

A close-up photograph of a person wearing a white knit sweater. The sweater features a prominent yoke with a pink and white patterned knit. The rest of the sweater is a plain white knit. The person's hands are tucked into their pockets.

MORECA KNIT

#HEAVEN_BLOUSE

VERSION
1.0

DIFFICULTY
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DESCRIPTION

The Heaven Blouse is knit in the round from top to bottom in stockinette stitch. The yoke employs a variety of techniques for a unique appearance. Short rows ensure a perfect fit along the back and neckline. Once the yoke is complete, the sleeves are separated from the body, and knitting continues in the round at the end. A folded hem is used for a polished finish.

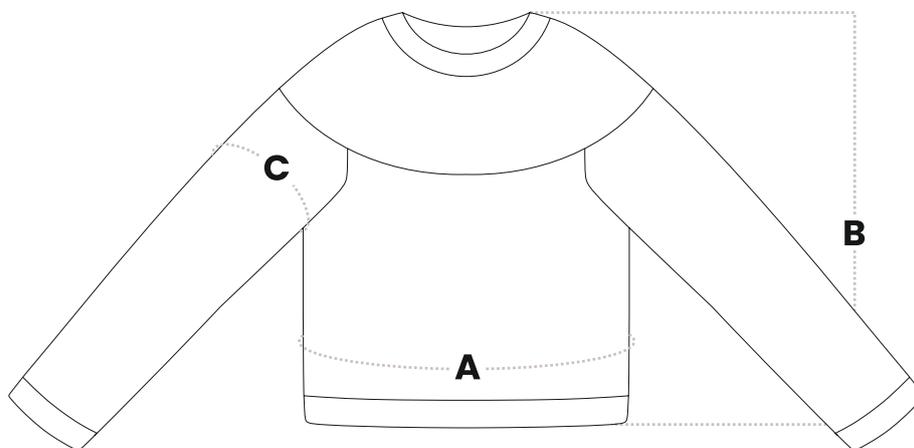
SIZES

XS/S/M/L/XI

SIZE GUIDE

The Heaven Blouse has a relaxed fit and is designed to have approx. 15 cm [6 in] of positive ease. This means the garment's measurements will be approx. 15 cm [6 in] larger than your actual bust circumference. The sizes XS/S/M/L/XI are designed to fit a bust circumference of 80-85/85-90/90-95/95-100/100-110 cm [31½-33½/33½-35½/35½-37½/37½-39½/39½-43¼ in].

Before you begin, measure yourself to determine the correct size. For example, if your bust circumference is 90 cm [35½ in], you should knit a size M. If you are between sizes, choose the size based on how loose you prefer the garment to fit. Using the chart with the finished garment measurements can be a helpful reference when deciding which size to select.



FINISHED MEASUREMENTS

A 97/102/106/111/115 cm
[38/40½/41¾/43¾/45¼ in]

B 50/52/54/56/58 cm
[19¾/20½/21¼/22/22¾ in]

C 32/34/36/39/42 cm
[12½/13½/14¼/15¼/16½ in]

GAUGE**After washing and blocking:**

19 sts x 27 rows = 10 x 10 cm [4 x 4 in] in stockinette stitch on 5 mm [US 8] needles for a single strand of mohair yarn, and for two strands of yarn held together.

Please make sure to knit a swatch. Ensure that your swatch gauge matches the given one. If you cannot achieve the required gauge using the suggested needles, adjust your needle size to reach the correct gauge.

NEEDLES

Circular needles:

3,5 mm [US 4] 40, and 80 or 100 cm [16, and 32 or 40 in]

4 mm [US 6] 40, and 80 or 100 cm [16, and 32 or 40 in]

5 mm [US 8] 40, 60, and 80 or 100 cm [16, 24, and 32 or 40 in]

5,5 mm [US 9] 80 or 100 cm [32 or 40 in]

Double-pointed needles:

3,5 mm [US 4], 4 mm [US 6], and 5 mm [US 8] or long circular needles for the Magic Loop technique of the same sizes.

