

Pauline Cardigan



Pattern

written by kolibri by johanna

Cardigan with diagonal stripes in garter stitch and a double knitted button band in sizes XS | S | M (L | XL | 2XL) 3XL | 4XL | 5XL

Note: All measurements are in cm.

Materials:

- Main Colour: 200 | 200 | 200 (200 | 250 | 250) 300 | 300 | 300 g Arwetta by Filcolana (210 m/50g) AND
- 100 | 100 | 100 (100 | 125 | 125) 150 | 150 | 150 g Tilia by Filcolana (210 m/25 g)
- Contrast Colour: 100 | 150 | 150 (150 | 150 | 200) 200 | 200 | 250 g Peruvian Highland Wool by Filcolana (100 m/50 g)
Please Note: If you use different yarn, check the yardage to be sure you have the right amount of yarn!
- 4.5 and 3.5 circular knitting needles, DPNs in the required sizes for the sleeves.
- 5-6 buttons (ø 20-25 mm)
- Darning needle, needle & thread
- Stitch markers/ left overs

Knitting Tension:

10x10 cm = 19 sts x 26 rs with 2 strands of yarn held together on 4.5 mm knitting needles in pattern (wet blocked)

Measurements:

Bust Circumference Finished

Cardigan:

94 | 101 | 107 (115 | 121 | 128) 133 | 142 | 150 cm with a positive ease of 10 to 15 cm.

Length Finished Cardigan:

49 | 53 | 54 (58 | 60 | 63) 63 | 63 | 63 cm (incl. 4 cm hem)

Sleeve Circumference: 25 | 26 | 28 (29 | 31 | 32) 34 | 36 | 37 cm

Sleeve Length (from the armpits): 35 cm + 5 cm cuffs

Abbreviations:

st(s) = stitch(es)
r(s) = row(s)/round(s)
rsr = right side row
wsr = wrong side row
k = knit
p = purl
k2tog = knit 2 stitches together
p2tog = purl 2 stitches together
m1r = make 1 right
m1l = make 1 left
SM = stitch marker
RS = raglan stitch
MC = main colour
CC = contrast colour

Structure:

The cardigan is worked in one piece with raglan increases top down. But here comes the big difference: In comparison to classic raglan-set-ups, the raglan lines are rotated by 45° to create diagonal stripes meeting in the middle of front and back and in the middle of the sleeves. The stripes are worked in a contrast colour and in garter stitch to emphasize the design set-up. First, the double folded collar is worked in 1x1 ribbing. Then, the yoke is shaped with raglan increases. As soon as the required number of stitches for each size is reached, the sleeves are separated from the body and the body is finished in one piece, until the tip of the triangle on front and back has the desired length. Then, the spaces on both sides of the cardigan (under the armpits) are "filled" with stitches. Finally, a hem in 1x1 ribbing is attached to the body of the cardigan. The sleeves are finished following the same logic as for the body. Then, the double knitted button

band is attached to both front parts and the buttons are sewn to the button band.

The fit of the cardigan is slightly oversized and boxy due to the special construction of the yoke. The sleeves are intended to be relatively tight. The high neckline adds a cool and jacket-like look to the cardigan design. The length is relatively short, but of course it can be adapted individually. You then might need more or less yarn than indicated in the pattern.

Notes:

Raglan Increases: In every right side row, raglan increases take place as m1r before the RS and m1l after the RS. In wrong side rows, purl all stitches (except the edge stitches).
Make 1 right: Insert your needle under the strand of yarn between the stitch you have just knitted and the RS from back to front and place it on your left needle. Knit it through the front loop.
Make 1 left: Insert your needle under the strand of yarn between the RS and the next stitch you are going to knit from front to back and place it on your left needle. Knit it through the back loop so that it is twisted.

