

POMEGRANATE

CIRCULAR YOKE SWEATER

By Christelle Nihoul



POMEGRANATE

SPECIFICATIONS



SIZES

1 [2, 3][4, 5][6, 7, 8]



YARN

L'Atelier Teinture Délicatesse (56% Merino Superwash, 44% Superkid Mohair) 360 m / 100 g 952 [1039, 1188][1300, 1426][1518, 1682, 1817] m / 1041 [1136, 1299][1421, 1559][1660, 1839, 1987] yds or 3 [3, 4][4, 4][5, 5, 6] skeins colorway Grenadine



NEEDLES

3.5 mm (US 4) 100 cm (40") circ needle
Set of 3.25 mm (US 3) for the cuffs or needles for your preferred method of small circumference knitting



GAUGE

24 sts / 34 rows in stockinette st per 10 cm/4" in the round after blocking, with 3.5 mm needles



NOTIONS

Tapestry needle
10 [11, 12][13, 14][14, 15, 15] stitch markers if needed



CONSTRUCTION

This sweater is worked from the top with the circular yoke method, starting with the neckband. Back, front and sleeves are worked together before separating them to work the body and finally finish the sleeves.

This sweater is designed to fit with positive ease (+13-18 cm/ 5-7").

POMEGRANATE

ABBREVIATIONS

BO: bind off	DEC4TO1: slip knitwise four times, knit these 4 sts together through the back loops
CO: cast on	DEC5TO1: slip knitwise five times, knit these 5 sts together through the back loops
GSR: german short rows	M1L: make one left - lift strand between stitches from the front, knit into back loop
PM/SLM: place marker / slip marker	M1R: make one right - lift strand between stitches from the back, knit into front loop
RD(S): round(s)	M1LP: lift loop between stitches from the front, insert the right needle from back to front through the back of the stitch as if to purl through the back loop, purl it
RS/WS: right side / wrong side	M1RP: lift loop between stitches from the back, insert the right needle from back to front through the front of the stitch as if to purl, purl it
ST(S): stitch(es)	1/1RPC: slip one stitch purlwise to the cable needle, place it on the back, knit through the back loop next st, purl st from cable needle
YO: yarn over	1/1LPC: slip one stitch purlwise to the cable needle, place it on the front, purl next st, knit through the back loop next st from cable needle
K: knit	1/1/1LPC: slip one stitch purlwise to the cable needle, place it on the front, purl first st then knit through the back loop the next one, knit through the back loop st from cable needle
P: purl	
KTBL: knit through the back loop	
PTBL: purl through the back loop	
K2TOG: knit two together	
K3/4/5TOG: knit 3/4/5 together	
SSK: slip knitwise twice, knit these 2 sts together through the back loops	
SSSK: slip knitwise three times, knit these 3 sts together through the back loops	
CDD: central double decrease - slip 2 sts together knitwise, knit 1, pass slipped stitches over	



POMEGRANATE

INSTRUCTIONS

NECKBAND

Using the 1*1 Ribbed CO, CO 100 [110, 120][130, 140] [140, 150, 150] sts, pm, join the in round and work 10 rds in 1*1 twisted ribs as follows:

Rds 1-4: with larger needles, *ktbl, p1* to beg marker
Rd 5: *(ktbl, p1) three times, 1/1/1LPC, p1* to beg marker
Rds 6-8 : repeat Rd 1

Rds 9-12: repeat Rds 5-8

YOKE

GERMAN SHORT ROWS

Row 1 (RS): work 21 [23, 27][29, 31][31, 33, 33] sts as follows: *ktbl, p1* 10 [11, 13][14, 15][15, 16, 16] times, ktbl, turn

Row 2: GSR, *k1, ptbl* to beg marker, slm, work 21 [23, 27][29, 31][31, 33, 33] sts as follows: *k1, ptbl* 10 [11, 13] [14, 15][15, 16, 16] times, k1, turn

Row 3: GSR, *ktbl, p1* to beg marker, slm, work sts as they appear (knit through the back loop for ktbl and purl for p) to double st, knit double st through the back loop, *p1, ktbl* twice, turn

Row 4: GSR, *k1, ptbl* to beg marker, slm, work sts as they appear (purl through the back loop for ptbl and knit for k) to double st, knit double st, *ptbl, k1* twice, turn

Rows 5 & 6: repeat Rows 3 & 4

Row 7 : GSR, *ktbl, p1* to beg marker, slm, *ktbl, p1* to beg marker knitting double sts through the back loop when you reach them

YOKE CHART

Work Yoke Chart Rds 1-72 [76, 76][76, 76][76, 76, 76] working the chart 10 [11, 12][13, 14][14, 15, 15] times across the round. If needed, place a marker per repeat. You now have 300 [330, 360][390, 420][448, 480, 510] sts.

Remove markers except beg marker.

Continue as follows until yoke measures approx. 21 [22.5, 23][23, 23.5][23.5, 24.5, 25] cm / 8¼ [8½, 9] [9, 9¼] [9¼ 9½, 9¾]" from bottom of front neckband.