**SUGGESTED
YARN**

250/250/250/300/300 g Babyull Lanett by Sandnes Garn 50 g = 175 m [191 yds] **or** Tynn Merinoull by Sandnes Garn 50 g = 175 m [191 yds] **or** Baby Merino by Drops 50 g = 175m [191 yds] **or** Merino Superiore by Lana Grossa 50 g = 180 m [197 yds]

held together with

125/125/125/150/150 g Tynn Silk Mohair by Sandnes Garn 25 g = 212 m [232 yds] **or** Silk Mohair by Isager Yarn 25 g = 212 m [232 yds] **or** Pearl Mohair by Majo Garn 25 g = 210m [230 yds] **or** Tilia by Filcolana 25 g = 210m [230 yds] **or** Silkhair by Lana Grossa 25g=210m [230 yds].

NOTIONS

Crochet hook 3mm [US D-3], stitch markers, extra yarn or stitch holders, elastic thread, tapestry needle.

VIDEO TUTORIALS



In the sections of this pattern, you will find links to videos demonstrating the techniques needed to execute the required elements. Additionally, for easier navigation through the videos, I provide a QR code for the YouTube playlist. You will find all the videos related to this pattern in this playlist.

ABBREVIATIONS

BOR - Beginning Of Round

RS/WS - Right Side/Wrong Side

st/sts - Stitch(es)

r - Row/Round

k - Knit

p - Purl

sm - stitch marker

pm - place marker

BO - Bind Off

RL - Raglan Line

MIL - Make 1 Left (left-leaning increase)

MIR - Make 1 Right (right-leaning increase)

MIBL - Make 1 Backwards-Loop (left-leaning increase)

SSK - Slip, Slip, Knit (left-leaning decrease)

CDD - Central Double Decrease: slip two stitches together knit-wise, knit the next stitch, then pass both slipped stitches over the knitted stitch.

DIFFICULTY GUIDE



BEGINNER



EXPERIENCED BEGINNER



INTERMEDIATE



ADVANCED



EXPERT

SUPPORT

support@morecaknit.com

SOCIAL



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NECKLINE

The neckline is worked in the round in stockinette stitch on **3,5 mm [US 4] and 4 mm [US 6] 40 cm [16 in]** circular needles.

Cast on 84/88/88/92/92 sts on **4 mm [US 6] 40 cm [16 in]** circular needles with the **Crochet Provisional Cast-On technique**, using a **crochet hook 3 mm [US D-3]** and contract color yarn. Join knitting in the round with a bow-knot. Place a stitch marker to indicate BOR.

You have 84/88/88/92/92 sts on the needles.

Now, work as follows:

Step 1. Join the main yarn at the point where you finished casting on and work in the round in stockinette stitch for 7 rounds.

Step 2. Switch to circular needles **3.5 mm [US 4] 40 cm [16 in]** and work 5 more rounds.

Step 3. Now, to make **the resilient folded edge** bind off all stitches using elastic thread. This means you will set the main yarn aside, take a thin elastic thread, and bind off all the stitches using only this thread. Keep the main yarn to continue working the neckline from this point.

Work as follows:

Take an elastic thread and knit 2 sts. Then, insert your LH needle into the front of the stitch you knitted first, and pull it over the second stitch and off the RH needle. One stitch has now been bound off. Slip back just worked st to the LH needle with yarn in back and knit it once more (now, tbl). Then knit the next stitch, using the LH needle to pull the previous stitch over the new one and off the needle. Slip back just worked st to the LH needle with yarn in back and knit it once more (tbl). And so on. Repeat these 2 last steps to the end of the round. Finally, break the elastic thread and fix the tail. As a result, the bind-off edge will have twice the number of stitches you bound off.

Note: Use a thin transparent elastic thread (or similar color as the garment). Control the tension as you bind off stitches. Be careful not to bind off too tightly or loosely. Maintain a balanced tension throughout the bind-off process. The final bind-off edge should be approximately the same size as before you bound it off.