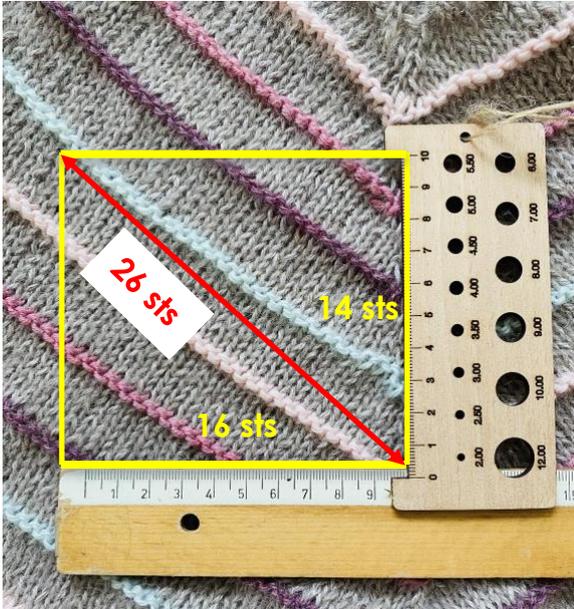
To shape the front parts, m1l after the first st of every rsr and m1r before the last st of every rsr. The cardigan is worked in the MC with 2 strands of yarn held together (1 thread of Tilia and 1 thread of Arwetta) and single strand in the CC (Peruvian Highland Wool) – or similar yarn to meet the gauge. The **edge sts** are always knitted (in rsr and wsr) – exception: The edge sts of the button band, therefore follow the written instructions of the double knitting.

garter stitch: k all sts in rsr and wsr. When knitting in the round, k all sts in R1 and p all sts in R2.

stockinette stitch: k all sts in rsr and p all sts in wsr. When knitting in the round, k all sts in all rounds.

Introduction

The cardigan is knitted top down with raglan increases, BUT the construction is quite different in comparison to a classic raglan sweaters: The 4 parts all have the same amount of sts and the 4 raglan lines are rotated by 45°. This has some consequences for the knitting process, especially for the length and the width of the cardigan:



The length as well as the width of the cardigan are indicated by sts x sts on 10x10 cm instead of sts x rs on 10x10 cm. You can see that pictured on the left side: For this cardigan, it's 16x14 sts on 10x10 cm. Most important for the calculation of the measurements is the red diagonal line (26 sts).

The test knit has shown, that the classic swatch as indicated on p. 2 (19 sts x 26 rs) is working out too. To make sure, that you are still meeting the gauge, I recommend to check it after a few cm of knitting. Place a square of 10x10 cm on your slightly stretched work (like after blocking) and check, if you meet the required gauge of 14 x 16 sts. If you have less sts, you should go up with the needle size or you should make more repetitions of the pattern after separating the sleeves. If you have more sts, you should go down with the needle size or you should make less repetitions of the pattern after separating the sleeves.

The length of the cardigan is indicated by the tip of the triangle. Because of that, I highly recommend to try on the cardigan regularly to double check if the suggested length is working out for your individual body shape and preferences.

Second option of making a swatch:

If you want to be a 100 % correct with your swatch, you can knit the swatch this way:

Cast on 3 sts with the yarn held double (main colour) on your 4.5 mm knitting needles. Work the following increases in every rsr: m1l after the first st and m1r before the last st. Additionally, you will have to work the colour change: *6 rs in stockinette stitch in the MC with 2 strands of yarn held together, 2 rs in garter stitch in the CC*. Repeat from * to * steadily. Work the increases and the colour change until you have reached 26 sts for the diagonal red line (as you have started with an odd number of sts, you will probably have 27 sts on your needles). Then, continue to work the colour change pattern, but work the following decreases in every rsr: After the first st, work a skpo (slip 1 knitwise, knit 1, pull the slipped stitch over the stitch worked) knit all stitches in the MC/CC until there are 3 sts left, k2tog, k1. Follow the instructions for the decreases, until you have 3 sts left. Cast off the remaining sts, wet block your swatch and now check the following measurements: Your swatch should have 16 x 14 sts on 10x10 cm and the diagonal line should have 26 sts.

If you have a different number of stitches for the diagonal line, it is not that important, as long as you still have 16x14 sts on 10x10 cm.