DIVIDE BODY AND SLEEVES

Rd 1: 45 [50, 55] [59, 65] [70, 75, 79] (back), place next 60 [65, 70][76, 80][84, 90, 96] sts on hold (first sleeve), CO 15 [15, 20][24, 24][26, 28, 32] sts, k90 [100, 110] [120, 130] [140, 150, 160] (front), place next 60 [65, 70] [76, 80][84, 90, 96] sts on hold (second sleeve), CO 15 [15, 20][24, 24][26, 28, 32] sts, k to beg marker (back)

You now have 210 [230, 260][286, 308][332, 356, 382] sts for the body and 60 [65, 70][76, 80][84, 90, 96] sts for each sleeve.

BODY

Work as follows until body measures 26 [26, 27][27, 28][28, 30, 30] cm / 10¼ [10¼, 10½] [10½, 11] [11, 11¾, 11¾]" from the underarm or the desired length minus 7.5 cm / 3"

Rd 1: k to beg marker

On the last Rd, evenly work k2tog -- [--, --] [6 8] [2, 6, 2] times across the rd.

You now have 210 [230, 260] [280, 300] [330, 350, 380] sts.

HEM

With larger needles, work 26 rds in 1*1 twisted rib as follows:

Rds 1-4: *ktbl, p1* to beg marker

Rd 5: *(ktbl, p1) three times, 1/1/1 LPC, p1* to beg marker

Rds 6-12: repeat Rd 1

Rd 13: repeat Rd 5

Rds 14-26: repeat Rd 1

BO loosely using Lori's Twisty BO.

SLEEVES

Using DPNs or circ needle in the larger size, start at the center of the underarm and pick up 7 [7, 10][12, 12][13, 15, 17] sts, transfer 60 [65, 70][76, 80][84, 90, 96] sts from the scrap yarn to the needle and pick up 8 [8, 10] [12, 13][13, 15, 17] sts, place marker and join to work in the round.

You now have 75 [80, 90][100, 105][110, 120, 130] sts.

Knit 27 [27, 27][27, 23][18, 18, 18] rds.

Sleeve increases: *k15 [16, 18][20, 21][22, 24, 26] M1R* to beg marker

You now have 80 [85, 95][105, 110][115, 125, 130] sts.

Repeat the section above 3 [3, 3][3, 4][5, 5, 5] times. You now have 95 [100, 110] [120, 30][140, 150, 160] sts.

Knit until sleeves measure 40 cm / 11¾" from the underarm or the desired length minus 12.5 cm / 5".

On last rd, evenly work, with the smaller needles, work as follows:

For size 1

k1, k2tog 20 times, *k2tog, k1* 4 times, k2tog 20 times, k2tog to beg marker

For size 2

k2tog to beg marker

For size 3

k2tog 4 times, k3tog once to beg marker

For size 4

k2tog 3 times, k3tog twice to beg marker

For size 5

k2tog 5 times, k3tog once to beg marker

For size 6

k2tog 4 times, k3tog twice to beg marker

For size 7

k2tog 6 times, k3tog once to beg marker

For size 8

k2tog 5 times, k3tog twice to beg marker

You now have 50 [50, 50][50, 60][60, 70, 70] sts.

CUFFS

With smaller needles, work 42 rds in 1*1 twisted rib as follows:

Rds 1-4: *ktbl, p1* to beg marker

Rd 5: *(ktbl, p1) three times, 1/1/1 LPC, p1* to beg marker

Rds 6-12: repeat Rd 1

Rds 13-20: repeats Rds 5-12

Rds 21-28: repeats Rds 5-12

Rd 29: repeat Rd 5

Rds 30-42: repeat Rd 1

BO loosely using Lori's Twisty BO.

Weave the ends, seam gaps at armholes if needed and block the sweater into shape.

To wet block the sweater fill a sink with lukewarm water and a small amount of no-rinse wool shampoo (e.g., Eucalan, Soak, Kookaburra).

Place the sweater in the bowl & do not submerge.

Allow it to sit until it has absorbed enough water to drive out all the air bubbles & sink into the bowl.

Drain the sink and gently squeeze the sweater to remove excess water.

Place it between two towels and roll them to extract the remaining moisture. Use T-Pins and Blocking Wires (if desired) to ease the sweater into shape.

INFORMATION

This pattern is intended only for private use.

Any commercial use of pattern is prohibited.