Step 4. Next, starting from where you left the main yarn, pick up and knit all of the bind-off stitches on **3.5 mm [US 4] 40 cm [16 in]** circular needles. Place BOR marker.

You have 84/88/88/92/92 sts on the needles.

Step 5. Work for 5 rounds.

Step 6. Then, switch to circular needles **4 mm [US 6] 40 cm [16 in]** and work 7 more rounds. Break the yarn leaving a tail 3,5 times longer than the circumference of the neckline.

Now, unzip the stitches from the provisional cast-on and **transfer them** to your needles as follows:

Click here to watch the video:
CROCHET PROVISIONAL CAST-ON

Click here to watch the video:
THE RESILIENT FOLDED EDGE

Click here to
watch the video:
**HOW TRANSFER
THE STITCHES**

With the RS facing, fold the provisional cast-on edge inward, so that all stitches look up.

Move the BOR marker onto the RH needle, and pick up the first stitch from the provisional cast-on, by inserting the RH needle from back to front. Unzip it. Next, slip one stitch purl-wise from the needles. Then pick up the next stitch from the provisional cast-on, by inserting the needle from back to front. Unzip it. Next, slip one stitch purl-wise from the needles. Repeat these steps until all stitches are on the needles.

There are now x2 sts on the needles = 168/176/176/184/184.

Click here to
watch the video:
**LONG-TAIL
BIND-OFF**

Bind off all sts using **the Long-Tail Bind-Off technique** as follows:

Step 1: Insert the needle knit-wise into two stitches on the LH needle (into the 4th and then into the 3rd), and pull it through.

Step 2: Insert the needle purl-wise into two stitches (into the 1st stitch, then into the 2nd), and additionally under the "stripe" below these stitches. Pull the yarn through and slip these two stitches off the knitting needle.

Tip: Place a stitch marker directly on the first two slipped stitches (1st pair of BO sts). This will make it easier to finish the bind-off later.

Repeat steps 1 and 2 until you have bound off all pair of stitches.

Note: Keep your tension loose as you bind off the stitches. Be sure not to bind off too tightly. The bind-off edge should be larger than the folded one. This ensures the correct fit.

To finish, insert the needle from front to back into the 1st pair of stitches you bind off, and additionally under the "stripe" below. Pull it through. Next, insert the needle purl-wise into the last two stitches on the RH needle and under the "stripe" below. Pull the yarn through and slip these last two stitches off the knitting needle. Finally, insert the needle into the 2nd pair of bind-off sts. Break off any extra yarn and weave in the ends.

YOKE

The yoke is worked in the round in stockinette stitch on **5 mm [US 8]** circular needles, switching to different cable lengths as the number of stitches increases.

The round yoke section is worked using a single strand of mohair yarn.

With the RS facing, join 1 strand of mohair yarn and pick up and knit the stitches along the bind-off edge of the neckline on **5 mm [US 8] 40 cm [16 in]** circular needles, while at the same time working **increases** for yoke as follows:

* Pick up and knit 4 sts (inserting the needle into each pair of BO stitches), **MIBL** *, repeat from * to * along the bind-off edge.

Now you have 105/110/110/115/115 sts on the needles.

Place a stitch marker to indicate BOR.

Work one more round.

Work in the **German Short Rows technique** to shape the back and neckline.

"Turn" means you turn your work and create a double stitch of turns.

Click here to
watch the video:
**BACKWARD
LOOP INCREASES**

“Work sts after the last turn” means you work the created double stitch from the previous row and then work the following number of sts.

Work as follows:

Row 1 (RSR): Knit 12/15/15/17/17 sts after the BOR marker. Turn.

Row 2 (WSR): Purl 13/15/15/18/18 sts after the BOR marker. Turn.

Row 3 (RSR): 5K after the last turns. Turn.

Row 4 (WSR): 5P after the last turns. Turn.

Work rows 3 and 4 an additional 6 times.

Finish with the WS row.

In total, you have worked 16 short rows.