Body

Collar

Start with the double folded collar in 1x1 ribbing. Therefore, cast on in total 101 | 101 | 101 (105 | 105 | 105) 105 | 105 | 105 sts with 2 strands of yarn held together (1 thread of Arwetta, 1 thread of Tilia) in your MC on your 3.5 mm knitting needles and with your preferred cast-on-method. From the next wsr onwards, work all sts in 1x1 ribbing, starting with k1 (edge st), *k1, p1*, repeat from * to * until there are 2 sts left, k1, edge st.

From the next rsr onwards, work for 24 rs in 1x1 ribbing. In the last wsr, place the SM before and after each RS as well as after the first and before the last st of the r. The following table provides an overview where to place the SM and how many stitches you should have for each part on your knitting needles:

Size	Edge st	Left Front	RS	Left Back	RS	Right Back	RS	Right Front	RS	TOTAL
XS	1	24	1	24	1	24	1	24	1	101
S	1	24	1	24	1	24	1	24	1	101
M	1	24	1	24	1	24	1	24	1	101
L	1	25	1	25	1	25	1	25	1	105
XL	1	25	1	25	1	25	1	25	1	105
2XL	1	25	1	25	1	25	1	25	1	105
3XL	1	25	1	25	1	25	1	25	1	105
4XL	1	25	1	25	1	25	1	25	1	105
5XL	1	25	1	25	1	25	1	25	1	105

Yoke

Change to your 4.5 mm knitting needles. Work as follows:

R 1 (rsr): Work with your MC. **K1 (edge st), m1l, k all sts until the first RS, m1r, RS, m1l, k all sts until the next RS, m1r, RS, m1l, k all sts until the next RS, m1r, RS, m1l, k all sts until there is 1 st left, m1r, k1 (edge st).**

R 2 (wsr): p all sts (except the edge sts).

Repeat these 2 rs in total 3 times (= in total 6 rows).

R 7 (rsr): Pick up the thread of your CC (1 thread of Peruvian Highland Wool) and follow the instructions of R 1.

R 8 (wsr): k all sts in your CC.

Repeat R 1-8 in total 8 | 9 | 9 (10 | 10 | 11) 11 | 12 | 13 times (= in total 357 | 389 | 389 (425 | 425 | 457) 457 | 489 | 521 sts or the following numbers per part like shown in the table below). Remember to work the colour change pattern steadily (6 rs in the MC in stockinette stitch, 2 rs in the CC in garter stitch).

Size	Edge st	Left Front	RS	Left Back	RS	Right Back	RS	Right Front	Edge st	TOTAL
XS	1	88	1	88	1	88	1	88	1	357
S	1	96	1	96	1	96	1	96	1	389
M	1	96	1	96	1	96	1	96	1	389
L	1	105	1	105	1	105	1	105	1	425
XL	1	105	1	105	1	105	1	105	1	425
2XL	1	113	1	113	1	113	1	113	1	457
3XL	1	113	1	113	1	113	1	113	1	457
4XL	1	121	1	121	1	121	1	121	1	489
5XL	1	129	1	129	1	129	1	129	1	521

Separating the Sleeves From the Body

In the next rsr, the sleeve stitches are put to rest on another rope/leftover yarn. Therefore, work as follows:

Edge st, m1l, k the next 58 | 64 | 64 (71 | 71 | 77) 77 | 83 | 89 sts (left front), put to rest the next 30 | 32 | 32 (34 | 34 | 36) 36 | 38 | 40 sts, the RS and the next 30 | 32 | 32 (34 | 34 | 36) 36 | 38 | 40 sts on another rope/leftover yarn (sleeve stitches), cast on in total 5 | 3 | 9 (7 | 13 | 11) 17 | 17 | 15 new sts under the armpit, k the next 58 | 64 | 64 (71 | 71 | 77) 77 | 83 | 89, m1r before the RS, k the RS, m1l after the RS, k the next 58 | 64 | 64 (71 | 71 | 77) 77 | 83 | 89 sts (back part), put to rest the next 30 | 32 | 32 (34 | 34 | 36) 36 | 38 | 40 sts, the RS and the next 30 | 32 | 32 (34 | 34 | 36) 36 | 38 | 40 sts on another rope/leftover yarn (sleeve stitches), cast on in total 5 | 3 | 9 (7 | 13 | 11) 17 | 17 | 15 new sts under the armpit, k the next 58 | 64 | 64 (71 | 71 | 77) 77 | 83 | 89 sts and m1r before the edge st (right front).