If you have questions, you can contact me at : contact@crystallk.com

POMEGRANATE

WRITTEN INSTRUCTIONS

Rd 1 : k2tog, yo, k1, yo, ssk, p1, 1/1/1 LPC, p1 (10 sts)
 Rds 2-4: k5, *p1, ktbl* twice, p1
 Rd 5: k2tog, yo, k1, yo, ssk, *p1, ktbl* twice, p1
 Rds 6-8: repeat Rds 2-4
 Rds 9 & 10: repeat Rds 1 & 2
 Rd 11: k5, p1, ktbl, yo, k1, yo, ktbl, p1 (12 sts)
 Rd 12: k5, p1, ktbl, k3, ktbl, p1
 Rd 13: k2tog, yo, k1, yo, ssk, p1, ktbl, yo, cdd, yo, ktbl, p1
 Rd 14: repeat Rd 12
 Rd 15: k1, yo, k3, yo, k1, p1, ktbl, yo, cdd, yo, ktbl, p1 (14 sts)
 Rd 16: k1, ktbl, k3, ktbl, k1, p1, ktbl, k3, ktbl, p1
 Rd 17: k2tog, *yo, k1* 3 times, yo, ssk, p1, ktbl, yo, cdd, yo, ktbl, p1 (16 sts)
 Rd 18: k9, p1, ktbl, k3, ktbl, p1
 Rd 19: k9, p1, 1/1 LPC, k1, 1/1 RPC, p1
 Rd 20: k9, p2, ktbl, p1, ktbl, p2
 Rd 21: k3tog, *yo, k1* 3 times, yo, sssk, p2, 1/1/1 LPC, p2
 Rd 22: repeat Rd 20
 Rd 23: k9, p1, 1/1 RPC, k1, 1/1 LPC, p1
 Rd 24: repeat Rd 18
 Rd 25: k3tog, *yo, k1* 3 times, yo, sssk, M1Rp, p1, ktbl, yo, cdd, yo, ktbl, p1, M1Lp (18 sts)
 Rd 26: k9, p2, ktbl, k3, ktbl, p2
 Rd 27: k9, p2, ktbl, yo, cdd, yo, ktbl, p2
 Rd 28: repeat Rd 26
 Rd 29: k3tog, *yo, k1* 3 times, yo, sssk, p2, ktbl, yo, cdd, yo, ktbl, p2
 Rd 30: repeat Rd 26
 Rd 31: k1, yo, k7, yo, k1, p2, 1/1 LPC, k1, 1/1 RPC, p2 (20 sts)
 Rd 32: k1, ktbl, k7, ktbl, k1, p3, ktbl, p1, ktbl, p3
 Rd 33: k3tog, *yo, k1* 5 times, yo, sssk, M1Rp, p3, 1/1/1 LPC, p3, M1Lp (24 sts)
 Rd 34 : k13, p4, ktbl, p1, ktbl, p4
 Rd 35: k13, p3, 1/1 RPC, k1, 1/1 LPC, p3
 Rd 36: k13, p3, ktbl, k3, ktbl, p3
 Rd 37: k4tog, *yo, k1* 5 times, yo, dec4to1, p2, 1/1 RPC, yo, cdd, yo, 1/1 LPC, p2
 Rd 38: k13, p2, ktbl, k2, p1, k2, ktbl, p2
 Rd 39: k13, p2, ktbl, yo, ssk, p1, k2tog, yo, ktbl, p2
 Rd 40: repeat Rd 38
 Rd 41: k4tog, *yo, k1* 5 times, yo, dec4to1, p2, ktbl, yo, ssk, p1, k2tog, yo, ktbl, p2
 Rd 42: repeat Rd 38
 Rd 43: k1, yo, k11, yo, k1, p2, ktbl, yo, ssk, p1, k2tog, yo, ktbl, p2 (26 sts)
 Rd 44 : k1, ktbl, k11, ktbl, k1, p2, ktbl, k2, p1, k2, ktbl, p2
 Rd 45: k4tog, *yo, k1* 7 times, yo, dec4to1, p2, 1/1 LPC, yo, cdd, yo, 1/1 RPC, p2 (28 sts)
 Rd 46: k17, p3, ktbl, k3, ktbl, p3
 Rd 47: k17, M1Rp, p3, 1/1 LPC, k1, 1/1 RPC, p3 M1Lp (30 sts)
 Rd 48: k17, p5, ktbl, p1, ktbl, p5
 Rd 49: k5tog, *yo, k1* 7 times, yo, dec5to1, p5, 1/1/1 LPC, p5
 Rd 50: k17, p5, ktbl, p1, ktbl, p5
 Rd 51: k17, p1, k1, p2, 1/1 RPC, k1, 1/1 LPC, p2, k1, p1
 Rd 52: k17, p1, k1, p2, ktbl, k3, ktbl, p2, k1, p1
 Rd 53: k5tog, *yo, k1* 7 times, yo, dec5to1, p1, k1, p1, 1/1 RPC, yo, cdd, yo, 1/1 LPC, p1, k1, p1
 Rd 54: k17, p1, k1, p1, ktbl, k2, p1, k2, ktbl, p1, k1, p1

Rd 55: k17, p1, k1, p1, ktbl, yo, ssk, p1, k2tog, yo, ktbl, p1, k1, p1
 Rd 56: repeat Rd 54
 Rd 57: k5tog, *yo, k1* 7 times, yo, dec5to1, p1, k1, p1, ktbl, yo, ssk, p1, k2tog, yo, ktbl, p1, k1, p1

