- Rnd 23 [▶ 352 \(368, 384\)](#)
- Rnd 22
- Rnd 21
- Rnd 20
- Rnd 19 [▶ 330 \(345, 360\)](#)
- Rnd 18
- Rnd 17
- Rnd 16
- Rnd 15
- Rnd 14 [▶ 308 \(322, 336\)](#)
- Rnd 13
- Rnd 12
- Rnd 11 [▶ 286 \(299, 312\)](#)
- Rnd 10
- Rnd 9 [▶ 264 \(276, 288\)](#)
- Rnd 8
- Rnd 7 [▶ 242 \(253, 264\)](#)
- Rnd 6
- Rnd 5 [▶ 220 \(230, 240\)](#)
- Rnd 4
- Rnd 3 [▶ 198 \(207, 216\)](#)
- Rnd 2
- Rnd 1