Now, work one round to join knitting in the round as follows:

Knit all sts before the last turn, then knit the first double stitch as normal, work 10K, then knit the following double stitch through the back loop, and knit all sts to the BOR marker.

Switch to **5mm [US 8]** circular needles with a longer cable and work in the round, while at the same time, working **increases** for the yoke as follows:

Round 1: * 5K, **MIBL** *, repeat from * to * to the end of the round. (21/22/22/23/23 sts have been increased).

Rounds 2, 3, 4: Knit all sts.

Round 5: * 6K, **MIBL** *, repeat from * to * to the end of the round. (21/22/22/23/23 sts have been increased).

Rounds 6, 7, 8: Knit all sts.

Round 9: * 7K, **MIBL** *, repeat from * to * to the end of the round. (21/22/22/23/23 sts have been increased).

Rounds 10, 11, 12: Knit all sts.

Round 13: * 8K, **MIBL** *, repeat from * to * to the end of the round. (21/22/22/23/23 sts have been increased).

Rounds 14, 15, 16: Knit all sts.

Round 17: * 9K, **MIBL** *, repeat from * to * to the end of the round. (21/22/22/23/23 sts have been increased).

Rounds 18, 19: Knit all sts.

Now you have 210/220/220/230/230 sts on the needles.

From this point, the blouse is working with two strands of yarn.

Add a second strand of suggested yarn and work one round using **5,5 mm [US 9] 80 or 100 cm [32 or 40 in]** circular needles.

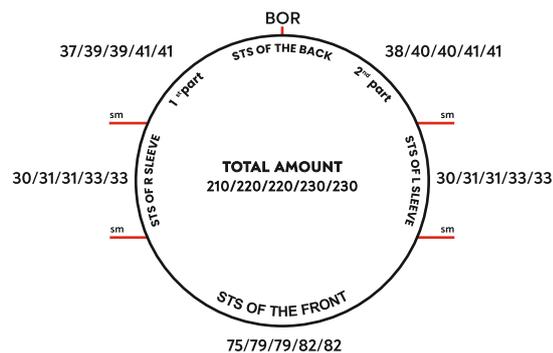
Next, switch back to **circular needles 5 mm [US 8]** and make a **decorative stitch** by wrapping the yarn around each stitch on the needles as follows:

Slip the first stitch purl-wise with yarn in front. Next, move the working yarn to the back between the needles, then return this slipped stitch to the LH needle without twisting it.

Wrap the yarn around this stitch, and bring it to the front of your work. Finally, slip this st to the RH needle. Repeat these steps until all stitches on the needles are wrapped. After you finish, remove the BOR marker, then move the yarn to the back between the needles. Next, insert the LH needle from back to front under the bar between the stitches and pick it up to the LH needle. Slip back the last stitch from the RH to the LH needle and pass the bar over this stitch. Finally, return this slipped stitch to the RH needle and place the BOR marker.

Note: Wrap the yarn around the stitches not too tightly.

Work one round, placing stitch markers on the needles as you go to indicate the back, front, and sleeves sections as follows:



Set up round: 37/39/39/41/41K (1st part sts of back), **pm**, 30/31/31/33/33K (sts of R sleeve), **pm**, 75/79/79/82/82K (sts of front), **pm**, 30/31/31/33/33K (sts of L sleeve), **pm**, 38/40/40/41/41K (2nd part sts of back).

Work in the round, while at the same time, working **increases** along the sleeve sections as follows:

[Click here to watch the video:](#)
INCREASES

Round 1: Knit 1st part sts of back, slip m, **MIL**, knit sts of R sleeve, **MIR**, slip m, knit sts of front, slip m, **MIL**, knit sts of L sleeve, **MIR**, slip m, knit 2nd part sts of back. (4 sts have been increased = 2 sts for each sleeve).