For sizes 1 to 5

Rds 58 & 59: repeat Rds 54 & 55
 Rd 60: repeat Rd 54
 Rd 61: k5tog, *yo, k1* 7 times, yo, dec5to1, p1, k1, p1, 1/1 LPC, yo, cdd, yo, 1/1 RPC, p1, k1, p1
 Rd 62: k17, p1, k2, p1, ktbl, k3, ktbl, p1, k2, p1
 Rd 63: k17, p1, k2, p1, 1/1 LPC, k1, 1/1 RPC, p1, k2, p1
 Rd 64: k17, p1, k3, *p1, ktbl* twice, p1, k3, p1
 Rd 65: k5tog, *yo, k1* 7 times, yo, dec5to1, p1, k3, p1, 1/1/1 LPC, p1, k3, p1
 Rd 66: k17, p1, k3, *p1, ktbl* twice, p1, k3, p1
 Rd 67: k17, p1, k11, p1
 Rd 68: repeat Rd 67
 Rd 69: k5tog, *yo, k1* 7 times, yo, dec5to1, p1, k11, p1
 Rd 70: repeat Rd 67

For size 1

Rds 71 & 72 : p18, k11, p1

For sizes 2 to 5

Rds 71 & 72 : k17, p1, k11, p1
 Rds 73 & 74 : repeat Rds 69 & 70
 Rds 75 & 76: p18, k11, p1

For sizes 6-8

Rd 58: repeat Rd 54
 Rd 59: M1R, k17, M1L, p1, k1, p1, ktbl, yo, ssk, p1, k2tog, yo, ktbl, p1, k1, p1 (32 sts)
 Rd 60: k19, p1, k1, p1, ktbl, k2, p1, k2, ktbl, p1, k1, p1
 Rd 61 : k1, k5tog, *yo, k1* 7 times, yo, dec5to1, k1, p1, k1, p1, 1/1 LPC, yo, cdd, yo, 1/1 RPC, p1, k1, p1
 Rd 62: k19, p1, k2, p1, ktbl, p3, ktbl, p1, k2, p1
 Rd 63: k19, p1, k2, p1, 1/1 LPC, p1, 1/1 RPC, p1, k2, p1
 Rd 64: k19, p1, k3, *p1, ktbl* twice, p1, k3, p1
 Rd 65: k1, k5tog, *yo, k1* 7 times, yo, dec5to1, k1, p1, k3, p1, 1/1/1 LPC, p1, k3, p1
 Rd 66: k19, p1, k3, *p1, ktbl* twice, p1, k3, p1
 Rd 67: k19, p1, k11, p1
 Rd 68: repeat Rd 67

For size 7

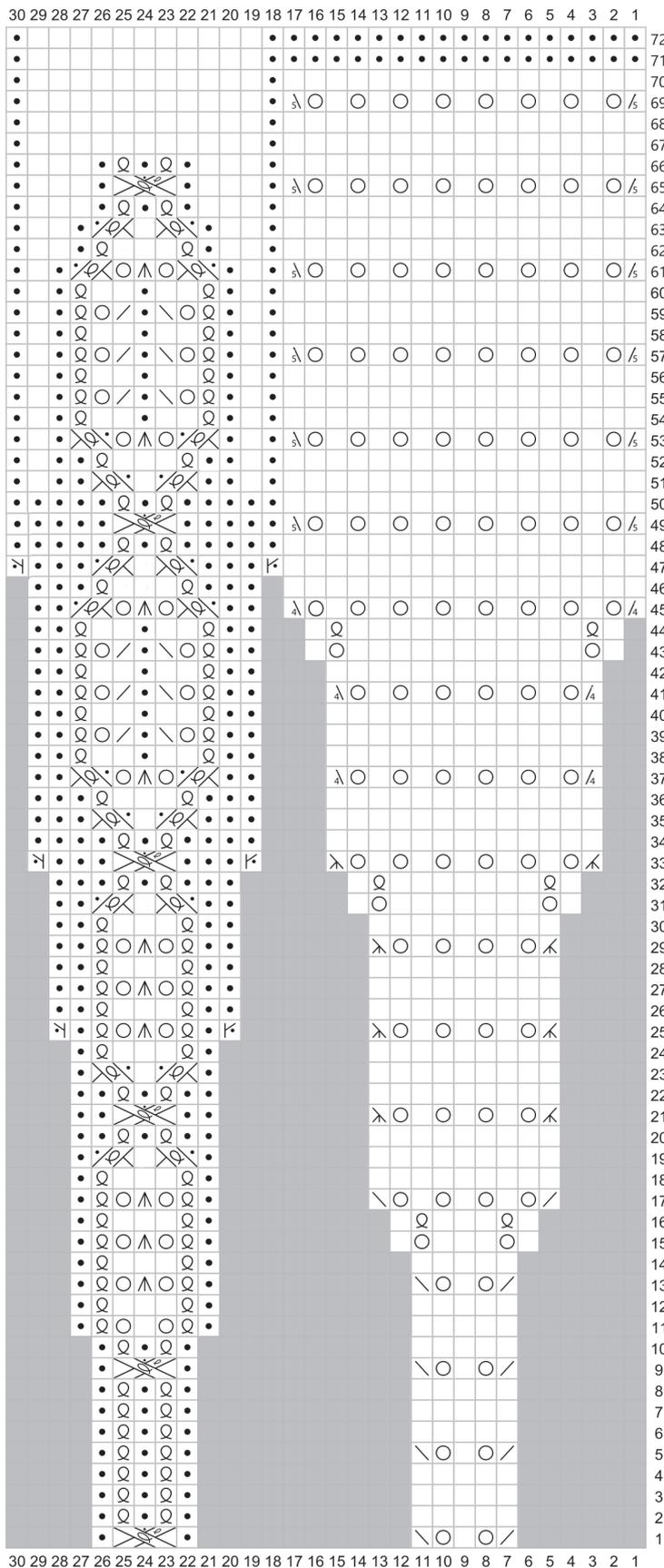
Rd 69: k1, k5tog, *yo, k1* 7 times, yo, dec5to1, k1, p1, k11, p1
 Rds 70-72: repeat Rd 67
 Rds 73 & 74: repeat Rds 69 & 70
 Rds 75 & 76 : p20, k11, p1