In the next wsr, p all sts (except the edge sts). You should have 249 | 269 | 281 (305 | 317 | 337) 349 | 373 | 393 sts on your knitting needles and your cardigan should look like shown on the picture below (please note, that the double folded collar has not yet been added to this sample!):



Additionally, I recommend to place SM directly under the armpits before and after the 3rd | 2nd | 5th (4th | 7th | 6th) 9th | 9th | 8th st, because you will have to work now decreases along this stitch to finish off the body.

Please note: The fit of the cardigan is due to the special construction a little bit different than you might have expected: The body is relatively wide, but the sleeves are not wide, they are relatively tight around the upper arm for every size. If you prefer wider sleeves, you are welcome to add more stitches to the sleeves and less stitches to the body, but then the bust circumference will change as well and your version will probably look a little bit different in comparison to my sample shown in the pattern or in comparison to the samples of the test knitters.

Finishing the Body – Length of the Cardigan

Now work as follows to obtain the required length for your cardigan:

For this design, the length of the cardigan is indicated by the tip of the triangle. This means, if you try your cardigan on during the knitting process, please check if the tip of the triangle on front and back part is long enough or if you need to make individual adaptations to the pattern repeats described in this pattern.

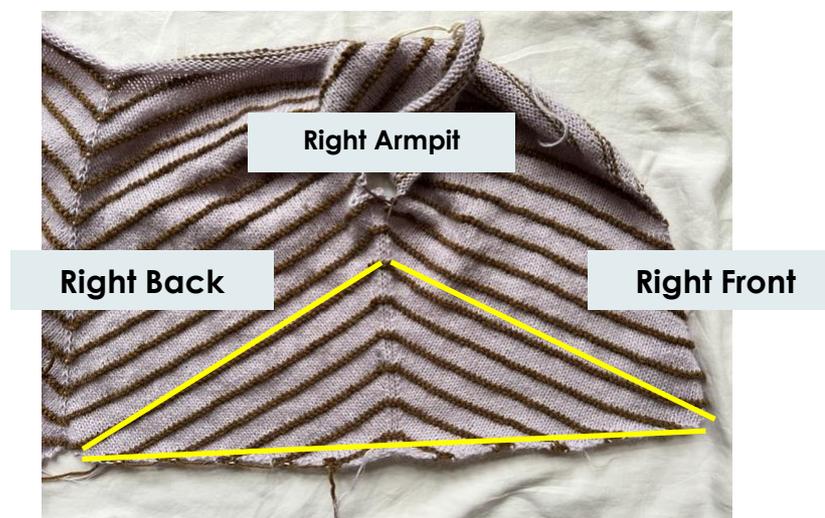
R 1 (rsr): edge st, m1l, k all sts until there are 2 sts left before the 1st SM under the armpit, k2tog, k1, k2tog after the 2nd SM, k all sts until you reach the RS, m1r before the RS, k the RS, m1l after the RS, k all sts until there are 2 sts left before the 1st SM under the armpit, k2tog, k1, k2tog after the 2nd SM under the armpit, k all sts until there is 1 st left, m1r, edge st.

R 2 (wsr): p all sts (or k all sts if you are working with your CC).

Repeat these 2 rs in total 10 | 10 | 8 (8 | 7 | 7) 7 | 7 | 7 times – or until you have reached your individual desired length. Remember to work the colour change (6 rs in your MC in stockinette stitch, 2 rs in your CC garter stitch). Your cardigan should measure around 45 | 49 | 50 (54 | 56 | 59) 59 | 59 | 59 cm (the hem will add around 4 cm to the final length of the cardigan). If you prefer your cardigan shorter or longer, repeat the 2 rs described above as long as you are satisfied with the length.