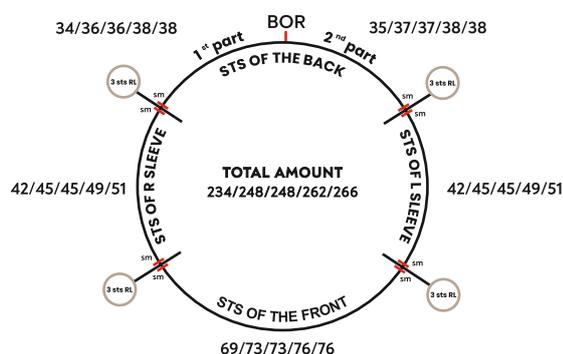
Round 2: Knit all sts.

Work rounds 1-2 a total of 6/7/7/8/9 times.

Now you have 234/248/248/262/266 sts on the needles:

37/39/39/41/41 + 38/40/40/41/41 sts of the back (1st+ 2nd parts), 75/79/79/82/82 sts of the front, and 42/45/45/49/51 sts of each sleeve.

Place additional 4 stitch markers on the needles (without knitting the round) to indicate the stitches of raglan lines, so you have the following:



Click here to
watch the video:
INCREASES

BOR m, 34/36/36/38/38 sts of the back (1st part), **sm**, 3 sts of RL, **sm**, 42/45/45/49/51 sts of R sleeve, **sm**, 3 sts of RL, **sm**, 69/73/73/76/76 sts of the front, **sm**, 3 sts of RL, **sm**, 42/45/45/49/51 sts of L sleeve, **sm**, 3 sts of RL, **sm**, 35/37/37/38/38 sts of the back (2nd part).

Work in the round, while at the same time, working **increases** for the back, front, and sleeves sections along raglan lines as follows:

Round 1: Knit 1st part sts of back, **MIR**, slip m, 3KRL, slip m, **MIL**, knit sts of R sleeve, **MIR**, slip m, 3KRL, slip m, **MIL**, knit sts of front, **MIR**, slip m, 3KRL, slip m, **MIL**, knit sts of L sleeve, **MIR**, slip m, 3KRL, slip m, **MIL**, knit 2nd part sts of back. (8 sts have been increased = 2 sts for back, front, and each sleeve).

Round 2: Knit all sts.

Work rounds 1-2 a total of 6/6/8/9/10 times.

In total, you have 282/296/312/334/346 sts on the needles:

40/42/44/47/48 + 41/43/45/47/48 sts of the back (1st+ 2nd parts), 81/85/89/94/96 sts of the front, 54/57/61/67/71 sts of each sleeve, and 3 sts x 4RL.

BODY

The body is worked in the round in stockinette stitch on **5 mm [US 8] 80 or 100 cm [32 or 40 in]** circular needles.

Work 1 round to divide the stitches into sleeves and body as follows:

Start at the BOR marker, knit 1st part sts of back, remove sm, 3K, remove sm, place sts of R sleeve on hold, remove sm, cast on 5/6/6/6/8 sts in an extension of the back stitches using the **backward loop method**, 3K, remove sm, knit sts of the front, remove sm, 3K, remove sm, place sts of L sleeve on hold, cast on 5/6/6/6/8 sts in an extension of the front stitches the same way, 3K remove sm, knit 2nd part sts of back.

Now you have 184/194/202/212/220 sts on the needles and 54/57/61/67/71 sts on hold for each sleeve.

Work straight in the round until the blouse measures approx. 48/50/52/54/56 cm [19/19¾/20½ /21¼/22 in] from the center of the folded collar's edge at the back – or to the length you prefer. Try on and check the garment length before you begin working the hem.

Note: extending the length of the garment in your knitting may require additional yarn.

FOLDED HEM

Switch to circular needles **4 mm [US 6] 80 or 100cm [32 or 40 in]** and work 7/8/8/9/9 rounds.

Switch to circular needles **3,5 mm [US] 80 or 100cm [32 or 40 in]** and work more 2 rounds (folding edge).

Switch to circular needles **4 mm [US 6] 80 or 100cm [32 or 40 in]** and work more 7/8/8/9/9 rounds.

Break the yarn leaving a tail 3,5 times longer than the circumference of the blouse.