For size 8

Rd 69: k1, k5tog, *yo, k1* 7 times, yo, dec5to1, k1, p1, M1R, k11, M1L, p1
 Rds 70-72: k19, p1, k13, p1
 Rds 73 & 74: repeat Rds 69 & 70
 Rds 75 & 76: p20, k13, p1

POMEGRANATE

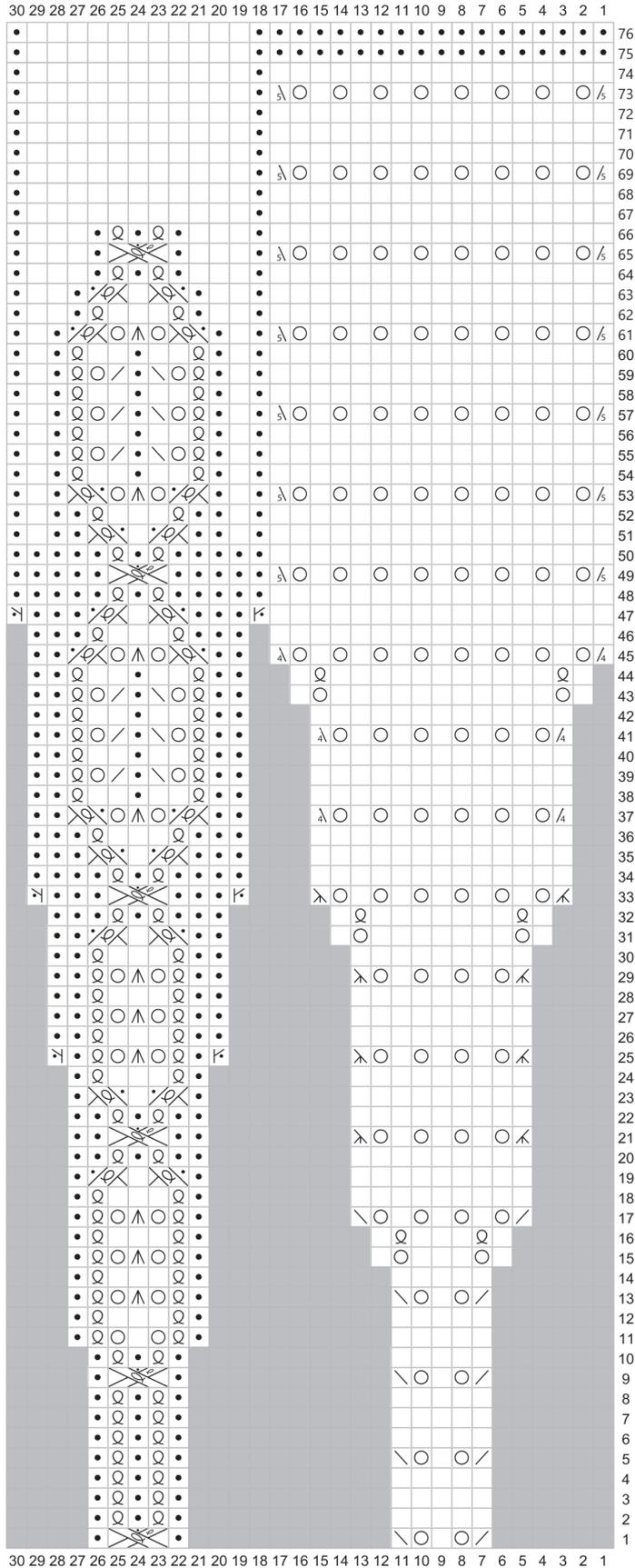
CHART SIZE 1



-  knit
-  purl
-  ktbl
-  yo
-  k2tog
-  sssk
-  k3tog
-  ssk
-  M1L
-  M1Rp
-  M1R
-  M1Lp
-  cdd
-  1/1/1 LPC
-  1/1 RPC
-  1/1 LPC
-  dec4to1
-  dec5to1
-  k4tog
-  k5tog
-  no stitch