Finishing the Body – Filling the Triangles under the Armpits

From the next rsr onwards, your cardigan is finished without any increases, but with a lot of decreases AND the cardigan is finished in two parts: First, the triangle under the left armpit is worked, then the triangle under the right armpit will be finished. Therefore, put to rest the sts of the right armpit on another rope/leftover yarn.



R 1 (rsr): cast off the first st knitwise, k all sts until there are 2 sts left before the 1st SM under the armpit, k2tog, k1, k2tog after the 2nd SM under the armpit, k all sts until there are 2 sts left, k2tog (Please note: The RS of the back part is not yet casted off. It will be casted off when working the right back and front part).

R 2 (wsr): cast off the first st purlwise, p all sts (when working with the CC, cast off the first st knitwise and k all sts) until there are 2 sts left, p2tog (or k2tog when working with the CC).

Repeat R 1-2 steadily, until you have casted off all sts. Remember to continue working the colour change pattern (6 rs in the MC in stockinette stitch, 2 rs in the CC in garter stitch).

Now pick up the resting stitches of the triangle under the right armpit. Start at the RS of the back part, which will be first casted off. Then, repeat the instructions of how to finish the left back and front part, until the triangle under the armpit is “filled” and all sts are casted off.

Hem

The body is now finished with a hem in 1x1 ribbing, which will be worked in the MC with 2 strands of yarn held together.

First, pick up sts along the bottom of the body of the cardigan with your MC held double and your 3.5 mm knitting needles. Pick up 8 sts per 1 stripe like shown in the picture below (yellow line). If you have a tighter knitting tension, I recommend to pick up more sts (e. g. 10 sts per stripe). If you have a looser knitting tension, you might pick up less stitches (e. g. 6 sts per stripe). Alternatively, you can change the needle size to deal with your knitting tension.

The total number of stitches therefore depends on your individual knitting tension. I recommend to pick up an even number of sts. Then, work for in total 15 rs in 1x1 ribbing, starting with k1, p1, k1, p1 and so forth. End with a wsr and cast off all sts with your preferred cast-off-method in the next rsr (I highly recommend to use an elastic bind-off-method).



Finishing the Double Folded Collar

Before working the sleeves/the button band, you can now finish off the double folded collar. Therefore, fold the collar in 1x1 ribbing to the inside of the cardigan and sew the cast-on-row to the first stockinette stitch row of the yoke. The “open” edges on both sides can be closed with the mattress stitch.

Sleeves

Please note: In comparison to the body of the cardigan, the sleeves are worked in the round. This has the following impact on the colour change pattern: *Work 6 rs in the MC in stockinette stitch (k all sts in all rounds), work 2 rs in the CC in garter stitch (k all sts in the first round, p all sts in the second round)*. From * to * is repeated steadily.

Now pick up the resting sleeve sts for the first sleeve and pick up in total 5 | 3 | 9 (7 | 13 | 11) 17 | 17 | 15 new sts with your MC, two strands of yarn held together and your 4.5 mm knitting needles directly out of the body under the armpit (= in total 66 | 68 | 74 (76 | 82 | 84) 90 | 94 | 96 sts). I recommend to place a SM before and after the middle picked up stitch under the armpit as you will have to work the same decreases as you have worked for the body before. The SM before the middle marked stitch indicates your beginning of the round.

Now work as follows:

R 1: k1 (middle st under the armpit), 1st SM under the armpit, k2tog, k all sts until you reach RS, m1r before the RS, k the RS, m1l after the RS, k all sts until there are 2 sts left before the 2nd SM under the armpit, k2tog.

R 2: k all sts (or p all sts when working with the CC).

Repeat these 2 rs steadily, until the sleeve measures around 35 cm (measured from the armpit to the tip of the triangle) or until you feel comfortable with the length. Remember to work the colour change pattern (6 rs in stockinette stitch in the MC, 2 rs in garter stitch in the CC).