Click here to
watch the video:
**BACKWARD
LOOP CAST-ON**

Now, fold the edge inward, and **sew the live stitches** on your needles to purl arches with the WS facing using the tapestry needle as follows:

On the WS of your work, locate the first stitch to insert the needle into: count up 16/18/18/20/20 upward arches between the knitting needles. Insert the needle from bottom to top into the downward arch on the fabric to the right of the last counted arch, and pull the yarn through. Place a sm directly into this arch (this will make it easier to finish the sewing later). Then, insert the needle into the next downward arch from top to bottom and pull the yarn through. Next, insert the needle purl-wise into the first stitch on your LH needle, pull the yarn through, and slip this stitch off the knitting needle.

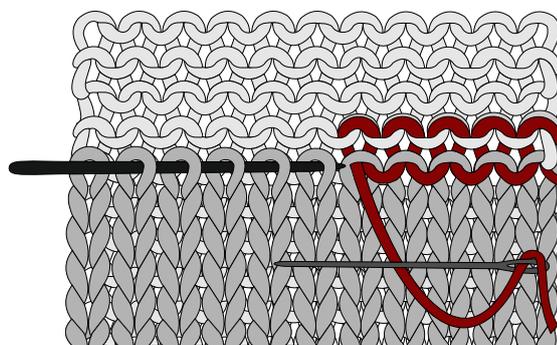
After this, go back to the fabric. Insert the needle from the bottom to the top into the same downward arch where it was last inserted, and pull the yarn through. Next, insert the needle from top to bottom into the next downward arch, and pull the yarn through.

Go back to the knitting needles and insert the needle knit-wise into the same stitch that was last slipped off. Then, insert it purl-wise into the next stitch (first) on your LH needle. Pull the yarn through and slip this stitch off the knitting needle.

Repeat these steps until you sew on all stitches.

NOTE: Keep your tension loose as you sew the hem. Be sure to sew evenly.

Finish: When the last st was slipped off from the knitting needle, insert the needle from the bottom to the top into the same downward arch where it was last inserted, and pull the yarn through. Next, insert the needle from top to bottom into the marked arch, and pull the yarn through.



SLEEVES

The sleeves are worked in the round in stockinette stitch with central double decreases towards the cuff. Start with **5 mm [US 8] 40 cm [16 in]** circular needles. Then as the sleeve narrows, switch to double-pointed needles or long circular needles for the Magic Loop technique the same size.

Transfer your 54/57/61/67/71 sleeve sts on hold to the needles.

Beginning in the middle of the underarm of the armhole, pick up and knit 4/4/4/4/5 sts, knit across the sleeve, then pick up and knit 4/5/5/5/6 sts. Place a BOR marker directly into the

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FOLDED HEM SEWING

Click here to
watch the video:
**CENTRAL DOUBLE
DECREASE**

last picked-up and knitted st to indicate the central st for decreases.

Now you have 62/66/70/76/82 sts on the needles.

Work in the round until the sleeve measures approx. 42/42/41/40/40 cm [16½/16½/16 ¼/15¾/15¾ in] from the underarm, while at the same time, working **Central Double Decrease** every 14/13/11/9/8th round a total of 7/8/9/11/13 times.

Decrease rounds are worked as follows: knit to 1 stitch before the central stitch, and work **CDD**.

Tip: After each CDD has been worked, move the BOR marker to this new lower central stitch.

In total, you have 48/50/52/54/56 sts on the needles, after all, decrease rounds have been worked.

Try on the garment and check the sleeve length before working the hem.

Now, work the folded hem in the same way as at the body, switching from **4 mm [US 6] to 3.5 mm [US 4]**, and back to **4 mm [US 6]** double-pointed needles or long circular needles for the Magic Loop technique (see the 'Folded Hem' section).

Work the second sleeve the same way.

FINISHING

Weave in all ends. Wash and block your garment.

That's it, congratulations on finishing this sweater!

I hope you enjoyed your knitting time :)

I would be delighted if you could share your result and leave a review.

@morecaknit

#heaven_blouse

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