POMEGRANATE

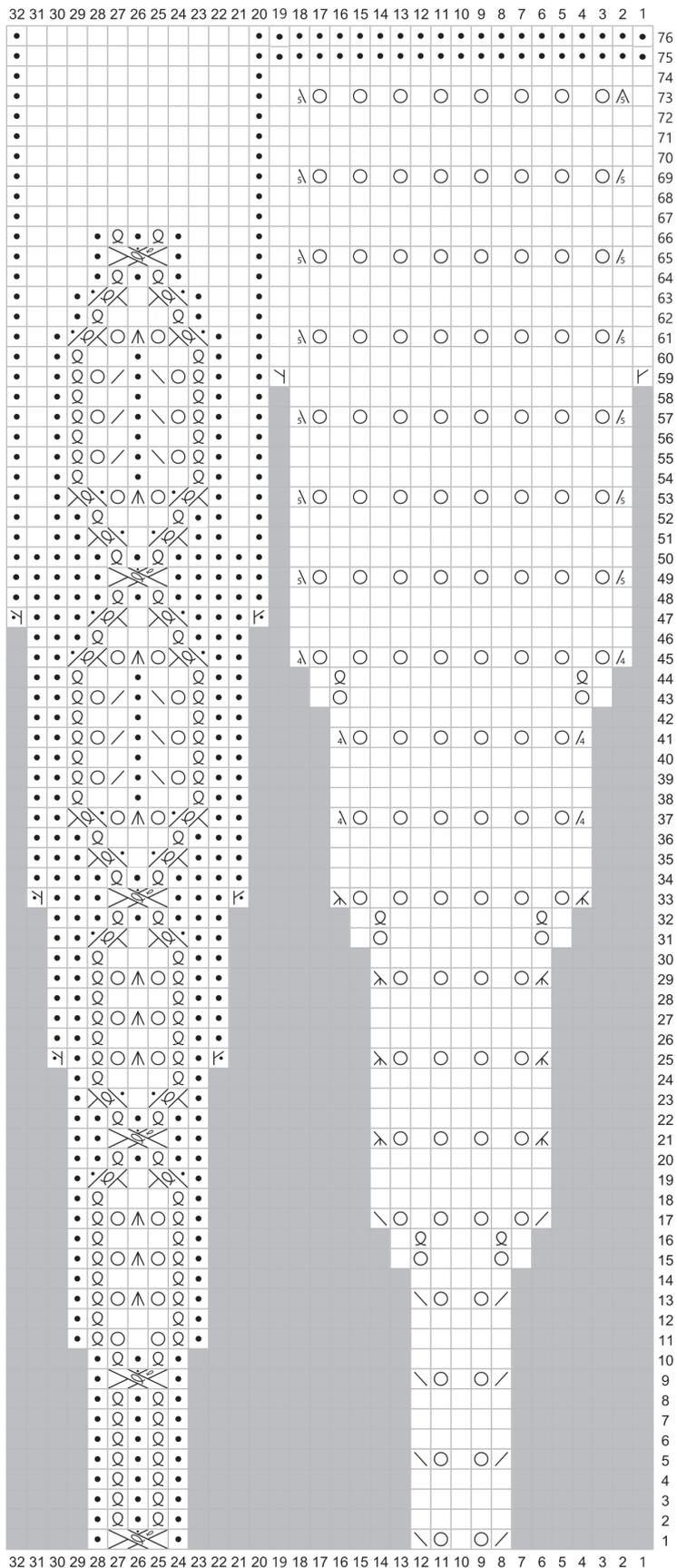
CHART SIZES 2-5

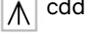


-  knit
-  purl
-  ktbl
-  yo
-  k2tog
-  sssk
-  k3tog
-  ssk
-  M1L
-  M1Rp
-  M1R
-  M1Lp
-  cdd
-  1/1/1 LPC
-  1/1 RPC
-  1/1 LPC
-  dec4to1
-  dec5to1
-  k4tog
-  k5tog
-  no stitch