After you have reached the total sleeve length, stop to increase and start to cast off stitches – like you have done it for the body before. This means, the sleeve is now finished in ROWS instead of ROUNDS:

Cut the yarn and start the next r with the RS at the tip of the triangle of the sleeve. Cast off the RS and then, work as follows:

R 1 (rsr): cast off the first st knitwise, k all sts until there are 2 sts left before the 1st SM under the armpit, k2tog, k1, k2tog after the 2nd SM under the armpit, k all sts until there are 2 sts left, k2tog.

R 2 (wsr): cast off the first st purlwise (knitwise when working with the CC), p all sts (or knit all sts when working with the CC) until there are 2 sts left, p2tog (or k2tog when working with the CC).

Repeat these 2 rs until you have casted off all sts.

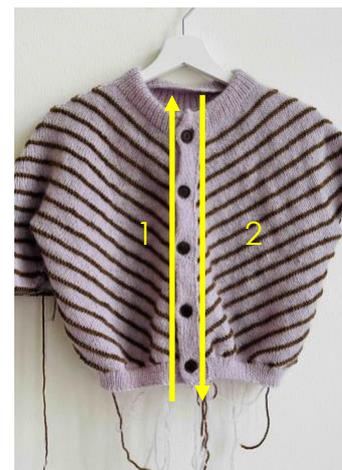
The sleeves are now finished with cuffs in 1x1 ribbed pattern. Therefore, follow the instructions for the hem of the body of the cardigan, but work 20 rs in 1x1 ribbing (approximately 5 cm) before casting off.

Repeat the instructions for the 2nd sleeve.

Double Knitted Button Band

The button band is now worked in double knitting along the two front parts. Because of the construction, the button band has to be worked in two parts: The first part is worked along the right front (1), the second part with button holes along the left front (2). Depending on the size/length of your cardigan, you will work either 5 or 6 button holes.

Start with the button band along the right front (1). Therefore, cast on 14 sts with 2 strands of yarn held together in the MC and on your 3.5 mm knitting needles AND continue directly to pick up sts along the right front part. I recommend to pick up 8 sts per stripe (remember the explanations on p. 7 when working the bottom hem). Start at the bottom hem of the cardigan and end at the double folded collar. Then, cut the yarn and start working the double knitted button band as follows:



RSR: Pick up your 3.5 mm DPN and start with the 14 new casted on sts. Slip 1 st knitwise, *k1, slip 1 st purlwise with the yarn in front of your work*, repeat from * to * until there is 1 st left. The last st is knitted through the backloop together with the first picked up st along the front part. Now turn your work around and work back as follows:

WSR: Slip 1 purlwise, *k1, slip 1 st purlwise with the yarn in front of your work*, repeat from * to * until there is 1 st left, p1.

Repeat these 2 rs steadily, until you have worked the whole button band along the right front part.

If you need visual assistance for this technique, you can find a little video tutorial on my website: <https://www.kolibri-by-johanna.de/claude-troyer-techniques-techniken>.

Now work the button band with buttonholes along the left front part (2). Repeat the instructions to prepare the front part for the double knitting (casting on 14 sts and picking up sts along the front part from top to bottom). Then, work for the first 3 cm in double knitting. Now work the 1st button hole as follows:

Button Hole:

*Work the first 7 sts in double knitting as described above. Then, turn your work around and work back in double knitting. Continue knitting the first 7 sts in double knitting until you have worked around 1.5 cm. Cut the yarn and start over with the 8th st. Work the last 7 sts in double knitting as described above until this part is measuring 1.5 cm too. Cut the yarn.

Continue to knit all 14 sts in double knitting as described above for the next (approximately) 7 to 8 cm. Now you will work the next button hole.* Repeat from * to * until you have worked in total 5 (or 6 if you have made a larger size/ have added length to the body of your cardigan) button holes. The last button hole should be worked around 3 to 4 cm before the bottom hem of the cardigan.

Cast off the remaining 14 sts of the button band with your preferred method.

Completion

Wet block your cardigan and let it dry flat. Weave in all ends.

Your new handmade Pauline Cardigan is finished!

I would be thrilled to see your result! If you like, share it on Instagram with the Hashtag **#paulinecardigan** and my tag **@kolibri.by_johanna**



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