POMEGRANATE

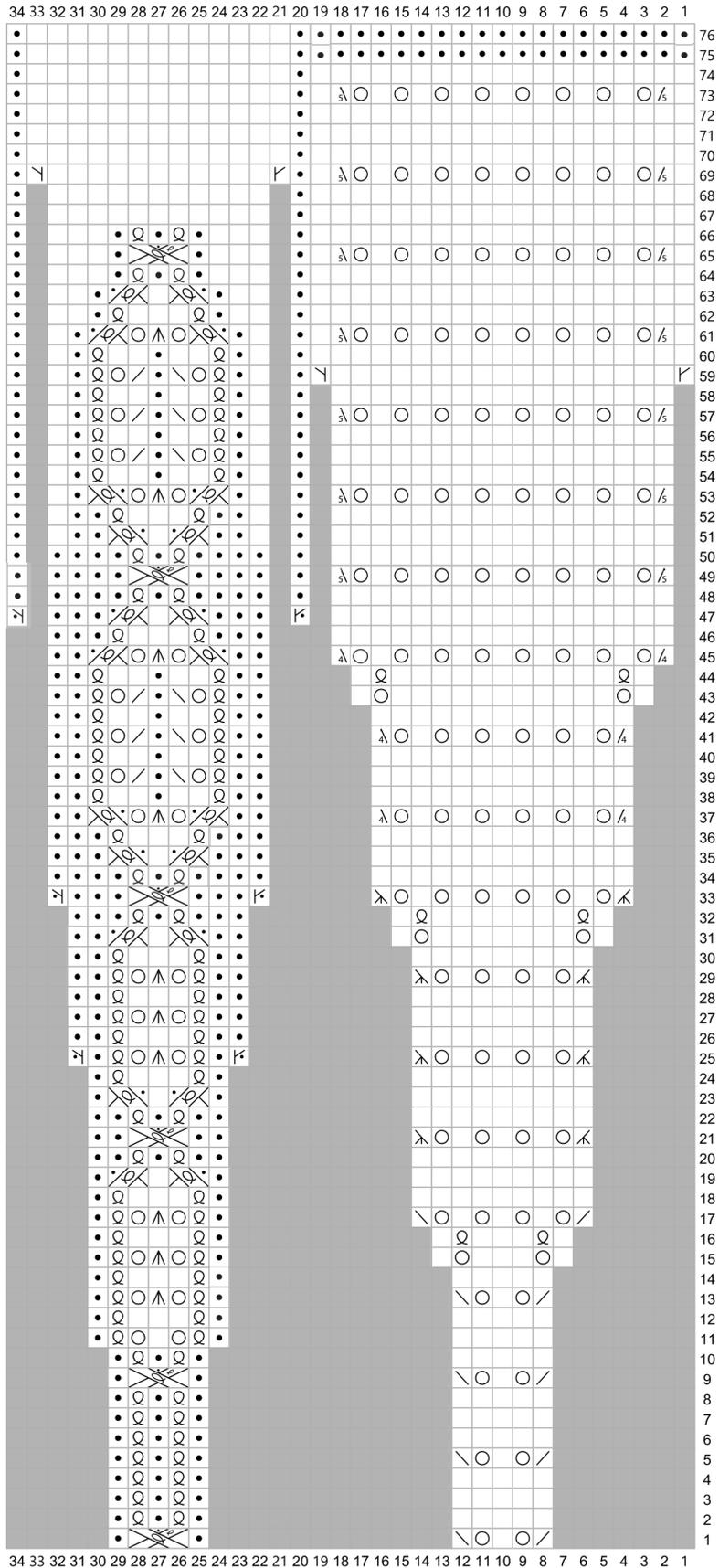
CHART SIZES 6&7

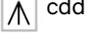


-  knit
-  purl
-  ktbl
-  yo
-  k2tog
-  sssk
-  k3tog
-  ssk
-  M1L
-  M1Rp
-  M1R
-  M1Lp
-  cdd
-  1/1/1 LPC
-  1/1 RPC
-  1/1 LPC
-  dec4to1
-  dec5to1
-  k4tog
-  k5tog
-  no stitch

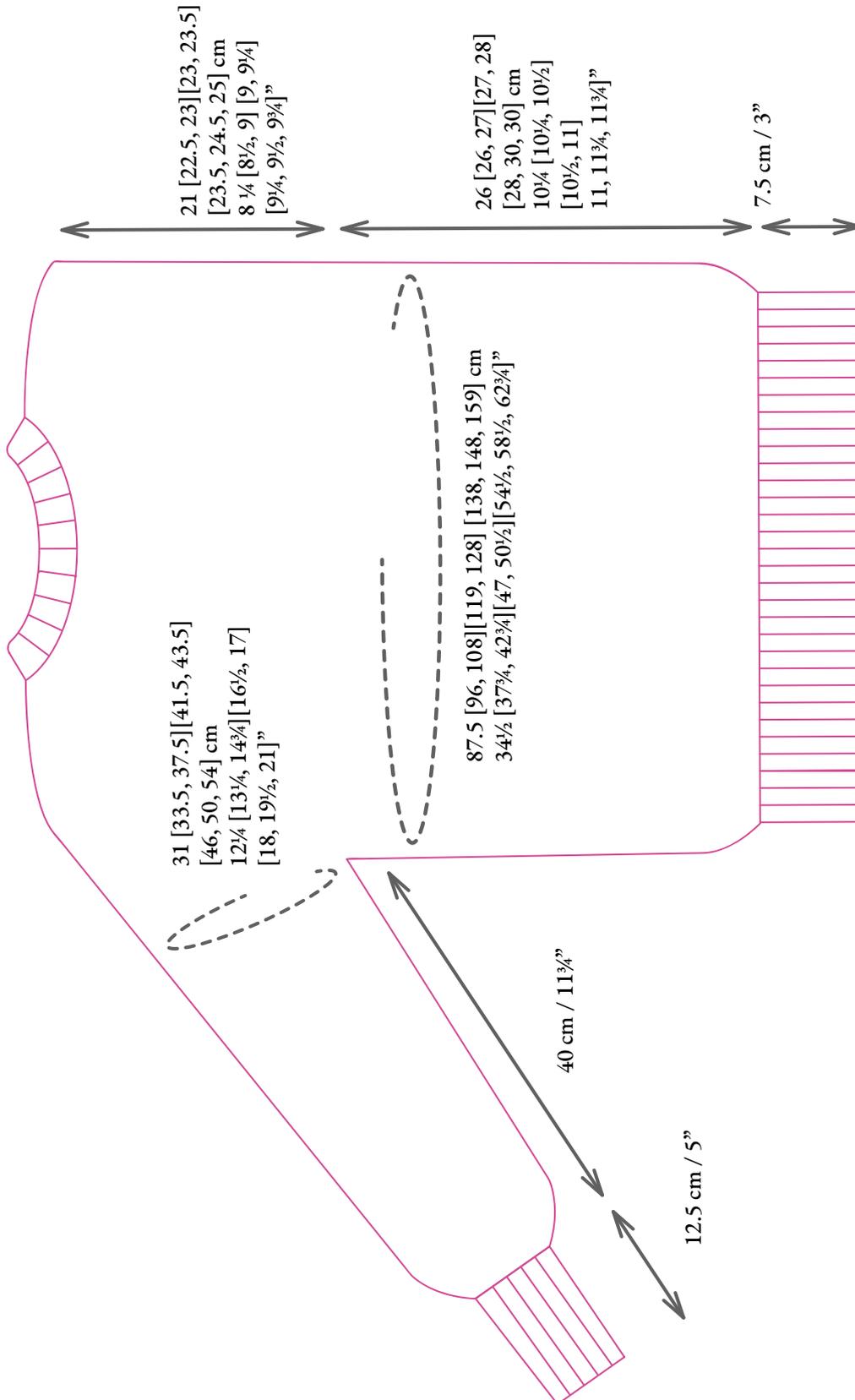
POMEGRANATE

CHART SIZE 8



-  knit
-  purl
-  ktbl
-  yo
-  k2tog
-  sssk
-  k3tog
-  ssk
-  M1L
-  M1Rp
-  M1R
-  M1Lp
-  cdd
-  1/1/1 LPC
-  1/1 RPC
-  1/1 LPC
-  dec4to1
-  dec5to1
-  k4tog
-  k5tog
-  no stitch

POMEGRANATE MEASUREMENTS



POMEGRANATE

USED TECHNIQUES

LORI'S TWISTY BIND-OFF

Step 1: Knit the first stitch.

Step 2: Rotate your needle clockwise, the thread will be in back of your work.

Step 3: Purl the next stitch. Pass the previous stitch on this one.

Step 4: Rotate your needle counter-clockwise, the thread will be in front of your work.

Step 5: Knit the next stitch. Pass the previous stitch on this one.

Repeat steps 2 to 5 until you have binded off all the stitches.

<http://www.christallk.com/lori-s-twisty-bind-off-how-to/>
<https://youtu.be/kC1VGNE9uKE>

1*1 RIBBED CAST-ON

This CO provides a beautiful and stretchy cast on. Keep in mind to CO with a regular and relaxed tension to avoid an irregular and stiff CO.

Step 1: Make a slip knot and put it on the right needle. Using your left hand, place your fingers between two strands of yarn (thread from the skein on your index, the other is on your thumb) to create a triangle. Counts as the first purl stitch.

Step 2: Then, insert the needle from back to front between the 2 threads on the index finger.

Step 3: Insert the needle under the thread on your thumb. From bottom to top.

Step 4: Then, insert needle into the loop on the index finger. Pull the thread to create a stitch.

Steps 2 to 4 create a purl st.

Step 5: Insert the needle from bottom to top between the 2 threads on the thumb.

Step 6: Insert the needle under the thread on your index finger. From back to front.

Step 7: Then, insert the needle into the loop on the thumb. Pull the thread to create a stitch.

Steps 5 to 7 create a knit st.

Repeat steps 2 to 7 until you have the desired number of sts. You finish with a step 4 (a purl st).

<http://www.christallk.com/1x1-ribbed-co/>
<https://youtu.be/14A6r51aU9s>

GERMAN SHORT ROWS

On the RS/WS row : turn

On the WS/RS row : sl1 purlwise with the yarn in front, then pull the yarn over the RH needle to the back of the work pulling tightly. This will create the GSR double stitch. If the next st is a knit, the yarn is in the back where you need it. If the next st is a purl, then bring the yarn to the front between the needles.

See YouTube video at

http://www.youtube.com/watch?v=i_6PjI20zKA
<http://www.christallk.com/german-short-rows-2/>

CABLE CAST-ON

Place your work on the wrong side so that the working thread is on your left needle.

Then put your needle between the first two stitches.

Pass the thread over the needle and pull the loop between the two stitches.

Pull the thread so as to lengthen this stitch.

Place this stitch thus created on your left needle.

You've just completed your first stitch. Proceed in the same way to increase the desired number of stitches.

<http://www.christallk.com/how-to-cast-on-additional-stitches/>
<https://youtu.be/VDuUefoBW6M>